

Date - November 14th - Anxious For Nothing - Praying Through The Pain - Speaker - Billy Holden

Intro:Praying Through The Pain

Rejoice in the Lord always. I will say it again: Rejoice! ⁵Let your gentleness be evident to all. The Lord is near. ⁶Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:4-7 NIV

1. The Check Engine Light is on

- Anxiety is a signal alerting you that it's time to pray.**

Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. ⁷Cast all your anxiety on him because he cares for you. ⁸Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. 1 Peter 5:6-8 NIV

Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. 1 Peter 5:6 NIV

2. Cycle of Anxiety

- You don't always have the power to control but you always have the power to surrender!**

*Humble yourselves, therefore, under God's mighty hand, that **he may lift you up in due time**.* 1 Peter 5:6 NIV

Closing - Share your prayer

We must be a church that is willing to pray for one another and on the app is where & how we can do that on a regular basis.