

DO I NEED RECOVERY?

Hurts, Habits, & Hang-ups

1. We are ALL in need of _____.

"All have sinned and fallen short of the glory of God" Romans 3:23

2. God created ALL of us with a _____ for _____.

"It is not good for man to be alone; I will make him a helper suitable for him." Genesis 2:18

3. Asking for help is a _____ to _____.

"Bear one another's burdens, and so fulfill the law of Christ." Galatians 6:2

• Secrets create barriers; transparency builds bridges. **ASK FOR HELP**

4. Asking for help acknowledges the truth of our need of _____.

"God opposes the proud, but gives grace to the humble." James 4:6

- He is our Father, raising us as children, feeding us, providing for our every need.
- He is our friend, providing loving care and overflowing with affection for us.
- He is our deliverer, saving us from sin and destruction.
- He is our hiding place, our strong tower, our refuge, our good shepherd, our Savior.

Take away: God has designed ALL OF US to need help, and we honor Him in asking for it.

Whose help will you ask for right now?