

# Blinky's Family Challenge



## Spoons

When you feel sad, lonely, mad, or afraid, that means your heart is hungry for God's truth. Read God's Bible to feed God's good truth to your heart!

### You'll Need

- A Bible or the Bible App
- One spoon for each person

### Directions

1. Say something your heart is hungry for. Use the **Hungry List** for ideas.
2. Open the Bible.
3. Pretend to scoop a bite of truth out of the Bible and feed it to your heart.

### Hungry List

Love	Gentleness	Kindness	Healing	Jesus
Patience	Joy	Friendship	Safety	Forgiveness
Peace	Strength	Goodness	Truth	

## Review Time!

### Say With Me Ages 2-3

1. Say Together: **The Bible is true!**
2. Say Together: **My heart is hungry!**

### Q&A Ages 4-Kindergarten

1. **How can you tell if your heart is hungry?** *I feel sad, lonely, mad, afraid, etc.*
2. **What can you do when your heart is hungry?** *Learn from the Bible*



Lead your family through the Bible Plan  
God's Good News on the YouVersion  
Bible App. [www.bible.com](http://www.bible.com)

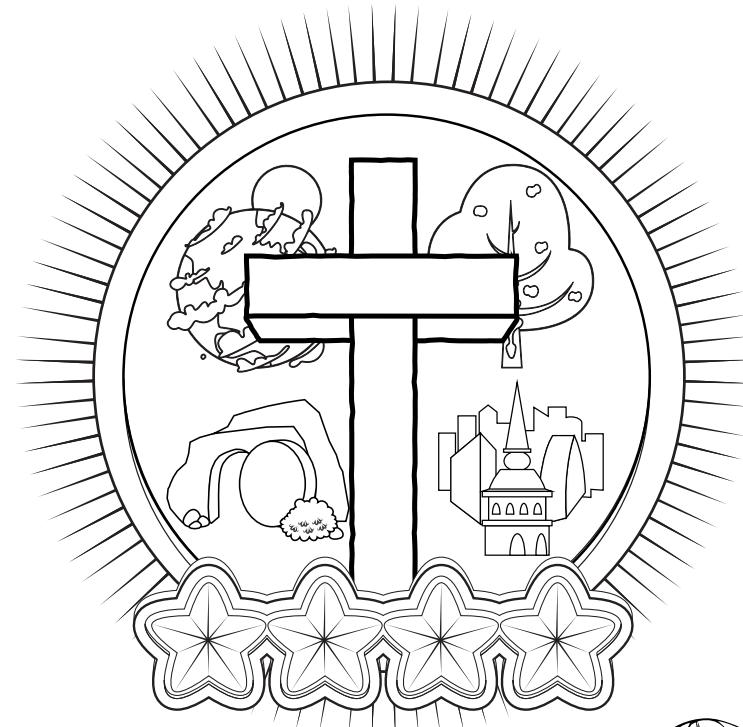


[life.church/kids](http://life.church/kids)

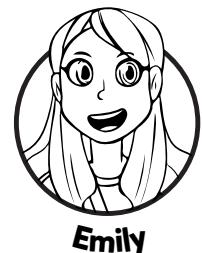
# God's Good News

*Be part of the story*

## Week Four



*Tell your family what's in  
my Adventure Bag!*

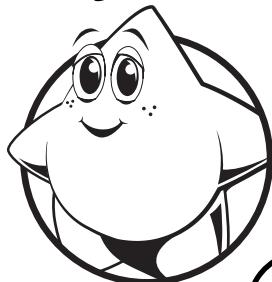


Interact with God's Word through the Bible App for Kids,  
activities, videos, coloring sheets, parent resources, and more!  
[www.BibleAppForKids.com](http://www.BibleAppForKids.com)



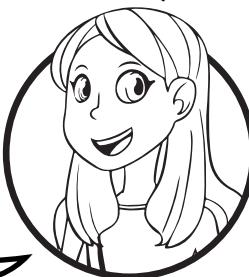
Follow LifeKids to sing along with this month's song,  
*Yummy.* [www.life.church/kidsmusic](http://www.life.church/kidsmusic)

Shine



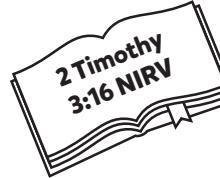
**Question:**  
Hey friends!  
**What's the Bible  
all about?**

Emily



**Answer:** Say it  
with me! **The Bible is  
God's true story!**

Say the Bible verse with me!



The school, spoon, and light switch help me remember that the Bible is God's true story!

Put a sticker on each Picture Pass.

