Small Group Experience LESSON 4 - "Time To Pray"



Watt's Up:

"On My Very Worst Day, You Know I Will Pray!"

Power Verse:

"Keep watch and pray, so that you will not give in to temptation..."

- Mark 14:38

Retelling The Bible Story

SUPPLY LIST:

- * "Praying Man Comic" (provided; print one per kid)
- * Colored pencils or crayons

TEACHER INSTRUCTIONS:

Before small group begins, print a "Praying Man Comic" Print Piece for each kid. Once small group begins, give each kid a copy of the comic. Tell them that they are holding the first ever edition of a very rare comic, "Praying Man!" The only problem is that the illustrator was unable to finish and the comic needs color. Allow the kids to color their comic. Once they have completed this task review the lesson by talking through the pictures together.

- **Say** "Hey guys, I am so glad you are here. I am going to NEED your help with the Bible story. I have these awesome first edition very rare comics, "Praying Man." There is one problem, the comic book illustrator ran out of time and didn't get to finish. I NEED your help to make this comic book complete. The illustrator drew all of the pictures, but he didn't color any of them! I am giving you all some supplies to color the comic. Take your time and make sure that the comic is colorful and completed."
- -Allow the kids time to complete this activity-
- **Say** "Now let's look at the pictures together. What are your thoughts about this story?"
- -Discuss the pictures and the kids thoughts together-
- **Say** "When Jesus faced tough times he got on his knees and prayed. He knew what he "KNEEDED" to do to make it through the darkest hours of his life. PRAY!"

Game/Activity

SUPPLY LIST:

* No additional supplies needed

TEACHER INSTRUCTIONS:

Divide the kids into teams. Ask the review questions. If a team thinks they know the answer, they should get on their knees and raise their hands. Continue on this way until all of the questions have been asked.

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- Say "When Jesus was facing tough times, he got on his knees and prayed. I am going to ask you all some questions. You will need to get on your knees, but not to pray. You will get on your knees to answer! If your team thinks they know the answer to a question, you should all get on your knees and raise your hands. I will call on the first team I see on their knees with their hands raised. The team with the most correct answers at the end wins."
- Q. What was the name of the garden where lesus went to pray?
 - A. Gethsemane
- Q. Who did Jesus take with him to the garden?
 - A. Disciples
- Q. True or False, Jesus told the disciples, "Watch and pray so that you do not fall into a pit."
 - A. False
- Q. What was the first thing lesus asked God in his prayer?
 - **A.** "Take this cup of suffering from me."
- Q. What does, "Take this cup of suffering from me" mean?
 - A. Jesus was asking God to please not make him have to go through the pain of being crucified.
- Q. True or False, Jesus was honest with his Father about how he was feeling?
 - A. True
- Q. What were the disciples doing instead of praying?
 - A. Sleeping
- **Q.** What was the next thing that Jesus said to his father when he prayed?
 - **A.** "I want your will to be done, not mine."
- Q. What does, "I want your will to be done, not mine" mean?
 - A. It doesn't matter what I want. God I want what YOU want.
- Q. True or False, when we face the tough moments of our life we should pray?
 - A. True

Group Sharing

SUPPLY LIST:

- * "How To Be A Praying Man Comic" Print Piece (provided; print one per kid)
- * Pencils, crayons, or markers

TEACHER INSTRUCTIONS:

Before small group begins print and cut the How To Be A Praying Man Comic print piece. Once group sharing starts give each kid something to write with and a copy of the print piece.

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- **Say** "We are talking about the toughest days of Jesus life, the days that led up to his crucifixion. Jesus knew that he would be facing horrible pain, loneliness, and death. Jesus was an amazing example of what we should do when we are faced with troubled times. Jesus was a praying man, and we should be too! I am giving each of you a piece of paper and something to write with. You'll notice that your paper is another comic, but this time it's about you! This comic is all about how YOU can become a praying man. Let's look at it together."
- **Ask** What is the person in the first block doing? How do you think they are feeling?
- -Allow kids time to respond-
- **Say** "Sometimes life brings tough times and we might feel sad, mad, angry, scared, or other emotions. When we feel these things it's ok to be HONEST with God about how we are feeling. In fact, that is exactly what Jesus did and that is the first step to becoming Praying Man. Write the words BE HONEST in the blank of your first box."
- -Allow kids time to complete this task-
- **Ask** What about the second box, how is that person feeling? Do you think they just really don't want to drink what their mom gave them in their cup? Or does that mean something more?
- -Allow kids time to respond and discuss their answers with the group-
- **Say** "When Jesus faced troubled times he knew exactly who to ask for help, his Father God! God is the one we can totally trust during our toughest times. When we need him all we have to do is ASK. If we want to be a Praying Man that is the second step, ASK GOD! Write that in your second box."
- -Allow kids time to complete this task-
- **Ask** Ok, you are almost there and you're doing great. What about this last box? What is happening here?
- -Allow kids time to respond-
- **Say** "This is a very important step to become a Praying Man, and one that too many people overlook. We must pray for God's will to be done. Sometimes we think we know what we want or need, but that is not always what is best. God know what is best for us which is why it is important that we pray for GOD'S WILL to be done. It's not about what I want, it's about what God wants! Write GOD'S WILL in your last box."
- -Allow the kids time to complete this task-
- **Ask** Would anyone like to share any other thoughts about what we have learned today?

Prayer Time

Say - "What better way to end our lesson than with prayer? Let's practice being a PRAYING MAN right now!" (PRAY)

Closing

Say - "Jesus knew that tough times were coming and he knew exactly what to do, he went to his Father. Jesus was honest with his Father about how he was feeling. He asked for help. Finally he prayed that his Father's will be done. Jesus was the perfect example for us of how to handle tough times. The great news is that we have the same Father as Jesus. It's true! Our heavenly Father is God. When we are facing tough times we can follow the same steps Jesus took. We can be honest with our Father God. We can ask him for help and pray that God's will be done in our life. God can help us through any tough time. We can count on God! Thank you for coming today, you did a wonderful job. I will see you next time!"



How to be A

