

## Rear View **FORGIVING THOSE WHO HURT YOU**

How many of you have ever had someone hurt you?

Misunderstanding or betrayl  
Someone hurt you—and you are wounded.

*Mark 11:25*

*25And whenever you stand praying, forgive, if you have anything against anyone, so that your Father also who is in heaven may forgive you your trespasses.*

You don't know what someone did to me...

Gossiped    Killed by drunk    Spouse cheated on u  
Lied to me    Dad abandoned you    Hurt someone you love

### **WHO HURT YOU?**

Someone at work	Mom or Dad	Business deal—bad
Close friend	Husband wife	Bitter at God/yourself

Power of God... impossible with us... possible with him—Forgive!

## **WHY SHOULD I FORGIVE?**

### **•BECAUSE UNFORGIVENESS HURTS ME.**

*Hebrews 12:15*

*15See to it that no one fails to obtain the grace of God; that no "root of bitterness" springs up and causes trouble, and by it many become defiled;*

Love keeps no records of wrongs. Bitterness keeps detailed records  
Bitterness is like Cancer-no one sees it at first. It eats you from the inside out.  
“Unforgiveness—drinking rat poison hoping other person will die.” Ann Lamont.

## •**BECAUSE I'LL NEED FORGIVENESS AGAIN.**

*Matthew 6:14-15*

*14For if you forgive others their trespasses, your heavenly Father will also forgive you, 15but if you do not forgive others their trespasses, neither will your Father forgive your trespasses.*

Man was in debt for 20 years of wages. Begged his master to forget the debt.

*Matthew 18:32-35*

*32Then his master summoned him and said to him, 'You wicked servant! I forgave you all that debt because you pleaded with me. 33And should not you have had mercy on your fellow servant, as I had mercy on you?' 34And in anger his master delivered him to the jailers, until he should pay all his debt. 35So also my heavenly Father will do to every one of you, if you do not forgive your brother from your heart.*

Want mercy from God—won't give it to others

## **HOW DO I FORGIVE SOMEONE WHO HURT ME?**

### **1.PRAY FOR THOSE WHO HURT YOU.**

Praying they get rabies or hemmeroids

*Matthew 5:43-44*

*43"You have heard that it was said, 'You shall love your neighbor and hate your enemy.' 44But I say to you, Love your enemies and pray for those who persecute you*

### **Action before attitude.**

Wait for the feeling, may wait forever. Take action & feeling will follow. My prayer for others may not change them, but it always changes me

### **1.FORGIVE AS YOU'VE BEEN FORGIVEN.o**

*Colossians 3:13*

*13bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive.*

*The forgiven forgive others.*