

I OPEN THE WINDOW OF OPPORTUNITY

I open the window of opportunity.

I let the light of new beginnings flow into my space. I fling the curtains of doubt open and receive new inspiration!

I actively avoid closing myself off from opportunity. I open up my heart. I breathe in the new beginnings!

I release old patterns of self-sabotage. I gratefully say goodbye to all the limiting beliefs from my past. I dust off the doubt dirt from my shoes and get ready to polish them for what is next!

I buy new clothes that fit my new look. I reinvent myself. **I see myself in a whole new light.**

I stand tall in my new suit of clothing. I feel confidence shining through. I put on my happy face. I feel my new "me" starting to expand and shine outward.

I expand my thinking to what is my next best step. **I boldly stride forward into my future.**

I have unlimited opportunities laid at my

feet!

I shine with newfound strength. I polish up my attitude. I create my new look.

Now that I have released all those shabby, old thoughts and beliefs, I feel my energy expand. **I feel strong, happy, and confident.**

Today, I know I can do anything I put my mind to. I am excited about my future. I feel great things are coming through my open window of opportunity and landing in my lap of happiness!

Self-Reflection Questions:

1. What old, worn out beliefs need to be thrown out now?
2. What can I do to polish up my new image?
3. How can I reflect my new "Me" both internally and externally?