

I take charge of my destiny

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I gather the strength to overcome my obstacles. I am in charge of my life!

I release any thoughts that deter me from my destiny. **I release the shackles of my past self-sabotaging thoughts.** I throw off the moorings that have kept me in the harbor of old beliefs and set sail for my highest destiny.

I feel a newfound strength welling up inside me. I have cast off the old ways of my life. I am on my way to my best life ever!

I free myself of negative emotions. I fill the sails of my ship with inspiration. I am sailing into my future with confidence.

I boldly go where I have never gone before. I see my life as an adventure. I take charge of the wheel of fate!

I launch my life in a new direction! I see through the spyglass my ultimate future! I stay on course.

I navigate through life's challenges like a pro. I use my inner compass to guide my

way. I allow the wind to fill my sails and keep sailing forward.

I make an immediate course correction when distractions do their best to throw me off. I feel confident that nothing can deter me from my goal.

Today, even when the winds of change come towards me, I have my hands firmly gripping the helm. I feel the wind at my back. **I confidently sail into my future and ride the seas of time with grace and ease.**

Self-Reflection Questions:

1. How can I gain more confidence in myself?
2. How can I overcome any doubt?
3. How can I feel like I am navigating my life like a ship captain?