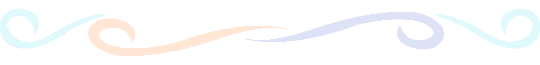
**Habits of Successful & Unsuccessful people**



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| Successful People | Unsuccessful People |
| Are self-aware | Are motivated by personal gain |
| Strive to be better, learn more, work harder | Feel they don't need improving, that they know it all. |
| Practice gratitude and express appreciation | Often criticize without a valid reason |
| Want others to succeed | Prefer to see others fail. |
| Are passionate and committed | Feel entitled |
| Own their mistakes | Know it all and look down on others |
| Set goals, make plans, follow through. | Never know what's coming next and fly by the seat of their pants. |
| Embrace change and view it as a challenge | Are quickly irritated or stressed when change happens. |
| Face adversity with confidence | Make excuses or blame others for their failures |
| Take pleasure in large and small wins | Are only happy when they have a big win |
| Practice forgiveness | Hold a grudge |
| Are humble | Are egotistical |
| Share their information and ideas with others | Keep their ideas to themselves for personal gain or recognition. |
| Value their time and the time of others | Are procrastinators and rarely meet deadlines |
| Have patience | Want instant gratification. |
| See the big picture | Can't see beyond the now and what specifically pertains to them. |
| Smile and are joyful | Look for the negative in everything. |
| Listen to understand | Talk more than they listen. |
| Problem solve | Act before they think |