**20 Fun Ways to Get Out of Your Comfort Zone**

1. Learn to tango or take a burlesque class. It will push you mentally and physically.
2. Challenge yourself to learn a new language.
3. Push yourself physically. Take a kickboxing class. Train for a marathon. Learn to rock climb.
4. Join a competition, be it dance, math, sports or something else.
5. Try public speaking. Volunteer to do a presentation, do a poetry reading or find another form of public speaking event in your area.
6. Face one of your fears. Whatever it is, jump in feet first and conquer it.
7. Join an art class that teaches something you've never tried before.
8. Take part in a theater production.
9. Enjoy nature. Take a hike. Learn to ski. Visit the beach. Photograph nature.
10. Cook something unusual or try a new food. You never know, it may become a
11. Do something embarrassing. Wear outrageous clothes to work one day. Try stand-up comedy. Sing your heart out during Karaoke night.
12. If you normally only go out with a group. Pick a night to go out by yourself. If you prefer new age dance clubs, visit a country music one instead.
13. Take a class on improv class to learn how to quickly adapt and respond to life's surprises.
14. If you're an early bird. Switch your schedule around so you can enjoy things found during late-night hours. If you're a night owl, tuck in early and rise with the sun. Mix up the routine more by eating breakfast at night, showering mid-day, etc.
15. Attend a conference and network with those who inspire and motivate you.
16. Let a friend make plans for a night or a weekend outing. Give them complete control and ask them not to tell you in advance what you are doing.
17. Whether or not you think it's good, put something you made up for sale.
18. Attend a burner party. The bigger ones are Burning Man, Midburn, Alchemy and AfrikaBurn but there are lots of other burner parties you can attend too.
19. Hire a professional photographer to do a photoshoot with you.
20. Do something you've always wanted to do but was too scared to do it. Learn to sky dive, go skinny dipping or visit a nude beach, cut or color your hair in that wild style you've always loved, spend the night in a known haunted location.