

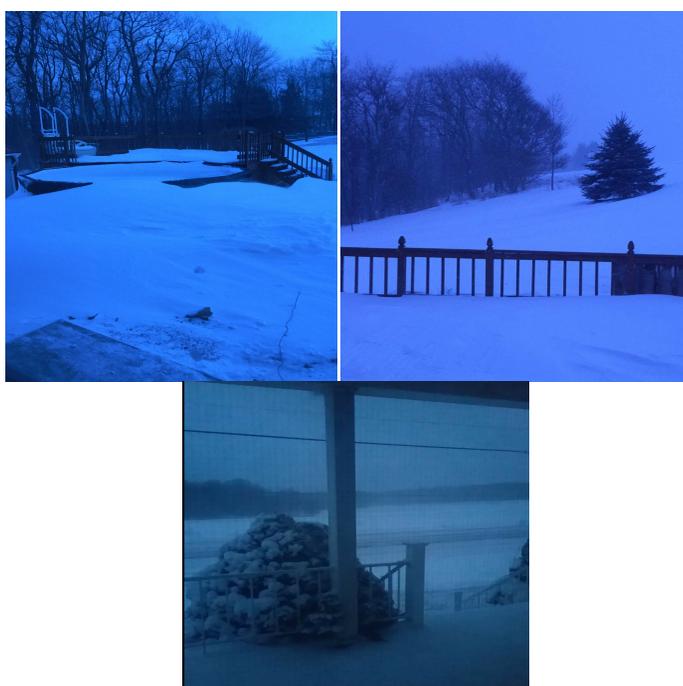


The Northern Bark

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A Look Through the Lens:

Stella is Sandy's Wicked Sister

By Olivia Bennett

Last week Storm Stella hit the North East. According to Matthew Bloch and K.K. Rebecca Lai of the *New York Times* New York City got about 20 inches of snow. According to *deepcreektimes.com* Garrett County got about 6 inches of snow on Tuesday, and nine inches on Wednesday. Schools were closed in Garrett County and Allegany County on Tuesday and Wednesday. (Top left: Finzel) (Top right: Grantsville) (Bottom: Accident)

Breaking News

Drifting Hearts...

By Madison Dolchan

Fans of rock and roll legend Chuck Berry mourn as they learn of his passing last Saturday, March 19th, 2017. Chuck Berry, 'the father of rock and roll', passed away at age 90. According to ABC news, police in St. Charles County, Missouri reportedly responded to a medical emergency, but after attempting to perform life-saving measures, the musician could not be revived. It's undeniably devastating, and so far there are no further details known.

Born on October 18, 1926 in St. Louis Missouri, Chuck Berry had early exposure to music through school and church. "I grew up thinking art was pictures until I got into music and found I was an artist and didn't paint." (Berry). With trouble through his teen years he was sent to prison for three years for armed robbery. After his release he returned home to work for his father, and soon after he was married. After meeting a few other local musicians and they began to play at the Cosmopolitan, an upscale black night club, which began attracting white patrons. According to *biography.com*, Chuck Berry began producing (continued on page 4)

Science Now:

Hot Gas: The Key to Alien Life?

By Nathan Ashley

As the search for aliens goes on, scientists are continuously looking for anything that might provide the correct elements for life: water, breathable atmospheres, solid ground, etc. Well, another of these, heat, has been considered more as of late, and we have volcanoes to thank. Cornell University says that hunting for habitable planets in the far reaches of space might now be somewhat simpler because of Hydrogen-spewing super-volcanoes being found on some planets. While the volcanoes might cause damage if they were to erupt,

the hot Hydrogen gas they leak out warms the atmospheres of icy planets, allowing life to possibly inhabit the surface, rather than miles beneath the ice. "On frozen planets, any potential life would be buried under layers of ice, which would make it really hard to spot with telescopes" said lead author Ramses Ramirez, research associate at Cornell's Carl Sagan Institute. "But if the surface is warm enough – thanks to volcanic hydrogen and atmospheric warming – you could have life on the surface, generating a slew of detectable signatures." (continued on page 2)

In Sports:

Luck of the Irish Sports

By Alanna Kinney

Sports are all over the world and very popular in every country. Ireland's two leading sports consist of Gaelic Football and Hurling. According to , <http://www.gaelicmatters.com> , "When Irish people go to a sport event, one out of every two are attending a Gaelic football or hurling match. This figure is incredible when you consider that both sports have amateur status. Even more incredible is to see how many times a year, Croke Park, the national stadium attracts a crowd in excess of 60,000 to see either of the two sports. The games are organized by the GAA (Gaelic Athletic Association), without a doubt the strongest community based organization on the island of Ireland. Huge numbers of women also play both sports (the female version of (continued on page 8)

Science Now

(continued)

These volcanoes are potentially widening the habitable zones of their stars. We previously thought that many planets were too far out from their star to support life, but now we think otherwise. "Combining the greenhouse warming effect from hydrogen, water and carbon dioxide on planets sprinkled throughout the cosmos, distant stars could expand their habitable zones by 30 to 60 percent..." says Cornell University's researcher Rebecca Valli. This is an extremely big jump. When put into context, our sun's habitable zone extends from just outside of Venus' orbit to just beyond Mars'. If we were to find a hydrogen volcano in our own solar system, this would extend to anywhere between Saturn and Uranus, or possibly all the way to Neptune.

Science News says, "Adding planets to a star's habitable zone means more exotic worlds could be targets in the search for signatures of life beyond our solar system.

Astronomers plan to search for these signatures with the James Webb Space Telescope, slated to launch in 2018, and later with the European Extremely Large Telescope, scheduled to begin operations in 2024." Typically, Hydrogen-induced Greenhouse Effects in atmospheres are difficult to maintain. The Hydrogen often escapes far too quickly to keep a steady warming effect,

however these volcanoes might make it possible because of the sheer amount of Hydrogen they release. The *Astrobites Blog* says that scientists have seen a 30% temperature increase on one or more of the icy planets they have found with these volcanoes.

The study conducted by Cornell University also states that the Hydrogen gas inflates a planet's atmosphere, making it easier to detect the signals given by a habitable planet's atmosphere. "Adding hydrogen to the air of an exoplanet is a good thing if you're an astronomer trying to observe potential life from a telescope or a space mission. It increases your signal, making it easier to spot the makeup of the atmosphere as compared to planets without hydrogen," said Ramirez. So, will this new hot gas research make it easier to find alien life? It is likely, but of course, uncertain. Want to read more? Check out the Cornell University study at mediarelations.cornell.edu.



(pictured above, image of a super-volcano)

Strange

Happenings:

Dyeing or Dying?

By Bailey Brewer

What event do over 400,000 spectators come to see every St. Patrick's Day? The dyeing of the Chicago River of course! Or is it the dying of the river? You may change your response after a little more information on the infamous Chicago River and this green tradition that happens annually.

This tradition itself stems all the way back to 1961 when Chicago mayor, Richard J. Daley, decided that the best way to see where the city's pollution problem stemmed from was by dumping a chemical into the water to pinpoint the specific polluted places which turn green (*Mental Floss*). This decision then created the tradition of intentionally turning the water green for a city-wide event to raise awareness of pollutants in the water, but also to simply celebrate St. Patrick's Day.

Unfortunately, the chemical used to solve pollution problems led to increasing problems for the river itself, however. Because of this oil-based fluorescein, the water quality was actually decreasing, so a new vegetable-based dye was substituted (*Chicago Tribune*). This new dye, or orange powder, as locals refer to it, actually has a top-secret recipe. A parade organizer once referred to telling the

once referred to telling the secret of the orange powder to "telling where the leprechaun hides its gold" (*The Christian Science Monitor*).

A spectator to this event, Jennifer Virts, stated, "It's really busy and crowded, but all sorts of fun." But while this event can be fun, she is also aware of the danger behind this green river. She adds, "I've watch kayakers dump themselves in the toxic river, like its all okay."

And while this timeless tradition is praised, the simple fact is that the reason that the river is green is the fact that it has a major amount of pollutants within it. The dyeing of the river brings in hundreds of thousands of spectators each year, but to see a river which contains pounds upon pounds of harmful components that environmentalists know they should be striving to work against is unfortunate. One can only hope that one day the initial hope to stop pollution, set forth by Richard J. Daley, will be carried out, and the river can see a new future with less and less problems.



Entertainment

Caring Across the Country

By Olivia Bennett

The Fundamentals of Caring is a 2016 Netflix original movie. It captures the story of a friendship between a grieving father, who takes a job as a caregiver and a teenage boy, that suffers from muscular dystrophy. The movie stars celebrities like Paul Rudd and Selena Gomez. The caregiver (Ben), and the teenage boy (Trevor) embark on a cross-country journey to "The World's Deepest Pit" so Trevor can learn to see the world. Cassidy Mark, a senior at NHS said, "The friendship between the two [men] is a little odd. They both are not very compassionate towards the challenges they were each given in life". Along their way to the pit, Ben and Trevor pick up a not too friendly guest named Dot who is played by Selena Gomez, and they meet a very pregnant woman referred to as Peaches on the side of the road with a dead car. While this movie should not be viewed by children, the simple understanding of hope and friendship is gained by watching the film. Geoff Berkshire, a movie critic said the movie has, "solid performances and some genuinely sharp humor". Sometimes the topic of parents who aren't a part of their child's life is a tough topic to handle, so that could throw in some mixed signals while watching the film. The language was vulgar at some points where it was maybe not needed. The movie could

be heartwarming to some viewers though, depending on what type of movie you are looking for, for the occasion. If any of this sounds interesting, *The Fundamentals of Caring* is found only on Netflix!

Breaking News: NMS Safe from Threat

By Phil Checkes

Last week, on Thursday, March 9, 2017, Northern Garrett Middle School experienced another bomb threat. Several county troopers were called to the school. Being the 2nd bomb threat in the last 4 years, it's a shocking surprise to kids, teachers, and parents. According to the Board of Education's post on social media site Facebook, "The building was evacuated and students boarded buses for transport home. The police were on site for investigation and a suspect was identified." "When students were evacuated, all their books and belongings were left in the school in their 4th period classes. Although we have received multiple phone calls concerning entry into the building this evening, no access is being granted per police directive," also according to the board. When local Northern Garrett High School, which is conveniently situated next to the Middle School, students had heard of the news, they were shocked. "This is seriously the second time. What is wrong with kids nowadays?" according to Caitlin Hummel, a junior at Northern High. "When I saw

all of those cop cars outside of the middle school, I had no idea what happened, I was worried!" said Keegan Pits, a freshman at Northern High. The staff had luckily taken care of the situation and guided all of the students to safety. "The staff and students did an exceptional job in a very tense situation and I am very proud of them," states Karen DeVore, the principal of Northern Middle. Unfortunately, not all information has been publicly announced yet, but is expected to within the next few weeks.

Travel On: Daydreaming of Dublin

By Alanna Kinney

Dublin, the most famous city in "Éire or Poblacht na hÉireann", internationally known as Ireland, is one of the greatest travel destinations in the world. According to www.goabroad.com, "It is very easy to get lost in the beauty and magnificence of the country. Time in Ireland can be spent uncovering legends and ancient myths, exploring amazing landscapes, and meeting locals thrilled to boast about the country's treasures. Practically all cities in Ireland are famous for their vibrant attractions and historic places of interest." If you want to learn more about places you can explore in the wonderful city of Dublin, keep reading. Of course when going on vacation, you must have a place to wind down, relax and catch some sleep. I looked up the top place to stay and on <http://travel.usnews.com>, The Marrison is ranked the best with a five star review! This elegant

hotel is not only exquisite, but it has first-class style and service, and a breathtaking garden. The rooms have are decorated in whites and pastels inspired by Paul Henry's landscape paintings and feature furniture either from or reminiscent of 18th-century Dublin. It has complimentary free wifi, a fitness center, steam room, and indoor pool. Prior guests stated, "The rooms were beautiful, but recommended asking for one above the first floor for the best garden views." Besides a place to stay, places to dine are also important. *Trip Advisor* listed some of the top place you should go. The "Travelers' Choice 2016" winner for top pick is Chapter One. This restaurant is considered an Irish contemporary place and is rated 4.5 stars. One customer stated, "We had a long awaited return visit to Chapter One during the week for a leisurely lunch. The warmth of the greeting and quality of service from start to finish is absolutely top class & leaves you with a really good feeling." I Monelli, rated a solid 5 stars is a great place. The owner said, "Intents are sourced from around Ireland and Italy interpregn dishes from Calabria, Puglia, Sicily and Sardinia, and reach further into the Mediterranean with Moorish influences revealing dishes with bold yet clean and distinct flavours." Finally, another 4.5 star rated is Sheehan's which is a traditional Irish Pub where you can get a taste of Ireland. "On Saturday evening we went here and had the best meal of our whole trip. The staff was so lovely. They really made sure we were never thirsty or hungry. The food (we both went for the Beef and Guinness pie) was incredible. It was way too much for me, but I wish I could have it every single

In History:

Going Green- An American Tradition

By Nathan Ashley

Saint Patrick's Day is a holiday celebrating the death of St. Patrick in A.D. 461. The saint is a symbol of "Luck of the Irish," as he was captured as a child by marauders and managed to escape. He was born in Britain (which was controlled by the Romans at the time) and kidnapped and brought to Ireland at the age of 16. He is known to have eventually escaped to Holland or somewhere nearby, where he discovered Protestant Christianity, which goes against Roman Catholicism. He later returned to Ireland and brought them the news of Christ and Bibles in the Latin Vulgate.

History.com says that the first parade for St. Patrick was not actually in Ireland! "Since around the ninth or 10th century, people in Ireland have been observing the Roman Catholic feast day of St. Patrick on March 17. Interestingly, however, the first parade held to honor St. Patrick's Day took place not in Ireland but in the United States. On March 17, 1762, Irish soldiers serving in the English military marched through New York City. Along with their music, the parade helped the soldiers reconnect with their Irish roots, as well as with fellow Irishmen serving in the English army." *Wikipedia* says that, "Saint Patrick's Day was made an official Christian feast day in the early 17th century and is observed by the Catholic Church, the Anglican

Communion (especially the Church of Ireland), the Eastern Orthodox Church, and the Lutheran Church." Celebrations of the holiday usually involve public parades and festivals, social gatherings called c eilidhs, and the wearing of green attire or shamrocks. These gatherings can include drinking, dancing, and general socialization. The celebrations, though they started in the U.S., were brought by Irish political opinion.

Irish populations in the United States were small until the Great Potato Famine of 1845, where over 1 million Irish immigrants entered the United States in hopes of finding work, money, and the American Dream. Their numbers quickly allowed them to form a political party, known as the "Green Machine," and began inserting their opinion in public matters. This enraged the locals, especially the nativists who believed that there were far too many immigrants and that they should not have rights. What do you think? Show your support for the Irish and wear your green!

Got Advice:

By Phil Checkes

How can I actually "break up" with someone?

-Anonymous

The ways that people process breakups are as varied as the individuals in the relationship; not everyone chooses to view it as the end of the world as they know it.

There are at least two ways to approach breakups, according to Dr. Wendy Walsh, relationship expert and author

of *The 30-Day Love*. "Breakup style says a lot about romantic attachment style," says Dr. Walsh. She groups breakup styles into these two main categories: Emotional Avoidant and Anxious Style.

Emotional Avoidant people are people who would rather bury their feelings than process them, and they tend to recover more quickly from breakups, at least from an outside perspective.

"People who are emotional avoidant tend to cut things off and move on quickly," explains Dr. Walsh. "They take no time to process and prefer not to keep in touch." These people appear to bounce back from breakups quickly and move on with little regard for what once was. This is true whether the person initiated the breakup or not.

Even though a breakup hurts, some people choose to linger in the sorrow, known as Anxious Style people. They want to know what their ex is up to and dwell on the details of the good times. "They like to engage in the back and forth of getting back together," says Dr. Walsh. "Think Taylor Swift lyrics." These people also tend to spend more time obsessing about their ex's whereabouts and are prone to stalking them via social media.

There are many variations of these two breakup personality types but, in all cases, Dr. Walsh says that coping with negative feelings and making a plan to move on are important. She advises her clients to consider the following when on either end of a break up:

Be responsible for your own behavior. It can be easy to play the blame game following a relationship but it's healthier to avoid the finger pointing. "Don't blame. Even if your partner was an awful person, you chose him

or her. Learn from your mistakes," suggests Dr. Walsh. Cut off communication. A clean break is really the best plan. Instead of fanning any potential lingering flames, surround yourself with people in your future, friends and family members who support and love you.

Unplug. Disconnect any online connections to avoid seeing anything that can be upsetting post-breakup. "De-friend. Stop following on Twitter, Snapchat and Instagram," says Dr. Walsh. "Online contact and Facebook stalking can make you wallow." Whatever your romantic and breakup styles are, try to keep it all in perspective and think past your emotions. The end goal is much more easily achieved when the relationship's demise is confronted and then accepted.

Breaking News

(continued)

hits in the 1950's, this includes his well-known song in 1958 "Johnny B. Goode". Berry had his first number one hit in 1972 with "My-Ding-a-Ling". Proving he could produce both clever lyrics and a distinctive sound, he became one of the most influential people in the history of rock music, and soon was inducted into the rock and roll hall of fame in 1986. "Rock 'n' roll accepted me and paid me, even though I loved the big bands...I went that way because I wanted a home of my own". Though he may be gone, his essence will live on through his music and the generations of musicians that he inspired.



Eye on Art**Emotion Through A Paintbrush****By Bailey Brewer**

Abby Burdock is one of Mr. Paxton's many dedicated art students who has used art not only to pass her time, but to celebrate life along with its many misfortunes. Abby's artwork is very diverse, but one stunning piece in particular is her favorite, for a wonderful reason.

"My favorite piece is the one of my grandpas dog. I drew that one the week after my grandpa passed away," Abby states.

Using art as a form of emotional balance in one's life but also a tool of emotional stability is something that Abby applauds taking advantage of. She added, "[This piece] was pretty important to me because he loved his dog very much." The emotion behind this piece is evident, through the strong, definitive color choice but also the single tear placed below the eye. Emotion behind artwork is something that may be difficult to display in simple, clean work, but Abby is quite obviously successfully portraying her strong feeling in this piece, which may stun viewers.

Abby does plan to use art in the future, but not as a career choice. She states, "I just do art for fun so I may take a few classes in college for electives, but otherwise it's just a hobby." While an artistic career is not her choice, Abby is still choosing to enjoy art in her future, something that we at NHS applaud. Art is not always the action of finding the perfect stroke, but perhaps using those strokes to display

emotion behind the artist. Thank you Abby for reminding us of this simple truth. We wish you luck as you say goodbye to NHS this spring. If you wish to see more of Abby's art just stop in to see Mr. Paxton; I'm sure he would be more than happy to point you toward more of Abby's work!

**Life Hacks****The Key to Hiding Your Key****By Madison Dolchan**

One of the most important things for homeowners is home security. Most people hide spare keys, however due to movies, today's society is well versed in all of the typical places to hide a spare key, making one's house way too exposed to burglars and home invaders. Every burglar knows to look on the top door-sill, anywhere in the porch light, in the mailbox, under the doormat, in the potted plant, in the plastic fake rock near the entrance, in the magnetic key holder attached to anything metal, etc. So it has become imperative that we get creative and sneaky.

A website for lifehacks called *Practicalhacks.com* provided some crafty solutions to hiding a key. The first of which is to attach a small piece of heavy duty Velcro to the key, then put a strip of the Velcro on the inside of a rain gutter. It will

Student Spotlight:**Reed Running Into a New Season of Track****By Madison Dolchan**

As the seasons shift into spring the track team keeps running into winter weather, but that doesn't stop young Jakob (Reed) Stolzenfels. Reed, who is in his first year of track embraces the closeness of the family unit track forms, instead of the wintery cold. "It really includes a surprising family aspect despite how many of us there are, but I really like it." Reed is a middle distance sprinter, this means that he runs sprints and some of the longer races. All of the races that Reed competes in are both challenging and rewarding. For Reed the hardest part is that there is no one to rely on, "Whether you are competing on a relay, individual competition, or just having fun, the real competition is found when you are competing against yourself to better yourself. That is sometimes hard to face." Through thick and thin however, Reed is kept strong and motivated by his track family, which is his favorite part of running track. He explained to me that everyone is always joking, laughing and working together.

Track is not the only sport Reed submersed himself in. Dedicated to soccer as well as cross country and basketball, his true love for all types of sports is revealed. With all of this experience it is no doubt that Reed had wise words to impart on upcoming freshman, or to other classmates of Northern High School, who might be interested into joining track. Reed explained to me that track is great because of the feeling you have after when you feel like you're going to die.

(continued on page 6)**Made Perfect****Pierce Me Up!****By Megan Smith**

If you were thinking about getting a facial piercing anytime soon and had any questions, this article may be useful. I've had four facial piercings so far, which are my lip, my septum, my philtrum (a.k.a the Medusa), and my nose. I only have my septum and philtrum in now because I just didn't want the other two. I got all of my piercings at In the Skin Ink Tattoo shop, in Lavale. My piercer, every time, was the owner, Ron Collins. The pain on each one was different. I remember I rated them from 1-10. I rated the lip about a 3, the nose a 4, the septum a 7, and the philtrum an 8. To my surprise, the philtrum did hurt more than the septum. The healing process was the worst part. Piercings take 6 months to fully heal and you have to clean them with salt for 3 weeks, sometimes longer if needed. You have to clean them 2-3 times a day. The price for each was around the same. The nose and the lip were \$30 and the septum and philtrum were \$50. You need to have your birth certificate when you go down and the consent of a parent, unless you're 18. I have always been nervous before every piercing and Ron was always very patient with me every time I needed a few minutes. If you're thinking of getting any of these piercings, I would recommend them all, and if you're trying to find a place to get a piercing or tattoo done, I definitely recommend checking out Ron's tattoo shop!

Social Commentary: **Anti-Muslim Discrimination is Rising**

By Megan Smith

Equality and religious freedom are our bedrock values. They are enshrined in our Constitution and are not mere formalities to be discarded in difficult times. Yet recently, we have seen the politics of fear used to justify discrimination against Muslims. This has resulted in unwarranted surveillance, unlawful profiling, and exclusionary immigration policies targeting people based on their faith, nationality, or national origin. Such discriminatory policies have been accompanied by a worrying rise in hateful rhetoric, which has severe consequences. At a time when hate crimes are down overall, they are up against American Muslims. According to www.huffingtonpost.com, more than 100 Islamophobic incidents have been recorded across the U.S. this year, including an anti-Muslim rally in Texas and an assault on a Muslim delivery driver in the Bronx, New York, last month. They also said that republicans are both more than three times likelier than Democrats to hold strongly unfavorable views of Islam and more than twice as likely to say there's not a lot of discrimination against those who practice the faith. Many media sources are fighting against anti-Muslim discrimination, like ACLU, who states on their article covering this topic, "The ACLU works to fight anti-Muslim discrimination on a number of fronts. Included among our top

are fighting unconstitutional surveillance programs that entrench discrimination without keeping us safe; opposing discriminatory immigration policies that target refugees and travelers with any tie to the Muslim world; and resisting politics of hate that target mosques and the free expression of religion."

I asked Leah Conklyn if she thought the anti-muslim discrimination has been rising and she said, "Yes, it's definitely something everyone is hearing a lot more of with Trump's views on Muslims and all that he has promised with them."

I also asked Nayomi Arnold what she thought and she said, "Yes, it's what a lot of republicans have been talking about recently and it has had to do with a lot of protests against Trump because many do not agree with his view on the topic."

Some scholars believe that the violent backlash against American Muslims is driven not only by the string of terrorist attacks in Europe and the United States that began early last year, but also by our new elected president, Donald Trump, who has called for a ban on immigration by Muslims and a national registry of Muslims in the United States, which you can read about at cnn.com.

Student Spotlight

(continued)

I had to ask him to elaborate a little more. "The mere fact is, if you think you wouldn't like track cause you hate running, you're incorrect. You would hate track if you never feel accomplished after running. If you are willing to dare to feel the accomplished thrill, come out and join us".

After convincing me that running was worth the feeling of dying, we went on to discuss what exactly he would change about track if he had the ability to. Reed claimed that if he could change one thing about track, he would give them more time to prepare for the season. Though the first competition may be sneaking up on them closer than Reed would like the track practices are going well this year. "The track practices are a joy ride, we all feel like we are going to die, but at least we will be with each other at the end!" Good luck to Reed Stolzenfels, who has a very bright look to his competition season, and to everyone else running with the Northern High School Track team!



Pictured above is Reed in action during the Cross Country season.

Life Hacks

(continued)

firmly hold the key to the top of the gutter keeping it safe from sight. "Clean the surface you're going to adhere the Velcro to thoroughly, using a clean cloth or rag, remove the backing from the Velcro, and press it firmly in place. When you need the key, just reach in, twist the key to the side and you're good to go".

This was not the only useful hack I was able to find. While looking through websites a do it yourself article on Pinterest caught my attention. It depicted a medicine pill bottle with a rock of a pine cone glued to the lid. If you are looking for a way to hide a key outside, a pill bottle makes a great weather-proof container. "With a rock to disguise the

top, you can tuck it into a rock garden or partially bury it to hide its location" a worker for the *ThriftyFun* page stated. While a rock does work for this, a pine cone works just as well. First choose a clean pill bottle that will fit your key. Then apply glue to the bottle lid, and to the rock or other material you wish to put on top. Allow the glue to cure for 24-48 hours. It is best to use E6000 glue. Once the glue is dried and key is inside dig a small hole and tuck the bottle in an area of your garden that isn't usually looked at. I hope you find this life hack useful, and have no trouble hiding your spare key out of sight!



Travel On

(continued)

day..." So check out some of these fine dining places and get some great food! You can get more details about these places and other options at <https://www.tripadvisor.com>. Wouldn't it be nice to go all around the city sightseeing at your own pace? The "Hop on-Hop off" bus tour allows you to do just that. The general tour itself takes roughly about one to two hours by a guide giving you lots of facts and information as you travel your way through Dublin. The bus stops in groups at some of the most famous attractions like Trinity College, The Guinness Storehouse, and St. Patrick's Cathedral.

Another famous landmark to visit is Dublin Castle. Located in the heart of the city, it has been around as early as 930 when the Vikings needed a fortress. Parts of it have been torn down and reconstructed, but it has been standing since the 13th century. According to

<http://travel.usnews.com>, "...the castle and its grounds have also been home to a prison, an office of records, a water station, a seat of Parliament, a royal court for entertainment and a military residence – all before 1850. The castle grounds were also the site where the Easter Rebellion of 1916 began, and after five years of fighting was where the treaty that granted Irish independence was signed. Today Dublin Castle offers a mix of old and new. It serves many functions, from hosting foreign dignitaries and state dinners to housing some of Ireland's government offices and commercial space available for private events. The castle grounds also include preserved areas like the lavish State Apartments that were home to

the Viceregal court from 1680 to 1830."

You can enjoy all of the wonderful things this city has to offer now! So book a flight, pack your bags, and enjoy your days in Dublin!

Phil on Food: **Cheese Please!**

By Phil Checkes

After getting off of work a few days ago, I decided to go hang out with a couple of friends, in which we ultimately ended up deciding to eat at the notorious Cornucopia Café.

The classy surroundings of the restaurant made it an extremely pleasant place to eat at. I ordered off of the "sandwiches and salads" portion of the menu, and found the item that has been making my tastebuds crave for it ever since. I'm an all time lover of the classic dish, grilled cheese. Most of the time when going out, I end up getting a grilled cheese no matter where I go, including The Ridge, Denny's, Cracker Barrel, etc. So when my eye caught a glimpse of this item on the menu at The Cornucopia Café, I had to try it out. The appropriate title is the "Pepperoni & Olive Grilled Cheese," and the menu description states that it is a "panini-pressed garlic buttered sourdough melted with provolone, mozzarella, and parmesan with pepperoni and black olives." Since I don't like olives, I asked for them to not be included with the sandwich, and I also ordered the meal with a side of the "creamy tomato" soup that the restaurant offers.

When I finally got my food, it was certainly well worth the wait. Picking up the sandwich, I could feel the crispness of the sourdough, and the smell of the grilled cheese gave me a feeling of warmth and comfort. Finally biting into the garlic sourdough, I could feel my tastebuds water with delight. The cheese was melted

perfectly, combining the flavors of the provolone, mozzarella, and Parmesan altogether, creating a unique, but amazing taste. The pepperoni added a slight punch to the dish as well, creating a diverse taste alongside the cheese and the garlic sourdough, making it a meal with lots of different tastes. I also tended to dip my sandwich in my soup at times, allowing the creamy tomato to soften the crunchy sourdough and add to the side of the amazing flavor.

I finished my meal in only minutes, not even realizing how fast I ate it. Since this day, I have been back to the Cornucopia Café a few more times, ordering the sandwich every time, and each experience since has been just as good as my first one. Moriah Fornof, a junior at Northern High had come with me during one of these trips, and I let her have a bite of my sandwich to see if she enjoyed it as much as I do. "I've never had anything like it, it's amazing!" she told me right afterwards. I highly recommend grilled cheese lovers to try this one out as soon as you get the chance, as I may be planning another trip myself quite soon. I highly doubt that my tastebuds will stop craving this delicious meal anytime soon.



Your Northern Bark News

Staff *[pictured left]*

Megan Smith, Alanna Kinney, Olivia Bennett, Phil Checkes, Nathan Ashley, Bailey Brewer, Madison Dolchan
Staff Editors: *(not pictured)* Ms. Virts & Ms. Roller



[Pictured left] The Mellows Bridge in Dublin, Ireland

In Sports

(continued)

hurling is called camogie)."

These action packed sports are a total thrill and are a total hit in Ireland . So what exactly are these sports and what do they do?

Gaelic Football is played by fifteen male or female players against an opposing team of fifteen on a football field that is ten yards wider and twenty yards longer than the traditional American field. How the game runs is by kicking, punching, passing, or catching a round ball which is close to resembling a soccer ball. The catch is that you can't travel any further than three steps with the ball in your hand. Players can move the ball up the feild by soloing or running and repeatedly kicking the ball into their hands and dropping it to their feet again.

[Http://www.gaelicmatters.com](http://www.gaelicmatters.com) says, "The game is physical with shouldering someone off the ball a legitimate and valued skill. It's also fair to use one hand to knock the ball out of an opponent's hand. A particular skill which is appreciated greatly is that ability to field a ball, to jump high and snatch a ball from the air." Most games typically last for about an hour with a fifteen minute halftime. Hurling, like Gaelic Football, is played by fifteen people against the other team on a field of the same demensions. Most of the rules applied are the same also. Instead of using a giant ball , Hurling is played by using a stick called a "hurley" or "caman" and a small leather ball called a "sliotar". The player cannot travel more than four steps and either pass the ball by throwing it from his hurley either on the ground or in the air, or run with it on the hurley. " As with

football, the passion for the game is often most intense at club or parish level. At the highest county level, hurling has been dominated for the last number of years by Kilkenny." says the Gaelic Athletic Association (GAA). If you want to experience an action packed sport, consider choosing Gaelic Football or Hurling.



Pictured above two amateur players of Hurling



FFA Pancake Success!

The NHS FFA held a pancake breakfast fundraiser on Saturday, March 11th. They would like to say thank you to all those who came out to the Pancake Dinner on Saturday. It was a huge success! Over \$1,200 was raised for the barn project. Pictured below are the faces of the many students and community members that came out to support the group. [top right Miranda Rounds, Ms. Becky Yost, Emily Opel] [middle right Mr. Cody Wilt] [bottom right Blake DeWitt, Ms. Kisner, Adam Craten, Anthony Glotfelty and Ms. Debbie Ahern] [middle left Colton Cervi, Nicole Keister and Samantha Wilt]

