

Winter Warmers



Page 24.



Trump the best US President ever?

The largest, most powerful and ridiculous leader
in modern history?

Page 08

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The real newspaper For people - By people

22nd to 28th December 2017 / Year 1 / Issue 4 - Free to read or download



Wishing all our readers

*A very Merry Christmas
and a
Happy New Year*

from

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Your free weekly read

Winter Fun with the EFRAR Car Treasure Hunt - 7 January 2018



Page 18

Christmas Concert at Karaman Church



Page 02

Esentepe Captain scores a Double



Page 28



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Salih Mustafa Çizel - Life story by Heidi Trautmann



Page 14

22 December - 28 December

Karaman Church concert with Katie Economidou



Centre picture: Zara Barkhoudarian, Peri Sualp and Katie Economidou

By Peri Sualp.

Last Thursday 14th December Katie Economidou called to invite me to join in her concert that would be held at Karaman Church on Sunday, 17th December. I thought “Wow! This will be a Katie - Peri concert!”

Even though I was in the middle of my exams, I could never miss the opportunity to be on stage with wonderful opera singer and amazing personality Katie Economidou, so I immediately said “Yessss!”. Then I found out that superb pianist and soloist Zara Barkhoudarian would be accompanying us. I should be blessed!

The concert was at 17:00pm and the event was for the benefit of Karaman Church. Even though I hardly had any rehearsal before the concert with Zara, she was amazing playing my songs; in fact she is the best accompanist I’ve ever had. I can’t thank her enough. And when it comes to Katie, it was a pleasure to sing in her company with her extraordinary calm and positive manner. I owe her millions of thanks. We had a full house with an enthusiastic audience that made our concert even more exciting and unforgettable.

Zara not only accompanied the songs with her piano but she also sang with her wonderful voice, sometimes solo sometimes together with Katie (and me). Each one of us performed individually and together. There were times when the audience joined in the songs. The theme of the concert was Christmas, therefore the songs were mainly Christmas songs such as, Silent Night, Ave Maria, O Holy Night, Rudolf The Red Nosed Reindeer, Christmas Tree, White Christmas etc.

And there was one “Happy Birthday” song as well! The 17th December was my dear Grandfather's birthday and I was so lucky to find a chance to celebrate his birthday from the stage together with these two wonderful artists and I dedicated a song to him. We finished the concert with standing ovations and therefore we did an encore. I want to thank everyone especially my friends who came and supported us. I think it was a night to remember for everyone.



Happy Birthday dear Grandfather

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22 December - 28 December

21st-25th December Struggle and Martyrs Remembrance Week

As part of the 21-25 December Struggle and Martyrs Remembrance Week, President Mustafa Akıncı, Speaker of the Assembly Sibel Siber, Prime Minister Hüseyin Özgürün, 2nd President Mehmet Ali Talat, Turkish Ambassador to Lefkoşa Derya Kanbay, Martyrs' Families and War Veterans Association officials and members as well as ministers, parliamentarians, political party representatives, military officials have attended a ceremony held at the Martyrs Monument in Lefkoşa.

President Akıncı wrote the following in the special book of commemoration:

“We commemorate you once more with gratitude and respect on the 54th Anniversary of 21 December 1963. You sacrificed your lives so that the Turkish Cypriot people could live in peace and freedom in this land. It is thanks to your great sacrifice that we look to the future



on our land with confidence. We will strive to establish a good future so that the next generations can live in peace, equality, security, and

prosperity. Such a future will be established on the back of your sacrifices. We commemorate you once more with respect.”

As part of the Remembrance Week, a Martyrs Remembrance programme was also held at the Atatürk Cultural Centre in Lefkoşa.

Cyprus - “Bloody Christmas” FM Ertuğruloğlu pays respect

In a message marking the Struggle and Martyrs Remembrance Week, Foreign Minister Tahsin Ertuğruloğlu has condemned the brutal attacks on the Turkish Cypriot people, recorded in history as “Bloody Christmas”.

Ertuğruloğlu also condemned the mentality behind the attacks, and paid his respects to the martyrs of Bloody Christmas.

In his message, Ertuğruloğlu said that martyrs sacrificed their lives

for their country against the attacks carried out by the Greek Cypriots on December 21 1963, and added that “living in a sovereign and independent state today under the flag of our people is thanks to the martyrs and veterans who stood up, fought, and defended our state against the brutal assaults of the Greek Cypriot aggressors.”

Ertuğruloğlu also stated that his duty in negotiations is to uphold and glorify the Turkish Cypriot state.



22 December - 28 December

Özgürün: Greek Cypriots have not changed their mindset in 54 years

Prime Minister Hüseyin Özgürün has said that although 54 years have passed since the Turkish Cypriot struggle for survival, recorded in history as “Bloody Christmas”, the Greek Cypriots have still not abandoned their mindset.

Stressing that the Greek and Greek-Cypriot duo killed many innocent Turkish Cypriots with the aim of Enosis-annexing the island to Greece, Özgürün said that thousands of Turkish Cypriots were displaced and subjected to inhuman massacres.

In his message issued on the occasion of Martyrs Week, Prime Minister Özgürün noted that it is not possible for the Turkish Cypriots

to forget this black mark in history. Özgürün said, “Although more than 50 years have passed since the event, we have seen during negotiations that the Greek Cypriot mentality has not changed. Turkish Cypriots paid a great price to reach an atmosphere of peace and prosperity. I hope such a massacre is not experienced again”.

“We offer our gratitude and respect to our martyrs who embodied national resistance in the struggle for the existence of the Turkish Cypriots, and we also bow respectfully to the precious memories of our heroic people,” Özgürün added.



Call for Turkish to be accepted as an official EU language



CTP Deputy and TRNC PACE Representative Mehmet Çağlar attended meetings of the Parliamentary Assembly of the Council of Europe (PACE) recently. At the meetings, Çağlar stressed that Turkish is an official language of the ‘Republic of Cyprus’. Despite this, he added, Greek Cypriots did not confirm Turkish as an official language when they were accepted for full membership of the EU.

Çağlar attended the meetings with UBP Deputy Erdal Özçenk. Speaking at the meeting of the PACE Committee on Equality and Non-Discrimination, Çağlar stated that Turkish Cypriots’ cultural assets and identities are ignored,

and this illegal and unfair stance should be rectified as soon as possible

Çağlar recalled that Turkish is one of the three official languages of the ‘Republic of Cyprus’, which was established in 1960 on the basis of partnership between Greek Cypriots and Turkish Cypriots.

Whilst the Greek Cypriots failed to recognise Turkish as an official language, Çağlar said that the cultural identity and assets of the Turkish Cypriots have also so far been ignored, and that it is important to compensate this unfair and illegal stance against the Turkish Cypriots.

22 December to 28 December

Turkish FM Çavuşoğlu: “Turkey made every effort for a Cyprus solution”

Turkish Foreign Minister Mevlüt Çavuşoğlu has stated that despite Turkey’s significant efforts to solve the Cyprus problem, a solution could not be reached, and that Turkey cannot be held responsible for this.

Speaking at the Turkish Grand National Assembly, Çavuşoğlu said, “A solution could not be reached because the Greek Cypriot side was reluctant to share governance, power and economic means with the Turkish Cypriots, and we concluded that we could not reach a solution with these parameters. We therefore agreed with the TRNC on our next steps

and the way forward. There are elections now in both the North and the South. There is no point in discussing this issue before the elections - it must not be exploited for election purposes, as it is our national cause. As a result, we shall be assessing and deciding on the steps ahead after the elections”.

The Turkish Foreign Minister also said that efforts in the period ahead will be concentrated on further promoting the Turkish Republic of Northern Cyprus.

“There is no need to pass a new resolution in parliament calling for international recognition of the



TRNC. We shall instead be focusing our efforts towards opening more representation offices abroad, and increasing the number of countries in which the TRNC passport is valid. The isolation of the TRNC must end. The EU has failed to keep its promises,” he added.

Supreme Electoral Council (SEC) website to help voters

Voters will be able to find out where to vote in the early parliamentary election, and which polling station they should attend, on the SEC website.

The SEC also announced that measures have been taken to facilitate voting for voters with disabilities. For those voters with limited mobility, applications will be accepted by telephone until the 5th of January.

The announcement issued by the SEC stated that citizens will be able to find the place and the number of their ballot box in the early parliamentary election on the 7th of January from <http://www.mahkemeler.net> and <http://ysk.mahkemeler.net> on the “where to vote” page, by entering their ID card number.

The SEC also announced the telephone numbers of district election boards:

Lefkoşa District Election Board:	227 30 47
Gazimağusa District Election Board:	366 40 68
Girne District Election Board:	815 72 46
Güzelyurt District Election Board:	714 62 31;
Iskele District Election Board:	371 35 95;
Lefke District Election Board:	714 62 31.



Martyr Rifat Salih buried after 53 years

Rifat Salih, who went missing in Lefke in 1964, and whose remains were found during excavations to find missing people, has been buried in Lefke in a military ceremony.

Rifat Salih was kidnapped by EOKA members on 6 February 1964 while travelling to Famagusta with Hüseyin Ertan Ali.



In a speech during the military ceremony, Rifat Salih’s son Salih Hacısalihi said that his father was brutally killed by the Greek Cypriot terrorist organization EOKA just for being a Turk.

22 December - 28 December

Ozankoy Turkish Cemetery Landscaping Project

Girne Municipality is continuing with the Infrastructure, Environment and Landscape Arrangement Project at Ozanköy Turkish Cemetery.

The work of Ozanköy Turkish Cemetery infrastructure, environment and landscaping is being carried out by a contractor company under the supervision of the architects and engineers of the Municipality of Girne and will include drinking water (fountains), lighting, parking, roadway expansion, inner roads, pavements and landscaping work.

Benches will be placed for visitors to the cemetery, and a covered arbor will be built to cater for

sunny and rainy weather.

Güngördü: The cemetery has been neglected for years.

Girne Mayor Nidai Güngördü stated that the people living in Ozanköy, which is part of the Municipality, had performed burial procedures and visits under difficult conditions for many years.

He stated that the project for the cemetery, which has been neglected for years created by mud and dust, will give a contemporary appearance and that thanks to the project it will make burial procedures and visits of the people more comfortable.



22 December - 28 December

To Mail or Email? That is the question



By Ahmet Abdulaziz

Just yesterday as I was talking with my children, I once again realised that they live in a world different from my world.

They live in a world of modern technology, whereas I still live in the 60s and 70s. To put it differently, I am trying to chase the world, but fail to coup the speed as I prefer to be stuck to my school and college days.

I remember, in school we were asked to write a short essay about a post office. For that the teacher told us about how a post office operates. I wonder if our children today know how a post office works.

I am sure the very new generation has not even seen a postman for years. The most popular song of our times, "Wait a minute, Mr.

Postman", by The Carpenters, in fact does not mean anything for the new generation, because they do not know how one feels receiving a letter from a postman.

That unique mixture of feelings that the old generation used to experience, when getting a letter from the postman and opening it. The feeling that we used to experience by first quickly going through the lines, till the end, and then reading it again, thinking we might have missed reading something and so reading it again and again.

These unique feelings unfortunately, the new generation does not know, they have never experienced it.

My generation remembers the post boxes. Those red boxes used to be erected here and there, with a small opening near the top.

As a young boy I used to try to insert my hand inside, just to feel a different sensation. I used to wait for the postman who came twice a day to collect the letters from these boxes. He used to have a special brown canvas bag to carry the letters. As a young schoolboy, I was always interested to be sure that he had taken all of the letters.

Does today's generation know there are still letter boxes and people do still use them? There are maybe not so many now but they can be seen in Girne here and there and I have seen a yellow painted letter box in Yenişehir. I understand the Girne letter boxes are also painted yellow.

The new generation send emails instead of letters now and the post boxes are becoming a symbol of the good old days of a postal service with a postman opening the boxes and collecting the letters from them.

I would like to think that these objects of past times will remain and would quote the words of John Keats :

"A thing of beauty is a joy forever, its loveliness increases, it will never pass into nothingness".



22 December - 28 December

Trump, is he the best US President ever?



By Ismail Veli

The USA has the largest economy and the most powerful military machine in human history. It's supposed to lead the democratic western countries as a role model in democracy, human rights and freedom of speech and free global economic trade.

The leader of such a country needs a leader to equal its status. BUT HAS IT? No one could honestly say that past Presidents have lived up to the expectation of such a powerful role.

Many have been vilified, hated and mistrusted but NEVER in American history has it been ridiculed. Donald Trump, the current President of this most powerful and respected country has in many people's opinions reduced the role of his Presidency to that of a "reality TV show". His supporters claim "he says it as it is", and that he is "refreshingly raw". They claim he was democratically elected and people have no right to complain. REALLY, does that mean that previous presidents or elected leaders in democratic countries are beyond reproach? Did people not argue and complain about previous leaders who won by massive majorities?

Having visited and travelled extensively in the USA since I was 18 years old (25 different States to be precise), I have come to love and enjoy the beauty of the country. From Indian Nation reservations, in Dakota, Montana, Utah, Wyoming and Arizona, the eastern industrialized and political

heartlands of New York and Washington, southern states like Virginia, Georgia, Florida, Mississippi and Alabama to the glitter of Nevada, California and Hawaii.

I have seen segregated hotels, prejudice and unbelievable wealth that other countries simply do not have. On the whole I find the ordinary American people friendly, always ready to help and immensely well mannered with a cheerfulness that have impressed me over the years. It's not a perfect country, no country is. But what is amazing to me is that a man accused of sexual harassment on numerous occasions over the last 30 years, bankrupted his companies on a few occasions, has not paid tax in many a year. refused to rent his properties to "blacks" and even campaigned to imprison a group of black youths for crimes that were subsequently proven to be false. He has a clear preference for white supremacists, a loathing for Latinos and Muslims and unashamedly claims to represent the poor masses. He vilifies companies who import goods and urges Americans to buy local produced goods while at the same time his daughter imports goods from China and sells them at exorbitant prices to the American public.

Does he really say it as it is? Rubbish. I listen to him so often that the mouth doesn't know what comes out the backside. He lies and contradicts himself so often, it's a wonder to me how he can do anything other than cause chaos and division, which is exactly what he does. His classic escape route is to try and deflect from himself, but only his hardcore base

will eventually stand by him. He clearly lacks the democratic values of free speech, free media and constructive debate and the US reputation has and will continue to be undermined home and abroad. Sadly he seems to be losing his marbles with each passing week.

His invitation to the Navajo code talkers recently looked like a wonderful gesture to the heroic Navajos indians whose secret codes in the Pacific during WW2 completely bemused the Japanese and gave the US an infinite advantage in sending secret codes in their native language which stands as the only code in world history never to be broken. But what happened next was a disgraceful act of pettiness unfit for any government let alone the most powerful nation in the world. He declared :

I just want to thank you because you are very, very special people. You were here long before any of us,'Trump said.'Although we have a representative in Congress who has been here a long time ... longer than you -- they call her Pocahontas!'



Pocahontas saves Captain John Smith and Indians on the "The trail of Tears"

This was a direct attack on Senator Elizabeth Warren. Trump like many school children simply loves giving people nicknames. Somebody clearly forgot to tell him that his school days were over 5 decades ago. Pocahontas was a real live hero whose real name was Matoaka, also known as Amonute, She belonged to the Powhatan nation and is reputed to have saved the life of Captain John Smith in 1607 by placing her head upon his own when her father raised

his war club to execute him..

By ridiculing Sen. Warren he reduced this legendary Indian woman to that of a cartoon character. The interviews I saw of the Navajo and other Indian leaders however went beyond Pocahontas. His award ceremony took place in a room with the photo of President Andrew Jackson whose uprooting of thousands of Indians from their homeland on a forced expulsion in 1838 and 1839 from lands east of the Mississippi River to an area -where the State of Oklahoma is today - caused the deaths of over 3.000 Indians and has gone down in history as "The trail of Tears". Many believed this ignorance or deliberate act by President Trump was an insult to all the Indian Nations of the USA.

The same week he re-tweeted videos put out by "Britain First, a far-right and ultra-nationalist political group", - one of which was false - of Muslims attacking whites in Europe. When the British Prime Minister Theresa May said it was "wrong" his response was that Theresa May should "focus on destructive Radical Islamic terrorism that is taking place within the United

The Guardian recently reported that Donald Trump attacked Theresa May for her criticism of his far-right retweets.

His claim that "We are doing just fine" is even more ridiculous in that only recently a mass shooting in Las Vegas by an American citizen left 58 people dead and 546 injured. and in another mass killing in a church left at least 26 people dead in Sutherland Springs, Texas.

The largest, most powerful and ridiculous leader in modern history?



In fact 13,286 people were killed in the US by firearms in 2015, according to the Gun Violence Archive, and 26,819 people were injured (those figures exclude suicide).

Mr Trump cares little about these figures, unless of course an individual murder is carried out by an immigrant, then his rhetoric of "Let's keep America safe" and "we will build a wall on the Mexican border"

takes over. Any other time his support for the US gun laws gets brushed off. One of the most ridiculous statements was when he claimed that, had there been restrictions on gun laws the hero who helped prevent further victims of the Sutherland Springs gunman by shooting the suspect and then chasing him with another hero saved lives. **WHAT THE HELL.** If there were restrictions on gun purchases the mass killers would not have access to automatic machine guns in the first place, therefore the need for such heroes would be diminished.

In the final analysis Trump seems to believe we have such few problems in the world today that he needs to create a bit more chaos. His timing on recognising Jerusalem as the capital of Israel seems to have simply added even more instability in a part of the

world where we thought we had seen the worst. That however is a story for another day.

Suffice it to say that Trump may go down in history as "The Commander in Chief of creativity in the art of chaos".



US Policy - Peace in Las Vegas and in Palestine



300 million guns owned by US citizens



Las Vegas Massacre



Israeli soldiers arresting Palestinians



Palestinians protesting!

22 December - 28 December

Watch RBL Players Panto with Vox Pop

By Engin Dervişağa.....

I am delighted to bring news of my Vox Pop programme on BRT 2 TV when I went with my camera crew to Gökay Boğaçhan Kültür Merkezi in Alsancak to record interviews with some of the cast members of the RBL Theatre Players who were proudly presenting Robin Hood The Panto 2017.

We spoke to the Director, Ian Chennell and Andrew Cowley his right hand man about the hard work that had gone into the planning and production of the Royal British Legion "RBL Theatre Players" production of the "Robin Hood The Panto 2017".

Full of admiration for their performances we next spoke to some of the cast including Carol Abel as Robin Hood, Paul Abel as Little

John, Jan Marsh as Doom, John Bennett as Friar Tuck and finally Brian Thomas as Will Scarlet.

My interview with the RBL Theatre Players will be screened on Sunday 24th December at 15.00pm and it will be repeated on Tuesday 26th December at 18.30pm and on Friday 29th December at 20.00pm so do tune in to join me on my show, Vox Pop on BRT2 Television.

To go direct to BRT2 TV to watch these shows by live streaming on your PC,

Tablet or Smart Phone at Cyprus local time go to www.brtk.net and select the BRT2 channel in the viewing screen. This programme was edited with Turkish sub titles by Kut Adali.

For Radio Lovers do also tune in and join me on Bayrak International Radio on Saturday at 19.00pm for my programme Top Twenty which is compiled by DJ Bora and this show is repeated on Sunday at 15.00pm.

We are transmitting this on 87.8 and

105.0 FM stereo..

You can also tune in to live streaming of this radio show on your PC, Tablet or Smart Phone by going to www.brtk.net and select FM105 Bayrak International.

For those local readers who have interesting hobbies or interests who think it could make an interesting subject for my Vox Pop TV show, do please send me a message via www.cyprusscene.com.



The ancient city walls of Lefkosa

By Engin Dervisaga

I am delighted together with my colleague Qossay Eleyan to bring you our interesting report on "Discovering North Cyprus" from the ancient city walls of Lefkosa/Nicosia, which is the capital city of Cyprus.

In 1567, the Venetians commissioned the Italian military engineers, Giulio Savorgnano and Francesco Barbaro, to design and build new fortifications for the city to protect the inhabitants from imminent Ottoman attack.

The new walls replaced the old-style medieval fortifications which engineers thought were inadequate to defend the city. At the same time, the Pedieos River was diverted outside the city either in order to protect the residents from flooding or in order to flood the moat, which encircled the new city walls.

The Venetian walls around the capital



city has a circumference of 3 miles, and contains eleven pentagon-shaped bastions named after eleven families who were , pillars of the Italian aristocracy of the town and donated funds towards the construction of the walls and the three gates. These gates were Porta San Domenico (Paphos Gate), Porta Guiliana (Famagusta Gate), and Porta del Proveditore (Kyrenia Gate).

These fortifications were

unsuccessful and the city fell to the forces of the Ottoman admiral, Lala Mustafa Pasha in 1570 before the Venetians had completed their construction. The Ottomans captured the bastions almost intact, and they remained almost unchanged until the British era.

This show will be transmitted on BRT2 on Monday 25th December at 19.00pm and repeated on Thursday 28th December at 19.50pm. This

programme was edited with Turkish subtitles by Kut Adal.

Go direct to BRT2 TV on www.brtk.net to watch these shows by live streaming on your PC, Smart Phone or Tablet.

For those local readers who have interesting hobbies or interests who think it could make an interesting subject for my Vox Pop TV show, do please send me a message through www.cyprusscene.com.

22 December - 28 December

Girne Municipality : Children's New Year activities begin

Girne Municipality have organised many events for children in the play park which has been prepared in Girne Open Market area prior to the New Year.

A number of events for children have been arranged from 22nd to 25th December, especially for the New Year.

Girne Market area will be open every day between 11am and 7pm where there will be a special play park for children.

In the park there will be zip-zip, movie shows, inflatable playground, moving toys, trampoline and lots of fun games for children of all ages.

A children's New Year party will be held on 24th December at Girne Open Market at 2pm.

At the event there will be; face painting, amusing games and cute mascots will be shown and various gifts will be given to the children by Father Christmas.



A Cup Of Conversation Hugh O'Neil

By Can GAZI

Talented Irish musician Hugh O'Neill returns to the Bayrak TV studio this week on A Cup Of Conversation.

Hugh will perform three Dr Hook songs on the show and there is a special reason why!

For the full story watch BRT2 TV this Saturday the 23rd of December at 12 noon. Do follow us online at "A Cup of Conversation" your favourite

TV show by going to www.brtk.net selecting BRT2 in the live broadcast window.

.For Radio lovers :

Do tune into Bayrak International Live where you can join me on a number of great radio shows that bring you great music and thoughts and comments of the day,

We are transmitting these shows on 87.8 and 105.0 FM stereo



22 December to 28 December

Three Brave Men of Esentepe

By Sue Steel - EFRAR 2018 committee member ...

You have heard of the Three Wise Men, well Esentepe has the Three Brave Men and they are Paul Lee, Art Watson and Martin Foster.

These three men came up with the idea of having their heads or beards shaved in support of EFRAR 2018, supporting Tulips and they have decided to do this in support of all cancer patients who undergo chemotherapy and lose their hair.

These cancer patients have no choice so the men want to dedicate this shave to all of them.

The "Brave Shave" will take place at the end of the Abnormals' Christmas Show on Friday 29th December at The Venue Restaurant in Turtle Bay near Esentepe and all three men are looking for sponsorship.



Mary Watson, Chair of the EFRAR 2018 supporting Tulips committee commented: "I think this is a great idea but I am not sure how my husband (Art Watson) will look with no hair but as it's for Tulips and his hair will grow back, I fully support him and the other two brave men"

You can offer your donation on the EFRAR 2018 supporting Tulips Facebook page, by ringing Art Watson on 0548 8614873 or by sending an email to magicart@hotmail.co.uk. You can sponsor one or all three, the choice is yours.

E.F.R.A.R. 2018 supporting Tulips
Raising money for TULIPS (Help Those with Cancer)



NEWS in BRIEF

Christmas Sing-along Number 3
Bar33 at the Old Mill, Ozankoy on 23 December at 19:00pm

"The Soulist Bar " in Alsancak presents on December 25 the classical duo Ahmet Zeyin (baritone) and Atakan Sari (piano) with a Classical Concert for Christmas. The classical repertoire includes Classical Arias, Aria Antiques all the way to Neapolitans (Neapolitan Music)

Road Safety

Don't be a Lemming, Drive Safely and be Safe in Northern Cyprus.

Tulips News

Sue Tilt and Carole King would like to thank Wines of the World (Alsancak) for sponsoring the 2nd Tulips Wine Tasting event which was held on Saturday 16th December 2017

Once again the support was overwhelming with approx 70 people attending throughout the afternoon all helping to raise a fabulous total of 2,855.10TL!

Christmas morning swim (25th December) at 10am at the Acapulco Resort. In aid of the Kemal Saracoglu Foundation for children with cancer. Try to go along a support the brave swimmers and sponsor them if you can.

St Andrew's Church, Kyrenia

Sunday 24th December - Midnight Mass at 11.30pm. and on Monday 25th December there is a Christmas morning Service at 10.30am

Burak Beşir.

Turkish Cypriot flautist and composer Burak Beşir has won an Outstanding Achievement award at the Global Music Awards (GMA).

22 December - 28 December

Trouble Sleeping?

If you wake up and struggle to get back to sleep, there's usually a reason.

Illness, heartburn, hot flushes, and what you eat and drink can affect sleep. So can anxiety, stress, and depression. Many people also have trouble sleeping after a troubling event such as a death or divorce.

While alcohol can make you sleepy, it won't help you get a good night's rest as you are more likely to wake up when the effects wear off. Avoid alcohol after dinner as too much can keep you from getting the deep sleep you need.

When it comes to getting a good night's sleep, a lot of medications can get in the way. Some anti-depressants can keep you awake, as can over-the-counter pain relievers and decongestants. Heart and blood pressure medications like beta-blockers and diuretics can also disrupt your sleep.

If you wake up and can't get back to sleep within 15 to 20 minutes, the worst thing you can do is stay in bed and watch the clock. Get up and go



into another room. Read, take a bath, have a light snack, or do something quiet. When you feel sleepy, get back into bed.

Healthy sleeping habits known as sleep hygiene can help you shift from daytime frenzy to nighttime slumber.

Go to sleep when you are tired and avoid caffeine four to six hours before bedtime. Don't smoke near bedtime, and finish dinner several hours before going to sleep. Keep your bedroom



quiet, dark, and cool. Don't drink too much water. If you do, you'll wake up because you'll need to use the bathroom.

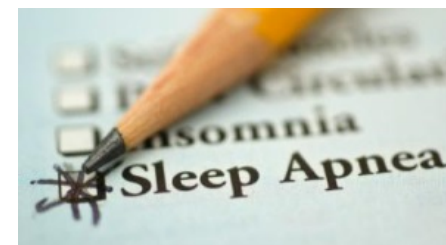
The word apnea means "not breathing." If you have sleep apnea, your airway gets blocked on and off during the night, which wakes you up. You might wake up hundreds of times a night without remembering it. Your partner might tell you that you snore loudly, snort, or gasp. Insomnia and sleep apnea can be connected. Sleep apnea can be dangerous. People who have it have a high risk of heart disease, heart attacks, strokes, and high blood pressure.

A sleep diary can help you find out what's keeping you from getting a good night's sleep. Keep a record for one week of things like when you went to bed, how often you woke up during the night, and how many caffeinated drinks you had during the day.

If you want to sleep better, start exercising. People who exercise, especially those who exercise vigorously, report sleeping better than

those who don't. Try to exercise at least 30 minutes a day on most days. For most people, exercising any time - even near bedtime -- is better than no exercise. If you have trouble sleeping and your doctor has told you not to exercise at night, follow that advice.

Try not to watch TV or use a computer before bedtime. Some studies suggest the light from those devices can suppress melatonin, the hormone that helps bring on sleep.



The Sleep You Need

Individuals vary, but most adults need 7 to 8 hours of sleep a night to feel rested.

- Teens require about 9 hours of sleep.
- Infants typically need 16 hours of sleep.

After age 65, we sleep for shorter periods, but still need 7 to 8 hours. Hence, naps

NORTH CYPRUS CHEMIST ROTA

22nd December – Friday

Buğçe Eczanesi, Nusmar Market Zeytinlik yolu Girne. Tel: 815 0032
Gündal Eczanesi, Altınör Apt.A Karakum. Tel: 816 0543

23rd December – Saturday

Ziya Sencer Eczanesi, Mete Adair cad. Basiş Park Karşısı Magic Tower apt No 2 Girne. Tel 815 2661
Aydin Life Eczanesi, Minimall Plaza no 6 Kurtuluş Cad. Bellapais. Tel: 815 7350

24th December – Sunday

Günay Varış Eczanesi, Uğur Mumcu Cad. Karakum Tel: 815 2585
Dünya Eczanesi, Salih Miroğlu Cad. Aker İş Hanı No 1 Girne. Tel: 815 0009

25th December – Monday

Ömrüm Eczanesi, Karaoğlanoğlu Cad No 256. Girne. Tel: 822 2287
Girne Eczanesi, Bedreddin Demirel Cad. Bekiroğlu Mağazaları No 1 İş Bankası karşısı. Tel: 815 1447

26th December – Tuesday

Küçük Eczanesi, Canbulat Sokak No 5/c ASSUBAY Ordu evi ve bandabulıya karşısı Girne. Tel: 815 3626 / 815 6340
Törenselle Eczanesi, Beşparmaklar Cad. Çatalköy. Tel: 824 5713

27th December – Wednesday

Tören 11 Eczanesi, Vakıflar Çarşısı A Block 1 Girne. Tel: 815 1790
Nazim Varış Eczanesi, Karaoğlanoğlu Cad.. Alsancak. Tel: 821 3088

28th December – Thursday

Defne Eczanesi, Atatürk Cad 20 Girne ordu pazarı yolu. Tel: 815 3516
Önal Aktolga Eczanesi, Karaoğlanoğlu Cad no 181 Bakkal Supermarket. Tel: 822 4142

29th December - Friday

Eminağa Eczanesi, Ziya Rızıkı Cad No 10 Girne. Tel: 815 2248
Ahmet Çağır Eczanesi, Ankara Cad 50/2 Alsancak. Tel: 821 3434

December Duty Chemists
Girne - Alsancak - Lapta areas



Creative people living in our midst

Life story of Salih Mustafa Çizel by Heidi Trautmann ...

I have known Salih for many years. When I interviewed him I also learned a lot about Cypriot history.

Salih Mustafa Çizel – My School was Life

Friday March 5, 2014, was the opening of Salih M.Çizel's 32nd solo exhibition, if I have counted correctly - and he has participated in 18 group exhibitions. Many people had come, police were crowding around the entrance of the Eaved House to 'protect' the honorary guests, among them Dr. Sibel Siber, who was to open the exhibition 'Thoughts and Crafts'. Personalities from culture and governmental offices were present and also from the Army in their uniforms, very impressive. I had met Salih before at various art events, but we had never talked much. It was on the occasion of this new exhibition that I invited Salih for an interview, I wanted to know more about his life, and so it was that we sat together one day for several hours leafing through the pages of his life book.

Larnaca 1946. Times were still good when Salih Mustafa Çizel was born. Peaceful. His father was an ambitious man; he was a shoemaker and with time he owned a fine shoe shop in the city much frequented by Greek and Turkish customers alike. His mom was a housewife and his family life was a happy one.

It is said that people born by the sea are given a special gift and the pain of a certain longing to look far and beyond things and young Salih was one of them. When I asked him if he had done any sports in his childhood years, or any other pastime or hobby, he shook his head and said: "No, actually I had but one hobby and passion and that was painting."

Salih went through primary and secondary school in Larnaca and was supported by his art teachers who realised his talent and encouraged him.

"We had teachers from Turkey, well



teacher I remember with gratitude, Makkule N. Uyar, who later helped me in many ways when I had my first exhibition in Istanbul. In my school years I was appointed to do the theatre scenery, that was what I did best, painting. I painted the life around me, the atmosphere, the streets we lived in, the sea and boats."

Was there any other creative streak in your family, I asked Salih.

"My parents had nothing to do with art, my father did not mind my painting but my mother was absolutely against it, it was a profession without any future. But I had an uncle who did sculpting; he once did a carving of Queen Elizabeth which he sent to her in England and he got a letter of thank you back!"

Wow, that is something extraordinary, I exclaimed.

It cannot have been easy to get the material for painting in those days. What did he start with? "I did water colours but I was mostly interested in oil painting. I was impressed very

for many, many years. My goal was to become a painter, I wanted it desperately. In 1963, I remember, I had lost my spatula because I usually work with a paint knife ---also with my fingers---, and a new one was nowhere to be found, so a nice gypsy boy carved one for me from wood and he made it nice and flexible."

What did you do with your paintings, when did you start showing your art work, I asked.

"I visited all the galleries around which I did anyway to see art, but most of them had their own artists they represented; one finally was willing to accept me, that was after I had graduated from lycee, and in that first exhibition I sold one picture to Mr Glafkos Clerides. Three artists, including myself as the only Turkish Cypriot, were then invited to talks on the Greek Radio. I am telling you, I was scared, but with Mr Clerides I was safe. You know, I was a fighter, I was with the army. All went well. My first coming out."

That was when?

much with famous painters such as Degas, Van Gogh, Monet at that time. For many years I tried also pencil sketches. The paint? Where I got it from? I mixed it myself, you got the pigments and mixed it with oil ...and canvas? We got the material from the market, you know sail cloth, that was strong enough, and I nailed them on stretcher frames which I fabricated myself; you had to be inventive in those years, also I used hard-boards



Continued on next page ...

Salih Mustafa Çizel Continued

“That was in 1968. I was then asked to participate in three exhibitions in the North, in Nicosia, in the Saray Hotel, supported by the UN, the pictures had to go there through diplomatic channels.”

The Saray Hotel was then one of the very few venues for such art events as I know from other artists; in one Salih was with Emin Çizenel, Inci Kansu and Gönen Atakol, well known artists. It was a very difficult time, invitations to take part in an exhibition had to be sent secretly and paintings used to be sent through diplomatic channels to the Saray Hotel. Fikri Direkoğlu, the artist, was then Undersecretary at the Ministry for Education and Culture, that was in 1965.

“I eventually resigned from the army after four and half years. I found work at the Petroleum Refinery in Larnaca. But it was so hard that after two months work I resigned. That was in 1970. As my father had thought to change our life with an investment for a good future and to give me a firm position; he had opened a small restaurant by the water near the Old Fort, a place where I could exhibit my paintings and where a lot of tourists passed by. It meant good luck for me and for my father, because my father went bankrupt three times (1959-1963-1969). I had got married in 1969 and we had one small child. My mother was helping my father in the kitchen and I did the service and all the rest, since I spoke English well. Our guests got interested in my art work and we talked a lot and I made contacts, especially with UN people coming to our restaurant, named ISKELE. The UN people tried to help me whenever they could, especially in 1973, after the Greek coup, when I got imprisoned. Everything was upside down, the



house was in ruins and I had to get out and go to the North with my family. I tried to persuade my father but he would not believe that the situation was going to remain that way, “... it cannot be, they will come to senses, I cannot give up the work of my life”, those were his arguments; he stayed in Larnaca until 1975 and then came to the North as well. We could not take much with us, I took my painting utensils and my work, wife and child, and left. It was too dangerous to stay.”

Where did you go to in the North, I asked.

“We from Larnaka were originally sent to Trikomono, Yeni Iskele today, however, I could see no future there, it was an absolute lost place, there was nothing. I wanted to go to Kyrenia which I had seen once before and I had the picture of this beautiful place in my mind, that was to be it and nothing else.

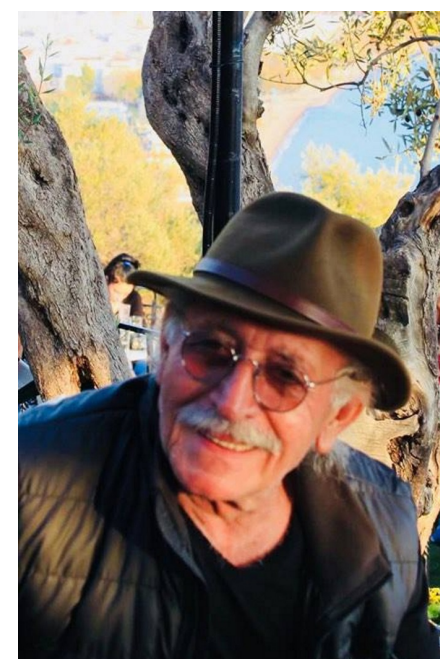
“So you settled in Kyrenia in 1974? “Yes I did, you should have seen the old harbour then; it had character, its

own typical harbour style, not spoilt by the things they have today; the scenery was great and the people that lived and worked there were a very special community; for example Judy Finley, the elderly lady who ran the Harbour Club, what a fine woman and what a fabulous place it was. There was the artist Anna Alexevia, a portraitist, who was seen daily in the harbour, painting and my special friend Dolimani, who owned a bar and with whom I became very friendly.”

You owned a restaurant again? “Yes, we called the place ‘Iskele’ again in memory of Larnaca; it was a small place, 30 seats inside and outside, it was where today the Akpinar Café is, set back a little further, opposite the Atatürk monument, with a view of the sea, a true little harbour restaurant; my father joined us there and we were again a family enterprise, so I could put up my easel again and paint the new scenery, and I was again with the sea, now facing the north.” The North being Turkey.

“Our new restaurant brought me luck; we had many international and

interesting guests that were regulars in the season, many expats that lived here but also tourists; North Cyprus was still a hot tip among travellers. The guests saw my paintings and so I was able to sell them to them; one of our customers was Norbert Spichtinger who was managing the Hilton Hotels in Turkey, the Far East and Pakistan; he had a house on our island and one day he asked me if I would like to exhibit in one of his hotels, for example in Istanbul? Why not come and find out first how I would like it, I would be guest of the hotel. Can you imagine my feelings? And to cut a long story short, I had my first exhibition out of the country in 1988 in one of the finest hotels – and they all came for the opening, everything was organised to the finest; I am indefinitely grateful to this man, it was the beginning of my career.” “Our new restaurant brought me luck; we had many international and interesting guests that were regulars in the season, many expats that lived here but also tourists; North Cyprus was still a hot tip among travellers. The guests saw my paintings and so I was able to sell them to them; one of our customers was Norbert Spichtinger who was managing the Hilton Hotels in Turkey, the Far East and Pakistan; he had a house on our island and one day he asked me if I would like to exhibit in one of his hotels, for example in Istanbul?”



Continued on next page ...

22 December - 28 December

Salih Mustafa Çizel Continued

Why not come and find out first how I would like it, I would be guest of the hotel. Can you imagine my feelings? And to cut a long story short, I had my first exhibition out of the country in 1988 in one of the finest hotels – and they all came for the opening, everything was organised to the finest; I am indefinitely grateful to this man, it was the beginning of my career.”

It sounds like a fairy tale, I am telling Salih..... “It was one for me....but it does not end there, you know who bought a series of my paintings there and then? It was Asil Nadir who came by in the corridors of the Hilton and said,... ‘these are the colours of my homeland, I want to have them’....in that time his empire was still in order then....things I shall never forget.”

I looked at Salih, he is quite moved by the memory of it. You have licked blood, then? “You can say so, I had licked blood, and I realised one thing, I have been wasting my time for so many years with doing service in the restaurant business for 23 years, I must find more time to do my work.” So you left the restaurant to your father and family?

“I did, we later gave it up altogether when my father got sick. There was no more excuse. I had to find a house with enough space for living and working and I found it eventually in Lapta. It used to be an old ceramic factory and was badly in need of repair; I invested a lot of money and did a lot myself, but finally I moved in with my second wife and three children, My wife was a hairdresser and she used half of the building for her hair salon and it worked out well; later in 1997 I added the Atelier Rönensans where I have now my paintings displayed.”

Now, that you could fully concentrate on your work, I can see from your CV that you exhibited nearly every year, and besides Turkey also in England, Germany, Austria.

“Several times again, Mr. Spichtinger gave me the opportunity to exhibit in his hotels and I had some exhibitions abroad.”

How did it come about, I asked.

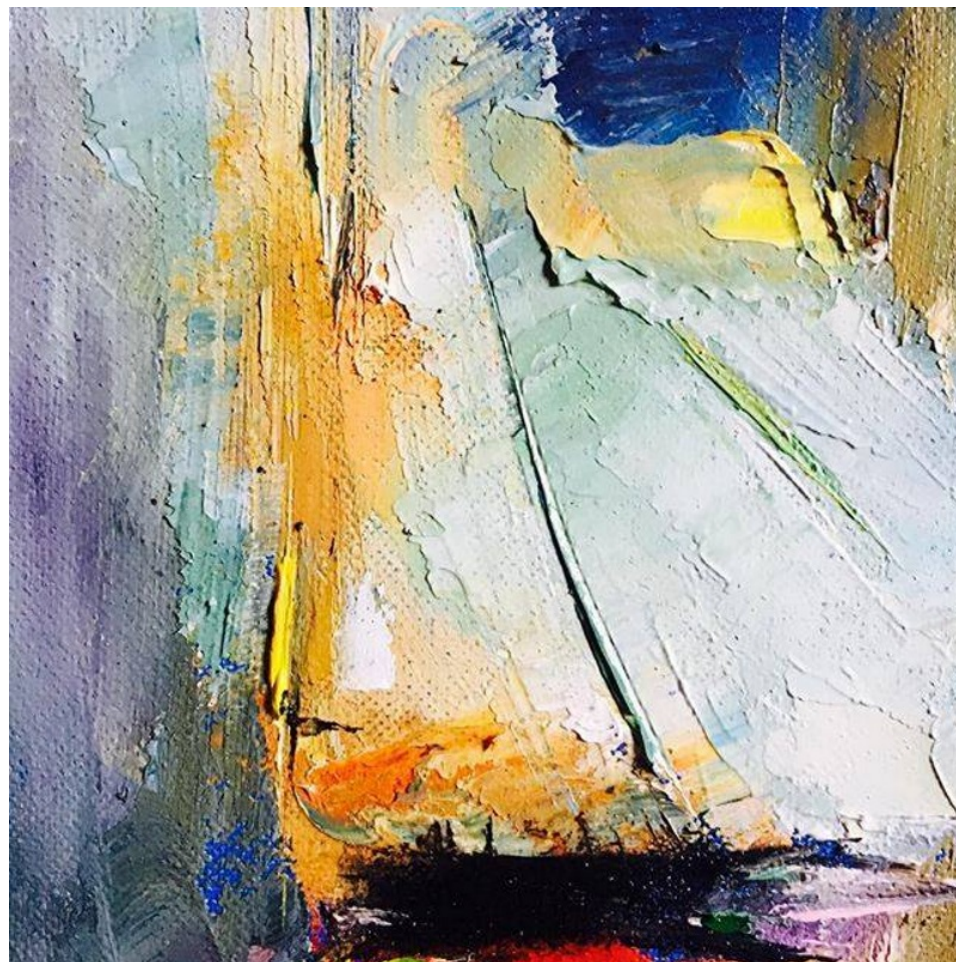
While I was having my exhibition in Turkey I contacted a Mr.Küfi Seydali, a Turkish Cypriot living in Austria and the President of the North Cyprus Friends Association, the address was given to me by the musician Arman Ratip and he helped me to arrange an exhibition in Vienna. I had two exhibitions in Austria.

Mostly I did exhibitions locally. It was hard work, you know, I was fighting for every painting I started. Do you know of this fight? It starts in the head and it does not leave me, day and night, it appears in my dreams, it wakes me up in the middle of the night, and I walk to my studio in my pyjamas and slippers and then it overcomes me that I scratch off all the new paint of the day before and start afresh. It is sometimes a nightmare. It is a fight each time and it hurts.

That is the destiny of every artist, my friend, art and creativity have to be fought for.

Your line is landscapes of your country under different light conditions, the sea still attracts you and you now have included the vast plains which offer so much different shades of colour.

“We have to see the world every day with new eyes, its nature, its flowers, I never stop learning and then I want to share it with others; that is the most important for me. I love people, they belong to my world but sometimes.....I feel isolated...” He hesitates and I look at him, there is hurt in his eyes... “I feel isolated from the colleagues in the local art scene.” That is probably also part of being an artist, you are always alone and you fight a lonely fight, that is the prize.



“Working and painting is my whole world which I share with my wife, and in the middle of a new work I stand back and watch what I have done and then I go and sit with a coffee and a cigar and watch life

around me...until the waves settle and then I go, take up my brush or my paint knife, or my fingers and continue.... and I will go on until the last day of my life.”

Thank you to Heidi Trautmann for this wonderful account of the life of Salih Mustafa Çizel. To read more about the world of art, visit Heidi's website www.heiditrautmann.com

22 December - 28 December

A Stitch in Time?

Reader's Mail

By Weng Chamberlain ...

I recently joined a sewing and sewing machine class run by Stephanie Kuyucu at her new Kyrenia Academy for Education and the Arts (near the Bellapais Roundabout), as I felt a relaxing hobby would be a good idea for the winter period when more time is spent indoors.

As luck would have it, I saw a second-hand sewing machine for sale, and so I decided to buy it. Then, coincidentally, during a visit to Famagusta Old City I discovered a lovely Singer Sewing Machine shop which was like a jewel in the sand. There was absolutely everything I needed there – zips, felt, cottons, beads etc. I couldn't resist taking a few photos.

The shop, Ipekcioglu Ticaret, is just inside the Famagusta Old City entrance. There are second-hand sewing machines for sale at very reasonable prices and the ladies there speak English as well as Turkish and are very helpful. The telephone numbers are 0392 366 4878 and 0542 851 4207.

This is quite a surprise new hobby in my life and I would recommend it to anyone who would like to occupy their time with a new interest. It's not only an opportunity to learn something new or improve on what you already know but also a get-together of people and a chance to make new friends who share the same interests.

For anyone interested in starting something new and who would like to join the sewing class, it is held on Wednesday mornings from 9.30am to 10.30am. For more information contact Stephanie on 0533 888 3605.



22 December - 28 December

Winter Fun with the EFRAR Car Treasure Hunt

By Sue Steel – EFRAR 2018 Organising Committee

Sunday, 7th January is the date for the fifth consecutive Car Treasure Hunt held as one of the major events leading up to the Sunday, April 16th Esentepe Fun, Run and Ramble 2018 supporting Tulips.

The event will be run by Brian Hills and hosted by Stevie's Restaurant at Küçük Erenköy which will also be the registration and starting point.

Participants are requested to arrive at Stevie's around 11.00am to register ready to set off by 12noon.

Entries will be 50TL per car, all which will be donated to EFRAR 2018 supporting Tulips. There is a maximum 4 persons per vehicle for health and safety reasons.

Like last year, the start will be staggered with some people doing 'observations' in Stevie's Bar while others set off.

The event consists of 3 elements - an observation test, treasure hunt and quiz.

This event is not a race but is designed to be fun, with some skilful driving, map reading and clue solving.



About 4.30pm, Stevie will be offering a "Treasure Hunt" two-course Sunday roast of a main meal and either a starter or pudding, for just TL45 per person, with a donation going to EFRAR 2018 supporting Tulips, which MUST be pre-booked.

Call Stevie on 0533 8494744 to book your place on the Treasure Hunt and to book your lunch.

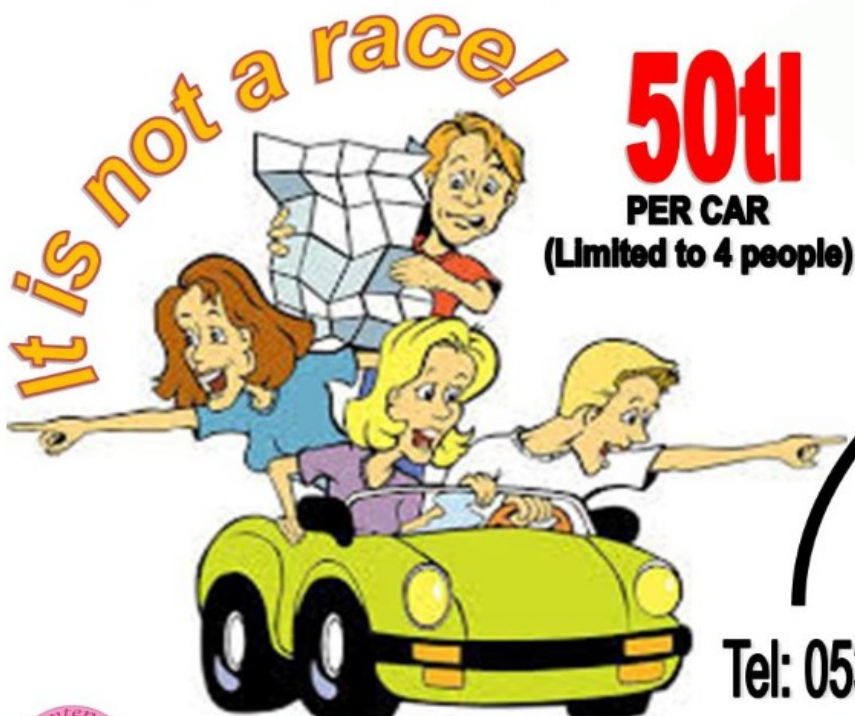
This event promises to be a fun, challenging way to spend a winter Sunday so come along and support EFRAR 2018 supporting Tulips.

E.F.R.A.R. 2018 supporting Tulips
Raising money for TULIPS (Help Those With Cancer)

Car Treasure Hunt observation test and quiz

Sunday 7th January

Stevie's Restaurant & Bar
Küçük Erenköy



Meet at 11am for
 coffee/briefing
 Depart 12 noon

2 course roast dinner meal
 available at Stevie's.
 (Main + starter or dessert)

45tl

A donation to Tulips will be made from every meal

Tel: 0533 849 4744 **Booking for car and meal essential**

EFRAR supporting Tulips supporting cancer patients



22 December - 28 December

CyprusScene - Trivia Quiz No. 5

Test your knowledge with these Trivia questions



TRIVIA QUIZ No. 5 – 22nd December 2017

US Presidents

1. President Lyndon B Johnson's wife Claudia was better known by what name?
2. Who was the first president to be born in the 20th century?

Nationalities

1. Of which country was Carlos Menem president?
2. Of which country was Golda Meir the first woman president?

Steven Spielberg

1. Which film gave Spielberg his second Oscar for direction?
2. Which actress gave some of the vocal effects to ET's voice?

Films

1. Which child star appeared with Spencer Tracy in "Captains Courageous"?
2. What type of boat was featured in the German film "Das Boot"?

The Human Body

1. Where in the body is the cochlea?
2. Where are the deltoid muscles?

Rivers

1. Into which body of water does the River Volga flow?
2. On which river is the Victoria Falls and the Kariba Dam?

The Beatles

1. Whose sister is John Lennon's "Dear Prudence" about?
2. The Beatles recruited Ringo Starr from which band?

Film Songs

1. Who had the only hit from "Midnight Cowboy" soundtrack?
2. Who wrote all the songs for "The Lion King"?

World War 2

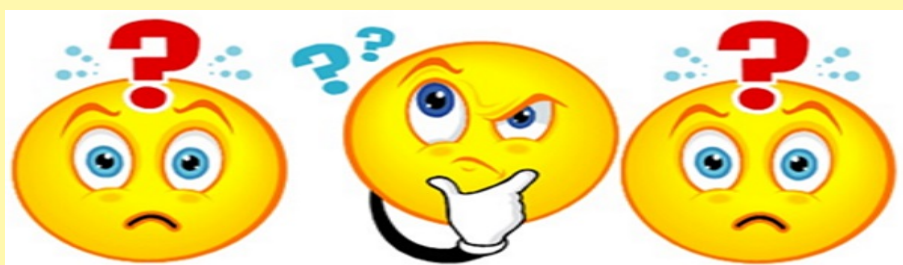
1. Which country was invaded by the Japanese in 1937?
2. Who started arriving in Britain in January 1942?

Cricket

1. In March 1877 which ground hosted the first ever test cricket match?
2. From 1965 to 1994 which country did not play a test match against England?

Answers on page 22

No cheating !



22 December to 28 December

CyprusScene - Sudoku Quiz No. 9 and 10

Test your skill at Sudoku with Grids 9 and 10 The grids are in PDF format so you can print them off and complete at your leisure. Perhaps a bit of relaxation during the weekend. The answers can be found on Page 22.

Grid No. 9

Grid No. 10

	5	6				9		
8					3		7	
4	7				5	8		2
	8		9	5		7	6	
				1	8			
	4				7			
								4
			5		1	6		8
						2	9	

			2		9			
		6		3		1		
7								6
8			4	9	1			2
	1						4	
		5	9		2	4		
3	8						7	9
	4	1	3		7	5	2	

A Merry Christmas and a Happy New Year
to all our readers and puzzlers.



Have a look at the picture on the right of a stained glass window. The clue is Girne.

Do you know where this can be seen?

We will give you the answer next week.



22 December to 28 December



North Cyprus Events Calendar 22nd to 31st December 2017



A list of events you can look forward to in North Cyprus. For those charity fund-raisers, venues etc. who would like to include an event in the Weekly Events Calendar, contact Chris or Margaret at cyprusscene.com.

The Events Calendar is published every week on Thursday so please try to submit information you would like to be included by Wednesday each week.



22nd December – Friday - Blakes Lounge Bar and Bistro, Alsancak will be having a Funk House and Disco evening with DJ Danny Mekanik – from 8pm till late.

22nd December – Friday - The Soulist Coffee and Music House, Alsancak – Soul Stuff (Soul, Oldies, Rock'n'Roll), starting at 9.30pm.

22nd December – Friday – Football: GAÜ Çetinkaya v Küçük Kaymaklı – Super League at Lefkoşa Atatürk Stadium. Kick off 6pm (floodlight match)

23rd December – Saturday - Black Olive Cafe, Alsancak. Christmas spectacular quiz starting at 7pm. For more information contact Vicki on 0533 835 5133

23rd December – Saturday – Football: Dumlupınar v Görneç (League 1) at Gazımağusa Dr Fazıl Küçük Stadium. Kick off 2pm.
Maraş v Göçmenköy (League 1) at Maraş Stadium, Famagusta. Kick off 2pm.
Türk Ocak v Yalova (Super League) at Girne 20 Temmuz Mete Adanır Stadium. Kick off 2pm.
L. Gençler Birliği v Yeni Boğaziçi (Super League) at Iskele Cumhuriyet Stadium. Kick off 2pm.

24th December – Sunday – Football: Mağusa Türk Gücü v Binatlı (Super League) at Gazımağusa Canbulat Stadium Kick off 2pm.

Girne Halk Evi v Çanakkale (League 1) at Girne 20 Temmuz Mete Adanır Stadium. Kick off 2pm.
Baf Ülkü Yurdu v Ozanköy (Super League) at Uner Berkalp Stadium, Guzelyurt. Kick off 2pm.
Gençlik Gücü v Merit Alsancak Yeş. (Super League) at Hüseyin Ruso Stadium, Lefkosa. Kick off 2pm.

24th December - Sunday - St Andrew's Church will be holding a Midnight Mass at 11.30pm.

25th December - Monday - St Andrew's Church will have a Christmas morning service at 10.30am.

25th December – Monday - Those brave ladies and gents will be braving the cold Med on Christmas morning for the traditional swim. This will take place at the Acapulco Resort, starting at 10am. Please go along and give them your support and sponsorship. The swim will be in aid of the Kemal Saracoglu Foundation for children with cancer.

25th December – Monday - Cafe Deniz in Karakum will be having a Christmas evening sing-along with Rachel Saunby. 30TL – warm mulled wine, mince pies and nibbles through the 2 hour festive cheer evening. To book call 0533 881 4334.

25th December – Monday – The Soulist Coffee and Music House, Alsancak will be having a special Classical Concert for Christmas with Ahmet Zeyin (baritone) and Atakan Sarı (piano). Admission 6.30pm, concert at 7pm. Entrance 20TL. Pre-sale tickets from the Soulist or for reservations call 0533 832 6323.

26th December – Tuesday - RBL Boxing Day at the Races at Nicosia Racecourse ...

27th December – Wednesday - The Soulist Coffee and Music House, Alsancak – Alper Cengiz and Friends (Blues) starting at 9.30pm.

29th December – Friday - EFRAR 2018 will be presenting The Abnormals Christmas Show “Let’s go back in time” at The Venue, Turtle Bay, Esentepe. 8.30pm – Show 10TL and full menu will be available for those who want to have a meal. To book call 0533 884 9816. This will be followed by “3 Brave Shaves”. To see more about this event go to cyprusscene.com website.

29th December – Friday - The Soulist Coffee and Music House, Alsancak – Arda Baykurt Latin Quartet (Latin Jazz), starting at 9.30pm.

31st December – Sunday - Join Tulips “Chilly Dippers” for a New Year’s eve day swim at 11am at the Fly Inn, Lapta. Sponsor forms are available by emailing tulipscarole@yahoo.com or call Jackie Pennington 0533 872 3237. Swimmers will be given soup and bread roll, plus mulled wine.



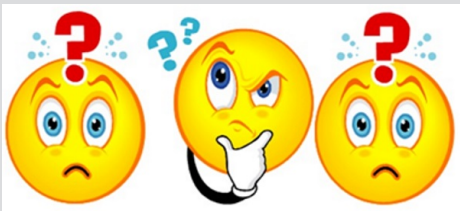
Here are the answers for the two Sudoku grids on page 20

GRID No. 9

1	5	6	7	8	2	9	4	3
8	2	9	1	4	3	5	7	6
4	7	3	6	9	5	8	1	2
3	8	2	9	5	4	7	6	1
7	6	5	3	1	8	4	2	9
9	4	1	2	6	7	3	8	5
6	3	7	8	2	9	1	5	4
2	9	4	5	7	1	6	3	8
5	1	8	4	3	6	2	9	7

GRID No. 10

1	5	8	2	7	9	3	6	4
4	3	7	6	1	8	2	9	5
2	9	6	5	3	4	1	8	7
7	2	4	8	5	3	9	1	6
8	6	3	4	9	1	7	5	2
5	1	9	7	2	6	8	4	3
6	7	5	9	8	2	4	3	1
3	8	2	1	4	5	6	7	9
9	4	1	3	6	7	5	2	8



Here are the answers to Trivia Quiz No. 5 on page 19

US Presidents

- Lady Bird
- John F Kennedy

Nationalities

- Argentina
- Israel

Steven Spielberg

- Saving Private Ryan
- Debra Winger

Films

- Freddie Bartholomew
- U-Boat

The Human Body

- The inner ear
- On the shoulder

Rivers

- The Caspian Sea
- The Zambesi

The Beatles

- Mia Farrow
- Rory Storm and the Hurricanes

Film Songs

- Nilsson (Everybody’s Talkin’)
- Elton John (lyricist was Tim Rice)

World War 2

- China
- American GI’s

Cricket

- Melbourne Cricket Ground (Australia v England)
- South Africa

How did you do?



22 December - 28 December

My camera and TRNC Presidents



By Richard Chamberlain

I first came to Cyprus as a National Serviceman in 1954 and continued serving as a British Soldier until 1955 when I returned to the UK and during my leisure time in Cyprus I spent a lot of time taking photographs of many people and places and as they say, the rest is history.

Since those far off days, I have returned to Northern Cyprus many times before moving here 2 years ago to make the TRNC my home and I have published two books featuring some of the many photographs that I have taken and this in turn resulted in me meeting many fascinating and interesting people who I was able to talk to about the visions of Cyprus

then and now.

Among the many people I have met, I was honoured to meet 4 Presidents of the Turkish Republic of Northern Cyprus and I hope the books I presented to them will have been shown to their friends and visitors.

I have also had a 2018 calendar

published and the price is 30TL and it will be available from Bestseller Bookshop, The Round Tower, the Money Exchange office opposite Cratos Hotel, Presscopy, near GAU, Wild Duck, Buyuk Han, Lefkosa or by contacting me Richard Chamberlain on 0533 859 7663.



Founding President Rauf Denktaş



President Mehmet Ali Talat



President Dr. Derviş Eroğlu



President Mustafa Akıncı

22 December - 28 December

Chef's Choice -- Winter Warmers (Soups)

By Chef

Creamy Sweet Potato Soup (Kremali Tatli Patates Corbasi)



Ingredients

2-3 sweet potatoes, peeled and cubed
2 tbsp canola oil (rapeseed oil)
1 large onion, chopped
2 tsp ground cumin
3-5 cup chicken broth
1 ½ cup yogurt
2 tbsp parsley/cilantro, chopped
¼ cup toasted pumpkin seeds (optional)

Preparation:

Sauté onions with canola oil and cumin over medium heat for about 3-4 minutes. Add cubed potatoes and chicken broth. Simmer for about 20-25 minutes. Puree soup and add one cup yogurt and parsley/cilantro.

Serve soup with a dollop of remaining yogurt and a sprinkle of pumpkin seeds or parsley if desired.

Ingredients:

1 cup green (French) lentil
1 large onion, chopped
2 tbsp olive oil
2 carrots, sliced round
2 cloves garlic, sliced thin
1 cup tomatoes, diced
3-4 cups hot meat bouillon (meat stock)
1 tbsp salt to taste
¼ tsp black pepper
1 tsp summer savory (optional)

Green Lentil Soup (Yesil Mercimek Corbasi)



Preparation

- 1/. Soak green (French) lentils in water for 4-5 hours. Then drain.
- 2/. In a pot, take olive oil and onions. Sauté over medium heat and stir in carrots and garlic. Sauté for 8-10 minutes.
- 3/. Then, stir in green lentils and cook for a while. Add hot bouillon (meat stock), tomatoes and salt.
- 4/. Simmer over low-medium heat with the lid closed, till the lentils get soft (for about 30-40 minutes). Turn the heat off and add black pepper and summer savory.
- 5/. Serve Green Lentil Soup warm or hot.

22 December - 28 December

Christmas Sports Quiz and a “Stinker” for 22nd December



By Richard Beale

Below are 10 sporting questions based on Christmas. Sorry that they are mostly Football/Cricket ones. [Answers to the questions are on page no 27.](#)

The answer to this weeks “**Stinker**” you will find in next weeks Sports quiz. - **No cheating please !.**

- Q1.** Traditionally taking place on Boxing Day on which racecourse is the King George VI chase run
- Q2.** Which manager was sacked by Chelsea after enjoying a Christmas dinner with his team ?
- Q3.** Which ground traditionally hosts the Australian Boxing Day Test ?
- Q4.** Which country sport traditionally takes place at Sandringham on Boxing Day ?
- Q5.** In which year was the last football League match played on Christmas Day ?
- Q6.** Born on Christmas Day on 1984 who became Englands cricket most capped and record run scorer ?.
- Q7.** Which England Manager was famed for his 4-3-2-1 Christmas tree formation ?
- Q8.** Which sporting event takes place in Hyde Park each Christmas Day over a course of a 100 yards ?
- Q9.** Former South African Test cricketer Jack Rudolph played County Cricket last season for which County?
- Q10.** Which European Football League does not take a winter’s break ? A/ Italy, B/ Netherlands. C/ Portugal, or D/ Austria.

Answer To Last Week’s “STINKER”

There are 11 ways a batsman can be dismissed at Cricket.

- 1/.** Bowled **2/.** Caught, **3/.** Leg Before Wicket, **4/.** Run Out, **5/.** Stumped, **6/.** Hit wicket, thats the easy ones.
- 7/.** Hit the ball twice.
- 8/.** Retired Out – a batsman leaves the field without the Umpires consent other than injury.
- 9/.** Timed Out a new batsman takes more than 3 minutes to enter the field of play.
- 10/.** Obstructing the field – a batsman obstructs or distracts the fielding side,



Local Football Fixtures For This Weekend : December 23/24



By Richard Beale

I know us Expats are thinking about Christmas, but I am sure you are itching to know what the Local fixtures are!.

Pick of the matches this weekend is on Saturday at Iskele between L. Gençler Birliği and Yeni Boğazici.

The venues chosen near possible Expat locations:

PLACE	DATE	TEAMS
ALSANCAK	No Match	Alsancak Mustafa Hidayet Çağlar Stadı
ESENTEPE	No match	Esentepe Erdal Barut Stadium
FAMAGUSTA	Sun Dec 24	MAĞUSA TÜRK GÜCÜ v BİNATLI (Super League) Gazımağusa Canbulat Stadı ko 2-pm
	Sat Dec 23	DUMLUPINAR v GÖRNEÇ (League 1) Gazımağusa Dr Fazıl Küçük Stadı ko2-00pm
	No match	Çanakkale Muharrem Doveç Stadı
	Sat Dec 23	MARAŞ v GÖÇMENKÖY (League 1) Maraş Stadı ko 2-00pm
GIRNE	Sat Dec 23	TÜRK OCAK v YALOVA (Super League) ko 2-00pm
	Sun Dec 24	GIRNE HALK EVİ v ÇANAKKALE (League 1) ko 2-00pm Girne 20 Temmuz Mete Adanır Stadı
GUZELYURT	Sun Dec 24	BAF ÜLKÜ YURDU v OZANKÖY (Super League) Uner Berkalp Stadyumu
ISKELE	Sat Dec 23	L. GENÇLER BİRLİĞİ v YENİ BOĞAZIÇI (Super League) Iskele Cumhuriyet Stadı ko 2-00pm
LAPTA	No match	Lapta Şht Şevək Kadir Stadı
LEFKOŞA	Sun Dec 24	GENÇLİK GÜCÜ v MERIT ALSANCAK YEŞ. (Super Lig) Hüseyin Ruso Stadı ko 2-00p
OZANKÖY	No match	Ozanköy Mustafa Özkayım Stadı
YENİ BOĞAZIÇI	No match	Yeni Boğaziçi Osman E. Mehmet Stadı

TRNC athlete to compete in World Bodybuilding Championship

Girne Mayor Nidai Güngördü met with Temel Torlak and his coach Yasin Haznedaroğlu, who will compete for the Turkish Republic of Northern Cyprus in the middleweight division organized by the International Bodybuilding and Fitness Federation in France for the World Bodybuilding Championship.

Nidai Güngördü said in his speech that sport is a way to give meaningful recreation for young people and to ensure that healthy individuals grow up and support sport. He said, our sportsmen are promoting Girne and the TRNC.

The Mayor stated that individual sports are not fully implemented in our country and emphasized that Cevat Yildiz and Emre Özkaram, who achieved success overseas in body development, are a good example for young people. Güngördü emphasized that both athletes were Girne citizens and that they made a great contribution to the international promotion of the city and it is felt that Temel Torlak will also achieve the same success.

Güngördü also emphasized that the Federation will participate in the World Bodybuilding Championship which will be organized in France in the coming days and he wished Torlak every success.



Christmas Sports Quiz answers from page 25



1 Kempton Park

2 Jose Mourinho

3 Melbourne Cricket Ground

4 Pheasant Shoot.

5 1965 (Blackpool v Blackburn)

6 Alistair Cook

7 Terry Veneables

8 Serpentine Swimming Race

9 Glamorgan

10 C - Portugal.

Esentepe Captain Scores a Double

By Richard Beale

Saturday 16 December 2017

Esentepe Captain Başak Tümkan was the hero for Esentepe scoring a brace of goals, one from the penalty spot to overcome a stubborn Bostancı Bağcil team. It could have been a lot different for the visitors trailing 1-0 when they missed a penalty in the 75th minute which would have given them probably a deserved point .

With other results going their way, Esentepe now unbeaten for 7 matches have climbed into second place behind runaway leaders Gönyeli. As expected the visitors who have conceded only 8 goals in 12 matches parked their bus in front of their goal. Bostancı Bağcil (B.Bağcil) proved difficult opposition with a number of their players being tall and very physical.

On a mild afternoon, the weather cloudy with sunny intervals the match attracted a local attendance of around 100 with 4 Ex Pats.

The visitors in the opening 20 minutes were quite dominant but were restricted to mainly long range efforts outside the box which sailed harmlessly over the bar.

Esentepe were denied a clear penalty in the 22nd minute when Esentepe striker Hasan Özçelik was clearly brought down by B.Bağcil defender Issac. Despite strong appeals from Esentepe players and spectators referee Hasan Eriş was unmoved.

Esentepe gradually found their form and in the 28th minute Eser sent over a great cross to the near post where the Bağcil keeper Ahmet just managed to get a hand to the ball in front of Hasan Özçelik.

Esentepe didn't have to wait long before taking the lead in the 32nd minute when they were awarded this time a penalty from an Ahmet free

Esentepe KKSK 2 Bostancı Bağcil 0

kick, an Esentepe player was allegedly pushed. Captain BAŞAK duly obliged with the penalty which was struck fiercely going into the net off the underside of the bar. **1-0.**

Esentepe goalkeeper Kemal was in action when Serhan and Bilal combined before the latter sent over a dangerous cross that was fielded by Kemal just in front of Cenker.

Esentepe went straight down the other end firstly in the 37nd minute a great cross from Ahmet was just in front of Hasan Özçelik, Bağcil goalkeeper Ahmet did well to push the cross out for a corner.

Another break from Esentepe Onur saw the teenager break into the box only to be denied by a last ditch tackle from Issac.

Esentepe just about deserved their half time lead. **HALF TIME SCORE : 1-0.**

There was a quiet start to the second half, but the visitors were getting plenty of possession with Esentepe finding it difficult to raise their tempo. The home side seemed content to sit back on their lead which to me seemed a very dangerous game to be playing.

B.Bağcil top scorer Serhan fired over from a good position in the 71st minute as the visitors kept pressing for the equaliser.

Bostancı had what looked like a handball by Hasan Sungar from an Armstrong cross not spotted by the referee.

However a minute later Bilal was in possession in the area shadowed by Esentepe's Onur, the defender put in what looked like an innocuous tackle which saw Bilal fall to the ground.

The referee pointed to the spot despite Esentepe appeals ending up with Nersin



and Eser being booked. Cenker took the penalty sending Kemal the wrong way only to see his effort hit the post and the rebound hacked away for a corner, a real let off for Esentepe.

Bağcil continued to dominate from a Serhan free kick, the lanky Armstrong got in a header that had Kemal diving across his goal to save.

At last Esentepe woke up from their sluggishness and had a purple 5 minute patch.

82nd minute intelligent build up play from Başak gave Eser a shooting chance on the left, but goalkeeper Ahmet got down to push his shot away for a corner.

From that corner taken by Mahmut this time Eser at the far post saw his shot headed over his own bar by Firtina.

Esentepe purple patch ended when they scored a beautifully taken second goal in the 84th minute to finally break B. Bağcil resistance. Hasan Özçelik picking up the ball on the half way line laid a "perfect" pass out to the overlapping Mahmut who sent over a "perfect" cross to BAŞAK to send a "perfect" header into the near corner for a "perfect" goal. **2-0.**

Hasan Özçelik nearly added a third deep into injury time fastening onto a

"perfect" through ball from Başak, normally the Esentepe striker would have buried the chance, but B.Bağcil keeper Ahmet managed to push Hasan's effort away. **FULL TIME SCORE : 2-0.**

SUMMING UP : It could have been so different if Bağcil penalty had gone in as the visitors were dominating the opening period of the second half, spraying the ball around with some aplomb. But Esentepe these days are made of sterner snuff and roused themselves to score the killer second goal. Bağcil had some tall and powerful players and I should imagine on their home territory will be formidable opponents.

Esentepe defence snuffed out the threat of Serkan who had scored 6 of Bağcil 10 goals this season. Up front loan striker Hasan Özçelik worked tirelessly and was always a threat. Mahmut in midfield had another fine match with a goal assist for Esentepe second goal. BAŞAK scorer of 2 goals led his team well and had a fine all round match.

NEXT ESENTEPE MATCH

Saturday December 23 : KO 2-00pm

Mehmetçik Stadi

Kaya Mehmetçik V Esentepe