

A Week of Spirit and School Pride at CSH

By Alexa Torrey

The most anticipated week of the year happened the week of October 13th, and that is the CSH Spirit Week and Homecoming Pep Rally! Students from grades 7-12 came together to show their school spirit by dressing up in a theme each day. All of this excitement was in preparation for the Varsity Football Homecoming Game on Friday.

The themes of each day change throughout the years, and a couple days before Spirit Week, the Pep Club comes up with a survey for students to share and vote on ideas for themes. This school year, Monday was a holiday, so spirit week started early on Friday the 10th. Spirit Week began with "USA Day," and students showed their spirit by dressing in red, white, and blue. Tuesday, the second day, was "Pajama Day," and all students got cozy in their best PJ's. On Wednesday, all students wore pink in support of breast cancer awareness. Thursday was a fan favorite: "Country vs. Country Club." To close out the week on Friday, students celebrated with "CSH Spirit" attire. To add their own twist to the week, as seniors often do, some dressed as grandmas on PJ Day and wore Goth-inspired attire on Thursday.

Photo Credits: Karen Spehler



Additionally, on Friday each of the varsity sports teams had costumes that accompanied a theme. Varsity Swim dressed as Gru from *Minions* and *The Lorax* characters. Varsity Field Hockey had the theme "Teen Beach Movie," and they were dressed as different characters like Lela and Brady. Varsity Girls Tennis were dressed as ice cream and servers and had the theme "Soft Serve." Stevie Sullivan, a captain of the tennis team, said, "We came up with the idea last year at practice and were ecstatic to finally make it happen." Varsity Boys Soccer wore their iconic jorts with a red tie and some wore fun crocs. Varsity Girls Soccer had the theme "Minions," and the seniors were dressed as Dr. Defari. Lastly, the Varsity Cheerleaders wore their uniforms and Boys Varsity Football wore their jerseys.

To introduce all of the varsity athletes and kick start the pep rally, each team got to run through a balloon arch to a song of their choice. Once all the teams were seated and the spectators took their spots on the bleachers, the fun began! CSH got pumped up by the pep band and enjoyed performances from all of the girls' varsity teams. They were amazing and had the crowd cheering! Kate Rogers, a senior part on the varsity tennis shared, "It was so fun to perform and watch all of the other great dances, and I hope CSH continues



this pep rally tradition". Additionally, Mr. Danbusky chose six seniors to be the "MC's" for the afternoon. Rex O'Connor, Kayla Theodoris, Ciara Luparello, Sutton Stella, Cole Gladowsky, and Yianni Dallaris did a superb job getting the crowd involved and raising school spirit for the event. Rex O'Connor commented that he "was honored Danbusky picked him" and had a great time "getting the crowd rowdy."

After the dances, the cheer team wowed the crowd with impressive cheers and a choreographed dance. Their tumbling, flying, and precision coordination were crowd-pleasers. Competitive games followed, including the balloon pop and the infamous pie eating contest. The balloon pop contest is where partners are standing across from each other on the ends of the mat, and they have to use their bodies to pop the balloons. Some teams hug each other to pop it, some sit on the balloons. While it may make all the adults in the room nervous that someone will get hurt, the students love it, and the race gets a bunch of laughs from the crowd. This year seniors Ty Donaldson and Graydon Vitagliano took the win.

The final activity of the pep rally was the pie eating contest. Five students took on Mr. Cootner, who has a history of being a tough contestant to beat. This year's winner was Don Saladino, last year's reigning champ! He is a junior, so time will tell if he has it in him to win again next year! The pep rally is always a day to remember. Overall the 2025 pep rally was filled with fun and laughs, music & dances, and got all the students riled up for the homecoming game that night!



SEAHAWKS



By Hayley Torrey

Seahawks Fly High

On Friday, October 17th, 2025, the Cold Spring Harbor community came together to support the Seahawks Football team on one of the most anticipated nights of the year, Homecoming! The excitement began at 5 p.m. with the annual Homecoming Festival and games, followed by the main event, the varsity football game at 7 p.m. against Oyster Bay.

Before the game commenced, the open grass near the Snack Shack and the lower turf scoreboard was buzzing with festivities. Families and friends gathered for the pre-game carnival, which included a DJ, face painting, a petting zoo, and even a dunk tank, a popular station. Additionally, alumni enjoyed a special dinner hosted by the Booster Club under the tents, which was filled with yummy food, laughter, and fond memories of times at CSH. The atmosphere of this event was electric, and everyone could feel the excitement as the Seahawks prepared to take the field.

Earlier in the school day, the Homecoming Pep Rally was held in the gym, which built excitement for the big night.

As the football game began, Huntington Supervisor Ed Smyth kicked things off with the coin toss. From there, the Seahawks immediately took control of the game. Senior Chase Cody had a great night, recording 4 carries for 95 yards and 3 touchdowns. Senior Jayden Saunders added to the momentum with 3 carries for 57 yards and 3 of his own touchdowns while his brother, Lucas Saunders, ran for a 73-yard touchdown that had the crowd super hyped. On defense, senior Jeep Pace came up with a huge interception to seal the game, and Alex Vitale contributed, having three sacks.



By halftime, the stands were packed with alumni, current students, and fans, all celebrating not just the current team's success but also honoring the past. The 2005 Long Island Championship Football Team and their Head Coach, Dennis Bonn, were recognized during halftime. Many members of the team were even in attendance as well as their families, which was special to see how alumni from past years are still so connected and involved in the CSH community. The halftime show also included amazing performances from the JV and Varsity Cheerleading Teams, who kept the crowd engaged and on their feet.



2025 HOMECOMING



Photo Credits: Karen Spehler



The final score of the game was 48-13, which was a huge victory for the Seahawks, and was another memorable success of CSH Homecoming night. "It was an awesome experience, and I was glad to see the community joining together for a night of fun and athletics," said senior Jeep Pace. The student section's energy was especially appreciated by the players, packed with fans cheering, holding signs, and supporting the team throughout the entire game. "You could really feel the energy even before kickoff," starting quarterback Rex O'Connor stated. "It was truly a great atmosphere".

Along with the football game, other CSH teams played earlier in the day, including JV and Varsity Volleyball, and JV and Varsity Girls' Soccer, all contributing to a successful day of CSH athletics.

The Cold Spring Harbor community was extremely proud of all the athletes, participants, and friends of the school who contributed to making Homecoming such an incredible event! With the sports games, carnival fun, alumni reunion, and great food, it was an unforgettable night full of memories that many will treasure for years to come.

SEAHAWKS



SPEECH & DEBATE

By Leah Mendelsohn

The Cold Spring Harbor Speech and Debate team is off to a great start! With impressive wins at the first few tournaments, we already have multiple half qualifications for the New York State Championships. The speech and debate team is historically a very large and successful club with many Cold Spring Harbor students being finalists in the State Championships. The Speech and Debate team is very large this year with nearly 100 members! We also have multiple captains including Alex Wenk, Sasha Slaven, Alexa Torrey, and Hayley Torrey for Debate; as well as Leah Mendelsohn, William Reilly, and Leila Avidano for Speech. Both Speech and Debate take buses early on Saturday mornings to travel to different schools for tournaments in hopes of receiving a half qualification for the New York State Championships at Bronx Science High School on April 18th. To make it to States, a participant must either receive two half-qualifications or a full qualification at Eliminations, which are held in January and February.



In Debate, students have to argue one side of an argument and convince a judge to favor their side in either Public Forum Debate, in which they participate with a partner, or Lincoln Douglas Debate, which they perform alone. In Speech, students perform in categories such as Declamation in which they test their memorization skills by performing a ten-minute speech by memory, Oral Interpretation for which they recite pieces of prose and poetry,

Extemporaneous Speaking for which they are given half an hour to research a topic and seven minutes to perform, and many more. Both clubs have many options and provide multiple opportunities to develop new skills and be successful.

Debate Club

By Isabel Hodarkovsky and Rosie Holihan



Are you looking for a club or an elective for next year? We've got you! Join the debate club! Debate is a perfect blend of competition, fun, and research, so if you're ever thirsty for the thrill of winning and vindication, debate could be the perfect solution. If you're not always comfortable speaking in front of others but you want to add an activity to your resumé and increase both your self-confidence and public speaking skills, Debate Club is a great choice.

What is the debate club?

In Debate Club, students discuss world affairs and argue both sides of an issue. The club provides a comfortable environment where you can speak up without having to worry about being judged. The director is Doctor Andrews. If you ever need help or have any questions he's always open to walk you through a problem. If you take the class or club, you are not required to attend the tournaments held by schools outside of our district but going to them makes the whole experience more exciting.

Requirements: What are they?

This club is not made to give you extra work that will interfere with your free time, sports, and class homework. You are responsible for creating two short, four-minute essays on the assigned topic and are given club meeting time to write them. Working at home is a possibility if you don't finish during meeting time, but work at home is usually minimal. At meetings, Doctor Andrews provides time for practice debates so you are prepared for the tournaments. The club meetings are on Mondays and Fridays, usually only the two weeks before a debate tournament. In these meetings, members practice speeches and do a practice round of what the debate tournament will be like.

Conclusion:

Debate is a great club to join because it helps not only with in-school skills, but with life skills as well. Joining this club will boost your confidence in yourself and your public speaking. You will gain skills in arguing, essay writing, and proper source citation. This is a fun club that doesn't require much work and is definitely worth your time.

Join Debate Club and boost your confidence!

The debate team, led by coach Dr. Michael Andrews, had its first tournament on September 27th at Half Hollow Hills East High School. At this tournament, Junior Alex Wenk competed in the Lincoln Douglas Debate and won a half-qualification for the New York State Championships. More recently, on October 25th, they had their second tournament at Jericho High School. CSH had multiple wins at this tournament, including Jin Ma, a freshman who earned 9th place out of 44 and received his first half qualification to the New York State Championships in Lincoln Douglas Debate; Grace Lombardo and her partner Isabel Hodarkovsky, two freshmen who won 9th place out of 57 and received their first half qualification in Public forum; and Alex Wenk, a junior, who won first place out of 44 in Lincoln Douglas and received his second half qualification to States, earning him his full qualification and his spot in the New York State Championships. Congratulations, Alex!



The Speech team, led by Speech coaches Mrs. Jeanne Glynn and Mr. John Borland, had its first tournament at Sacred Heart Academy on October 11th. At this tournament, Leila Avidano, a sophomore, won first place in the Varsity Oral Interpretation category, along with a half qualification to the State Championships.

There will be many more tournaments between now and January, and we hope to see many more students make States. Speech and debate is a great opportunity for students to practice their public speaking and critical thinking skills by participating in different categories. It's also a great way to meet new people, and it's a lot of fun! So if you are interested in joining either Speech or Debate, feel free to reach out to Doc Andrews for Debate, Mrs. Glynn or Mr. Borland for Speech, as well as any of the captains. We can't wait to see many wins for Cold Spring Harbor, and we wish every member the best of luck!



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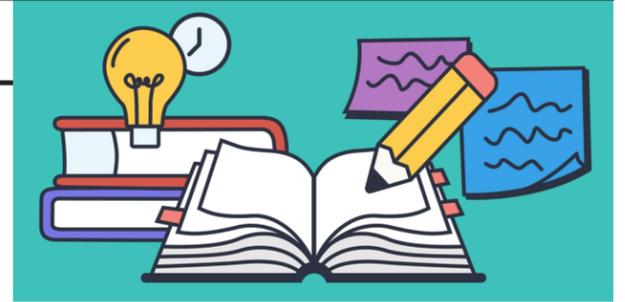
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Benefits of GOOD STUDY HABITS

By Anna Herzig



Whether you're studying for a short quiz in science or a long examination in social studies, it's always important to keep organization your number one priority. When you have piles of homework, sports, and clubs after school--and numerous tests the following morning--it's easy to get stressed out and become overwhelmed. Below are some tips to ensure you keep your organization up to date and practice good study habits for any upcoming examination you have in the future.

Keeping everything clear and organized--

What is it that you know you have to do well in? Are you more confident about your vocab quiz in English or your test in science? To help erase any disorganization you may already have, organize your tasks with a simple checklist starting from the most important topics to least important. If you have a really broad topic, break it down into smaller, more achievable steps to make the task seem less daunting. While studying, set a manageable goal for yourself each evening, and reward yourself when you reach it. Also, try your best to limit all distractions while you work, as these can potentially lead to procrastination or losing track of the time. Put your phone downstairs in the kitchen, living room, basement or somewhere else in the house where you can't reach or hear it, and aren't likely to go back to it later. If you have a situation that is distracting or bothering you, take a 5 minute breather to sort it out, and try your best to continue working when you feel calmer. Even listening to your favorite music or just simply squeezing a stress ball can help to keep you focused on your work and eliminate anything else overwhelming you.

How to put your knowledge into action--

Studying is a really difficult thing to master. You have to remember countless facts, equations, formulas, vocabulary, and must know and understand how to use all of them. We already touched on how to limit distractions, so now you must put your knowledge into action. First of all, review all the materials you have access to. This can include worksheets, labs, classwork pages, homework assignments, practice tests, and more. Sort out which materials are the most helpful and beneficial to your studying and have them at hand.

On a side note, class notes can be a huge help. Going forward, take notes in either a notebook or Google doc on things the teacher speaks about in class. These notes can be either simple bullet points or a list of information. They will pay off when you're studying for your next test and help for any written response questions you may encounter.

To help with memorizing, you can create flash cards a few days in advance, or write your classroom notes on a piece of paper or a whiteboard. Even just writing, reciting, and speaking aloud certain phrases or words will help you to commit them to memory. Practice memorizing your notes or classwork one chunk at a time, moving on to the next section of notes once you feel more confident. Skimming over your classroom textbook will also help you memorize certain key information and gain a deeper understanding of the topic overall.

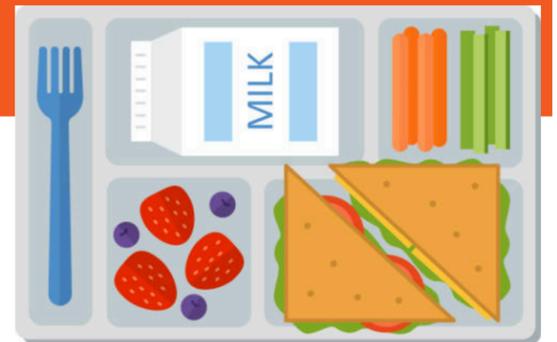
What's for Lunch?

By Ava McKean

Your teachers aren't the only new things this year. In addition to New York State's Universal Free Meals law, which provides free breakfast and lunch for all students, the new USDA school nutrition standards, to be phased in from 2025-2028, focus on providing food with less added sugar, less sodium, more whole grains, and offering more menu flexibility for local and plant-based options. We have experienced these updates firsthand. The school cafeteria made some major changes over summer break, and we are here to share some of our favorites. One change has been to add healthy options to give students more variety. Things like prebiotic sodas and rice cakes are new this school year, and based on the number of Poppi sodas drunk over the course of this first months of school, it's clear that the students are in full support of these changes. Curious about students' personal opinions on the new options added, we took a deeper dive and spoke to the consumers.

The building administration was kind enough to let us interview some students during fifth-period lunch. We asked students about their favorite new options provided by the school this year and recorded their responses. Anthi Tsafos told us she "liked that Drizzilicious was added to the cafeteria this year," naming it as one of her "favorite healthier sweet treats." She shared that it would be great to have more Drizzilicious flavor options available. Eloise Rice commented that she was "happy to see that Poppis were added this year. It's a great healthy option in place of a super sugary drink for lunch." After polling numerous students, we tallied their responses. Here are the results. Poppis came out on top with 12 votes, followed by Dirzzilicious mini rice cakes with 10 votes.

Danimals smoothies earned 5 votes, and Goldfish whole grain pretzels came in with 3 votes. All in all, there was a lot of positive feedback.



Students have also mentioned that they believe the wraps and rolls have changed to whole wheat. This change may not seem big but is such a significant healthier option because of its fiber, protein and vitamins.

If you haven't notice by the amount of ice pops in students' hands, the ice cream machines have been fixed! They offer some delicious new ice cream flavors like Strawberry Shortcake bars and Cotton Candy bars. Although these aren't the healthiest options, they are still fun treats to have once in a while during your school day.

Along with Danimals, Chobani yogurt has been another popular item. Lillian Katz shared that it is nice to see her "favorite yogurt brand at school." It's a lot easier to just get it from the cafeteria [than to bring one from home]."

Cold Spring Harbor is always known for making new major changes to expand our school's greatness, and there is definitely no exception when it comes to this school year's cafeteria options!



Join the Jr/Sr High Art Club

Meetings are Wednesdays
in A6 from 2:30 - 4:00
Advisor: Ms. Cirino



Become a member of THE HARBOR VIEW NEWSPAPER CLUB

Meetings are Mondays in H16 at 2:30
Advisors: Ms. Henry & Ms. Cirino



Meet Ms. Ladick

By Tyler Altholtz



This school year, Cold Spring Harbor Jr./Sr. High School welcomes Ms. Ladick to the Math Department. I recently spoke with Ms. Ladick to learn more about her experience so far here at CSH and her past experiences teaching. I was surprised to find out Ms. Ladick was previously a student teacher here at CSH from 2008-2009. She worked with Ms. Watt, a now-retired math teacher, to teach Algebra

Accelerated. Ms. Ladick brings a lot of experience, having previously worked in Southampton, as well as Columbia Prep in Manhattan for 11 years. When asked why she chose to apply for a job at Cold Spring Harbor, she shared that she had "always thought about the possibility of coming back here."

Growing up in Smithtown and attending St. Anthony's High School, Ms. Ladick is very familiar with the Cold Spring Harbor community. According to Ms. Ladick, the friendliness of the students and teachers at our school has been her favorite part of working here. She feels our school is a welcoming place: "It's a really nice feeling to come to work every day and feel like you are a part of a community," she explained. Her favorite CSH tradition she has so far has been the Homecoming and its accompanying festivities, but she hopes to attend a CSH theatre productions in the future as well.

Growing up, Ms. Ladick loved attending school and found her teachers very inspirational, which led her to choosing the education field. When asked why she chose to teach math, she stated, "It took me a while to figure out that I wanted to do math, but later in my schooling I realized how much I really loved it. . . . Every math problem is kind of like a puzzle to me."

Outside of school, Ms. Ladick enjoys spending time with her family. With her son, Kyle, only 1 year old, and her husband, she enjoys going to the park and the aquarium.

Welcome, Mr. Scott

By Aeryn O'Rourke



Cold Spring Harbor would like to welcome our newest chemistry teacher, Mr. Scott, who brings his energy, passion, and disciplined mindset with which to inspire the kids! Coming to us from St. Anthony's, Mr. Scott says he applied to CSH because of his admiration of students' spirit and dedication both inside and out of the classroom.

His teaching journey started early as he was a great helper to peers around him. His former high school chemistry teacher Mrs. Forbes, whom he had in 10th and 11th grade, sparked his love for chemistry and idea to become a teacher. Although the maths and sciences come easier than other subjects like English to Mr. Scott, he shares that he has always striven to improve instead of feeding difficulties. His advice to kids struggling, perhaps in his class or others, is to take a step back and see things from a new perspective. He says being more well-rounded and seeing topics in a different view is key to growth in oneself.

Outside of teaching, Mr. Scott leads an active lifestyle; he coaches swimming, loves to run, bike, and recently completed his third half ironman, which he describes as a proud accomplishment of his. Loving to swim and having competed in college, Mr. Scott really connected with his swim coach from whom he learned the saying, "I may not be able to change the world, but I can make a change within the community around me."

Mr. Scott is known by friends and family to be an outgoing, disciplined, and funny soul as he also strives to stay grounded and use his words with intention. He encourages students to explore new interests and give everything a chance, as he always has.

Looking forward to a great year!

GUESS WHO



TEACHER EDITION
??????????

BACK IN THE DAY



WHEN WE WERE IN
HIGH SCHOOL

CSH CONNECTIONS

BOTTOMS	MARBLE	TRICK	PROFIT
PLANET	TAKE	PONY	CANDY
GIVE	RECEIPTS	MASK	BASKET-BALL
ORANGE	BUBBLE	HAUL	CATCH

Write your answers in the boxes below.

_____ , _____ , _____ , _____

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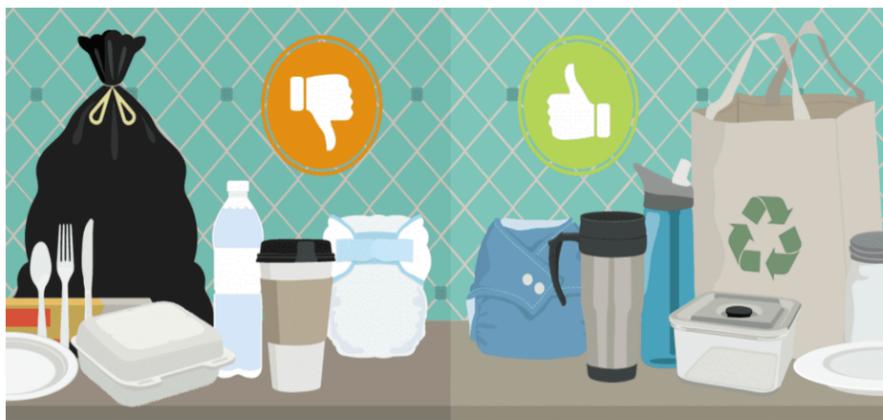
Down With Plastic!

By Evan Zgurzynski

Single use plastic water bottles are no more in CSH Jr/Sr High School. This is part of a greater trend spreading across Long Island with non-reusable plastic water bottles being replaced by safer, more environmentally conscious bottles; our school has taken this first step toward becoming a plastic-free school by removing the traditional non-reusable plastic water bottles from our school's cafeteria. This initiative comes thanks to the efforts of the the CSH Environmental Club--led by Ms. Oshan and Club President Ryan Lee--both to raise awareness and prevent harmful plastics from entering our school.

Toward the end of last year, Environmental Club members gave a presentation at a Board of Education meeting, explaining why they believed the plastic water bottles needed to be replaced. At this meeting, they discussed how our schools' plastic water bottles were harming our students and solutions to the problem. Besides this, club members contacted local recycling plants and emailed and met with the Board of Education. These actions have culminated in the replacement of single-use plastic water bottles in the cafeteria with cardboard boxes that pose significantly less risk to both the environment and developing teens.

The plastics used in the old bottles contain harmful chemicals such as BPA and phthalates. These chemicals have been proven to block hormones and disrupt reproductive health. Additionally, they can increase a person's risk for developing diabetes, thyroid issues, and cancer. Despite these hazards, single-use plastic bottles are sold nationwide and seemingly everywhere. According to The National Institute of Health, the average American consumes roughly fifty-thousand particles of plastic a week--and that's a low-ball figure. As a result, the new cardboard containers, which are one hundred percent recyclable and are completely free of harmful materials like BPA and phthalates, are rapidly spreading across the country as a substitute for their plastic counterparts.



The following is an interview I conducted with Environmental Club President Ryan Lee:

EZ: "How long have you been in the Environmental Club?"

RL: I joined two -- almost three -- years ago."

EZ: What made you join the club initially?"

RL: "I've always been interested in the environment, and the lack of environmental activities in the school forced me focus my efforts on Environmental Club."

EZ: Appealing to the school board to get rid of the single-use plastics in our school's cafeteria has got to be one of our greatest accomplishments. How do you plan to follow that up?"

RL: "While getting rid of the plastic bottles was definitely a huge accomplishment, we plan to go beyond that with alternative sources such as metal bottles. We're already working on manufacturing designs and gathering student consensus on different designs and shapes."

EZ: How do you plan to fund these?"

RL: Mostly from donations and the funds we receive from the school. But we also have charity events such as the polar plunge. Attendance isn't required, but it's for a good cause, and it really helps us to keep working toward our goals."

EZ: "That sounds great! Those are all the questions I have for now. Thank you for your time."

RL: "Of course. No problem."

The club's efforts, emphasized by Ryan Lee's optimistic view, display the club's commitment to improving our school. Their continued effort toward removing plastics from our school, whether through the removal of plastic bottles or plastic utensils, shows that they want to make a difference --and they are doing just that. That's more than most of us can say. The CSH Environmental Club shows no signs of slowing down; rather, they are currently attempting to collaborate with other clubs in our school to spread their efforts. The club persists in moving forward in its mission.

The CSH Environmental Club's efforts over the past few years are beginning to create cracks in our school's status quo. The single-use plastic water bottles that were used for so many years have been removed from our school's cafeteria. This isn't just a school project though; the club's ultimate goal reaches far beyond just our school and into our community--and those beyond it.

HALLOWEEN AT THE HARBOR

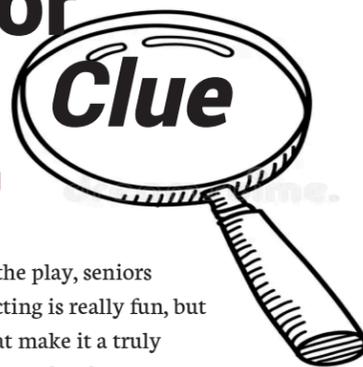


Photo Credits: Christine Oswald

Drama REVIEW

by Leena Dagly

The Cold Spring Harbor Drama Club Shines in *Clue*



From the moment the lights dimmed, laughter and suspense filled the Performing Arts Center as the Cold Spring Harbor High School Drama Club brought *Clue* to life on November 7th, 8th, and 9th. Directed by Mr. Santangelo, the play was inspired by both the classic board game and the 1985 Jonathan Lynn film. A longtime fan of the story, Mr. Santangelo shared, "I really enjoyed hearing the students' interpretations of the lines and finding the jokes. We often found ourselves laughing at the jokes ourselves in rehearsal!"

Written by Sandy Rustin, the play opens on a stormy night, immediately setting a mysterious tone as the doorbell repeatedly rings to introduce the main characters. One by one, the guests arrive: Colonel Mustard (Michael Labuda), Mrs. Peacock (Sasha Kleinberger), Mr. Green (Sunny Brizuela), Miss Scarlet (Sayla Kleinberger), and Professor Plum (Sarah Thatcher). All are greeted by the witty butler Wadsworth (Charlotte Wells). Throughout the show, the audience is kept on the edge of their seats, guessing the identity of the murderer.

The lighting, stage design, and acting were spot on. Everyone in the audience agreed that the personalities were executed perfectly: Sasha Kleinberger as Mrs. Peacock carried an energy that was a fan favorite, and Yvette (Harper Benvenuti) impressed us with a perfect French accent. The costumes, designed by Carmela Newman, perfectly matched each character's personality and elevated the performance overall.

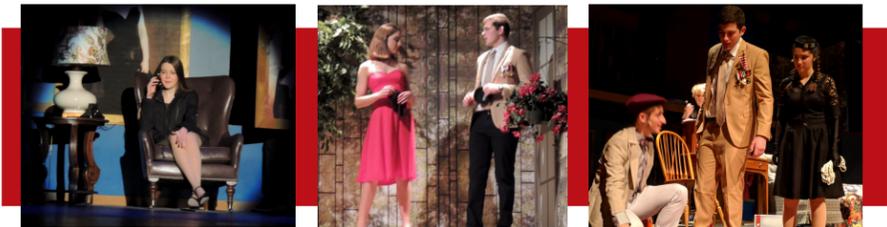


Photo Credits: Island Photo



When asked about their experience preparing for the play, seniors Sunny Brizuela and Sarah Thatcher shared, "the acting is really fun, but it is the community and the people we act with that make it a truly unique and enjoyable experience." The cast spent countless hours memorizing and reciting lines, rehearsing choreography, and perfecting their gestures. It was a huge undertaking and commitment, with some rehearsals running as long as five hours! It was clear that the actors were extremely skilled and well-practiced.

The set design was another standout element of the production. With eight different rooms, the audience felt fully immersed in the mansion and were able to appreciate the great detail that went into the set design. When asked who came up with the creative layout, Mr. Santangelo responded, "I am always most impressed by productions that have little or no time for scene changes, and this is how we achieved it! I found that another high school had used a similar design, and working with Mr. Thompson, we made it happen. It was Mr. Thompson's engineering prowess that made the vision a reality."



Other clever effects, such as the slow motion scene and the reversing effect, made the production seem more dynamic and almost like a movie. Audience members definitely agreed that the set was impressive and allowed the story to flow naturally from beginning to end. One of the most memorable moments was Wadsworth's recap of the evening's events, as he carefully retraced the steps leading up to each murder. The performance was humorous, light, and exquisitely executed-- a perfect conclusion to the play.

Overall, *Clue* was a lively and entertaining production that highlighted the Cold Spring Harbor Drama Club's talent, dedication, and passion for acting. From the intricate set design to the distinct and memorable characters, the play kept the audience laughing, engaged, and guessing until the very end. Mr. Santangelo expressed his gratitude saying, "We sold a record number of tickets for the fall drama this year, and we couldn't have done it without all of you!"

A Night to Honor the Language Students! by Alexa Torrey



An exciting night for the senior language students took place on October 29th, 2025 as they were inducted into The National French Honor Society and the National Spanish Honor Society.

Congratulations! written in their foreign language about their personal experience learning the language and how it has impacted them.



The National French Honor Society and the National Spanish Honor Society were created to reward and acknowledge the efforts of high academic achievement in language study. In order to be in these language honor societies, students must maintain grades of A- or above, continue foreign language studies for their entire senior year, and submit a 150-word essay

At the induction, students and attendees heard from former student Anna Fernandez who gave an insightful perspective on the presence of world languages in the real world, and specifically Spanish in the workforce. After her speech, students were called up to receive their cords, which they will wear on graduation day, and shake hands with the language teachers. Once seated again, the French students recited the National Anthem in French and the French Honor Society Pledge, and the Spanish students recited the National Anthem in Spanish and the Spanish Honor Society Pledge.

Additionally two students, one who takes Spanish and one who takes French, were chosen to light the candles. This year Sawyer Cooper was the Spanish Honor Society representative and Graham Lynch was the French Honor Society representative.

Applause was heard round the auditorium as the Language Honor Society students were officially inducted! All inductees should feel so proud as this is an amazing honor!

CSH CONNECTIONS

- THINGS ASSOCIATED WITH HALLOWEEN: ORANGE, CANDY, TRICK, MASK
- SPHERICAL OBJECTS: MARBLE, BASKETBALL, BUBBLE, PLANET
- WORDS THAT MEAN REVENUE: TAKE, RECEIPTS, PROFIT, HAUL
- _____ UP CATCH, PONY, BOTTOMS, GIVE

puzzle answers:

GUESS WHO



TEACHER EDITION
???????????

BACK IN THE DAY

Allison Halloran

Michelle Lempenski

Joe Monastero

Chris Phelan

WHEN WE WERE IN HIGH SCHOOL



POET'S Corner & Grok

Love's Embrace

By Jason Fink

Knowing you're loved is a cozy space--
Relaxing on a velvet sofa,
Lying in a bed of silk,
Nestled in soft cotton blankets,
Breathing deeply,
Wrapped in peace.

Grok, the senior high literary magazine club, is looking for new members.

Join us on Mondays in H-16 to read and talk about student creative writing and art, and try your hand at some of your own writing if you feel so inspired! See Ms. Henry with questions.

Nightmare on **Main Street**

By Adeline Rodriguez



The Huntington Arts Council, located on Main Street in Huntington Village, is an art gallery that has an annual exhibit for student artists in grades 6-12. Students from any school district are welcome to submit work, and students at Cold Spring Harbor had the opportunity to have their work displayed in the gallery. Art teacher Ms. Cirino asked her students to follow the Art Council's prompt: "Using the medium of your choice, create an artwork that portrays a scary story." Some created sketches using only pencil while others used mediums like acrylic paint and watercolor to create their artwork. The artwork of several students was then selected by Ms. Cirino to be submitted to juror Isabella Fernanda of the Huntington Arts Council for possible display in the gallery. The pieces by two CSH students, Alice Wei and Leah Bjerneby, were chosen by Fernanda to be exhibited in the gallery. If you would like to go see the impressive pieces created by our fellow students and many others, visit The Huntington Arts Council website (huntingtonarts.org), click on the "Programs" menu, choose "Gallery Programs," and then find the "Nightmare on Main Street" exhibit in the "Past Exhibitions."



By: Anna Herzig & Isabel Hodarkovsky

Season's Spotlight

Introduction into our column:

In our seasonal column we share with you the highlights of each season, and how to add some fun and inspiration to it. If you see something you like, feel free to share it! We love sharing our advice with the community, and we hope you can benefit from these helpful tips & ideas!

Getting in the Fall Spirit!

Fall simply isn't fall without cozying up on the couch with a warm blanket and watching movies of the season. Immerse yourself in movies such as *Harry Potter and the Sorcerer's Stone*, *Hocus Pocus*, and *Practical Magic*. Take a trip to Starbucks and pick up a Pumpkin Spice Latte that's sure to bring a kick to your day. To add some fall spirit to your home, decorate your porch with mums and haystacks.

Fall Flavours

This recipe has been passed down in Anna's family for a few generations, and she is excited to share this sweet and simple recipe with you!

Homemade Apple Crisp

Ingredients:

*4 cups of sliced apples (make sure they are tart), *1 cup of Sugar, *½ cup of Butter, *½ teaspoon of Salt, *¾ cup of flour, *1 teaspoon of cinnamon

Directions:

Slice apples and place them in a buttered 9 x 9" square pan and sprinkle with salt. Combine sugar, flour, cinnamon, and butter in a separate dish until mixture becomes light and crumbly. Spread over apple slices in the pan and bake at 375 degrees for 45 minutes.

Fall Fashion

As fall is ushered in through the changing leaves and cool autumn air, it's time to get all bundled up in the cozy fall outfits we all know and love. To compliment your outfits with a sense of style for the coming season, throw on a warm knitted sweater with a pair of jeans to match. Dress in dark greens, reds, whites, crimsons, and browns to give your outfit a touch of fall. Add a light brown puffer vest on a cream top to keep cozy. As for footwear, look for converse sneakers, boots, or, our

personal favorite, UGG's. UGG's have a broad selection of footwear. Whether you're searching for a warm pair of boots or a pair of slippers, they will always spice up any autumn outfit.

Fall Fun—activities to enjoy

Take advantage of the fall weather by going pumpkin or apple picking together with your family, and bring home your favorites to make a tart pumpkin or apple pie. If your backyard has a lot of scattered leaves, use them! Make the biggest leaf pile you can, and don't hold back to make a running dive into the pile. Fall is also the best time of the year to go hiking. The weather isn't too hot or too cold, and there's always a smell of fresh leaves in the air. Take the opportunity to go on a hike with your family or friends; there's a trail next to the CSH library that is immersive in nature and has a lot of fun trails to experience.



Mantra of the Month

By Juliette Barry

This month's mantra is "Gratitude multiplies everything good in my life." During the holidays we've enjoyed time with those we most love, and as we embark on a new year, it is the perfect time to reflect on all the amazing things we have that others may not be as fortunate to experience. Practicing gratitude reminds us to appreciate our good fortune and consider how we can give back to those around us. To help ourselves remember and recognize what we have to be thankful for, we can practice daily reflections to think about specific blessings in our lives. It's important to take a few minutes each day to think about the specific people, activities, moments, and opportunities that make our lives better. Keeping a gratitude journal is a great way to accomplish this. Kind actions towards others, like thanking somebody who's helped us, or giving back to the community through volunteering, are another way to express gratitude. Consider continuing your donations to food banks throughout the year or help organize a drive at school. Small acts of kindness can go a long way and can even inspire others to do the same. As the mantra says, showing gratitude can make everything in your life better. By actively focusing on appreciating the positive aspects of our lives, we are more likely to notice, experience, and attract more positivity. This month, take time to reflect and spread gratitude, it might make your new year even better!

