



Students Safe After Tragedy Close to Campus

By Kyle Holland

On October 1, Ryan Senko, 22, bought a firearm. Senko made threats against his own life and the life of his ex-girlfriend, then his mother went to state police with a mental-health warrant for her son.

According to a news release by State Trooper Stephen Limani, Senko was “actively seeking [his ex-girlfriend].” Senko showed up at Westmoreland Mall, where his ex-girlfriend works, and demanded to see her. Senko’s ex-girlfriend currently resides in Selene House.

Senko was headed to Pitt-Greensburg when he was seen and followed by campus police. Limani stated, “the pursuit started at The Pitt at Greensburg Campus located off Mt. Pleasant Rd.,” which is one-half mile from campus. Campus police let



Used with Tribune-Review permission: Police tape off crime scene on Quarry Street on October 1, 2014.

authorities know where he was. State troopers got involved in the chase, and campus police returned to Pitt-Greensburg.

The chase lasted approximately 15

minutes and ended at Quarry St., near the suspect’s home. Senko fired at police, then committed suicide. There were several bullet holes in the windshield of a police car. Senko is

survived by his two parents and his brother, who goes to Pitt-Greensburg.

Pitt-Greensburg President, Sharon Smith, said, “we just want to wrap our arms around everyone who’s feeling the grief. Believe me, we were all devastated when it ended the way it did.”

At 5:30 p.m., a police officer informed Jake Giffen, the community assistant (C.A.) of Selene House, what the situation was. “State police were walking around parking lots around Academic Village,” Giffen said. “They walked until around 10 p.m.”

A friend told Jessica Marburger, a student-resident of Selene House, what the situation was. “There should have been an alert to have people stay in their rooms,” Marburger said. “I’d

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Pitt-Greensburg’s Enrollment Drops with Oakland’s Transfer-G.P.A. Requirement

By Kevin Scrima

Pitt-Greensburg’s enrollment severely dropped this fall compared to the last academic year, from 1,677 to 1,587 (a loss of 99 students) after the “add/drop” period for this year. Other campuses’ enrollment numbers, including the regional campuses, have dropped as well. What could possibly be the problem?

At the end of the summer, even Pitt-Oakland was threatened with not meeting its enrollment criteria. In response to this problem, administration made a “last-minute

fix to meet their numbers,” Mr. Zidek from the admissions department said.

The fix involved lowering the required grade point average (G.P.A.) for transfer students from 3.0 to 2.5, and as a result, the Pitt-Oakland campus was able to meet its enrollment criteria by allowing students with a lower G.P.A. to attend.

“Oakland’s move hurts us because it took students away from us, and it helps Oakland out because it wasn’t meeting its numbers,” Mr. Zidek said. “Its website still reflects a 3.0

requirement, but we have found out through the admissions office in Oakland that the G.P.A. requirement did indeed lower to 2.5 for the fall.”

By not reflecting the GPA change on their website, it is implied that the admissions staff don’t want to reveal that they sacrificed their previous GPA standards (and their integrity) for more students, and in extension, more money.

This move, along with many other factors, affected the lowering enrollment numbers of Pitt-Greensburg. The enrollment goal Oakland sets for Pitt-Greensburg is 1,750, which hasn’t been met since 2011, when the enrollment number was at the high of 1,846.

The required G.P.A. for incoming transfer students at Pitt-Greensburg is 2.25. Since the G.P.A. requirement was lowered for the Oakland campus, transfer students were able to bypass regional campuses.

Mr. Zidek spoke about the specific numbers of last year’s and this year’s transfer students. Last year, there were 141 transfer students who paid

the \$100 deposit to enroll in classes, and out of those students, only 124 actually enrolled. This year, there were only 102 transfer students who paid the \$100 deposit to enroll in classes, and only 91 of those actually enrolled.

Mr. Zidek mentioned three main factors that relate to low student enrollment: the number of students in the incoming class, the number of students retained, and the number of students who graduate. He gave a general idea of how well Pitt-Greensburg is doing with these three main factors: “this year, we were able to bring in a larger number in the freshman class. We did have a larger graduating class this year. I also know that our retention rate is on the low side.”

These low enrollment numbers result in lower revenue from student fees and activity fees. Pitt-Greensburg commonly hosts a \$30,000 concert once a year, and because of the low enrollment numbers, there will be no concert this year.

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A Pitt-Greensburg Alum is battling a rare form of liver cancer. She needs all the help she can get.

Check out our online site at insiderupg.com for more information on how to help Alum, Michelle Bonnice Detore fight liver cancer.

Pitt-Greensburg Police Blotter

Thursday, September 11

9:30 a.m. —Pitt police issued a citation for forcible rape and a violation of liquor laws that occurred off-campus. A resident female student reported a sexual assault at an off-campus, private residence by a known acquaintance who is not a Pitt student. The investigation continued.

Friday, September 12

1:00 p.m. —Pitt police issued citations for assault and disorderly conduct. A female student reported harassment from an ex-lover who is a non-student. Ryan Michael Senko was arrested and charged with harassment and harassment by communication. A persona non grata was issued.

Saturday, September 13

2:34 p.m. —Pitt police issued citations for a violation of liquor laws at Robertshaw. An underage resident-student was found to be consuming and in possession of an alcoholic beverage and was arrested and charged with underage drinking.

Tuesday, September 16

3:30 p.m. —Pitt police issued a citation for vandalism at the College Hall on the third floor at the study room. Maintenance personnel report a t-shirt having been stuffed into a vent, which then became trapped in a blower motor. There was no damage, and investigation continues.

11:34 p.m. —Pitt police issued a citation for assault. A resident-student reported harassment from another resident-student at Westmoreland Hall. No contact orders were issued. The case was closed.

Wednesday, September 17

5:00 p.m. —Pitt police issued a citation for other offenses. A resident-student reported having been unknowingly recorded by roommates. The victim refused prosecution. The incident was cleared.

Thursday, September 18

11:50 p.m. —Pitt police issued a citation for other offenses. The C.S.A. reports a student under the legal age of twenty-one possessing alcohol in a residence hall. The case was cleared.

11:52 p.m. —Pitt police issued a citation for weapons. A non-student was found to be in possession of a firearm inside a residence hall at the University Courts. A non-student was banned from campus indefinitely. The case was closed.

11:52 p.m. —Pitt police issued citations for disorderly conduct, drunkenness, a violation of liquor laws, and sex offenses at the University Courts. A resident-student was found to be in possession of drug paraphernalia. Another resident-student was found to be underage and under the influence of alcohol. Two non-resident, non-students were found to be under the influence of alcohol. One resident-student was arrested for disorderly conduct, and the other was arrested for underage drinking and public drunkenness. The two non-students were arrested for underage drinking. All of these activities occurred in a residence hall.

Monday, September 22

12:04 a.m. —Pitt police issued a citation for disorderly conduct and other offenses at the University Courts. A "persona non grata" non-student was found to be in a residence hall and was arrested for defiant trespass.

Saturday, September 27

11:06 p.m. —Pitt police issued citations for disorderly conduct, larceny-theft, stolen property, vandalism, and other offenses. A resident-student reported items stolen from a car, headlights left on in the vehicle at Powers Lane. Investigation continued.

Sunday, September 28th

1:05 a.m. —Pitt police issued citations for disorderly conduct and a violation of liquor laws. Resident-students were found to be in possession of small amounts of marijuana and paraphernalia. Charges were pending.

Tuesday, September 30

12:10 a.m. —Pitt police issued citations for drug abuse, sale, and possession. A resident-student at the University Courts was found to be in possession of small amounts of marijuana and marijuana paraphernalia. Investigation continued.

Thursday, October 2

3:30 p.m. —Pitt police issued a citation for disorderly conduct. A resident-student was found to be smoking marijuana in a residence hall and was arrested.

12:18 a.m. —Pitt police issued citations for violations of liquor laws and other offenses. A resident-student was found to be in possession of marijuana paraphernalia at the University Courts and was arrested.

Friday, October 3

10:45 p.m. —Pitt police issued citations for disorderly conduct and violation of liquor laws. Resident-students were found to be possessing marijuana and marijuana paraphernalia, providing alcohol to underage persons, and underage drinking. Charges were pending.

Tuesday, October 7

5:48 p.m. —Pitt police issued assault charges to a resident-student who was harassing another resident-student at the University Courts.

THE INSIDER

The Insider is a student-written and run newspaper serving the University of Pittsburgh at Greensburg campus.



Contact Us

122 Village Hall
150 Finoli Dr.
University of Pittsburgh at Greensburg
Greensburg, PA 15601

Phone: 724-836-9896
(T/H 2:30-3:45)
Facebook: facebook.com/insiderPA
E-mail: UPGInsider@outlook.com
Twitter: twitter.com/upginsider
Web: InsiderUPG.com

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"My childhood friend has recently started dating a new guy who I don't get along with. I've noticed the closer she gets with her boyfriend, the more distant she gets with me. How can I prevent us from losing our friendship?"

-Concerned Friend

Dear Concerned Friend,

I speak from experience. In time, your friend will realize her mistake. Their relationship is new and exciting, so her decisions are jaded by emotions.

Be a good friend and support the relationship, even if you do not like her boyfriend. If she is happy, you should be happy for her. Refrain from making snide remarks about him or their relationship. She will become defensive. Trying to pull them apart will bring them closer together. Trust me.

Understand, their relationship is not your relationship. Your friendship does not depend on their relationship. Ask her if she could set aside time for the two of you. For example, make an agreement for her to spend Friday nights with you, Saturday nights with him.

If you fear your friend's mental or physical well-being, talk to her first. Explain why you are concerned. Do not jump to conclusions and insist she break up with him. If it is an abusive relationship, she might be afraid to end it. Be clear you want to help and support her decisions and actions. Are you concerned you, a friend, or a loved one is in an abusive relationship? Recognize the signs and find help. Visit respectislove.org

Sincerely,

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Students Safe After Tragedy Close to Campus

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rather be nervous in my room, knowing what's going on, than [outside] not know what's going on."

The Clery Act states, "schools must immediately alert the campus community of a 'significant emergency or dangerous situation involving an immediate threat to the health or safety of students or staff occurring on campus.'"

"We decided not to send an emergency notification to the students," Smith said. "I have to make that decision, based on the advice of our security people. The threat was not directed against the campus, and there are certain risks and other consequences when you issue an emergency notification. First of all: Will students get it? Everybody has cell phones, but if you're in a dead zone, you don't get it. If students get it, will they follow the instructions? . . . Will you have 200 parents at the gate trying to take their child home? So we decided, because the threat was not directed against the campus, an emergency notification was not necessary."

Chief Dale Blasko was in direct communication with President Smith during the incident. He helped to inform her of updates and advise her in the situation.

Blasko stated, "it was reported that the young man had experienced some extreme distress" and that Senko "apparently made threats against himself and others."

When asked if he knew who the people were that Senko had made threats against, Blasko said, "No. That was a very serious unknown question."



Photo of suspect, Ryan Senko—courtesy of the Tribune Review

When asked if he knew whether Senko had a firearm with him, Blasko said, "Yes. We believed he had a firearm."

Ryan Senko had been charged with harassment and harassment by communication, on August 27, 2014, at 1:00 p.m., at Selene House. The police log states, "female student

reports harassment from ex-lover, who is a non-student. Ryan Michael Senko. Persona non grata issued." When a persona non grata is issued, that person is not allowed on campus.

Blasko was asked if knowing the facts that the suspect was issued the "persona non grata" status, that this person had a firearm, and that he previously harassed a student—his ex-girlfriend at Selene House—in addition to the fact that he made threats against his own life and others, would constitute a "dangerous situation." Blasko stated, "A dangerous situation [was] wherever the young man was."

When asked if he felt Senko's presence would have presented a "dangerous situation" to campus, Blasko said, "[w]ell, had he come to campus, yes."

"We know, for fact, in general, that when people are stressed and intend to commit suicide, they can, in fact, injure other people as they try to kill themselves," Smith said.

Smith went on to say, "[we wanted] more police officers of our

own and the state police there, as well. More eyes. Not guns. Eyes."

There were state troopers outside Selene House, acting as sentries, police cars positioned at the entrances to campus, and police patrolling on foot.

Blasko said, "I would like to tell Pitt-Greensburg campus that nobody is more cognizant of safety than I am."

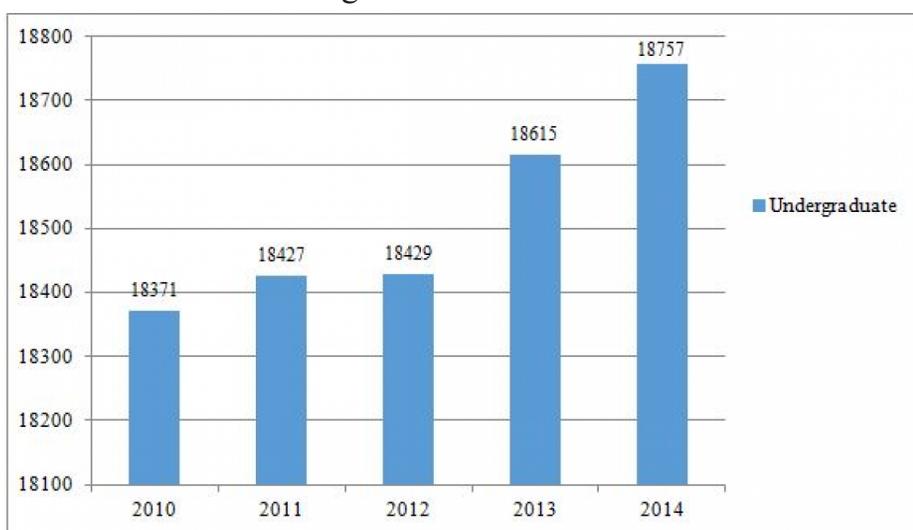
I don't believe that safety was compromised for a minute on October 1. I was here personally to see to it that it wasn't compromised. It was not."

President Smith wanted the campus to know that counseling has been made available to all students. "Everybody handles things differently," she said. "There may be other students on campus who knew him. And the natural feeling after this is to feel guilt, when there shouldn't be. You think, 'if only I'd said hello,' or 'if only I'd said, 'How are you doing?'" You want to make it better, and you can't make it better, and that's the most tragic thing of all."

Pitt-Greensburg's Enrollment Drops with Oakland's Transfer-G.P.A. Requirement

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Pitt Oakland's Undergraduate Enrollment from 2010-2014



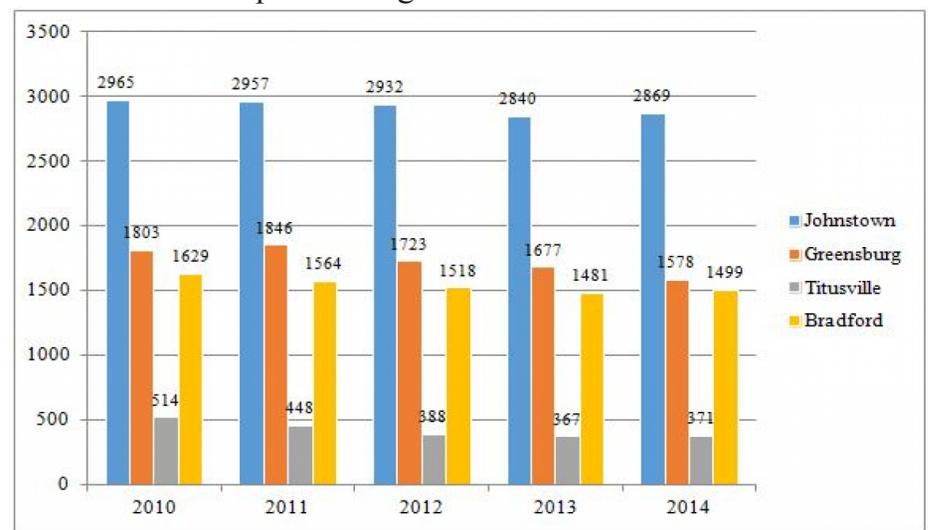
Graph shows Pitt Oakland's Enrollment Numbers from 2010-2014. The numbers for 2014 are unofficial.

"The student clubs are more important than the concert," said Al Thiel, the Director of Student Activities. A tough choice was made between either hurting the funding for student clubs and activities throughout the year or having the one-night concert.

Further, 70 Pitt-Greensburg students

relocated to main campus, either to finish their program there or to be at an environment more to their preference. Also, Westmoreland County Community College (W.C.C.C.) enrollment is down from last year, Mr. Zidek said, based on a counselor there who used to work for Pitt-Greensburg.

Pitt Branch Campus Undergraduate Enrollment from 2010-2014



The Branch campuses enrollment numbers from 2010-2014. The numbers for 2014 are unofficial.

WCCC is the number-one feeder school for Pitt-Greensburg when it comes to transfer students; if their enrollment numbers go down, then so do Pitt-Greensburg's. The Community College of Allegheny County (C.C.A.C.) is Pitt-Greensburg's second-biggest feeder school when it comes to transfer

students, and its enrollment numbers declined by more than five percent.

But it's also important to keep in mind that Pitt-Greensburg, like the other regional campuses, is a feeder school for the main campus. "The history of the campus," Dr. Wes Jamison, the Vice President for

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Letter from the Editor

Let me first say that we're all excited to have a newspaper on campus again. If you haven't been to the website, check it out. It's InsiderUPG.com. Enjoy it. Learn from it. Prosper by it. Become a better person because of it.

Did you know that the G.P.A. needed to transfer to Oakland is 2.5, even though it's advertised at 3.0 on Pitt's website? We thought that was pretty weird. Oakland is siphoning Greensburg's students, but the

lowered-G.P.A. requirement may work out to your advantage. Read Kevin Scrima's article on Enrollment to get more information.

We'd like your input on the way administration handled the incident on October 1. Do you think they did a good job? Do you think an emergency notification should have been sent? Let us know on the website, or email UPGInsider@outlook.com. We want to know what you think.

It's also important to note, in regards to the recent incident, that our campus community includes relations to the person who died. It's important to respect their grieving process and understand what they're going through. It's easy to talk about something when it doesn't involve you, but remember that it does involve other people.

Since this is our first printing, we want to know if there's anything else you'd want to see in the paper. More

sports? More campus events? More pictures and fewer words?

This is your paper, and we are here to accommodate you: the student body. If you have any suggestions on how we can improve your paper, let us know.

-The Insider Staff

Six Shows to Binge Watch This Season

By Christy Walters and Michelle Boring

If you find yourself avoiding that 10-page essay and don't have someone's Netflix password, check out these six shows.

1. Once Upon a Time



Season Four Poster for Once Upon a Time- courtesy of ABC Studios and IMDB.com

Anna and Elsa have entered the town of Storybrooke Maine, and I couldn't be happier. I knew this season was going to be "Frozen" themed, so I binge-watched seasons one through three, over the summer, and I was not disappointed. I am now thoroughly invested, and this show is feeding my "Frozen" obsession. Anna is missing, there's another snow queen in town, "the idiot of the Southern Isles" is back, and Regina just might get her happy ending with Robin Hood. Plus, I've seen Captain Hook in a completely new (and attractive) light, and I'm impatiently awaiting the episode where he and Emma officially become a couple. *Airs on ABC Sunday nights, at 8 p.m.*

2. Castle

Last season of "Castle" ended on a cliffhanger, literally. Richard Castle, best-selling mystery writer and fiancé of N.Y.P.D. Homicide Detective Kate Beckett, was run off the road and over a cliff on the way to her wedding. We don't know who ran him off the road or why they did it. Castle was found, two months after his accident, in the middle of the ocean, and he doesn't remember anything that happened to him. There's obviously more to this than Castle's having amnesia. It's a cliché, and Castle, the master of crazy theories, doesn't do cliché. There's nothing like a brand new (or possibly old) foe and a twisted plot to keep people coming back for more. *Airs on ABC Monday nights, at 10 p.m.*

3. Dancing with the Stars

I actually hate myself for watching this show. Every season, there is one dancer that captures my attention. This year's lineup is Jonathan Bennett, Tommy Chong, Randy Couture, Betsey Johnson, Lolo Jones, Bethany Mota, Janel Parrish, Alfonso Ribeiro, Sadie Robertson, Antonio Sabato Jr., Tavis Smiley, Lea Thompson, and Michael Waltrip. Sadie Robertson, from A&E's show "Duck Dynasty," seems to be the sweetheart this season with her impressive dance moves and daddy-approved outfits, but secretly, the real star is Alfonso Ribeiro (Carlton from Fresh of Bel-Air), who did the "Carlton Dance" in his performance one week. *Airs on ABC Monday nights, at 8 p.m.*

4. Chicago Fire

I only started watching Chicago Fire because I liked Jesse Spencer on "House." Three seasons later, I'm still tuning in every week. There's drama in every episode, and there's always gross things happening, like bones sticking out of bodies, making me question my sanity for enjoying such a show. I think this season is the most intense so far because we've already had one character death, one broken engagement, and two people changing jobs. I'm eagerly waiting for Tuesday nights and secretly hoping Casey and Dawson don't actually get married. *Airs on NBC Tuesday nights, at 10 p.m.*

5. The Voice

I didn't think I would be watching "The Voice" this season. Everyone seems to sound the same (the girls all sound like Ellie Goulding and the guys all try to sound like either Adam, Blake, or Usher), and, as my roommate Marissa Fiedler puts it, "I think they've found all the talent they can find." Enter Chris Jamison, a 20-year-old Pittsburgh kid from the North Hills. Finally, here's a hometown kid to root for and someone who can actually sing. Plus, he picked Team Adam Levine, so I'll have no problem rooting for him, no problem at all. *The Voice airs on NBC Monday and Tuesday nights at 8 p.m.*

6. The Walking Dead

Zombies. I watch this show of the zombies, and although, I appreciate

a good story line, I want a lot of gross, decaying zombies. The first season grabbed me, the second kept me, and the third and fourth disappointed me. The start of the fifth season redeemed the show with cannibals, explosions, and fire-face-eating zombies. Rick is back to being a bad-ass, protecting the people he loves by ripping out throats with his teeth. Speaking of bad-ass, did you see Carol smearing dead zombie all over her face and blowing the zombies? *Walking Dead airs on AMC Sunday nights, at 9 p.m.*



Season Five Poster for The Walking Dead- courtesy of AMC

Can't Binge-Watch Netflix?

Check out these new shows premiering this fall:

How to Get Away with Murder -- *ABC Thursdays at 10 p.m.*
 Scorpion - *CBS Mondays at 9 p.m.*
 Selfie - *ABC Tuesdays at 8 p.m.*
 Gotham - *FOX Mondays at 8 p.m.*

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Academic Affairs, said, "is to be a feeder campus for Oakland."

"The regional campuses have a different market compared to Oakland," Dr. Jamison said, "so it's hard to compare them." When asked about the specifics of losing funding, Dr. Jamison said a rough estimate would be a loss of \$6,000 to \$7,000 per student; so if we lost 70 students, such as we did with relocation students, that loss would be anywhere from \$400,000 to \$500,000. "If the enrollment doesn't go up," Dr. Jamison said, "then Pitt-Greensburg doesn't get all the dollars."

And enrollment is going to need to go up so Pitt-Greensburg can pay Oakland back the one-million dollars owed. "The campus budget is augmented when enrollment increases and reduced when enrollment decreases," Dr. Jamison said. "The million dollars represents the calculated reduction over a period of several years." But that is not

necessarily the number that the provost will ask the campus to pay.

It's important to keep in mind that the tuition supports the other campuses—including the libraries, lawyers, computing, provost—because they have no independent income, unlike room and board, that funds itself, so it's not mixed with tuition money. Student activities are apart from the curriculum. In other words, the lower budget is not taking away anything from the school's curriculum.

"The budget is not settled," Dr. Jamison said, "so it's unclear on how much money we have to spend. We have to make cuts, but we don't know how bad."

"[The] budget is tight this year," Meena Gella, the President of the Student Government Association, S.G.A., also mentioned.

Dr. Jamison said that there are about 1,529 full-time equivalents, which is a calculated value from

1,477 full-time students + (105 part-time students *.40), because part-time students account for four-tenths of one full-time student. Pitt-Greensburg considers the number of freshman students that they recruited to be a success, but the number of transfer students to be lacking. And when students relocate to main campus, it's a challenge for the admissions office to replace them.

And because of these low enrollment numbers, The University of Pittsburgh and its campuses increased their tuition price over the summer, main campus's rising by 3.9 percent and the branch campuses' rising by two percent, except for Titusville—its tuition price is frozen at \$10,544.

This means that Pitt-Greensburg's tuition price increased by \$119 per semester, with annual tuition rising to \$12,452 for in-state students and \$23,268 for out-of-state students.

However, there is an "other" fee,

of \$920, which increases the in-state price to \$13,372 and the out-of-state price to \$24,188. If students choose to live on campus, room and board costs an additional \$9,260.

Collegecalc.org reports that the in-state tuition price is "95 percent more expensive than the national average public four year tuition of \$6,256" and is "48 percent cheaper than the average Pennsylvania tuition of \$23,301 for 4-year colleges," but it "ranks 21st in Pennsylvania amongst 4-year colleges for affordability and is the 115th most expensive 4-year college in the state."

So with the loss of about \$400,000 to \$500,000, if not more, with the 99-student reduction, and with Pitt-Greensburg's owing Oakland one-million dollars, part of the student experience, both present and future, is at stake.

A small portion of the Pitt-Greensburg students' experience is sacrificed to feed Oakland.

Local Chiropractor Heals Patients, Forges Relationships

By Barb Stern

Dr. Brian Moreland, Pitt-Greensburg '98, is not a typical doctor. Whereas most doctors focus on physical symptoms, Moreland looks for possible underlying psychological issues. While many doctors protect their turf, Moreland builds bridges between his specialty of chiropractic medicine and traditional medicine.



Alum, Dr. Brian Moreland, courtesy of Dr. Brian Moreland.

1. What made you decide to attend UPG?

I spent my first two years of college at Pitt-Main. Being in the city, I missed the country. I was shy back then. I didn't go out much. Also,

living in Greensburg would allow me to work while I attended school. I worked at Masso's Medical Supply, mostly in customer service.

2. What made you choose Psychology as a major?

I wanted to have a B.S. so that I could go on to chiropractic school. Psychology interested me because I liked the faculty. Deborah Evans-Rhoades inspired me a lot. I served as her teaching assistant. Diane Marsh and Dan Millberg also inspired me. I enjoyed the coursework and I had outstanding faculty.

3. How does your background in Psychology help you as a chiropractor?

There is more than a physical component to pain. My background in Psychology allows me to understand patients' pain. It makes me a better doctor in that I recognize other issues. I am more attuned to underlying causes. I can refer my patients to counselors.

4. What made you choose chiropractic medicine over traditional medicine?

I started out with a pre-med curriculum. Once I started

investigating the differences in lifestyles, I knew at some point I wanted to have a family. Working sixty to eighty hours a week would not allow me to spend as much time at home as I wanted. Chiropractic medicine allowed me more opportunities to set my own hours. Also, as a doctor in private practice, I develop my own business and determine my own success.

When I was young, I suffered from terrible allergies to freshly cut grass. I went to a chiropractor. After the first treatment, those allergies were alleviated. I saw chiropractic medicine in action.

5. What are the differences between traditional medicine and chiropractic medicine.

As a chiropractor, I seek to find the underlying cause of people's problems and fix that cause. Traditional medicine provides medicines to minimize the symptoms and often overlooks the root cause. For example, if somebody has bad back spasms, a PCP would prescribe painkillers and muscle relaxers. The reason for that spasm can be an irritated nerve. My approach

identifies where that irritation is. I adjust the bone. Basically, the body heals itself.

I have good working relationships with most local medical professionals. I get referrals from them. Traditional medicine has limitations, as does chiropractic medicine. Chiropractic medicine compliments traditional medicine. We can co-manage back pain. Each of us heals a different component. We work hand in hand.

6. How/Why did you become involved in the Pitt Greensburg Alumni Association?

Because I was a commuter, I wasn't that involved on campus while I was a student. My affinity for Pitt came later. I realized what a gem we have. We are extended family here. We have over 1,000 students, but we still have a very intimate campus.

I very much appreciate everyone who helped me get where I am. Pitt Greensburg had a lot to do with my success. I knew that I wanted to get involved. I didn't know how exactly. I attended an alumni board meeting. I quickly joined the board. I soon rose through the ranks. I kept moving

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Alumni Show- Coffee House Review

By Christy Walters

On Wednesday, October 21, The Coffee House at Village Hall was abuzz with activity on a warm night for the “Blue and Gold Week” Alumni Showcase, featuring Suavity’s Mouthpiece and The Feel-Good Revolution.

Students filtered in, cramming into the small space, opening up their laptops, and not so discreetly streaming the Pittsburgh-Pirates-wildcard game from E.S.P.N. so that they wouldn’t miss a minute of either event.

Suavity’s Mouthpiece performed first. Only two of their members could make it to the show, lead singer and electric guitarist Justin Trafford and background vocalist and acoustic guitarist Dick Whiskey.

Suavity’s sound was an eclectic, acquired taste. While Whiskey’s vocals and guitar playing were phenomenal and Trafford’s voice was tolerable, those items, accompanied



Suavity’s Mouthpiece perform. -Christy Walters, The Insider

by Trafford’s guitar playing, did not mesh well. Trafford was hard to understand, and his words could not be clearly heard over the disjointed sounds of the guitars.

Suavity’s set was not entirely unenjoyable. Whiskey took over the lead vocals halfway through the hour-long set and performed a song called “Red,” off his new E.P., “Chemical Identity.” Trafford’s harmonies and electric guitar backing on this song were amazing, and this performance alone salvaged the disjointed feel of the set.

After a short intermission, the newly

engaged Cody Kraski and Claire Secen, of The Feel-Good Revolution, stepped up to the microphones.

The Feel-Good Revolution’s folksy sound differed dramatically from Suavity’s electronic sound, endearing the evening to people with different musical palates.

Kraski’s and Secen’s vocals and harmonies blended very well in “The Radio Song” and “Song for Sarah.” Both songs are from their new album, “Home,” released, in September, 2014. Secen was able to hit clear, melodic high notes in “Old Song.”

Kraski and Secen played many



The Feel Good Revolution playing in the Coffee House. -Christy Walters, The Insider

songs inspired by their times at Pitt-Greensburg, such as “Pumpkin Spice,” which pays homage to The Coffee House, and “Tall Trees,” a song about their last few months at the university.

Near the end of their set, they invited Suavity’s front man, Trafford, to come up and accompany a song called “Padiddle,” something they all wrote together, on a whim, after Kraski was playing around with the different instrument settings on The Coffee House’s keyboard.

Secen said that the song was about a little boy with an imaginary friend, but Kraski said it sounded more like the story of a pedophile, and he wrote two different versions of the piano line, both of which he played during the show.

The night ended with thunderous applause for both bands and left a sense of happiness in the air, just enough to cover the hard feeling from the pathetic Pirates’ loss.

Brad Yoder - Coffee House Review

By Christy Walters

The coffeehouse music room is dimly lit for a Monday night. Students avoiding responsibility wander in and out of the rooms of Village Hall with Starbucks cups in hand, chattering about grueling tests and people they can’t stand. Suddenly, guitar chords cut through the white noise of chatter. Brad Yoder is tuning his guitar while bassist Jason Rafalak makes some last minute adjustments to his instrument. They’re getting ready to kick off the Coffeehouse Music Series for the fall semester.



Guitarist Brad Yoder and bassist Jason Rafalak kick off the coffeehouse music series. - Photo by Marissa Fiedler for The Insider.

One of Yoder’s first songs of the night, “Deep Down”, an anthem about showing who you truly are, was reminiscent of pop music of the 1960s. The lyrics, stating, “deep down, there’s a map inside of you,” proclaim that each person is an individual, a common theme of hippie-era music.

While slower tunes like “Deep Down” showed off Yoder’s clear, high register, songs such as “World on Fire” showed a fun, upbeat, less perfect side to his voice.

Yoder’s two most enjoyable songs were “The Wedding Song,” and “Waiter.” Both songs were written for songwriting contests. “The Wedding Song,” won first place in the contest in 2013 and “Waiter” won first place in the contest in 2009.

Yoder used a white board to describe his writing process to the half-full music room. He wrote words like love, rings, bride/groom, cake and music on the board, explaining that he was required to use those words in “The Wedding Song,” to be considered for a prize.

Yoder’s best moment of the night, however, did not have anything to do with his music. He told a funny and captivating story about his trip to Pitt-Greensburg that involved a missing guitar strap, parkway traffic, and leaving the flashers of his car on for a few hours.

Yoder does various shows around Pittsburgh and anyone that missed his coffeehouse tour can go to bradyoder.com for show dates and more information.

A&E Calender

Friday October 17

SAB Film Series: The Purge 1 & 2 – 9:30 p.m.

Saturday October 18

Broadway Battle Breast Cancer – 7:30 p.m. Chapel

Monday October 20

SAB Mondays Suck Prize Wheel – Noon

Tuesday October 21

SAB Film Series – The Purge: Anarchy – 9:30 p.m. Chapel

Chapel – Village Credit Event

Thursday October 23

21st Century Utopian Nightmare Stories – 7 p.m. Ferguson Theater

Friday October 24

21st Century Utopian Nightmare Stories – 7 p.m. Ferguson Theater

Friday Night Gaming – 8 p.m.

sponsored by Nerdfighters

Friday Evening Music Club

Coffeehouse Music Series: ilyAIMY – 9 p.m.

Saturday October 25

SAB Haunted House / Hayride – 9 p.m.

Westmoreland Fairgrounds – Tickets

on sale in Student Services

Monday October 27

Coffeehouse Open Mic Night – 9 p.m.

Tuesday October 28

Written Spoken Word Series – 7 p.m.

Chapel – Village Credit Event

SAB Tuesday Nights Done Right:

Blackout - 9:30 p.m.

Wednesday October 29

Trick or Treat Trail Night

Pitt-Greensburg Ice Hockey Team Begins Season with High Hopes

By PJ Dunmich

After winning the National Collegiate Hockey Association National Championship for the 2013-2014 season, the University of Pittsburgh at Greensburg Club Ice Hockey Team began the 2014-2015 season with expectations to repeat. No matter the sport, winning a national championship is not an easy feat, and it is even more difficult to complete this tall task two years in a row. Despite the challenge, it seems as if no team is as prepared to do so as the Bobcats.

With hopes of setting a positive tone for their quest to repeat, the Bobcats had their first game against their rivals, the California University of Pennsylvania (CALU) Vulcans on October 3rd, 2014. CALU has consistently proved to be a worthy opponent in years past, so the Bobcats knew to expect a hard-fought game. Led by senior goal tender #26 Ryan Palonis, with goals from veterans #24 Dan Merz, #8 Nico Vecchio, and #9 Anthony Maroadi (3), the



The Pitt-Greensburg Bobcats Ice Hockey Team and Staff celebrating the 2014 College Hockey East CIHA League Cup victory. Courtesy of bobcatsicehockey.com

Pitt-Greensburg Bobcats defeated the Vulcans 7-6 in an overtime thriller to start their season off with a record of 1-0.

The following night, October 4th, 2014, the Bobcats took their talents all the way to Cleveland, Ohio, to face the Case Western Reserve University Spartans. Led by goals from #8 Nico Vecchio (3), #24 Dan Merz (3), #6 Dan DeMarchi, and strong overall play from the rest of

the team, the Bobcats defeated the Spartans. Freshman goal tender #30 Thomas Clark was able to get his first win in his first collegiate start to help his team get to a 2-0 record.

After the first two games of the season, it seems as if the Bobcats have what it takes to have a successful season, and possibly even keep their title as national champions. According to team President, Billy Lesnak, "There is no reason that this

team should not repeat. It will take everyone, from the players, to the coaching staff, to the fans and volunteers. But it is something that is achievable."

Everything will have to go their way, but a repeat is attainable for these 2014-2015 Bobcats. Veterans will need to set the tone, and the new faces will need to prove their worth to the team. While it is still early in the season, it seems as if the team has not missed a beat with their new, younger players filling in for the departed players' roles.

According to Lesnak, the "five first year players fit in perfectly with the team and meshed well with their new lines. They seemed to have stepped up into leadership roles already, and they represent everything that we hope to be as a Bobcats."

Contributions from every player will be essential if the Bobcats hope to once again become the National Champions of the D3 Club Ice Hockey divisions.

Bobcats Roll on Blue & Gold Weekend

by Travis Sanner

On Saturday October 4th, 2014, the Pitt-Greensburg Bobcats had their annual three-team tournament at Bobcat Park. Within this tournament, the Bobcats faced off against CCAC South and WCCC.

The team jumped out to an early lead in both games, and held their ground the rest of the game. Cory Deighan started the first game on the mound against WCCC. He threw three strong innings and the Bobcats scored to help him maintain the lead.

The final score of the game was 7-4 in favor of the Bobcats in nine innings.

During their time off, the Bobcats watched the in-between game of CCAC against WCCC. The game was played through seven innings and ended in a 2-2 tie. For the final game of the day, the Bobcats rolled on to an 8-2 win over CCAC. Bill Elliot started on the mound and got the win for UPG.



A Bobcat baseball player at bat. -Emily Olsen, The Insider



The pitcher of the Bobcat baseball team throwing a pitch. -Emily Olsen, The Insider



A member of the Bobcat baseball sliding into a base. -Emily Olsen, The Insider

Sports Schedule

Thursday, October 16

Pitt Football vs. Virginia Tech 7:30 p.m. on ESPN

Penguins vs. Stars 7 p.m. on ROOT

Saturday, October 18

Pitt-Greensburg Hockey vs. CMU 7 p.m. at Center Ice Arena

Penguins vs. Islanders 7 p.m. on ROOT

Monday, October 20

Steelers vs. Texans 8:30 p.m. on ESPN

Wednesday, October 22

Pitt-Greensburg Women's Soccer vs. Franciscan 2 p.m.

Pitt-Greensburg Men's Soccer vs. Franciscan 4 p.m.

Penguins vs. Flyers 8 p.m. on ROOT

Friday, October 24

Pitt-Greensburg Hockey vs. UPJ 10 p.m. at Center Ice Arena

Saturday, October 25

Pitt Football vs. Georgia Tech 3:30 p.m. on ABC and ESPN

Sunday, October 26

Steelers vs. Colts 4:25 p.m. on ABC

Tuesday, October 28

Penguins vs. Devils 7 p.m. on ROOT

Thursday, October 30

Penguins vs. Kings 7 p.m. on ROOT

Blue & Gold Carnival and Dance



Homecoming court members Danielle Shick and Bobby Walch pose with their friend Amanda Bateman in front of the Nerdfighters balloon dart booth at the Blue and Gold carnival. - Photo courtesy of Bobby Walch



The Pitt-Greensburg 2014 Homecoming Court (left to right) Bobby Walch, Danielle Shick (Queen), Pryia Bharatha, Emily Stark, Meena Gella, Justin Marin (King). - Courtesy of Brian Root

Ask A

"What does it mean if someone always drunk calls you?"

-Drunk Dial

Dear Drunk Dial,
I like this quote:

"I don't understand people who think drunk calls are annoying. Just think of it this way, you're who that person is thinking of when their brain isn't even functioning properly."

-Anonymous

I assume you're interested in the person.

I think the drunk phone call means you are on their intoxicated mind. I tend to drunk call/text the former or current people I'm into. The person might be shy and intimidated to talk to you sober. The meaning of the call depends on the conversations. If the person is calling and asking you to come over at 2 a.m., probably a booty call. If they are calling and just want to talk, they might be lonely. If they are confessing their feelings for you, you might be in luck.

Try to talk to them when they're sober to know for sure. If they are not interested in talking to you sober, move on. Stop answering their drunk ass.

Sincerely,

"I'm a freshman and I'm think I'm suffering from test anxiety. Any tips?"

-Scared Freshman

Dear Scared Freshman,

If you feel you suffer from test anxiety, here are tips to help ease your pain:

Go to class. I hope you went to class, rather. If you didn't go to class, I would suggest investing in a case of Red Bull or a Starbucks Gold Card.

Study. Lack of studying is the main cause of test anxiety. Find the most effective study methods for you.

We learn 95% of what we teach someone else. Find the desperate souls, cramming at midnight, the night before the test, and teach them.

Stay positive. Replace negative thoughts with positive thoughts.

Don't be dramatic. One failed test will not ruin your hopes and dreams. A failed class will not ruin your hopes and dreams. It's cliché but learn from your mistakes and do better next time.

You can always retake a class but you can't retake life. Don't drive yourself to madness. Enjoy college.

Sincerely,

Local Chiropractor Heals Patients, Forges Relationships

Continued from Page 5

through the offices until I was president.

7. You have won the Alumni Distinction Award and the PGAA volunteer award. Of which award are you the most proud?

The Alumni Distinction Award recognizes my professional achievements in addition to my volunteer work at the university. I've learned work ethic and how to give back while at Pitt-Greensburg.

Being involved with the Pitt Alumni Association has been very rewarding. It has allowed me to become active on a campus that I wasn't active on as a student. I've made some wonderful friendships. I also have made a lot of successful business contacts through my volunteer work. It also has allowed me to strengthen ties between the Greensburg and Oakland campuses. It's nice to be able to expand what Pitt-Greensburg has to

offer. It's a well-maintained campus. The leaders at Pitt-Greensburg should keep doing what they're doing.

I introduced an idea that I saw in Oakland—the idea of a Student-Alumni Association. It's a wonderful program that incubates future alumni leaders. We also have a leadership breakfast. We brought in local legislators and federal officers in Congress. We educated them on what we have to offer as well as the challenges we face in an effort to improve our campus.

8. What would you like to see at UPG in the future?

I'm amazed at the improvements and the expansion on campus. We're striving to add when needed while preserving our older facilities. It's a well-maintained campus. The leaders at Pitt-Greensburg should keep doing what they're doing.

Missed Connections

To the woman who loves taking creeper shots of me, wearing a dress shirt and tie, in the cafeteria: I would've smiled if you'd asked.

Girl with the complete tear in the seat of your pants, I watched you get your books out of your car and go to your next class. I could have stopped you. I'm sorry.

To the nice guy turned tool bag I thought I was "talking" to, what went wrong?

To that guy I text about class all the time, it's not class I want to talk about. How much more obvious to I have to be?