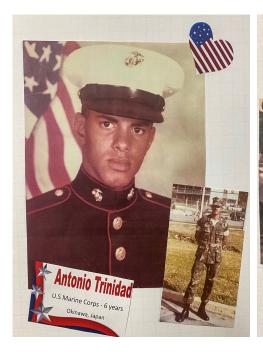
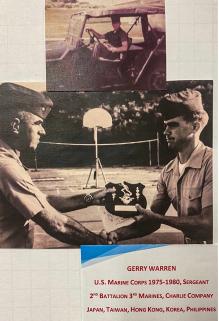
Volume 97 Issue 2 Published Monthly Edition: November 2020

# Veteran's Day

## SHS Salutes Our Veterans









#### By Peyton Milhorn

On November 11th, Sarasota High School celebrated veterans at our school with a red and blue bolded sign posted in the front entrance of the school and an announcement recognizing each of them. In previous years, the school has honored the veterans with a morning march, but due to COVID and rain, this year's celebration was modified.

"Mrs. Mavrikas does a wonderful job organizing this event," says veteran and Tech Support William Lawyer, recalling a time when she decorated the staff room for the occasion. Amanda Mavrikas is the Sarasota cheer coach and is responsible for coordinating most school celebrations.

The Veteran's Day celebration is an essential part of how the school expresses its appreciation, but since it was limited due to this year's restrictions, many SHS veterans agreed to share some of their experiences when enlisting.

"I have always liked order. So, the Marine Corps was perfect fit," says soccer coach and autistic aid Gerry Warren. Coach Warren enlisted in 1975 directly after graduating high school. "That is just a piece of the puzzle of who I am today. I am still learning things about myself every day."

Mr. Lawyer also enjoyed "the structured life, where there was a clear chain of command," of the US Army. "My father also served in the army during WWII, so it seemed like a natural choice." Although he spent time in Vietnam, Mr. Lawyer was not drafted and did not enlist in the military. Instead, he was commissioned from his second lieutenant ROTC program after graduating from Ohio State. "I hoped that I could serve my country in an honorable fashion and carry out whatever missions I was given."

Pre-AICE Environmental Management teacher Ashley Royer also described her experience when joining the military. "I had no idea the amount of pride I would feel (and still have) for serving my country," says Ms. Royer. She served in the U.S Air Force in order to follow in the footsteps of her family legacy. "The people I had the pleasure to meet, who came from all different backgrounds, became my family,

continued on page 4

Above (left to right): Antonio Trinidad, Gerry Warren, Scott Shepard, Christopher Davis





Above: Freddy Pulphus, Anita Wexler Right: William Lawyer

#### SHS's Veterans

SFC Freddy Pulphus
LTC Christopher Davis
Shawn Holley
CPT Bill Lawyer
CSM Scott Shepard
Louis McElyea
Ashley Royer
SGT Gerry Warren
Antonio Trinidad
Anita Wexler



# Democracy Docks at SHS

#### By Reece Zittle

With an intense presidential election week over, many students, even those under 18, may be wondering how they can participate in the democratic process to impact their community and school.

Just as the laws of the United States are determined by the will of the people, so too are the policies and procedures at Sarasota High School. To guarantee that school-wide decisions are made keeping with democratic values, SHS offers students the opportunity to participate in two organizations, Shared Decision-Making Team (SDMT) and Student Government, that help make crucial decisions for how the school will be run.

Unfortunately, much like voter participation in national elections, student participation in SDMT and Student Government is equally lacking. This lack of participation is due not to apathy but is instead because of a lack of awareness of these programs.

In other words, many students simply do not know they have the right or ability to voice how they are governed at school. While young people may be voiceless in matters of national concern until they turn 18, they are fully empowered in the matters that concern them at SHS.

Moving forward, an overview of SDMT is that it's a group made up of the heads of our academic departments, such as World Language, English, Math, Art, Science and more, along with representatives with student government, the administrators and guidance.

As chairperson of SDMT, Mr. Oness oversees the conduction of meetings where Capron are the secretaries that keep track they all meet to discuss campus wide polices that effect the student body. For example, student representative Kassie Greenan brought in the idea of letting the seniors paint their assigned parking spots in the Tami Sola lot. In addition, bell schedules for testing, parking issues, and dress codes also fall under SDMT's iurisdiction

Mr. Oness says, "If students see something that they feel SDMT should consider, I urge them to contact their representatives, Kassie Greenan or Bella Brush, to get that item on the agenda. We truly want you to have a voice. Our goal is to help make SHS the best place it can be for everyone."

Equally important, Student Government is another way a student can exercise their right to voice their opinions democratically. Mrs. Brown is a Student Government sponsor who says there are 100-120 students in the organization that can include rising seniors that can be voted important to Sarasota High's functioning into office effective the following school year. Our current student body president is Kassidy Saba, Oliva Oliver is vice

president, and Lily Sikorski and Sofia of each meeting's attendance.

Furthermore, the purpose of Student Government is to make positive changes for SHS and to help maintain an equal, healthy, and safe environment on our campus. Secretary Lily Sikorski says they also encourage participation in different school events varying from Spirit Week to canned Food Drive donations. Notably, she states, "This year we have a great group of members and are excited to help our school and community.' In short, many of us ask for change and wonder what we could do to exercise our right to voice how we feel and how we could affect our school. Some may not know the school has multiple ways you can dock your opinions within the democratic system they have formed. It's always important to stay aware of what's going on and being progressive with how you can make a change. SDMT and Student Government are extremely and we highly encourage anyone interested to explore these clubs.



### JROTC is more than just the military

By Allan Bizarro

Most people here at SHS do not know what JROTC, or the Junior Reserve Officer Training Corps, is, or what they do. Those who do know probably think you have go to into the army once you graduate, which is a big misconception. So what really is it?

JROTC is not just about going to the military, although is an asset if that's what you plan to do. It can help you get recruited at a higher rank, which can lead to more pay and better opportunities. JROTC is much more than just the military; it educates students about leadership, responsibility, and how to be a better citizen in general.

"JROTC has benefited me by showing me confidence, camaraderie, leadership and self-responsibility, and it showed me how to help others with difficult things," said JROTC member Jacob House, asked about how the program has helped him grow as a person.

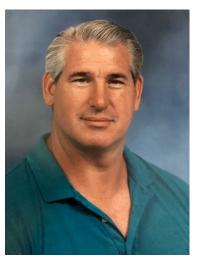
Another student, Jeremiah Swafford, has had his life fundamentally changed by the program. A few years ago, his life was taking a turn for the worse: he was on drugs and even considering armed

"I used to be a pretty bad kid, almost on my way to living a life behind bars. I was in Kansas at the time and over there I didn't get much parental attention, so I got away with a lot. When I moved to Florida, however—I've always been super into the military and wanted to be part of it for a while, and I heard Sarasota High had JROTC and I joined them. Ever since then, I have a 3.1 GPA, still have a clean record, and I'm on my way to actually being in the Navy. JROTC has showed me, really, how important life is."

JROTC also gives students the opportunity to participate in extracurriculars, including Raiders, the rifle team, the color guard, the saber team, and the drill team.

On Wednesday, November 18, the Raider team will have a head-to-head competition against Venice's chapter of JROTC at Sarasota High School. Anyone can join the Raiders and rifle team. Raiders have practice after school every day from 2:30-4:00, and the rifle team has practice every Monday and Wednesday.

### 2021 Sarasota High School Teacher of the Year!



**Robert Shackelford** 



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# What's Happening Now!

### Club Corner

#### By William Henkel

#### Zoro 4-0 and the Nautical 9

Sarasota High's Zoro 4-0 and Nautical 9 are two coordinating girls' clubs that are responsible for decorating our campus for sports games, especially football games.

Zoro 4-0 is made up of four girls who have been hand-selected by outgoing seniors of the club. More than 50 years ago, when the club started, Sarasota High School was only the west campus. Zoro 4-0 was in charge of making the spirit banners and posters for our school's athletes

In 2000, when we expanded our campus to the east, 9 cheerleaders formed Nautical 9 in order to help Zoro 4-0 in decorating the campus. Much like Zoro 4-0, the girls in Nautical 9 are selected by the outgoing seniors.

Together they decorate Thursday nights during football season. They also make posters and banners for all other sports' home opening games, the big game versus RHS, Senior Night, and any regional or state games.

#### <u>Iunto</u>

Junto is the male leadership club on campus, started in 2013. Mr. Hughes has been running the club since its initiation. During his second year of teaching AICE European History, a student came up to him and said, "Hey, we love the discussions, but we feel like we can't really be honest as males in the class. We want to be able to have these kinds of conversations without necessarily being judged.

Junto holds two discussions every meeting on politics social/economic issues as well as "fun stuff". Junto is for "people who believe they are leaders in the classroom and want to be leaders in the community. [It is for] someone who wants to engage in learning, and if you like to hear different perspectives, which hopefully challenges your perspective," said Mr. Hughes.

The club brings speakers from the community who are leaders in to speak to the members.

In order to join, you must be in either 10th, 11th, or 12th grade and hold a GPA of 3.0 or higher. Typically, the deadline to join is the beginning of the year, but due to COVID-19, it is being extended to the

end of quarter two. Applications can be submitted through Blackboard by searching "Junto".

Meetings are held on the first and third Thursdays of every month. Mr. Hughes plans on having the CEO of Sarasota Memorial Hospital come in for a conversation sometime this year. Once a quarter, they meet up with their sister club, One-Nine, to hold a joint discussion.

#### One-Nine

One-Nine is a female leadership club. where members discuss social, moral, and political issues. One-Nine was started by Campbell Shaw and Keara Escobedo, both in the class of 2020. They sought to create a judgment-free and friendly space to discuss societal and international issues.

Originally with only 20 members, One-Nine has now expanded to roughly 70 members. Meetings are held on the first and third Thursday of every month and, once a quarter, members meet up with their brother club, Junto, to hold a joint discussion

Members conduct research and form opinions on topics that are chosen weekly. In the beginning of the year there is an informational meeting where the ideals of the club are reiterated and an application is handed out; however, due to COVID-19, applications have been moved online for ease of access to face-to-face and remote students.

One-Nine is open to students with a 2.75 GPA who are eager to defend their views but open to others. The club offers a unique opportunity to be exposed to a multitude of student perspectives as well as participation in the Miss Sarasota fundraiser. Additionally, senior members who uphold the values of the club have the opportunity to be presented with a regalia to wear at graduation.





#### Thanksgiving vs. Coronavirus

#### By Logan Giasson

Thanksgiving is a historical American holiday, where families gather from all over the country to celebrate with a huge meal. This meal consists of turkey, mashed potatoes and gravy, green beans, and yams, which is typically severed family style around the table.

Additionally, on the evening of Thanksgiving it is traditional for stores to open for Black Friday with huge sales, causing large crowds of people to gather in the stores to try to get the best deals.

All these Thanksgiving festivities happen normally without any thought of being socially distant. However, during this world pandemic, all precautions should be taken to keep everyone safe from the COVID-19 virus. This neverending virus will affect the ability of many family members to travel, as well as stores being able to open for the traditional shopping on Thanksgiving night for Black Friday.

The coronavirus has already taken such a toll on everyone's life and will again affect a big holiday this year. Due to the virus, we must adhere to proper safeguards to make sure all friends and family stay safe. Since the virus affects mostly older people, they will be most thought about when planning Thanksgiving festivities.

When talking with fellow Sarasota High students, I found out what their plans for the holidays are and what changes are being made to accommodate CDC guidelines.

Reece Zittle's normal Thanksgiving festivities consist of traveling to North Carolina and Pennsylvania for huge family dinners. He says that these parties have about 75 to 100 people that come

together to celebrate.

Reece expresses that this is an event that he looks forward to at the start of each November, but this year his plans are changed. "We are still going to Pennsylvania, but only my close family are having dinner and my grandparents are not allowed to attend to try to protect them as much as possible." This is the case for most people around the country: having to put limit on who they can be around over the holidays.

In addition to Thanksgiving meals, the exciting shopping trips for Black Friday will also be different this year. In Florida, stores are only allowed to open at 50% capacity to comply with the CDC guidelines. This raises the question if shoppers will even try to get into the stores or will just get the big deals on Cyber Monday.

When looking back on how crazy this year has already been, Thanksgiving will be no different. Things will have to change this year so everyone is able to have a safe holiday.



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# What's Happening Now!

### Veteran's Day (cont.)

and the camaraderie and lifelong bonds we created still remain just as strong today."

Veterans incorporate what they learned about themselves during their time in the military into their lives today and continue to inspire students in doing so.

"What you learn about yourself and what you learn about life is too much to say in a couple of sentences. You're put into situations that most people will never experience... because of all this, your mindset and perspective on what you 'used' to know will never be the same," says Ms. Royer. "I aspire to live a life of integrity, humility and authenticity and I hopefully inspire my students to do the same."







Above: Shawn Holley, Louis McElyea Left: Ashley Royer

#### By Graham Downes

It is November here at Sarasota High School, and the holiday season is just beginning. With it is coming even more uncertainty due to the COVID-19 pandemic. This year, many accommodations have been made to prevent the rapid spread of COVID at our school and around the world.

This time of year is known for gathering with loved ones, but how will the pandemic affect this?

We interviewed some students and faculty to see what their plans were this year

Jack Bradshaw: "For Christmas, me and my family, are going up to Montreal, Canada. We're going to go sledding and overall have a good Christmas. Then, during the last week of break, we're coming home and spending more time with even more family."

Mr. Fagulha: "This will actually be my first holiday season with my wife, so it

will be very cool to have that with her. We have also decided we are not only having Christmas together, but also with our church."

Holiday Havoc

Nico Kohler: "I'm staying home for Christmas and just having a chill day with my family. New Years' is also my birthday, so I'll also celebrate that with my family."

Quinten Wilke: "I'm just staying home for the holidays; me and my family are just going to have a chill break from school."

Mr. Zacharias: "On Christmas Eve, my wife and I have this tradition where we have this big pot of seafood. So, we'll have crab legs, shrimp, and scallops and much more. Normally we'll also have some friends come over and join us. Christmas Day, however, is for the family. It's all for spending time with our loved ones and we just have a fun day."

#### National Honors Society: An Anchor of SHS

#### By Carter Miller

The National Honors Society elevates SHS students' commitment using the values of scholarship, service, leadership, and character. It recognizes students for their accomplishments in and out of school, and challenges students to develop further. A key pillar of NHS is being active and involved in school activities and community services.

Theresa Pascual is the current supervisor of Sarasota High School's chapter of the National Honors Society. Except for a virtual induction and the relocation of some meetings to Teams, there have not been any major changes to NHS since the coronavirus came about.

There are four major requirements to get into NHS based on the key values. You need to have a GPA of at least 3.5, which represents scholarship. They want students who are problem solvers and resourceful, who are willing to take leadership when needed. Community service is also important to the club, which includes voluntary contributions made by the student to help the school or community on their own time. Lastly, students must prove that they have good character, showing honesty, reliability,

and respect for others in and out of school.

Students with an average grade of 85% and a record of being cooperative, responsible, reliable, and honest will get an invitation from NHS. Doing community service is also another good way to get in. Showing initiative by being involved in your community greatly helps a student's chances of getting in.

One of the benefits of joining NHS is that it supports students and parents with college admission and financial aid.

Another is that it looks good on your resume to colleges and gives you a better chance of getting accepted into further schooling. Joining the Honors Society can also really help with job applications because it often boosts employment appeal and makes you stand out from the crowd of other applicants.

NHS is anchored in key values that make its members the pinnacle of the school's student body. Coupling outstanding academics with character, these students represent and lead our school and improve the community as a whole.





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# **Upcoming SHS Events**

#### December 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Tuesday		Tituisuay		
29	30	1	2	3	4	5
		Varsity Girls BB	Varsity Boys BB	Varsity Girls BB	Varsity Boys BB	
	1	Home vs. Venice 7:00	Home vs. LWR 7:00	Home vs. Riverview 7:00	Home vs. Fort Myers 7:00	
		7.00		7.00	1.00	
		Varsity Girls Soccer			Varsity Girls Soccer	
	1	Home 7pm			Home 7pm	
6	7	8	9	10	11	12
6	•	Varsity Girls BB	Varsity Girls BB	10	Varsity Girls BB	12
		Home vs. Northport	Home vs. Manatee		Home vs. Fort Myers	
	Home vs. SRQ Christian		7:00		7:00	
	7:00	1.00	1.00		Varsity Girls Soccer	
		Band and Orchestra			Home 7pm	
		Concert in the East				
	Home 7pm	Courtyard 7:00pm				
13	14	15	16	17	18	19
		Theater Department	Varsity Boys Soccer	Varsity Girls BB	Theater Department	
	Home 7pm	Production @ 7:00pm	Home 7pm	Home vs. Cardinal	Production @	
				Mooney 6:00	7:00pm	
			Theater Department	Theater Department	-	
			Production @	Production @	Last Day of School	
			7:00pm	7:00pm	Last Day of School	
20	21	22	23	24	25	26
					Christmas Day	
	NO School	NO School	NO School	NO School	NO School	
27	28	29	30	31	1	2
					New Year's Day	
	NO SOLUTION	NO OFFICE	NO October	NO Selection		
	NO School	NO School	NO School	NO School		

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## Sponsors



2021 STUDENT EXHIBITION ON VIEW: JANUARY 28 - MARCH 5, 2021 AT ART CENTER SARASOTA

#### CALL FOR ARTISTS OF AFRICAN DESCENT

This art exhibition will feature Suncoast students of African descent representing our local high schools. We invite you to submit original two-dimensional visual works of art and photography for inclusion in this exhibition.

During Black History Month we celebrate the Art of people of color to enrich an understanding of history and visual creativity. This exhibit is hosted by Art Center Sarasota and Suncoast Black Arts Collaborative, Inc.

Art teachers will have submission information. Student inclusion in this exhibition is determined by the Art Department.

#### FOR QUESTIONS CONTACT:

Michele Redwine at michele.d.redwine@verizon.net, President of Suncoast Black Arts Collaborative Inc., www.suncoastblackartscollaborative.org Elizabeth Goodwill at artcentersarasota@gmail.com, Education Director, Art Center Sarasota, www.artsarasota.org | 707 N. Tamiami Trail, Sarasota, FL | (941) 365-2032



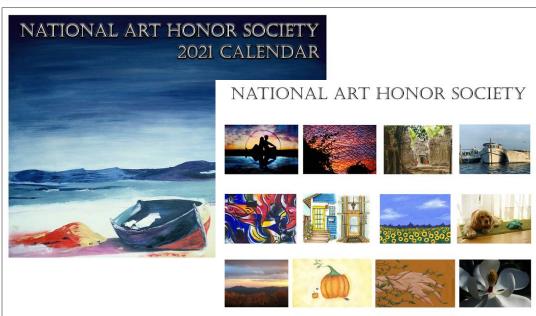








Get your 2021 SHS Sailor Log Yearbook NOW! Yearbooks will be on sale for \$75.00 until December 18, 2020; after that, the price will go up! Buy yours today at www.ybpay.com Code: 13536421



**The National Art Honor Society** is selling 2021 calendars full of student artwork. A large calendar is \$10.00 and small calendar is \$5.00. See Mrs. Markley for more

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### Art Anchor

# National Art Honor Society brings color to our campus

#### By Alana Evans

The National Art Honor Society (NAHS) has many exciting new projects to bring to Sarasota High this school year. NAHS is a team of hardworking and creative individuals striving to bring their shared love of the visual arts to our community.

"NAHS aims to recognize students who show outstanding artistic ability, and to highlight art education in the school and community. Through volunteering and involvement in school and community activities, such as art shows, members can become eligible for scholarships. By recognizing students and putting an emphasis on the arts, NAHS works to enrich the lives of members and people in the community," says Mrs. Markley, the club supervisor.

Mrs. Markley is a visual arts teacher at Sarasota High School who hosts club meetings after school. While Mrs. Markley oversees student activity during after school hours, the NAHS student

body is responsible for reaching out to the community and organizing a majority of the club's events. This year's student leadership consists of two co-presidents. Madeleine Harwell and Tanya Venter, the secretary, Noelle Prouty, and the treasurer and historian, Amber Rogerson.

One of the activities that members of the club are currently involved in is the creation of their annual school calendar to be sold for a fundraiser. "We're working on finalizing our calendar—it's a little late because of COVID-for 2021. Small calendars are \$5, large calendars are \$10. It is filled with the artwork of the members," Mrs. Markley explains.

Other events have taken an innovative turn due to the COVID-19 restrictions this school year. "We're doing something a little different this year, which is the gingerbread house contest," Mrs. Markley notes. "The Girl Scouts of America normally sponsor that, but because of COVID they're not doing it this year... so, rather than just sitting out, we decided to make our own competition with

members of Sarasota High School." The club members' creative and engaging approach to the situation is highly anticipated by teachers and students across campus.Mrs. Markley details the rules of the contest. "Any class, club, or group at Sarasota High School can enter a gingerbread house into the competition. The winner will get a pizza party or a donut party. It is \$5 to enter, and the only stipulation is that the base has to be 12 inches—so it's a 12x12 inch base—and it can be as tall as you want it to go."

In addition to large community events, NAHS also participates in smaller projects and artistic acts of kindness. Their influence can be seen throughout the school, as students work to spread color across campus. Members create door signs that hang outside of teachers' classrooms as part of a fundraiser and help to decorate the cafeteria with posters during Homecoming and Spirit Week. The club also participates in local events such as the Youth Arts Festival and the North County Art Show in the spring.

Moving forward, students strive to bring their passion for creativity to others across campus. "I'm hoping to give students at Sarasota High that are interested in the visual arts an outlet and a place to join together with like-minded people. If I can keep promoting that and if they can keep promoting that to other students on campus, we've met our goal," says Mrs. Markley.

The club meets every Wednesday after school at 2:30. To join, students must have completed or be currently enrolled in a visual arts class. "I would say it's never too late to join. We're through one quarter of school at this point for this year and if anybody has had an art class or is in an art class and they would like to get some volunteer hours or just be with other people that love the visual arts, come to one of the meetings," Mrs. Markley advises.

If you are a student who meets these criteria and has a passion for creativity and the arts, NAHS is the club for you!

### Tune in to SHS Theatre's Radio Show

#### By Isabella Yoder

Have you been missing theatre? After all, Broadway shut down due to COVID-19 and many theatres around the world are doing the same. Here at Sarasota High, though, Ms. Knispel has found a way to do theatre safely and provide kids with the best theatre experience possible!

The after-school theatre program at SHS is putting on a Radio Show play that will premier December 15-17 at the SHS Auditorium.

The show synopsis is as followed: "WEVN is having their very last broadcast before the station closes down for good. Most of the performers and crew are excited about their new careers they're embarking on in the entertainment industry, but Walter, the station owner, is having a very hard time letting go. It doesn't help that the local television show is holding a televised dance-a-thon at the same time as their broadcast. This is the story about how Walter learns to come with letting go, and how a family doesn't have to be blood related."

Ms. K further explains that it is heavily The performers will be wearing masks inspired by events happening in the world. "Many theatre professionals are trying hard to find creative ways to bring theatre to the masses, but filming shows or performing over Zoom will never replace the live performance aspect." This play explores that challenge we are facing

One thing that sets this show apart from other productions done at SHS is the fact it is an original piece. The theatre director, Ms. K, and her advanced theatre students have been writing the script and working together to create the storyline and character relationships. The students are given countless opportunities to help write and add to their characters. Theatre gives them the chance to learn more about themselves, boost their confidence, and hang out with friends involved.

To be safe during the pandemic, the auditorium will be at 25% capacity, tickets will be pre-ordered, seats will be distanced, and masks will be required.

and distancing as much as possible on stage. There will also be a live broadcast for people who do not feel comfortable attending in person.

In Ms. K's words, "Theatre is not only fun, but it's so good for you. You don't need to be fully confident in yourself to be involved- in fact, if you're feeling unsure, then it might be perfect for you! We love having new students become part of our family, and we enjoy helping everyone learn and grow together."

Buy Tickets to the Holiday Radio Show at shstheater com





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# Sailor Sports

#### Points to consider this basketball season

#### By Ryan Allison

The Sailor basketball season is rapidly approaching and, whether you're a player or a fan, there is some information about the upcoming season that you need to know

Our returning boys' varsity players this year, along with some new recruits, started off their season by taking on Booker High in a preseason game on November 20. After getting a good first look at what Coach Fields has put together for us this year, the first scheduled game of the season is set to take place on November 24 against the North Port Bobcats. Last season, the Sailors were able to defeat the Bobcats 65-52, and they hope to start off the season well by doing the same.

Our returning players this year will be sophomore Tyler Pack and seniors Terrell Pack, Brett Travers, and Archie Jacinto. After losing seven starters to graduation last year, we plan to find out the full roster within the next two weeks after tryouts are held.

The JV Boys' Basketball team will kick off their season by playing against North Port on November 24. Both boys' basketball games will take place at home

in our own Ed Howell Gym.

The Lady Sailors Varsity Basketball team played their first game at home against Dunbar on November 16. Their roster going into this season consists of sophomores Avery Arrington, Tori Belcher, Kelly Ganner, and Peyton Rajzer; juniors Emma Plumley, Jadyn Lattimore, and Layla Arreaga-Moreno; and seniors Shaniya Gamble, Bianca Gruber, and Ausianna Laguerre.

Last year the Lady Sailors ended up with a loss against Dunbar 57-52 in a playoff game to end their season.
Unfortunately, they lost this November 16 game 61-24, but were able to turn around on the 18th and win against Lehigh 48-39. They'll play again on the 23rd against Lakewood Ranch, hoping to win and enter winning record territory.

The JV girls also played Dunbar
November 16 and won 35-19 against
Lehigh on the 18th, with a game
scheduled on the 23rd also against
Lakewood Ranch. That concludes all the
updates available prior to the season start,
and many more can be expected as it
begins to progress. Good luck to all Sailor
Basketball teams!



### Cheerleaders Exemplify Commitment

By Vivian Mendoza

Cheerleading at Sarasota High School is more than just being spirit leaders; it's dedication, long hours, and a true love of being a Sailor. If you have gone to a Sailors football game, you know that seeing the cheerleaders on the sidelines and up in the air stunting is a staple of our Friday nights. But what many do not realize, is that the cheerleaders cheer year-round. They are at the Girls Varsity Volleyball games, our boys' and girls' basketball games, as well as outside events such as pep rallies for elementary and middle schools.

Leading the cheerleaders is Coach Mavrikas, who has been the cheer coach for over twenty-one years and who cheered as a member of the cheer team during her years as a Sailor. Coach Mav (as she is affectionately called) says, "Typically, people do not understand the commitment it takes to be a cheerleader. The girls get one month off during the school year between cheering and then trying out for next year's team."

The cheerleaders have many traditions, but one of the most fun ones is the night of try-outs. All the girls who make the team that day get an invitation to a lock-in for the night and spend the evening together for fun! This gives the girls time to bond with their new teammates and get to know each other. If you are interested in becoming an SHS cheerleader, the try-outs are usually in the month of April, so stay tuned to social media and the school news for more information.

### Athletic National Letter of Intent Signing

Congratulations to all the Sarasota High student athletes who signed their National Letter of Intent. Sofiya Gobora: Stonehill Collegefor swimming, Elizabeth Small: Keiser University for softball, Johnna Bowden: Erskine College for soccer, Mercedes Traba: Vanderbilt for swimming, Conner whittaker: Florida State University for baseball, Satchell Norman: Florida State University for baseball, Jaxson Crump: Air Force Academy for baseball, Kyle Manitz: Stetson University for baseball, Caden Marsters: Palm Beach State College for baseball, and Garrett Browning: St. Petersburg College for baseball.



