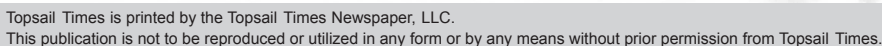




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# Topsail Times

**Print Dates 2022**

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## Where Can You Find Our Paper?

### Holly Ridge

VFW (on 17)  
Smoky Tonys  
Holly Ridge Vet  
Holly Ridge Town Hall  
Holly Ridge Police Dept  
Deli Works  
Salon 520  
City Cafe  
Southern Roots  
Paradise Axe & Arcade  
Holly Ridge Post Office

### Hampstead

AC Tire  
Holly Ridge Tire & Auto  
Surf City Dental  
Wholesale Tire  
Tractor Supply  
DDT  
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### Surf City

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Topsail Dental  
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Check out our website for more locations!  
www.TopsailTimes.net



## Topsail Gun Gal

By Dorothy Royal

The Supreme Court will be making a major decision this summer. The basis of the decision will be to determine if towns, cities or states have the right to make a law abiding citizen prove they need a handgun. Nowhere in the United States Constitution does it say, "Only with a good reason".

Self-defense is the reason.

The two men in New York who started the long process were denied purchase permits for pistols, even though they were avid hunters and law abiding citizens. The reason they were given? You need to prove a need. Wow, that's just the government gone wrong on so many levels.

Somewhere along the line, a tiny number of very loud people started to believe that gender was offensive. How dare someone label themselves as a male or female? How dare someone be referred to as a "he or a she". Gender will destroy us all!

But we all know that is just nonsense. For thousands and thousands of years humans, as well as every other creature on our tiny blue marble have been male or female. It was a simple distinction. Male seahorses carry and deliver the babies (nice option there Mother Nature). Female black widows and praying mantis usually make a snack of their mate (sorry boys your job is done here). Pods of Killer whales are governed by the oldest females, as are elephants. Why? Because females remember things like how to avoid unnecessary conflicts and where the good food is. You think the lion is the king? Maybe in title, but his ladies do all the real work while he sits around looking pretty. You know what these creatures don't do? Worry about their gender.

Now Mother Nature is very clever indeed and gave some species both male and female parts to be able to flip back and forth as needed for survival. Frogs and other reptiles like Bearded Dragons, snakes and slugs, the always beautiful butterfly, fish and even some living coral have the ability to play the role most needed. Remember the original Jurassic Park? They mixed in frog DNA and bam – dinosaurs were laying eggs and having babies. Oops.

When purchasing a firearm on the federal form (that all FFL and gun dealers must use) the gender question has been edited to include "non-binary". A person no longer has to decide on paper if they are a male or female. Not once in my many years of filling out forms has anyone ever complained about that question. What question do people complain about? Weight. A person can change weight drastically over their lifetime. How about we all get offended about giving our weight? That makes far more sense to me.

When was the last time you heard that the victim of a drunk driving accident was suing the manufacturer of the car that hit them? How many times have you heard about cellular phone companies being sued when a person is texting and driving and kills someone?

There is a good reason that you don't hear about such lawsuits. The person or people are responsible for their actions, as it should be.

No firearm manufacturer promotes shooting innocent victims. Hunting ammunition companies have videos online showing hunting in action and self-defense trainers show techniques to defend yourself.

No company, regardless of being an automaker, cellular company or firearm manufacturer is promoting violence. People are violent by nature, whether we like to admit it or not. Remember knowledge is power, protecting our rights is no joke and a frog can screw up the whole world left in the wrong Hollywood laboratory.



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## Be Kind To Yourself!

By Becky Borneman

Over the last eight years I have had the pleasure of helping customers and friends find some fun clothing at Coral Cottage and now Fancy Flamingo too. But one thing that I've noticed lately is the commentary that happens when ladies try on clothing. I've heard it all. "I hate my arms", "I hate my legs", "I hate my rear", "I wish I was smaller", "I am too short"...just to name a few. Now I am a true believer that not every outfit is for everybody but I have to say that 99% of these comments are made by ladies who look AMAZING in what they've just tried on. I don't see what they see. I see a great color on someone that brings out their eyes, I see a flattering outfit on all body types, I see someone trying a new style that they never have before, I see

someone who fits perfectly into a size they didn't think they would. We've battled "not feeling beautiful" for decades and we cannot seem to conquer it. But I believe we can't because there is no global definition of beauty. It's different to everyone.

We all have things about ourselves that we want to change. Every single one of us. But I guarantee it's something that YOU see, not everyone else. Let's be honest, I am sure there are things that Christie Brinkley doesn't like about herself. It's so true...we are our harshest critics.

Next time you shop anywhere, be kind to yourself. Try it on. Look at the positives. If you see someone else trying something on, tell them if you like it on them. I mean, who wouldn't love to hear a sincere compliment? We need all the

happy we can get right now in this world. One of the best feelings is asking someone to try something on and when they get it on, they light up. They are surprised it looks good on them, but I am not.

Say good-bye to your inner critic and be kind to yourself. YOU DESERVE IT!

"Feeling confident, being comfortable in your skin—that's what really makes you beautiful."

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## Al-Anon Meetings

Hampstead Meeting Spots:

TUESDAY 7:00 PM

Hampstead United Methodist Church  
15395 US-17, Hampstead, NC, 28443

THURSDAY 7:00PM

at Barlow Vista and every second  
Thursday is a Newcomer meeting

<https://wilmingtonncal-anon.org>



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TIME  
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# Sea Turtle Hospital News



By Karen Sota

Tuesday June 14th was homecoming, or more accurately, home-going for ten rehabilitated sea turtles: one loggerhead, two Kemp's and seven greens. Nine of these critters were victims of cold stunning, Kemp's "Magic Potion" being the exception. His decision to choose a quick snack on a baited hook landed him in our hospital for a month.

This was our first public release for the year and sea turtles can certainly draw a crowd. Despite the forecast for extreme heat and humidity it looked like more than one-thousand people managed to make their way to the beach and hang in there until the last turtle powered through the surf. The smaller turtles were brought down to the shoreline in their transport tubs and then carried by our volunteers slowly up and down the exceptionally long lines seeming to enjoy the oohs and ahhs of their adoring fans and striking poses for photo ops. We've learned over the years that some of them are just hams when they see a camera. "Sea Glass", one of the larger juvenile greens, got a ride strapped down on our special "turtle taxi" because she's, well, kinda crazy. Our larger turtle taxi hauled loggerhead "Burnt Sienna" who tipped the scales close to one-hundred-twenty pounds down to the surf. Once they hit the water only a sandbar close to shore

slowed them down, for just a few seconds. They were gone with barely a wave of and flipper for a final goodbye. Even though ten turtles have left the building there are still patients who are waiting for you to visit, including permanent resident and hospital ambassador "Lennie" and crowd favorite Jersey girl "Snooki." Our senior interns are giving our regular staff a bit of a break for summer and are very enthusiastic about their twelve weeks with us. You'll be meeting most of them during your visit and we "regulars" always hope our guests can come up with a question or two that makes them do some research or must ask one of us old-timers for help in answering. We've added another hour to our tours Monday – Friday to accommodate the overwhelming request for tickets. New tour hours for Mon-Fri are Noon – 4 PM through July.



Nesting season on the island is in full swing with forty-three nests at this writing. There's no way to predict when or where a mama turtle will come ashore so if you happen to be here when she does consider yourself incredibly lucky. Please respect mom and the exhausting process by maintaining your distance and not using flashlights or flash photography to distract her. If you spot a nesting mama, or anything unusual such as an injured or stranded turtle please call our Director of Beach Operations, Terry Meyer at: 910-470-2880. If she is not available, you may call the hospital during operating hours: 910-329-0222. We will take the information and we will send a trained volunteer to meet you to assess the situation. The State of NC hotline for stranded, sick, and injured turtles is 252-241-7367. The

## Sea Turtle Hospital Tour Options

Again, through June and July we will be open seven days a week: Mon – Fri, Noon-4; Saturday, 10-2, and Sunday Noon-2. Tickets MUST be purchased in advance through our website: [www.seaturtlehospital.org](http://www.seaturtlehospital.org). Select the date, time and the number of guests in your party and purchase your tickets. We limit the number of guests for each time to make the experience more enjoyable and to continue our commitment to keep you and our staff safe as we continue to respond to any changes in Covid. At this point masks are not required. Sorry, but we are not able to accommodate walk-ups for tours once we sell out for the day. Please keep in mind that summer traffic can be very heavy, especially on the weekends so plan your arrival accordingly. If you are coming only to our gift shop (not for a tour) you can enter through the single door to the left of the main entrance.

Mauvelous meets his adoring fans (left)

Burnt Sienna finds the right wave (right)



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## Bellydance for the Birds

A beginner bellydance workshop benefit for Cape Fear Parrot Sanctuary, a 501(c)(3) non-profit organization that provides a forever home for parrots in need

Sponsored by Just for Kicks Dance & Tumbling Studio of Hampstead

Sunday, July 17 from 12:30 to 3:00 p.m. (Doors open at noon)

Ages 12 and older please – No dance experience necessary  
Location: Just for Kicks 14880 US-17, Hampstead, NC 28443

\$40 per person

Advance registration required



To register, please send non-refundable donation of \$40 directly to Cape Fear Parrot Sanctuary at either:

- Venmo - @Ces-Erdman
- PayPal - cesnc1978@gmail.com

In the comment area, please state your full legal name, indicate that you are registering for the bellydance workshop, and provide a contact phone number. If registering for more than one person, please provide all names. Tax receipt will be provided at check in.

Find this event on Facebook for more information!



# Pelicans

**By Carol Ann Ross**

Special to the Topsail Times

I'm glad to have the pelicans back. They're so much more cool and hip than those bothersome seagulls. Wouldn't you say? Back in the olden days, in the last century, it was mostly seagulls that ruled the skies of our shores. That was due mainly to the use of DDT, a pesticide used in the 1900s. Lots of birds were put on the endangered species list because of that pesticide and luckily before they were totally annihilated, the use of DDT was outlawed.

Now, I can't imagine a walk on the beach without seeing the giant "V" of pelicans gliding ever so effortlessly above me. They seem so noble, so cool and uninvolved, as if to say, *I can fly and you can't. Think I'll just dive into the ocean and catch my lunch.* Yes, pelicans plunge 60 feet into the water to catch their prey, which is fish in schools like menhaden and mullet.

Seagulls, though I love them dearly, are noisy and bossy and can be quite a nuisance with their incessant squawking.



Brown Pelican

Pelicans are much more together, I'd say—Never would you find a pelican begging for food or making a show of it if they didn't get what they wanted.

The brown pelican is the one that graces our shores. It has the distinctive pouch where he stores food and has a huge wingspan of over six feet. Watching the pelican soar and glide, I'm often reminded of the scene from the movie Jurassic Park where they glide

through the air with the actors flying in a plane alongside them.

Most pelicans migrate south for the winter but there is a small amount who remain year round. They are fairly safe here though since we rarely have cold snaps so severe to plunge below 30 degrees for long periods of time. Unfortunately, if caught in a cold snap, pelicans can get frostbite and possibly lose a pouch or their webbed feet.

I don't see them very often in the winter time, but they do stay late into the fall. As for their nesting habits, pelicans choose flat nest sites on gravel, sand or soil near other pelicans who are at the same stage of the breeding cycle. Mostly or about half of our state's brown pelican population nests on Audubon's Islands—ares that are designated and critical to their survival.

So much for the brown pelican, our much enjoyed local bird. Long may you fly. Long may you bring us your grace and beauty.



## BEAT the HEAT

Heat waves are a leading cause of extreme weather-related deaths in the U.S.

### Who's at RISK in EXTREME HEAT?

Adults over 65, children under 4, people with existing medical conditions, and those without access to air conditioning

### What can you DO?

#### Stay Cool

- Avoid direct sunlight
- Wear lightweight, light-colored clothing
- Keep home cool by turning on air conditioning or running fans
- Take cool showers or baths

#### Stay Hydrated

- Drink more water than usual
- Don't wait until you're thirsty to hydrate
- Avoid alcohol or liquids containing large amounts of sugar
- Remind others to drink enough water throughout the day

#### Stay Informed

Visit Cal OES's Heat Resources page to learn more about how you can protect yourself and your loved ones in extreme heat at [caloes.ca.gov](https://caloes.ca.gov)

**Cal OES**  
GOVERNOR'S OFFICE OF EMERGENCY SERVICES

[oesnews.com](https://oesnews.com)

## NEVER LEAVE YOUR PET IN A HOT CAR

**Your Car**

After 1 Hour **113°**

After 30 min **104°**

After 10 min **89°**

**When it is 70° Outside**

**Your Dog**

107-109° Heat Stroke

At Around 104° Heat Exhaustion

100.5 - 102.5° Normal

### Signs of a Heat Stroke

- Heavy Panting
- Difficulty Breathing
- Excessive Thirst
- Bright Red Tongue and Mucus Membranes (which turn gray as shock sets in)
- Thick Saliva, Drooling, Vomiting and/or diarrhea
- Unsteadiness and Staggering
- Lethargy

### The Dangers of a Heat Stroke

104° → 15 min. → Collapse, Seizures, Coma, Organ Failure, Death

**CENTRAL PET CARE**

## Practice HEAT SAFETY Wherever You Are

Heat related deaths are preventable. Protect yourself and others from the impacts of heat waves.

### Job Sites

Stay hydrated and take breaks in the shade as often as possible.

### Indoors

Check up on the elderly, sick and those without AC.

### Vehicles

Never leave kids or pets unattended - LOOK before you LOCK

### Outdoors

Limit strenuous outdoor activities, find shade, and stay hydrated.

[weather.gov/heat](https://weather.gov/heat)



# "Serve-day" Is Wonderful

By Lise Gore

On Saturday, June 11th I learned a new term - "Serve-day". An interesting concept where members of a congregation go out and selflessly help members of the community. In my case, they paid for my laundry which was a blessing.

Renovation Church which meets at Topsail High School at 9:15 and 11 :15 on Sundays has a ministry called Serve-day. This is a day the church designates to go into the community and serve.

On the June 11th Summer Serve-Day there were several ways in which church members had the opportunity to serve the community including some family friendly ways that provided an opportunity to teach children that giving has its own special reward.

Families with young children painted rocks to leave hope filled messages in special places. I'm sure these brought a smile to those that found the brightly decorated treasures. Kids made placemats with encouraging notes and

gave them to the elderly in local nursing homes.

They paid for the washing and drying services of the patrons at Holly Ridge Laundry. Nancy and Dean Baublitz, Sarah and Peyton were at the laundry most of the day sharing stories, paying for the wash, and blessing everyone who came their way.

There was a ministry of 20\$ worth of free gas at the pump at various locations. They cleaned windshields, helped pump the gas and listened to some stories.

They paid for car washes, helped with yard work for the elderly, shut ins and at several schools. Some of the members attended a Bingo Ice Cream Party at Arbor Landing Nursing Home.

An estimated 300 members participated in Serve Day from the Renovation Church. The philosophy of the church is that Jesus served and to do so demonstrates love, a desire to strive for excellence and joy.

There is so much sensationalized bad news these days. "Breaking news" comes across our televisions and devices often. Sometimes it feels like the media takes

pleasure in the tragedy and division in our country.

It was certainly a joy to meet people who seemed to delight in helping others. Caring and simple acts of kindness that bring a smile to someone's face should get some coverage. I'm glad I found out about Serve Day. It's proof that we are still a country where someone will do a good deed just to see you smile.



## Holly Ridge Police Department's K9 Razmus To Get Donation Of Body Armor

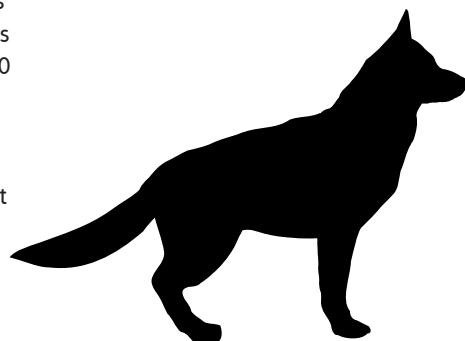
Holly Ridge Police Department's K9 Razmus will receive a bullet and stab protective vest thanks to a charitable donation from non-profit organization Vested Interest in K9s, Inc. K9 Razmus' vest will be embroidered with the sentiment "This gift of protection provided by Vested Interest in K9s, Inc.". Delivery is expected within eight to ten weeks.

Vested Interest in K9s, Inc., established in 2009, is a 501(c)(3) charity whose mission is to provide bullet and stab protective vests and other assistance to dogs of law enforcement and related agencies throughout the United States. This potentially lifesaving body armor for four-legged K9 officers is U.S. made, custom fitted, and NIJ certified. Since its inception, Vested Interest in K9s, Inc. has provided over 4,682 vests to K9s in all 50 states at a value of \$6.9 million, made possible by both private and corporate donations.

The program is open to U.S. dogs that are at least 20 months old and actively employed and certified with law enforcement or related agencies. K9s with expired vests are also eligible to participate.

There are an estimated 30,000 law enforcement K9s throughout the United States.

Vested Interest in K9s, Inc. accepts tax-deductible contributions in any amount, while a single donation of \$960 will sponsor one vest. Each vest has a value of \$1,744-\$2,283, weighs an average of 4-5 lb., and comes with a five-year warranty. For more information, or to learn about volunteer opportunities, please call 508-824-6978. Vested Interest in K9s, Inc. provides information, lists events, and accepts donations at [www.vik9s.org](http://www.vik9s.org), or you may mail your contribution to P.O. Box 9, East Taunton, MA 02718.





# One Life, Training To Save Another

**By DottyAnn Harding**

President & CEO OCPAW (Onslow County Partners for Animal Welfare)

When a call for help is received, volunteers travel throughout North Carolina or other states to assist in the request. With the search, the air scent dog is full of energy and is trained to search an area to detect a missing person. When the person they are searching for is found, they run back to their owner behind them on the trail, jumping, barking, and pacing.....come on, hurry up, they are saying. Follow me, I found them!!!! Trailing dogs will use a scent article of the person they are looking for and follow the trail of the missing person until they find the person or lose the trail.

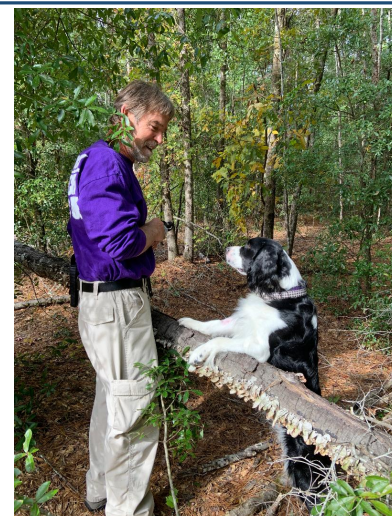
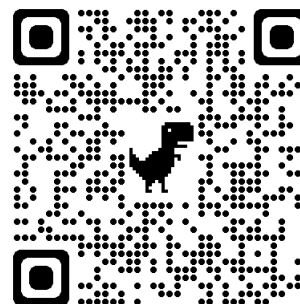
There is a different tone, however, when HRD (Human Remains Detection) is the reason the search is occurring. The dogs have a serious tone about them, they are subdued and intensely focused. When detection is made, the dog will provide their trained response to the find. Typically, they sit or down at the source, but if they find the source far away from their handler, they will return

to the handler and show them where the source is.

**Meet your Neighbors.....**Marci and Brian Anderson volunteer as team members of the Brunswick Search & Rescue (BSAR) along with their K9s, Lucy & Champ. They have rigorous compass navigation training and are certified in finding missing persons in all types of environments, such as disaster, water recovery, woods, and urban situations in North & South Carolina. Their mission is to find people they have never met, utilizing their dogs to find lost or missing persons. BSAR K9's are certified in wilderness air scent, man trailing, and human remains detection on both land and in water.

BSAR responds to missing person incidents upon the request of local law enforcement, emergency managers, or state/national agencies. Presentations are also available to organizations about Search & Rescue and children's programs regarding "How Not to Get Lost in the Woods and What to Do If You Get Lost." BSAR is a non-profit organization that raises funds to support the training of our volunteers and K9s, and cover search

expenses. Tax-deductible donations are always welcome, along with volunteers to assist in their training efforts. Don't hesitate to contact [ocpaw.com](http://ocpaw.com) if you would like a representative to contact you regarding these programs. 910.745.7930

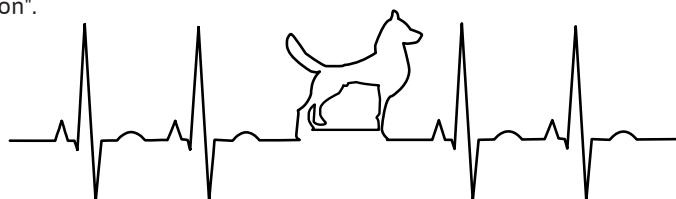


Linda Roth  
PHOTOGRAPHY



The following was from a FaceBook post written by Chief Doug of BSAR,

"Great day of training! Thanks to Dr. Dante Martin for giving us hands on K9 first aid training, including a lesson in stapling an open wound. Dr. Martin also gave us a behind-the-scenes tour of his veterinary hospital. We very much appreciate Dr. Martin taking time this weekend to help us be better prepared to help or K9 team members! As a bonus, Rita Rendon provided the team with CPR training. In addition to being an RN, Rita runs Back to Nature - Second Chances animal welfare organization".



Dr. Dante Martin, the owner/veterinarian of Holly Ridge Veterinary Hospital and Pet Health of Hampstead, is steadfast in his efforts to help his community. He has actively participated in our PawsAbility Low-cost Spay/Neuter Program since its inception in 2009 and offers care and assistance to animals and rescues in need. (pictured right)





# The Marian Way

By Marian Taylor

**Lollygagging, dilly-dallying, or procrastinating** is simply postponing or avoiding something that you want to accomplish, eventually! Most people have put-off doing something for various reasons. Perhaps you have found yourself out of your regular routine because of what is going on around you. Maybe you have avoided a task because the job was either too big or too small or you didn't know how to complete it? Today I spent the entire day putting-off writing this article. I did everything else that needed done and then some, while avoiding sitting at my desk to write. I told myself I would start after I made my second cup of coffee, after a few phone calls, after checking emails, after loading the dishwasher, wiping the counters, starting the laundry, making the beds and on and on. Many of those things were not even on my to do list! As I went about this crazy day of lollygagging, I became very aware of my emotions and the feelings I had as I talked myself in and out of sitting at my desk. I experienced many emotions during the day and found myself very self-critical.

My emotions began very positive and then over the course of the day they turned negative including being annoyed, frustrated, overwhelmed, angry, panicked, and exhausted. The only way I could get back on track and get the article completed was to readjust my thinking, change my negative thoughts, take a break and step away from it. When I returned, I adjusted my environment by turning off my cell phone, shutting down social media and I cranked up my favorite upbeat music. Once the article was finished, I felt accomplished, and glad to check it off my list. Although I had some negative emotions throughout the day the accomplishment was more gratifying than I imagined.



## 7 simple solutions to avoid procrastination:

1. Create a to-do list with completion time and date.
2. Commit to doing the task. Do not move on to the next task until the current task is complete.
3. Minimize distractions. Turn off electronic devices and avoid checking social media and email.
4. Turn on your favorite upbeat music.
5. Start with the smallest task first. You will feel great accomplishment when you can cross off the task from your TO DO List.
6. Set a timer for 15 minutes. You can accomplish a lot in a short amount of time.
7. Push through procrastination and negative self-talk. Walk away for a short time if needed.

*Marian Taylor, is the creator of The Marian Way. Her mission is to support people in living a simple, and beautiful lifestyle. As a professional downsizer and relocation specialist for 10+ years she knows firsthand as to what it takes to help people let go of their "excess", with her time-tested tools, tips, and solutions. Marian is also a good food ambassador and*



*offers gluten free and clean mealtime solutions. Marian will be sharing Simple Solutions for Meals, Wellness, Home Décor and more -The Marian Way! To find out how The Marian Way can help you with your project, please email: [Marian@TheMarianWay.com](mailto:Marian@TheMarianWay.com)*

# 2022

## Sneads Ferry

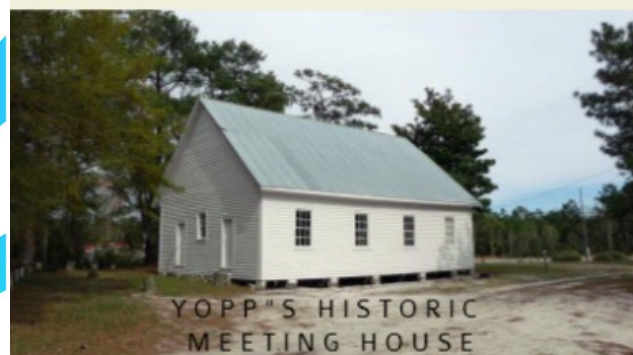


## Shrimp Festival

▶ October 21-22, 2022 ◀

[www.sneadsferryshrimpfestival.org](http://www.sneadsferryshrimpfestival.org)

## Yopp Meeting House & Cemetery Restoration Project



### MEETING HOUSE

Yopps Meeting House, is a historic Primitive Baptist Church located in Sneads Ferry. The current building was built around 1890, however there may have been a log building built as early as 1813. It is also listed on the National Register of Historic Places

### CEMETERY

The Cemetery on the grounds has graves dated pre-Civil and includes an African American portion as well as rare unmarked wooden markers.

## OUR MISSION

Over time the building and cemetery grounds have fallen victim to neglect and deterioration. With the help of many volunteers the beauty of the cemetery is beginning to come back. History matters and should be protected and taught. We strive to restore the church to its original beauty as well as consistently maintain the cemetery grounds. Our vision is to use the building as a space to teach future generation and residents the rich culture and history of our community. To learn more about our project please follow us on Facebook at: Sneads Ferry Community Yopp Cemetery Restoration

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CONTACT: Heather Whitfield (562) 505-6786 or Terry Kramer (715) 808-4157



# Know NC Gun Laws and Rules

1. A person must be 18 years of age to purchase a long gun that includes rifles and shotguns. A photo ID and a background check is required by any NC gun shop before transferring this weapon to a buyer. If a person is 21 or older, and has a NC Conceal & Carry permit, then no additional background check is required.
2. A person must be 21 years of age or older to purchase a handgun. In order to purchase a handgun, the NC resident must have a photo ID and a NC Purchase Permit or NC Conceal Carry permit.
3. A person who holds a Conceal & Carry permit from another state may legally carry concealed in NC but cannot purchase and leave with the handgun in NC.
4. A person who is 18 through 20 years of age may obtain a purchase permit from their sheriff's office to purchase or receive a handgun from a private person such as a family member. These permits are not valid to purchase from a licensed FFL gun dealer.
5. A person on vacation may purchase a handgun and it will be shipped to a gun dealer in their state for pickup.
6. Any person may ship a firearm as long as a copy of their photo ID is included in the box and it MUST be received by an FFL. It is against the law in all states to ship firearms to a private person.
7. Both a NC purchase permit and conceal carry permit are good for 5 years. A conceal carry permit is renewed every 5 years for a fee. If the conceal carry has not expired, no additional classes are required.
8. A NC purchase permit can not exceed 5 dollars in cost and there is no limit to the number of permits a person can get.
9. Before travelling out of state with a firearm, make sure you know every state's laws that you will travel through. Call local gun shops in those states.
10. Firearms must be locked and out of reach of children and any one who is not allowed to access them.
11. 99% of all firearms are semi-automatic which means one pull of a trigger per bullet.
12. Full auto weapons require extensive paperwork, fees and background checks. Full auto weapons are very expensive.
13. It is legal to hunt in Pender County with a suppressed firearm.
14. A silencer or suppresser does not make the gun 100% quiet but does dampen the noise.
15. A person may not fire a firearm within city limits and should check with their local county for firearm regulations.

## Ten Rules of Safe Gun Handling

1. Always keep the muzzle pointed in a safe direction and away from people. Never point your gun at anything you don't intend to shoot.
2. Firearms should be unloaded when not in use. Always make sure the magazine is out of the gun and no live round is in the chamber.
3. Don't rely on your gun's "safety". Always treat a gun as if it could fire at anytime.
4. Be sure of your target and what is beyond it. A pile of dirt or clay will not let a bullet travel through. A wooden target will not stop a bullet.
5. Use correct ammunition. Avoid reloaded ammo unless you personally know where it came from and trust that person.
6. If your gun fails to fire when the trigger is pulled, handle with great care! Keep gun pointed at a safe direction and unload firearm.
7. Always wear eye and ear protection when shooting.
8. Be sure the barrel is clear of obstructions before shooting.
9. Clean your gun and inspect it regularly.
10. Learn all you can about the functions of your firearm and check for manufacturer recalls.



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# 4<sup>TH</sup> JULY TRIVIA

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- Q.1. In which city Fourth of July was first celebrated?
- Q.2. How many people signed the Declaration of Independence?
- Q.3. Who laid the cornerstone of Capitol Building on July 4, 1848?
- Q.4. When did Fourth of July became paid federal holiday?
- Q.5. What does 13 Stripes on U.S flag indicates?
- Q.6 Which U.S President was born on 4th of July?
- Q.7. In which year the Declaration of Independence signed?
- Q.8. Which country got independence from U.S on July 4th 1946?
- Q.9. Who died on 50th anniversary of Independence Day?
- Q.10. On which day did Congress vote for American independence?
- Q.11. Who wrote the lyrics to "The Star-Spangled Banner"?
- Q.12. Which institution first opened its doors on July 4, 1802?
- Q.13. What is the printed version of declaration called?
- Q.14. Who died on 50th anniversary of Independence Day?
- Q.15. Who was England's King on 4th July, 1776?

- |                                    |                          |                               |
|------------------------------------|--------------------------|-------------------------------|
| 6). Calvin Coolidge                | 5). 13 original colonies | 13). Dunlap Broadside         |
| 8). 1776                           | 10). 2nd July            | 1). Philadelphia              |
| 11). Francis Scott Key             |                          |                               |
| 9). Philippines                    | 2). 56                   | 4). 1938                      |
| 14). John Adams & Thomas Jefferson |                          |                               |
| 12). West Point                    | 15). King George III     | 3). President James Knox Polk |





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# Simply Homemade Recipes

## Grandma's Famous Salmon Cakes



1 (14.75 ounce) can salmon, drained and flaked  
2 large eggs, beaten  
1 small onion, diced  
1 teaspoon ground black pepper  
3 tablespoons vegetable oil

Pick through salmon to remove any bones or large pieces of skin. Beat eggs in a mixing bowl. Stir in salmon, onion, and black pepper. Mix thoroughly. Shape salmon mixture into eight 2-ounce patties. Heat oil in a large skillet over medium heat. Fry patties until crispy and golden brown on the outsides, about 5 minutes per side; work in batches if necessary to avoid crowding the pan.

## Banana and Vanilla Cupcakes with Buttercream Frosting



1-3/4 cups all-purpose flour  
2 teaspoons baking powder  
1/2 teaspoon salt  
1/2 cup butter, at room temperature  
1/2 cup white sugar  
3 eggs, room temperature  
1 teaspoon vanilla extract  
1/4 cup milk  
2 large bananas, chopped

**Buttercream Frosting:**  
2/3 cup butter, at room temperature  
1/2 teaspoon vanilla extract  
2-1/4 cups confectioners' sugar  
2 tablespoons heavy cream  
4 drops yellow food coloring, or as desired

Preheat an oven to 350 degrees F (175 degrees C). Grease 12 muffin cups or line with paper muffin liners. Whisk the flour, baking powder, and salt together in a bowl; set aside. Beat 1/2 cup butter and the white sugar with an electric mixer in a large bowl until light and fluffy. Add the eggs one at a time, allowing each to blend into the butter mixture before adding the next. Beat in the vanilla with the last egg. Pour in the flour mixture alternately with the milk, mixing until just incorporated. Fold in the chopped bananas, mixing just enough to evenly combine. Pour the batter into prepared cups. Bake in the preheated oven until a toothpick inserted into the center comes out clean, about 20 minutes. Cool in the pans for 10 minutes before removing to cool completely on a wire rack. While the cupcakes are cooling, make the buttercream by beating 2/3 cup of butter in a bowl until smooth and glossy. Beat in the vanilla, followed by the confectioners' sugar. Once no dry lumps of sugar remain, add the cream and food coloring. Whip on high speed until light and fluffy. Frost the cooled cupcakes with the buttercream frosting.

Photos and recipes courtesy of AllRecipes.com

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K	D	A	A	E	W	T	E	A	E	E	K	E	I
E	A	T	L	U	C	A	S	R	E	I	L	N	K
W	R	H	L	R	O	A	A	W	L	A	A	I	A
H	T	S	O	E	W	B	C	A	A	D	W	O	N
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Tatooine  
Star Wars  
Chewbacca  
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Droid  
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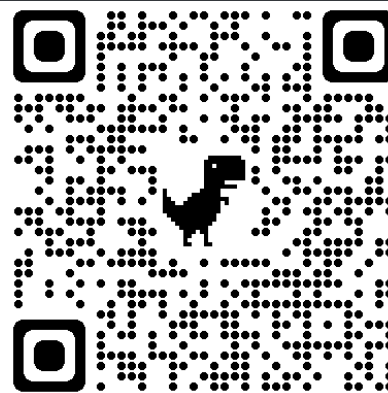
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