

The Potter Post

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Spooky Week

From left: Dylan the swamp thing, Talina Laird, PJ fun with Edgar Campos, Abel Navarro Zeniyah Flemmings, Marleny, Millie Collins, Leyelle Johnson, Brooke Armet, Rae Rannels, Austin Brydon on ASB duty, 8th graders outside Mrs. Osbornes class rocking PJs, Miss Carre's cool hat. Abel Navarro super squid, Rhea Ortiz, Charlotte Brunson and Shaye Casey rocking ghost white. Potter Post staff crazy hats, seventh grade pj fashion show, Kiki Camarena club, Amethyst, Wesley Robinson, Mrs. Seaux-Antony, Mrs. Ramirez, and Mr. Ramos with crazy hair and hats. ASB games were a big hit all during this super Spooky Week!

Potter Sports: Cross Country Makes Quite the First Impression!

"8th grade Boys took 2nd place in the Cross Country Championship, and 8th grade Girls took 1st. WE ARE BRINGING HARDWARE! Congratulate all the cross country runners when you see them. This sport is not easy but all 19 athletes finished the race and the season. HUGE thank you to Coach Knox for giving these athletes an opportunity to shine and grow!" said Coach Tabarez. Coach Knox stated, "I am so incredibly proud and honored to have coached the first ever season at Potter. It was successful beyond what Coach T and I ever dreamed possible. Thank you all for trusting me and allowing me to start which I hope to be many many years of Cross Country at Potter. I see nothing but success and growth in our future. For season one to place in a league of 10 middle schools, many undefeated is unbelievable. I couldn't have done it without all of your support and especially Coach T who constantly took it for the team and had my back always."



Top left: Kai Iacuniello, Erik Vu, Noah Consec, Jacob Canfield, Joseph Mills, Ollin Ramsay, Top Right: Kora Mochel, Joseph Mills, Ollin Ramsay, Noah Cansec, Erik Vu, Kai Iacuniello, Bottom left: Madison, Belinda Juan, Lilia Suarez, Olivia Bonfanti. Bottom right: Cross Country team hosts first ever meet at PJH. Photo by Ares Miramontes.

Israel

Imagine constantly living in fear that your home could be destroyed within seconds. This is what the people of Israel are currently struggling with. On October 7th around 5 p.m., Hamas launched a surprise attack on Israel. You are probably wondering who Hamas is. Hamas, or the Islamic Resistance Movement, is a militant group that governs the Gaza Strip, and has repeatedly attacked Israel with rockets, mortars, and more from the air, sea, and land. Israel officially declared war against Hamas on October 8th. Hamas wants Palestine to become an independent state, and have more control

over Palestine and greater political power, Palestine territories have been legally occupied by Israel since 1967. Israel and Hamas have been fighting off and on for a decades. Currently, Hamas has taken hundreds of Israeli citizens hostage and Hamas gunmen have invaded the streets of Israel killing hundreds of more citizens and soldiers. The Israeli death toll has risen to 1300, with more than 3,000 injured. From what we know now, things will likely continue to worsen. In addition, Joe Biden has spoken out and said, "We stand with Israel". The US has been sending military supplies to

Israel. Aside from sending supplies over to Israel, we aren't sure if the US will get completely involved in this war. As we know, other countries also have had conflicts and now we have Israel and Hamas at war. Let's hope that this situation doesn't lead to a world crisis. Witnessing a war is something no person should experience, and we must understand that there is no good or bad side. Israel and Hamas are destroying each other, they are both killing innocent people. Let's do our part by spreading awareness and giving realization to others. By: Luna Hribik

Dia de los Muertos

Dia De Los Muertos, or Day of the Dead in English, is a holiday celebrated on November 1st and 2nd and sometimes on Oct 31st- Nov 6th. It is mainly celebrated in Mexican culture to remember your family members who have passed away. On October 31st at midnight the gates to heaven open to welcome children who have passed away to stay with their family for 24 hours. The same happens for adults at midnight November 1st. To welcome your deceased family member into your home again, you must make an ofrenda (altar) with a photo of that family member and their favorite foods and memories during their life. Some families have a big dinner and some just party! There are also several movies about Day of the Dead. One very popular one is Coco, the Disney movie. However you choose to celebrate Day of the Dead, it is a beautiful holiday and one you should learn more about! By Elin Gangnath



Voces de Fallbrook Dia de los Muertos event: Catrina marches in. PJH Folklorico at FHS Trunk or Treat Catrinas dance.

Eclipse

The 2023 Annular Eclipse happened on Oct 14, 2023. This kind of eclipse happens when the moon passes between the sun and the earth. The continents where it took place were Central, South, and North America but the countries that could see it were the United States, Mexico, and other countries in South and Central America. When it started it was in Oregon at 9:13 am until 12:03 pm up in Texas. Here is a map/diagram of the eclipse in North America. By: Ares Miramontes



Christmas vs. Halloween

Which holiday is better: Christmas or Halloween? Christmas holds religious importance for Christians worldwide and is celebrated with church services, nativity scenes, and caroling. It is also a time for family gatherings, gift exchanges, and expressions of love and gratitude. Halloween has ancient Celtic origins and pagan roots. It originally marked the end of the harvest season and the beginning of winter. Over the years, it has evolved into a holiday in which people focus on costumes, trick-or-treating, and superstitions with elements of Celtic folklore, Catholic traditions, and modern-day pop culture. People like Christmas is because they make festive foods, such as roast turkey, gingerbread, and fruitcakes, and you spend time with your family and exchange presents. People like Halloween because sweet treats are handed out and festive foods like caramel apples, popcorn balls, and creatively designed cupcakes are eaten. In my opinion, I like Christmas more because I get to spend time with my family and eat turkey and other festive foods. By: Raymundo Miranda

DIY Costumes

Have you thought of a Halloween costume yet? You could go as anything! The possibilities are seriously endless! Your costume could be as simple as some cat ears, or it could be as detailed and elaborate as homemade objects. Your costume could be silly or spooky; a silly costume could be something funny like a meme or something scary like a witch. The funny costume could be the very popular and funny meme of skibidi toilet. To be like skibidi toilet, you could smile widely. To be a simple yet spooky witch, you could paint your face green and wear black clothing. Happy Halloween, and enjoy choosing your costume, no matter how spooky or silly it is! By: Tanya Ramirez



At PJH

We've asked PJH what they're going to be for Halloween. Charlotte Brunson said she's going to be Steve Harvey. "I'm going as a banana," said Norberto Salgado. "Imma go as a peanut," said Oliver Leon. "I'm going as Bob Ross," said Lorenzo Brumfield. Sofia Carboni said, "I'm going with a group of my friends as the Ninja Turtles." Have a great Halloween! By: Aidan Quinn

Real Haunted Houses

We've all heard about visiting haunted houses around Halloween, but do you know the history of them? Haunted houses first started to appear around the same time as trick or treating during the Great Depression. A way to distract kids and teens from pulling pranks that involved harassment or vandalism, they became more popular over time. These days, there are said to be "real" haunted houses that have ghosts. The Amityville Horror house, located in Amityville New York, is rated 11 on zillow.com's most haunted house list, and it does have a deadly story, as well as a movie made about it. The Whaley House rated at number 10 on the list. Located in San Diego California, the notable ghost there is "Yankee Jim" Robinson. The Whaley family had a grim ending. At number 9, the Stranahan House in Fort Lauderdale, Florida's only report on ghosts is an old man name Frank Stranahan. Due to the effects of the Great Depression, he suffered from depression and mental health issues, then he later died. The Myrtles Plantation is location is St. Francisville, Louisiana, and the ghost that lives in the house is Chloe who was very jealous of the Woodruff family. After some time passed, she confessed about what she did and people hanged her and dumped her in the Mississippi River. Now the Myrtles house is a bed and breakfast. Chambers Mansion in San Francisco, California whose notable ghost is Claudia. The house was a family house, and reports said that "An insane member of the Chambers family chased Claudia into another member of the family's room and killed her." Happy Haunting! By Heaven Baez

National Farmers Day

National Farmers Day is celebrated to honor the hard work of men and women. Farmers are so important to a country because they produce, raise, and harvest the food and vegetables that everyone has on their tables every day. Also, 97 percent of American farms are family-owned farms. Let's thank all of those families that produce the food and vegetables that we eat every day. Also, there's another national day for farmers in Louisiana called "Old Farmers Day Festival," which is also celebrated on October 12. Most of the farmers' average ages are between 46 and 56. Farmers not only provide food to a country; they also help with the economy of a country in numerous ways. Also here in Fallbrook, they celebrate the avocado festival. The Avocado Festival is held in April each year. It doesn't have an exact date, but in April this year, it was celebrated on April 23. The avocado festival is celebrated to learn about the farmers market, agricultural area, and other things. Fallbrook has a lot of places where agriculture happens and where a lot of people work every day to have fresh vegetables to eat. In conclusion, let's thank all the farmers for all they have done and for supplying us with the food that we need. By: Julio Salvador Zacarias



Travel

Have you ever wondered how it feels to have the cold crisp air touch your skin as you're walking along a lake seeing the beautiful mountains? Well, that is Avon Colorado. When you think of Colorado, you might think of mountains or snow, but there is so much more. While I was walking with my family, there were some signs talking about the history of this beautiful place, for example, one of them said "In 1921, Eagle Valley Ranchers turned their attention from raising cattle to a new agricultural venture: head lettuce." Along with that, it also talks about Avon Bridges, that "River crossings were especially challenging for early pioneers, their wagons, and horses." In Colorado, there is not only history, but wildlife. One very popular bird is called Black-Billed Magpie with its colors, which include black, blue, and white. In conclusion, Colorado is a beautiful place I recommend visiting; with its magnificent red, orange, and yellow colors in fall, and snow in winter, you would not regret visiting that place. By Grace Campbell



Froyo

As you may know, Mrs Sherein from Yogurt Palace off Main Street comes to our school every Wednesday. If you can buy the yogurt, you have some options: chocolate, vanilla, strawberry sherbet, and chocolate vanilla swirl. You also have an option to get strawberries on it. I recommend going to the Yogurt Palace located at 130 S. Main Ave, Fallbrook, CA. Trust me, it is so worth it. You get a wider option of flavors and toppings. When asked what their favorite flavors are, PJH braves had some pretty delicious choices. "Vanilla with strawberry lemonade and chamoy watermelon rings is goated," said Aidan Quinn. "Any fruity sorbet with peach rings on it," replied Robert White. Here's a fun fact: Mrs. Sherin, the owner of Yogurt Palace is the one who comes to our school she is super nice and friendly. By: James Russell



Haunted Horror Nights

Universal Studios Haunted Horror Nights has haunted houses and some rides are also haunted. This year, they added new haunted houses. They added Chucky, Stranger Things, The Exterminators and more. Halloween Horror Nights is a very fun place to go to, but it is kind of expensive, so I would recommend not buying anything inside because the "merch" is going to be double the price. If you are scared of chainsaws, you shouldn't go because they chase you everywhere with them and get close to you. The park closes late ending at 2:30 am, so if you get tired easily you should consider that. All in all, Halloween Horror Nights is a fun and spooky place to go, so I would rate it an 8 out of 10. By: Valentina Garcia Olivas

Worst Costumes

There are so many choices for costumes. We asked some students on campus what the worst Halloween costumes are and here is what they said: "Those inflatable ghost things"-Annia Camacho, "The Scooby-Doo gang"-Elene Garland, "Cats or furies"-Dana Hollcraft, "Chicken nugget"-James Russell, "The alien that picks up people"-Riley Bell, "Some dog looking thing"- Kevin Martinez, "When they have a bathtub with like a curtain around it"- Lily Martin. "Cute little M&M's, like, that's so basic"-Elin Gangnath, "Probably a Rubix cube"-Jaxson Schuman. Which costume do you think is the worst? By: Aidan Quinn and Jaxson Schuman.

Pies

Pie season is here! Two fall treats are coming to mind. Which dessert is better: pumpkin pie or pecan pie? Pumpkin pie is a classic autumn treat made from a smooth, custard-like filling made with pumpkin puree, spices such as cinnamon, nutmeg, and cloves, and sweetened with sugar or other sweeteners. It has a rich, creamy texture and a warm, comforting flavor that many people enjoy. Add some whipped cream on top to take your pumpkin pie to the next level. On the other hand, pecan pie is known for its gooey, sweet filling made primarily with pecans, corn syrup or molasses, butter, eggs, and often flavored with vanilla or other spices. The pecan filling caramelizes as it bakes, creating a wonderfully nutty and sweet taste. It's a salty, sweet, gooey and crunchy combination. Which one do you think is better? By: Raymundo Miranda

October-tivities



Do you have nothing fun to do? Go to Starbucks and get a pumpkin spice latte, go to a pumpkin patch, and then have a photo shoot. Go see a scary movie or go to a scary themed amusement park. Carve a pumpkin and put a candle in it to make a Jack-O-Lantern. Make spooky cookies and treats to eat. Make DIY Halloween crafts and costumes. Make a fun game to play, like bone bowling or Bob for Eyeballs. Find a spooky antique store and buy creepy objects. These are some fun things to do in October. By: Robert White

Be Nice Day

National Be Nice Day is celebrated on October 5th, and it is a day where you can mind your words and your actions. October 5th is not the only day you can be nice to someone; you can always be nice. Being nice to everyone on a day to day basis can make your day happier and also make the other person happy. Being nice is a choice everyone makes every day in small ways that add up to something big. Being nice can affect your mental and physical health. It also can be a way to make your community a better place to be whether it's at home, school, or out in public. Some ways you can be nice to someone are by smiling, giving someone a hug, listening to someone who is having a bad day or has problems, being polite, and lastly, helping someone who needs help. Being nice to people feels good. Also, being nice can help you have good health. So don't forget to be nice. You can be nice in numerous ways. By: Julio Salvador Zacarias



A Cool Flick

Scott Pilgrim vs. the World is a 2010 action romance comedy co-written, produced, and directed by Edgar Wright. A bass guitarist for a garage rock band Scott Pilgrim doesn't have any problems getting a girlfriend, but only has trouble getting rid of them. He meets a girl named Ramona Flowers. He likes her, but has to battle her seven evil exes. I rate the movie a 10/10 because it is my favorite movie, and you should watch it because it is cool. By Arabella Baker



Candy

We can all agree that not all candy's created equal. Some Halloween candies are so nasty that they aren't even worth eating. We asked PJH what they thought about all this candy. Mr. Rudy said he absolutely hated any kind of Mexican Candy! Ms. Pat said that she hated smarties because they taste like chalk! Many people said that they hated candy corn because it was way too sweet. Bentley Nash said Almond Joy because they're "just gross". Lillian Eckert said that she didn't really like Milky Way or Twix. Mr. Afonso said that every candy is bad except for Reeses. There were a handful of other candies mentioned including laffy taffy, tootsie rolls and more! By: Luna Hribik, Rae Rannells, and Elin Gangnath

Scary Shed

On a hot day, Jack was over at his uncle Pedro's house during the short summer break. Jack always thought uncle Pedro was a sketchy man who was overly protective of the shed he had next to his house. Jack was not used to the swampy place his uncle lived in, especially with all the bugs roaming around. He never hung out with uncle Pedro; he was usually inside his shed. Jack had always wondered what was in his uncle's mysterious shed. The next day, Jack had gone down stairs for a snack, and he noticed that Pedro was hardly around. Day by day, Pedro spent more and more time in the shed until he was fully invested into whatever it was that he had in there, so Jack had the bright idea to sneak into the shed at night. 4:26 read the clock in the dark bedroom. He was ready with his flashlight in hand. When he had reached the shed he noticed that the door was locked meaning he had to find keys of some sort. So he searched and searched the entire house until he came across Pedro's bedroom and figured the keys to the shed would be in there. As he cracked the door open he felt the cold air flowing through the room. Searching

Corn Maze

"Let's go, it'll be fun," they all chimed in. "Are you sure?" I asked. "Yeah, don't be a scaredy cat, it's just a corn maze!" My friends all pushed me into the entrance of the corn maze. It looked terrifying but I had no other choice. I and my two other friends continued walking. They made me take the lead, and we stopped at a dead end. I turned around and they were gone, although I heard them walking behind me. "Guys..." no response. "Hey, that's not not funny, come out!" Again, there was no response. I heard some strange noise, but I thought it was my friends playing around. I shouted, "Hey guys, please, this is not funny. Come out now!" Still, there was no response. I continued to walk, looking for my friends and shouting their names. That's when I started to have a weird feeling, as if something was watching me and following me. I was still walking around. I couldn't find my friends at the exit of this maze. I was getting scared. All of a sudden, I noticed there was a scarecrow a few steps behind me. I swear on everything it was not there before. I continued searching for my friends so we could leave this creepy corn maze. It was probably midnight by now. My mom was gonna kill me! At this point I decided to just run and leave my friends. They dragged me into this after all. What other choice did I have? I started looking for the exit. I was walking around everywhere, and my legs were killing me. I couldn't stand this. I sat down and sighed. Then I heard two familiar laughs. Could it be them? I whispered to myself in hopes of finally leaving this place. With a racing heart and burning, aching legs, I turned toward the sounds of the voices. I could see light in the distance coming from pumpkin shaped lanterns. I booked it. I knew I had found the exit. "HEY! There you are!" they both smiled at me. "Why did you guys separate from me? I was literally lost!" I cried. "Did you see the scarecrow we left you?" My friends chuckled. "That was not funny at all. I'm never following you guys to a corn maze again!" By: Jannet Galan

Dad Joke

Q: What's a mummy's favorite type of music?

A: Wrap!

everywhere, his last stop was the drawer at the side of his uncle's bed. As he opened the drawer he saw the sparkle of the key, he grabbed it, exiting as quickly and quietly as he could. As he was outside, he made his way to the shed. He heard sounds of a breaking twig. He thought nothing more than it being a deer or other animal. When he opened the door, he heard mysterious sounds coming from down the stairs. Going down the creaky uneven stairs, he heard the sound of chains dragging on the floor. When he reached the floor, he searched the wall for a light switch. As he flicked the switch, he saw what his uncle was working on. Terrified, he dropped the flash light and ran to the stairs but to his surprise, his uncle was at the top of the stairs. So he hid in the drawer closest to him keeping the drawer door barely opened so he could see. His uncle was right outside the drawer searching everywhere to find Jack. When Pedro's back was turned, Jack took the chance to run up the stairs. When he got back up he ran into the house into his room and hid under the covers hoping his uncle would not come in. THE END. By: Diana Bailon Mendoza

Fan Favorites

Are you stuck at home bored not knowing what to do? Well, it's October! Best get into the spooky or fall spirit, and one way you could do that is by watching fun and classic spooky movies! Here are some fan favorites. First, it has to be Ghostbusters! When a team of scientists are fired from their jobs they decide to find an alternative way to earn money. A dimension opens up and releases ghosts who wreak havoc on New York. It is now their job to save the city of New York. You can watch it on Peacock, FuboTV, and Prime Video. Number two is The Nightmare Before Christmas. This movie follows a character named Jack who is the pumpkin king of a place called Halloweentown. Every year the town celebrates Halloween the same way. He soon grows sick of it, and decides to run off into the forest where he finds the portals to each of the different holidays. Jack visits Christmas Town and soon decides to celebrate a different holiday instead.

Happy Halloween!



Simon Jimenez, Cali, Aidan Quinn, Abel Navarro, Mrs. Seaux-Antony, Eriana Avila, Jayden Molina, Diana Bailon, Wesley Robinson, Amethyst Wood, Savannah Brantley, Eddie Sutterfield, Evan Canizzo, Valeria

The Pumpkin Uprising



As some of you may know, Mr. Afonso, the 7th-grade Social Studies teacher, has been collecting an army of pumpkins. Not all of these pumpkins are as important as Bolbus, the pumpkin overlord. Located at the highest point of his desk, you can also locate King Bolbus by the crown on his head. This is to catch you up on all that is happening, but that's not all. People are speculating about a pumpkin uprising. There is a continuing amount of growth in the pumpkin community in Mr. Afonso's classroom, which is quite a concern to some students. One student said, "They were angry that they were not able to name all the pumpkins as they were the creator of a confidential name, Bolbus." The leader himself, Mr. Afonso said, "I hope they won't make the same mistake as Rome did that eventually caused their fall." By James Russell

You can watch this movie on Disney+. Third is Coraline. A girl named Coraline moves to a new neighborhood filled with strange neighbors. She doesn't feel enthusiastic about the move and decides to explore her house. She soon finds a strange tiny door in the living room, and when she opens it she finds a tunnel to another world. In that dimension, she discovers she has other parents there, but these parents are more fun and allow her more free privileges. She loves the other world but soon discovers many unsettling truths. Streaming services you can watch this on are Max, Spectrum TV, Prime Video, Vudu or Apple TV. A couple of honorable mention series to watch are Stranger Things and Scooby Doo, as well as a couple of movies like Casper the Ghost, The Addams Family, Beetlejuice, The Haunted Mansion, and It's the Great Pumpkin, Charlie Brown. Thanks for reading, and Happy Halloween! By: Annia Camacho