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Accepting Support Purchases Online!

The Palmdale durna

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Local News That Directly Impacts Our City

Volume I, Issue II

Published by Michael and Carol Ross

March 2022



Ban on Vaccine Passports in Palmdale

Unanimous Decision by the City Council

By Amanda Palmer

On March 2, 2022, the Palmdale City Council unanimously voted to pass Ordinance 1577, prohibiting the use of mandatory COVID-19 vaccinations and vaccine passports within the city. The ordinance will take effect in 30 days. Since October, the city council has been encouraged by community members to enact the ordinance. But until the last moment, no one knew how the vote would

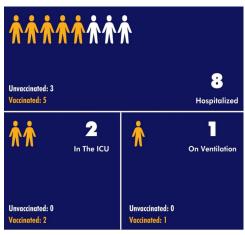
Nearly 100 supporters filled the council chamber and 100 more waited outside. There were nearly two hours of public comment and discussion on the "Freedom Ordinance," as nicknamed by the Palmdale Freedom Coalition (PFC). The sole dissenting comment was made by local resident Dave Bowman, who maintained the futility of enacting the ordinance since the mask mandates were being lifted. Rising up in rebuttal, other speakers pointed out that the mandates may be rescinded temporarily, only to be reinstated at a later date. The verbiage of county statements has already alluded to the possibility of doing just that.

Altogether, twenty-three freedom fighters spoke in favor of the ordinance. From a scientific, legal, and social viewpoint, the mandates were denounced in no uncertain terms. Many highlighted their ineffectiveness, urging listeners to "follow the science" and act upon it. Christine Parkinson brought to attention

the current COVID-19 numbers reported by Antelope Valley Hospital, image provided below. She also referenced Dr. Robert Malone, one of the physicians instrumental in the development of mRNA vaccines, citing he no longer the shot; he recommends subsequently silenced by the media and government.

For legal justification, if not precedent, speakers mentioned the recent Supreme Court ruling against the Occupational Safety and Health Administration (OSHA). Overriding bodily autonomy, the administration's policy would have forced employers with over 100 employees to compel their workers to submit either to the vaccine or regular testing.

> To refute those concerned that See ORDINANCE on Page 3



March 2, 2022, COVID-19 Case Numbers as reported by the AV Hospital.

CREATING MEMORIES

THROUGH IMAGES

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Romans 6:23

Mystery Warehouse

By Franklin Castillo

On a January morning, anyone passing by the southeast corner of 10th St. West and Avenue M would have seen a new billboard screaming out the message: "Stop Amazon! Save our Joshua trees!" The billboard, which was pulled down within hours, was an anonymous call for action against a 1.05 million square foot industrial space to be built on the site. The land is city-owned and currently supports hundreds of Joshua trees, which many in the community would rather see preserved. Others, however, expressed interest in the jobs such a warehouse would bring. But to the time of this writing, it's still unclear who exactly January 27th: "They will destroy hundreds is building, what and when.

The prospect of new jobs coming to the Antelope Valley was a subject worth looking into. The Palmdale Journal reached out to Amazon PR representative Eileen Hards to ascertain whether Amazon did actually intend to build in the AV, and what sort of project they had in mind. Her office replied with a brief email stating that they were unaware of the project and would look into it. This only begs the question, is this to be an Amazon facility? Or someone else's?

To the Joshua tree advocates, it doesn't



This sign was at the corner of 10th St. W and Ave. M but was taken down within hours.

matter. According to an editorial written by Mr. Jason Zink and published in The AV Press after the city meeting on of our Joshua Trees and native shrubs and prime desert habitat." He went on further to say, "We have lost tens of thousands of Joshua trees, and thousands of acres of prime desert native habitat, and wildlife with recent local developments, solar and wind farms and the illegal pot grows. We have neglected our responsibility locally, and our representatives have big-time, in protecting our lands."

According to an article written by Allison Gatlin, a staff writer for the Valley

See MYSTERY on Page 5

Senate and Assembly Bills

By Denize Verduzco

Did you know that in 2021 around 900 bills were passed in the State of California? Why is this relevant or important? Well, it is these bills become policy that affect the citizens of the State. Furthermore, it is these same bills and policies that set a precedence for other states to follow suit.

While it is practically impossible to keep track of the hundreds and sometimes even thousands of bills that are presented yearly, we must attempt to be as informed as possible. Our representatives work for us; and when a bill is presented, we have every right to perform our civic duty by voicing our concerns. While many bills work in the favor of citizens, many more have negative effects because they strip

away the rights that belong to individuals.

The following bills presented today are examples of just that. These bills strip away the rights of parents over their children, employers over their business, and doctors over their own practice.

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Help Wanted

Currently everyone on staff is a volunteer. Our readership is growing and we need more volunteers to stay afloat until these positions can be paid. We welcome local writers, print layout designers, and website layout designers. Please consider joining our

All submissions to *The Palmdale Journal* are greatly appreciated and will be printed at the discretion of the editors. Submission of a piece grants the editors permission to edit and print it. The articles do not necessarily reflect the opinions of the editors or owners. Thank you.

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We've Got The Goods

The People's Convoy in America

By Amanda Palmer

The trucks left early in the morning on February 23, 2022, from Adelanto, California. Hundreds came to see the truckers off on their way to D.C. Bundled up against the 34-degree temperature and wind chill in the 20s, numerous Antelope Valley citizens traveled to Adelanto and provided cash, words of affirmation, meals, and encouragement to the local truckers.

According to Sabeth Perry, a reporter for The Palmdale Journal, "Before the send-off, everyone from all walks of life gathered together to hear encouraging words from various leaders such as Front Line COVID-19 Critical Care Alliance Doctor Pierre Kory, Godspeak Church Pastor Rob McCoy, truck driver Dallas Hughbanks, Convoy organizer Brian Brase, Adelanto Mayor Gabriel Reyes, and many more. The cold weather did not stop hundreds of supporters from coming out to give a warm, patriotic send-off to the truckers and all who were traveling with them. The mood was lighthearted as people walked around talking to each other visiting the vehicles and the drivers that were soon to depart." She continued,

The Canadian Convoy

By John Hardesty

Dictatorial Canadian Prime Minister, Justin Trudeau, hinders Canadian citizens' ability to exercise their right to freedom of assembly and freedom of speech under Part 1 Paragraphs d and e of the Canadian Bill of Rights.

On or around January 22, 2022, as a direct result of the world wide tyrannical push to force the COVID-19 vaccinations on the people of Canada, a group of Canadian truckers decided to get together and organize a nationwide convoy. It began in various provinces and converged on the Parliament and safe space of Prime Minister Justin Trudeau in Ottawa.

The primary objective of the truckers and pedestrian patriots was the abolition of all illegal mandates pertaining to the Covid pandemic of 2019. The trigger for many citizens was the requirement for truckers to have vaccine passports to come back into the country from the USA.

The convoy did several things in order to make the protest effective. They set up camp in the city of Ottawa, blockaded four border points that cross into the U.S., including the Ambassador Bridge, and also blockaded the capitals of other provinces throughout the nation. The end result being substantial disruption of commerce for the country. Its show of force was so extensive that on February 14th, Trudeau begged Parliament to authorize the never before invoked "Public Order Emergency" of the Emergencies Act of 1988. Many thought this was an incredible overreach to use against a rather peaceful protest even if the blockades resulted in economic losses of up to 6 billion dollars.

Many Canadians were concerned about the prime minister's ability to declare a "public order emergency." To

"It was an awesome scene filled with emotions of gratitude, pride, strength, and encouragement."

According to The People's Convoy Press Release, "This convoy is about freedom and unity: the truckers are riding unified across party and state lines and with people of all colors and creeds Christians, Muslims, Jews, Sikhs, Mormons, Agnostics, Blacks, Hispanics, Asians, Native Americans, Republican, Democrats." The truckers decided to lead in this movement, sacrificing pay, fuel, and time away from their families.

Americans had an advantage in being the second, rather than the first, to fight

for personal choice and the right to body autonomy. In Canada, the government froze the bank accounts of truckers and those who supported them through crowdfunding websites. In America, The People's Convoy opened its website to accept donations. They have gone as far as maintaining their own legal counsel, a third-party accounting firm, and security, according to their website.

The Children's Health Defense (CHD) team is assisting with coverage and you can access their coverage on CHD.TV. The CHD president, Mary Holland stated, "After witnessing the extreme bias of mainstream media in covering the Canadian convoy over the past month, CHD decided to step in to offer people a truthful accounting of the progress of The People's Convoy here in the U.S."

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provide insight into the public's concerns, the Emergencies Act, part II, section 17, paragraph 1, states that the declaration of a public order emergency is to be based, "on reasonable grounds...." but does not define "reasonable grounds" anywhere within the document. This ambiguous language allows a decision to declare a public emergency order to be subject to the opinion or feelings of the prime minister rather than being subject to the violation of laws.

By invoking the Emergencies Act, the federal government was empowered to place protesters under arrest, seize their trucks, and freeze the bank accounts of citizens, which consisted of over 7 million dollars worth of private citizens' funds. Protest leadership was also placed under arrest and remained in jail without bail. The government also portrayed what was a peaceful protest of praying people and honking trucks as an illegal assembly of terrifying terrorists in the eyes of the tyrant Trudeau.

The prime minister's actions violated Part II, of Canada's Emergencies Act. Paragraph 16 states that the criteria to be used to define "threats to the security of Canada" and justify invoking the Emergencies Act are to be governed by Section 2 of the Canadian Security

Intelligence Service Act. To summarize Section 2, "threats to the security of Canada" are defined in four paragraphs as: (a) espionage or sabotage against Canada, (b) foreign influenced violent activities within Canada, (c) violence against persons and property within Canada to achieve a political objective, and (d) activities intended to overthrow the Canadian government. The very last sentence of Section 2, states,"but does not include lawful advocacy, protest or dissent, unless carried on in conjunction with any of the activities referred to in paragraphs (a) to (d)." Many Canadians do not feel that these conditions were met, and that the Emergencies Act should not have been invoked.

After nine days of the Emergencies Act, on February 23rd, Trudeau declared an end to the state of emergency once the protesters were cleared out of the city square along with all of the honking trucks, vehicles belonging to other freedom fighting patriots, and all the means they used to survive the cold of winter. In addition, Trudeau ordered the erection of an iron fence around Parliament Hill to prevent the regression of any protests and to minimize the prospects of any further action from a discontented public.



Contributors Sabeth Perry and Mario Presents attended the People's Convoy event in Adelanto, California. Photos courtesy of Denise Perry.



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The Palmdale Journal

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Michael & Carol Ross

The Palmdale Journal is a town newsletter and entertainment periodical. It is a publication that offers an additional and distinct narrative, reporting and providing information on local politics, and how national, state, and county news impacts our city. The driving force is to provide a free flow of information that may sometimes be discluded or suppressed, providing a dissenting perspective on current events, an effort to get back to our own message. We hope to influence involvement by local residents, building up and sharing a common interest, relating together socially, and promoting truth and freedom in the process.

This is a record created by the community and for the community, the people of Palmdale. We hope that you will join us in this movement to tell our story.



ORDINANCE from Page 1

Ordinance 1577 might put the City of Palmdale at odds with the State of California, long-time resident Mark Napolitano read sections of the Palmdale Constitution and City Charter. "In the event of any conflict, between the provisions of this charter and the provisions of the general laws of the State of California, the provisions of this charter shall control."

Arguments also included the Constitutional guarantees to the people and duties of the elected. The United States Code (Title 18, US Code Sec. 556 (d), Sec. 557, and Sec. 706) warns, "In the presence of two or more witnesses of the same overt act, or in an open court of law, if you fail to timely move to protect and defend the Constitution of the United States and honor your oath of office, you are subject to the charge of capital felony treason." And, 16 Am Jur 2d., Sec. 256 states, "The general rule is that an unconstitutional statute, whether Federal or State, though having the form and name of law is in reality no law, but is wholly void and ineffective for any purpose..."

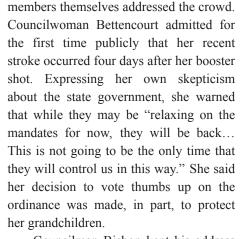
Lastly, the subject was considered from a more personal standpoint. The routine discrimination tolerated and even lauded in the name of public health is in direct contravention of the protections of

California Information Nondiscriminatory Act, as pointed out by resident Garlenia Davis.

Many highlighted the number of individuals who had been stripped of their livelihoods for not submitting to vaccine requirements. And young people shared their struggles and frustrations. One teenager was rejected when she tried to do volunteer work in a classroom teaching literacy to young children. Another yearned to hang out with friends in public places without being harassed for a vaccine passport.

"First, they said we weren't allowed in swimming pools," Christine Parkinson continued in her address, a quote from Marian Turski, a Holocaust survivor, "Then they said we can't sing inside certain buildings... Then they said our children can't play with theirs... Most people talk about the end, but I will never forget the beginning, the feelings of confusion, the rules that never made sense. How were we suddenly excluded from places and other people? All it took was a single step, and then it became one step at a time." In a chilling parallel of social outcasts, Parkinson provided yellow stars with names of Jewish and "unclean" victims of the Nazi regime to

After residents had spoken, the council



Councilman Bishop kept his address brief, urging everyone to move forward firmly but swiftly. Councilman Carrillo, a long-time critic of the ordinance, declined to comment, which made his subsequent vote all the more shocking and unexpected. Upon announcing his decision, an audible gasp swept through clapping, cheering, hugging each other,

Councilman Richard Lao delivered the most substantial response. He maintained the connection between the matter on hand and the Supreme Court ruling in the National Federation of Independent Businesses vs. OSHA. "Unless I am mistaken," he said, "there was no legislative action taken to impose these mandates." Edicts simply "were handed down." In the event of such authoritative intervention by a government, the "rules

must be developed using a rigorous process that includes notice, comment, and an opportunity for public hearing. That didn't happen in this case." Evidentiary grounds for declaring that "state and county governments lack the authority to impose these mandates."

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Councilman Hoffbauer spoke last. He This is not going to be the only time that reiterated his adverse reaction to the vaccine and the mandates' ideological faults. But then he spoke of a conversation he'd had with Attorney General Rob Bonta, who warned him local control is not unlimited and the mandate bans would be legally indefensible. Hesitant and professionally careful, Hoffbauer strained the patience of his listeners until, at length, he cast his vote. Another "yea".

> Audience members leapt to their feet, and shaking the hands of the council members. The meeting did not adjourn until after 11:00 pm, yet members of the Palmdale Freedom Coalition met at In-n-Out to celebrate, a tradition that started with the first victory in November when Palmdale ended its State of Emergency. From the inception of Ordinance 1577 to that night had been a long and arduous struggle, but one well worth it.



Suspicious Activity District Boundaries and Map Update

By Amanda Palmer

Suspicious activity is occurring with the mapping process of Palmdale's of Palmdale's redistricting decision was almost published: "A new district map was adopted by the Palmdale City Council on February 16, 2022. The adopted 'Pink' map was created by the National Demographics Corporation (NDC)..."

But, after the March 2nd city council meeting, many changes to this story had to be revisited, while suspicions remain. The purpose of Agenda Item 14.1 was to discuss potentially moving from the current four districts to "five council districts and rotating mayor." It was the last item to be heard that evening and was approved by the four city council members, the only no vote coming from Mayor Hofbauer.

Councilman Juan Carrillo recommended that when they move forward with the action of implementing

five districts, the process should bypass the Advisory Redistricting Commission (ARC) and that a different consultant be district boundaries. This is how the story used. The other council members agreed. The mayor provided a dissenting opinion. He also clarified that the public comment would not be considered a public hearing.

> If Palmdale moves to five districts, the legal deadline for the council to adopt a new district map is April 17, 2022. This year-long process that included community members, an Advisory Redistricting Commission, and public hearings will be fit into one month with direction from the city council to the city staff with no public hearing planned, thus

> To describe this year-long process, in April 2021, the council authorized the creation of the Advisory Redistricting Commission (ARC). ARC's main role was to review the submitted maps and then recommend some of the maps to the

> > See MAPS on Page 4

Who Needs Heroes? **Sheriff's Layoffs Anticipated**

By Franklin Castillo

On February 8, the Los Angeles County Board of Supervisors voted 4-0, with 1 abstained vote from Kathryn Barger, to begin taking disciplinary measures against unvaccinated officers. This threatens the safety of Antelope Valley residents and betrays our heroes and the wishes of our constituents. According to Sheriff Alex Villanueva, this move could result in the termination of up to 4,000 deputies. It wasn't all that long ago that these very same individuals were considered heroes.

Sheriff Villanueva released a statement the same day effectively stating that the Board of Supervisors (BOS) has "ignored the comments by thousands of their constituents." He went on to say, "This is nothing more than another politically motivated stunt by the board."

The only abstaining member of the board, Supervisor Barger, is known in the Palmdale community for running for Katie Hill's house seat against Mike Garcia. She represents the Antelope Valley, Santa Clarita, and other areas of LA County. She stated the vote was "in response to an individual- Sheriff Villanueva, to be specific." She went on "Our county's COVID-19 employee vaccine mandate is an important part of our commitment to keep the public safe from a deadly virus - but not at the expense of decreasing services we are obligated to provide." This begs the question, why did she abstain rather than vote no?

Interestingly, the Los Angeles County Professional Peace Officers Association sent a letter to the Board of Supervisors stating, "Any attempt to take over the Sheriff's ability to oversee the disciplinary process for his employees... would not survive legal scrutiny by the

courts..." As a matter of fact, many of the mandates the federal and governments have attempted implement have been unable to stand up in court, being cited for various forms of overreach. Many of the mandates have been overturned and it is expected that many more, including this one, will see their day in court.

Sheriff Villanueva has encouraged his employees to get vaccinated but has spoken out against the mandate. He stated that "It would decimate the ranks" of an already depleted department. He also stated to the board, when he called in to voice his opinion of the vote, that the disciplinary action would be a "death blow to public safety in Los Angeles County." Villanueva is not exaggerating. Overall the LA County Sheriff's Department has nearly ten thousand officers; four thousand of them are now in danger of being laid off as a result of the mandate's enforcement-a 40% loss.

It should also be noted that there is already a hiring freeze in place since the Board of Supervisors voted to remove \$143.7 million dollars in funding from the County Sheriff's Department in 2019. The L.A. Board of Supervisors voted in August 2020 to put Measure J on the ballot. When it passed, \$360-900 million dollars were removed from the county budget and reallocated to social services alternatives to incarceration. According to the Los Angeles County Sheriff's Department, there used to be 2.2 officers per 1,000 residents, which is considered low for a major metropolitan area. With the current budgetary cuts, they are operating with just .9 officers per 1,000 residents. There is also no indication that the hiring freeze will end.

A New Kind of Criminal

By Holly Loveless



Sheriff's leave the scene after Larry Freise's call on maskless children.

On February 16th, 2022, Mrs. Jones* did the unthinkable. She took her three children to their school, West Winds Elementary in Lancaster. Dr. Larry Freise, the Assistant Superintendent, did the only thing he could under the circumstance: he called law enforcement and asked the deputy to remove the family from school property. Why? They were unwilling to wear masks.

The sheriff's department refused to enforce the mask mandate, however, and when the family left, they did so of their own volition. They proceeded to the front gate, where they remained as a gesture of protest. All told, it was an emotional and conflicting ordeal for the children; one that actually had begun a full twenty-four hours before.

The previous day, Mrs. Jones received a phone call from the school principal, saying her six-year-old daughter, Ashley*, wanted to come home. Intrigued and slightly credulous, Mrs. Jones asked to speak with Ashley. Ashley told her she had been walking into her classroom when her teacher stopped her and instructed her to put her mask on. The child calmly refused. The teacher immediately called the principal, who asked Ashley why she would not wear her mask. Ashley responded that she wanted to breathe fresh air. At this impasse, Mrs. Jones was promptly called.

Speaking again with the principal, Mrs. Jones sternly inquired whether her child was being denied an education for not wanting to wear a mask. The principal, who had previously been vocal about her disapproval of the mandates, staunchly denied this, insisting the child wanted to go home. Again, Ashley was put on the phone and again she reiterated her desire to attend class without a mask. Finally, Mrs. Jones had had enough. She went to the school and picked up all three of her children.

She was soon in for another surprise. Her nine-year-old son, Jack*, told his mother that he had been singled out by his teacher while preparing to leave just now. Addressing the entire class, the teacher declared that Jack was going home for not wearing a mask; an important lesson and example for all the students to take into account.

Per the West Wind Elementary's website (www.lancsd.org/WW): "No individual or group shall, through physical, written, verbal, visual, or other means, harass, sexually harass, threaten, intimidate, cyberbully, cause bodily injury to, or commit hate violence against any student or school personnel or retaliate against them for filing a complaint or participating in the complaint resolution process."

It would be difficult to qualify the Joneses' family experience as something other than institutional bullying and

personal harassment. But whatever it was, things were about to get worse.

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Twelve days later, the Joneses had been joined in their protest by fellow supporters. Duane Winn, an elected member of the district school board, was sitting outside that day when he spotted Jack approaching. He engaged with 11-year-old Ethan, asking him where he was headed. Jack told him he had to use the bathroom. Up to this time, all the children had had free access to the restrooms. That was about to change. The elected official informed Jack that no protesters were permitted on school grounds and ordered him off the property.

After almost two long years of mandates, studies are beginning to surface of the harmful effects that can occur physically, mentally, and emotionally when children are required to wear masks. From 2018-to 2021, children's development dropped by 23%. Mrs. Jones is well aware of this and for this reason, has taken a stance against the mask mandates.

Some would say that the terrible danger of COVID-19 warrants these risks. Governor Gavin Newsom and Los Angeles Mayor Eric Garcetti apparently disagree, both spotted at a football game at the end of January violating the statewide mask mandate. These are not the only politicians flouting the rules; Palmdale's mayor, Steven Hofbauer, and city council member, Richard Loa, were spotted mask-less at a public indoor gathering.

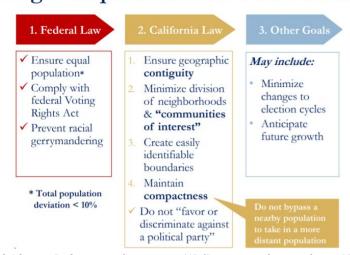
Moreover, returning to the Joneses' school, Ashely's teacher had been featured on Wheel of Fortune on December 8, 2021, while the indoor mask mandate was still being actively enforced regardless of vaccination status. At that time, the teachers and principal of West Wind Elementary released announcements, encouraging students to watch the television program and cheer their teacher on. Nobody seemed bothered by the fact that the bottom half of his face was visible.

Since that February morning, Mrs. Jones has daily attempted to bring her children to school. Twice she has shown the school administrative authorities the legal letter of student's rights. Thrice, she has served them with a uniform complaint. She chooses to defend her childrens' rights to education and medical choice by continuing in her protest, making available a petition for other likeminded parents to sign. Many already have. And many have joined her, holding signs and talking with other parents.

In spite of these efforts, the Joneses children are, to this day, denied admittance to the facility and refused the education that their mother's tax dollars are paying for.

*Names changed for privacy.

Legal Requirements & Other Goals



At several Advisory Redistricting Commission (ARC) meetings, the consultants, NDC, provided an overview to inform community members of the process of redistricting.

MAPS from Page 3

council. ARC's secondary role was also to act as a liaison between the demographer consultants (NDC) and the community.

At the ARC meetings, consultant NDC provided informational presentations for the public, on the overview of redistricting, including the laws and the process of drawing district lines. Consultants NDC also helped Palmdale citizens identify communities of interest (COI) to ensure they are represented as stakeholders. A COI is a geographically cohesive area, such as a neighborhood, that tends to have similar interests and votes as a bloc, as a group of persons united for common action.

There were several maps that were submitted by the deadline, two of which were community-created and legally compliant maps. Interestingly, ARC only recommended maps that had been submitted after the initial deadline and created by consultants or special interest groups.

Coming back to the March 2 council meeting, Agenda Item 14.1, the subject of the public comments expressed confusion, and one resident, David Bowman, accused the city council of taking money from R. Rex Parris stating that the mayor's position "is the single most abused position in our local government."

Alina Scofield expressed her confusion about the actions of the city council stating, "I suggested that fifth district four months ago. Why would we wait till March 2nd of 2022, now, after you have already adopted and voted on a map? I don't get the games that you guys are playing." She also questioned, "How many of you city council people have received money from R. Rex Parris?" believing this to be a decision based on his influence.

Many inquiries have been made by others: How does having a rotating mayor benefit the public? Would Palmdale be more susceptible to the influence of Lancaster's mayor, having five districts? How do the council members profit off of such a situation? Who will the public

hold accountable for decisions that the city officials make, and how?

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Still, there are questions that have not been answered from the February 16 council meeting. At that meeting, many members of Salva came to support the ALVA (Alianza Latina del Valle Antilope) map (both Latino/Hispanic activist groups) even though NDC stated that the ALVA map violated the federal rule on racial gerrymandering. One Salva representative went as far as calling Councilmember Richard Loa a "coconut" because Loa took NDC's advice. It seemed that political agendas were being pushed, rather than the interests of the community.

At that meeting, one resident recommended the council take more time to consider which map to adopt, telling them not to rush the process. Another resident advocated for clear boundaries so Palmdale citizens could easily identify their district representatives.

Why would the ARC and the city council decide to favor a map from a consultant or special interest group, rather than from members of the community? How will this impact the election cycle? Who benefits from the election cycle, and who benefits from the initial "Pink" map that was adopted at the February 16 council meeting?

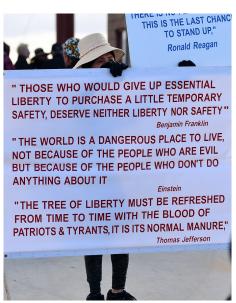
The Palmdale Journal and other residents have posed those questions to the city council and NDC, but both remain silent.

Although these questions arise, we must consider the most important requirements to consider when redrawing district lines: the districts have to be population balanced, protect communities of interest without gerrymandering, minimize division of neighborhoods with clear boundary lines, and adhere to the federal Voting Rights Act to prevent discrimination.

At this point, only time will tell if the city council will allow the community to be involved with the process, and whether they will create and adopt a map that benefits the community. It will be 10 years until the next time that the process will be revisited.







The People's Convoy in Adelanto, CA. Photos courtesy of David Nurse & Sabeth Perry.

CONVOY from Page 2

Locals say the number of participating trucks and vehicles was so large that the convoy lasted an hour in driving past supporters. But that was only the beginning. By day four, the convoy had swollen to hundreds of trucks, RVs, and personal vehicles, reaching numbers into the thousands. Every overpass along the journey had crowds of cheering people waving the travelers on, some supporters having stood for hours, waiting for the miles-long caravan. Those in remote locations, who could not access a nearby overpass, moved their vehicles as close to the highway as possible to express their solidarity.

Specific locations, times, and dates were withheld from the general public until the last minute to preclude government intervention. The leaders of the movement thought it wise to limit the disclosure of critical information to their supporters. On Instagram, one account, KoryYeshua, had video coverage on their story of a truckers' group that met in Utah; there were approximately six miles of passenger vehicles and trucks flying American flags.

By the time the convoy showed up in Hagerstown, Maryland, the Convoy drew thousands and thousands. One Hagerstown resident was impressed and said that "the whole town lined up on both sides of the road for about five miles off the interstate." The truckers in Maryland gave a major shout-out to the truckers that have been on the road since Adelanto

On day 13, the People's Convov looped around the DC Beltway which was coordinated with law enforcement, the win being a peaceful and professional event. CHD.TV reported, "The lead truck went all the way around the beltway, which is around 63 miles, and as he was coming back around to the starting point, was the last vehicle in the convoy. So, the convoy wrapped all the way around the entire belt" which does not include the volunteers and other truckers who stayed behind to take care of logistics. CHD.TV also featured an immigrant trucker's experience of driving from California to DC. He described the powerful experience of filling hope into the hearts of the millions of people cheering on the convoy from the overpasses.

The Peole's Convoy Instagram handle is @thepeoplesconvoyusa and their Twitter handle is @peoplesconvoyus if you are interested in receiving more information.

MYSTERY from Page 1

Press, "The warehouse is widely rumored to be for Amazon, although city officials could not confirm the tenant..." Allison also stated the city made an addendum to the Environmental Impact Report with specifics about the project. The article states, "According to the staff report, the project site has 400 Joshua Trees, 18 of which will be maintained in a preservation area. Of the 353 trees to be removed, about 135 will be transplanted according to the staff report, and another 29 will be left in the undeveloped areas of the site." All of the trees will be handled per state regulations.

BILLS from Page 1

Currently, they have yet to be passed. This means we still have the opportunity to reach out to our representatives and voice our opposition.

Senate Bill 866, introduced by Senators Wiener and Pan (D,) would allow any minor, 12 years of age or older to be vaccinated without parental consent or knowledge. This would allow for authorities such as medical practitioners and school personnel to coerce and pressure our children to get vaccinated without seeking medical history, prior reactions, or contradictions from parents. In addition, there would be zero liability for the vaccine provider which would leave parents completely responsible for the treatment of injuries from adverse reactions.

Senate Bill 871, introduced by Senator Pan (D,) would mandate all school children to get the COVID-19 vaccine in order to attend school in person, daycares included. It would remove any personal exemptions currently guaranteed by the law. It would allow the California State Department of Public Health (CDPH) to mandate new vaccines without FDA or Legislative approval and in addition, would allow any additional boosters to be added to the vaccine schedule. This would allow CDPH and legislatures to further

Communicating through email, Mr. Zink shared with the Palmdale Journal several questions that he feels must and should be answered before any final decisions are made regarding the site and "Why didn't this proposed project. project go through the normal process of going before the Palmdale City Planning Commission and Palmdale City Council for Approval? How will it affect traffic on local roads? Is this the best place to (Distribution Center) a D.C. Warehouse in the center of the city, or on the outskirts? Affordable housing for workers....we have none in AV now? Wages of workers?"

In the concrete world we live and work in, it is unavoidable that trees will be cut

gain control and dictate who gets to obtain treatments that are more cost-effective an in-person education and who doesn't.

Assembly Bill 1993, introduced by Assembly Members Wicks, Aguiar-Curry, Low, and Akilah Weber, would require both private and public employers to require all employees and independent how physicians can run their own contractors to show proof of full vaccination against COVID-19. This bill would require a reporting provision for submitting vaccination information to California's Department of Employment and Housing. Employers who fail to comply, would be imposed with financial penalties. It is evident that this bill would create a clear invasion of privacy between an employer and an employee's health information. An employee's personal health information deems it necessary to disclose it.

Assembly Bill 2098, introduced by Assembly Member Low, would seek to remove the license of physicians who have differing views on COVID-19, under Conduct." "Unprofessional This or misleading information regarding the nature and risks of the virus, its prevention and treatment; and the development, safety, and effectiveness of COVID-19 vaccines. In other words, if physicians part of the change! speak on or administer alternative

down. There are a few Joshua tree preserves within the AV, but some people would say those are insufficient. As the high desert continues to develop rapidly, the number of Joshua trees proportionally dwindles. While there is still much speculation and a lot of conflicting opinions within the local community regarding this particular site, it seems as though the city has a sufficient base for the plan to move forward.

Edition: March 2022

Where exactly is forward-remains unanswered. Amazon has not taken any responsibility for the project soon to be going up on the southeast corner of 10th Street West and Avenue M. It remains a mystery what the building will be and who is building it. Only time will tell.

and/or more effective in treating the COVID-19 virus, versus those that may be imposed by the government, physicians would be penalized. In essence, this bill allows the government to take control of practice. Physicians who understand that science is never settled, and would rather treat every patient based on their individual needs, would no longer be able to do so. While it is important for all individuals to be protected and safe, it is never okay for the government to deem one treatment as safe because one size does not fit all. Treatments are and should be provided to patients based on their own personal medical history.

Real action from the public is should remain private unless the employee necessary if we are to ensure that these bills will not pass in the CA legislature. We, as citizens, must voice our concerns. We must call, email, and write our local representatives as well as our state representatives and inform them of our stance. Remember, our representatives are "conduct" would constitute as, any false a representation of us. We must not sit back and idly allow our rights to be stripped away. Remember, once one law passes it sets precedence for others of corresponding ideas to follow. Let us be





HEROES from Page 3

The Palmdale Journal reached out to the spokesperson for the Palmdale Sheriff's Station about statistics regarding possible lavoffs, but they have not yet provided a response.

To give some perspective, Sheriff Villanueva had said that there is less than 1 officer per 1,000 county residents. The known population of Palmdale is 169,450 and Lancaster's is 173,516 according to the 2020 census. Taken altogether, roughly 300,000 people call this area home. If the county employed enough officers to cover 1 per 1,000 residents, then the Palmdale and Lancaster stations should have approximately 300 officers

between them. Should the mandate be accepted, the worst-case scenario for the Antelope Valley would see 120 Sheriff's deputies terminated. There is a high probability that Palmdale and Lancaster stations do not even have the estimated 300 deputies to start with, especially since there has been a hiring freeze. These stations are considered rural and personnel would be allocated to busier and more densely populated areas. The real numbers could be even less than the hypothetical ones.

All over the world, COVID-19 mandates are being slowly rolled back and the normal flow of life is returning to a muchstifled citizenry. But here in Los Angeles, the County Board of Supervisors is about

to head in the opposite direction by pretending that the threat of Covid is high enough to merit a severe cut to law enforcement.

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In the initial days of the pandemic, the constant phrase was "level the curve." Covid case numbers have leveled off and fallen dramatically, but there is another curve on the rise, one that has increased 94% throughout our county-crime. What is really up for vote on March 15th is public safety. Fewer officers would make no one safer: we need our trained and seasoned officers who will make smart decisions based on their years of experience.

Well, it might be good sense. But apparently, it's not good politics.

Youth and Education

Just Play the Game

By David Nurse

level standards in Algebra or English, middle school students have to develop them to flourish in high school academics. Similarly, middle school programs are designed with the expectation that their athletes will progress to high school competition levels, an ironic hope, considering that many junior high students have lost the opportunity to develop their athleticism.

Not all school districts are as negligent as others. Dos Caminos, SAGE, David G. Millen, Cactus, Golden Poppy, Desert Willow are all a part of the Palmdale skill development? School District. These middle schools running, to the great enjoyment of the kids. Tropico Middle School is in the Southern Kern District School District, and Cole Middle School is part of the Eastside School District, and those students have also been allowed the Other sports, however, tremendous advantage of honing and playing their game.

Valley is enjoying that privilege. Amargosa, Endeavour, New Vista, Piute, and New Vista Middle School, all part of the Lancaster School District, have canceled their seasons. Personally, I'm biased toward basketball, and I value the incredible potential and grit of the students who embrace it. Learning of the Lancaster School District's unilateral decision, I submitted a question to ascertain why the last two seasons of basketball had been canceled. Mr. Larry M. Freise, Assistant Superintendent of Lancaster School District, had no other

In order to perform at high school explanation other than the state-approved material published by the CDC, the County, and the State. Blah, blah blah. As the fundamental skills which will allow I read the response, I couldn't help but think of the 70,000 Superbowl spectators who filled the stands unmasked.

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But the real focus shouldn't be the people in the stands or sidelines; it's the athletes on the field. The NFL players have achieved their dream by reaching the height of their profession. How many Lancaster School Districts players will never reach the caliber to qualify for high school competition, let alone college, because of the lost years of training and

Anaverde, Hillview, Joe Walker, Del have their sports programs up and Sur, and Westside Academy are all part of the Westside School Districts. At the last meeting, district board Superintendent Regina Rossall announced that district schools will be resuming certain sports, including track and soccer. including basketball, will remain shut down. So too will the hopes and aspirations of those But not every student in the Antelope eighth-grade kids who dreamed of going all the way and finding their own Superbowl ten years from now.

> Sports are more than an exercise in endurance; they are an integral part to many of our kids' lives, building character as well as stamina, forging relationships that often last a lifetime. Parents please contact your school boards, and let your voices be heard. Conscience and the law hold us accountable for the decisions we make on behalf of our children's well-being. See that school boards and administrators are held to the same standard.



Palmdale, Eastside, and Kern school districts allow their students access to athletic programs, giving them and advantage over Lancaster and Westside School districts.

When They Listen - AV School Boards

By Amy Roberts

School boards all over the nation have been bombarded with speaker comments, emails, and phone calls in recent months, and our local boards are no exception. The outcry has been pouring in from parents, school staff, and other members of the community regarding many issues,



Middle school athletes sitting out the game as a result of school board decisions

but primarily the vaccine and mask mandates, and the failure to bring back certain sports and other activities. The Antelope Valley is no exception.

Edition: March 2022

Local speakers have recently addressed a variety of issues, from late buses, funding, campus security, and policing; however, the overwhelming majority voiced concerns over Covid mandates. A main topic has been the masking of school children and staff, and the potential health hazards of wearing face coverings for extended periods of time, some going so far as to call it child abuse. Numerous parents have declared their resolution to remove their children from public education if the Covid vaccine is required. Many stated that they

See SCHOOL BOARDS on Page 7

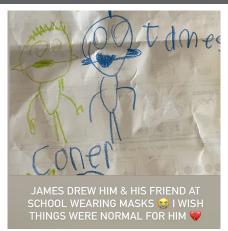
The Isolation Block

By Rebecca Miriam

The Covid years will be remembered as many things to many people, but regardless of beliefs and convictions, one aspect will be universal in the conscious memory: loneliness. Loneliness isolation can leave emotional psychological scars on adults. But they have almost irreversible effects on children.

Overnight, kids were torn up from their activity-laden world and ordered indoors. They were limited as to where they could go, why, and for how long. If they were permitted outside, they were given clear instructions as to how they must conduct themselves. Children were taught to view their fellow human beings as potential death carriers. Even today, as states and businesses reopen, the strain among human relations persists. And the child, with his receptive mind and open heart, has heard the mantra a thousand times: to watch himself, to keep a distance, to be careful. Such precautions kindle deep-seated fears, and erect an invisible, defensive barrier between the child and everyone he meets; all the more so when that barrier has so many physical counterparts. The most obvious is the one right in front of everybody's face.

A child's first form of communication is that of facial expressions. This pattern



A local mom expresses her concern about the impact of mandates on her child.

neurological within the brain, allowing for a greater facility in learned behavior and social patterns. A child surrounded by approving smiles will plunge on with whatever he's doing, while even babies respond negatively when their mother's show looks of fear or anxiety. A smile conveys approbation, love, encouragement, happiness. Obfuscation of two-thirds of the face severely hampers not only recognition, but the reemotional identification of faces, attribution. Often in life, it is not so much what people say, but the look on their faces that win our trust, and when we trust we also love or at the very least, admire. Much of this emotional wellspring of

See ISOLATION on Page 7

AVC: Providing Opportunities

By Melissa Chavez

Looking closely at Antelope Valley College (AVC) in Lancaster, it is obvious year. that the opportunity provided through this residents.

high tuition costs, but community colleges offer a more affordable pathway. According to the college's website, AVC.edu, 83.6% of the students enrolled in the college are minority students, the largest being of Latino/Hispanic descent employment. at 59.7% and African Americans at 12.7%. From this data, we can see that the high opportunities provided through these residents.

community college's tuition for locals is less than \$5,000 for two years. For those who qualify for the California College Promise Grant (CCPG), at AVC, the cost

Community colleges have long carried does not exceed the \$21 Student Health a bad stigma along some circles. Sure, a and Representative Fee per semester . The four-year university is probably the most CCPG is a program that is funded by the desirable route as it carries far more state that covers a qualifying student's elitism and should hold better standards in class enrollment fees. In a side-by-side education. However, have you ever comparison, these numbers are nowhere pondered on what a community college near the average costs of institutions such represents outside of the stigmas? as UCLA or CSUN who's tuition, after aid, can cost over \$8,000 for just one

Another benefit of AVC is the college is a valuable asset to the local proximity to students and the opportunity that it gives AV residents to pursue It is a well-known fact that minority degrees without having to uproot their groups are underrepresented at the lives and move to other cities, counties, or university level, a major reason being the states. Many of the students are older residents that are seeking to advance their education: single parents, full-time employees, returning students, or those who need to get their academic profile to a higher level to qualify for higher paying

AVC allows people to transition from school to university, miseducation to education. It has allowed colleges is a valuable asset to the local residents of the AV, surrounding areas, as well as out of state students, the flexibility In addition to the low-cost tuition, a to incorporate higher education into their eventful and busy lives.

AVC has a rich history and according

SCHOOL BOARDS from Page 6

have already chosen to homeschool.

School board members are elected officials, and by law must make themselves available to hear public comments. Boards may limit the time an individual is allowed to speak, and some also limit the time that may be spent discussing a single subject. Westside Union School District limits each speaker to three minutes, allowing a maximum of twenty minutes per topic. However, a

special virtual meeting called by Westside on January 7th did not have a time limit, and hearing and discussing public comments alone lasted a full three hours. Twenty-one out of twenty-eight callers pleaded with the board to end masking and allow school and extracurricular activities to resume pre-pandemic norms. The other seven callers were staff and parents still concerned with the COVID-19 virus; they requested the board to maintain strict enforcement of masking

and testing.

Some board members have begun listening to their constituents and taking action. Lancaster School District recently passed a resolution that allowed the board to ask the California Department of Public Health and California State Legislature to reconsider the proposed COVID-19 vaccine and mask mandates for school children. Westside Union School District may discuss voting on similar resolutions if the state and Los Angeles County do not

ease up on the mandates.

Parents, staff, and community members interested in attending and/or speaking at a school board meeting can visit the district's website for specific information on meetings as well as other contact information. You can email board members and superintendents and submit written public comment for them to read through email. If include your contact information, you can request a response in your letter.

Edition: March 2022

AV School Board Meetings

www.ThePalmdaleJournal.com

Antelope Valley Union High School District, usually one Wednesday a month, 5:00 p.m., check website, submit speaker card prior to meeting. A.V.U.H.S.D. Boardroom, 44811 N. Sierra Hwy, Lancaster, CA 93534

Eastside Union School District Board of Trustees at 5:30 p.m. on the 1st and 3rd Wednesday of the month. Board Room, 45006 30th St. East, Lancaster, CA 93535

Lancaster School District, usually 1st and 3rd Tuesday of each month, public portion 6:00 p.m., check website for agenda. Park View Educational Complex, Multi-Purpose Room, 808 West Avenue J, Lancaster, CA 93534

Palmdale School District, most 1st and 3rd Tuesday evenings, check website. Ross W. Amspoker Board Room, 39139 N. 10th Street East Palmdale, CA 93550

Westside Union School District, usually 1st and 3rd Tuesdays, open public session 6:00 p.m., Hillview Middle School Multipurpose Room, 40525 Peonza Ln, Palmdale, CA, 93551

ISOLATION from Page 6

human bonding is lost behind the mask, a tragedy for children in their formative ages when they need it the most. Ironically, the one emotion which is almost always recognizable, even when the mouth is covered, is anger.

Then there is the sensation of touch. A pat on the back. A hug. A handshake. Things we all took for granted. Physical connections are vital for a child's emotional and psychological well-being, but enforced spatial boundaries, the taboo against contact, the plastic shields installed around desks and countertops, all enforce the same principle—distance. Look up that word and you will find its synonym is 'isolation'. Isolation used to be a form of penal punishment and torture. Now, it's an everyday occurrence.

Let's go back to the masks. Granted, this article is not intended to debate the efficacy of face coverings in warding off COVID-19 or stemming the number of cases, but they have become familiar features of life. We've all heard the potential benefits of masks, but are there any cons? A group of concerned parents in Gainesville, Florida sent used face masks to a laboratory and received alarming results; the masks were breeding grounds for pathogens. Bacteria that would normally be allowed to fly and dry away had collected on the masks, putting the children who wore them at risk for

many illnesses. But there's more: high school junior Maggie Williams collapsed after running a race due to oxygen deprivation. Two healthy teenage boys in China suffered sudden cardiac arrest during P.E. class. All three had been wearing masks, and the list does not end with them.

For many children the highlight of their lives is sports. Qualifying for school teams can be the magic incentive to curb unruly behavior and serve as the perfect, productive, and edifying outlet for the energy of youth. For at-risk children from poorer households, it is sometimes the dream that keeps them coming to school in the first place and teaches them those ethics they might otherwise have never learned: determination, grit, discipline, the grace to lose, and the will to win. Yet, for a long time, sports and P.E. were a severely contested issue because both usually require physical contact and high levels of oxygen that preclude face masks. In light of these considerations, school boards and districts across the nation made the decision to cancel sports. In doing so, they canceled the happiness and thrill of many children, from elementary to high school, depriving students of much that goes in the way of building character, stamina, and memories.

Some might argue that the risks justified the means. But in all intellectual honesty, were we actually protecting our

40125 10TH ST W children from near-certain death? Was this pandemic equal to a plague of leprosy or black death? CDC simply numbers do not support this idea. This is not meant to diminish those who have contracted and suffered from the illness, but the steps taken to curb the number of infected were implemented on a national level, and the results have been nationally felt, economically, socially, and morally. We are seeing the fruit in falling test scores and cognitive dissonance, in rising depression levels among youth, the shocking numbers of suicide attempts, drop-outs, substance abuse, and mental disorders. The saying used to go that "No man is an island." Today's answer seems

When a doctor informs a patient's family that their loved one will die unless drastic treatments are attempted, it behooves that family to weigh the risks. In this case, we did not. Now, as Covid restrictions are slowly being lifted, we and our children must live with the consequences. The deed has been done. We've made the bed and must sleep in it. We've laid the foundation for a society where people value their own safety over and above their connection with others. This is the impetus of a new culture we may or may not want to live in, but at this point, we have no more choice.

to be, "Unless he wants to be healthy."

But is he being healthy, in the fullest,

deepest sense of the word? Is he happy?



Butler's Mission

We are a local 501c3 Non-Profit corporation that provides vocational job training. We want to see the next generation of young leaders and entrepreneurs succeed. We partner with local churches schools, government assistance agencies and other non-profit to provide a quality hands-on job training experience. We are very proud of our hard working volunteers who are working very diligently to serve you and their community. Interested in volunteering? Come in and ask any of our servers for an application.

AVC from Page 6

to the college website, has been serving our community for almost 93 years. It began as an extension of Antelope Valley Joint Union High School in Lancaster.

In a letter written by Lois B. Sharpless, the Principal of the said high school, to Dr. Roy A. Knapp, the D.Ed. District Superintendent - Antelope Valley Joint Union High School and Junior College District from 1934 to 1960, she writes in regard to the founding of the school,

"The Board was wholeheartedly behind the idea but [...] Dr. Savage should be given most credit. You may remember he had four children nearing college age, and he was anxious that they and all other interested students in the Valley might have the opportunity to complete at least two years of college."

- A History of the First 34 Years of Antelope Valley College

As you can see, Antelope Valley College was born from the desire to give the opportunity to all local students to advance, succeed, and receive a quality education. With this in mind, Antelope Valley College, along with all community colleges, should be regarded and esteemed as such.

Our Mission: Out of the Ashes. Beauty Arises

Women around the world struggle daily to find their beauty and self-worth. Beauty for Ashes. International emerged out of a pursuit to empower women so that their confidence is not washed away when the day is over; rather, their self-worth be their permanent state of being. Established in 2017, our mission is to empower women's self worth from the inside out through our community-based programs, organic beauty products, and health and wellness activism. We strive to bring God's light into the dark beauty industry to help women exchange their ashes for beauty. Want to hear more or partner with us? We are located inside Butler's Coffee and would love to chat with you.





Features

Not So "Green" Energy



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Antelope Valley windmills - a chivalrous attempt to protect the environment.

Environment Column by Mario Presents

The talk around funding these days is often centered around how "green" or environmentally friendly a project is. For example, back in 2017, the City of Lancaster was considered "the solar capital of the universe." Often, we see politicians use "green" or "clean" energy to sell themselves and to sell their platforms.

We should assume these projects would have a positive measurement of environmental impact on the earth. In an age where billions of dollars can hinge on the label green, it is no surprise that the very real consequences of these projects are concealed and unheard of.

Society reinforces this positivity with green energy by showing us happy people enjoying the "free" power from non-polluting resources. Rolling fields with a few turbines or small panels on the side of a building promote the idea that this project will ensure a utopian fantasy of limitless power.

One turbine greets every visitor traveling north on the 14 Freeway, while hundreds of turbines with their blinking red lights never let us forget how "green" they really are on the way to Tehachapi, Mojave, and beyond. Along the southern rolling fields of the Antelope Valley, where poppies would glisten gold in the spring, we now glisten all year round with the shimmer of black solar fields.

In the AV, we are subject to both wind and solar touted green energies and some cities have now changed the rules around new construction requiring builders to incorporate solar power into all new buildings.

In reality, the turbines are horrifically inefficient and the panels are made with products that never biodegrade.

Environmentalists for years have swayed our society into projects that benefit the cause of environmentalism while never actually helping the environment. We have created officers to protect the land by rigidly patrolling places like national parks, state forests, and Bureau of Land Management spaces, but nothing is uttered when a private land owner sells property to an energy

company destroying hundreds of acres of wildlife. Land is a scarce commodity and its development should be with prudence.

Hiding our environmental destruction under the pretense of helping is the mantra of green energy; people are just not aware of it yet. Twelve years ago a company called Wind Helix started to change the face of wind energy with a new wind design that was more efficient than the propellers currently being used. This alternate version of capturing wind has been adopted by several new companies because of its adaptability, meanwhile on our windiest afternoons, half or more of the turbines on the north end of the valley aren't working. Increased dust storms, blinking lights, and distracting reflections are a few of the minor adjustments the AV has had to make in recent years, but the disposal of used panels, or turbines is an unseen concern that worries few.

Much like the mountain being stripped in Mojave for its minerals, people won't notice, or care until its absence affects them; everyone else has no clue.

Just because something is labeled "green" doesn't make it environmentally beneficial. Be aware of those who use this propaganda. Take a more balanced approach when deciding to vote for candidates who create special contracts with those companies making money off of being green. There is more to the story.

The greenest energy people have is in their hands. Minimizing energy consumption is the best way to reduce the need for the replacement of fossil fuels. Do the research, get informed, and grow something in your space that makes you want to get in touch with nature. The sun has been giving plants life for millennia while the winds carry their seeds.

"A nation that destroys its soils destroys itself. Forests are the lungs of our land, purifying the air and giving fresh strength to our people."

- Franklin D. Roosevelt



Parenting - the ability to care for, protect, love, nurture, and raise up children to become productive members of society. When a child is born, the idea is that the child belongs to the mother and father, not to Uncle Sam. While parenting comes with many obstacles, it seems that the fight to protect children from external forces is increasing, especially for those that participate in the public school system. It seems as if there is a tacit school policy that the parents' rights will end at the gate, and once in the gate, the child is in the possession of the State. Children are malleable, we understand that. If a child is consistently learning what the State wants them to learn, then the State's influence has echoed louder than that of the home.

Fundamental Rights of Parents

The removal of morals in the public school system is a prime example of that echoing. Prior to the 1960s, morals were a subject taught not only in homes, but schools nationwide. Public schools adopted what most parents were already teaching, which translated into society. In the mid-1940s and 1960s, cases that were passed in the Supreme Court were: McCollum V. Board of Education, Engle V. Vitale, and Abington Township School District V. Schempp. In 1965, when schools could no longer teach morals, the effects it had on society started to show. For instance, according to David Barton's book: America: To Pray or Not to Pray, after 1965, violent crimes increased by 350% among 13-14-year-old girls, 449% among 15-year-old girls, 520% among 16-year-old girls, and 572% among 17-year-old girls. In the same book, you can find that there was an increase in divorce rates, rape arrests, pregnancies to unwed girls, and Sexually Transmitted Diseases by analyzing the statistical

The State has not grown tired in its pursuit of advancing its own agenda. If stripping away morals was not sufficient, they have effectively come after childrens' innocence and purity. Assembly Bill 329, Comprehensive Sex Education for Students, was passed in 2016. Prior to this bill, any time a school taught on sexual education, they first required the consent of the parent. However, this bill has now allowed for schools to teach on this subject without parental consent. The schools are allowed to teach kindergartners about different genders and pronouns. They have allowed for middle school and high school children to be taught about birth control, masturbation, abortions, morning-after pill, and sexual intercourse; once again, without parental consent. Subjects that should be taught at home, with the influence and direction of parents, have now been handed over to the State.

Furthermore, the last two years awakened many parents to the role of the States' influence over their children. When COVID-19 hit, and mandates were implemented, many parents came to a hard realization - a realization that the State had more power over their children than ever intended. When children were not able to attend school because of government mandates – it was as if the straw on the camel's back had finally broken.

For that reason, a grassroots movement of momma bears and daddy bears hit school board meetings, city council meetings, and medical facilities, advocating for family freedom and rights. Ideally, parents could have pulled their kids from public school and put them in private school or homeschooling. However, the truth of the matter is, not many parents had the ability or capability to do so. So, what was there left to do? Fight back. How? By allowing their voice to echo louder than those of the government, by taking back the ability to make decisions for their families without coercion or infringement. Uncle Sam has made it clear that they will continue to come after children. They will continue to integrate their concepts onto the public-school systems, concepts such as critical race theory, sexual orientation, gender fluidity, and medical tyranny, concepts that should be introduced and discussed at home.

Being a parent in these times has proven to be very difficult and ever-evolving. However, the fundamental rights of parents over their children should be protected and not stripped away. Parents should have the right to choose what their children are being taught. Parents should have the right to choose what their children are being inundated with. Parents should not be forced to hand over their rights to a group of systems influenced by the government. To protect the purity and innocence of children, parents must continue to fight back by being a voice that echoes louder than those of the outside. Rights end whenever people become silent.

Join me on the next edition, as we continue to tackle some of these issues head-on. Till next time, Denize Verduzco.





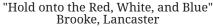
Creative Community Corner: Patriotic

www.ThePalmdaleJournal.com

Submit creative pieces which fit the theme for each month. Submissions could include photography, paintings, digital graphics, poetry, and more!

> Email submissions to: The Palmdale Journal@protonmail.com







"We, the People" Nevaeh, 10 years old, Palmdale



"B-52 Freedom" by David Joseph, Owner of David Joseph Photo in Lancaster

Patriotic Haiku

By Briana

Patriot protect They gave everything for us We shall be grateful

Upcoming Themes: May - May Flowers

Our Flag

By Jakayla

Red, vibrant as can be White, no stains, into the breeze Blue, dark like the sea Flowing in the sky It's a sight to see April - April Showers Cheers and boos - it's no matter to me The flag, it represents me

- Dear Maylene

Do you need advice? Are you stuck in a rut? Are you unsure of what to do in a certain situation? Email: Dear Maylene @gmail.com

The Hiding Place

Book Review by Holly Loveless

For as long as Corrie Ten Boom could remember, life had always been pleasantly normal and routine. Born and raised in her father's watch shop, she relished the familiarity of lifelong customers and her home life in the apartment connected to it. She had witnessed the marriages of two of her siblings and the deaths of many family members, including her mother, leading up to the invasion of Holland during World War II. As the realities of war slowly encroached on the Ten Boom family, their values and faith in God stood strong.

They believed that even with all the suffering, the unanswered questions, and the devastations of war, God would carry them through. They gave up their safety and became a safe house for many Jews

attempting to flee as the Nazi's power and control wrapped around Haarlem, Holland. Her home soon became a target for the enemy. Just shy of her 52nd birthday, Corrie along with her elderly father and sister were imprisoned. Her father and sister did not survive. Corrie clung to and shared with others her hope in Jesus and His goodness throughout her captivity in the concentration camps. After the war and her release, she lived with abandon, sharing Jesus and His hope with all who would listen.

I began reading this book to my teenage son during the pandemic in the summer of 2021. It captivated us both quickly with the parallels to our current situation. The freedoms that were taken during World War II are now being taken again, and under the same pretense of "It's for your safety." The people who

supported the evil regime of Hitler and complied to his bidding out of fear were made much more real to me as we have watched the support of our freedoms being so easily taken away. I can see the same power of fear in our own daily lives, inflicted on us by those in power and even by our own fellow citizens.

If you have ever wondered, does history truly repeat itself? This is a must read, as I see mankind under another enforced imprisonment perpetuated by those in positions of leadership and hidden under the guise of safety. The erosion of freedom does not start with death camps. It begins with who can or cannot receive a business permit or attend school. Corrie's life story will encourage and empower you to live unabashedly for your values and beliefs, and to fight for what you know is true and right!

The Human Connection: Fear Factor

A Health & Wellness Column by Sabeth Perry

I looked left, right, and left again to make sure no one was headed toward me. No, I wasn't driving. I was on aisle eight those in the grocery store and had to sneeze. The past two years have trained me to think I can't sneeze, clear my throat, or-God forbid-cough in public, without people throwing me glaring or fearful looks. It used to be that when a person sneezed in public, he could probably expect to hear a mumbled, "bless you"; but now people study the culprit, wondering if perhaps he is a carrier of the deadly contagion. This subtle shift in social behavior has far-reaching roots. In some respects, it is more imminent and more threatening than the contagion it is allegedly working to contain.

One of the topmost fears people struggle with is not death; it's rejection. Fear itself is bred by manipulation and threats. The threat of not being accepted in society, being unfairly labeled, and stigmatized as an outsider, an undesirable, an untouchable, can be powerful inhibitors, dictating and reshaping a

negative news that causes fear, stress, anxiety, and depression, which affects already suffering psychosomatic conditions at levels. A psychosomatic condition is "a physical illness that is caused or aggravated by a mental factor such as internal conflict, fear, or excessive

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A study done by the CDC that came out in July 2021 lays out the "Underlying Medical Conditions and Severe Illness Among 540,667 Adults Hospitalized With COVID-19." The results and conclusion of the study showed that the strongest risk factor for death from COVID-19 was obesity, the number two biggest risk factor - anxiety and fearrelated disorders. Did you get that? Anxiety and fear-related disorders came in as the number TWO risk-factor for COVID-19 related deaths.

How is this possible? Fear and anxiety can contribute to someone dying? Yes! In the last 40 years, the relationship between our immunity, the endocrine system, and

"The results and conclusion of the study showed that the strongest risk factor for death from COVID-19 was obesity, the number two biggest risk factor – anxiety and fear-related disorders."

person's behavioral patterns. Fear and its unwelcome concomitants, anxiety and stress, often lead to guilt and shame, which are some of the most effective weapons for narcissists and governments alike. Peer pressure and social intimidation are control tactics used by media and state departments to push their propaganda.

But while fear can have a beneficial component to it to help detect risk, anxiety never does. The National Association on Mental Illness explains it thus: "While anxiety and fear feel similar, anxiety is a reaction to our emotions versus danger in the environment. Anxiety is a stop reaction to the impulses that fear and other core emotions create inside the body. For example, fear mobilizes energy for movement and anxiety pushes it back down."

It's no doubt that we have been inundated these past two years with

the central and peripheral nervous system has been studied through the discipline of Psychoneuroimmunology (PNI). This means, in a nutshell, that it is scientifically proven that our emotional state can affect our immunity.

So, why are media outlets not letting up on the bad news? Don't we want to see people healthy and happy? Even while hospital numbers decline and mandates are continuously lifted, we are still being told the same repetitious information; mask up, wash your hands, get vaccinated, get the booster, don't gather with large crowds, get vaccinated..... again. Could it be due to Pharma largely sponsoring mainstream media outlets?

He who has the power can control the information. Whether the information is true or not, it's how it is perceived that creates constant anxiety and fear in people and in turn causes them to follow the media's warnings, "If you don't do xyz you will become extremely sick or die. Or, you will cause someone else to become extremely sick or die! If you don't follow xyz, you will be fired from your job or unable to buy goods. You will not be able to see your loved ones." Do you see what's happening?

However, there are several ways to help to get out of this crazy cycle of fear and anxiety. First, turn off the TV, or at least limit your time watching mainstream media (there's a reason they call it a television "program"). Also, find a good news outlet that gives you information based on unbiased research.

Next, get yourself physically healthy; eat good and nutritious food, exercise, and take in some of that California sun by walking outside barefoot, soaking in that natural electromagnetic field energy the earth provides for us. Talk to an informed, caring doctor or a good

Valley Voices

Should Truth Be Relative?

By Melissa Chavez

In today's contemporary social climate, the phrases, "My truth, their truth, or your truth," have been more commonly heard than ever before. The influence of one's own story, perspective, and opinion has allowed individuals to be empowered in proclaiming their truth as the final say in important matters that affect society at a local, national, and international level.

However, should an individual's personal truth carry as much weight as the truth? Should the truth be in the eye of the beholder? Moreover, can truth be relative? Philosopher Edmund Husserl explains relative truth as, "My theory expresses my standpoint, what is true for me, and need be true for no one else". In other words, if you believe that the Earth is flat, despite the facts, the science, or the proof, then its flat shape remains true to

In a very narrow observation, one may say, "Live and Let Live," right? What's the harm in this? Let so and so think the earth is flat. Well, let's examine this. What will happen if that person now starts to press their truth on others? The ability to rationalize the actual truth would be lost and henceforth, all data would be arbitrary.

In light of the past 5-10 years in our nation, and glaringly obvious in today's culture and climate, we can see how

detrimental our own personal truths have brought forth division.

The problem with proclaiming our rampant and is considered the truth in most homes. The consciousness of this instead, they report relative truth that can

widely manipulated as the rise of relativism. Truth is not fluid, it is algorithms in the ever-increasing use of absolute. It stands the test of time and it social media determines what an individual is exposed to. In The Social explain how Google refines its search How they illustrate this will be explained in the following way:

Two different individuals, one from a democratic city and the other from a conservative location look up the same question, "Is climate change real?" The one from the democratic city's search results will be something along the lines of, "Climate Change is Destroying our Planet," while the one from a conservative city will have results along the

lines of, "Climate change: Democratic Party's biggest Hoax."

These algorithms further drive the truth is that it relieves the responsibility of wedge between both parties as the truth an individual to check for accuracy or to continues to be tailored to the individual's have accountability in regards to the interest rather than the absolute truth. information that they are spewing out on Now when these two individuals meet, various platforms. This is why the their truths will be so deeply rooted in misinformation from big media runs them that their ability to reach common ground can be hindered.

As we continue to go out and face the industry has been seared and no longer tyranny that our governmental leaders holds the integrity to report absolute truth, have tried to press upon us, we must be wise in our approach to the various issues and should otherwise be called an opinion. that arise. There is no place for In addition to this, the truth has been emotionalism when it comes to truth or does not vary from person to person.

Today's culture tries to dictate that Dilemma, a documentary on Netflix, they confronting others with the absolute truth isn't loving. However, the Bible says that results based on a person's demographics. you should know the truth and it shall set you free. Could it be that by not speaking the truth we are leaving our neighbors in bondage? Can we say we are patriots if we are not willing to confront issues with infallible truth, in love?

> If there ever comes a time when you are feeling like you cannot speak up due to fear, remember that speaking the truth is far more loving than allowing others to live in the deception of their truth.

Speech to City Council: **A Moral Obligation**

Edition: March 2022

On March 2, 2022, Palmdale made history when it's city council members voted 5-0 in favor of Ordinance 1577. Before the vote took place, many community members in favor of the ordinance addressed the council with moving speeches, one of which was made by Tyler Gedvilas, which was met with a standing ovation from the crowd. Here's what Gedvilas had to say:

Good evening, my name is Tyler Gedvilas. I'm a touring musician and I moved here in June of last year to further pursue a music career in the Los Angeles area. My life and career have been impacted by the County's unconstitutional vaccine mandates and I'm here today to urge you to consider passing ordinance 1577.

I've never gotten up here before and spoken to a city council like this, so I'm a little nervous, but I also know there's a saying that got tossed around a lot last year that "silence is compliance." And on this matter I can't find it in myself to stay

You guys are hesitant because you say it's a matter of legality. We have to follow the county rules or we risk losing funding or we risk legal action.

So when California passes SB 866 - that would allow 12 year olds to get the vaccine without parental consent or knowledge- are we still going to follow the rules? If AB 2098 passes and the gets to decide "misinformation" is and isn't, and they get to override doctors who dedicate their lives to helping patients and saving their lives, are we still going to follow the rules on that?

How many people need to lose their jobs before we say enough is enough? How many children need to have their health put at risk with a medical experiment for a virus that is less likely to kill them than lightning - before we say enough is enough.

You say it's about legality. But need I remind you that there was a point in this history where slavery was legal. The Holocaust was considered legal. It was legal to discriminate and segregate based on the color of your skin. It was all considered "for the greater good," until people stood up and said "we're not gonna take this anymore."

And somebody talked about the Spanish flu earlier. We didn't need a vaccine to "go back to normal" for the

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An Underhanded Attack On Free Speech

By Linda Enos

In light of recent happenings with Canadian government officials shutting down the bank accounts of Canadian Convoy Truckers - and those who supported the movement through crowdfunding sites, like Give, Send, Go - it is important to bring attention to the matter of banks being used to enforce government control over the general public. Canadian Prime Minister Justin Trudeau moved to silence those who are protesting COVID mandates. Many in this country are appalled and yet do not believe it could happen here in the United States. However, not only is it possible but it actually began before the Canadian government enacted these totalitarian policies.

I can tell you from personal experience that these closures are taking place. My husband and I went to Washington, DC on January 6, 2020. We are pastors of a church and went to pray for our nation and support the conservative movement. Sometime after that, we discovered through the media that Bank of America (BofA) released the names, to the government, of the people who had been in the DC area. They did not have grounds

or a subpoena to do so and therefore it was illegal. At the time, our church banked with BofA so our data and records were among those handed over to federal investigators.

Sometime after this took place, our church accounts were frozen and later shut down by BofA with no warning. We were told they had no obligation to tell us why they had come to that decision, and I have audio recordings backing this up. This is in direct violation of their U.S. Consumer Privacy Notice published on their website. When we went into the local branch, they confirmed that this was happening to others and they were not allowed to discuss that matter.

Another example, on a national level, is the situation that occurred with Mike Lindell. He had his bank accounts closed down due to the vocalization of his political views. The bank stated that he was a "reputation risk" as the reason they shut him down. However, he was not a representative of the bank; he was simply a customer. This unconstitutional as it is a serious violation of our right to freedom. With the understanding that there are laws in place that can freeze the assets of funds obtained through criminal activity, that

is not the case in this circumstance. People who are exercising their freedom of speech should never be penalized for doing so; it goes against the very foundation this nation was built upon.

The media has done its part by not offering much coverage of these stories, yet they are happening. Bank of America, Chase, and Minnesota Bank and Trust are a few banks that have shut down the accounts of conservative individuals and organizations, claiming it had nothing to do with politics. Yet, it is the very thing they had in common.

However, conservative or not, we can agree that if we allow these practices to go unchecked, everyone is at risk. Who is to say they won't shut you down for what you believe in? This nation was built on diversity and dissenting opinions and our Constitution guarantees us all the right to free speech. We should not have to agree with each other or be fearful of offending others because of our own opinions; if so, then which side would be the judge of what is right or unoffensive?

If we, as the American people, do not stand up against this tyranny, we will eventually lose even the appearance of freedom and it will be all but a distant memory in the generations to come.

Events in the AV

If you have any events that you would like to include in the next issue, email ThePalmdaleJournal@protonmail.com. Events will be published at the discretion of the editors.

Welcome Home Ceremony for Vietnam Veterans 2022 - Poncitlán Square

Saturday, March 19, 10:00 am - 3:00 pm Entrance: Free

Ceremony, resources, car show & food trucks. Dress in the 1960's fashion styles.

Cesar Chavez Day - Yellen Park 5100 E. Ave S. Palmdale Ca Saturday, March 26 11:00am-5:00pm Food, music, vendors, car show, & soccer tournament

Prime Desert Woodland Preserve

Saturday, March 26, 3:00 pm Birds of Prev Presentation - 3:00 pm Price: \$3

Moonwalk - 7:30 pm Price: Free, donations welcome

GoodStock Benefit Concert - The Hangar Tickets Range: \$50 - \$900 Saturday, March 26 3:00-6:00pm Hosted by Thirst Project to raise funding to give people access to clean water.

Lancaster Gun Show - AV Fair and **Event Center** Saturday, April 9, 9 am - 5 pm

Sunday, April 10, 9 am - 4 pm Tickets: \$12

California Poppy Festival - AV Fair and Event Center Friday, April 22 - Sunday, April 24

Tickets: Pre-sale \$8, \$8 Parking Day of Price: \$12, \$10 Parking Arena Events: Extra Pricing

Aby Rose Pop Ups Spring Market Friday, April 30, 11 am - 3pm Entrance: Free

Address: 5321 West Ave M8 Quartz Hill, 93536

Palmdale Freedom Coalition

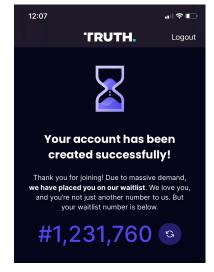
Butler's Coffee - 40125 10th St W, Palmdale, CA 93551 Wednesdays, 6:30 pm Check out one of the meetings to see how you can get involved in the community.

Truth By Another Name

By Teresa Palmer

On Monday, February 21, 2022, Former President Donald Trump's new app, Truth Social, was launched. The day after the launch, Trump's tech stock surged to near-record highs. Truth Social claims that whether you are a proud libertarian, staunch conservative, or diehard liberal they "welcome these varied opinions and the robust conversation they bring."

The app comes in response to a growing number of disaffected users from Facebook, Twitter, and Instagram. For a number of years now, these tech giants have been introducing sets of algorithms that effectively curb the dissemination of information they deem inappropriate. Whether that information is true or not is beside the point. Whether some people might find the content offensive is even less relevant. The freedom to speak one's mind is a longcherished pillar of American principles. Many around the world will attest that



nothing is more wonderful than to have one's voice heard because the soul is inside the words. And no one has the right to cut off another person's voice.

Yet that is precisely what these major tech corporations have done to thousands of their users, deleting their posts, suspending their accounts, and labeling them as promoters of misinformation. Some have called this a motion to protect the truth; in this instance "truth" is defined by the protectors. Historically, it's been known by another name: censorship.

This policy was brought to the nation's attention with President Donald Trump's expulsion from Twitter after the incident at Capitol Hill on January 6, 2021. But dissatisfaction with the long-time platforms had been brewing a long time prior to that. On those apps, specific words and phrases were especially targeted as inflammatory-tags with "vax" and "save the children" to name a few. None were exempt from the sweeping new policies, not even well-known commentators and celebrities. Many began looking for other platforms where the voices could be heard. Apps like Rumble, Parler, and Telegram became increasingly more popular.

The most recent and certainly the one with the most hype surrounding it is Trump's Truth Social. To access the app, you have to download it on iOS, (Truth Social does not support Android devices

yet). Already reviews are coming in, some expressing the technological inconveniences to be expected when any new massive site is launched. For instance, you may be put on a waiting list after signing up. Some users have been asked for a phone number, while others have complained that they see no progress on the waitlist numbers.

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Currently, the app has over 35,000 ratings and a 4.2 out of 5 rating on Apple's App Store. According to the app's sales pitch, when you create a post, it is referred to as a "Truth." If you want to re-post a "Truth," it is called a "Re-Truth." You can also post photos, news stories, and video links. The app resembles Twitter and is still working on direct messages and verification for users. It's expected that it will not be completely open to the public until the end of March, with celebrities getting first dibs.

Only time will tell whether Truth Social will live up to its promise of being a free and open-source social network

The Absolute Truth

By Carol Ross

There's no such thing as black and white. Day by day I'll decide what's right. I'll base my decisions on how I feel because absolute truth simply isn't real. Is there something wrong with self-gratification? You might say I'm on a moral vacation. It can't be that bad; everybody's doing it. If it works for you, it's probably worth pursuing it. That's incredibly open minded and politically correct. But why do I feel so emotionally wrecked? I've done just what I've pleased, but the unexpected came: the constant gnawing guilt, the cleverly hidden shame. I could say that I'm not hurting, but then I would be lying. There's an empty void inside of me; from this darkness I am crying! Is everything relative or do absolutes exist? I am frantically searching. Is there something that I missed? I'm tired of rationalization; it brings only pain and strife. It certainly is time for some changes in my life. Where can I search that I haven't searched before? The guilt is overwhelming; I can't bear it anymore. What I need are answers, forgiveness, love. I cried tears of sorrow and looked to God above. What is wrong? What is right? Can't keep living in the gray. Please God, help me, take this pain away! Head bowed, heart surrendered, my spirit was stirred. In an instant Truth entered, revealed in the Word. Now Truth forever guides me, and it will not depart.

For on that day a Saviour shined Light into my heart!

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Spanish flu. That vaccine didn't exist until the 40s. But we, they, were able to get their lives back after that pandemic went away. And it claimed far more lives per

Martin Luther King, Jr. said we have a moral obligation to disobey unjust laws.

We've got hardworking citizens losing their jobs and children being deprived their right to a proper education, because they choose not to submit to a medical experiment that we still don't fully understand the potential long term risks of. If that doesn't sound unjust to you, then God help you.

I firmly believe if we stand up and do the right thing, we'll have support in far more places than we even realize,

financial and beyond. I believe we'll spark a tidal wave that may inspire more communities, maybe in L.A. County and beyond, to stand up and take back freedom.

The county has already largely been unsuccessful in their scare tactics. The LA County sheriff has made it clear that he's not interested in enforcing anything that's unconstitutional.

I know it's scary to do the right thing when it seems like it's unpopular. But we America by build being comfortable. If it weren't for a few brave souls with unpopular opinions hundred years ago, who knows where we would be standing. We wouldn't be standing here on American soil today. Thank you.

Fake News, Point of View and What is True

By Steven Anthony Harris

Edgar Allan Poe once said, "Believe nothing you hear, and only half that you see." I am certain that if Poe was alive today, he would refer to mainstream media Ukraine when they are not part of NATO as "Fake News." Recently, there have been numerous reports and photos making the rounds regarding the conflict in Ukraine by the media that end up being debunked. Just pro-Ukraine. I am pro-truth. Like many, I have a disdain for lamestream - oops - I mean mainstream propaganda they push.

According to a story following Russia's advance onto Ukrainian territory, there was audio allegedly leaked of Ukrainian guards on Snake Island communicating with a Russian warship. According to this allegation, when told to surrender, a guard tells the Russian warship "Go f*** yourself!" The report went on to say that 13 people on the ship were killed. This was not true since later it was revealed that the guards had not been killed but captured heavily dependent on oil, many countries alive, unharmed, and taken to the would love to get access to Russia's oil or mainland. Both the press and the Ukrainian government admitted that the incident did his place. not happen.

handedly downed six Russian jets in two exists. I guess that is what makes him a ghost.

soldiers holding rifles made of cardboard, trying to pass them off as real weapons. I also came across other photos of the Ukrainian president wearing military fatigues that were taken a year or two ago that are currently being used to make him look like a war hero. I have also seen video game footage of airstrikes being used as real-life footage. There is even footage of body bags being moved but the body inside the bag is also moving! The dead should not move on their own.

circulated? And why is the mainstream media pushing so hard to give a one-sided perspective?

In addition to these questions, there is one question everyone should be asking, "Why are so many rushing to the aid of or the EU?" Well, it is no secret that Joe Biden, Nancy Pelosi, and John Kerry have had children, who at one point or another, worked in Ukraine which should already so you know, I'm neither pro-Russia nor raise suspicions. For example, Joe Biden, when he was vice-president, threatened to withhold aid to Ukraine unless the media and the Ukrainian prosecutor investigating the Gas Company (where his son Hunter Biden was receiving a huge salary) was fired. He succeeded, by the way. It is a real possibility that corruption exists at the highest level in the country.

> A sensible reason for the invasion is that Putin was concerned that if Ukraine became a NATO member state, weapons would be sitting on their doorstep, making Russia vulnerable to an attack. Being that Russia is a petrostate, whose economy is get Putin out and install a puppet to take

Can it also be possible that Russia is Another false story is "The Ghost of just being proactive and taking parts of Kiev" where an unknown pilot single- Ukraine to ensure their safety? It is a wellknown fact that Ukraine has resources that days. However, there is no evidence this would be beneficial to Russia. Moreover, ever happened or that the pilot actually Ukraine, as Putin mentioned, has Neo Nazis who look at the Russian Ukrainians as inferior and prefer they not speak their On social media, I saw photos of native Russian language. Who can really know why this conflict is going on? And who is to say that Putin is only on the defense when he himself has also expressed his desire to restore Russia to its former glory? As a wise man said, "In war, truth is the first casualty."

Determining what is true or not takes a little bit of work and even then, you still will not get the full picture unless you are in the mix. Remember, "There are three sides to every story - yours, theirs, and the truth." So when following what's going on Why are these false stories being regarding Ukraine, use critical thinking, be open to alternative theories and understand that there may be more than one reason why there's conflict.

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How to Write to the Supreme Court

By Dawn Hardesty

Phone: 202-479-3000 TTY: 202-479-3472

Monday - Friday, 9 am to 5:30 p.m.

The Supreme Court phone lines were not taking messages recently, but we still need to take action! All of us need to fight for election integrity and implore that all voter fraud cases be heard!

The Supreme Court Justices prefer correspondence through the U.S. mail. Write an interesting, well-thought-out letter and it may end up in the hands of a member of the highest court in the land.

Use a business letter format with your address at the top of the page above the date, followed by the recipient's address. This should be the same form of address used on the envelope. Begin the letter with Dear Chief Justice or Dear Justice (surname). For example, if you were writing a letter to Justice Ruth Bader Ginsburg, you would address the letter to "Dear Justice Ginsburg."

Keep your letter straightforward and to the point. Finish with a salutation, such as "Sincerely," then sign it with your name and address.

Addressing the Envelope

You need to address your envelope correctly. If you want to write to one particular justice, this is the form:

Justice (surname), The Supreme Court of the United States,

> One First Street N.E., Washington, D.C., 20543

For the Chief Justice:

The Chief Justice of the United States, The Supreme Court of the United States, One First Street N.E.,

Washington, D.C., 20543

If your letter is of a general nature, you can write either to:

The Public Information Officer, The Supreme Court of the United States, One First Street N.E., Washington, D.C., 20543

Or, contact the Public Information Office on its website (supremecourt.gov). You can do this by email on the site, but mailed letters to individual justices will have more power. The website provides a list of current

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supplements, checking hormone imbalances, blood sugar levels, and vitamin and mineral deficiencies. Also, find a good chiropractor and masseuse to help you relax and take care of your nervous system.

Additionally, one of the best approaches to dealing with these types of emotions is to talk it out. Studies have shown that the more vulnerable we are in letting a trusted person know about our struggles, the easier it seems to bear them. This is especially when someone comes alongside us to help find the core issue we are dealing with. Quality time with your family or good friends is equally important since we were created to have relationships with one another and not be alone.

As a person of faith, I would have to say that my favorite approach is prayer.

naturopathic or functional medicine Only God truly knows the depths of our doctor that would help you with holistic hearts and the burdens we carry. In the approaches in getting the right Bible, Jesus says, "Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

> Day by day the world is changing into, what seems like, a more unsure place to be. There are events unfolding that cause us to feel emotionally drained and worried. Yet- I would like to encourage you to be diligent in prayer, involved in your family and community life. Find like-minded people who you can talk to and have fun with. Uplift those around you and ask questions... "How are you? Is everything okay? Can I pray for you?" Don't underestimate the power of your acts of kindness, especially the difference you can make with a simple comment or