Accepting Support Purchases Online!

Young child honored at MOAH for artwork Page 8

The Palmdale

Local News That Directly Impacts Our City

The PFC celebration was honored by

appearance

campaigning for his second full term.

Besides Mike Garcia for US Rep, PFC now

directly supports two candidates running

for locally elected positions. Erika Alverdi

is running in the 5th District for Palmdale's

City Council and Paul Marsh is running for

the State Assembly for the 39th District of

California. Beyond that, PFC's reputation

has now gone international. Having

appeared on Flashpoint which airs on both

the Victory Channel And Daystar Network,

they've influenced people across the globe

to stand up and defend freedom in their

The Flashpoint episode titled "We Changed

our City! Palmdale Freedom Coalition" can

be viewed on the Victory Channel on

special

Representative

own communities.

rumble.

Volume I, Issue VIII

Published by Michael and Carol Ross

September 2022

of

Mike Garcia who is

Newsom bans new gaspowered car sales by 2035

By Franklin Castillo



CALIFORNIA- In late August, Governor Newsom showcased an executive order that he signed in September of 2020. Executive order N-79-20 requires a reduction in the sale of gas-powered vehicles in California until 2035, when it will become against the law to sell new gasoline-powered vehicles in the state.

The plan specifies that 35% of vehicles sold in California by 2026 will be so-called Zero-Emission Vehicles (ZEV), 68% by 2030 and 100% by 2035. Governor Newsom stated, "For too many decades, we have allowed cars to pollute the air that our children and families breathe. Californians shouldn't have to worry if our cars are giving our kids asthma. Our cars shouldn't make wildfires worse – and create more days

filled with smoky air. Cars shouldn't melt glaciers or raise sea levels threatening our cherished beaches and coastlines." He stated when announcing the executive order to the state, "We can solve this climate crisis if we focus on the big, bold steps necessary to cut pollution. CA now has a groundbreaking, world-leading plan to achieve 100 percent zero-emission vehicle sales by 2035."

Governor Newsom never addressed the science behind what it would take to make this ambitious dream a reality or its possibility. Manufacturing, maintaining, lubricating, and charging electric vehicles (EV) generates significant amounts of pollutants. Making their batteries require massive amounts of toxic and rare-earth

See ELECTRIC on Page 3

Palmdale Freedom Coalition hits one-year benchmark

the

By John Hardesty

PALMDALE-Palmdale Freedom Coalition (PFC) celebrates its first full year of existence. Founded by Mike and Carol Ross of Palmdale on August 18th 2021. Their story reveals that their impetus for starting the coalition came as a result of prayer. By God's divine direction, the Rosses were obedient to God's calling to remove the dark cloud of oppression that is raining over this particular region of Los Angeles County. Although Palmdale is not the only city under such oppression, it has become a city of choice, for out of it has arisen Palmdale Freedom Coalition to change the very place in which we live and work and have our being.

The coalition has succeeded in getting Ordinance 1577 unanimously passed through City Council in March after a long struggle. They did this with their army of fighters: The prayer team prays over every event. The sign team makes and hangs signs. The street team passes out information to the public that is withheld by the mainstream media. They also have their own media team, legal researchers, and a political action committee. PFC stands for constitutionally protected rights by attending city council meetings and school board meetings, holding rallies and social events, as well as holding its weekly meeting at Butler's Coffee on Wednesday at 6:30 PM.

PALMDALE FREEDOM COALITION

What's in your library?

FIREWALL FOR FREEDOM

By Mario Presents

In June 2022, the American Library Association (ALA) held its annual conference in Washington, DC, to discuss appropriate literature in repositories around the country. Large corporate sponsors donate millions of dollars annually to encourage reading in local communities while librarians train in the latest techniques and methods of education. Beyond school boards, away from the purview of city councils, the ALA, in partnership with its newly created Unite Against Book Bans, is recommending local libraries around the country shelve and purchase divisive and sexualized literature. Encouraging reading in our youth is paramount for a successful community, and as early as 1910, the United States has kept literacy statistics as part of the census. Since 1892 the objective of the ALA has been "to promote library service and librarianship." The ALA motto is "The best reading, for the largest number, at the least cost."

Librarianship, a profession concerned with acquiring collections of books and related materials to service readers and others with resources, is noble by nature. When a service engages in evangelism, most notice, but like the frog in water, if done slowly enough, no one is wiser. To foster a love of literature and research,

Making presses roll again By Larry Grooms

PALMDALE- An iconic slice of American life and history is being placed for the taking on counters of convenience stores, sandwich shops, motels, business offices and other places frequented by local folks in the Antelope Valley.

Once a month for half a year now, a seemingly improbable band of volunteers produced an issue of The Palmdale Journal, a periodical distributed in increasing numbers and page count with each passing month.

At a Sunday, August 4 evening celebration in Butler's Coffee, the fledgling news team's adopted conference center, Co-Publishers Michael and Carol Ross talked about the newspaper's birth, ambitious goals, and objectives.

Michael Ross told the socially,

culturally, spiritually, occupationally, the Declaration of Independence.

Parallels between the birth of American liberty, and the rebirth of local newspaper journalism were forgotten. Even as the once proud, locally owned regional daily newspaper announced the latest dispiriting reader customer-oriented growth business plan.

Editor-in-Chief Assistant Chavez offered assurance, guidance, questions, explaining decisions or ever information and support to more than a

dozen volunteer correspondents and line and politically mixed group of volunteers editors, whose ages, stages and career to envision themselves as being the faces histories range from community college, in the painting depicting the signers of to homemaker, to educator, to former journalist.

> A key figure in the leadership is professional entrepreneur Mario Presents, multi-media communications and public relations guru, governmental policy advisor, and legislative advocacy coach.

The bottom line for The Palmdale service cutbacks, the journal is Journal's is to defy the conventional countering mass media skeptics with a wisdom led by people who have their own forward-thinking, locally focused and reasons to see local journalism disappear. Those whose personal interests are served Senior Editor Amanda Palmer and when no news is even better than good Melissa news - those who don't like answering

See LOCAL on Page 2

Help Wanted

The Palmdale Journal exists to be a voice that represents the community of Palmdale, California. We pride ourselves in standing up for truth, righteousness, and justice while revealing the beauty of our city to our readers.

Currently everyone on staff is a volunteer; mothers, fathers, students, activists, pastors, paralegals, and patriots all have come together to sow into the vision of the Journal. With eight issues under our belt, our readership is growing and we are in need of more volunteers as we expand.

If you are interested in joining, please reach out as we welcome professional local writers, print layout designers, website layout designers and novices alike! Not sure how you can contribute? Visit the ThePalmdaleJournal.com for a list of job descriptions.

Please note: All submissions to *The Palmdale Journal* are greatly appreciated and will be printed at the discretion of the editors. Submission of a piece grants the editors permission to edit and print. The articles do not necessarily reflect the opinions of the editors or owners. Thank you. The Palmdale Journal @proton.me

.6240.

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> Classifieds ·02

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The Palmdale Journal embraces the local voice

LOCAL from Page 1

having to say "Oops."

Now in its 7th month of life, the days a week. bouncing baby Palmdale Journal makes enough revenue to cover its expenses for let his press card expire in 1999, this another without screaming. production, printing and distribution. And the co-publishers report the page count has increase from six to 12 pages, thanks to competitive, cost-effective advertising rates welcomed by savvy small business owners.

In the coming months, and certainly in the year ahead, the new contender on the local news block expects to leap ahead from monthly, to twice monthly and then weekly publication, possibly followed by

a semi-weekly schedule of three or more out a meeting and discovered an

retiree was five months late to the

the fact that this publication was launched by the Palmdale Freedom Coalition, with an attractive title but a cautionary party feasible and reasonable. And it already has politics image.

I did what reporters do. Went to check

atmosphere where different sorts of people As a career newspaper journalist who found common bond just talking to one

The gatherings were quite literally civil Palmdale Journal party, attracted by the and respectful conversation, conducted new publication's willingness to practice moderately, but without moderators or real community journalism without fear or referees. When you have church people in a room with LGBT folks, and the And what really drew my attention was conversation is all about defeating corruption in government, starting a local newspaper from scratch looks entirely a crossword puzzle!

Literature being curated to advance leftist agendas

GOOD READING from Page 2

many librarians, like in other industries, host continuing education seminars to further the craft and compare techniques. Librarians impart information, sometimes to children, and book collections exist in every school and city around the country. The ALA uses pressure campaigns to encourage what will be new on the book racks and what will be promoted.

Sponsors like the American Foundation for Teachers, Human Rights Campaign, and American Immigration Lawyers Association ensure revenue streams for publishers like Quatro Group, Simon & Schuster, and Candlewick Press to provide literature for our communities while partnering organization Unite Against Book Bans, prohibits their removal from public spaces.

The 1973 Supreme Court California vs. Miller case states that the work as a whole must be considered in determining if it is pornographic. The purest interest of the work is weighed against descriptive content and whether it contains a literary, scientific, artistic, or political value. However, The Board of Education vs. Pico in 1982 affirmed the school board's ability to limit material containing pervasively vulgar or even "random" vulgarity as inappropriate for teenage school students. The Courts similarly concluded that a school board's retention

of such books gives those volumes an grades K-5. implicit endorsement. Founder and Director of the ALA's Intellectual Freedom, Judith Krug, old alike. Literacy rates in America conceded that when stocking material, the provided by the U.S. Census in 1910 cite a law is the ultimate guide.

elementary school librarian commented that when they compared their stockpile of books against the '100 surprised to find titles like Captain or grown-up content. In the case of this school instead of having it available for

Novels provide an escape, information, Office of and sometimes inspiration to young and 93% literacy rate among all Americans. School libraries can be subject to According to the National Center for censorship based on the subject matter, Education Statistics, four out of five U.S. but public libraries are not. When asked, a adults, or 79%, of the population have medium to high English literacy skills. Since 1967, there aren't any banned books in Public Libraries, and the 1982 most challenged books, they were campaign "Banned Books Week" was relaunched as "Unite Against Book Bans" Underpants, Skippyjon Jones, and the by the ALA. The ALA routinely tweets, Bible among them. The librarian agreed shares, and encourages the adoption of that children need protection from sexual these books in school libraries. Spectrum Science Marketing recently donated over location, they donated their copy of the \$5,000 to the ALA by selling digital Twilight series of books to a local middle copies of "Saying Gay in the USA" coloring book.



Washing your energy green By Mario Presents

Power companies have great ways of of green energy for every megawatt of convincing the public that they are providing the consumer with "green" energy. Community choice aggregations like EPIC and Lancaster Power are also taking advantage of loopholes in California's legal system that allow power companies to sell the same electricity they've been providing with a green label.

Sometimes called greenwashing, this scheme has power companies double dipping while charging the consumer higher and higher prices. Renewable energy facilities (like solar, wind, small hydro and biogas) are given a certificate

power that the company produces. The power is sometimes separated from the sold unbundled, certificate, community choice aggregations buy certificates, buy inexpensive brown power, reattach the certificate, deliver power, and report to the regulators X amount of "renewable" hours being provided

Renewable energy like solar and wind are not known for their consistency, and in the case of solar, power is only produced during the day. The excess power and certificate, or bundled energy, produced midday is sold to large power

companies like Edison, PG&E and San Diego Gas & Electric. The utilities mass purchase the resource, sell the excess kilowatt hours without the certificate out of state, unbundled, leaving the company with a green energy certificate. They reattach system power provided by gas, coal, and nuclear energy to the stand alone certificate and label it as "green"

All community choice aggregations or Community Choice Energy programs, like EPIC in Palmdale, claim to "deliver greener energy than you could otherwise buy for less money." Electricity arrives to

See GREENWASHING on Page 3

·· (3) The Palmdale Journal

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The Palmdale Journal @proton.me **Senior Editor in Chief** Amanda Palmer

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The Palmdale Journal is a town newsletter and entertainment periodical. It is a publication that offers an additional and distinct narrative, reporting and providing information on local politics, and how national, state, and county news impacts our city. The driving force is to provide a free flow of information that may sometimes be discluded or suppressed, providing a dissenting perspective on current events, an effort to get back to our own message. We hope to influence involvement by local residents, building up and sharing a common interest, relating together socially, and promoting truth and freedom in the process.

This is a record created by the community and for the community, the people of Palmdale. We hope that you will join us in this movement to tell our story.





Erika Alverdi Founder

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BUILDING LEADERS IN THE ANTELOPE VALLEY



Eighty Seven Thousand New IRS Agents

www.ThePalmdaleJournal.com

Hidden within the so-called "Inflation also pointed out that before the IRS hiring trillion dollars annually. Reduction Act" is a provision for the IRS listing was taken down it stated, "Carry a budget money is to be used for enforcement. The IRS is set to receive an than their current budget of \$12.6 billion.

increased enforcement, systems modernization. The specifics of these improvements and modernizations currency sector? Currently, there is little rich. are yet to be determined. According to Reuters, we know that the IRS has around 2,100 special enforcement unit agents that cryptocurrency. The IRS chief, Chuck are armed. The IRS is hoping to hire 300- Rettig, speculates that the possible tax 350 new special agents this year. They

As part of the new tax codes for the 80 billion dollar budget increase from the year 2021 there is a new cryptocurrency federal government. That is six times more section of the Form 1040 which asks specific questions, such as the purchase The total sum of the money being and or sale of cryptocurrency. information as to how much tax revenue revenue losses could become as high as 1

crypto transactions, stock investments, and your tax over-payments.

401k information are already tracked and It has been stated by the IRS and the watched by banking institutions and the to hire 87,000 new armed agents. The bill firearm and be willing to use deadly force, Biden administration that the new IRS federal government. It would be much states that 45.6 billion dollars of the if necessary" under major duties of the agents would not proportionally increase simpler if the federal government used a audits on those making under \$400,000 system of taxation where the correct annually. According to an analysis amount of money was paid based on what released by House Republicans ahead of is made, as it is made, instead of the current the bill's passage, the brunt of the audits overage and underage payment system would affect Americans making less than done through our employers. A system of While \$75,000 a year, who will be subject to that nature would require far fewer IRS given to the IRS is set to be used for these new changes may be a reason for 60% of the additional audits stemming agents than is currently on the books. It operational new agents, the realistic side of the from the additional IRS agents. This would require agents only for businesses improvements, customer service, and argument would be, why are there so overtly comes across to American citizens that need to write off expenses and for many new agents to enforce a new as robbing from the poor to give to the corrections to regular citizens' taxes. That type of system would also remove the need Interestingly, most American citizens for a tax day. The federal government has may have been lost in the last few years to keep most of their money in accounts always opposed this system because where the records are known and bureaucracy loves useless employees and understood by the IRS. Bank records, governments want to make interest off of

Edition: September 2022

Electric Vehicles to become the "new norm"

ELECTRIC from Page 1

obtained in the US. China currently controls 60% of the world's battery even rank in the top 10.

The CA power grid is already strained, and in 2025 its last nuclear power plant will be closed. Just six days after Newsom proclaimed his future dream of EV's, Cal-ISO (Independent System Operator) issued to \$40,500 to install in a home. None of a flex alert warning not to use air these figures include labor costs. conditioning or charge electric cars. California's grid will need to produce an has become easier over the years. The AV by 2035, nearly a 50% increase over today's capacity.

powered cars? No, according to Kelly Blue Book (KBB). The average cost of an electric car in 2021 was \$51,532 - almost car. If you find an EV that fits the Biden criteria to get the \$7,500 rebate you are 50 hours are required for a level 1 charger, price. The average insurance cost is for level 3. similar but the cost to fuel an electric car is would be \$9,119 per year, not including would require at least an hour. battery replacement.

\$300, uses a 120-volt outlet, and adds 5

miles of driving range per charging hour. These often come with the car but require minerals, some of which cannot be occasional replacement. Level 2 costs (which some homes do not have), and manufacturing ability. The US does not adds 25 miles of range per hour. These can cost up to \$4,500 for multi-car systems. Level 3 "super" chargers can add 100-200 miles of range per 30 minutes. These cost \$12,000- \$35,000 if installed in a commercial infrastructure setting, and up

Charging a car outside of your home estimated 120-terawatt-hours of electricity area has 58 listed charging stations. Thirteen are level 3 chargers, some of which are not publicly accessible. Are EV's competitively priced with gas Charging rates are \$0.30-\$3.00 per kilowatt-hour (kWh) depending on the time of day. For example, the Tesla model 3 uses 85 kWh to travel its 340-mile range. \$30k more than a compact gas-powered Fully charging this car would cost \$102 at the lower-end of \$0.30 per kWh. Forty to

31 years to recoup the original average daytime, and stay at a hotel with at least a batteries after 100,000 miles with an EV. you could make it across the country in a AAA estimates the average yearly cost of similar amount of time to a gas-powered owning an EV driven 15k miles annually vehicle, except that each "fueling" stop

somewhat complicated. Car chargers As it stands, only time will tell if Gov comprise 3 types. Level 1 costs about Newsom set CA residents up for success or a nightmare.

CA Utility Expert questions CA State Chair of the Air Resource Board

GREENWASHING from Page 2

\$300 to \$1,200, uses a 240-volt outlet the consumer via the existing utility Palmdale Freedom Coalition submitted a California Choice Energy Agency, 2022. consisting of R. Rex Parris, Marvin Crist, Mirage, San Jacinto, Pomona, Apple request as "In Progress." Valley, Pico Rivera, Santa Barbara, and now Palmdale to collectively purchase program go to: green energy certificates. CCA's on https://palmdaleepicenergy.com/youraverage charge 5% more for 100% renewable energy versus stated 61% renewable provided by existing utilities.

California Utility Expert Jim Phelps questioned the California State Chair of the Air Resource Board regarding the reporting of vintage Renewable Energy still spending \$22,500 more on the average 4-10 hours for level 2, and 20-60 minutes Credits as new ones through a "'true up" process used by energy companies. The Imagine planning a cross-country road Chair admitted the practice is not part of cheaper. A car that travels 15k miles per trip in your EV. You can use a map similar air regulations or AB32, but "may be year would require, on average, \$1,255 for to plugshare.com to locate charging fraud". Pressure from CCA lobbies to gas while an EV averages about \$546 in stations across the country. Plan on at least Representatives in Sacramento resulted in electricity. At that rate, it would take over two stops at a level 3 charger in the the Chair walking back her allegation of potential fraud. Energy experts estimate price difference. An owner may also have level 2 charger each night. Provided you 80% of California's energy needs will be to spend up to \$20k for replacement could find an unused charger at each hotel, handled by CCA's by the year 2025 and Palmale residents automatically enroll in California's Choice Energy Agency starting October 1, 2022.

Decided July 17, 2022 by the city Many are making the shift to EVs, council of Palmdale, every resident is now What about charging? The answer is forgoing gas powered vehicles altogether.

an assumed participant of the newly created CCA EPIC Energy unless they choose to opt out. Representatives at the

network but the CCA, often overseen by a Freedom of Information Act Request board of City and County officials requesting the disclosure of all funding coordinates and profits from the contract disbursed or in contract to the Community instead of the investors of the utility Choice Aggregator and its agents for the company. The Board of directors for years 2020 to the present on August 16,

Extenuating circumstances aside, FOIA Ken Mann, Darrell Dorris, and Raj Malhi or CPRA requests should fulfilled in ten founded CCA's in Lancaster, Rancho days, the City of Palmdale shows the

To find out more or opt out of the

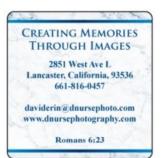
options/opt-out/













Butler's Mission

We are a local 501c3 Non-Profit corporation that provides vocational job training. We want to see the next generation of young leaders and entrepreneurs succeed. We partner with local churches, schools, government assistance agencies and other non-profits to provide a quality hands-on job training experience. We are very proud of our hard working volunteers who are working very diligently to serve you and their community. Interested in volunteering? Come in and ask any of our servers for an application.



Save the date!

Saturday, October 8, 10 am-6 pm

Admission and parking are free! Spend the day enjoying free activities to bring out your inner artist, listening to lively music, viewing amazing art, watching live • Oceania Living Statue artists in action, and so much more! • Roaming Improv Actors

This highly anticipated event features artful experiences for all to • Art of the Vine wine tasting

- Live Muralists and Chalk Artists
- Live Cellograf Artist
- Live Plein Air Artist
- Paper Quilling Demonstration
- Spinning Wheel Demonstration

- Accessibility Space, Sensory Tent
- · Professional and Novice Art **Exhibits**
- Fresh Made Market
- Craft Vendors
- Derek the Mime
- Living Butterfly Vines

- Two stages of live music
- Art of the Brew craft beer tasting
- Brush Strokes Live Studio
- Classes for kids and adults
- Face Painting
- · Bubble, Chalk, and Rock Art
- Food Trucks
- And much more!

Get a jump on your holiday shopping with unique handmade items.

Edition: September 2022

Don't miss this spectacular event celebrating the arts in our high desert community that is dedicated to masterful artisans from a variety of trades.

www.KaleidoscopeArtFestival.com





Marie Kerr Park Community Building, 39700 30th St West, Palmdale Domenic Massari Park, 37716 55th St East, Palmdale





A sure guarantee for the foodie in you





The best Cuban Restaurant around by far! The owners are simply amazing. Very community and customer oriented. They are professional, caring, attentive, and make sure to provide the best possible atmosphere for their customers. The staff is incredible. Food is absolutely delicious. The whole ambiance is peaceful, and inclusive. I highly recommend Baracoa Cuban Restaurant for any date, work lunch, social event. Anything and everything.



★★★★ 4/21/2022

Great ambience , delicious Cuban cuisine and very generous portion sizes. We are there twice in a single day and were very pleased with the wide variety of food choices











Features

Not a Victim Column: Live a Beautiful Life

"pleasing the senses or mind aesthetically." We have now become the new norm." are wired to love and appreciate beauty. It brings peace when we gaze at what we think is beautiful.

It is no secret that people who are attractive tend to have more opportunities and open doors. According to Insider, an online publication, "Research suggests life works a little better for conventionally attractive people. Attractive people get paid more, get considered for more jobs, and people, according to science." This explains why the beauty industry is a billion-dollar industry. According to Statista, "L'Oreal was the topthe US alone, the estimated total of beauty statistics. The growth rate of the global cosmetics market from 2004-2021 has increased by 8 percent."

Although these statistics reflect how our partake in it. culture views beauty, they are only the culture's Sincerely, interpretation of it, not the actual, pure definition. Adriana Salcedo However, we are starting to see a shift in the



We live in a world that places a ton of emphasis beauty industry, revealing that all shapes and on beauty and youth. But, have you ever asked colors have a unique beauty. Statista also reports, vourself why? Let's unpack this by looking at the "Non-western beauty cultures are becoming more word beautiful. The word beautiful is defined as, influential because of diversity and variety and

There is a demand in the market for holistic beauty products. Consumers are now wary of potential toxicity. I believe the reason why is because our society is waking up to what beauty really is. It is strength, ability, and efficiency. Beauty is an army of people willing to make a difference that makes this world better, not just looking at the outer shell but creating wealth from have stronger social skills than unattractive the inside out. This beauty keeps its brilliance and does not fade. It benefits everyone, not only the one who obtains it but also those who help to preserve it. Here is a fact, beauty fades, but love ranked global beauty manufacturer with revenue and great character do not fade but increase in that amounted to 35.6 billion U.S dollars. Also, in beauty with time. If a multi-billion dollar industry is waking up to lasting results, shouldn't we? With products is about \$48.26 billion as of 2021 this said, you can make this world a beautiful place, one aesthetically created by you and your God-given gifts, talents, and knowledge. Live a beautiful life! You have it in you. I can't wait to

Beauty for Ashes, International.

Our Mission: Out of the Ashes. Beauty Arises Women around the world struggle daily to find their beauty and selfworth. Beauty for Ashes. International emerged out of a pursuit to empower women so that their confidence is not washed away when the day is over: rather, their self-worth be their permanent state of being. Established in 2017, our mission is to empower women's self worth from the inside out through our communitybased programs, organic beauty products, and health and wellness activism. We strive to bring God's light into the dark beauty industry to help women exchange their ashes for beauty. Want to hear more or partner with us? We are located inside Butler's Coffee and would love to chat with you.

Parenting Column: Overcoming Regret

ability with the power to change and transform a found themselves isolated, without the ability to child and the world. Without it, the survival of this world seizes to exist.

The importance of human and social interaction goes far beyond practical application. In addition to acquiring the social skills needed to communicate, learn empathy, respect, and honor; it can an instrument to bring forth healing to the mind, soul, and body. However, in the same manner, human and social interaction, or lack thereof, have the potential to be destructive. Either outcome becomes a responsibility that lies within the hands of the beholder.

In infants and children, human and social interaction demonstrate to be necessary to lead a healthy, well-rounded life. According to the Children's Bureau, healthy social interaction is closely related to emotional development in infancy, vital to lifelong wellness, and essential to the growth of their brains. Studies show that lack concepts that exceed self-benefits, they are also of social connection in children affects their left hemisphere, which may lead to increased risk for depression, anxiety disorders, and a reduced hippocampus, which can contribute to learning and memory impairments. In the same rate, once children become adolescents, social interaction becomes pivotal to the success of their social and behavioral functioning (all4kids.org).

The mandates put in place during the pandemic limited and prohibited the amount of interaction with children, which caused a spike in mental illness. According to the CDC, "from March 2020 to October 2020, mental health-related emergency department visits increased 24% for children ages 5 to 11 and 31% for those ages 12 to 17 compared with 2019 emergency department visits."

Children born during the pandemic spent their first two years of life experiencing a world where social interactions became rare, faces barely seen, and social gatherings limited. Mothers and fathers that counted on additional help or support during a transitional time in their life found themselves limited to resources. Teenagers accustomed to their Denize Verduzco

Human Interaction is a social and psychological social life at school or outside the home suddenly experience a hug from a friend, a handshake, or milestones like graduations. Experiences that were crucial to their development came to a sudden halt.

> The lack of social interaction outside the home also demonstrated to be detrimental to the safety of numerous children. With nowhere to turn, children who counted on watchful eyes outside the home became victims to perpetrators in their own homes. According to RAINN (The Rape, Abuse, Incest National Network), under the country lockdown, "there was a 22% increase in monthly calls from people younger than 18, and half of all incoming contacts were from minors, a first in RAINN's history... Of those young people who contacted the hotline in March, 67% identified their perpetrator as a family member and 79% said they were currently living with that perpetrator."

Human and social interactions are such abstract detrimental for the growth of others. The repercussions children and teens faced and still face are worth noting. As things slowly return to what they once were, fear still lingers; fear of sickness, fear of adapting to new norms or routines. In some cases, attempting to find new the last two years can be difficult.

Children need to be loved, held, nurtured, and pesticides. surrounded by loved ones. These are all experiences that can only happen with human and social interaction. Never underestimate the power of a hug and the comfort or solace that can be found in it. Also, the ability to be physically present to lend an ear to a child who needs to be heard or saved and the milestones that happen in social gatherings that allow teenagers to create special memories. All interactions prove to be necessary for survival, growth, comfort, peace, healing, learning, protection, and so much more. processed, non-organic products. Till next time.....

Your Mommy-Friend,

The Human Connection: **Label Literacy**

By Sabeth Perry

Grocery shopping: some people love it, some people loath it. People need to eat, and unless the budget is there to dine out every day, grocery shopping is an unavoidable task. Today, there seems to be an array of foods to choose from, and it can be a bit overwhelming walking down those grocery store aisles trying to find the healthiest options.

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To make matters worse, the billion-dollar food industry has progressed over the years with advertising trends to catch the eye of the unsuspecting consumer. Do the following sound familiar? "Sugar Free," "Low Fat," "No Fat," "No Trans Fats," "Low Carbs," "Low Sodium," "Heart Healthy," "High Protein," and the list goes on. It all sounds good until you flip the box or can over to read the actual ingredients, but how often does that happen?

The latest labeling fad has taken on a whole new meaning. With the weight loss industry ramping up and people being more health conscious about what they consume, the past few years have brought on new advertising verbiage, bold letters, and colorful stamps. It's hard to miss labels such as "Non-GMO," "Organic," and "All Natural." So, what's the difference? It all sounds healthy.

Cutting to the chase, we'll start with "All Natural." Well... it's not... really. The FDA considers "natural" to mean nothing artificial or synthetic will be in a food where one wouldn't expect it. However, it's worth noting that this FDA policy on "natural" only covers part of the picture. It does not address the food production, processing, or manufacturing methods. It is not indicative of a food's nutritional or health benefits.

Just to be clear, the FDA does not regulate most foods labeled as "natural," which means anyone can define the term however they need, as long as there is no added color, artificial flavor, or synthetic substances. Thus, it's fair game for manufacturers to add substances naturally derived from foods to preserve or enhance flavor. The socalled "natural" foods can still contain a wide range of processed sweeteners, lab-produced "natural" flavors, colors, additives, and preservatives. Because there is no strict definition or certification process, it's easy for food manufacturers to get away with sneaking in unhealthy ingredients. The USDA falls along the same lines concerning meat, poultry, and eggs. It's best to check ingredients, how the food has been prepared or preserved, and where it came from before purchasing anything labeled "natural."

Lately, there's been an increasing amount of foods labeled non-GMO (Genetically Modified Organisms). Genetically modified foods derive from organisms whose genetic material (DNA) mutates in a way that does not occur naturally. On such process is through introcuding a gene from a different organism. People are starting to avoid GMO foods more and more, so non-GMO sounds like a healthier alternative, which in some cases can be, but not as much as one might think.

The first misunderstanding people have with Non-GMO foods is that they are the same as organic. Incorrect. Non-GMO foods exclude GMO ingredients, but that does not mean the product is free from toxic



chemicals such as glyphosate, dicamba, or over 700 other chemicals used in conventional food production. To be verified as a Non-GMO, a product undergoes a third-party verification process by the Non-GMO Project, a non-profit that created its own set of standards. This is much different from USDA Organic, which has strict government ways to heal from the damage that accompanied regulations. Therefore, just because a food is labeled non-GMO does not mean it is lacking in unhealthy, even harmful ingredients, including

> Non-GMO is not organic, but organic is Non-GMO because GMOs are prohibited in organic production. Organic labeled products go through a certification process. In order to be a verified organic product there are also has to be no artificial colors, flavors or preservatives, no synthetic fertilizers or sewage sludge, no toxic/persistent pesticides, no antibiotics or hormones for animals, animals eat 100% organic feed and pasture, there is protection of wildlife and promotion of biodiversity, enhanced soil fertility and is consistently regulated by federal law. Due to the strict regulations and guidelines, organic foods are the best choice for consumers over

> With this information in hand, for the next grocery trip, take time to stop and read labels, look at ingredients, and try to find the healthiest options. Remember, you are what you eat.

Features

This month, *The Palmdale Journal* is featuring photos by Carol Ross.



www.ThePalmdaleJournal.com







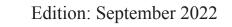


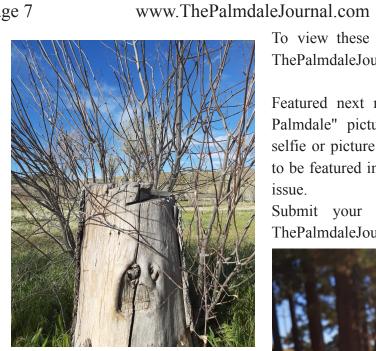
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To view these pictures in color, visit ThePalmdaleJournal.com

Featured next month is the "We are Palmdale" picture expose. Send in a selfie or picture of the people you love to be featured in the upcoming October issue.

Submit your pictures by emailing The Palm dale Journal@proton.me





















ballpoint pen, crayon and a pom-pom to create this masterpiece. A neat feature of "Rino" is a secret window in the middle of the piece that when you lift it up, a heart

Jackson is interested in creating more pieces for next year's event.

"Rino" was on display for all to see at the museum from June 4th – July 31st. Visitors were asked to vote in-person and online for their favorite piece. Jackson's parents, Kristina & Brian, are happy to report that after hundreds of ballots and social media post votes were cast, Jackson won MOAH's People's Choice Award!

Youth and Education



Jackson Asher with his mother, Kristina Hughes, and father, Brian Vermeire.

JACKSON ASHER'S "RINO" HONORED AT MOAH CEDAR

Jackson Asher (Age 5) recently had his mixed-media art piece "Rino" selected for the MOAH Cedar 37th Annual All-Media Juried Art Exhibition 2022. In this annual exhibition, artists of all ages and experience levels from around the Antelope Valley and the 5th Supervisorial District of Los Angeles County participated. "Rino" was made when Jackson Asher was 3 and had just mastered his scissor skills. He used an assortment of popsicle sticks, Q-tips, foam, colored paper, glue, USA flag stamps,

On September 9, 2022, Highland High School held a 9/11 Remembrance Ceremony commemorating the tragic 2001 attacks on the World Trade Center and the Pentagon. To honor military and first responders, the school's Senior Aerospace Studies Instructor, Lieutenant Colonel Brian Owen (USAF retired), collaborating with HHS music instructor, Dr. John Crocker, organized the event held in the high school's theater. Military flags and gear adorned the stage. Students, teachers, and admin attended, including school board members and Superintendent Greg Nehan.

The talented HHS Travel Ensemble, consisting of vocalists from the school's chamber singers and choral ensemble classes, led by Dr. Crocker, set the tone for reflection on unity, American identity, and patriotism. They opened the ceremony with the songs, "For the Beauty of the Earth" by John Rutter and "Ave Corpus" by W.A. Mozart. Later in the ceremony, Dr. Crocker, soloist for "God Bless America," and his 9/11 arrangement for "The National Anthem," mesmerized the audience, bringing some to tears. An integral part of the musical performances, Mrs. Diana Freise, was the accompanist and choral assistant.

Lieutenant Colonel Diego Davis said, 'No it was love,' because he wanted commanded the Color Guard team. The to do his part." JROTC students impressed the audience with a seemingly flawless Posting of Public Safety and Fire Science in

Honoring 9/11 Day of Service



Highland High School in Palmdale, CA

Edmond commented on the formality, "It was like what you see in the movies."

Principal Charles Dunn, the first speaker, described 9/11 as the defining moment of his generation. Dunn compared it to other momentous historical events such as Pearl Harbor, the moon landing, and the assassinations of John F. Kennedy and Martin Luther King, Jr. Dunn detailed his morning, "Every religion, everybody had been affected, by a loved one being lost... My brother, who was 19 years old at the time, joined the Navy three weeks later. He served tours in Iraq..." I asked After the opening, senior student Cadet him, "Why did you join? Was it anger? He

Captain Tim Green, who teaches

next. He retold the heroic account of firefighters, Ladder 6 of Chinatown, "Pushing closer they encountered dozens of vehicles and hundreds of people on the street and sidewalks, fleeing toward them and away from the danger. But, like all first responders, the firefighters of Ladder 6 pressed forward, all the while their captain saying, 'just keep going, we're almost there." Dodging debris and searching for victims, the Ladder 6 captain repeated, "Just keep going, we're almost there." "You see, hope and courage are very important: they can push you to do things that you once thought were improbable or nearly impossible," remarked Capt. Green.

For the final speech, Lt. Col. Owen recounted his 9/11 story and honored those who gave their lives to defend the

freedom of Americans. Owen specifically mentioned a prior staff member and Highland High School graduate, Sergeant Allan Walker. Walker volunteered to go to Iraq after the 9/11 attacks, and lost his life, "the ultimate sacrifice." (Read Owen's full speech in the Valley Voices section in this issue). JROTC student, Dallas Peoples

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Bridges, also the master of ceremonies, provided the timeline of 9/11, describing the attacks and the aftermath to the young audience.

The final activities of the ceremony the Playing of Taps, included melodiously and eloquently rendering emotions, and the performance of "Mansions of the Lord" from We Were Soldiers, a Paramount Picture production, arranged by Benjamin Harlin and Ted Ricketts. The choir closed with Dona Nobis Pacem's, "Grant Us Peace," an arrangement by Dr. Crocker.

The dedication of the Highland staff, including Dr. Crocker, Lt. Col. Owen, and Activities Secretary Dee Epley along with the Travel Ensemble and JROTC students, exemplifies a community bonded by attitudes, values, and goals. As Edmond stated, "It was a beautiful ceremony from start to finish."



Dr. John Crocker and Highland High's Travel Ensemble The Travel Ensemble will make their world debut when they perform in New York's Carnegie Hall on May 28, 2023.



Color Guard team: C/Lt Col Diego Davis, C/1LT Kathlina Cortez, C/Lt Col Leonardo Henriquez, and C/Maj Danica Seager



JROTC student Dallas Peoples Bridges and Lieutenant Colonel Brian Owen (USAF Retired)

Should we ban vapes and flavored tobacco products?

By Teresa Palmer, Local Youth Writer

Did you know that, according to the CDC, over 58.1 million people vape? An e-cig simulates tobacco smoke without actually burning tobacco. It contains chemicals and solvents like nicotine and THC that send extra dopamine to your brain.

People think that we should ban ecigarettes. And, currently, Proposition 31 touches upon this topic, which will be on the ballot this November. A "yes" vote on the "Flavored Tobacco Products Ban Referendum" will uphold the contested legislation, Senate Bill 793, which would ban the sale of flavored tobacco products. If Californians decide to vote yes, the substances will become unregulated and dangerous and the government would lose money.

Vaping or flavored tobacco products should not be banned because of the outcomes it presents. So many people vape that if the government were to ban it then people would be outraged. According to bbc.com/news, "The number of vapers has been increasing rapidly -

from about seven million in 2011 to and illegally. This is especially true 41 million in 2018." That is a lot of angry people.

Just look at history. When the government passed the prohibition law in 1920 to ban alcohol, people revolted and crime started to go up. People would make moonshine illegally, then when people drank it they would get alcohol poisoning. "Of course, the fact that alcohol was banned meant that it became even more enticing. To get around it, 'speakeasies' (illegal bars) were created and alcohol was smuggled to these secret bars around the country," www.thejournal.ie. people died and went to jail because of these illegal bars.

And, when the government passed a federal law against marijuana people started to move weed plantations into greenhouses. They discovered that doing this made weed stronger. Then they started to lace it, and now with fentanyl being put into drugs, it is very dangerous. Ban or not, products are created dangerously

for teens who access cheap quality vape products via the internet.

The Palmdale City Council meeting on August 3rd had many upset smoke shop owners in fear that their business will fail if they pass the ban on flavored e-cigs. Many of them said that their business does not sell to kids so their reasoning for the ban is preventing nothing. They also said that if anyone wanted to buy e-cigs they could just go to Lancaster to buy there. This would be putting Palmdale business in a really bad place while doubling the business in Lancaster.

If the government were to outlaw e-cigarettes or flavored tobacco products then they would potentially lose money to the black market. According to national review.com, "Since 1998, governments have collected more than \$500 billion in cigarette taxes and payments from smokers." The government could invest in technology, education, and provide goods and services for the benefit of the American people. But

instead, people want to put taxpayer money to pass a federal law and enforce it.

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Some say that vaping is bad for your health but it's found that vaping is 95% safer than the conventional cigarette. According to www.gov.uk, "Public Health England concludes that e-cigarettes are significantly less harmful to health than tobacco and have the potential to help smokers quit smoking." This is beneficial to smokers who are trying to ditch cigarettes. More people die because of water-related accidents, but we don't ban swimming.

The CDC states, "Globally, more than 40 people die by drowning every hour of every day." And only 64 deaths have occurred from vaping since the release of them in 2003. The reason we don't ban it is because of free will if somebody wants to go swimming they can go swimming. If somebody wants to vape then why don't we let them? The fact is we can't control people's actions whether you ban something or not.

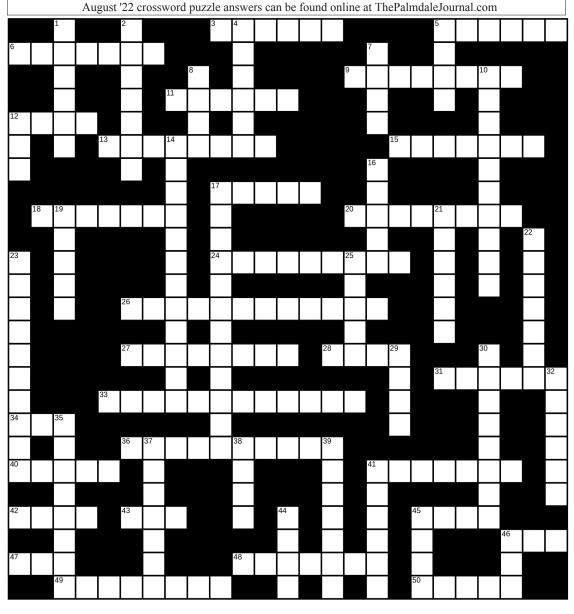




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September Crossword Puzzle By Jennifer Maccarone



Across 3 Sept. is a very common month for these to

- be born
- 5 Suitable to be eaten 6 Defend, save, guard
- 9 The capacity to accept or tolerate delay,
- trouble or suffering 11 Fall is a good time to plant this bulbous allium plant, related to the onion
- 12 Trial, check, assessment
- 13 Anti-slavery leader who began his escape from slavery in Sept. 1838
- 15 Day that we remember those killed in the
- 9/11/2001 attacks 17 Rub out, remove, delete
- 18 To restrain oneself from doing or enjoying
- 20 A U.S. department est. Sept. 1789: Secretary Janet Yellen
- 24 Pennsylvania Packet and Daily Advertiser,
- published Sept. 1784 26 A Sept. birth flower, vining and vibrant, 2
- 27 Headquarters of the U.S. Dept. of Defense,
- 5-sided building
- 28 Sports network, debuted on cable Sept. 1979, acronym
- 31 They change color and fall from trees
- 33 Sept. 17 commemorates the signing of this
- 34 Bosom buddy, abbrev.
- 36 City founded in Sept. 1718; The Town of the Queen of Angels
- 40 There was a North American outbreak of this infection in Sept. 2006; food
- 41 British passenger liner that sank in 1912, discovered Sept. 1985
- 42 In Sept. 1962 Russia sent arms here. leading to the October Missile Crisis;
- 43 Feeling of great pleasure and happiness
- 45 Register to do this 15 days before Election
- 46 4-winged insect that makes honey
- 47 Nocturnal bird with large eyes

- 48 The Old Farmer's Almanac name for the full moon on Sept. 22
- 49 Federal holiday, first Monday in Sept., 2
- 50 The __ bird gets the worm.
- Down
- 1 Sincere, truthful, frank
- 2 First female Supreme Court justice in 1981
- 4 Round fruit of a tree of the rose family with thin skin and crisp flesh
- 5 Happily __ after.
- 7 Sprinkle, shower, drizzle
- 8 Autumn
- 10 State discovered Sept. 1542 by Spanish
- 12 To make an attempt or effort to do something
- **14** We celebrate these wonderful loved ones the first Sunday after Labor Day
- 16 Linda A. J. Richards, America's first one of these; medical care provider
- 17 President Lincoln issued this preliminary Proclamation to free enslaved people in Sept. 1862
- 19 Courageous, bold, valiant
- 21 Elias Howe patented this machine in Sept. 1846, revolutionizing the garment industry
- 22 To stop feeling angry toward someone; cancel a debt
- 23 September in Spanish
- 25 The Treaty of ended the American Revolutionary War in Sept. 1783
- 29 Title, label, monike
- 30 A blue Sept. birthstone
- 32 Game in which goals are scored by kicking
- or heading a ball into opponent's goal
- **35** NFL 37 Next month
- 38 A thing given willingly; offering, present
- 39 Knitted, long-sleeved garment
- 41 Number of days in September
- 44 38th POTUS, target of 2 assassination attempts in Sept. 1975
- 45 Immoral behavior, wickedness, wrong 46 Male child

Edition: September

Youth and Education

High School Football Back on Track

By David Nurse

High school sports are back in a big way. Golden League football, which includes Antelope Valley High School District schools, is now in full swing. The third week of September will start Golden League play.

Palmdale High school has several young players for the Falcons. At the time of this article, the Falcons have a 1-2 record. The Falcons beat Burroughs of Ridgecrest and lost to powerhouse Oak Hills from Hesperia. The Falcons ended the pre-season losing to a powerful Culver City team. Palmdale will open league Thursday, Sept. 15th against Quartz Hill High School.

Again at the time of this article Quartz Hill is still looking for its first win for the 2022 football season. The Royals lost all three pre-season games however they were ready for Golden League play. Quartz Hill will open league play against the Falcons of Palmdale, on a Thursday night special.

Antelope Valley Lopes, along with Palmdale, has a very young squad and the Lopes are also looking for their first win this season. Former Antelope Valley player and now head coach Jermaine Lewis is going into his 10th season as AV's head coach. Lewis states that the Lopes are a talented team and are looking forward to the start of Golden League play. Antelope Valley will open up league play against the Lobos of Littlerock.

Palmdale High School has a new football coach. Palmdale's new coach and teacher for Palmdale High School, Anthony Coleman, returns to the Falcons after a short stint as the head coach for Lancaster High school. Coach Coleman left Palmdale as an assistant coach to take on the head coaching at Lancaster. Palmdale High School has a very young team, and they could use more players for the program. Palmdale opens league play against Quartz Hill on Thursday night.



Lancaster vs. Eastside

Littlerock High School has a 1-2 record defeating Rosamond and losing to Rim of the World. The Lobo's last pre-season game was a heartbreaker. Lobos lost to Hoover High School of San Diego with 6 seconds left in the game. The Lobos get ready for Golden League play.

The Eastside Lions also have a 1-2 record in pre-season football. The Lions defeated Viewpoint from Calabasas but were defeated by Big Bear and ended their pre-season losing to Castaic High School. Eastside will open league plays with Lancaster.

Lancaster Eagles have a new coach, and the Eagle's record is 0-3. However, the Eagles have been in very close games. The Eagles will take on the Lions in league play Friday, Sept. 16.

Knight high school also has a new head coach and Hawks football is still looking for their first win for their football season. The Hawks lost to Simi Valley, Hueneme of Oxnard and a powerful Palm Springs High School. Knight high school will open up its league and play against Highland High School.

Highland High School is going for another Golden Championship. The Bulldogs have lost only 1 league game in the Golden League since the 2018-2019 season against Palmdale High School. The Bulldogs have a 2-1 preseason record. The Bulldogs beat Paraclete in half-game. Sheriff's halted the Bulldog vs Paraclete game at the beginning of the third quarter due to events in the street and rumors of other incidents in the stands. Highland's only loss this season came from Oak Hills from Hesperia and their last win was against Mission Hills of San Marcos. The Bulldogs open league play against the Hawks of Knight High School Friday, Sept. 16.



Amir Bastine, #11, Palmdale



Bre McMillian, Antelope Valley



Kaleb Alexander, Highland



Quartz Hill vs. Lancaster

Valley Voices

Lieutenant Colonel Owen's Speech for 9/11 Day of Service

At Highland High School's 9/11 usually didn't fly with it. And we did not Females are not allowed. remembrance ceremony, Lieutenant Colonel Brian Owen, USAF (Ret.), who is the school's Senior Aerospace Studies Instructor for the CA-944 Air Force JROTC, provided a speech to help the community and students understand the impact of the events of that day. His speech follows:

"Hey, you need to turn on the TV, whatever channel you need to put it on."

I was deployed to Naval Air Station Key West on a training detachment and was the Duty Officer the morning of September 11, 2001 when the attack on the U.S. took place. I learned of the attack from a Saudi Arabian student pilot and friend calling into the duty desk. I flipped off the weather station and onto the news.

Our squadron, VT-86, watched in silence as the TV stations showed the first World Trade Center building on fire. Then the second attack. All of us looked for orders from the XO as we had 8 aircraft out flying between Key West and Atlanta.

Most people had cell phones, but you

know where those planes landed. Eventually everyone called back in that morning, seemingly all at the same time asking questions--asking for hotel rooms, asking if it would be permitted to fly home when the skies opened up again. I called home to parents who were both in the military during the cold war, they knew, probably more than I, how busy life was going to get. We shared our "I love yous," and tearful conversations. Mom & I talked about where and when we thought we would go.

Myself, I had my emotional silence. I knew that we would get an opportunity to strike back, but we didn't know where and we didn't know when yet.

In some parts of the world, they don't like us for who we are or what we believe, for what we uphold as good and right. And still today, in some parts of the world, we would not be able to gather like this morning. They don't allow it. Just this year in Afghanistan, under Taliban rule, they've opened schools again - for males.

It doesn't matter what a piece of paper says about freedoms and your rights if no one is willing to fight for them, if no one is willing to guarantee those freedoms. We have those freedoms and are able to gather today because of brave men and women willing to do violence in defense of freedom. Like our own Staff Sgt. Alan Walker, United States Marine Corps.

High School graduate, class of 1993. He was also a Marine Corps Drill Instructor in San Diego. volunteered and he went, but on 06 April province, Iraq. Fighting for his country, fighting for liberty, he gave the ultimate here in the states, far from another attack like that of 9/11.

of the same classrooms you and I are in.



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Staff Sgt. Allan Walker was a Highland He wrestled in the same room, played football on the same field, and he gathered with his friends in the commons, just like And after 9-11 he you. His picture is by the switchboard, volunteered to go to Iraq because he said you can see it as you leave the theater. I he couldn't properly prepare his Marines ask you to please visit the flagpole in front for combat if he'd never been to war. He of the school... its base you will find a plaque in his honor. He was a Bulldog like 2004 he was killed by hostile fire in Anbar you, and he gave the full measure a man

I ask that you don't let his sacrifice be sacrifice so we could live free. Live free in vain. Now more than ever your country needs you. Your community needs you. Even your school needs you. I ask that Staff Sgt. Walker took classes in many you be a part of something larger than vourselves.

Your Unofficial Tip Sheet for Greatest Show Above Earth

By Larry Grooms

Whether you're new in town, or a local air show fan from way back, you may have a lot in common in planning to attend the entirely new Aerospace Valley Air Show, Saturday and Sunday, Oct. 15-16.

Organized by the 412th Test Wing, this weekend-long event will be the first open house for the base in 13 years, adding a Science, Technology, Engineering and Math (STEM) event restricted to school children and closed to the general public on Friday, according to avairshow.com.

Unofficial guidance for visitors falls under the traditional motto of Edwards AFB: Ad Inexplorato, Latin for Toward the Unexplored. The motto seems to be because this is the first Air Show at Edwards since 2009. Although much has changed, getting there early hasn't.

The only two gates open to the public, West Gate on Rosamond Boulevard off

SR-14, and North Gate off SR-58 north of Mojave, open at 8:30 a.m. and close three hours later at 11:30.

The old Edwards Air Show was known for traffic jams entering and leaving the base via Rosamond Boulevard and the SR-14 freeway with traffic tied up halfway to Lancaster. Thanks to improved public communications technology, increased coordination with the California Highway Patrol and other agencies, drivers on the 14 freeway will see more directional signs and receive important electronic messages on mobile devices.

A non-official idea that might shorten waiting time at the gate for drivers coming from the south is to use the North Gate on 58, which historically Highway experienced shorter lines onto the base.

While there is no charge for entry to the Air Show or for parking, visitors have

to provide their own shade and place to sit. And with security rules limiting the size of containers, a small bag and a folding chair are the maximum. Water is free, and food and beverage concessions accept cash or credit cards, but there are no ATM machines.

Visitor's upgrades are available at different pricing levels. Click on the ASN VIP Experience ticket button for Premium Box Seats which include:

- Exclusive viewing area
- •In-and-out privileges from box seating
- Dedicated concessions & restrooms
- Children ages 3 & under admitted free

Then, there's the Flight Line Club:

- In-and-out access from Flight Line Club area throughout the day
- Front line seating in spacious exclusive

viewing area

- Reserved tables of 4 available (single seats not available)
- Catered, buffet-style lunch
- Unlimited water and soft drinks
- Private "Premium" restrooms
- Children ages 3 & under admitted free (lap only)

Be advised. There are no refunds on Premium/VIP tickets. But free to all are the Kids Zone, and a beer garden for the grownups to buy a brew.

Writer's Comment: I attended my first Edwards AFB Air Show in fifth grade, and many more throughout the years. Hangar 1600 and wings of aircraft on the ramp, along with a small umbrella provide ample shade, and folding chair or stool means there's not a bad seat in the house to watch the Greatest Show Above Earth.

The Power Rests With the People

By Mario Presents

Cities, or municipalities have charters that are recorded contracts between a local community. Counties are granted power by the cities within them, and they accomplish tasks that cities cannot achieve on their own... yet. The strength of a city's governance is most visible where one city allows alcohol sales on Sunday and the neighboring community doesn't. A city with 150,000 residents has different needs than a city with 3.9 million, or 23,000 so each community is recognized

with local governance.

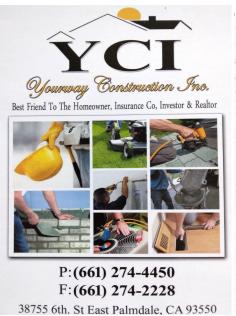
Rare as it is, individual cities have the authority and the obligation to stand up to overreaching guidelines or policies that affect their residents. Seventeen cities in Los Angeles County have voted 'No Confidence' in District Attorney George Gascon. These cities refuse to allow their voters to be ravaged by crime or blight. The community of Beverly Hills strictly enforces their local parking and street ordinances while neighboring Hollywood

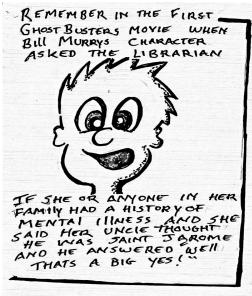
sidewalks. As long as local laws do not conflict with the federal or state constitution, a community directs their future at the voters will.

constitutional city to free their residents from mask and vaccine mandates imposed by the State of California and Butte County. Neither entity to date has chosen to sue the defiant city for their opposition. In court, the State or County would have

allows the homeless to camp on public to prove beyond a reasonable doubt why they, not the local elected officials, have the power to direct the community. This is a case that Goliath would surely lose and this is what we're trying to do in Oroville California declared itself a Palmdale. Can you imagine if Red Bull sued the man for libel because he said it didn't give him wings?

We are David and they are Goliath but in no version of the historic tale does the bigger aggressor come out on top. Especially when you're standing up for people's freedom.









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