



# The Continental TRIBUNE

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## LEVY WINS PRIMARY



### Leora Levy, Addressing Supporters, Calls for Unity

### Trump Phones In to Congratulate Leora

### Poll Numbers Steady As Results Rolled In

Both Themis Klarides and Peter Lumaj battled at the polls on Tuesday with Leora Levy.

Results began trickling in around 8:15 pm, and the percentages held steady as the votes rolled in, with Leora holding at just under 51%, Themis around 39%, and Lumaj at just under 10%.

About 100 people gathered at the Hyatt Regency in Old Greenwich, and enjoyed mingling as the tally grew. People were cautiously optimistic as Levy jumped to an early lead.

## Levy Calls for Party Unity, and Fixing CT

Both Themis Klarides and Peter Lumaj fought Tuesday to keep up, but Trump's endorsement of Leora Levy just 4 days prior to the primary galvanized the race for the 65-year-old Cuban American.

Tuesday night, Leora Levy and a crowd of 100 of her supporters gathered in Old Greenwich to celebrate the victory and call for unity amongst Republicans. "No booing," she said to members of the crowd dismissing Lumaj and Klarides, "we need to unify...they love our country too."

Levy emphasized the problems Connecticut and the US face, and re-iterated her campaign talking points, among them: legal immigration, medical freedom, education, and parental rights. She emphasized, "I will ALWAYS fight for Connecticut families."

President Trump phoned in after Leora's victory, much to the delight of the small crowd gathered in Old Greenwich.

Levy thanked Trump for last week's endorsement, promising, "I will not let you down. Thank you for having my back."

Themis struggled to get within 10% of Levy. Eventually, she came out and told supporters what they could already feel.

"They put their blood, sweat and tears into this race," Klarides said. <https://www.mainepublic.org/2022-08-10/trump-endorsed-levy-wins-connecticut-gop-senate-primary>



Brock Weber

## Weber's Mysteriously-Timed Exit From Primary Race

Brock Weber's exit from Tuesday's primary, with three weeks to go, is unusual.

The political strategist was running against both Dominic Rapini and Terri Wood through most of campaign season. While not endorsed at the convention, Brock vowed to soldier on.

Fast forward to July, where

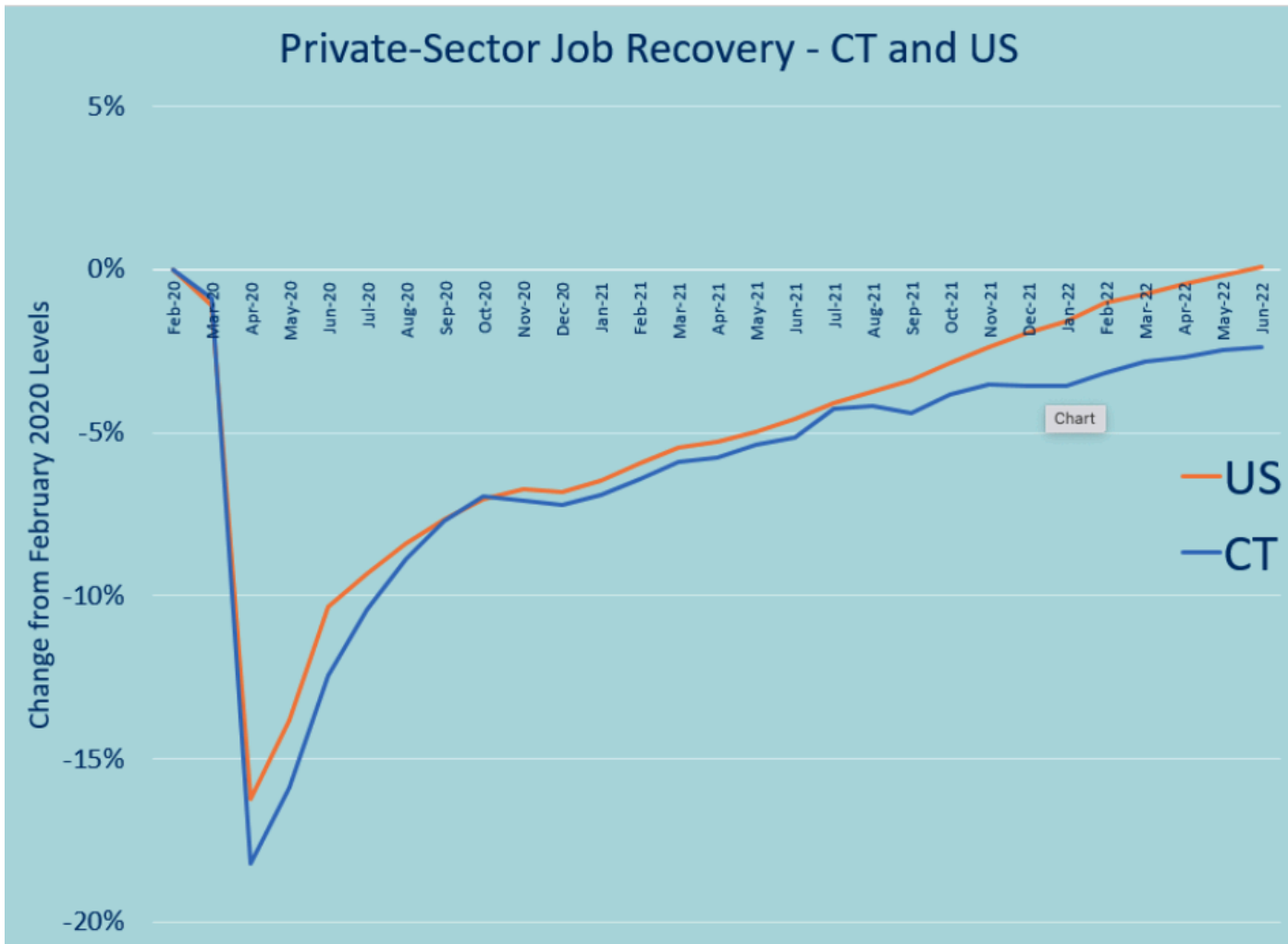
Weber's exit meant that ballots already printed bore his name. Some towns issued a correct ballot: one with NO name. Others marked off "Brock Weber" with a sharpie, which is called defacing a ballot and is illegal.

The main concern is that ballot defacement can lead to misreadings on optical scanners. Connecticut still has

some very old optical scanners, that Dominic Rapini has vowed to replace if he wins.

But why would Weber -- who knows better about how the withdrawal process works, wait so long to step aside? Any answer remains a mystery.

## Recession Data for CT: Uphill Climb



The labor data for Connecticut held slightly encouraging news, with jobs generally increasing. In fact, the only sector that decreased year-over-year was state government, declining 0.5% since June 2021.

Month to month, the numbers also appear positive, with only the construction, information, and leisure and hospitality fields experiencing a slight decrease.

However, the trend over --- - paints a much more grim picture. As always, context is key when presenting data; zooming out from March 2020 to the present, Connecticut has struggled to keep pace with the national average. As the chart demonstrates, the gap is actually widening between CT and the US.

June job numbers, released last week by the state's Department of Labor, show Connecticut added 900 private sector jobs, for a total of 1.427 million. Compared to private sector employment levels in February 2020, the state is still off 34,500 jobs from a full recovery. Put another way, it is 87 percent recovered from the April 2020 Covid crash.

In contrast, the US Bureau of Labor Statistics shows the nation regained all its Covid-19 jobs this past April and they increased by 0.1 percent in June.

<https://www1.ctdol.state.ct.us/lmi/laborsit.asp>

<https://yankeeinstitute.org/2022/07/26/connecticut-lags-the-nation-in-covid-jobs-recovery/>

## Trump's Home in Mar-a-Lago Raided August 8th

Shortly before his telephone call with Leora Levy and about 32,000 eager listeners, president Trump had his home in Mar-a-Lago raided by the FBI.

Condemnations began rolling in from shocked Americans and conservative leaders. Former Secret Service agent and congressional candidate Dan Bongino spared no words about the liberal media, the FBI, the Department of Justice...and he also offered a warning about the upcoming 2022 midterms.

The ex-federal agent did not mince words when he said the FBI raid on Donald Trump's Mar-a-Lago residence was "third world bullsh\*\*." He repeated the line, saying he didn't care that he was on cable news.

In an appearance on Newsmax after the tele-rally, Leora said, "Personally, I would like to express my--shock and disgust at what's happening.



"I feel like this is a banana republic or a dictatorship like Cuba." She continued, "The department of Justice and the FBI have been weaponized to go after a political opponent, and it's very disturbing, frankly."

It has been revealed that the warrant enabling the Biden FBI's unprecedented raid of Mar-a-Lago was signed by Bruce E. Reinhart, the magistrate judge for the Southern District of Florida who previously defected from the U.S. Attorney's Office to represent associates of Jeffrey Epstein, the convicted sex trafficker.

<https://www.bongino.com/judge-who-signed-off-on-fbi-mar-a-lago-raid-warrant-once-quit-his-job-to-work-for-jeffrey-epstein>

Trevor Loudon is a New Zealand author and filmmaker, whose research on communism and its cells has uncovered Connecticut's nest of deep marxist power in high places. **Communism is a religion that despises the following:** the worship of God over man/state; the family unit; private property; privacy; other individual rights; any accumulation of wealth by an individual.

## Corliss Lamont, Ned's Grandfather

Who was Corliss Lamont, and how are his beliefs affecting our children -- our society -- today?

Corliss would have seen that the humanist ideals have utterly been corrupted because of man's own nature.

Corliss was a communist. More specifically however, he was what's called a secular humanist. Most average Joes could care less about deep philosophy in everyday conversing, but the fact is, deep discussions have consequences.

The humanist ideal steers sharply toward relativism. Consider this excerpt Corliss wrote as you think about the current sex ed "curriculum" --

"Humanist ethics takes a liberal view on sex relations, while insisting that high standards of conduct be maintained. It contends that the institution of marriage, despite its obvious faults, plays an indispensable role in the good life and the happy life. But every state should legally allow either party in a marriage to obtain a speedy, no-fault divorce on the grounds of incompatibility alone. We must take the lock out of wedlock. The double standard in sex relations must also be eliminated, with women having complete equality with men in every relevant way. American

Secular humanism underlies communism by creating the foundation on which communists aspire. Corliss Lamont was head of the Morningside branch of the Socialist Party,

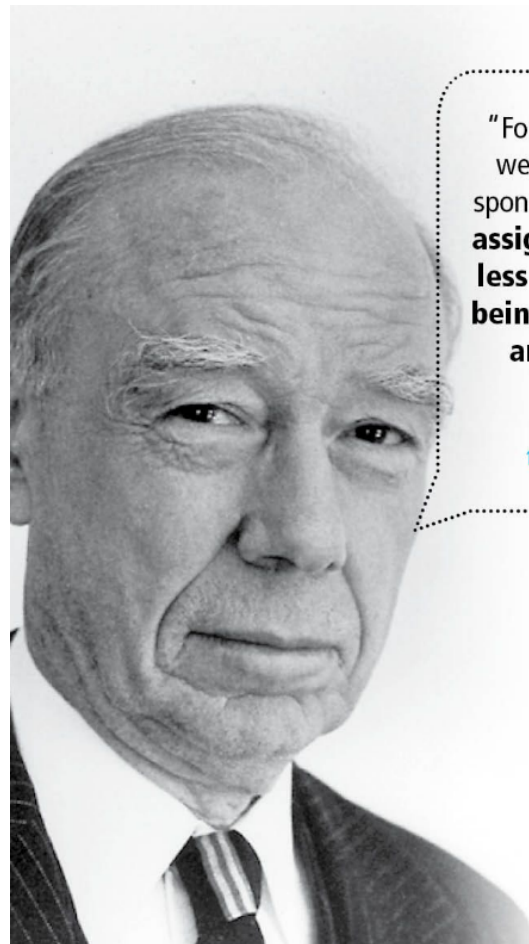
Corliss wrote at length on his beliefs; some of which - at least in retrospect - are downright laughable. Yet not all his ditherings sound bad; a lot sounds good, or seems to make sense.

In today's context however,

Excerpt: Lamont's leftward leanings continued in the 1930s, when he researched the Great Depression and coauthored a book on the Soviet Union, *Russia Day by Day*, with his first wife Margaret Hayes Irish. Although he initially praised the material progress achieved by the Soviet Union, which he observed firsthand during a visit to that country, eventually he became critical of Josef Stalin's repressive dictatorship.

**Lamont did not, however, lose faith in the communist system** and believed that the Soviet Union needed time to develop democratic institutions similar to those in the West." [emph added]

<https://www.encyclopedia.com/humanities/encyclopedias-almanacs-transcripts-and-maps/lamont-corliss>



"For our shortcomings we must take full responsibility. **Humanism assigns to us nothing less than the task of being our own savior and redeemer.**"

—CORLISS LAMONT,  
PAST AHA PRESIDENT AND  
1977 HUMANIST OF THE YEAR



Humanists naturally back strongly the Equal Rights Amendment."

Remember that communism cannot stand the family unit. Corliss helped chip away at marriage, sex, and women--one wonders how HE would define a woman.

Excerpt 2: "The supreme ethical end for Humanists is the worldwide community good, that is, the welfare, progress, and happiness of the entire human race, irrespective of nation, race, sex, or economic status. This of course implies the complete abolition of nationalist and racial prejudice. The Humanist has a compassionate concern

for all fellow human beings. The word love we reserve for friends and family. But we can feel compassion even for criminals and tyrants."

With the Democratic party eager to erase criminal records, the compassion for criminals is Corliss' dream come true.

Corliss Lamont sincerely believed people could be good, I daresay strive for good, without God. His grandson is trying to live up to those same ideals, foisting the state as the savior of Connecticut's problems. As the circulating meme has put it, "That didn't age well." <https://www.corliss-lamont.org/ethics.htm>



Humanism involves far more than the negation of supernaturalism. It requires an affirmative philosophy... translated into a life devoted to one's own improvement and the service of all mankind.

— Corliss Lamont —

## "Anti-Bias Training Module" for Teachers

Teachers headed into the academic year 2022-23 will get even more training with regards to the teacher hiring process and criteria.

In 2021, Democratic senator McCrory introduced legislation (<http://www.senatedems.ct.gov/mccrory-news/3819-mccrory-210520>)

that would increase the hiring of minority teachers in the state. Since then, McCrory's act is forcing teachers to undergo additional training on implicit bias and anti-bias training.

§§ 381-383 — IMPLICIT BIAS AND ANTI-BIAS TRAINING VIDEO MODULE  
Requires SDE, by July 1, 2022, to develop an implicit bias and anti-bias video training module for school district personnel who hire teachers; requires board of education employees

hiring process. The act also adds the video training module to the required in-service training program that school districts must provide for teachers, administrators, and pupil personnel.

It must be included in the culturally responsive pedagogy and practice training that is part of a statutory list of training topics.

Cultural pedagogy were terms used at least as far back as 2016, when an article in the Edvocate mentioned that "Given that a majority of teachers hail from a middle class European-American background, the biggest obstacle to successful culturally responsive instruction for most educators is disposing of their own cultural biases and learning about the

involved in, or responsible for, hiring teachers to complete the training starting on July 1, 2023

The act requires SDE, in consultation with the Minority Teacher Recruitment Policy Oversight Council and the State Education Resource Center, to develop a video training module for school district personnel involved in, or responsible for, hiring teachers.

The training module must focus on implicit bias and anti-bias in the hiring process and be developed and available by July 1, 2022.

For each school year beginning with the one starting on July 1, 2023, the act requires any board of education employee who is involved in, or responsible for, hiring teachers to complete this training module before participating in the teacher

backgrounds of the students that they will be teaching."

<https://www.theedadvocate.org/what-is-culturally-responsive-pedagogy/>

<https://www.cga.ct.gov/2021/SUM/PDF/2021SUM00002-R03SB-01202-SUM.PDF>

## CT Colleges Offer "Social Justice" Degrees

Students attending one of Connecticut's many colleges and universities now have newer degree options.

With teachers for the lower grades forced to promote sexualized and race-based curriculum into schools, colleges are offering degrees to encourage the mindset of race and sex before considering anything else.

The degrees or concentrations across Connecticut universities and schools include:

"Minor in Racial and Intersectional Justice Studies" - CSCU  
"Minor in Science, Values and Society" - CSCU  
"Women's, Gender and Sexuality Studies" - UConn

"Human Rights" - UConn  
"Sixth-Year Degree in SEAL (Social, Emotional & Academic Learning) for Social Justice Leadership" - SHU

"Human Rights and Social Justice Minor" - SHU  
"Women's, Gender and Sexuality Studies Minor" - SHU  
"Racial Justice Certificate Program" - CCSU

These degrees fulfill secular humanism's goals of remaking institutions, which certainly include our centers of higher learning.

For the complete list of programs promoting race-based thinking (RBT), as well as humanist ideas in health, visit:

<https://www.socialworkguide.org/schools/connecticut/#other-schools>

## Enfield Decides On Advisory Committee

ENFIELD---In the Board of Education meeting held June 14, 2022, the agenda finally included a motion made on the creation of an advisory committee, regarding the "Pizza and Consent" assignment.

The assignment first made headlines back in January of this year, and parents weren't happy, to put it mildly.

In spite of that, the school board has dragged its collective feet on the whole debacle, postponing meetings and even shutting down public commentary at one meeting.

For the regular agenda on June 14th, Mr. Unghire and Mrs. Pickett had discussed the

formation of an advisory committee. In the end, the discussion and action (if any) around the formation of such a committee had to be added as an item to the agenda.

In forming the committee, it was decided that Mr. Unghire and Mrs. Pickett would work on the framework and present to the board. Following that would be naming the committee, criteria for membership and who would like to be on it, etc.

[https://cdn5-ss1.sharpschool.com/UserFiles/Servers/Server\\_899572/File/BOE%20Minutes%202022/06-14-22%20BOE%20Regular%20Agenda%20Packet.pdf](https://cdn5-ss1.sharpschool.com/UserFiles/Servers/Server_899572/File/BOE%20Minutes%202022/06-14-22%20BOE%20Regular%20Agenda%20Packet.pdf)

## Give-away Grades: Passing No Longer Requires Effort

For decades, public schools have experienced decline in the quality of learning. Research has demonstrated this has been due to districts' bloated bureaucracies, a massive increase in testing over teaching, and students performing "work" instead of learning.

One CT teacher, who wished to remain anonymous, has had enough. She detailed the situation in Hamden high school is such that "If you handed me a piece of paper [for exams], you passed." In other words, the outward act is encouraged by administrators, even while teachers recognize the dire impact on the next generation.

The teacher went on to explain that it's now even more difficult to fail kids than before Covid. "It was just a phone call before that," she recalls. "Now, you call the parents, you log your call, and then you fill out a form, which then has to be looked over...." Too many teachers find themselves between rocks and

hard places. Parents blame them if the child isn't getting a decent grade; children take advantage by provoking a teacher to anger, initiating an administration reprimand only for the teacher, not the student. Administrators, with their eyes locked on funding, order teachers to give points away – anything to cross the finish line.

In January, officials at Hamden high did not hold Semester 1 final exams. For the previous 2 years, teachers were not allowed to give zeroes, but had to grade assignments starting with 50.

The last straw has descended at the end of the year. School officials apparently knew about a calibration problem with Powerschool early in 2022, but did nothing to fix it. In early June, an email was sent to teachers from Hamden high's principal, instructing them, "due to increased violence" and "overall trauma our students have suffered", to "please be generous with

students seeking to make up work to improve their grade and/or pass your class for the year."

Then, twelve days later, when 4th quarter and final exam grades were due, an email was sent out last minute from the principal saying "We are unable to change the percentage to correct the [calibration] issue due to stored grades in Powerschool."

It gets suspicious and confusing after that, as the email then orders teachers, "If a student would have earned a higher grade in your course with the final calibration at 10%, PLEASE override the Final

Grade (year 1) accordingly (there should be no more than a 5 point adjustment)."

The same email claimed this would "only impact/hurt students that had a higher final exam grade than the average of quarter 3 and 4". The principal didn't specify how quarters 3 and 4 are weighted, nor explain how to assume that any student 'would have gotten a higher grade' – unless perhaps teachers were somehow supposed to do two different calculations: one with the 5% calibration and one with 10% calibration.

And while the teacher has no definitive proof, she believes -

## Affidavits Part III

by Rick Aiello

America is supposed to be the land of government by consent of the governed. You have the God-given right, as expressed in the national and state Constitutions, to "petition the government for redress of your grievances."

The affidavit is one way of exercising that right. Rights are like muscles – if you don't exercise them, you lose them. And if you don't know your rights, how can you exercise them in the first place?

Your affidavit notifies your offender of his transgressions, which satisfies the first essential of due process, and at the same time, you are giving him a chance to redress them. He may well have notified you earlier of what he intended to do to you (government officers often tell you in advance, don't they?), but if his actions violate your rights in any way, he should be held accountable. The affidavit starts that

process, which is designed to effect a resolution administratively, without the need for using the court system.

If the situation is not resolved administratively, however, then court action will be needed. As you probably know, the American judiciary is quite corrupt and no longer dispenses "justice" to victims of the tyrannical system which now feed each other. However, the Flynn's' method includes a series of court challenges to turn that around in your favor. This method does NOT use lawyers because lawyers are part of the corrupt system. They are trained by that system and beholden to it, NOT to you. (If you do feel the need for a lawyer, make sure he or she will use the admissions to your affidavit and will take only Constitutional positions.)

See Part 4 in the next issue.

## SERC Forces Its BLS Curriculum

In this year's 241-page budget implementer bill, section 385 details that the Black and Latino Studies course must be offered not only in 2022-23, but also every following year.

In addition, the section states, "The course offered must be the one approved by the State Board of Education under the law that required the course."

Danele Rhoades, head of FAIR in Connecticut, says it's infuriating that the state

would first claim that school districts were free to use their own curriculum -- such as the one FAIR developed -- and then renege.

Next week, an interview with Grayson Slover, author of FAIR's rebuttal against SERC's curriculum, will be published. It is hoped that SERC will take into account the potential pitfalls of their curriculum, and either make the course corrections, or let schools decide what is best for their pupils.

# YALE

# FAIL

## Op-Ed: Wording Reveals Yale's Bias

NEW HAVEN---in a new article, Yale researchers claim that,

"Gut microbes have been linked to both good health and the promotion of diseases such as autoimmune disorders, inflammatory bowel diseases, metabolic syndrome, and even neuropsychiatric disorders."

The title, "How gut microbes can evolve and become dangerous" is a suggestive one, typical today for these institutions and establishment broadcasting outlets. One could consider a simpler title, "Gut

Microbes May Cause Disease" - instead, the authors must do more to convince the readership to be fearful of this new possibility. The opening sentence, "...to both good health and the promotion of certain diseases." would have been enough.

The authors DON'T write, "good health -- such as increased immunity, better digestion," to balance the list of diseases.

The researchers find a number of contributing factors to the potential evolution within the

gut of bacteria; plus, they note that other factors, like diet, must be considered.

One glaring omission: nothing is suggested about the increased CDC shots for kids and adults over time. Not a peep is uttered in Yale's labs or classrooms that adjuvants or any other substance from 76 doses can substantially alter the gut health of any person.

Instead, "This ability of gut bacteria to become more pathogenic is driven by a phenomenon referred to as

"within-host evolution," which explains why individual bacterial species living in our intestines are able to adapt and evolve over the course of our lifetimes," the researchers say.

"This finding suggests that environmental factors which influence the pace or trajectory of within-host evolution will also have important effects on the development of microbiota-driven disease." Read more at:

<https://news.yale.edu/2022/07/13/how-gut-microbes-can-evolve-and-become-dangerous>

## VAERS Not A Factor

NEW HAVEN--In another headline, Yale authors shun VAERS data and emphasize the importance of boosters.

Claim: "A new study by researchers at the Yale

School of Public Health emphasizes the continuing importance of vaccines and booster shots at the individual and population level in controlling infections from highly contagious new variants of COVID-19." Key words: "new study"

Claim: "The findings show that not only are vaccinations and boosting important for lowering individual risk of infection, they also aid in controlling COVID-19 within a larger population. With new COVID-19 variants and sub-variants driving current surges in infections, being both vaccinated and boosted is critically important, the researchers said." Key words: "important", "surges".

In fact, the words "importance", "important" or "critically important" were used four times within the first 40 percent of Yale's article. To analyze more about their words and findings, please visit:

<https://ysph.yale.edu/news-article/yale-study-vaccines-and-booster-shots-are-key-to-controlling-spread-of-covid-variants/>

**"It's not the time to stop getting people boosted. It really makes a huge difference," - Jeffrey Townsend, Yale professor**



Dr. Jeffrey Townsend  
Yale Professor

## Yale Defends Race-Based Thinking For Admissions

In a recent amicus curiae, several prominent universities, including Yale, argued that they should continue to be allowed to consider race in admitting applicants.

"The diversity that Amici [the schools filing the brief] seek in their admissions processes is nuanced and multifaceted; it encompasses myriad perspectives, talents, experiences, goals, backgrounds, and interests," the universities wrote. "Amici strive to enroll a diverse student body because [they] have found that doing so significantly strengthens the educational experience [they] can provide to their students."

The brief went on to explain that diversity fosters a more robust spirit of free inquiry and encourages dialogue that sparks new insights.

"Diversity encourages students to question their own assumptions, to test received truths, and to appreciate the complexity of the modern world," the brief said. "Using exclusively race-neutral approaches to admissions," the brief stated, "would undercut universities' efforts to achieve the 'benefits of diversity' they seek." Read more:

<https://news.yale.edu/2022/08/01/supreme-court-brief-yale-and-peers-defend-use-race-admissions>

## 'Chemical Imbalance' On the Outs



## What's In Our Rainwater?

EASTON--Paska Ann has been analyzing the rain water in her town of Easton. So far, 2 samples have been collected, and the results are somewhat concerning.

The goal for the batches of rain water tested, included 2 days of rainwater collected in June, well water, spring water and tap water. Experts tested the water for Aluminum, Barium, Strontium, Sulfuric Acid, Lithium and Manganese from several sources including the rain water. The results are pictured here.

Paska explains each test costs \$600 to \$700; it may be why many simply haven't bothered to test their rainwater.

She says, "This data will be used to work with our legislators to enact clean air and water legislation."

"If we cannot trust our air and water sources," Paska asserts, "we have a problem." She plans to post all testing results, and set up a webinar with donors to review the in-depth findings with environmental experts.

Because the cost for testing runs high, please consider a donation of any amount to:

@paska-ann (Venmo) or email [grammy2017@protonmail.com](mailto:grammy2017@protonmail.com);

or send a private message for an address to mail an old fashioned check. For more information, visit:

<https://www.facebook.com/groups/Stop5GCT/permalink/1470962143369317>

Many of us have grown up with the belief that the brain can have chemical imbalances; and, that these imbalances can necessitate a pharmaceutical drug if severe enough.

In recent months, this belief is being particularly challenged. Where did the "chemical imbalance" theory and belief come from?

Experts in psychology and psychiatry hold a lot of clout, and

The most recent storm of controversy surrounds a paper written by .....

The argument by some is that just because 'chemical imbalance' is not the cause, does not mean that antidepressant medication doesn't work.

The "Imbalance" theory started because the first two antidepressant medications, both discovered in the 1950s, were observed to have positive effects on mood as side effects of their hoped-for functions.

Iproniazid was developed as a treatment for tuberculosis, and imipramine as an antihistamine.

We know now that ipronizaid is a monoamine oxidase inhibitor – it stops the enzyme that breaks down serotonin and similar brain chemicals. But we didn't know this when its antidepressant effects were first observed in 1952.

A simple hypothesis then presented itself: if both classes of antidepressants were shown to increase brain levels of serotonin, then depression must be caused by low levels of serotonin. Researchers set out to demonstrate this in patients with depression, showing that serotonin and its metabolites and precursors were lower in the blood, in the cerebrospinal fluid, and so on.

But these studies suffered from what we now know plagued many studies of their era, leading to the so-called "replication crisis". Studies used small sample sizes,

-- cont'd next page

## Passing Grades, cont'd. --

that administrators are focusing on instructors who give ample failing grades. An email from the school's counselor reads, "we are elevating the request for reporting the names of students...who will require credit recovery, and whose parents you have notified."

The whistleblower believes that teachers who don't simply pass the students carte blanche are in jeopardy of retaliation from administrators. "Tenured teachers fear retaliation," she explains, "including being put on an "assistance plan," the first step toward termination – which is a long, grueling process."

Questions beg to be answered: if school officials knew about the Powerschool calibration problem, why was nothing done? Why the assumption that some students "would have gotten a higher grade?" and what is meant by "the average of quarters 3 and 4"?

Hamden high officials could not be reached for clarification or comment.

If you are a teacher or admin seeking to share your story under anonymity, reach out to [ctltribune@proton.me](mailto:ctltribune@proton.me)

<https://www.gallup.com/workplace/236489/skills-learned-school-differ-demanded-work.aspx>

## Imbalance, cont'd.

selectively reported their results, and if they failed to demonstrate the hypothesis, were often not reported at all. In short, the findings were unreliable, and since then larger studies and meta-analyses (which summarised the many smaller studies), made it clear the hypothesis wasn't supported.

Few psychiatrists with an understanding of the nuance of brain function believed the chemical imbalance theory. It never fitted with the way they could see that SSRIs worked, with serotonin function changing hours after taking the medication, but depression not

showing improvement for about four weeks.

But there were, and are, many medical practitioners with less sophisticated understanding of depression and neurochemistry who were happy to repeat this message to their patients. It was an effective message, and one that took hold in the popular imagination. I have heard it repeated many times.

Many commonly used medicines were used for decades before we understood their mechanisms of action: from aspirin to morphine to penicillin. Knowing they

worked provided the impetus for establishing how they worked; and this knowledge generated new treatments.

The evidence for SSRIs being effective for depression is convincing to most reasonable assessors. They are not effective for as many people with depression as we might hope, as I have written before, but they are, overall, more effective than placebo treatments.

still don't have a clear idea about how general anaesthetics work. But few people would refuse an anaesthetic when contemplating serious surgery on this basis. So let's put the chemical imbalance theory to bed. We should continue our efforts to understand the nature of depression, while we keep searching for better treatments. Full article:

In truth, we still don't really know how or why antidepressants work. The brain is a complex organ. We

<https://theconversation.com/the-chemical-imbalance-theory-of-depression-is-dead-but-that-doesnt-mean-antidepressants-dont-work-187769>

## The "King of Kings" Herb That Won't Get You High

By Pam Pinto

You won't find Cheech & Chong rolling a big fat joint with hemp. Why? Because it won't get you high.

In 1620 when the pilgrims arrived in America, they packed hemp and in 1621 they grew America's first known crop. They used the hemp fiber for rope. In the early 1800's hemp fiber was commonly used in the US. for rigging vessels, for twine, and for weaving fabrics. Canvas was originally made out of hemp. As a matter of fact the word canvas is derived from "cannabis" which is a Latin term meaning "made of hemp".

Prior to 1937 our grandparents regularly consumed CBD (and small amounts of THC) via the meat and milk of cows that grazed on wild hemp before it was torn up and destroyed "like a weed" during prohibition. Yes, you guessed it, in 1937 the federal government decided that hemp should be outlawed.

In 1942 the government produced a short educational hemp video. This video hoped to inspire farmers to convert

their tobacco and corn fields into hemp fields. Hemp was in high demand because of the war so "Hemp For Victory" U.S. Government Propaganda Film was marketed to farmers. <https://www.youtube.com/watch?v=W0-A&t=831s>

In 2018, following the passage of the farm bill, industrial hemp was no longer considered a Schedule I controlled drug. Hemp was reclassified as an agricultural commodity. Since then, there has been an explosion of CBD products onto the market, prompting the U.S. Food and Drug Administration (FDA) to issue a statement that a regulatory framework for CBD products is still in the pipeline, and foods containing CBD, dietary supplements, and products making health claims are considered illegal.

So, for this reason, if a person does ask what CBD is good for, the answer is silence. What ISN'T CBD good for? Well, it's the "king of kings" herb!

The majority of people who walk into my health food store seeking CBD (cannabidiol) are



really not sure what to expect from the compound extracted from the industrial sativa hemp plant. CBD is a compound found in cannabis too but only the hemp variety is non-psychoactive and legal in all 50 states.

Hemp and cannabis are the same but different! Hemp contains less than 0.3% THC by law, won't get you high, is federally legal, you can make clothes, textiles, food, rope and more. Cannabis on the other hand can get you high, can be more than 0.3% of THC, and is federally illegal.

When shopping for hemp-derived CBD you want to be sure there has been third-party testing. Products that have undergone this have been checked by an independent group outside of the producer using industry-

approved techniques. The tester verifies the cannabinoid content of the product, along with heavy metals, pesticides, or microbes.

A hemp-derived CBD product that has been third-party tested also guarantees you are getting what you paid for. You just might not find high quality products at the gas station or big box store.

At Act Natural Health & Wellness I vet all of the potential hemp-derived CBD companies before I decide to carry a product. If a company sales rep is unable to answer my questions, I probably won't carry that brand. After all, my customers and clients have come to trust the PPA (Pam Pinto Approved) certified system!!

# NUTMEG NUGGET: KIDS' PAGE

August 10, 2022

## Our Constitution: K-3rd grade

## Coloring

The law is the set of rules that we live by. The Constitution is the highest law. It belongs to the United States. It belongs to all Americans.

The Constitution says how the government works. It creates the Presidency. It creates the Congress. It creates the Supreme Court.

The Right to Assemble is a key constitutional right. The Constitution lists some key rights. Rights are things that all people have just because they are alive. By listing the rights, they are made special. They are made safe. The Bill of Rights is a part of the Constitution. The Bill of Rights lists many rights of the people.



## What Are You Happy You Have Today?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## Our Constitution: 4th-7th grade

The Constitution is the highest law in the United States. All other laws come from the Constitution. It says how the government works. It creates the Presidency. It creates the Congress. It creates the Supreme Court.

Each state also has a constitution. The constitutions of the states are their highest law for that state — but the United States Constitution is higher.

The Constitution can be changed. The Constitution is changed by an "amendment." Among the amendments is a list of the rights of the people. By listing these rights, they are made special. It is illegal for the government to violate those rights. As of 2006, there are 27 amendments. Not all of them involve rights, but many do. The first ten amendments are special. They are called the Bill of Rights.

**CT Patriot: Oliver Wolcott, a native of Litchfield, Connecticut,** attended Yale College and graduated in 1747. Immediately upon graduating, he received a captain's commission from New York Governor George Clinton. In his career as a colonial militiaman, Wolcott served on the northern frontiers in the Seven Years' War, fighting against the French and their Native American allies in the region until the war's end.

Wolcott settled in the newly developed area of Litchfield County (where his father owned property) and pursued an entirely different career path. He thrived in the small community, procuring the appointment of county sheriff at the age of 25 and founding a successful mercantile business.

His success also extended to the field of politics, as evidenced by his election to represent Litchfield in the General Assembly, election to the lower house and upper houses of the colonial and state legislatures, and his later appointments as judge of the Litchfield Probate and County Courts.

On the evening of July 9, Wolcott and his men listened to George Washington read a copy of the Declaration to the troops. Recognizing that the political advancement of their cause had finally caught up with the military efforts, a large celebration erupted in the streets. Patriots tore down a 4,000-pound lead and gold-leafed equestrian statue of King George III. To rid themselves of the unwelcome symbol of their colonial past, the torrent of patriots quickly dismembered the fallen statue. What was left of the King's head ended up as a triumphant decorative piece outside a tavern where many of the revelers retired. Patriots gathered the remaining pieces and brought them to Connecticut, at which point symbolism gave way to practicality, and Wolcott and his associates melted down the pieces and converted them into some 42,022 bullets.

<https://connecticuthistory.org/soldier-patriot-and-politician-the-life-of-oliver-wolcott/>

## Revisiting 2019 from 2022 - No Difference

by Don Pesci

THIS NOT SO BRIEF ADDRESS WAS DELIVERED IN 2019. THERE IS NO NEED TO CHANGE A SINGLE WORD OF IT IN 2022:

Republicans have just been through a bruising election. I'd like to touch very gently on a few sore topics, but we don't want to end up at a funeral here. Mark Twain, asked if he had attended the funeral of a man he intensely disliked, replied - No, I didn't. But I sent along a message to the grief stricken that I heartily approved of the ceremony.

Before we leap forward, I'd like to take a step back and review the nature of the political parties in Connecticut before the Democrat Party came down with a severe - and, I think, fatal -- case of progressivism, which is a close relative of socialism.

As you all know, there are two political party money making events in Connecticut. The Republican event is the Prescott Bush Dinner, named after Prescott Bush, President George H. W. Bush's father and President George W. Bush's grandfather. Prescott Bush was a Wall Street executive investment banker who represented Connecticut in the United States Senate from 1952 to 1963, not a bad run. At that time, there were few Democrat progressives who had the chutzpah to suppose that all rich people supped on the blood and bones of poor people. And there was during the post-World War II era a rightly understood connection between wealth, as in Adam Smith's "The Wealth of Nations," and the general



Don Pesci

prosperity of what we have since come to call the "middle class." It was Democrat President John Kennedy who reminded us that "a rising tide," that is an increase in the real wealth of a nation, "lifts all the boats," poor and rich alike. In those golden days of yore, nearly everyone in Connecticut understood reflexively former Prime Minister Maggie Thatcher's notion that the trouble with socialism is that "sooner or later, you run out of other people's money." .....

The media in Connecticut is inescapably left leaning, and the ability of incumbents to generate campaign funds far exceeds that of challengers. U.S. Senator Chris Murphy disposed of a campaign kitty of \$15 million, while his Republican opponent Matt Corey drew on a cache of \$128,000, according to Open Secrets.

Analysts will be probing the corpse of the recently concluded mid-term elections for some time to come, but it is not too early to present, in no particular order of importance, a few points it would be foolish to ignore, such as:

1. Incumbency and the ability of politicians to raise capital for their elections are crucial.
2. Democrats' success during elections depends upon an unvarying, auto-pilot support from three major cities in Connecticut - Hartford, Bridgeport and New Haven - places where the Republican

Party maintains only a ghostly presence. Republicans must be able to challenge Democrats in at least one of those cities.

3. The media matters. And the media in Connecticut is a victim of its own prior choices. In Connecticut, for instance, most media outlets favored former Governor Lowell Weicker's successful effort to install an income tax as the state's primary revenue producer. After repeated tax increases, followed inevitably by repeated spending

increases, followed by repeated budget deficits, some papers finally were constrained to point out that Connecticut had a spending rather than a revenue problem. In many cases, these acknowledgements were merely perfunctory, as demonstrated by their political endorsements and the papers fulsome support of Malloy's two bone crushing tax increases. Read more at: <https://donpesci.blogspot.com/2019/03/enfield-republican-town-committee.html>

## Term Limits Are Not the Answer - or ANY Answer!

by Rick Aiello

In the July 27, 2022 CT Sentinel, Lee Elci wrote in support of term limits for Congress. With apologies and all due respect to Mr. Elci, calling for congressional term limits to "fix" Congress is the same misguided thinking as the calls for a "Convention of States" (COS) to "fix" the Constitution. Neither idea solves anything, and both disregard what the Constitution already provides.

The COS is off-topic here except to say that its basic premise, which is that the Constitution needs to be changed to reign in government overreach, balance the budget, or what have you, ignores the very obvious fact that the overreach occurs because the government does not abide by the Constitution the way it already is.

If the government is not following the Constitution, then logically, the solution is not to change the Constitution but to enforce it.

As for term limits, a "last resort of a desperate electorate" should NOT be federal term limits. Why? First of all, they already exist. They are called elections. The



founders deliberately did not write term limits for Congress into the Constitution because they felt elections were the best way to control government overreach. They gave representatives in the House two-year terms in office (without any limit on the number of terms they could serve) because they would have to face the voters every two years. In this way, if they were not happy with their representatives, the people could vote them out of office.

In George Detweiler's piece for the New American of June 10, 1996, "Term Limits Temptation", he writes (emphasis added):

While the term limits concept was considered during the Constitutional Convention of 1787, it was rejected by the delegates, who instead provided for short terms of office. Read more at: <http://theatltribune.com/2022/08/08/term-limits-are-not-the-answer-nor-any-answer/>

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# ~ The Elm Leaf ~

## Wise Words and Humor

"Don't be talking about yerself now; we'll be doin' plenty-o that when ye leave!" -- Irish proverb



"But when the law, by means of its necessary agent, force, imposes upon men:

- a regulation of labor
- a method or subject of education
- a religious faith or creed

Then the law is no longer reactive; it is proactive upon people. It substitutes the will of the socialist lawmaker for their own wills; the initiative of this lawmaker for their own initiatives.

When this happens, people no longer need to discuss, compare, or plan ahead: the law does all of this FOR them. Intelligence becomes a useless prop for the people - they cease to be men; they lose their liberty and their property...the law cannot organize labor, education nor manufacturing WITHOUT organizing discrimination."

- Frederic Bastiat, The Law (abridged quote)

### The Aftermath and Moving Forward

A core group of Levy revelers went to a bar, then to a diner, and this editor fell into bed in Norwalk around 3 am.

This is why this paper, usually published earlier on Wednesday, is going out around 11:20 am !

CT is clearly ready for change; but you don't have to be a "flaming conservative" as it were, to be against the insanity in our schools or see what's happening with a weaponized DOJ and IRS. God be with you and yours as we restore common sense to our state. - SF, editor

### Venues of medical discrimination:

Blue Fire Stage Company- East Haddam - V  
Bushnell Theatre – Hartford – V  
Greater New Haven Community Chorus – V, M  
Hartford Stage – Hartford, M, V  
New Haven Symphony Orchestra, M, V  
Oakdale Theatre – Wallingford, M  
Palace Theatre – Waterbury, M  
Quick Center for the Arts - Fairfield; M, V  
Shake Shack Burgers – Waterbury, M  
Southfield Children's Center Inc – Newington. Invasion of privacy questionnaire.  
Southington YMCA - V for staff  
Wall Street Theatre – Norwalk - V  
Westport Country Playhouse - M, V  
Wilton Playshop – Wilton, M and V  
Wilton YMCA: for swimming, requires bluetooth device. Intrusive AI.  
The Written Word/Firehouse Gallery – Milford, V proof

### Venues of cultural marxism:

Build-A-Bear  
Stop n Shop

### Contact:

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