

WINTER ROLLS ON IN



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Activities and News Along the SWAC

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VOLUME 23 ISSUE 12

INSIDE THIS ISSUE.. Avalanche Dangers Dolores County Schools Youth Journalists 4-H Livestock DC Bulldog Sports **Events and Schedules** NEW Food for Thought and Punny Jokes Deer Herd Managment Elk Survey CPW Mining - Uranium boom? SWAC Review Feature Spill the Beans Editorial THC Ed Part 4 Delta 9 Fallen Hero Community Support Say What? Editorial Ag License Plate Bacon Recipe and more ...

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Earlier than Expected Snowfall All Around the Region

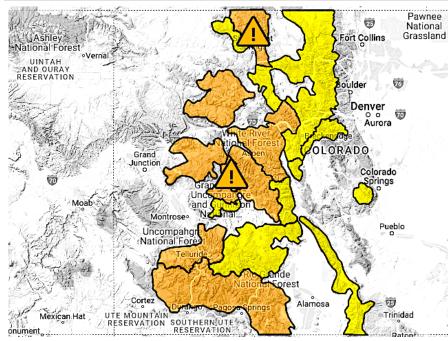
By Kendra Cook

The weather set up that makes for more avalanches in a season, is when an early wet snow, is followed by some dryer warmer weather, the base created is not hard packed, so the next snow on top is less stable. The weak base layer sets up potential avalanche dangers.

In November and into December 2023, the area has seen some earlier than expected snowfalls, and lower than average temperatures. Though we are told the last few years were La Nina - with less snow, we know better from what was experienced here at the UT/CO SE/SW border area. NOAA is telling us that this year it's El Nino, so get ready for a colder wetter winter in the north, but the southern half of the country is given a 50/50 chance of going either way. Suffice to say, weather is 'unpredictable'*, and we must be prepared for whatever is thrown our way. We need the mountain snow pack to provide good runoff waters in the spring. But not to get ahead too far, the month of December looks to provide us with at least a few more snow storms, and the Rocky Mountains are set to get a good snow base for some great Ski and winter sport seasons - as long as it doesn't warm up too much in between the storms.



CDOT Avalanche Mitigation Technology Readies for the Season CAIC provides an interactive map online, to see Avalanche levels



In Utah, the Avalanche Awareness Week is Dec 3-9th, an annual event since 2019, the "Know Before You Go" educational awareness is a primary effort to educate the public about avalanche safety.

In Moab, a Winter Kickoff Party will be held at the MARC, the Moab Sun reported it as a sort of "ski wax/pray for snow benefit" according to Eric Trenbeth a local forecaster with the Utah Avalanche Center interviewed by the paper. This is a fundraiser for support of avalanche forecasting and education. In snowy Colorado, CDOT crews were busy in November, replacing equipment that is used for avalanche mitigation on towers, specifically in our region located above HWY 145 north of Rico. CDOT also recharged their systems over Wolf Creek Pass. The Colorado Avalanche Information Center or CAIC is the agency that provides safety information, education and promotes research to help reduce risk from avalanches. The website hosts an interactive danger scale map, shown above from the start of December: green low, yellow moderate, orange concerning, and red for high alert. https://avalanche.state.co.us/

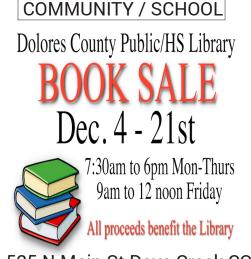


DOLORES COUNTY SCHOOLS

The new Elementary School building construction was the focus of a board workshop mid November, with a tour of the new site. The steel portion went up in November revealing the shape and magnitude of the final building profile. The Board meeting started with a plaque presentation to Jenny Smith recognizing her for all her years and work on the board. They fielded reports from the facilities director Vern Hall. Secondary Principal Shane Baughman reported on SAT/PSAT stats from last spring, and spoke to the success of the fall volleyball and football team programs.

Kimberly Alexander reported on the successful Rico Annexation/Detachment vote as well as BOCES, reporting how Montezuma Cortez District is in the process to leave BOCES (Boards of Cooperative Educational Services - whose "programs and include services management and technology support, career and technical education, special education programs, and much more") The District boundaries were discussed as to the need for aligning the boundaries with the recent Rico detachment for July 1 2024, and how that will affect the five board seat districts.

The superintendent evaluation and contract renewal and policies were identified as to what needs updating, and action taken on personnel additions.



525 N Main St Dove Creek CO

The Superintendent Reported: this was her final meeting due to term limits which were reached at 10 years of service. There was celebration and recognition of the incumbent three board members re-elections, congratulations Crystal Harmon, Kim Alexander, and Donella Fury.

Three members attended a zoom meeting with Studer Education - an organization that says, "We work with educational organizations to implement improvement practices that impact the entire system from the district to the classroom." The board is considering how this program might be beneficial. Insurance renewals went smoothly, and acquisition of a minibus in Denver will be transported to Dove Creek after a CHSAA board meeting already meant a trip up north.

Dove Creek will be leaving the group named the Southwest Colorado Collaborative, as there is lack of clarity to our benefits, and concerns it is not a true collaborative group working together. Follow up after the holiday break will determine a final decision.

The Mastery Library is "our work request program and it should go live after the Thanksgiving break. The system is very user friendly... and will help organize requests and help streamline the process." This is a facilities management software tool specifically designed for schools.

The December District RE-2J meeting is Dec. 6 2023.

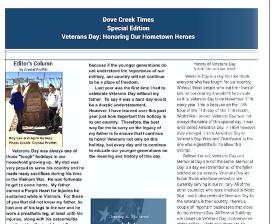


Courtesy photo 7th Street Elementary School New Building taking shape! Steel beam signing last month

Do you have an Event, News Lead or Press Release you'd like to share? The Pinto Bean is Growing! Along with the new larger format, the ad space will be changing for 2024. We are currently distributed to over 250 locations from Moab, Monticello, Blanding to Bluff in Utah and from Dove Creek to Cortez, Mancos, Dolores, Rico, Telluride and Norwood in Colorado. Submit contributing articles and opinion pieces subject to the discretion of the publisher.

Dove Creek School Times

Dove Creek School curriculum offers a journalism class, taught by Crystal Profitt, with nearly 20 kids enrolled. It was a great opportunity for Pinto Bean creator, publisher, editor Kendra Cook, to stop in as a guest speaker at the end of September. Bringing in a pen for each student, Kendra described her background, and why a journalist or reporter should always carry a pen! The students are learning how to



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write articles, and assemble them into a newspaper/newsletter that an audience would be interested in reading. The current story topics cover all sorts of programs that the school offers. Sports is a big topic, while they work on expanding what news they will cover in the upcoming months. The School District is enacting more community outreach as well. Look to business spots in Dove Creek to pick up the next issues of all school communications.

Mid November, the DC School Times put out an Eviewer Special Edition online, connecting with Veterans. Shoot the QR code below



Printed and Online by the 10th of each month Confirm Articles or Ads by Deadline the 1st of each month

> Publisher/Editor: kendra cook Contributing Writers: hayden pate, linda cunningham, becca devergie,

Donate by cash or check or PayPal at PintoBean.CO Mail To: TPI ProductionZ PO Box 630 Dove Creek CO 81324 or 375 S. Main St. #530 Moab, UT 84532 INFO@TPIProductionZ.com 970.394.0410 Pinto Bean Founded August 2022 No reprint without permission

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The Pinto Bean

December 2023

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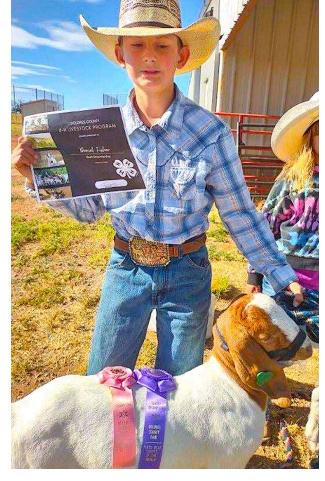
LIVESTOCK 4~H DOLORES COUNTY

The Dolores County Extension Office would like to showcase our 4-H Livestock Program that began in 2021. In 2023 we had 5 Members complete livestock projects. Mykaela Fury completed with a Market Steer, Ashly Fury completed with a Market Steer, Haley Kelshaw completed with a Market Lamb, Cason Fisher completed with a Market Goat, and Daniel Fisher completed with a Market Goat. Please congratulate these young folks for their hard work and dedication to their projects.

This Program is a partnership between the Dolores County Fair Board and the Dolores County Extension 4-H Program. We provide opportunities for youth to learn, practice and apply animal science knowledge, skills, and abilities to prepare them for success in careers in the livestock industry. This program exposes Dolores County 4-H Members to real-world livestock production and marketing.

Our 4-H Livestock Program is unique because our community does not have the resources to support our own Jr. Livestock Auction like other counties with larger populations and business communities. Therefore, we have started this program from donations from local businesses and community members to provide our members a monetary add-on to their livestock marketing proceeds to assist them with their project expenses. These funds are also allocated to offset Dolores County Fair expenses incurred from the Livestock Program such as equipment for all 4-H Youth to utilize, and fees charged by Livestock Judges at the Dolores County Fair.

The Dolores County 4-H Livestock Program was developed due to feedback received from our 4-H Families regarding our lack of a Livestock Program based in Dolores County. Due to this feedback and increasing participation by 4-H Members, this program was launched. We could not have done this without the overwhelming



support from our local community members and businesses. The following is a list of 2023 Sponsors. If you see them, please help us by thanking them for their support of a program that would not be possible to thrive and grow without them.

Don & Deb Bain Carhart Feed & Seed Dove Creek Superette Richard & Marjo Westerman Town of Dove Creek Keesee Motor Company Adobe Milling Company Dove Creek Land & Canyon Frontier Propane The Gettin' Place CJ & Nancy Mucklow **Empire Electric Association Basin Electric Power Coop** Century 21/West Slope Realty **Dolores State Bank** Majors & Haley **Energy Fuels Resources** Ertel Funeral Home Southwest Seed Inc Frosty's Liquor John & Jackie Neilson Shelby Rowe **Oma Fleming**



The Dolores County Extension Office would like to welcome Nolan Hankins to our team! Nolan will be a great addition to our office and we are very excited to have him with us. Nolan was a career 4-Her and now he will continue his 4-H career from the other side. Please swing by our office and help us to welcome him to Team Extension! 409 N. Main St Dove Creek (basement)





4-H Enrollment for the 2023 -2024 4-H Year is open! If you would like to get involved, please contact the Extension Office at 970-677-2283 or gus.westerman@colostate.edu and we will get you started.



Dove Creek, Colorado - "The Pinto Bean Capital of the World!"

December 2023

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DOVE CREEK BULLDOG SCHOOL FEATURE

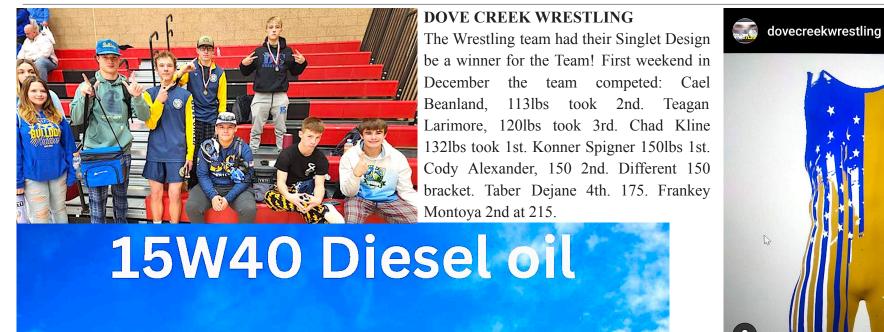
COMMUNITY / DOVE CREEK



Another great season for the Dove Creek Bulldog Volleyball team - winning their Regional title, they fought valiantly at the State level, tackling the no.1 seated Merino team twice to eventually halt their path to a title, getting to the program's state semi final, with a 26 to 4 season record. Post season, Dove Creek seniors Kalie and Kylie Gatlin, as well as junior Ralynn Hickman, were selected for the 1A classification all-state teams. Led by Coach Lacey Murphy, we watched a great effort and team work by the entire program all season. Congratulations to all!



Congratulation to the 2023 Dove Creek Bulldog Football Program, coming off of a state championship year, the team never stopped pushing for the best wins at every game. They finished the regular season at 7-2. Heading once again to the playoffs, they moved their way through each game bringing it their all, making it to the quarterfinals in a tough match versus Lyons that ended the trail for the cup this year. With Coach Jason Fury and his assistants Jesse Poole and Adam Warren, the program once again showed the spirit of training hard, working together, and keeping positive, makes each player a winner.



\$19.49





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Event Menu			i
Season Team	Abbr	Count	Points
San Juan, UT (GET)	SJ	26	390.0
Durango, CO (GET)	DUR	20	306.5
3 Dove Creek, CO (GET)	DC	7	219.5
Gunnison Valley, UT (GET)	GUNN	13	212.0
Mancos, CO (GET)	Man	7	193.0
Monticello, UT (GET)	Mnt	11	188.0
Grand County, UT (GET)	GC	8	171.5
Nucla, CO (GET)	NUC	9	163.0
Norwood , CO (GET)	Nwd	7	129.5
Dolores, CO (GET)	DOL	7	76.0

Dove Creek, Colorado - "The Pinto Bean Capital of the World!"

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We have 14%, 20%, and 30% Crystalyx Tubs for your winter feed supplement.



- Dec. 1-2 HS Basketball @Centauri Tournament HS Wrestling @Moab Tournament
- Dec. 4 Knowledge Bowl @Mancos
- Dec. 6 **Board Meeting**
- Dec. 7 HS Wrestling @Cortez

SCHEDULE

- Dec. 8-9 HS Basketball @Rangly Tournament HS Wrestling @Montrose
- Dec. 12 FB and VB Sports Banquet
- Dec. 13 MS Science Fair
- Dec. 14 HS Girls BB (H) Blanding FFA Christmas Party
- Dec. 15-16 HS Basketball (H) Bulldog Classic
- HS Wrestling @John Mall Dec. 16 Tournament
- END of First Semester Dec. 21
- Dec. 22 Christmas Break starts no school School Resumes January 9th 2024

Stove Pellets, Heaters, De-Icers, Anti-freeze, Snow Tires & Chains are still in stock.

> WINTER HOURS Mon. - Fri. 8:00 a.m. - 5:00 p.m. Sat. 8:00 a.m. - 12:00 p.m.

CO / OUTDOORS

Herd Management in SW Colorado

Colorado Parks and Wildlife - Outdoors CO

CPW's draft herd management plans for deer in Southwest Colorado are open to public comment through Dec. 15, 2023. "Public feedback on our herd management plans is critical, as we manage these herds in the best interests of all Coloradans," said CPW Senior Wildlife Biologist Jamin Grigg. "Our Herd Management Plans dictate how our deer herds in the region will be managed for a 10-year period, so it's crucial for us to hear if people prefer specific alternatives or if their experience of what they see on the ground differs from that of our biologists."

The new deer HMPs for the region were drafted after public engagement efforts were conducted throughout the summer. Of note, CPW has proposed to combine a few Data Analysis Units (DAUs) into a single DAU. That includes combining D-31 and D-37 from the Sand Dunes area into a single DAU, now D-56. CPW would also like to combine Gunnison Basin DAUs D-21, D-22 and D-25 into a new single DAU, D-57.

"The purpose of this is to more effectively model and manage what is functionally one biological herd," said Grigg. "Management can still vary by each Game Management Unit within the DAU. This is similar to what we have previously done with elk DAUs in the Gunnison Basin and elsewhere."

The 14 herds included in the plan are the D-19 Uncompany Plateau, D-20 North Fork of Gunnison River, D-23 La Sal, D-24 Groundhog, D-26 Saguache, D-29 Mesa Verde, D-30 San Juan Basin, D-35 Lower Rio Grande, D-36 Upper Rio Grande, D-40 Cimarron, D-51 South Grand Mesa, D-52 Hermosa, D-56 Sand Dunes and D-57 Gunnison Basin deer herds. CPW is proposing extensions of previously approved management objectives for the D-20, D-26, D





-30, D-36, D-51, and D-52 herds. New management objectives have been proposed for the D-19, D-23, D-24, D-29, D-35, D-40, D-56 and D-57 herds.

A local example is Groundhog : The last HMP for D-24, which includes GMUs 70, 71 and 711 in parts of Dolores, Montezuma, Montrose and San Miguel counties, was approved in 2014. The previous population objective was 15,000 to 19,000 deer, and the 2022 post-hunt estimate was 18,300. CPW's preferred objective for this DAU is 19,000 to 23,000 deer. "The deer population overall has been stable for the past 15 years following a previous decline," said CPW biologist Brad Weinmeister. "Based on the herd performance over the past 10 years, minimal game damage issues and the desire for more deer on public lands, CPW recommends increasing the population objective."

Another local plan for Mesa Verde : The last HMP for D-29, which includes GMUs 72 and 73 in parts of Montezuma and



Dolores counties, was approved in 2014. The previous objective was 5,500 to 7,000 deer, and the 2022 post-hunt population estimate was 9,300. CPW's new proposed population objective is 9,000 to 12,000 deer. "Over the past 20 years, the deer population has been on an increasing trend," Weinmeister said. "The majority of growth in the population has occurred on private lands, especially around the towns of Pleasant View and Cahone. The portion of the population that uses public lands hasn't experienced the same increasing trend."

Submit Public Deadline *Dec. 15, 2023* Please submit public comments to Grigg at jamin.grigg@state.co.us Comments also will be accepted by mail addressed to:

Colorado Parks and Wildlife Attn. Jamin Grigg 415 Turner Drive Durango, CO 81303

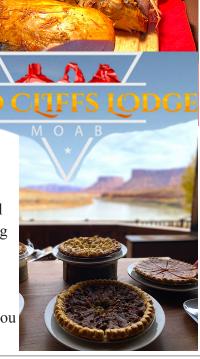


NAME Redcliff Adventure Lodge / The Cowboy Grill Milepost 14, Highway 128 Moab, Utah 84532 Phone: 435-259-2002 https://www.redcliffslodge.com/ PRICE RANGE \$49 Special Brunch

FEATURED PRODUCTS They have Santa Brunches throughout December, along with a full Christmas Day brunch the 25th.

FACILITY The resort is open year round. The Cowboy Grill is open for breakfast Monday through Sunday year-round from 6:30 AM to 10:00 AM. Dinner is served daily from 5:30 PM to CLOSE. Dinner reservations are required, please call 435-259-2002

REVIEW What a fun option for a Thanksgiving buffet when you don't have family in town, or even if you did! We drove the stunning River Road north of Moab, to arrive at the Redcliff's Lodge for their specialty spread. Well attended to, the offerings were plentiful and delicious. With two large rooms to accommodate all those participating in the seatings, it did get a bit cool with the appetizers and desserts set in the center section that opens to the spectacular view of the mesas. The Easter and Mother's Day weekends are also a treat, make reservations if you have a larger group. While there, check out the Moab Museum of Film and Western Heritage in the basement as well. Looking forward to an overnight in one of their western appointed accommodations soon. Tell your friends you saw this on SWAC.TV - we would certainly recommend for a special meal stop on the SWAdventure Corridor!



News from Around the Southwestern Adventure Corridors

URANIUM MINING BACK

Thor Energy is working on Uranium and Vanadium extraction in our region. Recently, they reported that their drilling at "Wedding Bell and Radium Mountain projects is now complete, with all drillholes intersecting favourably reduced sands indicative of hosting uranium and vanadium mineralisation." They report that it has been a "safe and well-executed program by Thor's experienced locally based (Nucla-Montrose, Colorado USA) uranium exploration team."

"A sample submission to Australian Laboratory Services, in Vancouver, for uranium and vanadium assays results, is currently in progress and the remaining downhole gamma eU308 uranium results will be released to the market once the surveys are complete." according to Managing Director Nicole Galloway Warland.

The shallow RC (reverse circulation) drilling program is now complete at priority prospects; Section 23, Rim Rock Mine and Groundhog - The program comprised 23 shallow drillholes totalling 2,737m, with geological logging visually identifying favourably reduced sands in all drillholes. Downhole gamma logging returns up to

NEWS / MINING



3,186 ppm (0.32%) eU3O8 uranium at the Rim Rock Mine, along strike of historic mined-out areas – (ASX/AIM: 15 November 2023), and the Groundhog Mine downhole gamma results are pending.

Thor Energy holds a 100% interest in three uranium-vanadium projects in the highly prospective Uravan Mining Belt on the border of Utah and Colorado. The Wedding Bell Project and the Radium Mountain Project are both in Colorado and comprise of 199 mineral claims over areas of historical high grade uranium and vanadium production. The Vanadium King Project in south-east Utah comprises of 100 mineral claims, approximately 40km north of the town of Moab.



White Mesa Mill - Enery Fuels



Energy Fuel owns a series of uranium/vanadium mines in eastern Utah, including the Beaver, Pandora, La Sal, Energy Queen and Redd Block Projects.

over \$80, with experts looking to a surge over \$100 in the near future, the economics of mining, and processing, becomes attractive to more than just Energy Fuels. Another company, Western Uranium & Vanadium has acquired a site in Utah and begun work on designing and permitting the facility to process uranium, vanadium and cobalt according to World Nuclear News. The new plant will process feed from Western's restarted Sunday Mine Complex. at their upper disappointment valley Colorado location, with projections to build a facility in Green River UT. According to this report, "Western said it expects the plant to be licensed and constructed for annual production of 2 million pounds U3O8 (769 tU) and 6-8 million pounds of V2O5, with initial production in 2026." EF owned, White Mesa Mill, is currently the country's only fully licensed and operating conventional uranium processing mill, with a capacity of 8+ million pounds of uranium per year, employing 150 people at full operation.

December 2023

MUNE(HHEE)

970 677,2620

Energy Fuels recently held a two day open house program at their facility south of Blanding Utah, to entertain questions and present an open informational venue to connect to the public about their energy operations. The open house offered tours and a variety of presentations about the mill and monitoring / testing radon to keep within standards for protection to the public, with air and well monitors. Utah Gov. Cox offered his concern of domestic energy supply, for milling uranium, vanadium as well as rare earth elements, in a pre recorded video presentation. Energy Fuels established a San Juan County Clean Energy Foundation in 2021, "to help fund organizations in the county that support initiatives in education, environment, health

and wellness, the economy, and tribal prosperity."

However at the same time as the open house, members of the Ute Mountain Ute tribe marched on Hwy 191, protesting the White Mesa Mill, arguing that the mill has polluted air, water and wildlife, and puts profits over people in their operations.

EF is also reopening The La Sal Mines Complex and what is now called the Pinyon Plain Mine which is grandfathered in for operations on the south rim of the Grand Canyon. Potential plans for reopening the Whirlwind Mine near Gateway Colorado is also a possibility, and concern for impact to the area is being vocalized in area newspapers as well.

With the soaring price of uranium hitting

Coming up in the next issue.... More Mining news: Potash Mining/Processing Rare Earth Elements



Southwestern Adventure TV & Newspaper

Your Official Adventure News Source for the Greater Southwest - Look for 2024 Magazine Release

Run Forest Run! is an incredible scene from the 1994 blockbuster movie Forest Gump.

Photo opportunity on Highway 191 north of Monument Valley A wonderful drive to get out of the snow this time of year.





ENJOY YOUR HOLIDAY SAFELY

December is a transition time in the four corners - the general tourist 'season' falls off quite a bit, while there are still opportunities to recreate (depending on the 15-Blu Pig-Wolf River Band weather), as well as hitting the slopes at ski resorts in the area. The month is filled with all sorts of Holiday events, usually on a smaller scale for the locals. Check for Parades (many happened the first weekend), as well as Businesses offering special events, parties, live music, and don't forget New Year's Eve festivities!

SWAC.TV is gearing up to bring you more of what you've asked for - gathering the events from around SE Utah and SW Colorado... so be sure to stay tuned!

Live Music in Moab in December

- 9 Blu Pig Bob Greenspan & Mama T
- 14 Blu Pig Dustin Burley
- 15 & 16 Red Cliffs Dave Mensch 17 - Red Cliffs - Brunch & Santa - Alan Snow.
- 21 Blu Pig Dustin Burley
- 22 Blu Pig The Nanites Band 22 - Red Cliffs - Broken Arrow
- 23 Blu Pig Jon Budd
- 23 Red Cliffs Down in the Roots
- 25 Red Cliffs Christmas Brunch Down in the Roots
- 28 Blu Pig Dustin Burley
- 29 Blu Pig Danny Rose

Photo Felixstowe2016



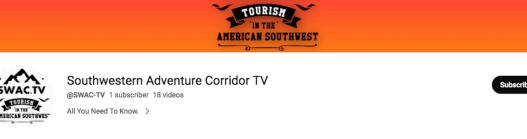
29 & 30 @ Red Cliffs - Alan Snow

Music by Jon Budd

SWAC.TV developing the Southwestern Adventure Online Stop to cross promote your business, and provide an excellent view into your travel planning! So much to do, where to start? Check out the continuing updated videos, and soon, a weekly broadcast covering activities and opportunities for



your amazing experience in South West America! HOME Click on the QR Code to the YouTube channel -Adventure Safely - and



CHANNELS

SWAC.TV

the left to bring you to Videos > Play all

Start Making Memories! SWAC.TV



VIDEOS

MoabOpoly Moab Adventure Game

RCDC A New RC Offroad Track Club

PLAYLISTS



COMMUNITY

Moab's High Point Hummer 3 views • 22 hours ago



ABOUT





Moab Featured Adventure Company - Outlaw Adventur.

3 views · 22 hours ago

31 views • 22 hours ago

Adventure Profile 15 views • 5 days ago

Wild Expeditions Featured

232 views • 5 days ago

The Pinto Bean

December 2023





You have a choice - you accept the injustice, or reject participating in the system, or watch it turn to violence. Once there is violence, the fault is pointed at that group. Seeing the world transformed, and being ignored, the majority is being ignored, there is a reason for that. It is the plan. They want civil wars, this gives the powers the excuse to come in and shut things down; Bring in young military age males into countries all over - not as refugees, but to be

The few to impose their view, will ultimately completely transform humanity to the point of not recognizing it anymore. If you don't see it coming, you will certainly be shocked when it is too late. Knowing how to live without relying on these big government entities, controlling what you do to keep your 'job', or what you can and cannot buy or do based on complying with their direction, will be the ultimate 'weapon' against the on coming 'wars'. It may be a harder road to hoe, but developing and holding on to your core values, core character, and core kindness, loving and strong way of life, not hurting others, will certainly make you, a part of America the Beautiful, and a beautiful American.

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The Pinto Bean

SHARE AN EVENT ADVERTISING SPOTS AVAILABLE <u>SHOUT OUTS</u> <u>FOR PERSONALS - \$20</u> INFO@TPIPRODUCTIONZ.COM

Classifieds

\$10 gets you a text only spot that fits into 11pt Times font up to 3 lines of the entry. The Classified section will be 3" wide just like this. Two month commitment. \$2/ additional lines.

Jobs Jobs - go to our Facebook page for the latest updates "In Between the Bean" - local area job postings and notices are available at @ThePintoBeanDoveCreekCO

Advertise in the Pinto Bean! You're reading it - others do too! Ad rates from \$1 a day, reaches over 3000 four corners viewers 970-394-0410

Looking for Alternative News and Info resources online? Try **Banned.Video** for weekday LIVE streaming programming and interviews M-F.

Help with the effort to sound the alarm on the critical climate engineering issue. Share the free materials, **geoengineeringwatch.org** and watch the DVD - The Dimming

PUBLIC NOTICES: Governmental SDA Agencies Starting at \$14.75 per issues, includes the first 5 lines, additional column lines at \$4/line

HIRING - Midnight Trucking is an equal opportunity employer looking for a few good employees out of the Four Corners Area. For application or questions call 970-739-3122 Jesse.poole@midnight-trucking.com

Keep your Immune System Strong! Great supplements that support YOU while you help to support the First Ammendment There's a War out for your Mind...

https://www.infowarsstore.com/



HEALTH THC ED Part 4. Five part feature for a series exclusively in the Pinto Bean, helping to educate those unfamiliar with the plant cannabis sativa, looking into what is happening in the four corners and beyond, as we end 2023. Medical and Recreational dispensaries in Colorado are only available to those 21 years old or older.

By Contributing Writer - Hayden Pate

Delta 9 THC Gummies

In 2018 Congress passed the 2018 Farm Bill, which removed hemp as a federally controlled substance.

It also says that any hemp and hemp-derived products that contain less than 0.3% THC by dry weight are considered federally legal in the United States.

By this definition, Delta 9 THC products are federally compliant under the standards set by the 2018 Farm Bill.

So here's the math:

- One Delta 9 THC gummy weighs about 6 grams, or 6000 milligrams.
- If we take 0.003 (which is 0.3%) and multiply that by 6000, we are left with 18 milligrams.
- That means that according to the Farm Bill, a 6 gram gummy can contain up to
 18 mg of hemp-derived Delta 9 THC.

Similarly to Hemp CBD, Delta 9 THC interacts with your endocannabinoid system, or ECS. The ECS is known for regulating your body's natural balance or homeostasis. That is why THC, like CBD, can have an effect on a whole host of things like sleep, mood, and appetite, because those functions all contribute to your body's natural homeostatic balance.

Look for Pure Science ISO 17025 certified labs (this just means that the lab is accredited for product testing, sampling, and calibration) to ensure quality and consistency. 100% compliant hemp-derived Delta-9-THC (Delta-9, D9, Δ 9) gummies.

Def: THC (TetraHydroCannabinoid)

The Entourage Effect - is a hypothesis that cannabis compounds other than tetrahydrocannabinol (THC) act synergistically with it to modulate the overall psychoactive effects of the plant.

NIH: QR code to the right - provides more information https://www.ncbi.nlm.nih.gov/pmc/articles/PMC73248



Dose Advice is to "start low, slow" when and qo consuming any cannabis edibles. Every body and mind, react differently, one person's experience may be different from another depending on many variables.

The best hemp derived Delta 9 THC starts with the highest quality hemp, and the highest quality hemp can be found right here in American farms. Delta 9 gummies are sold online in the US, be sure to read about whichever company you might buy from, to learn about their methods and sources. A company out of Salt Lake City UT sells gummies under the name KushKubes courtesy photo pictured right.





December 2023

NATIONAL PARK TIMED ENTRY - TOO MUCH OF A GOOD THING?

By Kendra Cook

For Arches National Park in Moab, over the last two busy tourist seasons, the park has run a program where visitors must prepurchase tickets during the park's busiest hours and months. Public Lands policy from the Park Service, has been working on a "timed entry system' pilot program to address the potential over crowding in some popular national parks. Solicited comments from the general public and the local area businesses were taken til Dec. 1, to look at how the program worked for the first two years, and assess long-term strategies for congestion and overcrowding concerns.

In addition to a timed entry system, they are examining possible shuttle systems, sitespecific reservations, as well as developing a second entrance or expanding parking lots where heavy traffic congregates.

Though overall tourism seemed robust in the 2023 season for much of the region, Utah Office of Tourism is still compiling the data to try to determine where visitation is down and why. Some Moab businesses expressed their concerns that the three month window excludes international travelers who make



plans a year in advance. Local tour companies and hotels say they are feeling the impacts of this ticket purchase system, experiencing cancellations and generally being frustrated, especially that the Parks isn't responding to their concerns.

To learn more and comment, visit parkplanning.nps.gov/ARCHvisitoruse

STOP IN TO TEST DRIVE, & SEE WHAT SHE CAN FIND FOR A NEW TO YOU RIDE!



COOL GADGETS AND NEW TECH

New Tech gear is making its way to market faster than ever these days. When you've purchased 'the latest' this or that, it seems the very next week there's a newer model, or next generation. What's new and cool at the end of 2023?

Check out: ThePhotoStick OMNI.

It's a revolutionary device that automatically finds, sorts, and saves up to 60,000 photos and videos across ANY of your devices with just ONE click.

Even better, you only need one of them for all your devices! ThePhotoStick OMNI works on:

- All Windows computers
- All Mac (Apple) computers
- All smartphones (iPhones, Android, iOS, etc.)
- All tablets (Galaxy, iPad, etc.)



This means you can now safely store, access, and share ALL of your precious photo and video memories in a matter of minutes... no matter where they are... with ONE device. It's going to prevent so many irreplaceable photos & videos from being lost!

Cut Your Own Christmas Tree

Find the right office and buy your permit from the National Forest nearest you. Permits tend to range from \$8 to \$20 depending on your location.

There's a website where you can learn all about what to cut, where to cut, or not, and all types of regulations and suggestions. Go online to Recreation.gov and select your nearest location for fees and permit info.

The website also provides downloadable maps you can use to plot out your tree hunt!

And as always, be sure to securely strap the tree to your vehicle or in the back of a pickup truck bed.

LOW TECH BUT COZY - YOUR BIGGEST FAN



If you are perpetually cold, and are content to just heat up the space around you, and aren't worried about the electric bill, then perhaps a Tornado TAVH10 Electric Space heater is for you? They state it runs at 1500 watts, 5118 BTU with a fan. It has a built in automatic off timer, so you can feel comfortable falling asleep and not having it on all night. A handy remote allows you to turn it on before you step your cold toes out of bed too. Its compact size is convenient, about a foot by a foot by under 10" wide. You can find it on Amazon or at Home Depot, and it runs just about at \$150. (not a paid advertiser)



The general recommendation is to put the tree in an unheated but sheltered location when you get home, a shed or garage will do, if you can, for a week or two before bringing it into the house. Keep it well watered right from the start. Place it away from heaters or potential fire hazards. And, best of luck if you have cats or fun dogs! Dove Creek, Colorado - "The Pinto Bean Capital of the World!"

December 2023

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Agriculture License Plate?

What is involved in all those specialty license plates - choices, designs, and where do the donations go? Take as an example the design of the Fishing CO plate, first there's a minimum donation needed to Colorado Trout Unlimited, the non profit works for fishing conservation, then they give you a certificate that you then take to the DMV and then apply for the new plate, where additional fees apply. Each "group" plate similarly denotes a cause or a team, and the funds go towards their projects while raising awareness of the general topic through your display of the plate.

OUTDOOR / AGRICULTURE

In 2023, far and away the most popular group or specialty plate is the Columbine - with over 80,000, followed by several plates around 32,000 - Wildlife Sporting then Pioneer and next Breast Cancer Awareness. The flower plate isn't a tip of the hat to the beautiful state flower (though it is displayed in the center), it honors the victims and survivors of the 12th grade student shooting at the Columbine High School on April 20, 1999.

It's YOUR turn to help push through a new Agriculture specialty plate by signing the petition before December 25th 2023. Find a petition in Dove Creek at the Dinner Bell, or

Sign the Petiton for a **NEW Agriculture Support**





ELK SURVEY CPW

Colorado Parks and Wildlife to randomly survey 6,000 elk hunters about over-the-counter elk license regulations - As Colorado Parks and Wildlife (CPW) wraps up its review of the current Big Game Season Structure, staff are reaching out to hunters about current over-the-counter (OTC) elk license regulations.



at the Station Boutique in Cortez. The Logan County Cattlewomen in Merino CO are coordinating the effort to bring over 3000 signatures to the state application. The Pinto Bean helped to coordinate the petitions in SW Colorado.

There was an Agriculture Plate available in 2001, Exec. Director of the Colorado Foundation for Agriculture replied to the Pinto Bean on the status of that retired plate, saying, "The original Growing Your Future Colorado agriculture license plate was started by the Colorado Foundation for Agriculture (a 501(c)3 nonprofit organization established in 1991) and designed to promote Colorado agriculture and as a fundraiser to support agricultural literacy. The tagline of Growing Your Future coincided with the domain name for the Foundation. The mission of the Colorado Foundation for Agriculture is to connect Colorado educators and students (preK-12) to their food, fiber, fuel, and natural resources through the Agriculture in the Classroom program. Annually, we reach 325,000 students, teachers, individuals, and families each year in urban, suburban, and rural communities across the state. The main reason the Growing Your Future plate was discontinued is because it was difficult to meet the certain number of plate sales that were required to keep the plate active."

This current effort would result in a new design and new tagline to be determined as the process moves forward.



CPW will be emailing surveys to 6,000 elk hunters who received an elk license in Colorado in 2018 or 2022 to share their perspectives about issues such as whether or not to eliminate OTC elk licenses (currently unlimited in number for specific seasons), which has been a controversial issue for many years. Following the Commission's resident/nonresident license allocation rule, 75% of the sampled hunters will be residents and 25% will be nonresidents. To ensure that there is representation of perspectives based on hunting type, the survey will be sent to an equal number of archery and firearm elk hunters.

The survey will take place between November 2023 - January 2024. The results from this survey will be presented to the Parks and Wildlife Commission at its March 2024 meeting. Survey respondents will be asked about their support or opposition to potential options for limiting OTC rifle and archery elk licenses. Hunters will also be asked about the influences impacting their responses and anticipated behavior changes based on various approaches to OTC limitation.

Visit our Big Game Season Structure Engage CPW webpage to read a detailed description of each OTC elk license limitation alternative currently under consideration and to find more information on the Big Game Season Structure process and ways to continue to be involved.

https://engagecpw.org/big-game-season-structure

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December 2023

HEART OF A COMMUNITY

One of the most visible and truly wonderful human traits experienced in a small town, is people gathering together in support of not only their families, but neighbors and friends and those they might not even know, who are in need. All small town rural America knows the dynamics of a community is based on the cohesive nature of that town's character. Among the many angels and volunteers who coordinate fundraisers and donation outlets for families facing many challenges, we also gather as a 'family' of those who serve our community to protect and serve.

As we head into December and face the loss of Sergeant Moran in Cortez, we reflect on the jobs at hand, and look to a potentially more dangerous future, where we must 'have each other's backs' in the many ways that can unfold.

The Thank You below, is for the help pouring out for a child's medical issues, the child of a Sheriff Officer. The article on this page is in tribute to a fallen officer in Cortez, in the line of duty. As is inscribed in the remembrance marker - "All give, some give all." it's hard not to feel a deep emotion for struggles and losses. Thank you to all who are there reaching out to help one another. May God Bless you.

SAY WHAT ?!

Monthly Commentary by Contibuting Writer Linda Cunningham

Imagine a world where scientists could manipulate a common garden seed to circumvent the laws of nature. A world where a tomato can be used as a biovaccine, or a grain of rice can be used to

administer vitamins to people in need. Seem like a far fetched idea? Futuristic? Welcome to the world of Genetically Modified Organisms or GMO foods. These products are being used in many different forms, from seed to the finished product.

Roughly 90% of all soybeans and corn grown in the United States holds the GMO scar. And if you think GMO grown soybean and corn are only for animal use, think again. GMO ingredients are being put into foods, whole foods and processed foods. GMO technology uses the most advanced scientific methods to manipulate the cellular structure of the very soul of a seed or plant. That fresh tomato you bought at the store could very well have the DNA of artic fish imbedded into the tomato plants DNA to make it more cold tolerant. Some other plants that are GMO modified are apples, eggplant, potatoes, squash and much more. In a Cornell study done by Blane Friedlander in 1999 showed the toxic pollen from GMO corn can kill monarch butterflies.

COMMUNITY / INTERESTS

Fallen Hero in Cortez

Cortez Police Department honors their fallen hero Sgt. Michael Moran, end of watch Nov. 29, 2023. Sgt. Moran served his country as a Marine for 9 years, including two tours in Iraq, prior to joining the Cortez Police Department in 2012. Sgt. Moran rose quickly through the ranks, becoming a k-9 officer in 2016. He was most proud of his canine partner Otto, who retired in 2020. Sgt. Moran will be remembered by his fellow officers for his dedication and sense of humor. He leaves behind two daughters, many friends and family.

A candlelight vigil for Sgt. Moran was held on Nov 30th the day following the shooting, with several hundred people in attendance. During the Parade of Lights, his life and contributions to the community were celebrated during the parade.

Colorado Fallen Hero Foundation is accepting monetary donations on behalf of Sergeant Moran's family. Click the QR code

to go directly to the donation page.



The American Academy of Environmental



QRCode for direct donation link online Sgt. Moran



Thank You Dove Creek!

The Purkat family would like to thank everyone who attended and participated in the fundraiser for Trapper. It was a great night and the amount of support that was shown was emotional and humbling to our family. All funds have been placed in an account for Trapper that will be used during upcoming hospital stays, travel expenses, medications and medical bills. Thank you for your kindness and donations. We cannot wait until Trapper is old enough for us to tell him the story how the town came together to help him. We would like to send a special thank you to Melissa Reid and Alisa Shultz for putting it all together we would also like to thank everyone who volunteered and donated time, energy, money and items for the auction and bingo prizes. Thank you from the Purkat's.



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Medicine, www.aaemonline.org, has done many studies on the serious health risks of GMO foods and how it affects the body, such as Allergies, infertility, immune issues, accelerated aging, cholesterol and insulin regulation and changes in liver, kidney, spleen and the gastrointestinal system. I guess the only way to know you're not getting GMO foods is to grow your own, and we all can't do that, but we can make better choices, this writer included.

In Genesis 1:29 God said, "Behold, I have given you every herb bearing seed, which is upon the face of the earth, and every tree, in which is the fruit of the tree yielding seed, they will be yours for food".

Trapper at one of the hospital stays near Denver



From 'Twas the Night Before Christmas - "And mamma in her 'kerchief, and I in my cap, Had just settled our brains for a long winter's nap" the 'nightcap" was not a strong drink to 'cap off' the evening, but a piece of clothing worn while sleeping. Originally used to keep your hair free from tangles, it was also used to keep the heat in your body as many rooms did not have nighttime heating in many cultures.

If you had been told as a child - put a hat on, you loose the greatest amount of heat through your head - that might not be exactly true. Experts say "you can lose 40 to 45 percent of body heat from an unprotected head and even more from the unprotected neck, wrist, and ankles. These areas of the

WINTER HATS TO KEEP YOU COVERED

body are good radiators of heat and have very little insulating fat. The brain is very susceptible to cold and can stand the least amount of cooling. Because there is much blood circulation in the head, most of which is on the surface, you can lose heat quickly if you do not cover your head." - FM 21-76 US ARMY SURVIVAL MANUAL, BASIC PRINCIPLES OF COLD WEATHER SURVIVAL, PG 148.

So whether it's 10% or 50%, everyone feels warmer with a hat on. Winter hats come in all sizes, shapes, and colors, but many have the familiar pom-pom on the top. Where did THAT come from you ask? The most common sense answer seems to be that a knitted hat has a hole at the peak, so a nice flare or pom pom added, keeps the warmth in, and is highly decorative.

Those fluffy balls have served a categorical purpose throughout history as well. In military culture, from forces in France, Scotland, to Hungarians, the color of the bobble indicated rank. In South America, the female and male pom poms were traditionally indicative of one's marital status. In the 20th century, there were several decades of the pom pom trending in fashion. The label "pom-pom" likely comes from the French word "pompon," which



means "bobble" or "small ball of fabric." Current "beanie" hats have taken over in popularity. They are mostly machine made, with a seam at which a button looking like a little 'bean' was sewn on to making the beanie look! Once the prevalent blue collar hat, it now has universal popularity around the world.Whatever winter hat you choose, you can bet it'll be your best friend to keep you covered in the upcoming cold months!

Eating Out Taking a Bite out of your Budget

By Kendra Cook

How has the average cost of a hamburger in Colorado gone up to currently \$15 on average? Colorado Sun News reported that the pricing break down shows an increase in nearly every way since 2020 - Beef up 43% Bun up 40%, Cheese up 79% Lettuce up 85% along with labor up 54%, utilities up 55%, equipment and maintenance up 20%, and even plastic gloves up 37% (sourced from the Colorado Restaurant Foundation and Association). The overall cost of eating out at a restaurant in Colorado is up nearly 30%



since 2020 states the Bureau of Labor Statistics' Consumer Price Index. Restaurants owners and managers are working hard to provide a value experience while keeping the doors open, and it's not easy for patrons to swallow.

For Colorful Colorado, residents may be making some colorful remarks about eating out costs, and just cost of living in general. The Bureau of Economic Analysis data from 2021 showed a cost of living being \$53,374 per year, with groceries and food costs averaging \$342 per person per month, with full 2023 data not yet being available, that looks to be headed up as well.

Depending on which part of the state you reside in, the costs are anywhere from 4 to 14% higher than the national average as well.

So when next you dive in to a juicy burger, make it one from a family owned restaurant, to satisfy your appetite, and help keep small businesses going as we all face the future together. One bit at a time....

The Pinto Bean

Dove Creek, Colorado - "The Pinto Bean Capital of the World!"

December 2023

Foods for the Holidays

By Kendra Cook

Fully into the "holiday" season, people tend towards more gatherings with food being a central feature. As the daylight hours lessen and the temperatures plummet, eating a hearty meal is important to supply the calories to burn doing all the shoveling, hauling wood, and whatever else is demanded upon your body at this season.

Between the weather and the economy, budget, cozy and inexpensive foods are on a trend according to search engines and other resources. A favorite of mine already: the "French Onion Soup" craze, starts with the basic of carmelized onions in a savory broth, topped with a chunk of toasted bread and melted cheese. One new trend is french onion pasta - a twist on mac and cheese, or even using gnocchi as the base for a delicious combo of golden onions and cheese.

Though I enjoy a creamy brie (try a Camembert for a lighter taste while still sumptuous) - the baked variety never thrilled me, yet Baked Brie has made a come back from the 1970s rage, including cooked in a flaky puff pastry,

COMMUNITY / FOOD / COMMODITIES



Above are bacon and puff pastry Christmas tree party appetizers - put strips of bacon on a pastry dough, cut into slices, add savory seasoning to taste, skewer to form a tree and bake. Top with a nugget of cheese! Below is bourbon bacon brittle - find the recipe online for a unique tasty holiday treat!



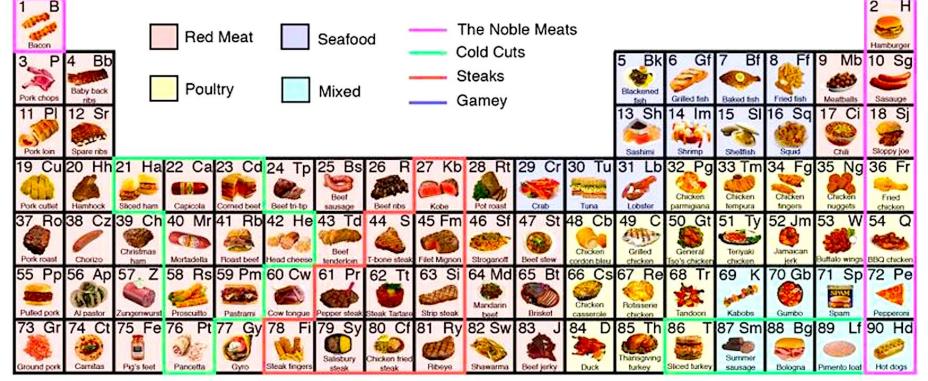
then topped with rosemary or garlic, or even some type of sweet topping: brûléed, with crispy prosciutto on top.

But my favorite delight (well any time of year truthfully) is Bacon. It's not just for breakfast! Adding a layer of bacon on top of a meat while cooking, adds the fat drippings with flavor, and seals in the juices. Or, make 'candy jerky' by baking bacon that's coated with brown sugar and red or black pepper flakes - or a new favorite, sprinkle the bacon with Tajin seasoning that adds salt/pepper and lime flavor and a dash of brown sugar, bake til crisp. These treats are delicious additions to a holiday Bloody Mary too! (wink wink) And apparently you can add bacon to

sweets as well - some crisp bits sprinkled into chocolate chip cookies with a touch of sea salt are a surprising delight. Or try bacon topped on your pecan crackle or brittle recipe for a unique twist on a holiday favorite.

Whatever you may cook and share and devour for the holidays this year, the Pinto Bean family wishes you and yours all the best. *"may you live as long as you want, and never want as long as you live" See you Next Year!*

The Periodic Table of Meat



Key Meat Facts:

-Bacon is the "meat of life." Without bacon, life on earth as we know it could not exist -Noble Meats are named as such because they rate the highest on the Glanburg "Yumminess Scale." Lowest-ranking meats include Pig's feet, Spam and Roadkill -Meats occur in two basic forms: boned and boneless -Basic chemical formulas: H₂B = Bacon Double Cheeseburger; ThReD = Turducken; HaRbT = Cold Cut Trio; HdQH = A Barbeque, FrCiB = Heart attack



Unknown Author

