

LITTLE RIVER CURRENTS



LITTLE RIVER BAND OF OTTAWA INDIANS

GAACHING ZIIBI DAAWAA ANISHINAABEK

TRIBAL NEWSLETTER

ZIISIBAAKADAKE GIIZIS | APRIL 2026

-Sugar Moon-

Spring Membership Meeting

Friday April 10, 2026

**Ogema Romanelli
Meet & Greet
6 - 8pm**

Little River Casino Resort
Odawa Room
Three Fires Conference Center

Saturday April 11, 2026

Membership Meeting

Little River Casino Resort
Event Center
Registration starts at 8A

Information Booths
Three Fires Conference
Rooms
9a - 12p



Meeting Agenda

EVENT CENTER

10:00a Flag Ceremony & Drum

10:15a Ogema Larry Romanelli

10:30a Little River Holdings

11:00a Ogema

11:30a Little River Casino Resort

12:00p Lunch

12:55p Quorum Call

1:00p Financial Report

1:30p Ogema Updates

Questions and Answers

Information Booths Close at 12pm

Event Center Luncheon at 12pm

Giveaways throughout the day

Sky Gonzalez
Communications Officer
SkyGonzalez@lrboi-nsn.gov



ELECTED OFFICIALS

Our newly elected officials were sworn in June 11, 2025

Ogema	District	Term	Phone	Email
Larry Romanelli	At Large	2023-2027	231-398-6824	ogema@lrboi-nsn.gov
Council	District	Term	Phone	Email
Tammy Burmeister	9 County	2023-2027	231-398-6833	tburmeister@lrboi-nsn.gov
Al Metzger	Outlying	2023-2027	231-398-6869	almetzger@lrboi-nsn.gov
Misty Silvis	9 County	2023-2027	231-398-6838	mistysilvis@lrboi-nsn.gov
Ron Wittenberg	Outlying	2023-2027	231-398-6828	ronaldwittenberg@lrboi-nsn.gov
Shannon Crampton (S)	Outlying	2025-2029	231-398-6885	shannoncrampton@lrboi-nsn.gov
Gary DiPiazza	9 County	2025-2029	231-398-6825	garydipiazza@lrboi-nsn.gov
Susan Thull (R)	Outlying	2025-2029	231-398-6820	susanthull@lrboi-nsn.gov
Connie Waitner	9 County	2025-2029	231-398-6836	cwaitner@lrboi-nsn.gov
Julie Wolfe	At Large	2025-2029	231-398-6834	juliewolfe@lrboi-nsn.gov

(S) = Tribal Council Speaker

(R) = Tribal Council Recorder

Election Board	District	Term	Phone	Email
Kathy Gibson	At Large	2023-2027	231-398-6709	electionboard@lrboi-nsn.gov
Shawna Gonzalez	At Large	2023-2027	231-398-6709	electionboard@lrboi-nsn.gov
Kristi Fowler	At Large	2025-2029	231-398-6709	electionboard@lrboi-nsn.gov
Jo Jo Green	At Large	2025-2029	231-398-6709	electionboard@lrboi-nsn.gov
Lee Ivinson	At Large	2025-2029	231-398-6709	electionboard@lrboi-nsn.gov

Chief Judge	District	Term
Angela Sherigan	At Large	2021-2027

Associate Judge	District	Term
Caroline LaPorte	At Large	2025-2031

Appellate Judge	District	Term
Bernadene Crampton	At Large	2021-2027
Melissa Pope	At Large	2021-2027
Bernie Darrow	At Large	2023-2029



Voting Districts

At Large means all registered voters shall have the opportunity to vote for the seat.

9 County means all registered voters who reside within the 9 County district shall have the opportunity to vote for the seat.

Outlying means all registered voters who reside outside of the 9 County district shall have the opportunity to vote for the seat.

TRIBAL COUNCIL MEETINGS



From left to right | Al Metzger, Connie Waitner, Susan Thull, Julie Wolfe, Shannon Crampton, Gary DiPiazza, Ron Wittenberg, Tammy Burmeister, and Misty Silvis

Meetings occur Wednesdays at 10am (eastern)

Tribal Council Meeting & Work Sessions

Tribal Council publishes to the website, a weekly calendar of upcoming work sessions. Tribal Council uses the same On-Line Zoom link for their meetings and work sessions. All citizens are encouraged to attend meetings and work sessions.

Attend a Tribal Council Meeting

In-Person: 2608 Government Center Drive, Manistee, MI 49660
in the lodge located on the 2nd floor.

On-Line: Zoom Web Link: <https://zoom.us/j/99705796129>
Zoom Call-In Number: 1-929-436-2866
Zoom Meeting ID: 997 0579 6129
Zoom Passcode: 1836

Etiquette for On-Line Attendance

Identify Yourself: When asked to do so, share your first and last name along with your tribal ID number.

Mute Your Device: When you join the meeting, please mute your device. Mute again after you've spoken.

Raise Your Hand: When you want to be placed in the queue to speak, use the Zoom control to virtually raise your hand.

Tribal Council Regular Meeting Schedule for 2026

Regular Meetings have been scheduled for the following Wednesdays at 10:00 AM EST.

All regular meetings shall be held at the Government Center Lodge and via Zoom and are open to members.

Department Reports & minutes of various entities of the Tribe will be accepted during the third meeting of the month.

April 01	July 01	October 07
April 08	July 08	October 14
April 15	July 15	October 21
April 29	July 22	October 28

May 06	August 05	November 04
May 13	August 12	November 11
May 20	August 19	November 18
May 27	August 26	November 25

June 03	September 02	December 02
June 10	September 09	December 09
June 17	September 16	December 16
June 24	September 23	

ELECTION BOARD MEETINGS



Election Board Open Meeting Schedule

Open Session Meeting Dates

March 19	May 21	August 20	October 15
April 16	June 18	Sept 17	November 19

Engage with the Election Board

All open meetings will begin at 7:15pm. If no one joins the meeting by 7:30 pm, the open session will adjourn and transition into a closed session. To partake in the open meetings, please ensure your questions are submitted by Tuesday of the week of the meeting you plan to attend (48 hours in advance of the meeting) to electionboard@lrboi-nsn.gov. This allows the Election Board ample time to prepare and address inquiries effectively.

Attend an Election Board Open Meeting

On-Line: Zoom Web Link: <https://zoom.us/j/99808338390>
Zoom Call-In Number: 1-929-436-2866
Zoom Meeting ID: 9998 0833 8390
Zoom Passcode: 743234

Etiquette for On-Line Attendance

Identify Yourself: When asked to do so, share your first and last name along with your tribal ID number.

Mute Your Device: When you join the meeting, please mute your device. Mute again after you've spoken.

Raise Your Hand: When you want to be placed in the queue to speak, use the Zoom control to virtually raise your hand.



ENSURE YOU ARE INCLUDED AS PART OF THE QUORUM

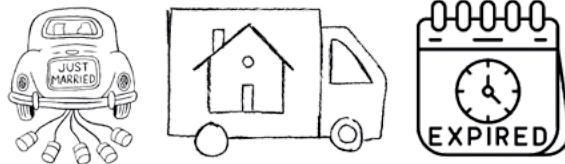
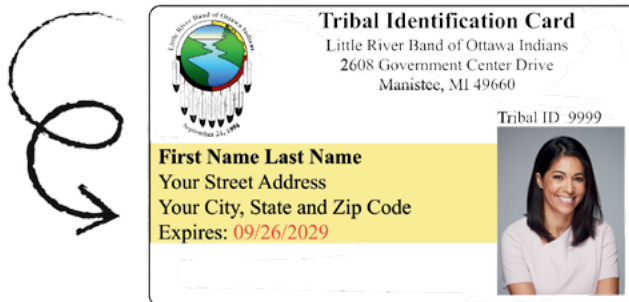
Doing so ensures you are able to vote on any potential Tribal business conducted at the membership meeting.

LRBOI Membership Meeting is April 11

If you are are not registered to vote **OR** if any of the information you provided on your voter registration form has changed (your name, your address, your tribal ID expiration date), you must submit an voter registration form by 5pm on Wednesday, April 8, 2026.

If your tribal ID is expired or will expire on or before April 11, 2026 update your tribal ID with the Enrollment Department **then** submit a voter registration form no later to 5pm on Wednesday, April 8, 2026.

ID CHANGES?



Get a voter registration form:

- By downloading it from the LRBOI website, under Election Board, then Forms
- Pick up one at the Manistee Government Center
- By request via email to electionboard@lrboi-nsn.gov
- By request via calling 1-888-723-8288 ext. 6709

2026 Calendar

Natural Resource Commission



April 13, 2026

May 11, 2026

June 08, 2026

June 13, 2026 (Bear and Elk Draw 12pm)

July 13, 2026

August 10, 2026

September 14, 2026

October 12, 2026

November 09, 202

December 14, 2026

Meetings Begin at 5:00 p.m.
Government Center or Zoom

SERVICE DEPARTMENT CONTACTS

Education

Yvonne Parsons

E: yparsons@lrboi-nsn.gov

O: 231-398-6735

Services:

Michigan Indian Tuition Waiver
Vocational Education Assistance
Higher Education Scholarship
College Book Stipend Program
Tutoring Assistance
Student Services School Clothing/Activities
Student Services Driver's Training Assist.
Class Ring Assistance
Senior Pictures Assistance
Cap, Gown & Announcement Assistance
12th Grade Computer Assistance



Enrollment

Dianne A Lonn

E: diannealonn@lrboi-nsn.gov

O: 231-398-6713

Services:

Enrollment Process
Tribal Identification (ID)
Judgment Funds
Address Changes
Tribal Directory Information
Bereavement Program
Per Capita Beneficiary Form
Notary Services
Per Capita Information Services
Direct Deposit Form
Tax withholding on Per Capita

Housing

Tara McCollum

E: lrboihousing@lrboi-nsn.gov

O: 231-398-6879

Services:

Low Income Rentals
Elder designated housing,
elder designated ADA housing,
family housing, family ADA housing
Fair market housing
Section 184 Indian Home Loan Assistance
Down Payment & Closing Cost Assistance



Family Services

E: familyservices@lrboi-nsn.gov

O: 231-398-6707 or 398-6651

Services:

Individual Self-Sufficiency Education
& Assistance
Family Self-Sufficiency Education
& Assistance
Indian Child Welfare Intervention
& Reunification Services
Elder Support Services
Family Violence Protection,
Education, Advocacy and Counseling
Trauma Based Counseling
Positive Indian Parenting Program

Food & Nutrition Center

Jamie Friedel

E: jamiefriedel@lrboi-nsn.gov

O: 231-655-1041

Services:

USDA Commodities Distribution – The Food Distribution Program on Indian Reservations provides a variety of Commodity Foods to low-income households living on or near Indian reservations. Foods include fresh and canned vegetables, frozen meats, breakfast cereals, cheese, and butter. The FDPIR is an alternative to the Food Stamp Program.



LRBOI Service Department Contacts continued

Health Services



O: 231-723-8299

O: 231-398-6601

Pharmacy: 231-398-6853

Services:

Family Medicine
Foot and Ankle Clinic
Community Health Nurse
Diabetic Educator
Purchase & Referred Care (PRC)
Extended Health Assist. Program (EHAP)
Pharmacy
Fitness Center

Members Assistance

Gina Crotteau

E: ginacrotteau@lrboi-nsn.gov

O: 231-723-8288

Services:

Low Income Energy Assistance - LIHEAP
Food Assistance
Rental & Mortgage Assistance
Elder Meal Program
& Elder Chore Service
Emergency Transportation Assistance
Referral Assistance Service - help with finding assistance organization/agencies to assist with unmet needs.
Interdepartmental Referral Services - help to provide coordination and collaboration with tribal service departments.

Victim Services

E: victimservices@lrboi-nsn.gov

O: 231-398-6719

Web: www.victimservicesprogram.org

Services:

Advocacy and various other supportive services for victims and survivors of intimate partner domestic violence, sexual assault, dating violence, stalking, trafficking, and child sexual abuse.



Tax Department

Valerie Chandler

E: valeriechandler@lrboi-nsn.gov

O: 231-398-6874

Services:

Tax-exempt Motor Fuel Program
Tribal Certificates of Exemption for Resident Tribal Members
Tribal Certificates of Exemption for Tribal Entities
Tribal Tax Licenses
Commercial and Subsistence Fishers

Members Legal Assistance

Mary Witkop

E: marywitkop@lrboi-nsn.gov

O: 231-398-2234

Services:

Estate Planning, Trust Preparation & Wills
Probates of Estates
Durable Power of Attorney
Durable Power of Medical Attorney
Real Estate
Land-Lord Tenant Matters
Divorce, Custody and Support
Criminal and Civil Matters
Paternity & DNA Testing
Birth Certificates
Guardianships & Conservatorships
Driver's Licenses
General Legal Advice
The attorney cannot appear in court with a tribal member or assist with issues that involve the Tribe. Attorney can assist with providing legal advice and drafting of documents.

LRBOI Service Department Contacts continued

Manistee

Government Center

Little River Band of Ottawa Indians
2608 Government Center Drive
Manistee, MI 49660
Main: 231-723-8288 / 888-723-8288

Little River Health Service Center

2608 Government Center Drive
Manistee, MI 49660
Main: 231-723-8299 / 888-382-8299
Office: 231-398-6601
Pharmacy: 231-398-6853

Food & Nutrition Center

2690 Dontz Rd
Manistee, MI 49660
Main: 231-723-8288 / 888-723-8288
Office: 231-398-6716 / 231-655-1041

Housing Department

2953 Shaw Be Quo-Ung
Manistee, MI 49660
Main: 231-723-8288 / 888-723-8288
Office: 231-398-6875 / 231-398-6879

Aki Maadiziwin Community Center

2953 Shaw Be Quo-Ung
Manistee, MI 49660
Main: 231-723-8288 / 888-723-8288
Office: 231-723-8288 / 888-723-8288

Justice Center

3031 Domres Road
Manistee, MI 49660
Main: 231-723-8288 / 888-723-8288

Natural Resources

310 Ninth St
Manistee, MI 49660
Main: 231-723-8288 / 888-723-8288
Office: 231-723-1594 / 866-723-1594

Victim Services

2840 Orchard Hwy., Suite D
Manistee, MI 49660
Main: 231-723-8288 / 888-723-8288
Office: 231-398-6719

Muskegon

Tribal Office

Little River Band of Ottawa Indians
1101 West Hackley
Muskegon, MI 49441
Main: 231-723-8288 / 888-723-8288

Little River Health Service Center

4905 S. Harvey St.
Norton Shore, MI 49441
Main: 231-723-8299 / 888-382-8299
Office: 231-398-6601
Pharmacy: 231-398-6853
Services include Family Medicine,
Pharmacy and Radiology.

Little River Health Center of Ellis

1478 E. Ellis Rd
Muskegon, MI 49444
Main: 231-723-8299 / 888-382-8299
Office: 231-398-6601
Pharmacy: 231-398-6853
Services include Behavioral Health,
PRC Dept., Admin Center, Dictation
Center, Laboratory Facility, and Foot
& Ankle Clinic.

Victim Services

1101 W. Hackley Avenue
Muskegon, MI 49441
Main: 231-723-8288 / 888-723-8288
Office: 231-398-6719

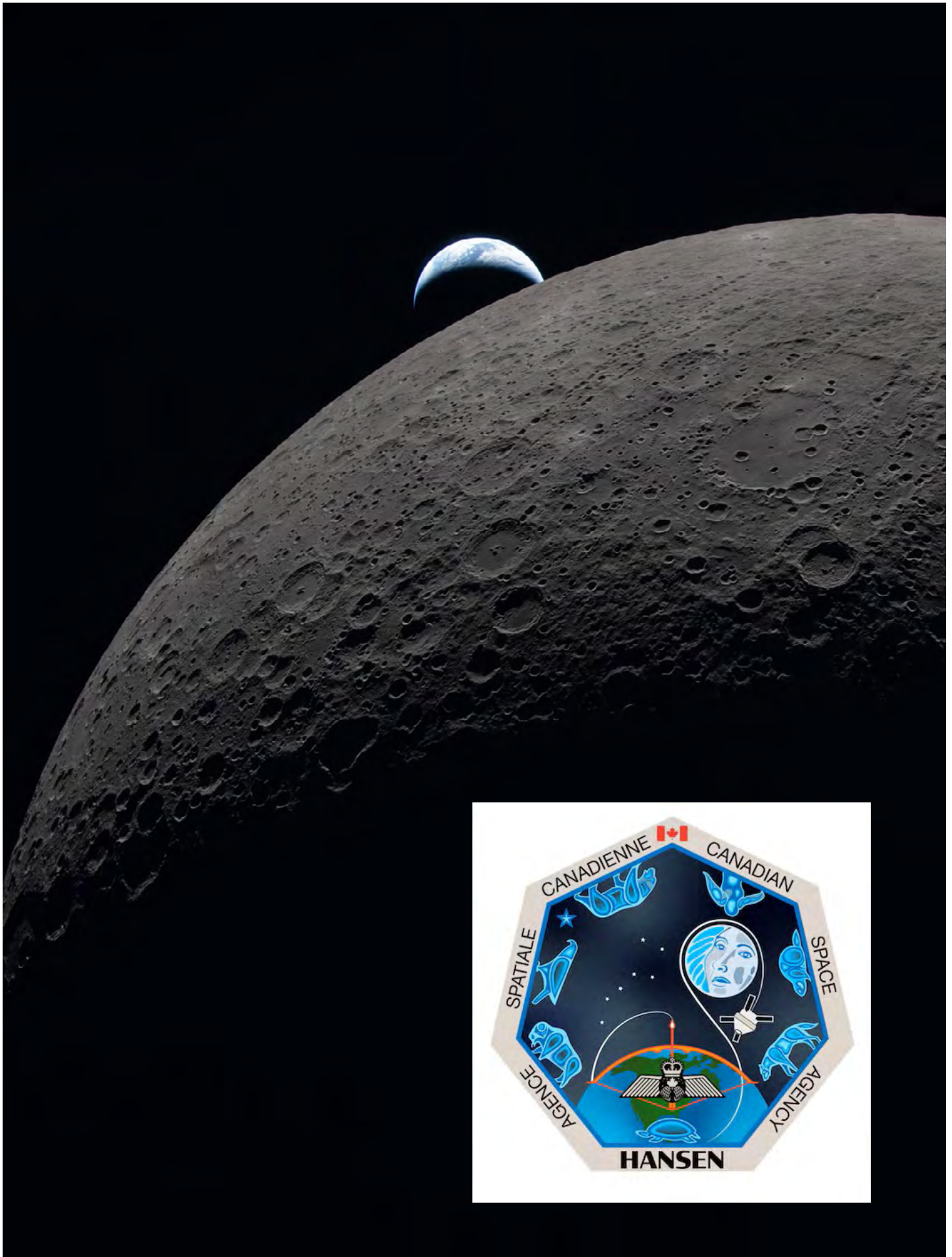


Indigenous Knowledge Reaches the Stars on Artemis II Mission

An Anishinaabe-designed patch created by Henry Guimond from Sagkeeng First Nation in Manitoba is set to travel into deep space aboard the upcoming Artemis II mission, marking a meaningful blend of Indigenous culture and modern space exploration. The patch will be worn by Jeremy Hansen, who is preparing to become the first Canadian to orbit the Moon as part of a 10-day mission aboard NASA's Orion spacecraft.



Designed with guidance from Indigenous teachings, the seven-sided patch features seven blue animals representing the Anishinaabe Seven Sacred Laws—respect, love, courage, honesty, wisdom, humility, and truth—symbolized respectively by the buffalo, eagle, bear, sasquatch, beaver, wolf, and turtle. The heptagonal shape reflects the Orion spacecraft, while a bow and arrow, referencing Artemis, the Greek goddess of the hunt, illustrates a journey from Earth to the Moon. Hansen requested the design after participating in a vision quest in 2023, and both he and Guimond have expressed how meaningful it is to carry these teachings into space. For Guimond, the experience is deeply personal, describing it as if a part of him is traveling with the crew on this historic journey.



The Gathering Table

April 2026



Little River Band of Ottawa Indians
Food & Nutrition Center

Food of the Month:

Dried Egg Mix

Eggs are a healthy food and part of the protein group. Protein helps build bones, muscles, skin, and blood. Eating different protein foods gives the body many nutrients. Did you know that the dried egg mix was first made for the military in the 1930s!? Egg mix is a great replacement for shell eggs, especially if refrigerator space is limited. Two tablespoons of egg mix mixed with $\frac{1}{4}$ cup water equals one large egg. A full package equals six eggs. Dried egg mix works well in omelets, cakes, muffins, cookies, and casseroles.



Food Safety Tip:

Storage

Shell eggs are perishable and can carry *Salmonella*, which can cause foodborne illness. Symptoms of salmonellosis include cramps, diarrhea, fever, chills, and vomiting. Most store-bought eggs are washed, but farm eggs may not be. Keep shell eggs refrigerated and cook egg dishes until they reach 145° F. Store unopened dry egg mix in a cool, dry place but opened egg mix packages should be refrigerated.



Movement of the Month:

Stretching

Flexibility exercises help muscles move easier and may reduce joint pain. Stretching works best when muscles are warm, like after a short walk. Try shoulder rolls, toe touches, or a chest stretch. Hold each stretch for 10 - 30 seconds and repeat 3 - 5 times. Give stretching a try today!



Easy Breakfast Burrito

Serves: 6 - 8

Recipe from Spirit Lake Nation via First Nations Development Institute

Ingredients:*

- 1 cup **dried egg mix**
- 2 Tablespoons **dry milk**
- ½ teaspoon salt
- 1 ½ cup water
- 1 Tablespoon **cooking oil**
- **Whole wheat tortillas**
- Shredded **cheese**
- Toppings: chopped **bell peppers**, cooked sausage, bacon or **ham**, sautéed mushrooms, **onions**, **tomatoes**, salsa, etc.

*Items in **bold** can be found at food distribution. Please note that some vegetables are only seasonally available.

Directions:

1. Wash hands with soap and warm water. Clean cooking area.
2. Place dried egg mix, dry milk, salt, and water in a bowl. Beat mixture for 3 minutes or until completely dissolved and frothy.
3. Add cooking oil to a large skillet. Over medium-low heat, heat oil. Add the egg mixture to the hot oil.
4. Cook eggs using medium low heat, stirring continuously until dry and crumbly.
5. Warm tortillas in microwave for 20 - 30 seconds or until warm and flexible.
6. To the warmed tortilla, add ⅓ - ½ cup scrambled eggs, ⅓ - ½ cup other toppings, and sprinkle with cheese.
7. Roll burrito-style.
8. Heat for another 20 - 30 seconds in the microwave until heated through. Serve warm.

UPCOMING CLOSURES

April

- April 29th: CLOSED for inventory
- April 30th: CLOSED for inventory

May

- May 25th: CLOSED for Holiday
- May 28th: CLOSED for inventory
- May 29th: CLOSED for inventory

UPCOMING EVENTS

- April 9th, 10:30 AM - 11:30 AM: Less Is More...Delicious! class (Muskegon - Ellis)
- April 17th, 12 PM - 1 PM: Monthly Client Lunch (Manistee)
- April 21st, 1 PM - 2:30 PM: Eat the Rainbow: simple ways to eat more fruits & veggies class (Manistee)
- May 14th, 10:30 AM - 11:30 AM: Eat the Rainbow: simple ways to eat more fruits & veggies class (Muskegon - Ellis)
- May 15th, 12 PM - 1 PM: Monthly Client Lunch (Manistee)
- May 28th, 5 PM - 7 PM: Starting Your Food Garden class (Manistee)

References:

Office of Disease Prevention and Health Promotion. "Physical Activity Guidelines for Americans." U.S. Department of Health and Human Services, Sept. 2019.

U.S. Department of Agriculture. Egg Mix, Dried. Sept. 2020. <https://fns-prod.azureedge.us/sites/default/files/resource-files/Hominy-Canned.pdf>.

"Egg Products and Food Safety | Food Safety and Inspection Service." Usda.gov, 20 Nov. 2024, www.fsis.usda.gov/food-safety/safe-food-handling-and-preparation/eggs/egg-products-and-food-safety.

Eggs in fridge image by Microsoft CoPilot
Scrambled eggs image by PhotoEnduro via Pixabay.com
Stretching image by Mikhail Nilov via Pexels.com

The Food Distribution Program on Indian Reservations is funded by the USDA. USDA is an equal opportunity provider, employer, and lender.

This information is for educational purposes only. Reference to commercial products or trade names does not imply endorsement by Little River Band of Ottawa Indians or USDA or bias against those not mentioned.



Questions?
Contact Caitlin at
231-655-9579
caitlinlorenz@lrboi-nsn.gov

Education Department

45 College Fly-In and Diversity Programs: A Complete List

[Link to collegevine](#)

What's Covered:

- [What Is a College Fly-In Program?](#)
- [Fly-In Programs: A Complete List](#)
- [Preparing for and Making the Most of Fly-In Programs](#)
- [What Are My Chances of Acceptance?](#)

Campus visits are a great way to learn about a college's culture and determine whether it's the right fit for you. Unfortunately, not every student can afford to visit every college on their list. If you're unable to visit colleges for any reason, you should thoroughly review them online. However, for high-achieving, underrepresented students, there is an alternative. Some colleges offer high school seniors fly-in or multicultural programs that are geared toward students from low-income, first-generation, or diverse backgrounds.





What Is a College Fly-In Program?

College fly-in programs are highly competitive college visitation programs for underrepresented students. Institutions fly students in to stay on their campuses for two or three days, allowing students—who might not otherwise have a chance to visit—to get a feel for the college and campus. In most cases, the college covers costs, including transportation and room and board, or offers to reimburse students for some of their expenses associated with their visit.

Most colleges limit these programs to admitted students, but some offer the opportunity to prospective students—for example, the [Columbia Engineering Experience](#) and the Penn Early Exploration Program ([PEEP](#)). Keep in mind that these programs are very competitive. To apply, you usually need to submit an application, essay, letter of recommendation, transcript with junior-year grades, and ACT/SAT scores.

For a list of colleges which offer Fly-In Programs, please go to [45 College Fly-In and Diversity Programs: A Complete List | CollegeVine Blog](#)

<https://blog.collegevine.com/college-fly-in-and-diversity-programs-a-complete-list>

FAMILY SPIRIT PROGRAM PRESENTS

YOUTH FAN CLASS



In Muskegon: TBA 5-7pm
Little River Health Center of Ellis
1478 E Ellis Rd

In Manistee: April 8th, 5-7p.m.
Aki Maadiziwin Community Center,
2953 Shaw Be Quoung

Text Holly at (231) 655-9391 to register
Limited to the first 5 registrants

Please bring a snack to share



Less Is More...Delicious!

LEARN HOW TO LOWER SALT, SUGAR,
AND FAT IN YOUR MEALS.

**Thursday, April 9th
10:30 AM - 11:30 AM**

**Ellis Building (behind the clinic)
1478 E. Ellis Rd.,
Muskegon, MI**



Call or email Caitlin to sign-up:
caitlinlorenc@lrboi-nsn.gov 231-655-9579



Family Spirit Program
Invites you to the annual

Baby Celebration

As We Honor



*LRBOI Tribal Member and
Descendant Children (born in 2025)*

& Parents/caretakers

**Saturday April 11th
After the Membership Meeting
2-4 pm**

Location: Aki Community Center, 2953 Shaw Be
Quo-Ung, Manistee MI, 49660



**Text Holly at (231)655-9391 to
register. Please include name of
those attending, child diaper size,
clothing size and any food allergies**



Gloves,
Grabbers,
and Garbage
bags will be
provided



World **EARTH DAY**

Wednesday, April 22, 2026

**LET'S SUPPORT
ENVIRONMENTAL EFFORTS TO
PROTECT MOTHER EARTH**

**4pm-5pm: Aki community cleanup
meet at the Aki pavilion
first 25 participants will receive a free gift**

For more information contact Krystal at 231-398-6878





Milkweed Planting

On May 22, you're invited to join the Little River Band of Ottawa Indians Wildlife Division in planting milkweed plugs at Aki Maadiziwin to benefit pollinators such as monarch butterflies!



Where: the North end of N Kaw-Gay-Gaw-Bowe, near the maintenance building

When: 2:00 PM, Friday, May 22, 2026

Email naturalresources@lrboi-nsn.gov with any questions



Access to our Culture IS Prevention Against Substance Use and Abuse

Why Prevention

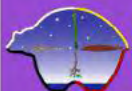
It can reduce negative health outcomes like alcohol/drug addiction and related physical/mental health issues, while also improving educational and long-term quality of life.

Why does Cultural Access Matter

It builds trust, promotes stronger community engagement, and enables the creation of more effective tailored programs. Prevention is not a “one-size-fits-all” approach, it must carry our peoples’ values, beliefs, and lived experiences.

How to Make a Difference

Your knowledge and lived experience is at the heart of effective Prevention programming. Please reach out; email your stories or interest in sharing your cultural knowledge to help shape the future of LRBOI/Be-Da-Bin Behavioral Health’s Prevention Program.



BE-DA-BIN BEHAVIORAL HEALTH

2608 Government Center Dr. Manistee,
MI.

☎ 231-655-3651

✉ autumnjmoore@lrboi-nsn.gov

🌐 www.lrboi-nsn.gov

Kequom's Crafts

Native Made

- Turtle bags
- Chokers
- Dream catchers
- Medicine bags
- Beaded earrings
- Feather earrings
- Bracelets
- Beaded necklaces

Email Steve at
terriebrodock@yahoo.com





TACTICAL TREATS

**USCCA Accredited
CPL Instruction**

Weekly Classes

1. Basic Hand Gun knowledge & Cleaning

This class will show the student the differences in Hand Gun calibers, their uses & effectiveness. There will be no live ammunition in class! (snap caps only) Basic mechanics of how most hand guns function.

We will also be covering types of Holsters, Hand Gun cleaning & effective Storage,

2. Dry Fire Laser Training

This class will help improve Handgun accuracy & Trigger control using Snap caps, Striker caps & Lasers in conjunction with an elite shooting performance system designed to increase consistency by recording shot by shot analysis. The student will see in real time their subtle hand movements & learn " Proper Grip" "Avoiding Recoil Anticipation" "Trigger Press Movement" "Follow Through" Just to name a few.

3. CPL Certification Class

Successful completion of this class will allow you to apply for a Concealed Carry Permit (CCW). See MI state laws.

4. CPL RENEWAL Certification Class

Successful completion of this 4 hr. class will allow you to re-apply for a Concealed Carry Permit (CCW). See MI state laws.

**TO SIGN UP FOR A CLASS GO TO: [USCCATRaining.COM](https://usccatraining.com)
OR CHECK OUT MY WEBSITE [TACTICALTREATS.COM](https://tacticaltreats.com)
OR FEEL FREE TO GIVE ME A CALL, (231)220-5207**



Harper Lou's Bowtique

When in doubt put a bow on it



Aanii, My name is Sara Crampton and I am a LRBOI tribal member. I'm a stay at home Mother to three beautiful children and recently I've turned a hobby of mine into a small business. I started making hair bows for my Daughter because I wanted her to have bows that matched every single outfit, sport, or event she did. We got so many compliments everywhere we went that I decided to start making them for everyone to enjoy. I use vegan leather and love to make polymer clay accessories to make my bows unique. I strive to take custom orders and to make sure you have a bow for every outfit and occasion. We can be found on Facebook and Instagram at Harper Lou's Bowtique and reached at ThatBowThough23@gmail.com for any inquiries.





FAMILY OWNED  AUTO REPAIR

Gremore Garage is a family owned and operated business that offers a small town feel. Both Dylan and wife Tianna are committed to providing the highest quality of automotive services.

Owner and lead mechanic Dylan Gremore is master certified, and ASE certified with over a decade in the trade. He started his career here in Manistee and is excited to be back and service the fine people of this community once again.

Stop by or give us a call to schedule your vehicle for an inspection.

We are located at 1200 28th St. Manistee, across the street from the Filer Credit Union on the south side of town.

Present your Tribal ID and receive 10% off on parts.

For more information, please visit <https://www.gremoregarage.com>

Brakes <

Suspension <

Steering <

A/C Repair <

General Maintenance <

Suspension <

**BOOK NOW
231-299-1355**

Online Shopping

Authentic
Native
American Made

- Beaded Earrings
- Dream Catchers
- Smudge wands
and more

Anishinaabe
Homestead
Victoria Wells
Owner/Artist
P. 231-655-1773



photo by Canva

Please visit me online at
[etsy.com/shop.AnishinaabeHomestead](https://etsy.com/shop/AnishinaabeHomestead)

