

LITTLE RIVER CURRENTS



LITTLE RIVER BAND OF OTTAWA INDIANS

GAACHING ZIIBI DAAWAA ANISHINAABEK

TRIBAL NEWSLETTER

NAABIDIN GIIZIS | MARCH 2025

-Snow Crust Moon-

Joint Statement from the Executive and Legislative Branch

February 4, 2025

To: Tribal Members and Employees

Subject: Joint Statement from the Executive and Legislative Branch Regarding the Current Actions of the Federal Government

Dear Tribal Members and Employees,

We write to you today to address the recent actions of the federal government and the subsequent confusion and stress that has spread throughout Indian Country. On January 27, 2025, the federal government's Office of Management and Budget's (OMB) issued memorandum M-25-13. This memorandum mandated that all federal agencies pause the disbursement of federal funds under all open awards, to the extent permissible by law. On January 29, 2025, the Trump administration rescinded most of the memo for now.

While the flow of federal funds is not currently paused, we understand that this development may cause concern and uncertainty regarding the potential impact on our community's programs and services. We are actively monitoring the situation and are in communication with relevant federal agencies. Our focus is on working with federal agencies to remind them of the government's trust responsibilities to tribes and its duty to uphold treaty obligations to tribes.

Please rest assured that the leadership of both the Executive and Legislative Branches is committed to advocating for the interests of our Tribal Nation. Our Tribe has experience in navigating through uncertain times. We will continue to provide you with updates as soon as more information becomes available.

We appreciate your patience and understanding during this period of uncertainty.

Thank you for your attention to this important matter.

Sincerely,

Larry Romanelli
Ogema

Tammy Burmeister
Speaker of Tribal Council

Joanne Green
Press Secretary

JoanneGreen@lrboi-nsn.gov

Sky Gonzalez
Communications Officer
SkyGonzalez@lrboi-nsn.gov

Cover Art By
Sky Gonzalez



Elected Officials

Ogema	District	Term	Phone	Email
Larry Romanelli	At Large	2023-2027	231-398-6824	ogema@lrboi-nsn.gov
Council	District	Term	Phone	Email
Tammy Burmeister (S)	9 County	2023-2027	231-398-6833	tburmeister@lrboi-nsn.gov
Al Metzger	Outlying	2023-2027	231-398-6869	almetzger@lrboi-nsn.gov
Misty Silvis	9 County	2023-2027	231-398-6838	mistysilvis@lrboi-nsn.gov
Ron Wittenberg	Outlying	2023-2027	231-398-6828	ronwittenberg@lrboi-nsn.gov
Gary DiPiazza	9 County	2021-2025	231-398-6825	garydipiazza@lrboi-nsn.gov
Pam Johnson (R)	Outlying	2021-2025	231-398-6836	pamjohnson@lrboi-nsn.gov
Shirley Wever	9 County	2021-2025	231-398-6802	shirleywever@lrboi-nsn.gov
Shannon Crampton*	Outlying	2021-2025	231-398-6885	shannoncrampton@lrboi-nsn.gov
Julie Wolfe	At Large	2021-2025	231-398-6834	juliewolfe@lrboi-nsn.gov
Election Board	District	Term	Phone	Email
Laura Echelbarger	At Large	2023-2027	231-398-6709	electionboard@lrboi-nsn.gov
Kathy Gibson	At Large	2023-2027	231-398-6709	electionboard@lrboi-nsn.gov
Shawna Gonzalez	At Large	2021-2025	231-398-6709	electionboard@lrboi-nsn.gov
Lee Ivinson*	At Large	2021-2025	231-398-6709	electionboard@lrboi-nsn.gov
Janine Sam*	At Large	2021-2025	231-398-6709	electionboard@lrboi-nsn.gov
Chief Judge	District	Term		
Angela Sherigan	At Large	2021-2027		
Associate Judge	District	Term		
Caroline LaPorte**	At Large	2019-2025		
Appellate Judge	District	Term		
Bernie Darrow	At Large	2023-2029		
Melissa Pope	At Large	2021-2027		
Bernadene Crampton	At Large	2021-2027		

YOUR
Vote
COUNTS

Voting Districts

At Large means all registered voters shall have the opportunity to vote for the seat.

9 County means all registered voters who reside within the 9 County district shall have the opportunity to vote for the seat.

Outlying means all registered voters who reside outside of the 9 County district shall have the opportunity to vote for the seat.

*Finishing term that started in 2021

**Finishing term that started in 2019

SERVICE DEPARTMENT CONTACTS

Education

Yvonne Parsons

E: yparsons@lrboi-nsn.gov

O: 231-398-6735

Services:

Michigan Indian Tuition Waiver
Vocational Education Assistance
Higher Education Scholarship
College Book Stipend Program
Tutoring Assistance
Student Services School Clothing/Activities
Student Services Driver's Training Assist.
Class Ring Assistance
Senior Pictures Assistance
Cap, Gown & Announcement Assistance
12th Grade Computer Assistance



Enrollment

Dianne A Lonn

E: diannealonn@lrboi-nsn.gov

O: 231-398-6713

Services:

Enrollment Process
Tribal Identification (ID)
Judgment Funds
Address Changes
Tribal Directory Information
Bereavement Program
Per Capita Beneficiary Form
Notary Services
Per Capita Information Services
Direct Deposit Form
Tax withholding on Per Capita

Housing

Tara Bailey

E: lrboihousing@lrboi-nsn.gov

O: 231-398-6879

Services:

Low Income Rentals - Elder designated housing, elder designated ADA housing, family housing, family ADA housing
Fair market housing
Section 184 Indian Home Loan Assistance
Down Payment & Closing Cost Assistance



Family Services

E: familyservices@lrboi-nsn.gov

O: 231-398-6707 or 398-6651

Services:

Individual Self-Sufficiency Education & Assistance
Family Self-Sufficiency Education & Assistance
Indian Child Welfare Intervention & Reunification Services
Elder Support Services
Family Violence Protection, Education, Advocacy and Counseling
Trauma Based Counseling
Positive Indian Parenting Program

Food & Nutrition Center

Jamie Friedel

E: jamiefriedel@lrboi-nsn.gov

O: 231-655-1041

Services:

USDA Commodities Distribution – The Food Distribution Program on Indian Reservations provides a variety of Commodity Foods to low-income households living on or near Indian reservations. Foods include fresh and canned vegetables, frozen meats, breakfast cereals, cheese, and butter. The FDPIR is an alternative to the Food Stamp Program.



Health Services



O: 231-723-8299

O: 231-398-6601

Pharmacy: 231-398-6853

Services:

Family Medicine
Foot and Ankle Clinic
Community Health Nurse
Diabetic Educator
Purchase & Referred Care (PRC)
Extended Health Assist. Program (EHAP)
Pharmacy
Fitness Center



Members Assistance

Jessica Steinberg

E: jessicasteinberg@lrboi-nsn.gov

O: 231-398-6739

Services:

Low Income Energy Assistance - LIHEAP
Food Assistance
Rental & Mortgage Assistance
Elder Meal Program
& Elder Chore Service
Emergency Transportation Assistance
Referral Assistance Service - help with finding assistance organization/agencies to assist with unmet needs.
Interdepartmental Referral Services - help to provide coordination and collaboration with tribal service departments.



Victim Services

E: victimservices@lrboi-nsn.gov

O: 231-398-6719

Web: www.victimservicesprogram.org

Services:

Advocacy and various other supportive services for victims and survivors of intimate partner domestic violence, sexual assault, dating violence, stalking, trafficking, and child sexual abuse.

Tax Department

Valerie Chandler

E: valeriechandler@lrboi-nsn.gov

O: 231-398-6874

Services:

Tax-exempt Motor Fuel Program
Tribal Certificates of Exemption for Resident Tribal Members
Tribal Certificates of Exemption for Tribal Entities
Tribal Tax Licenses
Tribal Business Licenses
Commercial and Subsistence Fishers

Members Legal Assistance

Mary Witkop

E: marywitkop@lrboi-nsn.gov

O: 231-398-2234

Services:

Estate Planning, Trust Preparation & Wills
Probates of Estates
Durable Power of Attorney
Durable Power of Medical Attorney
Real Estate
Land-Lord Tenant Matters
Divorce, Custody and Support
Criminal and Civil Matters
Paternity & DNA Testing
Birth Certificates
Guardianships & Conservatorships
Driver's Licenses
General Legal Advice

The attorney cannot appear in court with a tribal member or assist with issues that involve the Tribe. Attorney can assist with providing legal advice and drafting of documents.

LRBOI Service Department Contacts continued

Manistee

Government Center

Little River Band of Ottawa Indians
2608 Government Center Drive
Manistee, MI 49660
Main: 231-723-8288 / 888-723-8288

Little River Health Service Center

2608 Government Center Drive
Manistee, MI 49660
Main: 231-723-8299 / 888-382-8299
Office: 231-398-6601
Pharmacy: 231-398-3853

Food & Nutrition Center

2690 Dontz Rd
Manistee, MI 49660
Main: 231-723-8288 / 888-723-8288
Office: 231-398-6716 / 231-655-1041

Housing Department

2953 Shaw Be Quo-Ung
Manistee, MI 49660
Main: 231-723-8288 / 888-723-8288
Office: 231-398-6875 / 231-398-6879

Aki Maadiziwin Community Center

2953 Shaw Be Quo-Ung
Manistee, MI 49660
Main: 231-723-8288 / 888-723-8288
Office: 231-723-8288 / 888-723-8288

Justice Center

3031 Domres Road
Manistee, MI 49660
Main: 231-723-8288 / 888-723-8288

Natural Resources

310 Ninth St
Manistee, MI 49660
Main: 231-723-8288 / 888-723-8288
Office: 231-723-1594 / 866-723-1594

Victim Services

2840 Orchard Hwy., Suite D
Manistee, MI 49660
Main: 231-723-8288 / 888-723-8288
Office: 231-398-6719

Muskegon

Tribal Office

Little River Band of Ottawa Indians
1101 West Hackley
Muskegon, MI 49441
Main: 231-723-8288 / 888-723-8288

Little River Health Service Center

4905 S. Harvey St.
Norton Shore, MI 49441
Main: 231-723-8299 / 888-382-8299
Office: 231-398-6601
Pharmacy: 231-398-3853
Services include Family Medicine,
Pharmacy and Radiology.

Little River Health Center of Ellis

1478 E. Ellis Rd
Muskegon, MI 49444
Main: 231-723-8299 / 888-382-8299
Office: 231-398-6601
Pharmacy: 231-398-3853
Services include Behavioral Health,
PRC Dept., Admin Center, Dictation
Center, Laboratory Facility, and Foot
& Ankle Clinic.

Victim Services

1101 W. Hackley Avenue
Muskegon, MI 49441
Main: 231-723-8288 / 888-723-8288
Office: 231-398-6719



LRBOI 2025 Holiday Closures

We want to keep you informed about upcoming holidays and office closures for LRBOI government offices in 2025. Below, you'll find the full list of observed holidays and closure dates.

A few things to note:

- Holidays falling on a Saturday will be observed on the preceding Friday, while those on a Sunday will be observed on the following Monday.
- Occasionally, our Ogema may declare additional holidays or closures. When that happens, we'll do our best to share updates on our website, government Facebook page and in the Currents newsletter.

Observed Holidays in 2025

New Year's Day

When: Wednesday, January 1

Observed: Wednesday, January 1

LRBOI Treaty Recognition Day

When: Friday, March 28

Observed: Friday, March 28

Memorial Day

When: Monday, May 26

Observed: Monday, May 26

Independence Day

When: Friday, July 4

Observed: Friday, July 4

Labor Day

When: Monday, September 1

Observed: Monday, September 1

LRBOI Reaffirmation Day

When: Sunday, September 21

Observed: Monday, September 22

Veteran's Day

When: November 11.

Observed: Tuesday, November 11

Thanksgiving

When: 4th Thursday in November.

Observed: Thursday, November 27

Extended Thanksgiving

When: Friday after Thanksgiving.

Observed: Friday, November 28

Christmas Eve Day

When: December 24.

Observed: Wednesday, December 24

Half day closure. Closed Noon-5pm

Christmas Day

When: December 25.

Observed: Thursday, December 25



UPCOMING EVENTS

Obtain more information and a comprehensive list of events and meetings are available on the LRBOI Calendar of Events. The Calendar of Events is on the main page of our website at <https://lrboi-nsn.gov> under the News section. It is also accessible from the Citizen Communication page under Legislative.

If you have not already done so, please create a new account on our new website to access private content. Some content is available only to registered users of the site including some news and events. Our new website launched August 2024.

March

- Mar 1 - Elder's Meeting
- Mar 2 - Ribbon Skirt Workshop
- Mar 3 - Health Commission Meeting
- Mar 3 - Citizen Advisory Board Meeting for the Little River Holdings (EDC)
- Mar 5 - Cooking Matters: Cooking Classes [Muskegon]
- Mar 6 - Housing Commission Meeting
- Mar 8 - Ribbon Skirt Workshop
- Mar 10 - Natural Resources Commission Meeting
- Mar 15 - Polar Plunge
- Mar 19 - Cooking Matters: Cooking Classes [Muskegon]
- Mar 20 - Election Board Open Meeting
- Mar 22 - Round Dance
- Mar 26 - Cooking Matters: Cooking Classes [Muskegon]

April

- Apr 2 - Cooking Matters: Cooking Classes [Muskegon]
- Apr 3 - Housing Commission Meeting
- Apr 5 - Baby Shower (Tribal Children Born in 2024)
- Apr 7 - Health Commission Meeting
- Apr 9 - Cooking Matters: Cooking Classes [Muskegon]
- Apr 12 - Elder's Meeting
- Apr 14 - Natural Resources Commission Meeting
- Apr 26 - Regular Election
- Apr 26 - Cradleboard Workshop

May

- May 3 - Elder's Meeting
- May 5 - March for MMIP
- May 5 - Citizen Advisory Board Meeting for the Little River Holdings (EDC)
- May 17 - Tightlines for Troops

COOKING
WITH
Love



TRIBAL COUNCIL MEETINGS



Meetings occur Wednesdays at 10am (eastern) on the following dates.

March 5	April 2	May 7	June 4	July 9	August 6	September 10
March 12	April 9	May 14	June 11	July 16	August 13	September 17
March 19	April 16	May 21	June 18	July 23	August 20	September 24
March 26	April 23	May 28	June 25		August 27	

Tribal Council Meeting & Work Sessions

Tribal Council publishes to the website, a weekly calendar of upcoming work sessions. Tribal Council uses the same On-Line Zoom link for their meetings and work sessions. All citizens are encouraged to attend meetings and work sessions.

Attend a Tribal Council Meeting

In-Person: 2608 Government Center Drive, Manistee, MI 49660
in the lodge located on the 2nd floor.

On-Line: Zoom Web Link: <https://zoom.us/j/99705796129>
Zoom Call-In Number: 1-929-436-2866
Zoom Meeting ID: 997 0579 6129
Zoom Passcode: 1836

Etiquette for On-Line Attendance

Identify Yourself: When asked to do so, share your first and last name along with your tribal ID number.

Mute Your Device: When you join the meeting, please mute your device. Mute again after you've spoken.

Raise Your Hand: When you want to be placed in the queue to speak, use the Zoom control to virtually raise your hand.

Council Work Session Attendance from 02/10/2025 to 02/16/2025

Work Session	Tammy Burneister	Shannon Crampton	Gary DiPiazza	Pam Johnson	Al Metzger	Misty Silvis	Shirley Weaver	Ron Wittenberg	Julie Wolfe
Agenda Review	P	Z	P	P	T	Z	Z	A	Z
July-Sept 2024 Internal Audit Summaries	P	Z	P	P	T	Z	A	Z	Z
Bear Eagle Fishery Foundation Grant Proposal	P	Z	P	P	T	Z	A	Z	Z
Commissions/Committess - Getting Updates	P	Z	P	P	T	Z	Z	Z	Z
Addendum to Memorandum of Cooperative Agreement SOR4	P	Z	A	P	T	Z	A	A	Z
State of Colorado Income Tax Withholding	P	Z	A	P	T	Z	A	A	Z
Supplemental Payment 2022 Covid-19 Pandemic Assistance Program	P	Z	A	P	T	Z	P	Z	Z
LRH Agreement LLC Ordinance	P	Z	A	P	T	Z	P	Z	Z
Oct-Dec 2024 Internal Audit Summaries	P	Z	P	P	T	Z	Z	Z	Z
Revised Gaming Commission Regulation Chp 6 Gaming Vendor License	P	Z	P	P	T	Z	A	Z	Z
Election Ordinance - Canceled	C	C	C	C	C	C	C	C	C
2025 Jiingtamok Planning	P	Z	Z	P	T	Z	Z	A	P
Enrollment Department Compliance	P	Z	Z	P	T	Z	Z	A	Z
Election Board Issues	P	Z	Z	P	T	Z	Z	A	A

P = Attended in Person | Z = Attended via Zoom | C = Work Session Canceled

A = Absent | B = Bereavement | T = Business Travel | V = Vacation

ELECTION BOARD MEETINGS



Election Board Open Meeting Schedule

Meeting Dates | Submit Questions Deadline

March 20 18	June 19 17	September 18 16
April 17 15	July 17 15	October 16 14
May 15 13	August 21 19	November 20 18

Engage with the Election Board

All open meetings will begin at 7:15pm. If no one joins the meeting by 7:30 pm, the open session will adjourn and transition into a closed session. To partake in the open meetings, please ensure your questions are submitted by Tuesday of the week of the meeting you plan to attend (48 hours in advance of the meeting) to electionboard@lrboi-nsn.gov. This allows the Election Board ample time to prepare and address inquiries effectively.

Attend an Election Board Open Meeting

On-Line: Zoom Web Link: <https://zoom.us/j/99808338390>
Zoom Call-In Number: 1-929-436-2866
Zoom Meeting ID: 9998 0833 8390
Zoom Passcode: 743234

Etiquette for On-Line Attendance

- Identify Yourself:** When asked to do so, share your first and last name along with your tribal ID number.
- Mute Your Device:** When you join the meeting, please mute your device. Mute again after you've spoken.
- Raise Your Hand:** When you want to be placed in the queue to speak, use the Zoom control to virtually raise your hand.

ELECTION BOARD INFORMATION

March

- 03/07 - Ballots mailed out for Regular election.

April

- 04/04 - Deadline to request replacement ballots.
- 04/25 - Regular Election Day.
- 04/28 - Deadline for Regular Election winners to withdraw, via email by 5pm.

May

- 05/01 - Deadline for challenges and/or recounts.
- 05/02 - Deadline for finance reports from candidates.

Offices to be elected on 4/25/2025

- At-Large - 1 seat
- Outlying Council - 2 seats
- Nine County Council - 2 seats
- Office of Election Board - 3 seats
- Associate Judge - 1 seat

Regular Election Day 4/25/2025

The Regular Election will be conducted by secret mail in ballot as well as in person voting. In person voting hours for the General Election are 3pm to 6pm.

Ballot counting for the Regular Election will begin at 12:30pm. Ballot counting and in person voting shall be held in the Lodge located inside the Government Center at 2608 Government Center Drive, Manistee on the second floor.

January 17, 2025 Primary Election Voter Participation

Total Registered: 1138
Total Ballots cast by mail: 676
9 County: 339
Outlying: 337
Voter Participation : 59%

Voters Ages	Total:	9 County	Outlying
18 - 25	16	10	6
26 - 35	22	11	11
36 - 50	99	46	53
51 - 65	253	137	116
66 - 75	181	92	89
76+	105	46	59
Total Voters:	676		

LRBOI Elder Meeting Schedule
SAVE THESE DATES!

*MEETINGS TO BE HELD AT AKI-MAADIZIWIN COMMUNITY CENTER
MANISTEE, MICHIGAN – STARTING AT NOON**

**Lunch/Brunch to be served prior to the meeting*

- Saturday, January 18, 2025
- Saturday, February 1, 2025 – Meeting & Teaching -Sema (Tobacco)
- Saturday, March 1, 2025 – Meeting & Teaching - Kiishig (Cedar)
- ******Membership Meeting 4/5/25******
******Elders will be looking for participants to help with Spring Fire Teachings**
- Saturday, April 12, 2025 – Meeting & Teaching – Mshkwaadewashk (Sage)
- Saturday, May 3, 2025 – Meeting & Teaching – Wiingash (Sweetgrass)
- Saturday, June 7, 2025 – Meeting (location TBD) & Teaching – Jiingtamok Protocols
- July 2025 – NO MEETING – See you at Jiingtamok!
- Saturday, August 2, 2025 – Picnic at Gathering Grounds, Manistee, MI
- Saturday, September 6, 2025 – Meeting & Teaching – Seven Grandfathers
- ******Membership Meeting 10/4/25******
******Elders will be looking for participants to help with Fall Fire Teachings******
- Saturday, October 11, 2025 – Meeting & Talking Circles (Kwewok/Niniwok)
- Friday, November 7, 2025 – Elder Christmas Party, LRRCR, Dinner & Dancing
- Saturday, November 8, 2025 – Elder Conference, LRRCR
- Sunday, November 9, 2025 – Elder Meeting @ Aki Maadiziwin 10:00 AM**
****Brunch at 10:00 AM, Meeting & Teaching/Talking Circles – Topics TBD**

There is no meeting in December 2025
Enjoy the Holiday/Solstice & Storytelling time!

Please watch the LRBOI Website and LRBOI Facebook/Meta page for updates!

COUNCIL MEETING MINUTES

Below are links to recently approved Tribal Council Meeting Minutes.

If you have not already done so, please create a new account on our new website to access the meeting minutes, as they are private content. Private content is available only to registered users of the site. Our new website launched in late August 2024.

Links to Meeting Minutes - - each blue date below is a link

[January 28, 2025 Minutes](#)

[January 22, 2025 Minutes](#)

[January 15, 2025 Minutes](#)

[February 14, 2024 Minutes](#)



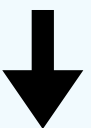
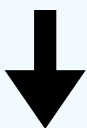
[April 18, 2024 Minutes](#)

- - Minutes are approved but not yet available on the website as of Feb 13, 2025

Please note, you must download the Currents for the links to work.

Links do not work on the newspaper site.

When on the newspaper site, click the down pointing arrow icon above the Currents to download the Currents.



SUNKEN EAGLE



A devastating loss struck a tribal citizen when their vessel, the Eagle, unexpectedly sank in Pere Marquette Lake near Thompson Marina. On the afternoon of February 11, 2025, at approximately 2:09 PM, the Ludington Police Department (LPD) responded to reports of an overturned rowboat and scattered debris in the frigid water. Upon arrival, officers found a small rowboat floating upside down, alongside an emergency life raft and other personal items. However, the most shocking discovery was the Eagle, which had fully submerged and was now resting on its side at the lake's bottom.

Authorities quickly sought the expertise of the U.S. Coast Guard Station Manistee. Using drone technology, the Coast Guard was able to scan the scene and determine that no hazardous materials, such as fuel or oil, had leaked from the vessel. The Michigan Department of Environment, Great Lakes, and Energy (EGLE) was notified, and officials agreed that since there was no environmental threat, the Eagle could remain underwater until conditions allowed for its safe retrieval. The vessel will be monitored until recovery operations can be undertaken once the ice has thawed and a barge can be brought in.

For the vessel's owner, this loss carries heavy emotional and financial weight. Boats are far more than just tools of transportation; they are an extension of a person's livelihood, history, and identity. In many ways, they represent a connection to the water and the traditions that define our community. The sinking of the Eagle is not just a material loss, but a deep and painful disruption to that connection.



Recovering a sunken boat is a complicated and expensive process. The Eagle will remain submerged until conditions improve, allowing for safe removal. In the meantime, its owner must come to terms with the heartbreak of losing a vessel that had been part of their life for many years.

This tragedy is a sobering reminder of the unpredictable nature of the water and the challenges that come when unexpected circumstances take hold. The Ludington Police Department, U.S. Coast Guard, and EGLE have all played crucial roles in ensuring that the response was swift and that the surrounding environment remains safe. Their cooperation highlights the importance of working together when faced with unforeseen disasters.

As the community waits for the eventual recovery of the Eagle, thoughts remain with its owner, who must now navigate the difficulties that come with such a significant loss. The water, while unpredictable and sometimes unforgiving, continues to be a defining force that ties the community together. In moments like these, it is essential to lean on one another for strength and support, knowing that even in times of hardship, resilience and unity will guide the way forward.

Details & Photos obtained from the press release issued by the Ludington Police Department

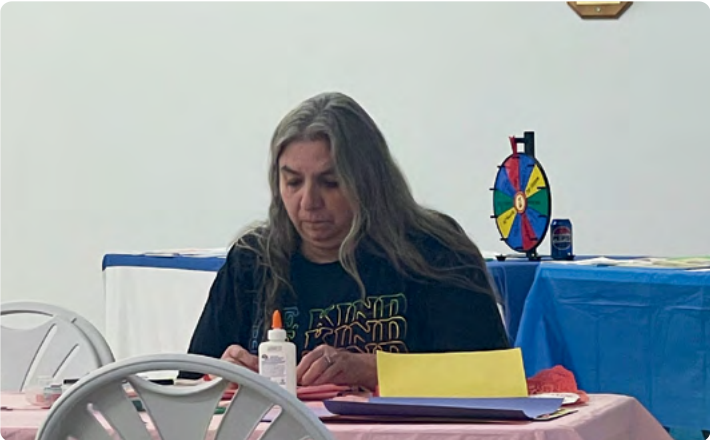
VALENTINE'S DAY COOKIES & CARDS PARTY



Cookies & Cards Party continued



Cookies & Cards Party continued



Cookies & Cards Party continued



THE LANDING AT SPRING LAKE: LITTLE RIVER HOLDINGS EXPANDS HOUSING INITIATIVES



The Landing at Spring Lake is a newly developed apartment complex located at 734 E. Savidge Street in downtown Spring Lake, Michigan. This modern housing development features 43 one-bedroom units and 10 two-bedroom units, offering comfortable and energy-efficient living spaces. Eight of these units are specifically reserved for tribal members of federally recognized Indian tribes, ensuring that Native American families have greater access to affordable housing options.

Each apartment at The Landing is designed with tenant convenience in mind, featuring a full suite of energy-efficient appliances, including a washer and dryer, self-defrost refrigerator, and dishwasher. Residents also benefit from air conditioning with individual thermostat control, smoke detectors, security cameras, cable TV access, phone jacks, and carpeting. The complex offers numerous amenities, including a community lounge and library, a dining and meeting room, an outdoor courtyard with a walking path, an elevator, key tag entry, locked entrances with an intercom system, an on-site management team, and an electric vehicle charging station.

The Landing at Spring Lake is one of several projects undertaken by Little River Holdings (LRH), the Economic Development Corporation (EDC) of the Little River Band of Ottawa Indians (LRBOI).



As part of LRH's broader housing initiatives, this development was made possible through the Low-Income Housing Tax Credit (LIHTC) program, a federal incentive designed to support the creation of affordable rental housing.

The LIHTC program plays a crucial role in funding projects like The Landing at Spring Lake by providing tax credits to developers who build or rehabilitate housing for low-income tenants. These credits are allocated by the Michigan State Housing Development Authority (MSHDA) and are instrumental in making affordable housing financially viable.

For LRH, participating in LIHTC projects not only serves the tribal community's housing needs but also generates revenue for the tribe. Through strategic Joint Ventures with experienced developers like Samaritas Affordable Living, LRH earns a developer fee—typically 10% of the total cash development fee—without assuming financial risk. These partnerships also provide LRH with the experience required to eventually operate independently as a LIHTC developer.

Little River Holdings has strategically positioned itself as a growing force in the LIHTC sector. Each successful project brings LRH closer to its goal of qualifying as an independent developer under the LIHTC program. To achieve this, LRH must complete 15 LIHTC projects and secure 8906 certifications, which will allow it to take full control of its future housing developments.

By engaging in multiple Joint Ventures, LRH accumulates valuable experience points that strengthen its competitiveness in future LIHTC funding rounds. In December 2024, LRH secured funding for another LIHTC project, the Nelson School Apartments in Muskegon, developed in collaboration with General Capital Group. In April 2025, LRH plans to submit additional proposals for LIHTC funding, further expanding its housing portfolio.

A key component of LRH's strategy is ensuring that Native American families have increased access to housing opportunities. Approximately 20% of each LIHTC project is allocated to Native Americans, with priority given to LRBOI citizens. For the first 15 LIHTC projects, tribal citizens receive priority placement on waiting lists, reinforcing LRH's commitment to serving its community first.

The Landing continued

The Landing at Spring Lake exemplifies LRH's approach leveraging the LIHTC program to create long-term housing solutions while simultaneously generating revenue and experience for the tribe. As LRH continues to expand its development efforts, its increasing expertise will enable future projects to be managed independently, ensuring sustainable growth for both housing initiatives and the tribe's economic development.

Little River Holdings' housing projects are not just about providing affordable living spaces, they are part of a larger economic strategy that strengthens LRBOI's financial independence. By successfully navigating the LIHTC system, LRH is building a self-sustaining revenue stream that benefits the entire tribal community.

With each new project, LRH gains critical knowledge and financial returns, allowing for reinvestment into future developments. As the organization nears its goal of becoming an independent developer, the tribe stands to benefit from a long-term, self-sufficient housing program that serves its citizens while fostering economic growth.

The Landing at Spring Lake is more than just a housing complex, it is a steppingstone toward a stronger, more independent future for LRBOI and its people. Through careful planning, strategic partnerships, and a clear focus on tribal priorities, Little River Holdings continues to pave the way for sustainable development and economic resilience.



TRIBAL CAMPGROUND



Tribal Campground Opening: A Weather-Dependent Adventure!

Spring is on the horizon, and with it comes the excitement of another camping season! The Tribal Campground is gearing up to welcome visitors, but Mother Nature has the final say - while the planned opening date is April 1st, weather conditions may push it back. Campers should be prepared for potential delays and be mindful that some utilities, like water, may not be immediately available.

Before setting up camp, all visitors must check in at the Department of Public Safety office at the Justice Center to complete an application and comply with LRBOI SORNA laws. Once approved, campers will receive a permit valid for two weeks. Need to stay longer? Simply update your permit - no need to reapply if nothing has changed! Just make sure your permit is displayed at all times.

For everyone's enjoyment and safety, the campground is a designated community safety zone, meaning alcohol and illegal substances are strictly off-limits. Quiet hours run from 10:00 PM to 6:00 AM, ensuring a peaceful night's rest. Generator use is permitted during specific hours: 7:00-9:00 AM, 12:00-2:00 PM, and 5:00-7:00 PM - perfect for recharging those camping essentials!

The Department of Public Safety keeps the campground safe with regular patrols and enforcement, while maintenance and utility concerns are handled by LRBOI's Maintenance Department. Since early spring weather can be unpredictable, campers should plan accordingly and expect occasional delays in utility services.

Nestled beside the Powwow Grounds, this campground isn't just a place to stay - it's a place to connect with nature and honor cultural traditions. Respect the land, enjoy the beauty, and help keep this special place peaceful for everyone. For any questions or emergencies, the Department of Public Safety is available 24/7. Contact central dispatch at 231-723-6241 or dial 911 for immediate assistance.

Pack your gear, bring your sense of adventure, and get ready for a season of fun and relaxation- just don't forget to check the weather forecast first!

FOOD & NUTRITION CENTER LAUNCHES NEW ONLINE APPLICATION

The Little River Food and Nutrition Center has introduced a convenient online application system, streamlining access to its services for eligible households. This user-friendly platform allows applicants to complete and submit their applications digitally expediting the approval process.

[Click here for the NEW application for commodities](#)

For those who prefer traditional methods, physical application forms are still available. You can download the FDPIR Application - Revised 12.2023 from the Food Distribution web page on lrboi-nsn.gov. Completed applications can be mailed or hand-delivered. The mailing address is Little River Food and Nutrition Center at 2608 Government Center Dr., Manistee, MI 49660. To hand deliver the application the physical address is 2967 Dontz Rd Manistee, MI 49660. If you have any questions or require assistance with the application process, please contact the center at (231) 655-1041 or email apply@lrboi-nsn.gov.

The Little River Food and Nutrition Center, formerly known as the Food Distribution Center under the Food Distribution Program on Indian Reservations (FDPIR), continues to serve as a vital resource for low-income households living on or near Indian reservations. By offering a wide range of high-quality commodity foods, the center ensures that eligible households have access to nutritious and culturally appropriate food options.

Many households choose the FDPIR as an alternative to the Supplemental Nutrition Assistance Program (SNAP, formerly known as Food Stamps). This is particularly valuable for those who face barriers such as limited access to SNAP offices or authorized food retailers. FDPIR addresses these challenges by bringing food directly to the community.

At the federal level, FDPIR is managed by the Food and Nutrition Service (FNS), an agency of the U.S. Department of Agriculture (USDA). Locally, it is administered through agreements with Indian Tribal Organizations (ITOs) across Michigan, Minnesota, and Wisconsin. These partnerships enable the program to operate efficiently and effectively in serving community members. USDA's role also includes purchasing and shipping commodities, providing administrative funding, and offering technical support to the participating programs.

Little River Band of Ottawa Indians Food & Nutrition Center



Each month, participating households receive a nutritionally balanced food package tailored to meet their dietary needs. Participants have the opportunity to select from over 90 items, ensuring variety and flexibility. These include fruits, vegetables, and legumes in fresh, frozen, juiced, canned, or dried forms; protein foods such as beef, chicken, fish, pork, eggs, bison products, dried or canned beans, soups, peanuts, and peanut butter; grains like pasta, cereals, rice, cornmeal, and flour; dairy products such as cheese and milk; cooking essentials like vegetable oil, extra virgin olive oil, and butter; and seasonal foods including pumpkin, cranberry sauce, and sweet potatoes during festive periods.

Beyond food distribution, the program provides valuable nutrition education to recipients. This initiative helps community members make informed choices about their dietary habits and promotes overall wellness.

The USDA Foods provided through FDPIR are designed to support the health and well-being of Native American households. By offering a consistent supply of high-quality, nutritious food, the Little River Food and Nutrition Center helps strengthen food security and ensures that community members have access to the essentials they need.

For more information or assistance with the application process, please contact the Little River Food and Nutrition Center. Together, we are building a healthier, stronger community.

TAX EXEMPT PURCHASES AT LITTLE RIVER TRADING POST

LITTLE RIVER
TRADING POST

NEAR LITTLE RIVER CASINO RESORT



Tribal citizens may utilize tax exempt purchasing on motor fuel and tobacco products at Little River Trading Post.

A valid tribal ID is required to be shown for each and every tax exempt transaction.

Motor Fuel



Tribal citizens are exempt from the pre-paid sales and road taxes imposed by the state of Michigan on motor fuels when purchased from the Little River Trading Post. This exemption applies to both diesel and gasoline. Pre-paying for fuel is not allowed, you must pump fuel first. A valid tribal ID must be presented at the time of purchase. Eligible tribal citizens may buy up to 175 gallons per month of gasoline, diesel, or a combination of the two. Tax-exempt purchase limits may change without notice. Tribal fuel tax exemption will not be given for two separate vehicles at one time.

To complete a tax-exempt purchase, the following information must be logged: date, citizen ID number, citizen signature, license plate number, and fuel type (diesel or gasoline).



Tobacco Products

Cigarettes

Tribal citizens are exempt from the \$2 excise tax imposed by the state of Michigan on cigarettes when purchased from the Little River Trading Post. A valid tribal ID must be presented at the time of purchase.

Eligible tribal citizens may purchase up to 70 packs of cigarettes per month for personal use. Non-resident tribal citizens will see \$2.12 off per pack on their receipt due to an additional 6% tax on the \$2.00 tax exemption. Resident tribal members do not pay this sales tax, so the system does not charge tax on the exemption.

The following information must be logged: date, citizen ID number, citizen signature, number of packs, and brand of cigarettes.

Other Tobacco Products (OTP)

Tribal citizens are exempt from some of the taxes imposed by the state of Michigan on OTP, which includes cigars, loose tobacco, snuff, and cigarillos (excluding hemp products, vape products, rolling papers, rolling devices, and other non-tobacco products). A valid tribal ID must be presented at the time of purchase. Eligible tribal citizens may purchase an unlimited amount of OTP (within reason) per month for personal use. The exemption is 32% of the wholesale price.



The following information must be logged: date, citizen ID number, citizen signature, number of packages, and brand of OTP.

Important Information

All purchases must be for personal use only. According to tribal tobacco and motor fuel regulations, purchasing for non-LRBOI tribal citizens is a civil infraction and may result in a civil penalty of \$100 per transaction. All tribal citizen vehicles must be registered with the tax office. Any changes in vehicle or license plate require a new registration with the tax office.

For questions, concerns or comments regarding tax exempt purchases, please contact the Tax Office at 231-398-3874 or 231-398-6856.

ALWAYS BE KIND TO TEAM MEMBERS AT LITTLE RIVER TRADING POST



TRIBAL DISCOUNTS AT



The Little River Casino Resort offers a range of exclusive discounts for LRBOI tribal citizens to enhance their stay and experience.

Valid tribal ID is required to be shown for each purchase where the tribal discount is applied.

Hotel & RV Park Accommodations

Tribal citizens can enjoy a special weekday rate of \$79 plus taxes per night for a standard hotel room and \$29 plus taxes per night for an economy RV site. Weekdays rates are valid Sundays, Mondays, Tuesdays, Wednesdays, and Thursdays. These rates are subject to change.

Tribal citizens can enjoy a special weekend rate of \$129 plus taxes per night for a standard hotel room and \$49 plus taxes per night for an economy RV site. Weekend rates are valid Fridays and Saturdays. These rates are subject to change.

Gift Shop

At the White Pine Boutique, tribal citizens receive a 25% discount on most purchases. This discount does not apply to alcohol, tobacco, consignment merchandise, gift cards, or gift certificates.

Dining Discounts

Tribal citizens can enjoy daily dining discounts at the River Rock Sportsbook & Grill, Rapids Bistro, and Big Lake Buffet. A 20% discount is available for the tribal citizen and one guest, with additional guests charged at full price. This offer is valid for both dine-in and take-out.

Every Thursday, a special 50% dining discount is available for tribal citizens and up to five guests per tribal citizen, with additional guests charged at full price. This offer also applies to both dine-in and take-out orders.

Notice Regarding Tribal Citizen Discounts

Please note that tribal citizen discounts cannot be combined with other offers, comps, coupons, or discounts at the Little River Casino Resort. The dining discount does not apply to conferences, banquets, or weddings, nor to food or beverages at the Little River Trading Post. Tribal discounts do not cover alcohol, tobacco, or gratuity. These discounts are not available during the July 4th weekend or on December 31.

For any questions regarding tribal citizen discounts, please contact a member of management at Little River Casino Resort for more information. Enjoy your discounts!

ALWAYS BE KIND TO TEAM MEMBERS AT LITTLE RIVER CASINO RESORT

EMPOWER *The Future*

BUILD A LEGACY FOR THE NEXT SEVEN GENERATIONS!

Join us in building a vibrant legacy for the next seven generations by working for your tribe.

As a tribal member, you have a unique opportunity to contribute to the sustainable development and cultural preservation of our people, our tribe, and our nation.

Your skills, passion, and dedication can make a significant impact on our tribe's future, ensuring that our traditions, values, and prosperity are passed down to future generations.

By working together, we can create a thriving, self-sufficient community that honors our heritage while embracing innovation and growth.

The future of our tribe is bright and full of potential, shaped by our collective efforts to preserve our cultural heritage, promote sustainable development, and ensure the well-being of our community.

Be a part of this transformative journey and help secure a bright future for our next seven generations.

**LOVE, RESPECT, WISDOM,
TRUTH, HONESTY
HUMILITY, BRAVERY**

THE FUTURE *of Our People*

Government Careers

Mental Health Counselor
Peer Recovery Coach
Director of Commerce
Workforce Development Specialist
Director of Family Services
Prevention Work Specialist
Accounts Payable Clerk
Budget/Grant Assistant
Staff Accountant
Nutrition Program Coordinator
Tribal Historic Preservation Officer
Help Desk Technician
Operation Engineer
Technician
Chief Pharmacist
Clinic Nurse (Muskegon)
Seasonal Fisheries Technician
Seasonal Natural Resource Technician
Executive Assistant
Prosecutor
Road Patrol Officer

APPLY TODAY

Click this [LINK](#) for our online application

eMail: apply@lrboi-nsn.gov

Phone: 231-398-6859

Fax: 231-331-1233

Web: www.lrboi-nsn.gov

Questions or concerns contact

Alicia Goff at aliciagoff@lrboi-nsn.gov



Team Member Perks

Team Member of the Month, Quarter, & Year. Team Member Recognition Committee. Safety Committee. Meal Discounts. Gift Shop Discounts. Gas discount at the C-Store. Golf Membership Discounts. Holiday parties for Team Members. Summer cook-outs. Ice Cream Socials. Company Picnic. Community Service Opportunities and more!



Fast Track Thursdays

Get an instant interview every Thursday from 10am to 4pm. Visit the Human Resources office using the employee entrance near the outer entrance of the River Rock!



Little River
CASINO RESORT

Apply in person at
2700 Orchard Hwy
Manistee, MI
Ph: 231-723-4530



Why Choose us?

Conveniently situated at the corner of the US31 and M22 in the charming town of Manistee, Little River Casino Resort is one of the most exciting entertainment destinations in northwest Michigan.

Why Choose us?

If you are passionate about doing your best work, making a difference, and having fun while doing it, apply to one of our open positions. We offer all types of positions: permanent, seasonal, intermittent, full time and part time.

Suite of Benefits

Full Time Team Members Enjoy a Suite of Benefits! Medical, Dental, Vision, Life Insurance, AD&D, Flexible Spending Account, Voluntary Life Insurance, Short Term Disability, Long Term Disability, 401K match up to 4 percent, Holiday Pay including Team Member Birthday, up to 3 weeks of Paid Time off can be earned in the first year and Flexible Scheduling.

Open Positions

Maintenance Technician 1
Security Level II
Customer Service Associate

Visit www.LRCR.com for
current available positions

**WE INVITE YOU TO DISCOVER OUR
INITITIVES AND SHARE
ANY COMMENTS YOU MAY HAVE**



CITIZEN ADVISORY BOARD MEETINGS

Meeting Dates

March 3, 2025

September 8, 2025

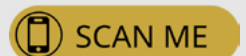
May 12, 2025

November 3, 2025

July 7, 2025

All meetings are held at 3pm

**MEETING ACCESS CAN BE
FOUND THROUGH THE QR CODE
OR ON WWW.LRHEDC.COM**



PLEASE JOIN US FOR A

BABY SHOWER

HONORING

TRIBAL MEMBER
CHILDREN (BORN IN
2024) & PARENTS

SATURDAY APRIL 5TH
AFTER THE MEMBERSHIP
MEETING 4-7PM

**CALL AMBER AT
(231) 398-6707
TO REGISTER TODAY!
OR SCAN THE QR CODE** ---->



LOCATION: AKI COMMUNITY CENTER, 2953
SHAW BE QUO-UNG (OFF DONTZ RD.),
MANISTEE MI, 49660



**FREE
FOR VETS**



50/50
Raffle
2
DRAWINGS

This event provides veterans with a day of fun and camaraderie,
and thanks them for their outstanding service to our country.

May 16 & 17, 2025

Lake Michigan, Manistee, Michigan

2025 TIGHT LINES FOR TROOPS

**Fishing Tournament
for Michigan Veterans**

www.tightlinesfortroops.com

Friday, May 16 **5:00 pm** **Mandatory: Registration/Dinner** for captains and all Tight Lines participants of Boat and Pier/Shore Division. **All invited participants MUST register at this time.** **Manistee Iron Works, 254 River Street, Manistee, Michigan**

Saturday, May 17

Tight Lines For Troops Tournament Begins
Big Lake Division: Team entry - weigh your biggest fish.
Pier/Shore Division: Individual entry - weigh your biggest fish.
(Participants in both divisions are eligible for all activities and prizes)

6:30 am **Shotgun start** at the Manistee Harbor Pier heads. Participants must be ready to board buses by **5:00 am** at **Manistee Iron Works, 254 River Street, Manistee, MI** (*unless otherwise directed.) Pier/Shore fishermen in position at 6:00 am. Box lunch provided for each participant.

12:30 pm Boats gather outside the Pier Heads; Pier/Shore fishermen must pull lines. Proceed to **Manistee 1st Street Boat Launch Area**
Flag Welcome begins - Downtown Riverwalk

1:00 pm **Weigh-in** begins at **Manistee 1st Street Boat Launch Area**, Manistee, Michigan. Dinner and Awards immediately following

5:00 pm **Raffle Prize Drawing** at **Little River Casino Resort**

For sponsorship opportunities, donations or other information contact:
Bob Guenthardt at 231.723.3282 • renegade22@att.net • www.tightlinesfortroops.com
Priority given to WWII and Korean War Veterans, POW's and Purple Heart Recipients.
Veterans pay no charter fees, entry fees or banquet fees!

**Manistee
Iron Works**



Little River
CASINO RESORT

**Manistee Area
Fishing Boats**

2025 POLAR PLUNGE

FOR SPECIAL OLYMPICS MICHIGAN
powered by LAW ENFORCEMENT
TORCH RUN



Manistee Polar Plunge

Saturday, March 15, 2025

Little River Casino and Resort

2700 Orchard Highway - Manistee



11:00 am Registration / Check-In Opens
1:00 pm Parade of Costumes and Take the Plunge!
After-Splash Bash & Awards immediately following.

HOSTED BY:

Little River
CASINO RESORT

PRESENTED BY:


**LAW ENFORCEMENT
TORCH RUN**
FOR SPECIAL OLYMPICS
MICHIGAN

Learn More & Register

www.PLUNGEMI.org



You do not want
to miss the 2025
Silent Auction

2025 Awards:

Best Plunge
Best Costume
Oldest / Youngest Plunger
Most Money Raised by an Individual

For More Information, please contact: Stephanie Graham * 989.429.7295 * plungemi@somi.org

The Polar Plunge raises funds and awareness for Special Olympics Michigan; participants who raise \$100+ earn an event sweatshirt and lunch; participate alone or with a team. Costumes are encouraged. Fundraising required of all participants via online fundraising platform. Sponsorship opportunities available.

PLUNGEMI.ORG

LITTLE RIVER BAND OF OTTAWA INDIANS ROUND DANCE

MARCH 22, 2025

PIPE CARRIER

JD Gibson

MASTER OF CEREMONIES

Paul Syrette

STICKMAN

Mike Medawis

INVITED YOUTH SINGERS

Caleb Steingold, Allegan, MI
Carter Boda, Little Traverse Bay Bands
Odawa Indians, MI

INVITED SINGERS

Vito Buckanaga, Minisinaakwaang

Floyd Silas III, Oneida, WI

Michael Naganashe, Little Traverse Bay Bands Odawa Indians, MI

Patrick Naganashe, Little Traverse Bay Bands Odawa Indians, MI

John Warren, Dowagiac, MI

Sedrick Hindsley, Black Duck, MN

Owym Zapata, Pine Creek Reservation

SPECIALS

Best Beadwork Bling

Potato Dance

Youth Side Step

Spot Dances

First 10 singers that register will receive an Honorarium

Pipe Ceremony at 6 pm feast to follow

11:30 Memorial Honor Dance

Midnight lunch

Giveaway at 1 am

LITTLE RIVER CASINO EVENT CENTER



Cooking Matters: Cooking Classes

CLASS DATES AND TIMES:

2/26/25, 5-6 p.m.

3/5/25, 5-6 p.m.

3/19/25, 5-6 p.m.

3/26/25, 5-6 p.m.

4/2/25, 5-6 p.m.

4/9/25, 5-6 p.m.

LOCATION:

1478 E Ellis Road
Muskegon, MI 49444

CONTACT US:

Aditi Kulkarni
Kulkar86@msu.edu
231-724-4737



Photo credit:

PROGRAM SUMMARY:

Join us for hands-on cooking classes with Michigan State University Extension! This is a six-class series - you may drop in for one class or attend all sessions. We will cook a new recipe every week and learn new skills together.



Scan the QR code to
register, or visit
[https://events.anr.msu.edu/
LRBOI/](https://events.anr.msu.edu/LRBOI/)

Follow **MI Health Matters** from
Michigan State University
Extension on social media!



MSU is an affirmative-action, equal-opportunity employer. Michigan State University Extension programs and materials are open to all without regard to race, color, national origin, gender, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status or veteran status.



#SNAPedWorks Funded by the USDA's Supplemental Nutrition Assistance Program—SNAP.
Delivered by MSU Extension.

Cradleboard Workshop

Presented by the
LRBOI Family Spirit
Program and Family
Services Dept.

Make and take home your
very own cradleboard!

Preference given in this
order: LRBOI members,
spouse of a member,
descendant, other Federally
recognized tribal members.



Space is limited
to 5 pregnant
families



When? : April 26th, 12-4
Sign-up deadline is April 11th,
and notification of those
chosen to participate.

- ✓ Learn how to Construct a cradleboard
- ✓ Take it home for your soon-to-arrive baby
- ✓ Cultural Teachings
- ✓ Excellent event for parents
- ✓ Free
- ✓ Main meal provided. Please bring a snack to share



Phone
231-398-6707



Our Website
www.lrboi-nsn.gov



Location
Aki Community Center,
Manistee, MI 49660

Join us Saturday, March 22, 2025 for the
4th Annual Great Lakes Environmental Festival
including the Environmental Expo
at Manistee High School - 525 12th St., Manistee, MI

Saturday, March 22 Agenda

9:00 Movie "Return of Native Sturgeon"
9:40 Keynote – Native American Env't. Stewardship
10:30 Movie "Sacred Waters"
10:45 – AFFEW
11:15 SEEDS
12pm - lunch
1pm Keynote from EGLE
1:45 Movie "Plaster Creek Stewards"
1:50pm USDA Rural Utilities and WEP
2:40 Oil & Water Don't Mix – Line 5 discussion
3:10pm Movie "Bad River"
5pm – end
6pm After Glow at North Channel Brewery
* This schedule is subject to change

FREE EVENT

25 cent Children's Movie – "Fern Gully"
10am at the Vogue Theater on River St.

Sunday, March 23 10am Environmental Worship Service
First Congregational United Church of Christ at 412 4th Street



Volunteers welcomed

For more information www.glef.us

Donate to support GLEF



The 2025 GLEF is made possible by a grant from the Manistee County Community Foundation

LRBOI FAMILY SPIRIT PROGRAM, FAMILY
SERVICES AND MSU EXTENSION PRESENT

Cooking Series: Meal Prep

March 5 & 26
5-7 pm

Learn how to maximize your time and money by meal prepping

Adults, Kids and Elders Welcome

No Need to RSVP

Door Prizes!



**LEARN
SOMETHING
NEW!**

**FOOD AND ALL
SUPPLIES PROVIDED**

**FREE TO
ATTEND**



**FOOD AND
NUTRITION CENTER,
2967 DONTZ RD.,
MANISTEE MI 49660**



**QUESTIONS? CALL
(231) 398-6741**

2025

MARCH FOR MMIP

MISSING + MURDERED INDIGENOUS PEOPLE

MAY 5 | NOON - 3 PM

Ah-Nab-Awen Park
220 Front Ave. NW
Grand Rapids, MI
49504

*This event is rain or shine.
Attendees are encouraged
to bring their own chairs.*

