



LITTLE RIVER BAND OF OTTAWA INDIANS

GAACHING ZIIBI DAAWAA ANISHINAABEK

TRIBAL NEWSLETTER

BNAAKWII GIIZIZ | OCTOBER 2023 -Falling Leaves Moon-

Page 02 | Tribal Leadership

Page 03 | Domestic Violence Awareness month

Page 05 | Victim Services Program

**Page 07 | Hunting Photos/Stories** 

Page 09 | Calling All Writers

Page 10 | Amazon business Account

Page 11 | Community Flyers





#### Sky Gonzalez

**Communications Officer** 

#### **CONTACT INFO**

231-398-6811

skygonzalez@lrboi-nsn.gov

### TRIBAL LEADERSHIP

#### **OGEMA'S OFFICE**

Larry Romanelli - Tribal Ogema (231) 723-8288 |romanelli@|rboi-nsn.gov Mary Thomas - Executive Assistant to Tribal Ogema (231) 398-6824 <a href="mailto:mthomas@lrboi-nsn.gov">mthomas@lrboi-nsn.gov</a>

#### GIIGADOO NINII KWEK & GIIGADOO NINIWOK (TRIBAL COUNCIL)

Tammy Burmeister - Speaker (9 Counti 231-398-6833 TBurmeister@Irboi-nsn.gov	Shirley Wever (9 Counties) 231-398-6802 Shirley Wever @ Irboi-nsn.gov
Pam Johnson - Recorder (Outlying 231-398-6836 PamJohnson@Irboi-nsn.gov	Shannon Crampton (Outlying) 231-398-6885 ShannonCrampton@Irboi-nsn.gov
Ron Wittenberg (Outlying 231-398-6828 RonaldWittenberg@Irboi-nsn.gov	Julie Wolfe (At Large) 231-398-6834 Julie Wolfe @Irboi-nsn.gov
Gary DiPiazza (9 Counti 231-398-6825 GaryDipiazza@Irboi-nsn.gov	es) Misty Silvis (9 Counties) 231-398-6838 MistySilvis@Irboi-nsn.gov
Al Metzger (Outlying 231-398-6869 AlMetzger@lrboi-nsn.gov	Regular Tribal Council Meetings are Wednesdays at 10:00AM via Zoom

#### **Tribal Council's Meeting Room**

#### **Join The Zoom Meeting**

https://zoom.us/j/99705796129?pwd=OWY5SVVnUis4Y0d1aGdqMXBjRjdxZz09

**Meeting ID:** 997 0579 6129

Passcode: 1836

#### **Domestic Violence Awareness Month**

October is recognized worldwide as Domestic Violence Awareness Month, a time dedicated to shedding light on a pervasive issue that affects millions of individuals and families. Domestic violence encompasses a range of abusive behaviors, including physical, emotional, financial, and sexual abuse. It is not limited to just intimate partners, but can also occur within families, among siblings, parents, and even against children

One of the most insidious aspects of domestic violence is the silence that shrouds it. Victims often feel trapped, fearful, and isolated. They may believe they have nowhere to turn for help. This isolation is compounded by the manipulative tactics used by abusers to maintain control, making it incredibly difficult for victims to seek assistance.

Recognize the Signs

**Physical Abuse:** Unexplained injuries, frequent visits to the hospital, or a pattern of injuries.

**Emotional Abuse:** Constant criticism, belittling, manipulation, or attempts to control.

**Financial Abuse:** Controlling access to money, forcing financial dependence, or sabotaging employment opportunities.

**Isolation:** Cutting off social connections, monitoring activities, or restricting access to friends and family.

Sexual Abuse: Coercion, non-consensual acts, or manipulation involving sexual intimacy.



#### **Supporting victims of domestic abuse**

**Listen Actively:** Provide a safe and non-judgmental space for them to talk. Let them know you believe and support them.

**Respect Their Choices:** Avoid telling them what to do. Instead, empower them to make their own decisions, even if it means staying in the relationship for now.

**Offer Validation:** Reassure them that their feelings and experiences are valid. Avoid victim-blaming or minimizing their situation.

**Encourage Professional Help:** Suggest contacting local shelters, hotlines, or counseling services. Offer to help them find and access resources.

**Help with Safety Planning:** Assist them in creating a safety plan, which may include identifying safe places, emergency contacts, and essentials to have on hand.

**Respect Their Privacy:** Understand that they may not be ready to share details about their situation with everyone. Respect their need for confidentiality.

**Stay Connected:** Maintain regular contact to let them know they are not alone. Isolation is a common tactic of abusers, so your support is crucial.

**Offer Practical Help:** Assist with day-to-day tasks like childcare, transportation, or finding legal assistance.

**Educate Yourself:** Learn about domestic abuse, its signs, and available resources in your community. This knowledge will better equip you to provide support.

**Empower Financially:** If possible, help them establish financial independence or assist in finding resources that can support them.

**Remain Patient:** Healing from abuse is a long journey. Offer your support consistently and be patient with their progress.

**Encourage Self-Care:** Remind them of their worth and the importance of self-care.



#### National Domestic Violence Hotline Hours: 24/7, Languages: English, Spanish and 200-through interpretation service

000 700 7000

800-799-7233



### FIVE FACTS ABOUT VIOLENCE AGAINST NATIVE AMERICANS

#### Four in Five

Or approximately 83% of Native adults have experienced some form of violence in their lifetime.

#### Similar Rates

Native women and men are victimized by intimate partners at similar rates but in different ways. Sexual assault and stalking are higher for women.

#### Higher Rates

Native women and men are victimized at rates 1.2 and 1.3 times more than for White women and men.

#### Need vs. Access

Approximately 38% of female victims are unable to receive necessary services, especially medical care and legal representation.

#### Interracial Violence

Native women and men experience more violence at the hands of non-Native partners than by Native partners.



# #11Thing Promise

#### Together, our "things" can make a huge difference!

All of us have a responsibility to our relatives and our community to help create and nurture positive and loving relationships to help end domestic violence.

#### What's your thing?

Consider promising one or more of the following:

- **Sharing your culture.**
- Modeling healthy relationship behaviors.
- Supporting survivors by believing their stories.
- Using your voice to speak out against violence.
- Supporting the work of LRBOI's Victim Services Program.
- X Knowing and sharing the available resources in your community.
- **X** Using social media to share information about domestic violence.
- Learning why it is difficult for people to leave abusive relationships.
- Trusting that people are the experts of their lives by respecting their choices.

Little River Currents | October 2023

# PURPLE THURSDAY October 19th Help spread awareness by wearing purple!

# THE ONE THAT (DIDN'T) GET AWAY:

Share Your Deer Hunting Adventures! We Want Your Photos & Stories!

Calling all passionate tribal hunters! The Currents is compiling an exciting collection of deer hunting experiences, and we want YOU to be a part of it. Whether you're a seasoned pro or a first-time hunter, your story matters.

There's nothing quite like the adrenaline rush that comes with spotting a majestic buck through the trees. The crunch of leaves underfoot and the patience required to wait for the perfect shot all contribute to the thrill of the hunt. We want to hear about your most exhilarating moments.

We're eager to receive your submissions and share your deer hunting adventures with our tribal members. Let's celebrate the rich tapestry of experiences that make hunting a cherished tradition for so many. Together, we'll showcase the beauty of nature, the thrill of the chase, and the respect we hold for the wildlife that graces our forests.

We look forward to hearing from you!

#### **Submit Your Photos:**

Send high-resolution images of your successful deer hunts. Include your name and location for proper credit.

#### **Share Your Story:**

Write a brief account of your hunting experience. Highlight the memorable moments and lessons learned.

Send your photos or stories to be featured in upcoming issues of the Little River Currents. Email: newsletter@lrboi-nsn.gov

# Calling All Writers! Share your voice with the Tribe

Are you a member of the Little River Band of Ottawa Indians with a passion for storytelling? Do you have a unique perspective to share with your community?

#### We want to hear from you!

We're looking for talented writers to contribute articles, essays, and stories for our tribal newsletter. Your words have the power to inspire, inform, and connect us all.

For more information, contact The Little River Currents Email: newsletter@lrboi-nsn.gov

## YOU CAN STILL SIGN UP

### **Amazon Business Account**

The Little River Band of Ottawa Indians in collaboration with Amazon, are pleased to announce that LRBOI Tribal Members can now access Amazon Business at no cost to the Member.

#### **Benefits!**

- -Access to million more products than standard Prime
- -Prime shipping and exclusive Business account discounts
- -It's Free!

Once the account is authorized, Members will receive an email from Amazon. It will be the responsibility of each Member to manage their account and to pay for their orders. The Tribe is limited to the initial authorization of each account.

To sign up, please email amazon@lrboi-nsn.gov and provide your full name as registered with the Tribal Enrollment Department, Tribal ID, and the email address you want the account listed under. Tribal ID verification will be made on each request.

Little River Currents | October 2023

# NEED A 24/7 365 ROADSIDE RESCUE?

GET THE BEST PRICE AND SERVICE RIGHT HERE!!

WE OFFER LOCKOUTS, JUMP STARTS, TIRE CHANGES FUEL DELIVERY AND WINCHING (ON & OFF ROAD)

**K.OGDEN** 217-497-8759

KO.OFFROADRECOVERY@GMAIL.COM

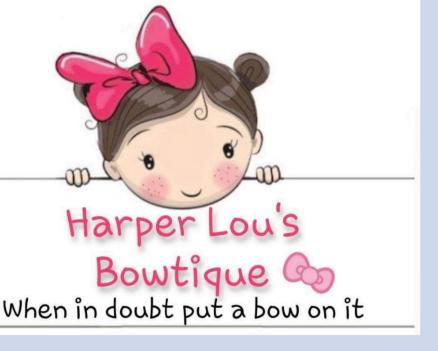
2000 MAIN ST #A, MANISTEE, MI 49660

WWW.KOAUTORECOVERYLLC.GODADDYSITES.COM,



- Winching: starting at \$100 anywhere in Manistee, with a price that may vary depending on the requirements, and \$3 per mile beyond 10 miles.
- Lockout service: \$45 anywhere in Manistee, with \$2 per mile beyond 10 miles.
- Jumpstart: \$45 anywhere in Manistee, with \$2 per mile beyond 10 miles.
- Fuel delivery: \$45 anywhere in Manistee, with \$2 per mile beyond 10 miles.
- Tire changes: \$65 anywhere in Manistee, with \$2 per mile beyond 10 miles.

We offer Military, veteran and senior discounts



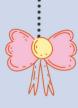


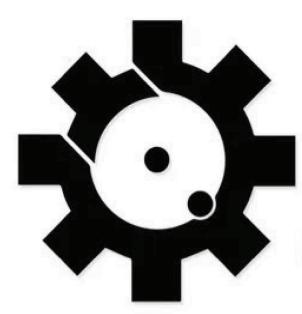


Aanii, My name is Sara Crampton and I am a LRBOI tribal member. I'm a stay at home Mother to three beautiful children and recently I've turned a hobby of mine into a small business. I started making hair bows for my Daughter because I wanted her to have bows that matched every single outfit, sport, or event she did. We got so many compliments everywhere we went that I decided to start making them for everyone to enjoy. I use vegan leather and love to make polymer clay accessories to make my bows unique. I strive to take custom orders and to make sure you have a bow for every outfit and occasion. We can be found on Facebook and Instagram at Harper Lou's Bowtique and reached at ThatBowThough23@gmail.com for any inquiries.









## TACTICAL TREATS

#### USCCA Accredited CPL Instruction

#### Weekly Classes

#### Basic Hand Gun knowledge & Cleaning

This class will show the student the differences in Hand Gun calibers, their uses & effectiveness. There will be no live ammunition in class! (snap caps only) Basic mechanics of how most hand guns function.

We will also be covering types of Holsters, Hand Gun cleaning & effective Storage,

#### 2. Dry Fire Laser Training

This class will help improve Handgun accuracy & Trigger control using Snap caps, Striker caps & Lasers in conjunction with an elite shooting performance system designed to increase consistency by recording shot by shot analysis. The student will see in real time their subtle hand movements & learn "Proper Grip" "Avoiding Recoil Anticipation" "Trigger Press Movement" "Follow Through" Just to name a few.

#### 3. CPL Certification Class

Successful completion of this class will allow you to apply for a Concealed Carry Permit (CCW). See MI state laws.

#### 4. CPL RENEWAL Certification Class

Successful completion of this 4 hr.class will allow you to re-apply for a Concealed Carry Permit (CCW). See MI state laws.

TO SIGN UP FOR A CLASS GO TO: <u>USCCATRAINING.COM</u> OR CHECK OUT MY WEBSITE <u>TACTICALTREATS.COM</u> OR FEEL FREE TO GIVE ME A CALL, (231)220-5207

# Online Shopping

#### Authentic Native American Made

- Beaded Earrings
- Dream Catchers
- Smudge wands and more



Please visit me online at etsy.com/shop.AnishinaabeHomestead



# Kequom's Crafts

#### **Native Made**

- Turtle bags
- Chokers
- Dream catchers
- Medicine bags
- Beaded earrings
- Feather earrings
- Bracelets
- Beaded necklaces

Email Steve at terriebrodock@yahoo.com











Gremore Garage is a family owned and operated business that offers a small town feel. Both Dylan and wife Tianna are committed to providing the highest quality of automotive services.

Owner and lead mechanic Dylan Gremore is master certified, and ASE certified with over a decade in the trade. He started his career here in Manistee and is excited to be back and service the fine people of this community once again.

Stop by or give us a call to schedule your vehicle for an inspection.

We are located at 1200 28th St. Manistee, across the street from the Filer Credit Union on the south side of town.

Present your Tribal ID and receive 10% off on parts.

For more information, please visit <a href="https://www.gremoregarage.com">https://www.gremoregarage.com</a>

Brakes <

Suspension

Steering

A/C Repair 

✓

General Maintenance

Suspension <

BOOK NOW **231-299-1355**