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1/ Follow us on all Social media Channels, Like & Share our Content whenever you can.

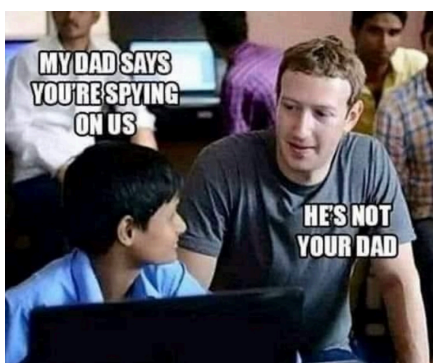
2/ Volunteer to help your local Spokesperson, deliver leaflets or man our pop up stalls

3/ Apply to be a candidate for Reform UK in the next General Election.

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### MEME OF THE MONTH



## Eastern Region News



Hi everyone,

You can reach your local county organiser by email:

**bedfordshire@reformuk.com**  
**cambridgeshire@reformuk.com**  
**essex@reformparty.uk**  
**hertfordshire@reformuk.com**  
**norfolk@reformparty.uk**  
**suffolk@reformuk.com**

**Eastern Regional Manager:**  
**norma.saggers@reformparty.uk**

### Norma Saggers

*Eastern Region Manager.*

Welcome to Reform UK Eastern Region 2024.

Here we are at the start of the new year and it is going to be a busy and exciting year for us all.

We have local elections in May and we are still looking for people to stand for us and represent their friends and neighbours in their communities. If you think this is something that you could do, please use the link to apply:

<https://www.reformparty.uk/candidate-application-local-elections>

As a party, we are not whipped at local level, which means that you can do what the residents want, not what the Party wants.

Then there will be the General Election. This will be our first General Election as Reform UK and with 61 Constituencies, it will present challenges, but we are ready for those. At this point 46 seats are already allocated and the

*cont. on page 2....*

### Richard Tice

*Party Leader*

Finally, after all the noise, preparation, hard work, difficult moments, all culminating in huge progress... the election year is upon us. It is very exciting for all of us in Reform UK. Momentum is with us, as night follows day.

This is the year when politics in the UK could be shaken up forever, thanks to our presence.

From a standing start as a new brand, no one has ever achieved our growth in under 3 years, polling regularly in double figures in a first past the post system that blocks new disruptor parties.

No one has fielded 630 candidates across the whole of England Scotland and Wales in this short timeframe.

Councillors are defecting to us, we are shaping and influencing by election results, and the mainstream media is now having to recognise us.

Word is spreading fast about



Reform UK, who we are, our common sense policies and our willingness to call out what needs to be done, however politically incorrect it may be.

So many of you have been a part of this and I say a massive thanks to everyone.

The choice is stark for the electorate. Two variants of socialism, consocialism or red socialism.

These mean more high taxes, nanny state regulation, mass immigration and pro net zero which combine to make people poorer both financially and culturally. Or the common sense solutions by Reform UK, which can save Britain from catastrophe.

If that is not worth fighting for then nothing is! It takes courage to talk

*cont. on page 2....*



*Cont. from p1*

## Norma Saggars

remaining 15 soon will be. PPCs in your area will welcome your support.

Our PPCs will need all of the help that they can get in the coming months, so if you want to lend a hand please get in touch. There are various ways in which you can give support, Leafleting, assisting at street stalls and spreading the word on social media.

There is now doubt that our biggest task is to continue to promote Brand recognition. We need people to know who we and what our policies are.

We start the year with two events in the Eastern Region.

Thursday 18th January Ben Habib and June Mummery will be in Clacton  
Friday/Saturday 16th/17th February, Richard Tice, Rupert Lowe and June Mummery will be in Great Yarmouth.

There will be more events across the Region throughout out the year.

Tickets for both events will be on sale in early January with details of the venues.

Plans are under way for a bigger Eastern Region event in March or April.

I hope you all had a pleasant end to 2023 and hope to meet with many of you in the coming months.

Norma

*Eastern Region Manager*

## Richard Tice - *continued...*

about some uncomfortable issues but it is essential to turn the ship around form disaster.

There is still much to be done to keep spreading the word and encourage people to believe in us.

We will be mainly targeting Labour hard next year, the Tories have done for themselves, and we need now to take more Labour minded votes.

My best wishes to you and your families for a Merry Christmas and a Happy New Year !

Rest well, serious hard work is upon us over the next few months !

Best wishes

Richard Tice  
Party Leader Reform UK

## Wellingborough By-Election

Although not in the Eastern Region, Wellingborough & Rushden constituency does border North Bedfordshire, to the West of the Eastern Region.

Ben Habib has been appointed to fight the by-election and will be needing as many volunteers as possible.

If you can make it across to give him a hand it will make the difference for us all as we head towards the general Election later this year.

You will find Ben's contact info here:

<https://www.reformparty.uk/wellingborough-and-rushden-constituency>

## Next Month.....

2024 will be a general election year.

With this in mind, **Anne Widdecombe** will be contributing a feature article for the February '24 issue.

Don't miss it.... Subscribe for the Eastern Region Reformer Free at:

<https://www.dave-holland.co.uk/subscribe>

## Favourite Photos From History





Subscribe Free at: <https://www.dave-holland.co.uk/subscribe>

## Bedfordshire County Overview

### Bedfordshire PPCs

Welcome to 2024 and our Bedfordshire news.

Across the county we have much to do in preparation for the General Election.

All six PPCs in Bedfordshire, Norman, Harry, James, Nick, Maggie & myself have all been planning and making a start on our campaigns.

In the weeks and months to come we will all be out and about, leafleting, door knocking, manning street stalls and holding events.

If you haven't seen us out and about yet then you soon will do.

If you want to get involved and be a part of the change that the country so desperately needs then please use the contact details on the right to get in touch with your PPC (Prospective Parliamentary Candidate) and volunteer to help them with their campaigns.

Campaigning is a team activity, our PPCs are passionate, enthusiastic & dedicated but, they can't and won't succeed in getting their message out to every house in the constituency without your support.

Collectively we have much to do in the next 12 months.

All our Bedfordshire spokespeople will be asking for your help.

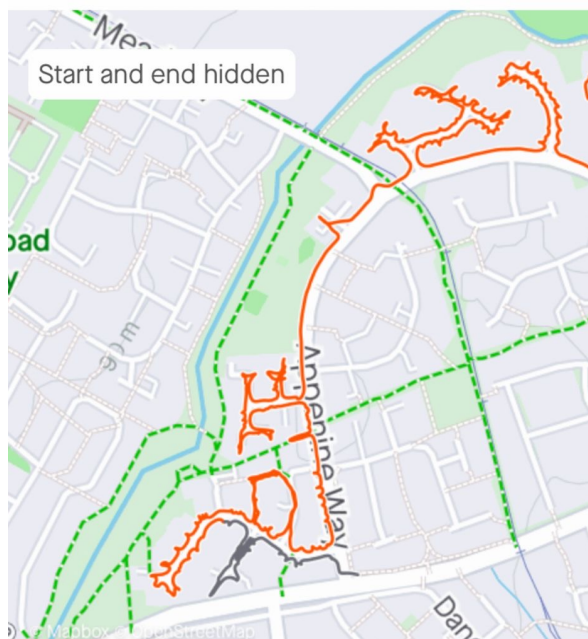
They will need volunteers to help them to deliver leaflets, they will require volunteers to help them man our street stalls & they will need donations to help them to fund their General Election campaigns.

If you can help them, please use the contact details on the right to get in touch with your constituency spokesperson and together we will make a real difference to UK politics.

Dave Holland  
*Bedfordshire County Organiser*  
[bedfordshire@reformuk.com](mailto:bedfordshire@reformuk.com)



Distance	Steps	Time
7.54 km	10,102	2h 5m



#### Mid Bedfordshire

Dave Holland  
[midbedfordshire@reformuk.com](mailto:midbedfordshire@reformuk.com)  
<https://www.dave-holland.co.uk>  
Facebook: /reformukmidbedfordshire/  
07903 416187

#### Luton North

James Fletcher  
[lutonnorth@reformuk.com](mailto:lutonnorth@reformuk.com)  
<https://www.james-fletcher.co.uk>  
Facebook: /LutonNorthReformUK  
07939 490265

#### Luton South

Norman Maclean  
[lutonsouth@reformuk.com](mailto:lutonsouth@reformuk.com)  
<https://www.normanmaclean.co.uk>  
Facebook: /reformuklutonsouth/  
07870 270696

#### Dunstable & Leighton Buzzard

Harry Palmer  
[southwestbedfordshire@reformuk.com](mailto:southwestbedfordshire@reformuk.com)  
<https://www.harrypalmer.uk>  
Facebook: /ReformUKSouthWestBedfordshire/  
07940 352219

#### Bedford

Maggie Moriondo  
[bedford@reformuk.com](mailto:bedford@reformuk.com)  
<https://www.maggiemoriondo.co.uk>  
Facebook: /ReformUKBedford/  
07973 720122

#### North East Bedfordshire

Nick Davies  
[northbedfordshire@reformuk.com](mailto:northbedfordshire@reformuk.com)  
<https://www.nick-davies.co.uk>  
Facebook: /reformuknickdavies/  
07880 908005



## Cambridgeshire County Overview

The role of County Organiser for Cambridgeshire is now filled and I am delighted to welcome Pia Taylor to our team.

With the Local election only six months away, we are already recruiting Candidates to stand for us. Please apply at:

<https://www.reformparty.uk/candidate-application-local-elections>

If you would like to stand for us in the next General Election there is still time to apply using this link:

<https://www.reformparty.uk/candidate-application-general-election>

This is where the Constituency seats have been allocated. And how you can contact your local Spokesperson:

**Sue Morris in Peterborough**  
[suemorrisreformukpeterborough@gmail.com](mailto:suemorrisreformukpeterborough@gmail.com)

**Sarah in Huntingdon** at  
[huntingdon@reformuk.com](mailto:huntingdon@reformuk.com)

**Chris in North East Cambridgeshire**  
[northeastcambridgeshire@reformuk.com](mailto:northeastcambridgeshire@reformuk.com)

**Guy in St Neots and Mid Cambridgeshire**  
[stneotsandmidcambridgeshire@reformuk.com](mailto:stneotsandmidcambridgeshire@reformuk.com)

*This is a new Constituency brought about by the Boundary changes*

More seat allocations will be made soon. Richard's pledge to have 632 seats allocated by the next General Election is on track, with over 400 Constituency spokespeople already in place and more being interviewed, so there will be a Reform UK Candidate on every ballot paper in England, Scotland and Wales.

Reform UK are rising in the polls. We are polling at 10 - 11% nationally already and with your support will continue to build from here. There has never been a better time to get involved.

Current vacant constituencies in Cambridgeshire are:

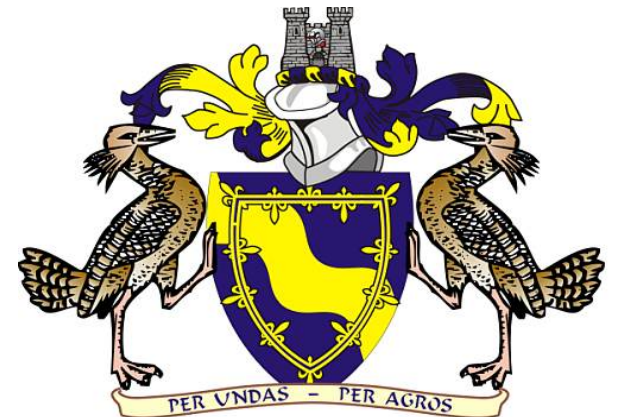
Cambridge  
North West Cambridgeshire  
South Cambridgeshire

If you live in one of these constituencies and would like to represent Reform UK in the upcoming general election in 2024, please complete the application online at <https://www.reformparty.uk>

Please feel free to contact me with any queries. I look forward to hearing from you.

**Norma Saggars** at:  
[norma.saggars@reformparty.uk](mailto:norma.saggars@reformparty.uk)

*Eastern Region Manager*



### Contact details:

**County Organiser:** Pia  
[cambridgeshire@reformuk.com](mailto:cambridgeshire@reformuk.com)

**Regional Manager:** Norma  
[norma.saggars@reformparty.uk](mailto:norma.saggars@reformparty.uk)

### Constituency Spokespeople:

**Huntingdon** - Sarah Smith  
[huntingdon@reformparty.uk](mailto:huntingdon@reformparty.uk)

**South Cambridgeshire** - Guy Lachlan  
[stneots&midcambridgeshire@reformparty.uk](mailto:stneots&midcambridgeshire@reformparty.uk)

**Peterborough** - Sue Morris  
[suemorrisreformukpeterborough@gmail.com](mailto:suemorrisreformukpeterborough@gmail.com)

**North East Cambridgeshire** - Chris Thornhill  
[northeastcambridgeshire@reformuk.com](mailto:northeastcambridgeshire@reformuk.com)

**Ely and East Cambridgeshire** - Edmund  
[elyandeastcambridgeshire@reformuk.com](mailto:elyandeastcambridgeshire@reformuk.com)



## Essex County Overview



Essex has seen more people come on board in key locations as we gear up for election year. Chris Hossack has stepped into Colchester where there is already a very healthy support, while Darren Ingrouille steps into the Chelmsford hot-seats. Other key locations of Southend and Basildon are now the priority to fill.

In Southend, we believe that Ben Habib's recent visit in November has certainly galvanised local support & our hope is now that 2 very capable candidates will emerge.

In Castle Point, the 'electioneering' is in full swing. We are still very visible in giving support to the restoration of Canvey Lake.

Not only that, but in the 2 weeks leading up to Christmas, Keiron McGill put out a public appeal on the local Benfleet and Canvey community pages for families with kids in need of Christmas presents to open on the big day.

This generated quite incredible levels of interest, both from families in need and also kind people donating toys to the appeal.

We are delighted to say that we were able to personally deliver presents to 14 families for 25 children across Castle Point.

Between Christmas and New Year, Keiron will be personally visiting as many listed

supporters as possible and providing a number of leaflets to deliver to the immediate addresses around them.

A happy new year from all the team in Essex and let's hit the ground running in 2024!

### Parliamentary News:

Here in Essex, we now have Spokesmen and women in 13 of the 18 Parliamentary Constituencies.

### Those still vacant are:

Southend East & Rochford  
Southend Central and Leigh  
South Basildon and East  
Chelmsford  
Colchester  
Witham

If you live in or near any of those areas and would like to apply, please use the link to the Application Form.

<https://www.reformparty.uk/candidate-application-general-election>

### We have the following people already allocated Parliamentary seats.

**Keiron** in Castlepoint  
[castlepoint@reformuk.com](mailto:castlepoint@reformuk.com)

**Grant Randall** in Rayleigh and Wickford  
[rayleighandwickford@reformuk.com](mailto:rayleighandwickford@reformuk.com)

**Peter** in Epping Forest  
[eppingforest@reformuk.com](mailto:eppingforest@reformuk.com)

**Tim** in Braintree  
[braintree@reformuk.com](mailto:braintree@reformuk.com)

**Steve** in Basildon and Billericay  
[basildonandbillericay@reformuk.com](mailto:basildonandbillericay@reformuk.com)

**Tony Mack** in Clacton  
[clacton@reformuk.com](mailto:clacton@reformuk.com)

**Paul** in Brentwood and Ongar  
[brentwoodandongar@reformuk.com](mailto:brentwoodandongar@reformuk.com)

**Malcolm** in Harlow  
[harlow@reformuk.com](mailto:harlow@reformuk.com)

**Mark** in Harwich and North Essex  
[harwichandnorthessex@reformuk.com](mailto:harwichandnorthessex@reformuk.com)

**Sue** in Thurrock  
[thurrock@reformuk.com](mailto:thurrock@reformuk.com)

**Terry** in Maldon  
[maldon@reformuk.com](mailto:maldon@reformuk.com)

**Grant** in North West Essex  
[northeastessex@reformuk.com](mailto:northeastessex@reformuk.com)

If you have any questions, please ask  
[essex@reformparty.uk](mailto:essex@reformparty.uk)



Submit your content: [dave.holland@reformuk.com](mailto:dave.holland@reformuk.com)  
by 24th of the month



## Hertfordshire County Overview

### Social Housing Scandals in Hertfordshire

With Matt Goodwin recently putting the spotlight on how much social housing is being allocated to those not born in Britain, you might be wondering what on earth is going on with Social Housing providers in this country?

Anonymous sources have confirmed to me that the story about Social Housing in the UK is far darker than anyone appreciates, and what's happening in Hertfordshire is no exception.

### Mums Out – Migrants In

Few will argue that providing social housing for the disabled, the homeless and the most vulnerable in society is a good thing.

But the priorities of Social Housing providers have been corrupted by government failures. One example is a scheme in Hemel Hempstead and St Albans, originally a Mother and Baby service, designed to provide accommodation to homeless single mothers and their infant children, has changed its service to accommodate “Separated Children” – translation – illegal immigrants.

That's right, illegal migrants landing on our shores, with “no paperwork” are declaring themselves to be 16, some less convincingly than others! In any case they're being taken at their word when they land in Kent and shipped into Social Housing schemes across the country.

Why would a Social Housing provider do such a thing? Money. Along with the migrants moving in, extensive renovations have been carried out. New kitchens, new bathrooms, and new furniture has been put in, paid most likely by the government using your taxes.

In exchange for their cooperation, one can only assume Social Housing providers are getting their assets upgraded for free, a kickback in exchange for turfing out single mums and helping solve a problem the government is wholly responsible for, all on your dime!

### Dodgy Hiring Practices

There are few professions as poorly paid as Support Workers, they do valuable work looking after drug addicts, single mums, the homeless and the disabled living in Social Housing schemes in exchange for little more than minimum wage.

How can an entire profession continue to cope with increased demand and chronic government underfunding? The solution is to hire immigrants.

Nearly all providers are visa sponsors, enabling an undercutting of wages, with the promise of a ticket into the country. Thousands of migrants from India and Nigeria in particular, are entering the profession.

One of the saddest factors is that some of these migrants are skilled midwives, nurses, graduates and even businessmen from their native country. Who wins when Lagos loses a trained midwife and Britain gains a cheap Support Worker?

Not only that, but an industry of unregulated “care staff providers” has emerged, with firms offering sponsorship for “40 hour” contracts. Whether they are giving migrants 40 hours a week of work remains to be seen, but what these contractors enable migrants to do is work up to 20 hours a week at any Social Housing provider without needing serious right-to-work checks.

An anonymous source confirmed that those

seeking 20 hours or less always seem to be able to make their shifts, and it never seems to clash with the “work” they have to do for their visa sponsor. Funny that!

There is clearly a grift going on and no one is interested in investigating whether these firms are bogus operators or not.

It's also a huge problem for tenants in vulnerable schemes across Hertfordshire. With migrant Support Staff coming from completely different backgrounds and often with poor language skills, what chance does a disabled, homeless, or suicidal tenant have when they're in crisis?

### Empty and Misused Properties

One unnamed source in a Housing team commented that one would be amazed at how many properties are either dormant or are being misused.

When someone is allocated a property and moves in, the rent is often paid entirely by Housing Benefit, going straight to the provider.

As a result, it's not unheard of for a tenant to up-sticks, die or even go to prison and it will take months, even years before Social Housing providers figure out there's no one in the property.

Providers do what they can to get police to do welfare checks if a tenant is unresponsive, but they're often ignored, or checks are done superficially.

On top of that, there are many cases of social properties being turned into cannabis farms.

Tenants are either part of the drug trade or in some more horrific cases, they are

*Submit your content: [getintouch@dave-holland.co.uk](mailto:getintouch@dave-holland.co.uk) by 24th of the month*



## Hertfordshire County Overview-Cont.

coerced by loan sharks into growing drugs to pay off their debts.

With social housing stock representing 17% of UK accommodation, serious questions need to be asked as to how this stock is being used and whether providers in Hertfordshire and across the nation are doing the right thing by the taxpayer.

In St Albans, John Dowdle had also been holding coffee mornings at the Three Hammers in Chiswell Green to listen to the concerns of St Albans residents.

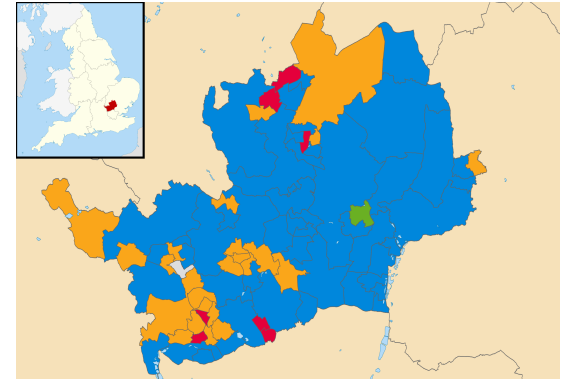
If you're interested in attending future surgeries please email [stalbands@reformuk.com](mailto:stalbands@reformuk.com) or call 07522 114858

If you would like to stand for us in the next General Election there is still time to apply using this link:

<https://www.reformparty.uk/candidate-application-general-election>

Our priority is to fill the Broxbourne constituency that is currently vacant with an enthusiastic, motivated local resident.

We are rising in the polls and this is your opportunity to join our family of likeminded PPCs and make a real difference to UK politics.



These are the Constituency seats allocated so far:

**Amo Amato in Stevenage**

[stevenage@reformuk.com](mailto:stevenage@reformuk.com)

**Darren Selkus in Hertsmere**

[hertsmere@reformuk.com](mailto:hertsmere@reformuk.com)

**Gary Ling in Watford**

[watford@reformuk.com](mailto:watford@reformuk.com)

**Saba Poursaedi in Harpenden and Berkhamsted**

[harpendenandberkhamsted@reformuk.com](mailto:harpendenandberkhamsted@reformuk.com)

**John Keedwell in South West Hertfordshire**

[southwesthertfordshire@reformuk.com](mailto:southwesthertfordshire@reformuk.com)

**Steve Adelantado in North West Hertfordshire**

[northwesthertfordshire@reformuk.com](mailto:northwesthertfordshire@reformuk.com)

**John Dowdle in St Albans**

[stalbands@reformuk.com](mailto:stalbands@reformuk.com)

**John Burmicz in Hertford and Stortford**

[hertfordandstortford@reformuk.com](mailto:hertfordandstortford@reformuk.com)

**Jack Aaron in WelwynHatfield**

[welwynhatfield@reformuk.com](mailto:welwynhatfield@reformuk.com)

**Noel Willcox in Hemel Hempstead**

[hemelhempstead@reformuk.com](mailto:hemelhempstead@reformuk.com)

**Charles Bunker in Hitchin**

[hitchin@reformuk.com](mailto:hitchin@reformuk.com)

**Currently Vacant:**

Broxbourne

**County Organiser - Saba:**

[hertfordshire@reformuk.com](mailto:hertfordshire@reformuk.com)

**Regional Manager:**

[norma.saggers@reformparty.uk](mailto:norma.saggers@reformparty.uk)

Submit your content: [dave.holland@reformuk.com](mailto:dave.holland@reformuk.com) by 24th of the month





## Norfolk County Overview

Following the Wakefield Spokespersons meeting our confirmed candidates have been getting to grips with their roles and will soon be in a position to reach out to members with campaigning events.

To date we have four constituencies covered with excellent people who are eager to get the ReformUK message across. Seats covered include, Jason Patchett in North Norfolk, Kabeer Kher in Mid Norfolk, Doug Lawson in South West Norfolk and Nick Taylor in Norwich North.

With some soon to be announced, vacant seats include: North West Norfolk, Norwich South, South Norfolk and Broadland and Fakenham.

In Norwich North, Nick has organised four Talking Pints events at local pubs for January alone. They are,

11/01/24 @ The Prince of Denmark Pub.

17/01/24 @ The River Garden pub

23/01/24 @ The Cock Inn, Drayton;

31/01/24 @ The Woodman pub

All events start at 6.00 pm (18.00hrs). Full details to follow.

The local may elections, and who knows maybe a General one, have also been something we have addressed encouraging people to stand for local seats.

A number of us have submitted our application forms to Reform via the Stand for us link.

The more the merrier and another way of getting Reform UK noticed. Please consider adding your name to the growing list of those whom are standing up for their local communities and country. Please click the link.

<https://www.reformparty.uk/stand-for-us>

As we begin the New Year begins let's reflect on how the Conservative Party have failed our country and continue to do so on a daily basis.

Sunaks appointment of David Cameron tells us all we need to know. From a has been PM who deserted his country after he failed to keep us in the EU to a current one nobody voted for.

Let's dedicate ourselves to sending the establishment a clear message. It's time for change. It's time for ReformUK!

If you would like to represent your Constituency in the next General Election there is still time to complete the application form and apply, using the following Link:

<https://www.reformparty.uk/candidate-application-general-election>



Constituency allocated seats so far are:

**Jason** in North Norfolk

[northnorfolk@reformuk.com](mailto:northnorfolk@reformuk.com)

**Kabeer** in Mid Norfolk

[midnorfolk@reformuk.com](mailto:midnorfolk@reformuk.com)

**Doug** in South West Norfolk

[southwestnorfolk@reformuk.com](mailto:southwestnorfolk@reformuk.com)

**Nick** in Norwich North

[norwichnorth@reformuk.com](mailto:norwichnorth@reformuk.com)

**Andrew Pond** in South Norfolk

[southnorfolk@reformuk.com](mailto:southnorfolk@reformuk.com)

There is still time to apply, if you would like to join them?

**Current vacant seats are:**

North West Norfolk

Norwich South

Broadland and Fakenham

**Contact details:**

**County Organiser:**

TBA

[norfolk@reformuk.com](mailto:norfolk@reformuk.com)

**Regional Manager:**

[norma.saggers@reformparty.uk](mailto:norma.saggers@reformparty.uk)



## Suffolk County Overview

Happy New Year! I wish you all good health and happiness. I hope everyone is refreshed and ready for a huge year ahead.

I would firstly like to congratulate Edmund Fordham. I wish him all the best for 2024 in his new PPC role.

Secondly, I would like to welcome the new Spokesperson for West Suffolk, Peter Hopper. Congratulations and I wish you the best of luck for the year ahead.

It is going to be a very busy year, so please keep a look out for any emails regarding events, etc in Suffolk which may be of interest to you.

Coming up in May, we have the Local Elections. If standing for Reform UK as a local councillor is of interest to you, where you are not whipped and you are free to represent your neighbours in a way that is right for them, then please apply by clicking the link below;

<https://www.reformparty.uk/candidate-application-local-elections>

In Suffolk we currently have a spokesperson vacancy for the **Suffolk Coastal constituency**. If this is of interest to you, please follow the link below to apply:

[www.reformparty.uk/candidate-application-general-election](https://www.reformparty.uk/candidate-application-general-election)



In Suffolk we currently have a spokesperson vacancy for the **Suffolk Coastal constituency**. If this is of interest to you, please follow the link below to apply:

[www.reformparty.uk/candidate-application-general-election](https://www.reformparty.uk/candidate-application-general-election)

As we now begin 2024, we will be looking for volunteers in the county to help the PPC's with their leaflet drops etc.

If you would be able to spare any time, please either email the contacts listed or the PPC's direct in the constituencies relevant to you.

Best wishes

Matt Jackson

### Current Suffolk Spokespeople:

**Beverley** - South Suffolk  
[southsuffolk@reformuk.com](mailto:southsuffolk@reformuk.com)

**Carlos** - Bury St Edmunds  
[burystedmunds@reformuk.com](mailto:burystedmunds@reformuk.com)

**Peter** - West Suffolk  
[westsuffolk@reformuk.com](mailto:westsuffolk@reformuk.com)

**Mike** - Central Suffolk & North Ipswich  
[centralsuffolkandnorthipswich@reformuk.com](mailto:centralsuffolkandnorthipswich@reformuk.com)

**Tony** - Ipswich  
[ipswich@reformuk.com](mailto:ipswich@reformuk.com)

**Scott** - Waveney Valley  
[waveneyvalley@reformuk.com](mailto:waveneyvalley@reformuk.com)

### Current vacant constituencies are:

**Suffolk Coastal**  
Apply here:  
[www.reformparty.uk/candidate-application-general-election](https://www.reformparty.uk/candidate-application-general-election)

**County Organiser:**  
Matt Jackson  
[suffolk@reformuk.com](mailto:suffolk@reformuk.com)

**Regional Manager:**  
Norma Sagers  
[norma.sagers@reformparty.uk](mailto:norma.sagers@reformparty.uk)

Submit your content:  
[dave.holland@@reformuk.com](mailto:dave.holland@@reformuk.com) by 24th  
of the month



## How You Can Help

### 1. Follow, Share & Like

The more people **watch in full**, then **like**, then **share & comment** on our social media content, the more people we will reach across the country.

We have Reform UK social media accounts on: Facebook, X (Twitter), YouTube, Instagram & TikTok platforms, additionally our leadership; Richard Tice, David Bull & Ben Habib as well as regional teams, county teams and constituency spokespeople profiles.

Some constituency profiles are not in place yet, but in the coming weeks we will have a full compliment of spokespeople with active social media.

Please watch our videos **in full**, then **like**, **share** and **comment** on them. This will greatly help us to reach more people.

Please follow the relevant Reform UK accounts for your region and engage with as much of our content as you can.

Supporting our social media content is a great way to support the Reform Party and is very easy to do.

Just set up accounts on the listed social media platforms, find Reform UK accounts and follow them, follow all the National & local Reform Party pages & start watching, liking and sharing & commenting.

Thank you

### New Ways To Get Involved?

We will soon be recruiting Social Media Ambassadors to help us to push our messages out further & faster to more people. If you can spare a few minutes a day to support Reform UK from your armchair you may be just the person we are looking for. We will train you on what to do, when to do it and help you to help us. If you are interested please email [bedfordshire@reformuk.com](mailto:bedfordshire@reformuk.com)

### 2. Volunteer To Help

We will soon have spokespeople (PPCs) appointed in 632 constituencies across the UK. We are not contesting Northern Ireland, but we will be standing in every seat in England, Scotland & Wales.

Each spokesperson (PPC) is in the process of building a team of volunteers to help them to campaign across their constituency.

Your help and assistance is vital to their campaigns.

Your contribution however big or small will help them to achieve their goal of being able to represent you and the common sense policies that every Reform UK Party spokesperson stands for.

Our spokespeople will be delivering leaflets across their constituencies, running pop-up stalls on high streets, knocking on doors to talk with voters and running events in your area.

Many hands make light work and by volunteering you will be assisting your local spokesperson to reach more people and gain more votes.

If you would like to volunteer, please contact your county organiser in the first instance via email and they will put you in touch with your spokesperson (PPC).

### 3. Become a Member

Not a Reform UK member yet? It's never too late to join us so we can be the Party that you need us to be.

We are not building Reform UK for our benefit, we are building Reform UK because the country needs a centre right, common sense party. Reform UK is for normal, hardworking people who have been increasingly marginalised.

Britain needs a voice; for fairness, for common sense, for the preservation of the 'old normal', for the restoration of our services and standard of living.

All this can be done, it will be done but, to achieve it, we all need to stand shoulder to shoulder.

**You can become a member here:**

[https://www.reformparty.uk/join\\_us](https://www.reformparty.uk/join_us)



## Contribute To The Eastern Region Reformer

### 1. Send us your content for consideration.

If you have local news, events, campaigns or activities in Bedfordshire, Cambridgeshire, Hertfordshire, Essex, Suffolk or Norfolk we'll consider them to include in the next issue. Just email your content and details to [bedfordshire@reformuk.com](mailto:bedfordshire@reformuk.com) before the 24th of the month. We can't guarantee inclusion but we'll do our best.

### 2. Write to our Letters page

Get in touch, share your thoughts, send us your photos, comments & suggestions. Seen one of our spokespeople out and about? Send in your photos. Depending on what we receive we will include a letters page in future. Please email: [bedfordshire@reformuk.com](mailto:bedfordshire@reformuk.com) before the 24th of the month.

### 3. Offer Suggestions

We are always looking to improve what we do and how we do it. Any ideas and suggestions you have make the Eastern Region Reformer even better, please pass them on. Email your suggestions to: [bedfordshire@reformuk.com](mailto:bedfordshire@reformuk.com) before the 24th of the month.



## Spokesman Spotlight

### Terence Longstaff - Maldon Essex

My name is Terence Longstaff and I'm the PPC for Maldon in Essex.

I work full time as an Operations Manager in the Wastewater industry, it's a long way from where I started as a child growing up in the Army and council estates of Colchester.

My first job was as a builder's labourer, which I started the day after my last exam at the age of sixteen.

I wanted to be an Engineer, but college was out of the question due to finances, so I joined the Army as an apprentice to get my qualifications, and after 25 years travelling around various locations, settled back in Essex.

I have never been unemployed, and everything I have now is due to hard work and the support of a fantastic family.

I'm standing for reform because I've lost faith in our Government and can't see anything improving while we continue to swap Conservative and Labour lies and inaction.

The taxpayer isn't getting value for money as the funds taken from us are syphoned off to cover costs of illegal immigration and the ever increasing benefits bill instead of being invested in hospitals and schools.

If we don't stand up and give a viable alternative, nothing will change.

I want to be in a Party that rewards working people for their efforts by letting them keep more of what they have earned to spend as they wish.

A party that puts the needs of the majority of people of the United Kingdom above the wants and demands of minority groups, foreign people and courts.



A party that is truly of the people and for the people.

Parliament needs to be shaken up to remind them that they are supposed to serve the country and Reform UK are the party to do it.

Best wishes

Terence Longstaff

PPC for Maldon, Essex

[maldon@reformuk.com](mailto:maldon@reformuk.com)

<https://www.reformparty.uk/maldon-constituency>

#### Submit your Spokesperson Spotlight Content

Are you a Reform UK Eastern Region PPC?

We want your spotlight content so that we can showcase your constituency, who you are, what you believe in and most importantly, what you are passionate about.

Please email 300+ words about you and your constituency to [dave.holland@reformuk.com](mailto:dave.holland@reformuk.com) and you will be included in the next available issue.