

New Pregnancy Center in Shenandoah

Flannery Andrews

Shenandoah is amazed at how quickly the Shenandoah Pregnancy and Resource Center (SPaRC) at 811 S. Center St. was built. The World Mission Builders arrived from all over the country on May 13 and had the building dried in by day five. One of these workers, Bob Mitchell, from Missouri mentioned, "I got a degree so I wouldn't have to do construction. Now I do it for free." Mitchell is a prime example of how these men give sacrificially to serve others.

Board president, Kathy Langley stated, "So much has happened in such a short period of time! We need your continued prayers as we stay the course of what it will take to complete this building in an excellent manner. We will also need elbow grease. A huge thank you to the city of Shenandoah for kick starting this whole process by donating the lot. Also to the many churches that stepped up by feeding the masses (the builders)!"

The building was designed for functionality, energy efficiency, and durability for what is hoped to be the next 100 years of service to the community. Electrical, HVAC, plumbing, and foam insulation are complete.

Now the focus is on raising money for drywall and the interior finishing. Please see the detailed information regarding the sheet rock drive on page 2. Executive director, Angie Bentley said, "If you haven't driven by the new building recently, you really should. It looks beautiful and the volunteers and I are so excited for the room and beautiful new space that we hope to occupy soon!"



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Rod Goodemote

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Ray Simmons

A Time to Read



Marie's Recipe Box

Try this wonderful fresh Salsa!



Stanton's Newest Store

New businesses in Stanton
A&L Supply

A&L Supply

Store Hours

M-F 10 am-1 pm , 2 pm-6 pm
Saturday 10 am - 1 pm
Closed on Sunday
Be sure to Like us on Facebook

404 Broad Ave
Stanton, Iowa 51573

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Alex assisting a customer at A&L Supply in Stanton

A&L Supply now open in Stanton

Alex & Lindsay invite you to stop in and see the many items and services at A & L Supply located at 404 Broad Ave in Stanton. Visiting their store is not just shopping, it truly is an experience. The decor on the walls and the way supplies are displayed reveal their attention to detail and their zest for life.

When you visit, it will quickly become obvious that Alex has an extensive, in depth knowledge of guns and accessories. Although this store is brand new, Alex has over 20 years experience in the industry and has solid contacts and relationships with many vendors. Alex gained his experience through years of teaching as a certified NRA instructor, gunsmithing and love for the outdoors and hunting.

The wide selection at A&L will meet your firearms and ammunition needs. The supply includes scopes, cases, slings and many accessories. However, A&L is more than just a gun store. There are many other items available such as a camping section for those that need supplies or maybe something you forgot for your RV. There also is a fishing section with everything you need to make that fish story a reality while you are at Viking Lake or Hacklebarney woods. Live bait will soon be an option.

Additionally, healthy snacks and drinks are available to keep you fueled and hydrated for your adventure.

At A&L Supply, the whole family can find items they need to make the trip a success. Everything required from bags of ice for the cooler to bulk food, organic food and items for disaster preparedness are in stock.

In addition to high quality items available for purchase, there are also available services. These services include repairing the gun that does not work as well as it should, restringing and repairing reels as well as knife and blade sharpening.

Alex and Lindsay moved to Iowa this Spring. They wanted to be involved in a small community where people know each other and they could help families be successful in their outdoor excursions. They very much appreciate the warm reception folks in Stanton have given them. So, don't drive by Stanton, stop in, say hello and see all that is available; You will be glad you did. Be sure to tell them you heard about them in the Beacon and don't forget to take advantage of the coupons located on the back page, grab a cup of coffee at the Fika Hus across the street or have supper at Gibb's Chophouse!



SPaRC

Shenandoah Pregnancy and Resource Center

SHEETROCK DRIVE

Every \$20

Buys 1 sheet of Sheetrock

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- *Fixtures

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A Time to Read - by Ray Simmons

When I heard about this newspaper, I wondered if it would be electronic or print-based. I assumed it would be electronic. Micro newsletters are popping up everywhere, and the majority are electronic. The reasoning is not complicated: people (supposedly) don't read papers like they used to, paper is expensive, and printers are hard to find, especially local ones.

But there seems to be a "correction" of sorts going on. We've seen a rise in electronic tablets that attempt to emulate paper and do not connect to social media. Magazines once thought to be ending--not with a bang but a whimper--are making a comeback. Colleges still don't know where they'll ultimately land. But even with them, there is hope. I recently heard a professor cite numerous studies that show people remember more of what they read if they read it on paper.

So, I was happy to hear this would be a "real" paper. I'm looking forward to reading my first copy in my recliner after a day's work. There's something right about that.

But the bigger benefit, I believe, is one of priority, of a time set aside for reading. When you grab something physical, you are doing something.

Your hand focuses your mind. It communicates to all (most importantly to the reader himself), that other things can wait. And in today's NASCAR-paced life, we could use an occasional carriage ride.

Thus I am praying for a return to newspapers and real books. I'm praying for more delight in the literary classics and yes...even poetry.

Mostly, I'm praying for a return to reading Scripture. Here is the Book of books. Here are the words of life and way of salvation and wisdom for navigating a world that has gone beyond bonkers. When you grab the Book (and I recommend a physical one, with leather), you are committing to some slow time. And this is good because we have a lot of unlearning to do. Proverbs 14:12 says, "There is a way that seems right to a man, But its end is the way of death." One of the greatest tragedies is a man going to the end thinking his thinking is just fine.

So I invite you all to climb aboard the paper-reading, slow train. May this newspaper be one of many things in our lives that are gloriously inefficient. It will help our souls and our sanity.

"Ray Simmons is a retired Air Force pilot, an author, and an active reformed pastor in Montgomery county."

Marie's Recipe Box

Welcome to my Recipe Box! I'm excited to introduce myself to you as a contributor to the Southwest Iowa Beacon. I am a Christian Wife, Mom, and Homemaker living in Red Oak. I am blessed with this opportunity to share recipes for cooking and canning along with homesteading tips. My hope is that you will be inspired by what you read to bless your families and community. Your feedback is always greatly appreciated! You can email me at mariesrecipebox@aol.com.

As our land is warmed by sultry sunshine and fireflies illuminate the nights, it is time to enjoy delicious sun-ripened tomatoes right off the vine. A ready home grown tomato, firm and plump, is so inviting to all the senses with a grassy-spicy-sweet fragrance and bright pop of color.

These plants, no matter which variety, are prolific producers and

Homemade Salsa

Yield: 12 pint jars - Ready in 30 minutes

Tip: Wear gloves when chopping jalapeños

Ingredients

30 medium to large tomatoes

4 onions, diced

3 - 6 jalapeños, diced

2 tomatillos

3 diced garlic cloves

5 tablespoons cilantro, chopped

1 cup lemon juice

5 green bell peppers, diced

3 tablespoons salt

4 teaspoons pepper

Prepare tomatoes by soaking tomatoes in boiling water for 2-3 minutes to split and loosen skins. Peel and chop all tomatoes, drain excess juices off in a strainer or colander before adding extra-large bowl. Add the rest of the veggies (except jalapeños) to the bowl.

Once all the vegetables are in the bowl, stir in the lemon juice, garlic cloves, salt and pepper.

Taste to see how you like it. Then begin adding 1-2 chopped hot peppers at a time, tasting after each addition. Keep in mind that as the salsa sits for a while, it will get a little bit hotter.

Bring all ingredients to a boil in large pot & simmer for 15 minutes. Stir often to prevent sticking.

Fill clean pint jars with salsa, leaving about 3/4 inch at the top. Wipe off tops of the jars before putting hot canning lids on. Screw lids tight, then turn back about 1/4 turn.

Process jars in a hot water bath canner for 15 minutes.

thrive in the Iowa nutrient rich soil. Currently, they are also pretty inexpensive in the stores.

Vine ripe tomatoes are so versatile and add so much flavor to classic canning recipes like basic tomatoes, tomato juice, catsup, stewed tomatoes, and vegetable soup. There are also many delicious options for spaghetti or pizza sauce, and salsa. With so many delectable choices it was difficult to pick a recipe to share with you. I decided to feature this Homemade Salsa because it's easy and you can truly make it your own. Adjust flavors to your taste with whatever fresh herbs or vegetables you've got in your garden. It's also a simple yet impressive choice to make if you're just learning water bath canning. If you are a seasoned canner, use this one for teaching! This is wonderful to have stocked in your pantry for healthy snacking. Jars of salsa also make a great hostess gift. Enjoy!



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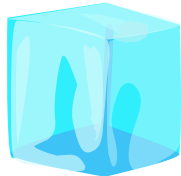
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