



# THE Positively Hollis POST

September 2024

"CELEBRATING HOLLIS & CREATING COMMUNITY"

Volume I, Issue 3

## "COME BACK, COME BACK!" TO HOLLIS FOR OLD HOME DAYS

by Liz Barbour

*"I wish that in the ear of every son and daughter of New Hampshire, in the summer days, might be heard whispered the persuasive words: Come back, come back!" -Governor Frank Rollins*

**On the weekend** of September 20th and 21st, Hollis will celebrate Old Home Days, a town-wide party that brings everyone together for some good old-fashioned fun. You might be curious about the origins of Old Home Days and what it commemorates. Well, it all began in 1899 when NH Governor Frank Rollins created the Old Home Days initiative. 44 New Hampshire towns held celebrations that first year and the celebrations spread throughout the United States, Canada, and Australia. At a time when young people were moving away to more urban areas, Rollins wanted to lure people back to New Hampshire to reinhabit abandoned farms and rebuild the population. His "Old Home Week" was essentially a marketing plan aimed at creating a renewed sense of belonging. He believed that the nostalgic pull of home would bring back warm memories and entice people to stay and set down roots. Sue and Anna Birch, residents of Hollis, shared clippings from the Hollis Times, a local newspaper once published by Anna's great-grandfather, Albert Hildreth. One article described an Old Home Week celebration held in Hollis in 1900, which in future years became either a bi-annual event or later just one day of celebration. Records of Old Home Days are sparse after the mid-20th century and indicate that Hollis directed resources

toward agricultural fairs instead. Then, in 1997, a group of residents revived Old Home Days, and today it remains one of the most anticipated weekends of the year. Over the years, the celebration has created memories for children, families, and neighbors while welcoming new residents to be embraced by the community.

Just like all events in Hollis, Old Home Days wouldn't happen without a group of dedicated volunteers. Each year the planning begins in April and is guided by a recap of the previous year. If you were a fly on the wall at a meeting, you'd see an organized team, spreading the workload and lending a hand wherever needed. It's never "all work and no fun." Laughter is a top priority, thanks to Chairperson Corrine Beaubien, who ensures that fun is always on the agenda. After six fantastic years as Chairperson sadly, this will be her last year. If you are interested in the position, the team promises you a fun time and support.

As you can imagine, running Hollis Old Home Days is no small feat, and it takes a village—literally! School groups, scout troops, and other locals roll up their sleeves to help with everything from field set-up and parade coordination to kids' art activities, hot air balloon rides, and clean-up duty. Hollis Town services supports the event as well. The DPW, Rec Commission, Police, and Fire departments assist the committee when needed. Here are a few quick facts to give you a sense of the scope of coordination required in a typical year to pull everything together.

*Continued on pg. 10*

## HOLLIS CELEBRATES 250th An Invitation to Every Hollis Resident, Organization, and Business



**In less than two years**, Hollis will join the nation in celebrating America's 250th anniversary. We invite you to be a part of this multi-day celebration, which will highlight Hollis's significant contributions and the qualities that make our country great.

The events will include historic tours, food and drinks, band concerts, vintage displays, reenactments, and fireworks to conclude the festivities. Stay tuned for more information and details on how you or your organization can get involved!

For information about how you can get involved, email Dave Sullivan: ds.gcsnab@gmail.com.

## 11-YEAR-OLD JUNE GRUBB: Crafting Her Way to Business Success

by June Grubb

**My name is June Grubb**, and I am 11 years old and I'm from Hollis, NH. I have loved doing crafts of every type since I was very young. I brought crafts with me everywhere I went, and I still do!

I started going to craft fairs when I was nine years old with my mom and grandmother, three generations! It was so fun for me, setting up and talking with people who would stop by to look at my items, I also enjoyed looking at other tables and seeing the amount of talent from others. I learned a lot about presentation and organization. I began to have so many ideas and knew exactly what I wanted to do and how I wanted things to look going forward. There is so much to learn from

*Continued on pg.10*



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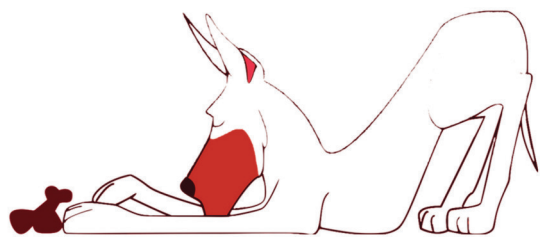
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### A Letter from the Positively Hollis Team:

Dear Readers,

We did it! We are thrilled to announce that the September Issue of the Positively Hollis Post has expanded from 8 to 12 pages! This growth enables us to share more stories you love, from community events to inspiring profiles of our neighbors. Our advertisers are excited to be part of this journey, and their support helps ensure that our paper reaches every home in Hollis. With this expanded format, we plan to bring even more positivity into your homes.

September also marks the one-year anniversary of our website, www.positivelyhollis.com. Thanks to the support of our online community, contributors, and team, our website continues to be a platform for new stories highlighting the good news happening in our town. It's been heartwarming to see so many of you submitting stories to the website and engaging on our Facebook community through our page, Positively Hollis, and our group, Positively Hollis & Brookline. We are also excited to welcome a new team member, Haley Brown, whose passion and fresh ideas will help us continue to grow and serve our community better.

Our journey started with a simple yet ambitious goal: to create a space where the positive people and uplifting stories of Hollis could shine. Thanks to your continued support and enthusiasm, we've not only achieved that goal but also laid a strong foundation for future growth. As always, we look forward to your feedback, story ideas, and contributions.

With warm regards,  
The PHP Team

## HOLLIS CELEBRATES CONSTITUTION WEEK



Every year on September 17th and throughout the week, Hollis celebrates Constitution Day, commemorating the signing of the U.S. Constitution in 1787. This foundational document upholds the principles of democracy, liberty, and justice that guide the United States.

While Constitution Day might be overlooked by many, the town of Hollis and its schools ensure it is recognized annually, thanks to the efforts of the ladies of the Hollis chapter of the DAR (Daughters of the American Revolution).

The DAR marks the occasion with a Proclamation from the Hollis Select Board urging all citizens to reaffirm the ideals embodied in the U.S. Constitution. In addition, the DAR provides educational materials to American History students at Hollis Brookline Middle School, the Hollis Social Library, and Town Hall.

*How well do you know the U.S. Constitution? Let's find out! Take a moment to challenge yourself with this quick quiz.*

- When was the U.S. Constitution signed?  
a) July 4, 1776    b) September 17, 1787    c) March 15, 1781
- The ratification of the Constitution by which state officially put the document into effect?  
a) Virginia    b) New York    c) New Hampshire
- How many amendments does the U.S. Constitution currently have?  
a) 10    b) 21    c) 27
- Who is known as the "Father of the Constitution"?  
a) Thomas Jefferson    c) Benjamin Franklin    d) James Madison
- Which branch of the government is established by Article I of the Constitution?  
a) The Executive Branch    b) The Judicial Branch    c) The Legislative Branch

Visit the Heritage & History section of our website for the answers:  
<https://positivelyhollis.com/heritage-%26-history>

### The Positively Hollis Team

Visit our website for more info!  
[www.positivelyhollis.com/about-us](http://www.positivelyhollis.com/about-us)



Liz Barbour  
Editor



Julie LeDoux  
Business  
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Sharon Swart  
Production  
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Dave Parry  
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Kristen Peik  
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# Family Corner



## A KID-FRIENDLY WALKING TOUR

Hollis resident **Carolyn Walley** has always had a passion for Hollis. Growing up in Nashua, she loved driving through Hollis, exploring its scenic back roads and historic center. Eventually, Carolyn and her family moved into a historic farmhouse along a familiar route into town. She recently shared her love for Hollis with her daughter's Girl Scout troop, helping them earn a community badge by exploring Hollis's past. The girls, grades K-4, set out on a walking tour Carolyn created, highlighting five sites in the town center. During the tour, Carolyn handed out small pieces of paper with facts about each stop, encouraging the girls to read aloud to the group. The girls particularly enjoyed visiting the Church Cemetery and Hilda's Walk. We hope Carolyn's tour inspires you to explore Hollis's history and to share it with the children in your life. Happy walking!

### Lawrence Barn Community Center, 28 Depot Road

The Lawrence Barn, an 18th-century English Barn originally located at 163 Depot Road, was acquired by the Hollis Heritage Commission in 1999 to preserve it for future generations. After being stored for five years, the barn was reconstructed in June 2005 with community support and an old-fashioned barn raising. To learn more visit: <https://www.hollisnh.org/lawrence-barn-community-center/pages/historical-information>

### Hollis Congregational Church and the Church Cemetery, 3 Monument Square

A church building has stood on this site since 1741. The present structure is the fourth to be built here. The girls were taken with the unique decorations on the gravestones. Unlike the usual somber expressions, some stones feature smiling skulls or angel faces. An article I discovered mentioned that "evidently, the person who carved the stones had a fondness for Hollis, so he put smiley faces on all of them."

### Hollis Social Library, 2 Monument Square

The Hollis Social Library first started as a membership association in 1799. Members shared a collection of about 300 books. As the number of books increased, the collection was moved to the church, and then to the town hall's "Selectman's Room". In 1910 the library building was dedicated. The Hollis Social Library is believed to be one of the oldest libraries in New Hampshire!

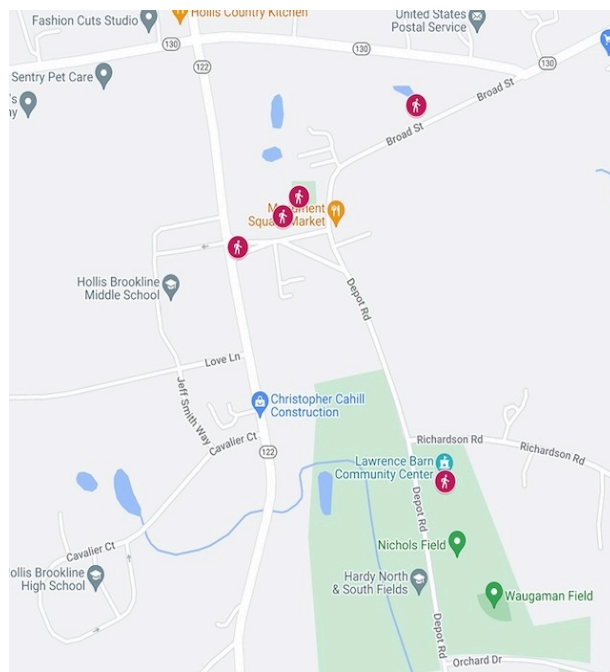
### Always Ready Engine House, 26 Main Street

The Always Ready engine house was constructed in 1859 to be used as the town firehouse. Through the years it was used as a firehouse, a spot to roll bandages and put together care packages during the Civil War, a schoolhouse, and a police station - always ready to serve the town. In 1988 a group of

Hollis residents partnered with the Hollis Historical Society to save the building from demolition. Today, the building is a museum and is open the 1st and 3rd Sundays of the month from 1-4 PM. The displays are engaging and very child-friendly.

### Hilda's Walk, 18 Broad Street

This walk is named after Hilda Hildreth, daughter of Arthur Lull, who started what is now Lull Farm in 1918. The walk was named in 2008 at a ceremony when Hilda, the oldest citizen in town at age 101 was presented with the Boston Post Cane, and honor given to residents who celebrate this milestone. The sidewalk goes through land belonging to Hilda's family, around a pond, and ends up at the town's Volunteer Park on Ash Street. A lifelong gardener and conservationist, Hilda enjoyed the wildlife and plants around the property and loved photographing sunsets from the pond's edge.



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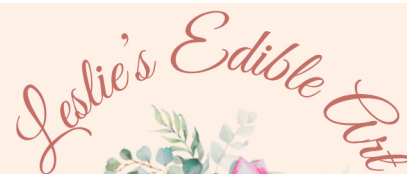
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## NEW BEGINNINGS AT ORDE FARM

### An Interview with Alex Gaudette



Over the years, the grain store in Hollis has been a cornerstone of our local community, providing farmers and DIY enthusiasts with everything they need close to home. Now, under the new ownership of Alex Gaudette, Orde Farm is set to revive its services and win back customers who have drifted to big-box stores. Alex and his friendly staff are looking forward to meeting you, so pop into the store, perch yourself on a stack of feed bags, and enjoy a chat.

**Alex, tell us a little about your background and how you came to purchase Orde Farm.**

I am originally from Mont Vernon, NH, and attended Florida Atlantic University. During college, I worked as an Aftercare and student teacher at a local elementary school. This was truly something I had a passion for—educating and inspiring our youth. In November 2023, I learned that Doug Orde was looking for someone to take over Orde Farm. I took some time and worked in the store to assess its potential for growth and a new career opportunity. I decided to take a bet on myself and moved from Florida to Hollis just two months later.

How do you plan to reconnect with previous customers and entice new ones? At Orde Farm, we remain committed to preserving the historic roots and old-time

country charm of the store while we focus on revitalizing customer service. We are bringing back around-the-clock deliveries for our customers and will integrate technology to make Orde Farm more efficient and enhance customer experiences.

**Tell us what role a feed store plays in a farming community like Hollis.**

The local feed store has always played an important role in any active farming community. Orde Farm will continue to support local agriculture by providing essential supplies to farmers, homesteaders, and pet owners. We aim to help boost the local economy and serve as a community hub for sharing knowledge and advice. Our doors are open to serve the community.

**Tell us about your staff.**

My staff is an essential part of our success. Our fun and friendly work environment is part of the customer experience we provide. Tucker Aiello is our assistant store manager. He is a bright young man with an excellent work ethic. He graduated from URI and is a baseball coach at Souhegan High School. Cathy works part-time, and if you're lucky enough to see her while shopping, she will brighten your day. We also have a few local high school students who round out the team.

**What items and services does Orde Farm offer?**

Orde Farm offers a variety of grain feed including Poulin grain, hay, pine shavings, wild and domestic birdseed, equine supplies, pet food, treats & toys, and lawn and garden supplies. We have a great selection of hardware and propane and kerosene refill stations. We are open every day:

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## Hollis Is A Purple Heart Community

**On June 10th**, Bruce Moran requested that the Hollis Select Board proclaim Hollis a Purple Heart Community, a request the board passed unanimously. Hollis proudly honors our resident Purple Heart recipients Stew Johnson and Tony Fowler as well as others we have lost.

The Purple Heart remains the oldest American military decoration, awarded to those wounded or killed in action while serving in the Armed Forces. The Purple Heart Designation symbolizes a commitment to remembering the bravery and resilience of military personnel. Hollis's proclamation as a Purple Heart Community shows admiration, honor, and respect for all veterans and Purple Heart recipients.

"When you consider all of the patriotic citizens from Hollis who have answered their nation's call to arms, from the American Revolution through today, it is only fitting and proper that we should do this," said Bruce Moran, a 27-year Hollis resident and chaplain for Hollis Memorial VFW Post 11373. Moran served in Vietnam as a US Army aviation crew chief from 1965 to 1968. By becoming a Purple Heart Community, Hollis joins 24 other New Hampshire towns in honoring Purple Heart recipients who selflessly served their country.

### Did You Know?

The Purple Heart is the Oldest Military Award Still Presented to American Service Members.

The Purple Heart's first predecessor, the Fidelity Medallion, was created in 1780 by the Continental Congress, but was only awarded to three soldiers that year.

Two years later, in 1782, President George Washington created the Badge of Military Merit. Because the Fidelity Medallion was never again bestowed, it is generally thought of as commemorative, and the Badge of Military Merit is instead considered to be the first U.S. military decoration and the Purple Heart's predecessor.

The Badge of Military Merit later became evolved into what we now know as the Purple Heart, which is still presented to qualified U.S. service members today.

Source: <https://www.uso.org/>

## OUR GOLDEN SPOTLIGHT SHINES ON TONY FOWLER Hollis Veteran and Purple Heart Recipient

by Liz Barbour

**Meet Tony Fowler**, a dedicated Vietnam veteran and Hollis resident. Tony shares his journey from enlisting at 17 to receiving three Purple Hearts, his career in banking, and his enduring commitment to community service. Join us as we explore his remarkable life story and insights on honoring veterans.

### Hi Tony, can you share a bit about your background?

I grew up in Lebanon, NH in what was then a blue-collar town. There were woolen mills, a leather tannery, and machine shops. My family did not have the funds to send me to college, so I enlisted early in my senior year of high school.

In 1969, everyone knew if you were in the military the chances were good you were going to Vietnam. I enlisted early on a Delayed Entry Program so I would have some assignment options. I enlisted as an Airborne infantryman to jump out of airplanes and receive specified military training.

After I served, I went to college in NH on the GI Bill and married my high school sweetheart, Pamela, between my sophomore and junior years. We lived in Henniker and Keene during my career as a banker. I spent 27 years as a commercial banker and retired in 2005 from conditions related to my military service.

My family and I moved to Hollis after returning from South Carolina when my son and daughter-in-law were expecting their first child. My wife passed away after 20 months.

I love living in a small town, the community interaction is amazing. I have always been a volunteer, for 50-plus years, and I enjoy the small-town feeling.

### Can you tell us about the specialized training you received for your role in Vietnam?

My training began 10 days after I graduated from high school at the age of seventeen. After basic training, I was sent to Ft. Gordon, GA for advanced infantry, which specialized in jungle warfare. After jump school, I went home for seven days and then reported for overseas duty. In Vietnam, I received further survival and combat training for reconnaissance. My unit remained in the field, eating C-rations and searching for the enemy. We were in the mountains looking specifically for enemy base camps. I volunteered to be a point man, responsible for the safety of the patrol by walking out in front and looking for booby traps, tunnels, and the enemy.



Photo: (L to R) Tony Fowler, Stewart Jackson, Pat Moquin, Bob Smith, Chris Luccier, and Bruce Moran

We were in combat well over one hundred times that year. Our unit had a very high kill count as we were very efficient.

### Tony, you were awarded three Purple Hearts while serving in Vietnam, all within your first year of service at age 18. Can you tell us about that?

I was involved in close-quarters combat several times. I was shot in the leg, grazed by a bladed weapon, and received shrapnel. Twice I returned to my unit within 24 hours of being injured. I was very dedicated to my men and my mission.

### What does Veteran's Day mean to you?

Veteran's Day is a time to acknowledge the military members and veterans who have served their country. The individuals enlisting in the armed forces are serving their country and themselves in parts of the world they would never ordinarily see. They are away from their families and loved ones often for a year or more. They are the heart of the great silent majority, going about their daily lives and raising families.

*If you would like to meet and honor many of our local veterans plan to attend the Veteran's Day Ceremony hosted by the Hollis VFW on November 11th at 11 am at the Squires Patio, Hollis Congregational Church.*

Meet more wonderful Hollis Seniors. Visit 'Golden Spotlight' at [positivelyhollis.com/golden-spotlight-1](https://www.positivelyhollis.com/golden-spotlight-1).



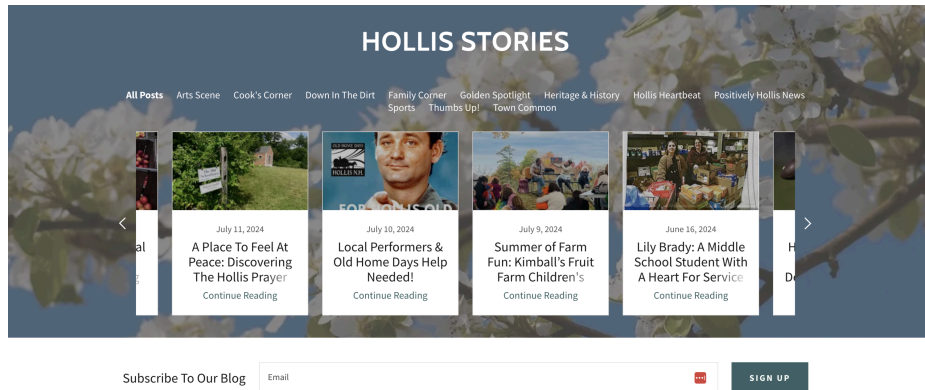
### Thumbs Up! Veterans Go Above and Beyond to Support Fellow Vet

In July, six dedicated veterans built a bridge from my house to the garage, each donating three 9-hour days in 94-degree weather. This bridge eliminated two flights of stairs and 32 feet of yard. It was certainly going over and beyond. Before this, three of these veterans would come to my home to carry my wife, Ann Marie, from the house to the garage for her medical appointments. Another veteran generously donated a motorized scooter he brought up from Florida. Thanks to the new bridge, she can now drive herself to the car, and I can ensure she makes it to all her appointments. Veterans always support fellow vets and their families, and I am incredibly grateful to God for placing such wonderful people in my life."

- Bruce Moran, Hollis VFW member and Chaplain.

Veterans from the Hollis VFW and the Brookline American Legion regularly assist local veterans in need. If you would like to contribute to future projects, mail your check to Hollis Memorial VFW Post 11373, PO Box 1012, Hollis, NH 03049, or donate via Venmo @HollisVFW.

## Excerpts From Our Most Popular Stories at PositivelyHollis.Com



### Life After Kevin: An Interview with Hollis Author Susan Lynch

In her memoir, Hollis resident Susan Lynch shares the sudden, tragic loss of her son Kevin at the age of 25. Within the pages of her award-winning book, she imparts a powerful message: that our bonds with those we've lost need not fade away, but can endure, serving as a guiding light through the darkness of grief.

To read the full story visit our website: <https://positivelyhollis.com/hollis-heartbeat/f/life-after-kevin-an-interview-with-hollis-author-susan-lynch> Susan's book "Life After Kevin" is available on Amazon. Her website is [www.susan-lynch.com](http://www.susan-lynch.com)

### A Place To Feel At Peace: Discovering The Hollis Prayer Garden

As you drive down Ranger Road to visit the historic Old Pine Hill School House, lovingly preserved by Sharon Howe and Chip Harris, you'll discover another gem: The Hollis Prayer Garden. This tranquil spot offers a lovely place to pause and pray, whether for yourself or others, in a picturesque, rural setting. Jennifer Belanger shares the story behind her vision for the prayer garden, detailing its creation and how visitors can take part in a unique and meaningful prayer experience right in the heart of our town.

To read the full story visit our website: <https://positivelyhollis.com/hollis-heartbeat/f/a-place-to-feel-at-peace-discovering-the-hollis-prayer-garden>

### Ground Ed: Bringing Nature-Rooted Learning to Local Families

At the edge of Hollis, a new educational initiative is taking root, aiming to blend nature, community, and a holistic approach to learning. Ground Ed, founded and directed by Hollis native Devin Longland, offers a unique space where children and families can explore, learn, and grow together. Grounded in a belief that everyone can thrive when


placed in the right environment, this cooperative is designed to foster a deep connection with nature and self-discovery. Devin recently shared her vision and insights in an interview with Positively Hollis.

To read the full story visit our website: <https://positivelyhollis.com/hollis-heartbeat/f/ground-ed-bringing-nature-rooted-learning-to-local-families>

### HBHS Students Embracing Service: Homefront Heroes Club

The Homefront Heroes Club, a group of 12 dedicated students, shares a commitment to serve their community and inspire others. Through their work with local Veterans groups, these students have created a bridge that connects the club to the broader community. In December, I spoke with AP Government, Civics teacher, and club advisor Trevor Duval about the club's origins and activities. Trevor provided the background to the club and the students filled in the rest.

To read the full story visit our website: <https://positivelyhollis.com/hollis->

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## PROJECT UPDATE: THE FARLEY BUILDING COMMUNITY CENTER

by Liz Barbour

The work of the FBCC committee continues to move toward its goal of creating and presenting a comprehensive design for the use, management, and funding of the Farley Building Community Center. This ambitious project is a true community effort. Volunteers from various backgrounds are contributing their time and expertise, to ensure that the center meets the diverse needs of the community. Local businesses in the building trades are offering labor, materials, and expertise, further bolstering the project, while state grants are being identified and applied for to secure additional funding. As the FBCC committee collaborates with input from the Recreation Commission and other stakeholders, the vision of an intergenerational, vibrant, and multifunctional community center comes closer to reality each day.

To ensure best practices and ideas are incorporated into the Farley Building Community Center, the Facility Management sub-committee has been touring several local community centers, to compare management plans, fundraising strategies, and community usage. They visited the Prescott Chelmsford Center for the Arts in Chelmsford, MA, and Dublin Community Center in Dublin, NH, all of which are repurposed historic buildings. A welcome addition to the tours and committee meetings has been Hollis Recreation Commission director Erica Crea. "Erica's input has been critical as we work to create a management plan and space use concept," said committee member Kimber Harmon.

In 2023, the Hollis Recreation Commission partnered with UNH to develop an online community-wide survey. In April, Erica Crea and UNH representative Matthew Frye presented the survey findings to the Hollis Select Board. The recommendations included expanding offerings beyond sports. Erica noted, "The survey shows that residents want more than just sports-related programs. People are asking for cultural events, after-school programs, and family touring several local community centers, to compare management plans,

*continued on pg. 8*



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### "ProjectUpdate: FBCC"

*(continued from page 7)*

activities, which our current facilities can't accommodate. The FBCC committee is responding to those needs as the plans are developed."

In May, MT Architects was selected to take the concept design as presented at the Town Meeting and further develop the design and to deliver construction documents and a bid document package. The firm has extensive knowledge about the building having managed the building analysis and feasibility study in 2022 and developing the concept design. The FBCC committee met to review and discuss the building's programming and usage, floor by floor, ensuring that the architects and engineers understand the intended needs for the building. The committee then met with the MT Architects and engineer to discuss a further defined program for the building.

They identified spaces needing AV equipment or hookups, special lighting requirements, heating and cooling requirements, rooms that will have sinks, and storage areas for tables and chairs. The goal for the building is to maximize the flexibility of uses.

With each step, from surveying public opinion to refining architectural plans,

the committee moves closer to presenting Hollis with a plan for a community center that will serve its residents of all ages for years to come.

As a member of the FBCC Committee, I invite you to join our group of volunteers. Whether you have a little time to spare or a lot, your expertise would be invaluable to the project. For more details on the Farley Building Community Center project and how you can get involved, please visit [www.farleyforhollis.org](http://www.farleyforhollis.org).

### FUN FACTS

The scientific term for brain freeze is "sphenopalatine ganglioneuralgia."

The only letters that don't appear on the periodic table are "J" and "Q."

Violin bows are commonly made from horse hair.

Webster's Dictionary accidentally had a word that didn't exist in it for five years - "Dord."

Source: [thefactsite.com](http://thefactsite.com)

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# HOLLIS EVENTS

## SEPTEMBER

### 9/10 State Primary Election

7 am-7 pm Hollis Brookline High School

### 9/14 Hollis Playground Grand Re-Opening

11 am Little Nichols Field

### 9/17 Constitution Day

### 9/20-9/21 Hollis Old Home Days

Schedule: [www.hollisoldhomedays.org](http://www.hollisoldhomedays.org)

### 9/28-9/29 Beaver Brook Fall Festival & Art Show

Schedule: [www.beaverbrook.org/](http://www.beaverbrook.org/)

## OCTOBER

### 10/6 Hollis Apple Festival and Town Band Concert

2-4 pm Monument Square

### 10/6 Gould Tavern Museum Home Tour

1-5 pm 28 Main Street

### 10/20 Hollis Grape and Italian Festival

12-5 pm Monument Square

## NOVEMBER

### 11/2-11/3 Hollis Arts Society Art Show

Schedule: [www.hollisartssociety.org](http://www.hollisartssociety.org)

### 11/5 General Election

7 am-7 pm Hollis Brookline High School

### 11/11 Veteran's Day Ceremony

11 am Squire's Patio, Hollis Cong. Church



Daphne



Hazel



Bubba



Lab Trio



Zelda

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Submit your pet's photo to be featured in our next issue!

## Let's Be Social!



Facebook Page: [Positively Hollis](#)



Facebook Group: [Positively Hollis & Brookline](#)



Instagram: [@PositivelyHollis](#)



## "Come Back, Come Back"

(Continued from page 1)

- 14 OHD committee members
- 100+ volunteers including kids and adults.
- 38 groups in the parade.
- 500 people march in the parade.
- 90+ booths on the midway.
- 4,000 people attend the event.

The weekend starts on Friday evening as Hollis's favorite DJ, Carryl Roy, gets the party started with the annual teen dance, while carnival rides entertain kids of all ages. On Saturday the midway and field fill with booths representing local schools, town, and community groups, and local non-profit, and for-profit businesses. Kids are always the focus of the committee for the weekend. Plans include plenty of activities, entertainment, and fundraising opportunities just for them. "For many youth groups, this is their big chance to fundraise for the year. We make sure they get the best opportunity to be successful," said Chair Corrine Beaubien. You'll find a solid presence from HBHS classes, sports teams, and even a few kids who have booths featuring their own small businesses.

You can look forward to the parade, artisan market, silent auction, raffle baskets, Hollis Area Equestrians, Hollis Heritage and Demonstration tent, live entertainment, kid's art activities, petting zoo, food vendors, and more. The pre-fireworks show features the local cover band Jamdemic, and of course, the most anticipated event of the weekend is the fireworks display. Bring your blankets and chairs and be ready for a thrilling show.

### When You Go:

**Friday** 5-9pm: Dance party and carnival rides.

**Saturday** 10am-10pm: Parade at 10:30 am, Fireworks at 8 pm, Carnival rides until 10 pm.

**Parking:** Limited parking is available near the event. Go to [www.hollisoldhomedays.org](http://www.hollisoldhomedays.org) for details.

The Old Home Days committee is always looking for volunteers. Current

opportunities include chairperson, treasurer, website manager, and publicity coordinator. Event schedule, parking, donations, and volunteer sign-up can all be found at [www.hollisoldhomedays.org](http://www.hollisoldhomedays.org).

## "11-Year-Old June Grubb"

(Continued from page 1)

others which has helped me adjust my designs. Not all craft fairs were profitable, but timing and location I learned were extremely important for selling certain products.

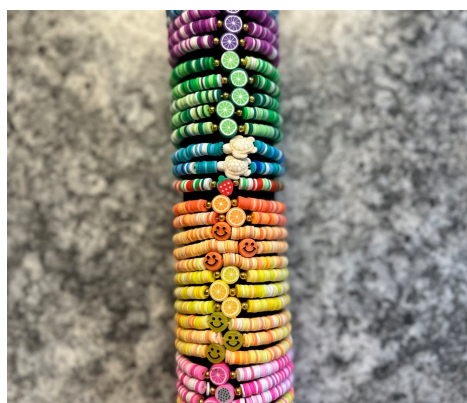
Over the past two years, my passion for crafting has been designing bracelets, key chains, pens/pencils, and necklaces. Recently I shipped an order of 25 custom cheerleading bracelets to Kansas. Also, I donated over 50 bracelets representing Colon Cancer Awareness to a local company and family that are very important to me.

July 2024 was a great month for me. I was able to turn my dream into a reality. My business Lemon Slice went live, and my website [www.lemonslicedesigns.com](http://www.lemonslicedesigns.com) was created! I wouldn't be here today without my mom, dad, family, and the sincere help and dedication from a very special friend, Sam. I owe you all so much, thank you!

I am looking forward to what lies ahead for me and my business, Lemon Slice. I do know I have to balance my schoolwork, softball, cheerleading, and Girl Scouts, in doing so, I am determined to be successful.

Please be sure to check out my website and look for my booth at Hollis Old Homes Day in September, I will be set up and would love to have you stop by. I hope to see you on my journey!

Visit [www.lemonslicedesigns.com](http://www.lemonslicedesigns.com) to learn more about June and her awesome jewelry designs.



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## Cook's Corner

Submit your recipes to [positivelyhollis@gmail.com](mailto:positivelyhollis@gmail.com).

### Corn Chowder

There are many versions of chowder: thick, thin, cream, and tomato-based. This version has a thin, milk-based broth but has lots of vegetables to fill your bowl. Puree 1/3 of the cooked ingredients to create a thick base. Be sure to buy your corn in Hollis!

Serves 6-8

- ¼ pound smoked thick-cut bacon, diced
- 2 tablespoons butter
- 1 large onion, diced
- 2 stalks celery, diced
- 1 teaspoon fresh thyme or ½ teaspoon dried
- 2 medium Yukon gold potatoes, unpeeled, cut into ½ inch dice
- 2 tsp kosher salt
- 4 cups whole kernel corn (about 4 ears of corn)
- 4 cups whole milk
- 1 cup potato water
- ¼ tsp pepper
- ¼ cup parsley, chopped



Heat a large heavy-bottomed soup pot over medium-low heat. Melt the butter and add the bacon, onion, celery, and thyme. Sauté, stirring occasionally until the bacon is cooked and the onions and celery are soft, about 8 minutes. Add the diced potatoes, 2 teaspoons of salt, 3 cups of water. Raise the heat to medium and cook until the potatoes are fork-tender, about 10 minutes. Add the corn kernels, milk, and pepper to the soup pot. Bring back to a simmer and then cook for 5 minutes. Add more salt and pepper if needed. Add the chopped parsley just before serving. Serve hot or cold.



## Down in the Dirt

### Vegetable Garden Tips for Fall

By Jeff Begin

I hope you've had a successful season in your vegetable garden. Fall is on the way, so don't pack away your tools just yet! Successful gardening is all about thinking ten steps ahead, and a little prep work now will bring successful harvests next season.

#### Planting Garlic

Homegrown garlic is far superior to what you can buy. In New England, garlic is planted in the fall and harvested in July. Buy your garlic bulbs for planting now before popular varieties sell out. You can buy garlic bulbs locally from a farm store, farmer's market, local farmer, or online. Grocery store garlic bulbs often come from China and have been treated to prevent sprouting. I recommend "music," which is a reliable and tasty variety, but experiment with different types - some are hotter than others, and some have larger or smaller cloves. "Hardneck" varieties perform better in our climate. Plant in the first week of November to allow the garlic to set out roots before winter comes. Fertilize with an organic fertilizer like pelletized chicken litter and you'll be well set up for next year.

#### Fall Spinach

Did you know you can grow baby spinach all winter? Spinach thrives in cooler temperatures and can withstand deep freezing if protected. Use a cold frame or small greenhouse for best results. Timing is crucial: plant spinach by September 27 to ensure it establishes with mature leaves before November 8, when daylight drops below ten hours. Sow 3-5 seeds per inch in rows 3-4 inches apart. In freezing weather, keep cold drafts off the leaves, and they'll warm up and grow when the sun hits them. Avoid handling the leaves while frozen to prevent damage—wait until they're thawed before harvesting. Ensure the plants get enough water, especially in the fall. Enjoy fresh, sweet spinach throughout the winter! Happy growing!

Jeff Begin is a longtime vegetable gardener and owner of Begin Family Farm in Hollis. Please send your gardening questions to [jbegin@beginfamilyfarm.com](mailto:jbegin@beginfamilyfarm.com) and they may be answered in our next issue!

### Five Flowers For Fall Planting

By Bree Goodine

When the crisp air of fall arrives, planting flowers might not be at the forefront of your mind. However, fall is the ideal time for planting certain varieties. The cooler nighttime temperatures help these flowers establish their roots before entering a dormant stage for the winter. As a result, you'll notice a remarkable difference in your spring blooms when you plant in the fall.

**Peony:** The beloved peony is planted as a bare root just a few inches deep. For the first 2-3 years the plant focuses on developing a strong root system rather than flowers. Encourage growth with fertilizer and deadheading in the spring.

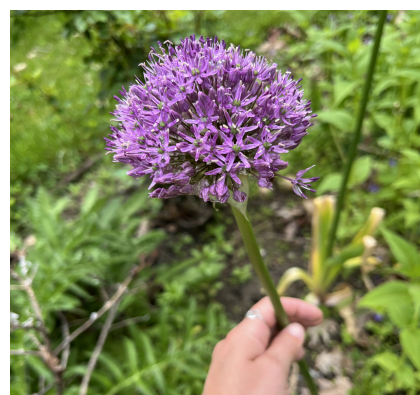
**Tulip:** A spring favorite, tulips require a period of cold to bloom the following season. Getting them into the ground before it freezes is a must.

**Daffodil:** Daffodils are one of the first flowers of spring and come in all shapes, sizes, and colors. If you plan to use them as a cut flower, exercise caution as these little beauties emit a toxic sap from their cut stem. This sap can irritate skin, but also will swiftly kill other flowers in your vase.

**Allium:** Ornamental onion varieties are not only pretty, but can help deter garden pests as well. Plant them for wildlife or enjoy their great vase life.

**Iris:** These unique blooms attract butterflies and hummingbirds but also make a fun cut flower. Harvest when they just start to show their color.

Bree Goodine is the owner of Root To Happiness, a cut-flower farm located in Brookline, NH. To learn where you can buy Bree's cut flowers, go to: [www.roottohappiness.net](http://www.roottohappiness.net)



## HEALTHY HOLLIS

Health and Wellness Information for a Thriving Community

### When the World Spins: Vertigo, Dizziness and Fall Risk

by Katherine Cavallaro, PT, DPT

According to the CDC, falls are the leading cause of injury for adults ages 65 years and older. Unfortunately, many people believe that imbalance is a normal part of aging but balance can be improved at any age with targeted exercises. September is fall prevention month and a perfect time to take control of your dizziness and balance.

Janet arrived in the parking lot of her dentist's office. She took a deep breath and walked into the waiting room. She was not apprehensive about the actual dental work she was dreading the moments of spinning dizziness that might occur when the dentist's chair reclined. At 74, Janet was active and independent but a recent bout of vertigo when she bent over to get a pan from the cabinet had rattled her confidence. She was now anxious to turn her head quickly or do chores around the house, not knowing what would set off that horrible, out-of-control feeling. She also noticed that her balance was off even when the spinning had subsided.

"Janet?" The dental hygienist motioned to follow her. "Take a seat in the chair. Have you been having any problems with your teeth?" "Not my teeth", she said "but I am a bit worried about laying back in this chair as I recently experienced vertigo." This was not the first time the hygienist had heard of this concern. "We will only recline the chair as much as we need and we will do it slowly. Let me know if you feel any discomfort." As promised, she reclined the chair in small increments and Janet evaded the dizziness this time around.

However, Janet continued to be very

cautious with movements of her head, navigating dark environments, and walking on uneven surfaces, which greatly impacted her daily life. She had experienced Benign Paroxysmal Positional Vertigo or BPPV. BPPV responds extremely well to vestibular physical therapy, that is, physical therapy for the inner ear. It is just one of many reasons someone may be experiencing dizziness. Vertigo, lightheaded, dizzy, off balance, feeling off, foggy. There are so many terms for "dizziness". It can be hard to describe and often leaves people frustrated trying to explain how they are feeling to a medical provider, family, or friends. It is not always obvious to an outsider, but this can be debilitating and challenging to function with any of these symptoms. A vestibular physical therapist can perform a thorough evaluation to diagnose the root cause of the dizziness and make a plan for treatment or refer out to the appropriate provider.

If you or someone you know is struggling with this, feel free to reach out to licensed physical therapist Katherine Cavallaro, owner of On the Vertigo, LLC. You can learn more about the services Katherine has to offer by visiting [www.onthevertigopt.com](http://www.onthevertigopt.com).

To learn more about Katherine and her services visit: [Katherine@onthevertigoPT.com](mailto:Katherine@onthevertigoPT.com)

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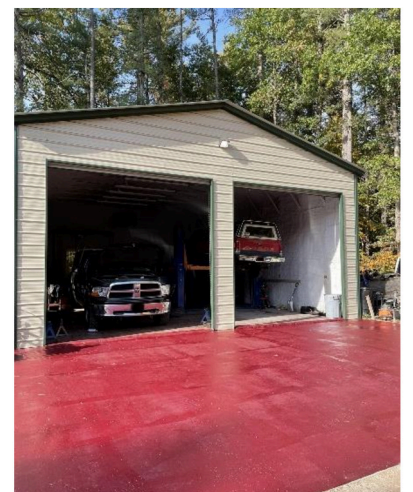
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