

Talking Heads

By Jadelan Cartwright



Affirmations

by Calora Cain

I believe in love.

I am worthy of love.

My heart is open to all forms of love.

I am capable of loving deeply.

I deserve care and attention.

I encourage those I love.

I feel loved.

I give and receive love freely.

I am loved unconditionally.

I attract loving energy.

I deserve love and affection.

Love starts with me.

Current Events

By Montana Goad

Feb 12 — Feb 16 All Day

Spring Book Fair Feb 12 — Feb 16

Feb 13 3:30 PM — 6:30 PM

PTC Feb 13

Feb 15 — Feb 17 All Day

Basketball Regional Tournament Feb 15 — Feb 17

Feb 15 12:30 PM — 1:30 PM

FOCUS for Junior and Seniors Feb 15

Feb 16 All Day

No School-Feb 16

Feb 21 All Day

OPNA Survey Grades 6th, 8th, 10th and 12th Grades Feb 21

Feb 21 12:30 PM — 1:30 PM

Marines to see Sr Class Feb 21

Feb 22 — Feb 24 All Day

Basketball Area Tournament

Fun Facts

By Emma Bruce

Around 85% of Valentines Day cards are bought by women.

Around 73% of flowers are bought by men!

The oldest love poem was said to have been written 4,000 years ago!

The red rose symbolizes love in the language of flowers.

Valentine's Day is named after Saint Valentine, a Catholic priest who lived in Rome in the 3rd Century.

Not until the 1840s did we get the first mass-produced valentines

Nearly 250 million roses are grown in preparation for Valentine's Day each year.

Candy is the most popular gift to give.

The first heart-shaped box of chocolates was introduced in 1861.

Elementary

By Emma Bruce

Our brand new Elementary section will be showcasing interesting and exciting things happening at Varnum Elementary!!!



January Elementary Employee of the Month Allison Shepherd.



Varnum jump rope team showing off their sick skills at half time.



Basketball

By Myhayv Salceda

Welcome back Whippets. I hope everyone had an amazing week. It's finally the weekend! I am so happy this Friday isn't virtual. Two weeks ago, it was just a tad bit hectic. We had multiple highschool games for the boys and girls. For junior high we had one game each. These games went so well last week. First off, let's go over the Junior High Invitational Tournament. The girls won their game and got third place. I wasn't at the game, but I know they played well. The boys played really well. I watched a snippet of this game, and they were on fire. I was super proud of them. They placed first overall! These were the last games for the season. Both the junior high girls and boys had an amazing year. I know I didn't go over every single game, but this one was important. As it was their last. I know all of the eighth graders will be fantastic during their four years of high school. Now onto high school! To start off, it was very crazy. They had two games, one on Friday and on Saturday. The Whippets girls and boys went against Rattan for Varnum's senior night. I noticed when Rattan walked in, we were getting the "W." The girls score was 58 to 28. The boys, however, lost. They played a great game though! The final score was 78 to 63. On Saturday it was homecoming. The ceremony was beautiful. The games were more beautiful though. We completely destroyed Moss. The girls score was 75-32. The boy's score was 87 to 50! Now, we get into the fun games. Last week was districts. These are super exciting games, because we are approaching the last games, we need to play well. The girls played Mason for their first round, and the boys played New Lima. These scores are embarrassing.

We smoked the teams. The score for the girls was 72 to 37. The boys score was 92 to 23. These games allowed us to play for the district championship! While being in the winners bracket, the opponents were still nothing we couldn't take care of. The girl's opponent was New Lima and the boys played Mason. The girls smoked them. The final score was 80 to 35, making them district champions and advancing to regionals. The boys had a little bit of a tough game, they were playing really well but ended up letting Mason catch up. They still won 60-50, but it was very hectic. I sat in the student section almost the whole game, and it was hype! We were screaming the whole game and doing our little chants. They were also district champions advancing to regionals. Thank you for reading this week. See you next week!



Baby Picture Round-Up

by Faith Cornett

Did you correctly match these Whippets students and staff with their current selves?



Staff Bios

by Dazia McCulley

For this week's staff bios I interviewed Superintendent Monte Thompson. Thompson became a part of the school because it was an opportunity to help and he got his education to make a difference. He without a doubt loves being a Varnum Whippet. His favorite thing about Varnum is the family approach everybody is part of. He does most of the financial work for the school. Thompson has three masters. If he could do anything differently for the school he said he would wish for enough money to build new facilities. He thinks people see him as someone who they should respect. He described his discipline style as very firm. The motivational words Thompson has for his students are, "Set high expectations for yourself". A challenge he had to overcome was poverty as a young man. He has two kids and a grand baby. He has a spouse of 33 years. Mr. Thompson has been part of Varnum School for two years now. He wanted to let everyone know he is enjoying his opportunity to be here as a Varnum Whippet!

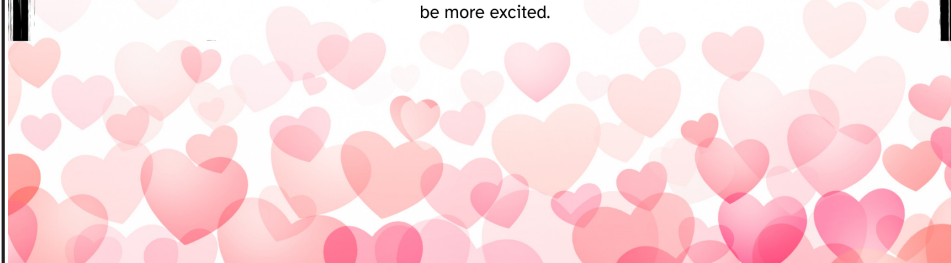


Journalist of The Week

By Mvhayv Salceda



This week the journalism staff would love to introduce you to our third journalist of the week. Who is everyone's favorite, junior Jadelan Cartwright. Cartwright is extremely talented and amazingly creative. Cartwright does the Talking Heads and Varnum Vogue sections. Which are always so awesome and extremely entertaining to look at and read. Cartwright joined journalism when she was just a little girl in middle school. Cartwright's favorite part about doing her job is how she gets to decorate so freely and in her own style. In Cartwright's free time, she enjoys painting and listening to death metal. Cartwright's favorite artist is Mortician, her favorite season is the chilly wintertime, and her favorite color is of course black. Cartwright enjoys the creativity in the room, and most of all, the lovely mirror. Cartwright is very ecstatic to have received the label of journalist of the week and couldn't be more excited.



Two Truths & A Lie

By Faith Cornett



Zoe:

1. I like drawing.
2. I like cats.
3. I broke my finger.



Kynzle:

I'm Choctaw.
My Dad used to be in the military.
I like OSU better than OU.



Hezekiah:

I love cats.
I play basketball.
I'm Chickasaw.

Celebrity Look Alikes

By Calora Cain

Celebrity Look-A-Likes



Ms. Smith



Alson Hannigan



Coach Hadley



Rob Lowe

Dear Whippet

Dear Whippet,

Your question was "How to stand up for yourself?" Standing up for yourself is a life skill that is necessary. Without this ability it may end with you being uncomfortable or it might even put you in a dangerous situation. It could also lead to resentment for your own needs not being met. Often a person will feel angry when letting people walk all over them, this could cause the person to act on passive aggression. However, many can learn to take small, but powerful steps to learn to be more assertive and avoid being a people pleaser. Standing up can also make one feel scared and not able to speak up for themselves. It can feel scary to stand up if it is not something you are comfortable with. If it is a challenge then maybe you could try self reflection when trying to be more assertive. It may also be helpful to try and talk with the person you are having problems with. This can be super helpful and scary, they could tell you their reasons or they could not, but either way showing that you notice the way they are towards you is a starting point. It can be helpful if they can talk it out with you. One reason that someone talks the way they do might be that they are bottling up their own struggles and maybe that is the only way they know how to express it. Just remember you don't deserve to be stomped on; no one does. Best of luck in standing up for your own needs and no matter how it goes I'm so proud of you.

Goodbye,

Dear Whippet.♥

Poem About Love

Love is a feeling like the gentle breeze,
A warm embrace, that brings peace and ease.

A flame that burns with passion and light,
Guiding us through the darkest of nights.

It's the soft whispers in the quiet of dawn,

The laughter and joy that carry on,
It's a bond that brings us all together,
With a love that lasts, now and forever.

Love is a rose with petals so fine,
A treasure that shines, like the stars in the sky.

It lifts us up, when we're feeling down,
And brings us strength, when we need it most found.

It's the simple touch, that says so much.

-Unknown

Calliope's Corner

By Calora Cain

This week's corner is all about love <3.

"I love you for all that you are, all that you have been and all that you will be."

- Unknown.

Blooming

If my heart could speak,
It would say to you,
"I will not let you go,
I will hold you
In my arms
Forever."

-Alexandra Vasiliu

You Are My Sunshine

You brought me sunshine
When I only saw rain.
Your brought me laughter
When I only felt pain.

-Donna Donathan

When I am with you

Your eyes tell me that
You'll love me everyday.
No matter what may come,
You'll be there to stay.

-Blakelee

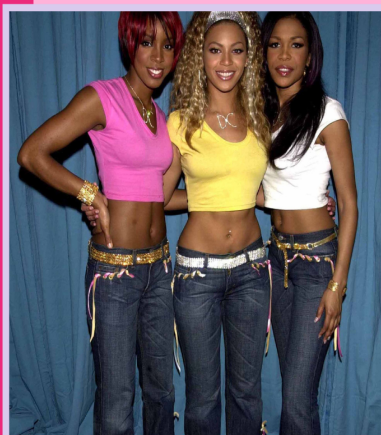
My Love

I didn't fall in love with you.
I walked into love with you,
With my eyes open,
Choosing to take
Every step along the way.
I do believe in fate and destiny,
But I also believe
We are only fated
To do things
That we'd choose anyway.
And I'd choose you,
In a hundred lifetimes,
In a hundred worlds,
In any version of reality,
I'd find you
And I'd choose you.

-Unknown

Varnum Vogue: Y2K Edition 2000s baby

2000s fashion is often categorized as a fashion mashup, where vintage clothing and global trends would fuse seamlessly. This is where numerous music-based subcultures came to be, including hip-hop, punk, pop, goth, and so much more. When the lowest of low rise jeans and tiniest of tiny tops were in. This style will always and forever be iconic.



Article by Jadelan Cartwright

Nature Photography

By Mvhayv Salceda

Photos submitted this week by Mvhayv Salceda

