

Talking Heads

By Jadelan Cartwright & Montana Goad



Affirmations

by Calora Cain
I accept my past.

I have faith in my current and future decisions.

I acknowledge that I did the best I could with what I knew at the time.

I put down the heavy burdens of guilt, fear, and humiliation.

I let go of the past to move forward.

I learn from my mistakes.

I am ready to love myself completely.

By forgiving myself, I am becoming more patient.

I am choosing to treat myself with respect and kindness.

I believe in my ability to create a better future for myself.

I take full responsibility for my past decisions.

I let go of negative, harmful thoughts and habits.

I am free from self-resentment.

I am focusing on the present.

I heal and recover at my own pace.

Current Events

By Emma Bruce

April 1st-2nd: CCRA testing in the HS

April 3rd-4th: CCRA makeup testing

April 5th: Virtual Day

Fun Facts

By Maddyson Marson-Compton
At one banquet in Rome, the guests were served with hundreds of ostrich brains.

Romulus and Remus, the founders of Rome, were supposed to have been raised by a wolf.

Cobwebs were used to stop bleeding.

Romans consumed flamingo tongues.

Mouse brains were used as toothpaste by some Romans.

Roman emperors consumed every known poison in order to gain immunity.

Roman women thought unibrows were attractive.

Romans drank gladiator blood to cure epilepsy.

Romans didn't use soap.
The Romans invaded land all over the world.



A brand new Whippet Weekly Staff picture!

From left to right top row: Montana Goad, Jadelan Cartwright, Faith Cornett, Mvhayv "Bowie" Salceda, and Emma Bruce. Bottom Row from left to right: Julieauna Marson, Maddyson Marson-Compton, Calora Cain, Dazia McCulley, and Hanna Smith

Softball



E-Sports

By Emma Bruce

Freshman Emma Bruce interviewed Sophomore Jon Madkins about being on being in E-sports. Jon said the thing he loves the most about being in E-sports is the playing video games. His favorite game of all time is Black Ops 2. Jon's expectations for this season are to never lose a game. He likes all gaming consoles but he prefers Xbox. Madkins started gaming when he was six with his cousins. Jon has always been interested in video games he just got introduced to E-Sports last year and fell in love with it instantly. Madkins loves Mr. Self as a coach and a person. His favorite player on the team to compete against is fellow Sophomore Ben Suarez.



Baseball



Baby Picture Round-Up

by Maddyson Marson-Compton

Can you correctly match these Whippet siblings with their current selves?



Sibling Pair A



Sibling Pair B

Staff Bios

by Dazia McCulley

For this week's staff bios I interviewed Coach Dennis Sims. He got a call one day and was asked if he would like to be the assistant baseball coach, which he loves, so he thought of giving it a shot. He has been a Varnum Whippet since fifth grade and once a Whippet, always a Whippet. His favorite thing about Varnum is there are a lot of good people here both staff and students. Sims is our assistant baseball coach for highschool and junior high. His academic background consist of being a 4.0 student since fifth grade, he was junior high and high school valedictorian and he had two years of college. When asked if he would do anything differently for the school he replied " Tough question, I will say I wish I could be a little more involved". He doesn't know how people view him in the school. He described his discipline style as laid back but there is a time for fun in games and a time to lock in. He does not have any kids. He said with a laugh his significant other is out there somewhere Thank you Coach Sims for letting me interview you! Varnum loves you!



Journalist of The Week

By Julieauna Marson & Maddyson Marson-Compton

The journalist staff would like everyone to meet this week's Journalist of the Week, Faith Cornett. When she was asked what her favorite thing about journalism she answered with the "tea time". Cornett's favorite artist is 2Pac, Snoop Dogg, and Suicide Boys. Her favorite music genre is anything because she enjoys listening to it all. Cornett has only been here since the beginning of the year but has come so far. Another thing she likes about the class is being able to get to know the school and the great people here. Faith who some of The Whippet Weekly Staff affectionally refer to as " Faithers" works on Two Truths and a Lie, Baby Picture Round Up, and Dear Whippet for The Whippet Weekly newspaper. Her favorite colors are red, blue, and pink. Another one of Cornets favorite things is her favorite subject which is History.



Two Truths & A Lie

By Faith Cornett



Emma Bruce

1. I have red hair.
- 2. I like war movies.**
3. My birthday is in August.

Did you guess the lie correctly?
The lie is in red.



Bella Larney

- 1. My favorite color is red.**
2. I like fruit.
3. I like sleeping.



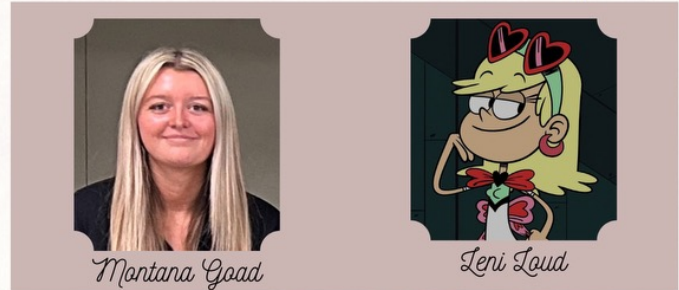
Juleah Cummings

1. My favorite color is baby blue.
2. My favorite color is basketball.
- 3. I like fishing.**

Look-Alikes

By Julieauna Marson

Cartoon look-a-likes



Elementary Section

By Mvhayv Salceda



Mrs. Shepherd's third grade class has been locked in with their studying the past few weeks. This week they got to take a break and have a little art free time. Here are some pictures of them enjoying their break!

Dear Whippet

Dear Whippet,

This week's paper we were asked ,What are some ways to fit into a new school or how to not feel super nervous?

Our answer to this question is that it's perfectly acceptable for you to be nervous as a new kid in a new school. Everyone is nervous about going to a new school but it is important for you to stay calm and to be yourself. If you have a question about where to go, just ask. We understand that it's not always that easy, but once again stay calm and take some time to breathe.

Just go up to people and talk to them. You're only new until you're not soon people will come around and so will you. Before you know it you will have friends. Just be yourself instead of trying to fit in. Don't change yourself for other people. Your real friends will accept you for you.

Thank you Whippets so much for this week's dear whippet , have a great weekend and remember there is a whippet box on the book shelf at the back of Ms.Smith's room for your submissions. See you all next week!

*Goodbye,
Dear Whippet.♥*

This week's corner is about forgiveness.

“The weak can never forgive. Forgiveness is the attribute of the strong.” -Mahatma Gandhi

"Forgiveness is not an occasional act; it is a permanent attitude." - Martin Luther King

“We must develop and maintain the capacity to forgive. He who is devoid of the power to forgive is devoid of the power to love.” -Martin Luther King, Jr.

Forgiveness

Is the mightiest sword
Forgiveness of those you fear
Is the highest reward
When they bruise you with words
When they make you feel small
When it's hardest to take
You must do nothing at all...

-Jane Eyre

Change

Forgiveness
Means transformation
Of a human heart
Into a divine life.

-Unknown

Discovery

The age-old discovery
Forgiveness, forgiveness, forgiveness
Is the only way
To real happiness.

-Sri Chinmoy

Calliope's Corner

By Calora Cain

If I Cannot

If I cannot forgive myself
For all the blunders
That I have made
Over the years,
Then how can I proceed?
How can I ever
Dream perfection-dreams?
Move, I must, forward.
Fly, I must, upward.
Dive, I must, inward,
To be once more
What I truly am
And shall forever remain.

-Sri Chinmoy

Forgiveness Is

Forgiveness is great quality
Not all people are blessed with by almighty
Only few people really practice
They stick up to their demise
The love can not be won over by hate
You may get revenge but very late
The desired result will be not worth
That shall trouble you till death
It is nice to feel other's woe
Your heart and mind should always go
For entire humanity and think
How to work toward that direction and bring?
Today only good wish is needed
Commodity is traded
But noble work is asking no return
Only god may help in return
Such kind of people do exist
They not only perform but insist
With their words and action
They do not worry for any reaction

-Mehta Hasmukh

Varnum Vogue: Goes Vintage

20s edition



At the dawn of the 1920's, the world was still recovering from the first World War, which had sent the economy into a societal reset. Everything from fashion to culture was changing drastically. The women's fashion of this time was very romantic and androgynous, with lots of glitz and glamour. This large jump into modern-wear created strikingly popular looks like the trademark 20s "flapper" dress. While the dresses of this era may have simple shapes, they made up for that with dramatic accessories and fabrics. Beadwork, sequins, rhinestones, and embroidery truly shaped the glamorous nighttime looks of the decade.

On some circumstances, nightwear dresses nearly reached the ground, though many popular styles followed the hemlines of daywear dresses. Accessories and hair were also a very large factor in the common 20s look. Women's hair was almost exclusively cut into very short bobs, as many of the pictures show. Any flashy jewelry was a popular choice, but this era also loved using furs and feathers as accessories. This decade was also the first to care about women's shoes, as in the past, dresses were so long that the shoes were never seen. Mary Jane style shoes were commonly worn, as well as kitten heels with an ankle strap for dancing.



Article by Jadelan Cartwright

Nature Photography

By Mvhayv Salceda

Photos submitted this week by Hanna Smith





The results of the "Pi Day" art contest that was held before spring break. From left to right high school champion Mylie Ware, honorable mention Bryson Lena, junior high champion AJ Jones, and our beloved high school math teacher Kelly Chancellor.

