

## Talking Heads

**TALKING HEADS**

Teacher

1st grade Teacher

Marine biologist

Dental hygenist

Tall

Mom

Doctor

Police Officer

Police Officer

Mortician

What's your dream job, Whippets?

### Affirmations

by Calora Cain

I forgive those who have harmed me and peacefully detach from them.

It is okay to feel fragile, sensitive, alone, and sad. These feelings are part of being a human being.

I give myself permission to love myself.

I overcame all temptations of failure.

I hold myself to the highest values and morals

Social media is only a small part of life. True life is beyond the phone.

Everyone will eventually forget what happened today. Nobody cares what I wore yesterday, either.

### Current Events

By Maddyson Marson-Compton & Hanna Smith

#### High School Events

Tuesday, September 26th- Student Council Meeting during Enrichment Hour in Mr. Chancellor's room.

Wednesday, September 27th- Jostens will be meeting with the Sophomores and Seniors at 12:30 p.m.

Thursday, September 28th-Upward Bound will be meeting with the Freshman at 8:20 a.m.

Thursday, September 28th-Gordon Cooper will meeting with the Sophomores at 9:00 a.m.

Thursday, September 28th- Drama Club Meeting at 4:00 in Ms. Smith's room.

#### Middle School Events

Monday, September 25th- JH Baseball vs Sante Fe South away at 5:00 p.m.

Tuesday, September 26th-JH Baseball vs Dale home at 5:00 p.m.

#### Elementary Events

Friday, September 29-Fabulous Friday Rise and Shine at 8:45 a.m.

### Fun Facts

By Maddyson Marson-Compton & Hanna Smith

A crocodile cannot stick its tongue out.

A shrimp's heart is in its head.

Wearing headphones for just an hour could increase the bacteria in your ear by 700 times.

Some lipsticks contain fish scales.

Cat urine glows under a black-light.

Like fingerprints, everyone's tongue print is different.

A shark is the only known fish that can blink with both eyes.

The longest one-syllable words in the English language are "scaunched" and "strengthened."

Almonds are a member of the peach family.

Tigers have striped skin, not just striped fur.

The characters Bert and Ernie on Sesame Street were named after Bert the cop and Ernie the taxi driver in Frank Capra's "It's a Wonderful Life."



Sophomore Mvhayv Salceda and Junior Jadelen Cartwright posing with Ms. Smith.



Freshman Maddie Schatz with her turkey leg



Freshman Emma Bruce showin' off the penguin prize she won



Junior Jadelan Cartwright and Senior Lillian Phillips cheesin'

# Oklahoma State Fair-2023



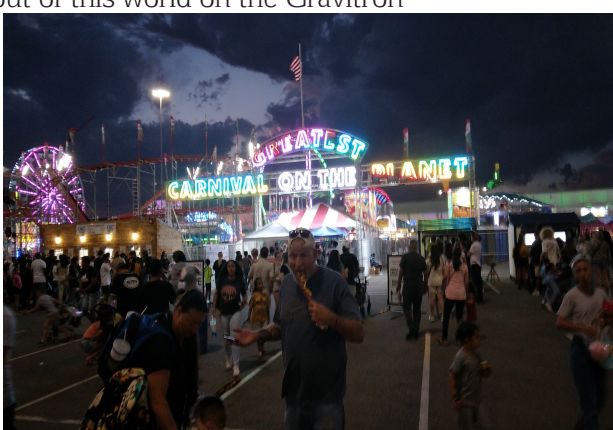
Senior Patience Romines, Senior Lillian Phillips, Senior Juliauna Marson, and Junior Jadelan Cartwright lookin' out of this world on the Gravitron



Senior Roxy Maryn and Junior Maegan Wildcat lookin' fly



Softball team with Assistant Coach Kristi Hill



Journalism Class with the exception of Faith Cornett



Sophomore Kursten Maxwell and her mom flashing their fancy wrist bands.

Freshman Miley Wildcat enjoying a ride at Nation Days.

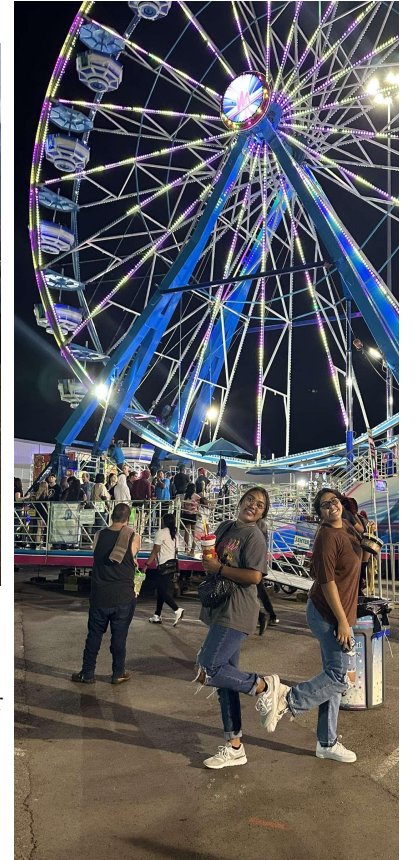


Senior Roxy Marin with Varnum alum Jael Salceda before the ride.



## Seminole Nation Days

Sophomore Mvhayv Salceda chillin' with her nephew



Freshman Xavier Martinez, Junior Annalees Martinez, and Freshman Jazmyn Williams participating in the cultural dress and contemporary dress competition

Bre Holahta, Bella Larney, Nat Beaver, and Chris Brager waiting in line.

Senior Nat Beaver and Junior Kat Morgan pose by the Ferris Wheel.

## Staff Bios

by Montana Goad & Dazia McCulley



Officer Trey Philips is one of the school resource officers we have here at Varnum. Trey chose Varnum because it's a small school and he feels like the kids would feel safer with an officer on campus especially in today's world, Philips has been a cop for 3 years. Trey went to Depew High School then he attended ECU. Officer Philips favorite thing about Varnum is that everyone knows everyone. Here's some fun facts about Officer Philips: his favorite color is black, his favorite food is anything Italian. His favorite sports team is the LA Lakers, and his favorite sport is basketball.



Amber Bernard-Davis is the P3 teacher. Amber chose Varnum because her son went here and there was a job opportunity so she took it, Amber has been a teacher for 15+ years. Amber went to highschool at Earlsboro then she attended college at ECU. Amber's favorite thing about Varnum is it's family oriented and it's a small school. Here's some fun facts about Amber: her favorite color is black and white, her favorite food is Mexican. Her favorite sports team is ORU baseball and her favorite sport is baseball.

## Senior Spotlight

By Julieauna Marson & Emma Bruce

**Name**  
Patience

favorite teacher:  
Mr. Horn

Favorite subject: Journalism

**About me**  
Patience came to Varnum in Pre-K. After high school Rowines plans on going to college and then plans on do becoming a first grade teacher. Her favorite memory is when her journalism class went to the state fair.

**Family/accomplishments**  
Mother: Misti Rowines  
Father: Kris Rowines  
Siblings: Payton Rowines, Parker Rowines  
Accomplishments: FCA leader, Cheer captain, senior class secretary/ treasurer

Congratulation class of 2024!

### FCA

by Patience Romines

Last weekend Fellowship of Christian Athletes went to the Oklahoma State Game. Before the game they had fellowship with some of the players. Below are pictures from their trip.



### Softball

By Faith Cornett

Bristol Lewis and Karsyn Lowry are the two eighth grade girls on the junior high softball team. They both plan to play varsity softball next year. She is also looking forward to coaching them next year.



Karsyn Lowry with Assistant Coach Hill



Bristol Lewis with Assistant Coach Hill



Bristol Lewis & Karsyn Lowry

### Dear Whippet

Dear Whippet, thank you for writing to us. Your question was "Should I get back with my ex? ". I believe that it probably isn't a great idea to get back together with your ex. I've always been told that people break up for a reason. It's okay to give yourself time to get over this person.

The pain of being left or having to leave someone is very overwhelming, stressful, and sometimes you grief. Before you think about getting back together with your ex, give yourself time to get over that person or the situation. Normally during this time people realize who that person really is, a good expression is them showing their "true colors". I recommend never being hateful towards each other because realizing these things can make a person very angry.

The most mature thing to do would be admitting these mistakes to each other and not blaming the whole situation on one person. It takes two to break up or be in a relationship. We hoped we helped your curiosity and thank you, again, for writing to Dear Whippet.

