

## Talking Heads

By Jadelan Cartwright, Montana Goad, and Dazia McCulley



### Affirmations

by Calora Cain

I allow myself to feel my grief and heal at my pace.

My pain is real, but so is my resilience.

I remember my lost loved ones with love and gratitude.

I find comfort in the memories and legacy left behind.

I am surrounded by love and support during this difficult time.

My grief does not define me, but it helps me grow.

I am strong enough to face this pain and find peace.

It's okay to seek help and share my feelings.

I honor my grief but also embrace the joy in life.

### Current Events

By Maddie Schatz

October 30th: HS Girls & Boys Vs. Latta @4 pm

October 31st: Juniors & Seniors Focus at 12:30 pm

October 31st: Elementary Halloween Party @ 2 pm

November 1st: Elementary Pumpkin Patch & Tribal Fest SSC @8:30

November 2nd: Military Recruitment Junior & Senior @12:30

First HS Basketball Game Vs. New Lima @6:30 (Home)

November 3rd: HS Basketball Game Vs. Caney @6:30 (Home)

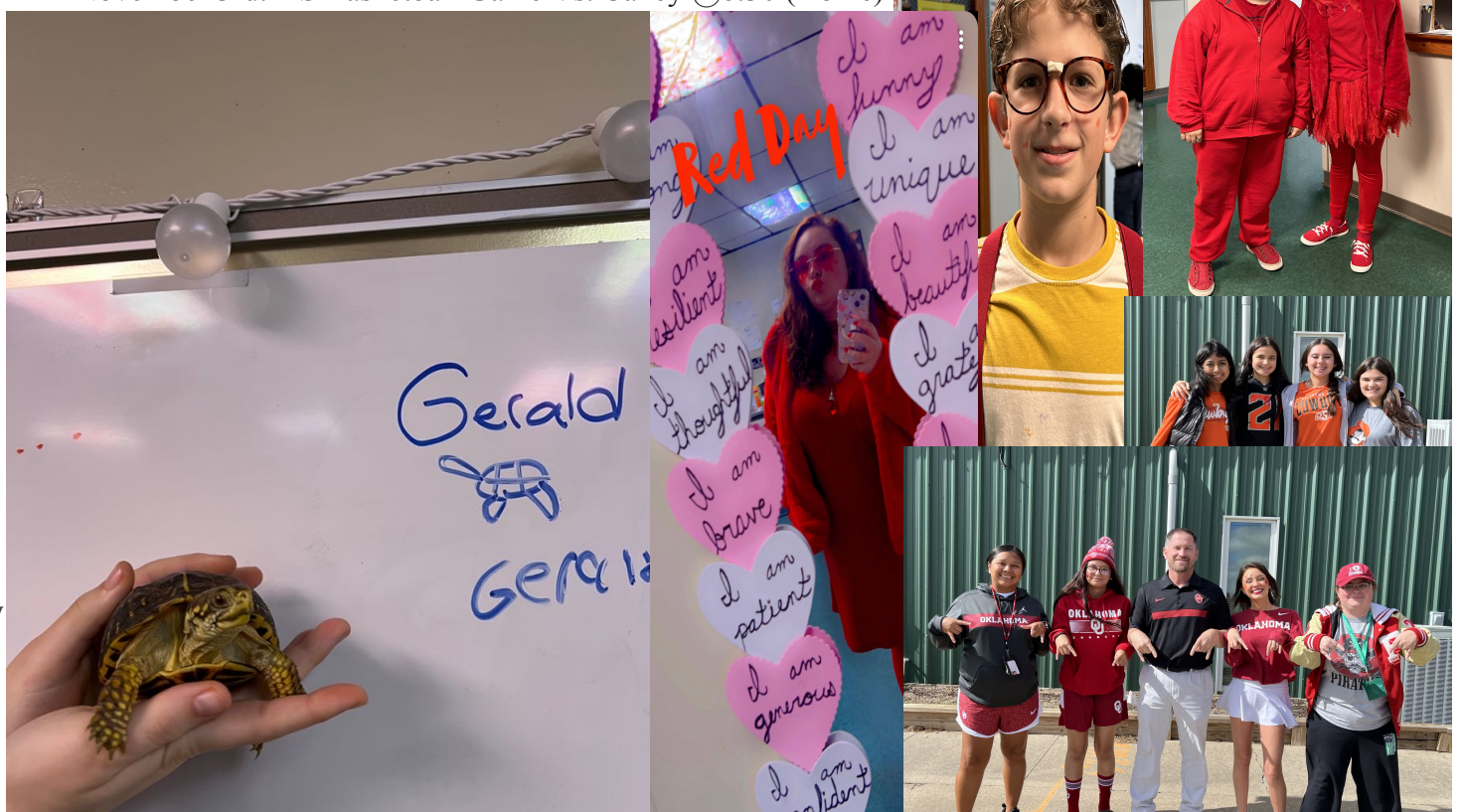
### Fun Facts

By Montana Goad

There should be some fun facts here, but this journalist missed deadline.

So here are some of the pictures we had to cut from our Red Ribbon Week section for space.

Week section for space.



# World Wide Whippets

By Julieauna Marson

Over our fall break, Senior Julieauna Marson traveled to Galveston, Texas. Galveston is almost 780 miles from Seminole, which would be a little over 7 and a half hours to drive. Galveston is an island at the gulf of Mexico. One of this island's main attractions is its historical Pleasure Pier, located on the south shore, Pleasure Pier has one roller coaster that sits atop the pier along with 15 other rides, carnival games and souvenir shops. Galveston is also famous for its renowned grave sites, "At 200 years old, Galveston's Old City Cemetery is the region's earliest burial ground. It's no surprise that the Old City Cemetery is also considered the district's most unnerving. With its mausoleums and nineteenth-century tombs, it's a macabre memorial to an infamously haunted history." (<https://ghostcitytours.com/galveston/haunted-galveston/old-city-cemetery/>)



# E-Sports

By Emma Bruce

Freshman Emma Bruce interviewed Junior Ruben Zapata. When asked what his favorite part about being in Esports is, he answered with playing games and hanging out with his friends. Ruben's favorite game of all time is call-of-duty black ops. He seemed very animated when answering that question. A big part of his expectations for the season includes working towards his gaming expertise. Bettering himself not only for his own benefit but for the rest of the team as well. His preferred gaming console is PS4. He'd choose it over the rest in a heartbeat. Ruben started to pick up on gaming when he was very little. The thought of playing games professionally was always in the back of his mind growing up. Discovering Esports only enhanced the love he already had for gaming. He was asked who his favorite person on the Esports team to compete with, and he replied with CJ Benard. They are a competitive bunch. Finally, when questioned about the views of his Esports Coach, Zac Self, he was more than supportive. In his words, "he is one of the best coaches here". I can practically feel the love from here.



# Basketball

By Myhayv Salceda

This week the 3rd and 4th have the Bowlegs Elementary Tournament. On Tuesday October 24, 2023, the 3rd and 4th grade girls and boys played against Strother. The girls played at 3:00 p.m and got a great victory of 14-3. The boys played Strother and lost 23-18. The girls will play on Thursday at 5:20 p.m. If they win they will play on Saturday in the championship at 2:10 p.m. Since the boys lost, they will play Thursday at 3:30 p.m.If they win they will play for consolation on Saturday at 10:00 a.m. On the high school court, the Athletic Booster Club will be continuing the "Adopt a Whippet" again this year. The "Adopt a Whippet" is when a parent, guardian, or community member buys a gift for a secretly assigned basketball player or cheerleader. They will exchange the gifts at every home game. This year there will be 9 home games for this high school basketball season. This means the parent/guardian will have to buy the athlete they adopted 9 gifts. The gifts don't have to be expensive and the students fill out a questionnaire with their likes and dislikes. The names of who the athletes gift buyers will be revealed at

-the last home game. The players will then be able to give their thanks to their buyer. Thank you for taking the time out of your day to read this article. I hope you enjoyed



## Baby Picture Round-Up

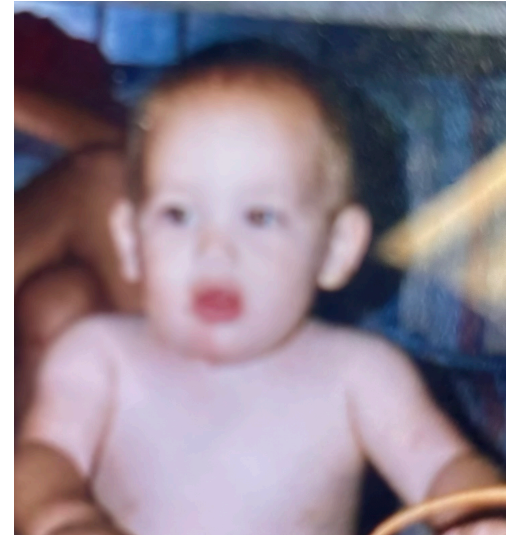
by Faith Cornett

Guess the Staff Member Each Baby Picture Belongs To



**Baby A.**

**Baby B.**



**Baby C.**

### Staff Bios

by Julieauna Marson & Maddyson Marson-Compton

Maddyson Marson interviewed Mrs. White about her counseling and administration job. Miss White faces many challenges. One of her challenges was overcoming a fellow coworker who had called in on her to solemnly accuse her with false accusations and how she overcame that when she confronted the coworker, face-to-face. Miss White tries to improve efficiency at Varnum, she figures out what works best for her, her students, and her school. To best improve her multitasking White usually uses calendars to organize undertaking tasks from most difficult to least difficult, and most important to least important, in other words a comprehensive to do list. White has worked as a receptionist at a Health Department, and at the Administrators Office at Seminole State and she states that working in Varnum has been her favorite experience from the previous jobs that were mentioned. Ms. White has plenty of leadership experience, considering that she was ahead of most of what she worked at and got to train people that were below her. When it comes to the counseling role Miss White, believe that it is important to have a good bond with your counselor. For the prime aspect of it, not being able to tell your story and that you should have a good relationship with the person that you want to tell your story to. Ms. White says, "that relationship is with find you together and makes you feel okay to open up". Ms. White says that she had a son that needed a lot of help and he helped her show her that's what she wanted to do in life. That is why she is a school counselor she believes that a lot of people don't know how to talk to a person in the right way, or like she has been trained to. Ms. White says the empathy is the characteristic that a school counselor should always have because you need to be able to feel that empathy to help that child.

### Senior Spotlight

By Julieauna Marson

**Name**  
Ashlynn  
McMillan

Favorite teacher:  
Mr. Parson

Favorite subject:  
English

**About me**  
Ashlynn came to Varnum in Middle school, about sixth grade. After high school, McMillan plans on apprenticing with a tattoo artist and working her way up to become one. McMillan favorite memory from high school is the founding of Gerald.

**Family/accomplishments**  
Father: Micheal McMillan  
Mother: Brady McMillan  
Siblings: Micheal McMillan II and Blakely McMillan  
Accomplishments: E-Sports member, Robotics, drama, and being the best senior!

Congratulation class of 2024!

### Red Ribbon Week



**Tuesday: Nerd Day  
Winner: Ayiana Brown**



**Wednesday: Neon Day  
Winner: Ayiana Brown**



**Thursday: Team Day  
Winner: Ayiana Brown**



**Friday: Red Day  
Winner: Kal Marcel**

**We hope everyone had a stupendous Red Ribbon Week!**

### Two Truths and a Lie

By Julieauna Marson

**Can you guess the lie?**



**Ms. White  
Her grandpa fought in Pearl Harbor.  
She loves shrimp.  
Her aunt was born in Bermuda.**

**Ms.Hill  
Her favorite color is turquoise.  
She has been a coach for two years.  
Her height is 5'4.**



**Mr.C  
He has worked as a radio DJ.  
He has worked as a security guard.  
He has worked as a bricklayer.**



### Dear Whippet

Dear Whippet,  
Thank you for your submission, we would like to encourage that if you need advice about anything and everything please do write to our "Dear Whippet" column. Your question was "Ways to start off the day", A great way to start off any day is to have a routine. A good routine would be your basic hygiene, like brushing your teeth, washing your face, brushing your hair, and getting dressed, and other typical daily regimen you follow. Another great way to start off a day is working out, going for a jog, or even just taking the dog on a walk. You can also try journaling, like keeping a dream journal and tracking your dreams, or just waking up and writing what is on your mind is even an exceptional method to help yourself begin the day, now you can use all of these techniques in one system or fine your own balance in them. I hope this helps with what you are struggling with.