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VOL. 3 - ISSUE 36 Proud to be your newspaper serving Whitecourt and our surrounding communities Tuesday, September 16, 2014

## 50,000 reasons to embrace winter



Photo Olivia Rutt

MLA George VanderBurg presented a check of \$50,000. to the Rotary Club last Friday. The funds will go towards the construction of the Winter Recreation Park. See page 6 for story.

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The most widely distributed weekly newspaper in Whitecourt and area.  
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# New hospital gets hopeful start date

By Olivia Rutt  
Whitecourt Press

After a meeting between the town of Whitecourt, Woodlands County, Friends of Whitecourt, and various members of the provincial government, a new hospital has received a tentative start date but no further details have been established.

The meeting was

called to discuss the needs of the new hospital and what types of services it will offer as well as the start date in the fall of 2016.

"The need for a hospital had been identified a long time ago. This is the first time since I've come on as an elected official that we have taken it to the next level," said Whitecourt Mayor

Maryann Chichak.

The Alberta Health Services recommends the health care centre to have 24/7 emergency services with onsite EMS, inpatient beds, outpatient and ambulatory services, diagnostic services, continuing care support, and co-located primary and community health services.

The needs assess-

ment has indicated that Whitecourt has some special health needs that they are hoping to work into the new facility. This includes the cancer rates and suicide rates are higher than the provincial rate, the birth rate is higher than the provincial average, and there are gaps in addiction and mental health services.

The land that the town and province are considering is the land plot directly beside the existing facility. There are some concerns with that plot and the mayor does not want to feel constricted when considering where to build.

"Depending on the scope and style of hospital they build, I want to ensure for our commu-

nity that land isn't an issue, that we build a hospital that will accommodate our community for the next 50 to 60 years," said Mayor Chichak after the council meeting on Monday.

The cost of a new hospital has not been identified but it would be fully funded by the provincial government.

## Whitecourt wins AUMA award

By Olivia Rutt  
Whitecourt Press

The Town of Whitecourt Senior Team has won the Alberta Urban Municipalities Association Dedicated Senior Municipal Team Award for its work in 2013.

The CAO, Peter Smyl, and the Town of Whitecourt directors are the recipients of the award.

"The award is based on different criteria areas. It would be based on how you manage your finances within your municipality, how you communicate, how you build your infrastructure, and how you do your long-term planning," said Whitecourt Mayor Maryann Chichak. "It's very exciting for our community."

## Arts council starts new season

By Olivia Rutt  
Whitecourt Press

Have some inspiration to make some art, but don't have an outlet? The Society of Whitecourt Arts Council (SWAC) is starting a new season of the council which is a perfect way to be involved with other artists and create something.

"What we want to do is foster an arts community in Whitecourt, get art out into the community, help our artists be seen in the community, as well as educate," said

Cheryl Duncan-Molloy, the vice-president of SWAC.

Whether you paint, draw, sculpt, design, or craft, the Arts Council is open to all artists.

"Our council is a loose collection of artists from Whitecourt; we have people from all disciplines," said Duncan-Molloy.

SWAC runs a council meeting once a month where artists can participate in learning meetings through videos and demonstrations. Also

hosted is an open studio day once a month, where artists can bring in whatever they are working on or participate in group art projects.

"Our goal is to take time for art and get art into the community," said Duncan-Molloy.

This year they are hoping to do an art abandonment project where they will leave small art pieces around the community for people to find. They are going to host two workshops during their season where artists can

learn new techniques or new disciplines.

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## NOTICE OF PUBLIC HEARING

**Proposed Amendment to Land Use Bylaw No. 1429  
Monday, September 22, 2014 - 7:00 p.m.  
Forest Interpretive Centre - Council Chambers**

Pursuant to the provisions of the Municipal Government Act, application has been made to amend Land Use Bylaw No. 1429:

Bylaw No. 1429-21

These amendments propose to rezone Lot 1A, Block 10, Plan 122-5038 from C-3 (Highway Commercial) to D-C (Direct Control). Rezoning of the land to D-C will make Council the Development Authority for this parcel.

A public information meeting will be held at **6:45 p.m.** at the Forest Interpretive Centre on September 22, 2014 prior to the Public Hearing. Any individuals or organizations may make presentations, speak at the hearing, or submit written comments for consideration. Written comments must be received at the Town Office before noon on September 22, 2014.

The purpose of the Public Hearing is to allow presentations for or against the proposed amendments.

Questions on the process or the Public Hearing should be directed to Jennine Loberg, Director of Planning and Development, at 780.778.2273, e-mailed to [jennineloberg@whitecourt.ca](mailto:jennineloberg@whitecourt.ca) or mailed to the Town at Box 509, Whitecourt, AB, T7S 1N6.



## NOTICE OF PUBLIC HEARING

**Proposed Amendment Municipal Development Plan  
Bylaw No. 1428 and to Land Use Bylaw No. 1429  
Monday, September 22, 2014 - 7:00 p.m.  
Forest Interpretive Centre - Council Chambers**

Pursuant to the provisions of the Municipal Government Act, application has been made to amend Municipal Development Plan Bylaw 1428 and Land Use Bylaw No. 1429:

Bylaw No. 1428-02

Bylaw No. 1429-20

These amendments propose to rezone Lot 7, Block 23, Plan 802-1724 from C-3 (Highway Commercial) to C-2 (Service Commercial). The proposed rezoning is to allow service commercial uses on this lot.

A public information meeting will be held at **6:45 p.m.** in the foyer of the Forest Interpretive Centre on September 22, 2014 prior to the Public Hearing. Any individuals or organizations may make presentations, speak at the hearing, or submit written comments for consideration. Written comments must be received at the Town Office before noon on September 22, 2014.

The purpose of the Public Hearing is to allow presentations for or against the proposed amendments.

Questions on the process or the Public Hearing item should be directed to Jennine Loberg, Director of Planning and Development, at 780.778.2273, e-mailed to [jennineloberg@whitecourt.ca](mailto:jennineloberg@whitecourt.ca) or mailed to the Town at Box 509, Whitecourt, AB, T7S 1N6.



## WHAT YOU NEED TO KNOW ABOUT LAND USE BYLAW 1429

The Land Use Bylaw impacts everyone in Whitecourt – whether you are constructing a new home, starting a new business, or building a deck. The Land Use Bylaw guides all development applications and permit processes, and regulates the use of land within our community. Land use regulation ensures orderly, sustainable, and attractive development of land within Whitecourt.



### Zoning

The town is divided into Land Use Districts; each with its own regulations specifying the type of development allowed and detailed standards relating to building size, height, location, landscaping, site coverage, etc. This is commonly referred to as zoning. Zoning is an important tool for managing long-term priorities of the Town of Whitecourt and has an impact on our community's lifestyle, land values, sustainability, infrastructure, and use of resources. To find out what your neighbourhood is classified as, and what types of development are permitted in it, visit [www.whitecourt.ca](http://www.whitecourt.ca) and search "Land Use Bylaw" to find a zoning map, information brochures, and further details.



### Land Use Bylaw Review

In an effort to enhance how we manage existing and future growth, the Town of Whitecourt is reviewing our Land Use Bylaw. Throughout the last several months we have hosted a public information meeting, and conducted a survey to gain your feedback on the existing bylaw; and your comments have been incorporated into the first draft of the new Land Use Bylaw. Watch for advertisements in the coming weeks as we will be hosting our second open house and inviting you to once again share your opinions, comments, and suggestions. We plan to have the new Land Use Bylaw approved in early 2015.



**If you have questions about the existing Land Use Bylaw or the review, please contact the Planning and Development Department at 780-778-2273.**

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## How I see it

Welcome, everyone, to this week's issue of the Press.

Bundle up! As the weather gets colder those are words we will use on our children as they head out to the bus or outside to play. Yet, we adults don't seem to be taking our own advice. According to WebMD, most frostbite cases occur in adults aged 30 to 49.

I think it's the classic case of, "Do as I say, not as I do." You know what I'm talking about. We pack a healthy lunch for our kids but nosh on a candy bar at work because we are too busy to make a whole-wheat sandwich for ourselves. We shoo the kids outside to get exercise but ignore the treadmill in our basement. We tell our kids to put on their gloves but we dash between the car and house figuring we'll be okay.

It's not okay. Car trouble or sudden building evacuations can leave you literally out in the cold. If you have circulatory problems you are at a greater risk for frostbite. Frostbite can quickly turn into a serious condition that requires medical attention.

Winter is coming so take your own advice and bundle up. Keep a hat, gloves, and a scarf in your car (or leave them by the door so you don't forget them) and shore up that warm sock collection. Keep those fingers and toes healthy and happy as the weather gets colder.

*Have a wonderful week everyone!*

**Valerie Winger**  
Owner/Publisher

## Samantha's View



By **Samantha Winger**  
Special to the Whitecourt Press

Good morning, Whitecourt! I am just starting my third week of university, and let me tell you it is not at all what I thought it was going to be. Before I started actually attending university, I had so many pre-conceived ideas of what it was going to be like. I dreaded going to the first day of classes; I felt naive and unprepared. All the anxiety I was experiencing before my classes started was completely unnecessary. It turns out

all the terrible things I had already decided about university couldn't be further from the truth. I actually enjoyed my classes immensely these last few weeks, and I couldn't be happier about my decision to go. I think there are a lot of us who make decisions based on completely uneducated assumptions. If I had decided not to attend university due to my anxiety in relation to it, I never would have realized how fantastic it was.

If we let our fears and insecurities keep us from experiencing new things in life, we're never going to grow and develop as people. Many of life's best experiences and lessons are learned when we leave our prospective comfort zones. Life

is meant to be experienced and chances are, it's not as scary out there as we think it is. Who knows, you might end up completely falling in love with something you were too scared to try your whole life. My mom always said to me, "You won't know unless you try, right?" She couldn't have been more right if she had tried.

## 100 year design flood

Dear Editor,

This letter has been written and re-written a number of times. Hopefully, it now represents reality reasonably well!

Firstly, the 100-year design flood prepared by Northern Hydraulic Consultants for the County of Woodlands is based for credibility reasons on historic events.

Secondly, it appears that historic flooding events are no longer typical of what has happened recently and what is likely to be the future norm.

John Pomeroy (Edmonton Journal - 23 June 2014 - Prairies feel brunt of storms) says a "regime shift" in the climate system has taken place. John Pomeroy is director for the Centre for Hydrology at the University of Saskatchewan, and holds a Canada research chair in water resources and climate change. It may be a good idea for us to pay attention to what he says! He attributes our last prairie storms to a phenomenon where moisture-laden storms move up from the US and "stall" over our prairies - and it rains and it rains - unprecedented floods result.

The ugly truth may be that Northern Hydraulics Consultants 100 year design flood level could become a much more frequent event (we could have two in one year) and the flooding

intensity could be much more severe. It doesn't take much of an imagination to have such a storm "stall" over the Athabasca River watershed - the resulting flood could make Northern Hydraulic Consultants 100 year design flood look like a kindergarten party. Everything in the floodway could be washed away. Residences, outbuildings, erosion control infrastructure, and much more could be destroyed.

What has just been said is pretty dire. However, the municipal government of Calgary appears to have reached a similar conclusion. The Maclean's Issue of 23 June 2014 (The Great Alberta Flood) carries the statement in part, "The city now aware of the truism that "one - in - 100 year events are inevitable..." Doesn't that appear dire?

Is it not time to make an effort to determine the level of flooding that would likely result if a storm of the characteristics of the one that ravaged south western Alberta stalled over the Athabasca River watershed? Would doing that not be a sign of performing good governance on the part of our local municipal government?

Time will tell!

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Alex Bauer**

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### THE MORE THINGS CHANGE



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## WHITECOURT'S AFFORDABLE HOUSING & SECONDARY SUITE PROGRAM

Have you been thinking about putting in a secondary suite in your home to offset your mortgage costs?

Now may be a good time to put your thoughts into action by applying for funding under the Town of Whitecourt's Secondary Suite Program. We have up to \$10,000 in funding available to either bring an existing secondary suite into compliance with Alberta Building Codes or for the construction of a new suite in a new or existing home. This program is also applicable to secondary suites in the Downtown Commercial (C-1) Land Use District.

Application forms and further information is available at the Town Office or online at [www.whitecourt.ca](http://www.whitecourt.ca).



**For more information, please contact Wendy Grimstad-Davidson at 780.778.2273 extension 122, or by email at [wendydauidson@whitecourt.ca](mailto:wendydauidson@whitecourt.ca).**

## GET INVOLVED....IT'S YOUR TOWN! Opportunity for Public Participation

Every fall, the Town of Whitecourt recruits citizens to fill volunteer positions on various boards and committees that provide Town Council with perspective and recommendations regarding important civic issues. Whitecourt is a diverse, growing town, and citizens are in the best position to provide input on our changing community needs.

Get involved! It's your town. Share your knowledge and meet new colleagues.

Residents of Whitecourt are invited to serve on a Civic Board. The Town of Whitecourt is now accepting applications for:

### Youth Advisory Committee

*"To work collectively to ensure that the needs of Whitecourt's youth are met."*

(8) Student Representatives from Hilltop High School, St. Joseph School and the Community at large - term to expire September 2015.

### Subdivision & Development Appeal Board

*"To address decisions on appeals of subdivision or development decisions made by the Development Officer or Municipal Planning Commission"*

(1) Member - term to expire in October 2017

Applications outlining a brief history of any past community involvement and interests will be accepted until 12:00 noon, Wednesday, October 8, 2014, at:

Whitecourt Town Administration Office  
Attention: Darlene Ashcroft, Legislative Coordinator  
5004 - 52 Avenue  
Box 509  
WHITECOURT, AB T7S 1N6  
Fax: 780-778-4166  
email: [darleneashcroft@whitecourt.ca](mailto:darleneashcroft@whitecourt.ca)

Applications will be presented to Town Council at the October 14, 2014 Regular Meeting.

## TOWN OF WHITECOURT - LAND USE BY-LAW 1429 NOTICE OF DECISION

The following decision were made by the Development Officer:

PERMIT NUMBER	APPROVAL DATE	LOCATION	PROPOSED OR EXISTING DEVELOPMENT	DECISION	APPEAL MUST BE MADE PRIOR TO 4:00 pm on THIS DATE
14-194	SEPTEMBER 10, 2014	84 WELLWOOD DRIVE	VARIANCE TO SITE COVERAGE	Approved with conditions	SEPTEMBER 19, 2014

An appeal of the above decision(s) may be made by submitting a written appeal and appeal fee (\$220) to the Office of the Secretary of the Subdivision and Development Appeal Board, Town of Whitecourt Administration Building, Box 509, Whitecourt, Alberta, T7S 1N6, prior to **4:00 p.m., on the date(s) shown above**. Any person(s) affected by the said proposal(s) has the right to appeal prior to the above date.

## TOWN OF WHITECOURT - LAND USE BY-LAW 1429 NOTICE OF DECISION

The following decisions were made by the Municipal Planning Commission on September 11, 2014:

PERMIT NUMBER	APPROVAL DATE	LOCATION	PROPOSED OR EXISTING DEVELOPMENT	DECISION	APPEAL MUST BE MADE PRIOR TO 4:00 pm on THIS DATE
W14-197	SEPTEMBER 11, 2014	3502-43 AVENUE	DISCRETIONARY USE	Approved with conditions	SEPTEMBER 25, 2014
W14-193	SEPTEMBER 11, 2014	4012-41 AVENUE	SIDE YARD VARIANCE	Approved with conditions	SEPTEMBER 25, 2014

An Appeal of the above decisions may be made by submitting a written appeal and appeal fee (\$220) to the Office of the Secretary of the Subdivision and Development Appeal Board, Town of Whitecourt Administration Building, Box 509, Whitecourt, Alberta, T7S 1N6 prior to 4:00pm on the above noted date. Any person(s) affected by the said proposal has the right to appeal prior to the above date.

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## Career and Education Expo showcases Whitecourt

By Susan Hofforth  
Whitecourt Press

On September 29, Whitecourt will get a chance to see what the community has to offer. Career and Education Expo 2014 is coming to connect people with opportunity. "Whitecourt is one of the world's best places when it comes to career opportunities," said organizer Chad Merrifield.

The event will be held at the Allan & Jean Millar Centre. More than 1,000 high school students are expected from the Whitecourt area, but the event is open to anyone looking for career information or new employment.

The purpose of the event, said Merrifield,

is youth retention. "We want to keep our young people in Whitecourt. We need to increase public awareness of career options available in the Whitecourt area, and discourage young people from moving out of the community to find work. At the same time, employers spend a lot of time and money recruiting from outside the community and are not aware of the local potential in our labour pool." he said.

Almost 50 employers will be available to speak to students and the public at the Career Expo. Employers will be showcasing the jobs and career opportunities they currently have available within their companies as well as the

type of work they offer. A logging company, for instance, does not only hire loggers. They also need instrumentation workers, information technologists, electrical engineers, and accountants.

Once students have found something that interests them at the Career Expo, the day also offers an Education Expo with 27 college and university representatives attending. After learning about the employment opportunities, students will be able to discuss their interests with the universities and colleges to learn what training and courses they require to achieve their goals. They can then go back to the high school guidance counsellor to learn about

work experience or apprenticeship programs that can help. "More and more apprenticeship programs and job training will be available in Whitecourt in the near future," said Merrifield. "A lot of money can be

saved by living, training, and working at home."

There will be a Job Fair in the evening from 6 to 9 p.m. that will be available to the public. Anyone is welcome, but it is aimed at adults who are looking for new op-

portunities. Employers will be interviewing on the spot.

Everyone is encouraged to come and find out what our area holds for career opportunities. You are going to be amazed!



By Susan Hofforth  
Whitecourt Press

## FROM THE FIREHALL Be safe with matches and lighters

Careless use of matches and lighters start many home fires. Children playing with matches are a common cause. Children are very curious about fire, and they associate fire with things that are fun. Blowing out candles on a birthday cake, or roasting marshmallows over a summer campfire are examples. Lighters can be a big attraction for kids. They are bright and colourful, and perfectly sized for a child's hand so they can seem like an exciting toy. Some novelty lighters, shaped like animals or cars, can easily be mistaken for toys.

Keep lighters and

matches out of the reach of children. Store them out of sight, perhaps, even in a locked area, and teach children to bring them to you if they find any. Tell your children that lighters and matches are tools for adults, not toys for children. As they grow up, teach them to respect fire and use it safely. When children blow out candles or help to prepare a campfire, this is an opportunity to impress on them the significance and power of fire.

Lighters do come with child-resistant features and it's a good idea to use that kind whenever possible, but don't rely

on the child-proofing for safety. A child-resistant lighter can still make a flame.

If you are a smoker, never leave your lighter lying around. Always keep it with you, and away from a child. Be careful, yourself, when smoking. Never smoke when lying down, when drinking, or taking medication that makes you drowsy. People who fall asleep while smoking is another common cause of home fires

Home fires caused by matches or lighters are easily prevented with careful attention, planning, and proper education.

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## Winter Recreation Park given \$50,000

By Olivia Rutt  
Whitecourt Press

George VanderBurg, MLA for Whitecourt-Lac Ste. Anne, was in Whitecourt on Friday to present the Rotary Club with a \$50,000 cheque for the Winter Recreation Park.

"We've already committed \$125,000 and this would be another

\$50,000 on top so we're very pleased with that," said Merv Hilland of the Rotary Club.

The park's opening day is coming upon us and there is still much to do around the hill. They will soon be putting in the water for making snow, the lift is expected to be installed in October, and they need

to build the shop for the December opening.

The shop will operate as the main base for the first couple of years until they have raised enough funds to build a chalet or lodge.

The funds for this donation come from the Alberta Lottery Fund. "This is all from the lottery program, so every time you buy a lottery ticket and lose, or put a \$20 bill in a slot machine and lose, know that a portion of those winnings always come back home," said Vanderburg.

The park has been and continues to be built solely on donations and sponsorships.

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**Community Connections draws hundreds**

By **Olivia Rutt**  
Whitecourt Press

Community Connections, hosted by the Allan & Jean Millar Centre, attracted hundreds of parents from around Whitecourt signing up for clubs and sports for the fall season.

"It's where different groups throughout the town, sports or service groups can come together so members of the community, families or individuals, can register for their program or service," said Fay Arcand, the Family and Community Support Services Co-ordinator.

This year, the Millar Centre saw hundreds of people pass through the 33 booths set up. It was the most booths they have ever had in the event.

"It's been very popu-



lar," said Arcand, "It's just a service that we provide the community, for families, to come and register all at once."

Community Connections brought out a number of sports teams such as Community Basket-

ball, Minor Hockey, Skating Club, Tae Kwon Do, and Blue Dolphins Swimming.

There were educational programs such as the Girl Guides, Junior Rangers, and Air Cadets; art programs such

as Illusion Dance, Music for Young Children, Gymnastics, and Sabres Cheer; and community groups such as the Winter Recreation Park, Community Lunch Box, and Wellspring.



Photos Olivia Rutt

**P.A.R.T.Y. program**

By **Olivia Rutt**  
Whitecourt Press

The Prevent Alcohol and Risk-related Trauma in Youth (P.A.R.T.Y.) program is starting for another school year of educating teens to make smart choices. The program focuses on the messages to drive sober, buckle up, wear the gear, look first, and get trained.

"It's a prevention program for grade nine students to give them some skills and show what would happen to them and the people around them when they make a bad choice," said Tina Prodanuk, the Crime Prevention Co-ordinator for the Town of Whitecourt.

The reality-based presentation they gave earlier this year to grade nine students focused on a mock scenario of a real incident that happened locally. It showed how the emergency services react to accidents. Later, the program showed the teens what it takes to recover from such an incident. A local injury survivor, who is now a quadriplegic, shared his story.

"There are some tears and some shock," said Prodanuk. "We scare

them a little bit but that's reality."

The P.A.R.T.Y. program also offers the Ride Home Program, where students can get inexpensive rides home when they find themselves without a safe ride home.

"The Ride Home Program is one of the programs we want to continue with in the community; if we can save one child a year... it's worth it," said Prodanuk.

This is their 14th year of the program, but funding struggles have made them cut back in certain areas. The Ride Home Program participation

dropped in the first half of 2014 because of lack of promotion and lack of funds.

Prodanuk hopes to change that for the second half of 2014. "This is one of those programs that I think works and is proven to work and I think it would be detrimental to lose out on a program like this," said Prodanuk.

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PARTIAL LISTING: PROPERTY 3.5 Acres, Fully Fenced Property **HOUSE** Approx. 1,400 SF Bungalow Style Home (Built In 2000) **SHOP** 32' X 28'-14' Walls W/ 12' Door **HEAVY TRUCKS** 2009 KENWORTH T-800, 550 Cummins Eng., 18 Spd. Double Over Trans • 2003 Volvo 425 Cummins Engine, 18 Spd. Double Over Trans **TRAILERS** 2014 PJ 5th Whl. 24' Tri-axle, Single Wheels, Like New Condition • 2006 MANAC, Tri-axle, Flat Deck, W/ Bunks. **EXCAVATORS** 2006, BOBCAT 334 Mini Excavator **SKIDSTEER** NEW HOLLAND LS190 **LIGHT TRUCKS & CARS** 2012 CHEVROLET CRUZE • 2011 FORD F350, Crew Cab, 6.7 L. Scorpion Diesel Engine • 2004 CHRYSLER PACIFICA, AWD **ATV** YAMAHA 200E W/ Reverse. **LAWN & GARDEN** • **SHOP EQUIPMENT** LINCOLN Continental Welder, 200 Amp • BABC0 Car/ Truck 9,000 Lb. Hoist. • Upright Air Compressor, 220 Volt, Twin Cylinder • 8 HP Kohler Engine, W/ Genset • Hoist Frame W/ Trolley

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# -Introducing the small business job credit-



## MP Report

by Hon. Rob Merrifield M.P.

Your Government is squarely focused on creating jobs, growth and long-term prosperity for the people of Yellowhead and all Canadians. In doing this, we recognize the fundamen-

tal importance of small businesses in fueling the Canadian economy. That is why last week we announced the introduction of the Small Business Job Credit, which will lower small businesses' payroll taxes by 15% for the next two years, saving them an expected \$550 million. These savings will help small businesses in Yellowhead hire more employees and grow our economy.

According to the Canadian Federation of Independent Businesses (CFIB), small and medium sized businesses employ 70% of the total

private sector workforce in Canada. That is why we have introduced numerous measures since 2006 to support small business growth – including the temporary hiring credit and the EI rate freeze. In total, small businesses have seen their taxes reduced by 34% since 2006.

The Small Business Job Credit will apply to EI premiums paid by small businesses in 2015 and 2016. The credit will be calculated as the difference between premiums paid at the legislated rate of \$1.88 per \$100 of insurable earnings and the reduced small business

rate of \$1.60 per \$100 of insurable earning in each of those years. Since employers pay 1.4 times the legislated rate, this 28-cent reduction in the legislated rate is equivalent to a reduction of 39 cents per \$100 of insurable earnings in EI premiums paid by small employers.

As an example, a small business employing 14 employees, each earning \$40,000, would ordinarily pay about \$14,740 in EI premiums in 2015. However, since the total EI premiums paid by the employer are less than \$15,000, it would be eligible under the Small

Business Job Credit for a refund of about \$2,200.

Businesses will not have to apply for this credit as it will be automatically administered by the Canada Revenue Agency, which will determine eligibility and calculate the amount of the credit. Once calculated, the credit will be applied against any outstanding debt and then the remaining amount, if any, will be refunded to the small business.

By supporting small businesses in Yellowhead and across Canada, your Government is helping to ensure that Canada's economy con-

tinues to thrive. And the results are showing: we have created over 1.1 million net new jobs since July 2009 (over 82% full-time and 78% private sector), we are projected to have among the strongest economic growth in the G7 in the years ahead, and Bloomberg has recently ranked Canada as the 2nd best country in the world to do business.

I am proud of this Government's record when it comes to supporting our local businesses and I look forward to seeing how our businesses capitalize on the opportunities that are before them.

## Premier



## Keeping In Touch

by George VanderBurg MLA

As I am sure you all know we will soon have a new Premier in Alberta. Premier-Designate Jim Prentice will sworn-in in the near future as the 16th Premier of the Province of Alberta.

Mr. Prentice served as the Member of Parliament for Calgary Centre-North from 2004 until his resignation in 2010. During his time in Parliament he served a number of portfolios

including Minister of the Environment, Minister of Industry, and Minister of Indian Affairs and Northern Development.

I also want to take this opportunity to recognize Dave Hancock for serving as Alberta's 15th Premier, I thank him for the dedication he has shown to the people of this province over the years during not only his time as Premier.

I look forward to continuing to work with Premier-Designate Prentice in his new role, it is time to roll up our sleeves and get to work. This is a new era, filled with new challenges, and I am excited to continue working with, and for the constituents of Whitecourt-Ste. Anne!

For more information on this news story, please visit my website at [vanderburg.mypcmla.ca](http://vanderburg.mypcmla.ca). If you would like to discuss this, or any other provincial matter, please contact me toll free 1-800-786-7136, find me

on Facebook or on Twitter at @MLAVanderBurg.

Keep in touch. George VanderBurg, MLA

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### Money Matters

One Canadian Dollar = 0.90 US Dollar at an exchange rate of 0.9029 (using nominal rate).



Dollar Values as of Sept. 12, 2014



### RESULTS FOR WESTERN CANADA

#### Western 6/49

September 13, 2014

06 07 20 28 43 47

Bonus: 48

Extra: 6724574

#### Western Pick 3

September 14, 2014

2 2 7

Western Extra:

September 14: 2370704

#### Lotto 6/49

September 13, 2014

02 07 17 31 39 43

Bonus: 40

Extra: 6724574

#### Lotto MAX

September 12, 2014

05 06 08 13 24 37 46

Bonus: 30

Extra: 4141246

### A look at the local weather

P.O.P.  
High  
Low  
Wind

24-Hr Rain / Snow



Tues., Sept. 16

Sunny  
10%  
23°C  
6°C  
SW 5 km/h



Wed., Sept. 17

Cloudy periods  
20%  
25°C  
8°C  
W 5 km/h



Thurs., Sept. 18

Variable cloudiness  
30%  
19°C  
10°C  
W 5 km/h



Fri., Sept. 19

Variable cloudiness  
30%  
20°C  
10°C  
W 10 km/h



Sat., Sept. 20

Cloudy periods  
20%  
18°C  
9°C  
W 10 km/h

# Your Voice Matters

Send your letters, comments or story ideas to...

Email: [wctpress@telus.net](mailto:wctpress@telus.net)

Phone: 780-706-1858

Fax: 1-866-647-4105 (Toll Free)



## Canada adopts real world, five-cycle fuel consumption test methodology

(NC) The federal government has updated the methods used to calculate fuel consumption ratings for new light-duty vehicles to better reflect real-world driving conditions and behaviours. Beginning with the 2015 model year, vehicle manufacturers will be required to use the improved testing procedure, known as five-cycle testing.

Instead of using the long-established two-cycle tests for stop-and-go city driving and highway and rural road driving, the updated method includes

three more test cycles for air conditioning, cold weather and higher speeds with more rapid accelerations.

As a result of the new five-cycle testing, fuel consumption ratings will actually increase by about 15 per cent for most vehicles compared to the two-cycle ratings, according to Natural Resources Canada. Values may increase by even more for some vehicle technologies. NRCan points out this is not because manufacturers are producing less fuel-efficient vehicles; it is because

the five-cycle test accounts for more factors that better simulate real-world driving conditions and behaviours.

Fuel consumption ratings help consumers compare the fuel consumption of different vehicles for both city and highway driving. Ultimately, the ratings are intended to give vehicle buyers comparative information about the fuel consumption of different models based on standard tests. The ratings appear on EnerGuide labels that are affixed to new vehicles at new car deal-

erships and on Natural Resources Canada's website. A vehicle's actual fuel consumption will vary from published ratings, depending on how, when and where a vehicle is driven.

If you're wondering why you're not getting the advertised fuel consumption ratings for your vehicle, it could be because of the way you drive. You can brush up on some fuel-efficient driving habits on the NRCan vehicles.gc.ca website as well.

## RCMP report

### Fatal Collision

On September 10, 2014 around 8:00 am, members of the Fox Creek RCMP, EMS and Fire Department responded to a complaint of a two vehicle head-on collision between a passenger car and a logging truck, on Highway 947 approximately 15 km South of Highway 43 near Fox Creek, Alberta. Once on scene it was determined the 25 year old driver and 19 year old passenger of the car were killed on impact, and the 56 year old semi driver suffered non life

threatening injuries.

An RCMP Collision Analyst was consulted during the investigation, Speed and Winter Road Conditions are believed to be a factor. The RCMP are not releasing the name of the vehicle occupants at this time pending an on-going investigation. No charges have been laid in this incident.

This is a tragic reminder that winter driving conditions are upon us and appropriate precautions need to be taken when travelling this winter.

## A perfect day at the park



Photo Whitecourt Press

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- Dynamic Midtown Mall
- Esso
- IGA
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- Max Fuel Distributors Ltd.
- Moose Country
- No Frills
- No Frills Gas Bar
- Rexall • Shell
- Tags • UFA

- 96.7 The Rig
- Advanced Health Pharmasave
- Admiral Inn
- Adrenaline Powersports
- Alaska Highway Motel
- Alberta Treasury Branch
- Al's Sports Quest
- Autopro
- Boston Pizza
- Burger Baron
- Canadian Tire
- Cash Canada
- Celebrations
- Edward Jones Financial
- Emco
- Exit Realty
- Express Showers & Laundromat

### Also available in Whitecourt at:

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- Furniture Den
- Glenview Motel & Café & Peter's Pizza
- Green Gables Inn
- Haze Tattoos
- Hobby Adventures & Electronics at Ellis Electric
- Home Hardware
- Humpty's
- Kal Tire
- KW Mechanical
- Lions Campground
- Merle Norman
- M & M Meats
- Northwell Oilfield Hauling Inc.
- PDS Homestyle Laundromat
- Pro-Tech Truck & RV
- Quiznos
- Ralcomm
- Re/Max Advantage
- Sew Right • Smoker's Corner
- Stoney Creek Outfitting
- Stor-All
- Terry's Hairstyling
- The Brick • Tile Country
- Tirecraft • Vapor Me Crazy
- Walmart
- Western Auto and Imports
- Whitecourt Auto Sales
- Whitecourt Barber Shop
- Whitecourt Communications
- Whitecourt Flooring
- Whitecourt Stationery
- Your Dollar Store with More

### Mayerthorpe:

- Mayerthorpe Fas Gas
- Mayerthorpe Mini Market
- Mayerthorpe District Co-op
- Mayerthorpe Rexall
- Modern Energy UFA Petroleum

- Comfort Inn & Suites
- Esso
- Devonian Hotel & Suites
- Fox Creek Car & Truck Wash
- Fox Creek Inn
- Foxwood Inn & Suites

### Fox Creek:

- Home Hardware
- Husky
- KAOS Hair Design
- Mac's Convenience Store
- MRC Global (Midfield)
- Petrocan
- Rexall
- The Source
- Timber Ridge Inn & Suites
- Subway
- Super 8
- Waye & Sons

### Blue Ridge:

- Blue Ridge Family Foods
  - Cottonwood Esso
- ### Sangudo:
- Connections Coffee House
  - Pitstop Gas & Convenience Sangudo
  - Sangudo Foods
  - Sangudo Pharmacy

**Rochfort Bridge:** • Rochfort Bridge Trading Post

## Can we still trust our statistics?

By Laura Bohnert  
Whitecourt Press

A general tumult was created last month when Statistics Canada announced there was a mistake made on the monthly employment report for July, a tumult which has not only cast doubt on the credibility of Statistics Canada, but which has also fueled the already-burning conspiracy theory surrounding the role the conservative government plays in the release of Canada's economic information to the public.

Statistics Canada made an announcement on Tuesday, August 12, 2014 regarding "an error [that had] been detected in the processing of the August 8 Labour Force Survey release" (CBC News). The error, the agency explained, involved only the July 2014 estimates, stating that the Canadian economy had created a mere 200 jobs over the course of the month when, in fact, 42,000 jobs were created.

Four days after the report was released, the error was identified and reported to the public. The report was then retracted by Statistics Canada who re-released the corrected report on the following Friday, one week from the date the initial report was published.

During that time, Ottawa put a hold on all new employment insurance claims. Because the regional unemployment rates are determined using the monthly job report, and these rates are then used to determine the number of weeks an unemployed person needs to have worked in order to qualify for EI benefits, anyone who had attempted to file a new claim during that time was forced to wait until the end of the week for that claim to be processed.

While many were confused (and inconvenienced) by the amount of time between the acknowledgement of the mistake and the issued

correction, much of the time was necessary for Statistics Canada to review the source of the error and ensure that the correct information was published in the final report.

The mistake was documented as human error and was explained by Statistics Canada to have initiated in their reworking of the market-moving Labour Force Survey, a process which is undertaken every 10 years. Statistics Canada is also undergoing job cutbacks although that factor has not been stated to have any direct implication on this event.

During the redesign of the program, one of the processes failed to be updated and, as a result, a certain group of individuals was not counted as part of the labour force. The number of full-time job losses was thus overstated at 60,000 rather than 18,000. The error in the program has been corrected and, according to Statistics Canada, the data verification process is currently being reviewed to ensure similar mistakes can be avoided in the future.

While such a significant mistake will certainly be more than a slight embarrassment for Statistics Canada, and

while it may also impact the agency's credibility in terms of how it will continue to be perceived by the public, the conspiracy chatter seems to indicate a somewhat more problematic relationship between Statistics Canada and its economy. Namely, it is one company that is owned by whichever government leader is in power, and which contains the absolute record of economic information. That one company thus directly impacts significant economic decisions and processes.

But why is there only one?

If the general public is beginning to show signs of concern for the accuracy of the information that directly implicates their own economic circumstance (and mistake or no mistake, the general public should always be concerned about the accuracy of the information they are receiving and should always have access to the means of questioning those representations), then perhaps it's time to introduce an additional agency -- or at least an alternative vein within the existing agency that is not owned by any particular sector of the government -- instead of the in-agency

employee cutbacks that are currently in process.

For reasons of objectivity as well as for pinpointing precise areas of inaccuracy, no single record should ever be considered on its own to constitute absolute fact (basic principle of research). Having multiple organizations pro-

ducing simultaneous data reports would weed out both inaccuracy and bias, and if that's the step the government needs to take to ensure its people have faith in the representation of their own economy, then that's the step that should be taken.

## How to ask others to donate to a good cause

Financial donations are essential to nonprofit organizations' survival, helping such organizations meet their operating costs and carry out their missions. However, asking for donations is not always easy. The following are some tips for individuals looking to raise funds for good causes.

\* Establish your target. The amount of money you hope to raise should be a realistic goal. For example, if you are participating in a fun run or walk to benefit a local charity, a goal of raising \$1,000 is more realistic than a goal of \$1,000,000.

\* Work as a team. Enlist the help of volunteers who are truly passionate about the cause. Such team members are likely to work harder to raise funds.

\* Clearly identify the organization you're supporting. Some groups are easily recognizable, while smaller organizations may not be as readily known. Take steps to ensure donors are fully aware of the organization you're supporting.

\* Know where the money will be going. Prospective donors will want a clear picture of how their donations will be used. Have such in-

formation readily available when seeking donations.

\* Ask for donations in person. Friends and family are far more likely to support a loved one's attempt to raise money for a good cause when such solicitations are made by the individual and not sent out as a mass email from the charity itself.

A personal appeal also gives fundraisers the chance to explain why the cause means so much to them.

\* Let donors know that no donation is too small. Individuals who keep their fundraising goals realistic should recognize that no donation is too small and that some prospective donors may only be able to afford smaller contributions.

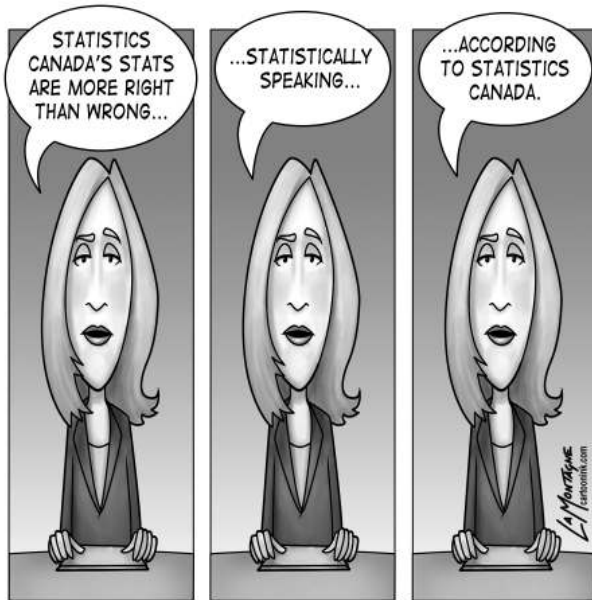
## Who's hiring this week;



See our Careers section pages 34 to 40

- Aurora Transport Ltd.
- Brogan Safety Supplies
- Canadian Tire
- Contract Operators
- ECHO Society
- Infratech Corp.
- Northwell Oilfield Hauling Inc.
- Renford Inn
- Scott Safety
- Servus Credit Union
- Spruceland Ford
- TerraCore Rentals Ltd.
- Tim Hortons
- Town of Whitecourt
- Tri Hi Pressure
- Tundra Oilfield Rentals Ltd.
- Vapor Night Club
- Wescat Trucking Ltd.
- Western Auto & Imports
- Whitecourt Transport Inc.
- Woodlands County (pg. 18)

Your career ad is distributed 1000 more times per week than any other local weekly in Whitecourt.



### Letter to the editor policy

Whitecourt Press welcomes readers to write letters to the editor. A maximum of 300 words is preferred but not necessary. Letters must carry a first name or two initials with surname and include an address and daytime telephone number. All letters are subject to editing. Please send letters to Whitecourt Press, Box 2395, Whitecourt, Alberta, T7S 1W3, fax to 1-866-647-4105 or email to wctpress@telus.net; or drop off letters at our office located at 4919-51 Avenue in Whitecourt.



## Voice your Opinion with a Letter to the Editor



Email them to [wctpress@telus.net](mailto:wctpress@telus.net)



**Hilltop carnival a hit**



Photos Whitecourt Press

*The Hilltop Community Church puts on a yearly carnival which includes a puppet show and games for families. The church is trying to grow the carnival each year and is looking to attract larger groups. Everyone is always welcome. The carnival had a great turnout on Sunday; a lot of children and parents participated.*

**What's happening**

**Mondays:**

- Whitecourt AA - Monday at St. James Lutheran at 8:00 p.m.
- Whitecourt District AG Society - Directors meet at Westward community center on the 3rd Monday of each month at 7 p.m.

**Monday & Wednesday**

- Whitecourt Co-Ed Volleyball League 8pm - 10pm at Percy Baxter School for the season or drop in - adults only.

**Tuesdays:**

- Seniors Circle community bingo for everyone. Doors open at 6 p.m.

**Second Tuesday of month:**

- Oil Wives of Whitecourt meeting.

Call Marlene 780-778-4242.

**Third Tuesday of the month:**

- Whitecourt Lions Club Reg. Meetings are 1st Wednesday of the month at 7:30 pm. For more info call Ray at 780-778-4665 or Gerald at 780-778-3258.

- Whitecourt Community Choir. 7:30 p.m. at Whitecourt United Church. All skill levels. Adults 16 and over.

**Wednesday:**

- Whitecourt AA - at St. James Lutheran at 8:00 p.m.
- Whitecourt Fish and Game Assn. - Regular meetings run the 1st Wednesday of every month at Forestry Training Centre in Whitecourt.

- 2716 RCArmy Cadets meets every Wednesday now to June 6th Mayerthorpe Legion 7:00p.m to 9:00p.m ages 12-18 call Tammy at 780-785-4106.

**Every 2nd Wednesday:**

- Society of Whitecourt Arts Council 7.p.m. at ECHO Society Meeting Room. Contact Viviane at 780-706-0196.

**Thursdays:**

- Taking Off Pounds Sensibly (TOPS) 9:00 a.m., United Church.

**Friday:**

- Whitecourt AA - at St. James Lutheran at 8:00 p.m.

**Church Services**

**St. Joseph Roman Catholic Church**

Time: 9:00 a.m.

**St. Patrick's Anglican Church**

10:30 a.m. Sunday

**Family Worship Centre**

Time: 10:30 a.m.

**United Church**

Hymm Sing 10:20 a.m. • Worship Time 10:30 a.m.

**St. James Lutheran Church**

Time: 11:00 a.m.

**Whitecourt Baptist Church**

Time: 10:00 a.m.

**Skyview Alliance Church**

Time: 10:30 a.m.

**7th Day Adventist**

(Church is held at St. Patrick's Anglican)  
Saturday's at 10:00 a.m.

**Hilltop Community Church**

32 Whitecourt Avenue  
Time: 10:30 a.m.



**SLOW  
DOWN  
In  
School  
Zones**



## Whitecourt and Area Rant & Rave (Published with minimal editing)

The Whitecourt Press has no affiliation with rant and rave. We simply take a few clips from the rant and rave Facebook page.

**RANT:** To the dirt bag in the white Camry, who purposely swerved right behind me on Hwy 16, and threw a large glass bottle out the passenger window, which smashed and flew under the tires of the lifted dodge with the sled deck taking the off-ramp. Get a life and stop with the road rage.

**RANT:** My insurance company!! It has been two months since my vehicle was stolen and I still have not been paid out for my claim. I just recently received a dollar amount this weekend for my vehicle (claim). Does it usually take this long? I find this completely ridiculous and prolonged. I cannot wait to switch insurance companies once I get my claim and a new vehicle!

**RAVE:** It's sure nice to be able to go for long walks around this town! The only downer, if any, is that there sure are a lot of litter bugs especially walking up or down Hwy 43 and Dahl Drive paths, there is a lot of trash! Before somebody says "just pick it up" I DO my fair share of picking up every time I walk.

**RANT:** People who park right in front of the doors at gas stations. Buddy you were parked so close to the door that your door and the store door could not open fully. Do you know what a jerk you are? You not only blocked the pumps for people to pull in to get gas, but you blocked the door for people to get in and out of the store easily. Maybe take the effort and park at the side of the store which is meant for parking.

Send in your Rant or Rave to  
[wctpress@telus.net](mailto:wctpress@telus.net)

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# Whitecourt PRESS

Valerie Winger

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# LockTalk



By Jason Kerr  
Special to the Whitecourt Press

A new jacket is offering men and women the opportunity to take no bags and everything but the kitchen sink using the coat's numerous pockets to store iPads, water bottles, and digital cameras.

American clothing brand Scottevest specialises in spacious coats and jackets which it says allow wearers to carry a whole holiday's worth of clothes and baggage. Its latest products include a woman's trench coat which appears tradition-



al from the outside and is available in a range of colours including red, black, mud and paprika, but can store enough for a weekend trip on the inside.

The jackets feature a weight management system to stop wearers being overburdened, and a

structure that helps eliminate bulges. Gadgets can be wired through the vest, meaning that headphones can be plugged in seamlessly into the tablet pocket.

Some of the most roomy coats feature as many as 42 pockets and its largest Quest vest can

fit magazines and multiple phones in it and enough space for a full size iPad.

Scottevest sees itself as crusading against carry-on fees charged by airlines, some of which have banned its adverts from appearing in in-flight magazines. Airlines often charge high fees or impose strict space limits for taking baggage on to the plane, but items in pockets don't count towards that total.

For more info check out their web page at [www.scottevest.com](http://www.scottevest.com)

For more information on this product or any other security questions or concerns regarding your security, please contact us at [locktek@live.com](mailto:locktek@live.com) or call 780-779-7574 or visit our Facebook page.

# Altering the aging process



By Gwen Randall-Young  
Special to the Whitecourt Press

*Nobody grows old merely by living a number of years. We grow old by deserting our ideals. Years may wrinkle the skin, but to give up enthusiasm wrinkles the soul.*

~Samuel Ullman

Somewhere around mid-life many people notice their memory is not what it once was. We wonder where we put our glasses, or what it was that we came into the kitchen for. Some find they do not have the stamina that they had even 10 years ago and cannot stay up as late.

All of these are signs of the aging process but we do not have to take them lying down. There are many things that can be done to counteract the effects of age. Basically,

these follow the principle that says, "if you don't use it, you'll lose it."

Physical activity is extremely important as we age. Cardiovascular exercise keeps the heart and lungs strong, weight bearing exercise keeps the muscles strong, and stretching exercises keep the muscles flexible.

Having interests that keep the mind engaged and alert keep the mind young. Doing activities like crossword puzzles or Sudoku keep it sharp. Reading and keeping up with world events keep one living in the present rather than re-living the past.

Relationships with others are also important. If there is not sufficient involvement with friends and family, get out and join a group or volunteer. It is also good to have something to take care of, be it a pet or a plant.

To a certain extent, aging is a state of mind. If one worries about or focuses on aging, and what is being lost, this will intensify the experience of

aging. On the other hand, if we focus on keeping active in all areas and

thinking young, then we will both feel and appear younger.

## YOUR SOURCE FOR LOCAL SPORTS COVERAGE!



# Whitecourt PRESS

ON NEWSSTANDS EVERY TUESDAY

**It is what it is...**



By Marc Chayer  
Special to the Whitecourt Press

**Child Poverty!**  
When one hears that phrase, it is immediately associated with the third world. It is not a phrase that we typically associate with Canada or, for the matter, even our own community here in Whitecourt.

The Conference Board of Canada in its findings as per a study completed in January of 2013 found that Canada ranks 15th out of 17 countries examined. We are behind only Italy and the United States with countries such as the UK, France, and Germany well ahead of us.

Canadian children who live in poverty were found to be at 15.1 per cent and over four percentage points higher than that the average of the 17 countries looked at. Translated into real numbers, one in every seven children is

considered to be living in poverty and, as a country, we scored a "C" with only the U.S scoring lower.

Coupled with this fact was the news this past week that outlined that the gap between the rich and poor in this country has never been worse than it is now. The top 10 per cent saw their net worth rise 42 per cent while the rest of the population saw a decrease of 150 per cent for the same period.

The bottom 10 per cent have an average net worth of -\$5,100 which is an increase over the -\$2,000 reported back in 2005.

Child poverty in our society recorded the third highest jump from the mid 1990's to the mid 2000's. This is surprising when one considers this a period that we look at as "boom" times and before we saw the financial crisis of 2007.

As Canadians we have, in the past, developed a somewhat smug attitude toward the plight of other nations that have seemingly screwed things up. We were quite proud to attend the G8, now G7 summit with the reality that our financial institutions were solid and somewhat insulated from the trials and tribulations the rest of the world was

experiencing.

What is disturbing to me though is that, as a country, we have placed such a value on some pretty artificial ideas. We constitute success with economic development and financial strength. In doing so, we have become hardened to the plight of those less fortunate who live in our midst.

Now, I agree that without the jobs, we have no hope of dealing with any issues including child poverty but, on the other hand, we also cannot afford not to deal with it, either. The federal government estimates a \$6 billion dollar surplus next year. The provincial government touts that royalty payments to the province are up, thereby reducing our need to borrow the amount of money we thought we would need to build infrastructure.

The reality is that outside the moral and ethical obligations we have to look after those in need, our economic outlook is dependant on meeting these challenges. Children in poverty become adults in poverty who, due to the shortcomings they

experience as children, will find themselves ill-prepared to advance in our society. Health care costs and social programming costs all rise while our competitiveness as a nation falters.

We see in our own community the need to recruit doctors from

overseas to meet the needs of towns such as ours. A while back during a municipal election, I was told of children who spent their evenings on the streets of our town because it was better that what was waiting for them at home.

In the next elections we, as citizens, have to

make an issue regarding children in poverty in this country. It is the duty of our leadership and our moral obligation to ensure that this nation's wealth is not the exclusive property of the select few, but the birthright of every Canadian child.

It is what it is...

**Keep on Truckin'...**  
**(...Green & White the colours of Whitecourt)**



By Dave MacNevin  
Special to the Whitecourt Press

A four letter word that starts with "S" ... Yup, it's SNOW and it has already landed and it will be back. You can see the signs of winter in Whitecourt aside from the leaves turning. The parking lots at the hotels are filling up. And, now we have a whole bunch more hotels, too. The word BOOM that nobody wants to use is here and there is no indication it is going away anytime soon. A guy I know put his mobile home on the market on Wednesday, and by Friday it was sold. Housing is a problem or, at least, affordable housing is. I hear stories of \$800 a month for a room big enough to fit a cot in and little else, and sharing the kitchen and bathroom with four other renters. So, a person is renting out his basement for \$3,200 a month. Seriously? I know we are desperate but this is ridiculous.

On the 29th of this month there is going to be a large career expo here in town that I have been involved with, and its main goal is to keep our young here instead of them heading to the bright lights and in past era's brighter futures. No need to leave home

anytime soon now. Work and fortune are right here in your backyard. The new learning centre that is scheduled to open in a couple of years will host college courses and a great arts and entertainment centre. Whitecourt continues to grow and offers lots of options for its residents. Our winter park is soon to be a reality so exciting times ahead. If real estate keeps climbing maybe I can retire a few years earlier... maybe at 82 instead of Freedom 85.

Stay tuned as the industry and government of this booming town partner up on more ex-

citing and positive ventures that will truly put Whitecourt front and centre just a stone's throw away from the City of Champions. (Is that still its name?)

A young man was hired by a supermarket and reported for his first day of work. The manager greeted him with a warm handshake and a smile, then gave him a broom and said,

"Son, your first job will be to sweep out the store."

"But I'm a college graduate," the young man replied indignantly.

"Oh, I'm sorry. I didn't realize that," said the manager. "Here, give me the broom -- I'll show you how."



• "Wax drippings from candles can be scraped off of most hard surfaces with the side of a credit card." -- T.E. in Kansas

• To prevent garbage cans from filling with water during rainstorms, drill several holes in the bottom, near the sides. This also will help bags to come out of the can easier.

• "Use fluoride toothpaste on a facial blemish for overnight relief. Just dab a tiny bit of your regular toothpaste on a pimple, and cover with a bandage. It should relieve redness and swelling. If you have very sensitive skin, don't try this trick, as it can make it worse." -- B.B.

• If you have wood floors, you might already know about felt furniture pads -- the little self-stick felt circles you put on furniture legs to reduce scratches on your floors. You might not know that these same pads can reduce scuff marks that ap-

pliances make on countertops. It also makes it easier to scoot around a heavy mixer or other appliance.

• "Here's a great tip if you need to pack up something fragile: Use a shredder to shred sheets of newspaper. It works far better than just wrapping in paper, and it costs much less than packing peanuts. Also, you can reuse these shredded newspaper pieces in the garden, or put them in your compost pile." -- R.C.

• "If you're looking to save money, don't ignore the dollar store. You can find a lot of personal-care and home-care items there for, well, a dollar. I save quite a bit of money this way." -- R.L.

*~ In Loving Memory ~*  
**DAHL, Audrey Grace**



On September 9, 2014, Audrey Grace Dahl of Whitecourt, AB, formerly of Edmonton, AB, passed away at the age of 86 years.

Audrey is survived by her husband, John M. G. Dahl; daughters, Sherry Dahl and Lori Dahl, both of Edmonton; son, John (Sheila) Dahl of Ottawa; grandchildren, Amber (Sean) Marsh, Colin Regamey, Kevin Regamey and Robert McAlister; great-grandchildren, Alexander Marsh and Amelia Marsh. Predeceased by parents, Alexander and Mary Herd; brothers, Harold Herd and Kenneth Herd, and sisters, Jean Herd and Helen Anhorn.

Thank you to Dr. Harvey Bablitz and the staff of Whitecourt Health Care Centre and the staff of Spruce View Lodge for their excellent care and support.

Celebration of Life Saturday, September 20 at 2:00 p.m. at Whitecourt United Church, 5201 - 50 Street, Whitecourt, AB with Reverend Alwin Maben officiating. In lieu of other tributes, donations may be made to Whitecourt United Church, Box 954, Whitecourt, AB T7S 1N9 or to Whitecourt & District Heritage Society, Box 510, Whitecourt, AB T7S 1N6.

To send condolences, visit [www.parkmemorial.com](http://www.parkmemorial.com)



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**WHEELS**

# Infiniti's flagship gets a new name



Tom Strongman

The Q70 can be equipped with numerous technology features.

By TOM STRONGMAN

Infiniti's top-of-the-line Q70 is smaller and more compact than the flagship cars from competitors such as Lexus, BMW and Mercedes-Benz.

If the name seems unfamiliar, that's because Infiniti has renamed its entire lineup so that all models begin with Q. The Q70 was the M37 last year. Crossovers and SUVs are designated QX. Infiniti's first luxury car was the Q45, so the new naming convention has a historical tie.

The Q70 comes with a 3.7-liter V-6 or a 5.6-liter V-8 in rear-wheel or all-wheel drive. Base prices range from \$49,600 to \$64,600. I drove a well-optioned rear-wheel-drive V-8 from Infiniti's press fleet, and its sticker price was \$72,260.

The long-hood, short-trunk proportions create an athletic stance, but the curvaceous exterior sheet metal is punctuated with bumps and bulges that make the car look busy. For 2015, a Q70L will be available with a wheelbase that is 5.9 inches longer.

The V-8 delivers a serious 420-horsepower punch through a seven-speed automatic transmission that can be shifted manually with paddles on the steering wheel. The engine has dual overhead cams, direct fuel injection and hydraulically controlled variable valve timing. Infiniti says throttle response is enhanced by directly controlling the intake valve instead of a throttle valve.

The V-8 was not as quiet or smooth as some of its competitors, and fuel economy



Tom Strongman

A long-wheelbase version will be offered in 2015.

is rated at 16 mpg in the city and 24 on the highway. For that reason, I would select the V-6. Its 330 horsepower is more than adequate, its gas mileage is better and the price is less.

There are four drive modes – Eco, Standard, Sport and Snow – that can be selected with a knob on the console. The Eco mode softens the throttle response and will even push back slightly if you're too aggressive with the pedal. Sport mode not only increases the throttle response but also adjusts the transmission's behavior.

The Q70's interior is a very inviting place, made even more so by the test car's optional premium, deluxe touring and technology packages. The dark ash wood trim was handsome, and the leather-trimmed seats provided excellent lumbar and lateral support.

The front seats have a distinct cockpit feel because the door panels wrap into the instrument panel and then the large center console surrounds them.

An eight-inch LCD screen at the top of the dash displays audio, climate and fuel economy information, as well as navigation information.

The test car was equipped with Infiniti's Forest Air system that "creates a sense of the refreshing climate and natural breezes of a relaxing forest setting," according to the press materials. The system automatically opens and closes air intake ports to reduce the intrusion of dust, exhaust or unpleasant odors into the cabin. An air purifier helps keep allergens, mold and viruses out of the cabin.

The test car was equipped with a lane-departure warning system, a collision warning system, a blind-spot monitor, an adaptive cruise control, anti-lock brakes, vehicle stability control and adaptive headlights.

**Price**

The test car's base price was \$62,000. Options included blind-spot monitor, lane-departure warning, brake assist, adaptive cruise control, 20-inch wheels, sport suspension, sport seats, Bose surround-sound,



Tom Strongman

rear spoiler, sport brakes and paddle shifters. The sticker price was \$72,260.

**Warranty**

Four years and 60,000 miles, with a six-year, 70,000-mile powertrain warranty.

(Tom Strongman has been covering the auto industry for 25 years. He can be reached at [tom@tomstrongman.com](mailto:tom@tomstrongman.com).)

**AT A GLANCE**

**2014 Infiniti Q70 5.6**

**Point:** The renamed Q70 rides on a chassis designed to improve front-to-rear weight balance for better handling. It is sporty and athletic. The optional V-8 has big muscles, and the interior surrounds the driver like a cockpit.

**Counterpoint:** The styling was busy, and the V-8 seemed like overkill.

**The Specs**

- Engine:** 5.6-liter, 420-horsepower V-8
- Transmission:** Seven-speed automatic rear-wheel drive
- Wheelbase:** 114.2 inches
- Curb weight:** 4,004 lbs.
- Base price:** \$62,000
- As driven:** \$72,260
- MPG rating:** 16 city, 24 hwy

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Send your letters, comments or story ideas to...

Email: [wctpress@telus.net](mailto:wctpress@telus.net)

Phone: 780-706-1858

Fax: 1-866-647-4105 (Toll Free)

# Free play at the Allan and Jean Millar Centre



Photos Olivia Rutt

By Olivia Rutt  
Whitecourt Press

Parent Link Programs have started for the fall season at the Allan & Jean Millar Centre.

The parent participation play gives parents the opportunity to socialize while their children play and have fun with others. "It gives parents the opportunity to interact with other parents but, also for children, developmentally, they get to try new things, practice, run around, and play," said Tamara Blackstock, the Parent Link program facilitator.

All programs are free except for the Stay and Play, which costs \$3 per drop in.

For Valerie Milner, a parent of a three-year-old, the program is important for the development of her child. Milner's child goes to Tumbling Tots "to interact with other kids, for socialization, because he's an only child, and to learn different things and to play different games," said Milner.

Bonding with Baby,

offered every Monday, is for parents with babies up to 12 months. Speakers come in to help answer questions and concerns of the new parents.

Musical Munchkins, on Mondays, is for children up to age five. Children play instruments, sing songs, do finger plays, and dance to music in order to build literacy, music skills, and culture.

Busy Bodies, on Tuesdays, is for children aged one to four. It includes fast-paced, high-energy games to build strong muscles and healthy bodies.

Finding Balance, on Tuesdays, is for parents. The six-week program is directed at parents to find balance in their work, life, and children. Childcare is provided.

Stay-n-Play is every Wednesday for families of young children and costs \$3 per drop in. Children will participate in crafts, story time, and free play. Snacks are provided.

Tumbling Toddlers is every Wednesday for tots aged one to five. They will have fun with free play and active time to build fine motor skills and social skills.

Creative Critters is messy playtime for ages two to five every Thursday. Children will play with paint and goop for a messy activity project.

Teen Parents Support Group is every two weeks on Thursday for young parents up to the age of 21. It is a safe and relaxed setting for support between new parents and their children. Expectant teens are welcome.

Lunch & Learn is a Friday session that features speakers on various early childhood topics for parents with children six and under. Childcare and lunch are provided.

The  Boys & Girls Club of Whitecourt & District Presents

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# Alberta businesses sweating over changes to temporary foreign worker program



By Laura Bohnert  
Whitecourt Press

On April 24, 2014, the Canadian federal government began an investigation into the Temporary Foreign Worker Program following allegations of the program's abuse, particularly within the food service sector. Since then, the government has implemented an overhaul of the program in order to ensure that Canadians are given priority status in the hiring process amidst an economy that is struggling to provide its people with enough employment opportunities to meet the demand. However, a number of the changes which have been made to the program have some business owners worried.

Those businesses within the food service sector have come to depend upon temporary foreign workers to fill the staffing requirements that are necessary to keep the businesses running -- especially those businesses that offer 24-hour services.

The concern, as expressed by Franchisee Rob Chiasson, who owns four McDonalds locations in the St. Albert area, is that the changes to the Temporary Foreign Worker Program will leave business owners with a shortage of employees.

This is a pretty standard concern across Alberta where the unemployment rate is below five per cent, suggesting that, while some individuals are having difficulty finding jobs, there are many job openings that are not being filled - and a lot of these are in

the food service sector.

This, of course, could signify that the Canadian federal government is in the process of overhauling a program in order to address concerns that affect the majority of the country while the few areas that are not affected by the issue are being forced to needlessly and problematically conform, but I don't think that is really the issue at play here.

There is another issue surfacing through the complaints of the food services sector. The program, after all, is not declaring that temporary foreign workers be outright banned from employment in the food service sector; it is merely placing regulations on the use of temporary foreign workers in order to restrict employers from building their entire business model on the use of temporary foreign workers in order to cut employment costs.

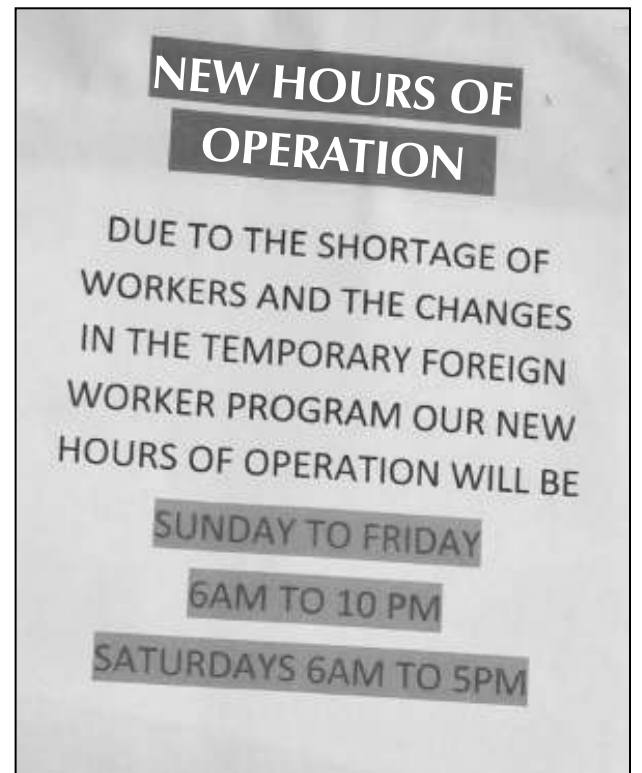
Some of these changes to the program include increasing the fee employers have to pay for use of the program from \$275 to \$1,000 per temporary foreign worker. Further, the program will be placing a cap on the number of temporary foreign workers who can be employed by a business at one time. The application process for the job will be monitored to ensure that Canadians are not being turned down for the jobs in preference of foreign workers, and applications for employing a foreign worker will be declined approval in areas of high unemployment.

While the revisions to the program may implement some challenges for businesses that formerly depended heavily on the program, the real issue at play behind the foreign worker program is something to which is alluded in Chiasson's belief that businesses will suffer from the resulting

lack of employees. According to CTV News, Chiasson expressed that "most temporary foreign workers will be long gone since it will cost businesses too much to keep them around." Key word: cost too much. Business owners are not so much lamenting the loss of foreign workers as they are lamenting the loss of the formerly low-budget characteristic of temporary foreign workers.

The problem is not just for these businesses in question but for the entire Canadian economy. After all, if there is still an unemployment

rate regardless of how low it is, simultaneous to jobs that are not being filled, the implication is not the lack of workers but rather the inefficacy of the jobs that are being offered. The issue, then, is not that there aren't enough people available to fill the jobs, but perhaps that there are too many jobs available that require hiring employees at wages that are too low to be deemed practical or even functional within today's economy, an economy which, evidently, may need an overhaul on more than just its Temporary Foreign Worker Program.



## Are astronomers preparing for the real armageddon?

By Laura Bohnert  
Whitecourt Press

If you find your mood, personality, or even your sleep patterns to be altered by astrological events, then last weekend was probably an interesting experience for you; but the full moon wasn't the only thing that may have interfered with those synapses of yours.

Over the Labour Day weekend, a 20-metre-wide asteroid was spotted by two independent observatories. The asteroid, named Asteroid 2014 RC and nicknamed 'Pitbull', passed Earth at its closest point on Sunday, September 7, at a mere 40,000 km distance away (that is approximately a tenth of the distance between Earth and the moon).

The asteroid was never expected to make any contact with Earth or to pose any problems. In fact, it passed just above the high Earth and geosynchronous orbit of weather and communication satellites and, according to NASA, would have been too small and moving too fast to catch

more than a glimpse of it with a standard telescope and, yet, its trajectory was closely monitored, nonetheless.

Why so much astrological attention? Astronomers were examining Pitbull as more than a mere spectacle within the night sky. Its close appearance allowed astronomers to study not just the appearance of the asteroid but also its trajectory. Given this information, they can determine if Pitbull will have any serious implications for Earth on its next orbital passing.

Clearly, Pitbull isn't the first asteroid to wander a little too close for comfort. At any given moment there could be more than 11,000 near-Earth objects flying past, so the likelihood that asteroids have been this close before and will be this close to Earth again is pretty high, so why is Pitbull being approached with so much extra concern? It's because of its size, for one thing. Further, the closeness of its current trajectory could indicate a more impacting meeting at the end of

its next trip around the sun. The concern regarding Pitbull is the potential threat it could pose to Earth in the future if it does end up making contact.

Contact with Earth has been made on multiple known occasions, and likely still more that are yet unknown; however, while Pitbull seems small to us (invisible, in fact, to the naked eye) from 40,000 km away, it is actually larger in size than the meteorite that made contact with Chelyabinsk, Russia in 2013.

The Chelyabinsk meteorite was estimated to have been between 17 and 20 metres wide. Its explosion was brighter than the sun for 100 km around, it released more energy than the Hiroshima bomb, and generated the second longest airburst recorded. More than 1,000 people were injured in the incident, largely from the effect of windows and doors bursting inwards from the explosive energy. Fortunately, however, no-one was killed despite the tremendous and widespread damage.

Due to the Chelyabinsk meteorite's large size and velocity, its atmospheric entry angle was shallow which resulted in its explosion as an air burst above Chelyabinsk. The meteorite was estimated to have weighed more than the Eiffel Tower, and is the largest known natural object to have entered the atmosphere since 1908.

The way in which a meteorite makes contact with Earth (the angle at which it strikes) is crucial in determining the extent of damage it will cause. While the Chelyabinsk meteorite caused widespread damage via its air explosion (the energy of which was absorbed by the atmosphere instead of the ground), a direct impact with the ground may have caused more severe localized and seismic damage to the earth.

In other words, the next impact might not be so fortunate for us, and if Pitbull happens to pose the next threat, NASA wants to be ready with its Armageddon-esque solution.

**EMPLOYMENT OPPORTUNITIES**

**DIRECTOR, CORPORATE SERVICES**

Woodlands County is located in a thriving area less than 90 minutes from Edmonton. It encompasses a beautiful natural landscape that is extremely appealing for the outdoor enthusiast with nearby recreational lakes, camping venues, as well as numerous trails for quadding, biking, hiking and snowmobiling. In addition to this our region has numerous amenities and recreational opportunities for the entire family to explore and participate in.

Woodlands County is seeking an enthusiastic and motivated leader to manage its corporate services department. As part of the senior management team, the Director, Corporate Services will be involved with strategic planning and will have the following duties:

- Oversee the county's overall financial operations.
- Prepare the annual operating and capital budgets.
- Manage the County's information technology.
- Human resources administrator.
- Manage/oversee the assessment and taxation functions.
- Manage accounts payable, accounts receivable, and payroll.
- Manage short and long term investments.
- Manage grants and grant reporting.
- Manage the risk management and insurance functions

The successful candidate will have:

- A professional accounting designation (CGA, CA, CMA)
- Undergraduate degree in business or public administration
- Experience with strategic and business planning processes, budget process, financial reporting and forecasting required
- A minimum of five years senior level experience in related field and a full understanding of PSAB standards
- Proven leadership, supervisory and team building strength required along with superior verbal/written communication
- A strong team player who can immediately add-value across all departments
- Strong interpersonal and communication skills along with the ability to build strong relations with stakeholders, Council and staff

Woodlands County offers a competitive salary and compensation package.

More information pertaining to the position is available by contacting the undersigned at 780-778-8400 or toll free at 1-888-870-6315. Letters of application, including a detailed employment resume, clearly marked "Personal & Confidential - Director, Corporate Services" will be received until **September 17, 2014 - or until a suitable candidate is found.**

Luc Mercier, CLGM, AMAA  
 Chief Administrative Officer  
 Woodlands County  
 Box 60, #1 Woodlands Lane  
 Whitecourt, Alberta T7S 1N3  
 Phone: 780-778-8400  
 Fax: 780-778-8402  
 E-Mail: [luc.mercier@woodlands.ab.ca](mailto:luc.mercier@woodlands.ab.ca)

Woodlands County thanks all interested parties, however, only those candidates selected for an interview will be contacted.

**UTILITIES TECHNICIAN**

Woodlands County is a thriving municipality located approximately 170 kilometers northwest of Edmonton. The Whitecourt administration office is located on County property just outside the Town of Whitecourt with a sub-office located near the Hamlet of Fort Assiniboine. For more information on Woodlands County visit our website at [www.woodlands.ab.ca](http://www.woodlands.ab.ca).

A vacancy exists for the position of Utilities Technician for Woodlands County. Reporting to the Manager of Infrastructure Technical Services, the Utilities Technician will perform duties related to the operation, monitoring and maintenance of the water treatment plants, distribution systems, wastewater collection, sewage lagoons, sewage pumping stations including related buildings and grounds, as well as other infrastructure projects and related works assigned to the position. Preference will be given to candidates possessing AEP Level I Certification in water treatment, water distribution, wastewater treatment, and wastewater collection. Candidate must be available for after hours and on call shifts.

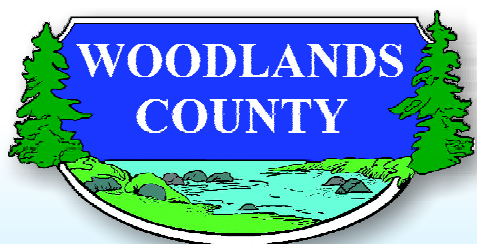
Applicants must have a high school diploma or G.E.D. and a valid class 5 driver's license. Good oral and written communication skills are essential. Strong interpersonal and public relation skills are required. Individuals with the following qualifications will be considered:

- Experience in treating and analyzing potable water as set out in the "Canadian Drinking Water Standards" and in compliance with Alberta Environment guidelines,
- Experience in sewage pumping systems, and lagoon maintenance,
- Experience in the maintenance and monitoring of, ground water wells, and reservoirs,
- Knowledge of water meter installation, reading, repairs, and plumbing maintenance,
- First Aid certification,
- Confined space entry training,
- Demonstrated mechanical aptitude and safe work habits,
- The ability to perform physical labour,
- Computer experience i.e. Word, Excel and online reporting.

This is a permanent full time position.

**Applications will be taken until a suitable candidate is found. We thank all applicants for their interest. However, only candidates invited for interviews will be contacted.**

Richard Twach  
 Manager, Infrastructure Technical Services  
 Woodlands County  
 Box 60, # 1 Woodlands Lane, Whitecourt, Alberta, T7S 1N3  
 Whitecourt office: Phone 780-778-8400, Fax: 780-778-8402



[www.woodlands.ab.ca](http://www.woodlands.ab.ca)

**MEMBERS AT LARGE REQUIRED**

Applications are being sought from individuals residing in Woodlands County to serve as members at large on the following boards:

- Agriculture Services Board - 3 vacancies**
- Economic Development Committee - 4 vacancies**
- Joint Economic Development Committee - 1 vacancy**
- Municipal Planning Commission - 3 vacancies**
- Subdivision and Development Appeal Board - 5 vacancies**
- Woodlands County Community Services Committee - 4 Vacancies (2- adult & 2 youth)**
- Woodlands County Library Board - 2 vacancies (3 year term)**

All Positions will now be held for a two year period from November 1, 2014 to October 31, 2016, unless noted otherwise with appointments being made at the Woodlands County Organizational meeting.

Detailed information with respect to the positions may be obtained by contacting the Woodlands County Municipal Office in Whitecourt at (780) 778-8400 or toll-free at 1-888-870-6315. Honorariums are paid for meetings attended in accordance with Policy 1905 - Travel, Subsistence, and Honorariums.

**Letters of interest and/or resumes** and experience will be received until **12:00 (Noon) on Thursday, October 16, 2014** and can be delivered, faxed, mailed or e-mailed to:

Luc Mercier, Chief Administrative Officer  
 Woodlands County  
 Box 60, #1 Woodlands Lane  
 Whitecourt AB T7S 1N3  
 Facsimile: (780) 778-8402  
[luc.mercier@woodlands.ab.ca](mailto:luc.mercier@woodlands.ab.ca)

**BECOME INVOLVED IN THE DECISIONS THAT AFFECT YOU AND YOUR COMMUNITY!**

**NOTICE OF PUBLIC HEARING  
 LAND USE BYLAW AMENDMENT  
 APPLICATION 2013LUA02**

- BYLAW 442/14 - AMENDING Woodlands County Land Use Bylaw 407/13,**
- BYLAW 443/14 - AMENDING Municipal Development Plan 406/13,**
- BYLAW 444/14 - AMENDING Intermunicipal Development Plan 401/13,**

PLACE	DATE	TIME
Woodlands County Municipal Office Whitecourt, AB	Tuesday, October 7, 2014	7:30 p.m.

Pursuant to the provisions of Section 692 of the Municipal Government Act the Council of Woodlands County is considering an application for: a) Amendment to Land Use Bylaw 407/13, by making the following amendment through proposed Bylaw 442/14; b) Amendment to Municipal Development Plan 406/13 through proposed bylaw 443/14; c) Amendment to Intermunicipal Development Plan 401/12 through proposed bylaw 444/14.

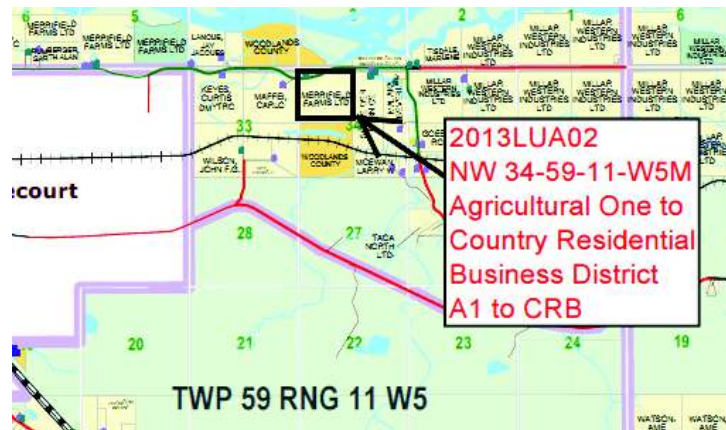
**Re-zoning of NW 34-59-11-W5M from A1 Agricultural One District to CRB Country Residential Business District as identified on the map below.**

Written comments on the above proposed bylaw amendment may be provided **prior to Friday, September 26, 2014** to:

Woodlands County, Box 60, Whitecourt, AB T7S 1N3  
 Attention: Joan Slootweg, Subdivision Officer  
 or email at [joan.slootweg@woodlands.ab.ca](mailto:joan.slootweg@woodlands.ab.ca)

Or interested individuals may attend the public hearing to voice comments.

The proposed land use amendment application and amending bylaw may be reviewed during regular business hours at the Woodlands County Municipal Office in Whitecourt located at #1 Woodlands Lane.



**DISCRETIONARY USE  
 DEVELOPMENT PERMIT APPLICATIONS**

The Municipal Planning Commission will be making a decision on the following development permit applications as per the Woodlands County Land Use Bylaw at a meeting on **Wednesday, October 1, 2014 at the Woodlands County Municipal Office in Whitecourt, Alberta at 7:00 p.m.** If you have any comment or concern regarding these proposals, you may provide a written statement to the undersigned by 4:30 p.m. on September 24, 2014 or you may attend the meeting.

LEGAL DESCRIPTION	DEVELOPMENT PERMIT APPLICATION NUMBER	PROPOSAL
Pt. SW 36-59-13-W5M Lot 12, Plan 962-3310	15-127-2014	Setback Variance - deck
Pt. SE 24-59-13-W5M	15-129-2014	Fire Suppression Pond
Pt. NE 32-56-10-W5M	15-112-2014	Variance - Accessory building siting in front of principal dwelling

Information regarding these applications may be obtained by inquiring at the noted address.

Attention: Jennifer Sunderman, Development Officer  
 Woodlands County, Box 60, #1 Woodlands Lane, Whitecourt AB T7S 1N3  
 Email: [jennifer.sunderman@woodlands.ab.ca](mailto:jennifer.sunderman@woodlands.ab.ca)  
 Telephone: 780-778-8400 Toll-Free: 1-888-870-6315



**JIM RENNIE**  
 Woodlands County Mayor  
 Councillor for Whitecourt East  
 Division 4  
 E-Mail: [jim.rennie@woodlands.ab.ca](mailto:jim.rennie@woodlands.ab.ca)  
 Phone: 780-778-0202



**SYLVIA BONNETT**  
 Councillor for Anselmo  
 Division 1  
 E-Mail: [sylvia.bonnett@woodlands.ab.ca](mailto:sylvia.bonnett@woodlands.ab.ca)  
 Phone: 780-786-2298



**CHAD MERRIFIELD**  
 Councillor for Whitecourt West  
 Division 2  
 E-Mail: [chad.merrifield@woodlands.ab.ca](mailto:chad.merrifield@woodlands.ab.ca)  
 Phone: 780-706-2065



**RON GOVENLOCK**  
 Councillor for Whitecourt Central  
 Division 3  
 E-Mail: [ron.govenlock@woodlands.ab.ca](mailto:ron.govenlock@woodlands.ab.ca)  
 Phone: 780 778 3343



**DANIEL PRITCHARD**  
 Councillor for Blue Ridge  
 Division 5  
 E-Mail: [dan.pritchard@woodlands.ab.ca](mailto:dan.pritchard@woodlands.ab.ca)  
 Phone: 780-648-2149



**DALE MCQUEEN**  
 Councillor for Goose Lake/Freeman River  
 Division 6  
 E-Mail: [dale.mcqueen@woodlands.ab.ca](mailto:dale.mcqueen@woodlands.ab.ca)  
 Phone: 780-584-2619



**DALE KLUIN**  
 Councillor for Assiniboine/Timeau  
 Division 7  
 E-mail: [dale.kluin@woodlands.ab.ca](mailto:dale.kluin@woodlands.ab.ca)  
 Phone: 780 584 2610

# RBC celebrates 25 years in Whitecourt

By **Olivia Rutt**  
Whitecourt Press

The Whitecourt branch of RBC celebrated its 25th anniversary on Fri-

day. They held a barbecue and gave away free burgers, pop, and cake. "It's just great to be

here, its great to have had such a wonderful time here in Whitecourt," said Camden Robinson,

the branch manager for Whitecourt RBC, "to celebrate all the wonderful support we've had, to

give back a little to the community."

[www.whitecourtpress.com](http://www.whitecourtpress.com)

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Photos Olivia Rutt



Photo of the week

Photo Whitecourt Press

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# Action on a Night out in Whitecourt



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### SMALL BUSINESS AWARD CATEGORIES



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#### SMALL BUSINESS OF THE YEAR

The Small Business of the Year Award is to recognize the brightest and best of the Whitecourt and Woodlands County business community for their contribution to the economic prosperity of our area of Alberta.



#### CORPORATE BUSINESS OF THE YEAR

The Corporate Business of the Year Award is to recognize the industrial sector of Woodlands County and Whitecourt's business community for their contribution to the economic prosperity of our area of Alberta.

EVERY NOMINATION IS ENTERED TO WIN AN IPAD!

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### NOMINATION DEADLINE

OCTOBER 10, 2014

Must be submitted by 4pm.

**AWARDS PRESENTATION:** Awards will be presented October 24, 2014 at the Small Business Week Gala. Tickets \$50/each plus GST. Available at the Whitecourt Forest Interpretive Centre.

### HOW TO NOMINATE

Nominate online at [www.surveymonkey.com/s/2014SBWAwards](http://www.surveymonkey.com/s/2014SBWAwards) or paper nomination forms can be picked up at and submitted to:

**Community Futures Yellowhead East**  
Unit #1, 5023 - 50 Avenue, Box 2185, Whitecourt, AB T7S 1P8  
Phone. 780-706-3500 | Fax. 780-706-3501

For more information contact any of our partners.



Photos Olivia Rutt

See page 25 for story.

## The Press has the highest weekly circulation in Whitecourt.

See the Alberta Weekly Newspapers Association Website for audited circulation numbers of AWNA member newspapers in Alberta.



Valerie Winger

Phone: 780-706-1858 Fax: 1-866-647-4105 (Toll Free)  
Email: [wctpress@telus.net](mailto:wctpress@telus.net)

**New windows for the Medical Clinic**



Photo Whitecourt Press

**Paris here we come**



Photo Whitecourt Press

On September 13, St. Joseph School had a bottle drive for the French Immersion students from grade 10, 11, and 12. All proceeds are going to their trip to Paris in April 2015. We thank the community for the donations.

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Matthew Jones

Age 17

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These are the faces of our youth, our loved ones, who were bullied; who were bullied to the point where their pain felt unbearable and they ended their lives. Being bullied leaves young people with overwhelming feelings of despair, humiliation, and hopelessness. If even one child ends their life due to the pain of being bullied, that is one child too many.

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**Herkey Cutler**

**What Parents Should Know About Helping their Teen with Career Planning**  
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**From Chaos to Sanity: Managing Multi-Generations in the Workplace**  
7:00 pm to 8:00 pm

**Hilltop High School Auditorium**

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# What business would you like to see in Whitecourt?



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**Dane Fluney**

A bigger theatre with multiple movies at once and an Arby's.



**Sheila Manweiler**

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**Brody Elchyson**

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**Susan Van Vliet**

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## Cats breakdown the Pioneers



The Whitecourt Cats had an amazing game this past weekend defeating the Peace River Pioneers with a score of 70 - 21.



Photos submitted

### WHITECOURT CURLING CLUB REGISTRATION and SOCIAL EVENING FRIDAY, SEPTEMBER 26 @ 7 PM

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**Night out in Whitecourt**



Photo Olivia Rutt

By Olivia Rutt  
Whitecourt Press

The fifth Night Out in Whitecourt event was held on Friday giving people a chance to shake loose and start kicking.

Woodlands County Mayor Jim Rennie brought Tae Kwon Do to

the residents for this free event at the Carlan Centre.

"It's taking a three-month course of Tae Kwon Do and compressing it into one night to get a little taste of everything," said Mayor Rennie.

The Night Out event is a monthly community event to

bring together the people of Whitecourt, to get to know your neighbours, and to have fun.

"It's a chance for people to take part in something that might not be typically geared to beginners," said Rennie.

**Double AA tryouts**



Photos Whitecourt Press

It was a full day of AA tryouts for most hockey leagues in Whitecourt over the weekend. Skating and competition were fierce.

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## Terry Fox Run

By **Olivia Rutt**  
Whitecourt Press

Terry Fox was a Canadian cancer warrior. Born in Winnipeg and raised in British Columbia, the school athlete developed bone cancer and had part of his right leg removed when he was just 18 years old. Despite his own suffering, Terry was so moved by the plight of others in the cancer centre where he was undergoing treatment that he pledged to run across Canada

to raise money for cancer research.

Using a prosthetic, Terry ran an average of 42 kilometres a day. Although he managed an impressive 5,373 kilometres over 143 days, the cancer spread to his lungs and he was unable to finish the run. Terry passed away in 1981 when he was 22 years old.

However, the legacy didn't end there. In fact, it was just beginning. Over 30 years later annual Terry Fox Runs are

still held across Canada. The brave man that didn't let cancer get him down created a movement that far surpassed his dreams of providing funds for cancer research.

The Terry Fox Run plays an integral part in the fight against cancer. Although Whitecourt's run just finished for this year, you can still get involved or plan to run next year. Learn how by visiting [www.terryfox.org/Run](http://www.terryfox.org/Run).

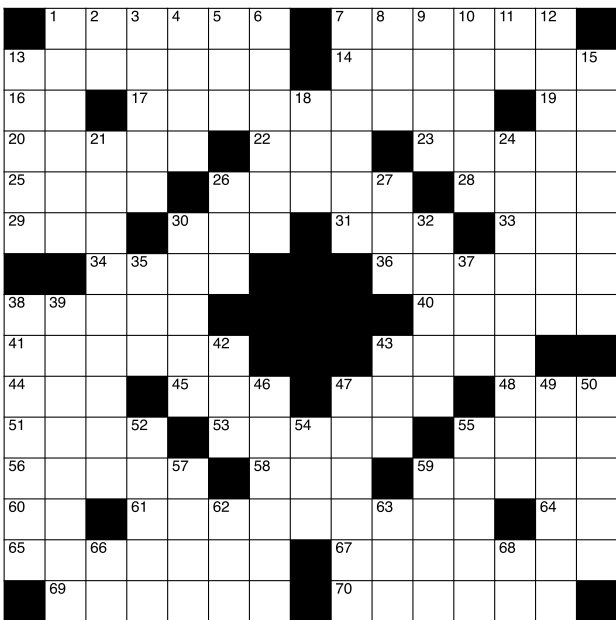


Photos Whitecourt Press

The Annual Terry Fox Run took place on Sunday, September 14 in Whitecourt. Eager participants warmed up and took to the streets.



**Whitecourt PRESS**  
**CROSSWORD PUZZLE**



**CLUES ACROSS**

1. Locates by tracking
7. Learned person
13. Rail transport charge
14. Asserted
16. Obstetrics (abbr.)
17. Type of puzzle
19. Of I
20. Strongboxes
22. Mow grass
23. Passover feast
25. Makes a mistake
26. Gambling blocks
28. Saint Filippo
29. Dental organization
30. Spigot
31. Van Winkle
33. Spanish hero El \_\_\_\_\_
34. Chinese weight unit = 1.3 oz
36. Flightless birds
38. Comb-plate organ
40. TV awards
41. Infuse with air
43. Earthen hollow
44. Took part in a race
45. Kids' musician Palmer
47. Process a hide
48. Restaurant bill
51. Expression of annoyance
53. Music term for silent
55. Body fluids
56. Runs disconnected
58. Seaport (abbr.)
59. Wrap brand
60. 32nd Pres. initials
61. Foodie
64. "Dark Victory" actress' initials
65. Wood ant genus
67. Attacks
69. Delicate hue
70. Prescribed amount

**CLUES DOWN**

1. Knights' garment
2. Are You? in texting

3. Moose genus
4. Rail vehicles
5. Self-importance
6. Send again
7. Twain's Tom
8. Macao monetary unit
9. One minus a cosine (trig.)
10. "As You Like It" forest
11. "My Turn" author's initials
12. Audacity
13. 8th-century B.C. prophet
15. Mocks
18. Animal pouch
21. Brotherly
24. Metric linear unit
26. Decalitre
27. Title of respect
30. Choppers
32. Encomium
35. Coin collector group
37. Tobacco mosaic virus
38. Capital of Wales
39. A single tear
42. Ingest
43. Feline
46. Adding machine inventor
47. 4
49. Cultivable land
50. Musician groups
52. Abounds
54. Central processing unit
55. Yemen capital
57. Cough up
59. Impudence
62. Frozen water
63. Garching astronomy org.
66. Egyptian sun god
68. Immunoglobulin (abbr.)

**Crossword solution on page 37**

**DEAR ABBY**

by Abigail Van Buren

**Husband's 'educational' dvds get flunking grade from wife**



**DEAR ABBY:** I am a full-time mother of three young children and have been married for nine years. Since the beginning, my husband has pushed to have things "his way." He struggles with his temper and has yelled at me over little things.

We have met with a counselor and were showing improvement in our marriage -- or so I thought -- until he started pushing me to watch explicit sex DVDs and read sex books. I feel very uncomfortable doing this. He claims he wants us to watch them for "educational reasons." He seems obsessed with the idea that we have to get the most out of life NOW because we are getting older.

I know we have some big issues to overcome and plan to continue seeing our counselor, but do you have any advice? -- **STRUGGLING**

**DEAR STRUG-**

**GLING:** I'm all for getting the most out of life regardless of how old a person is. And I'm pleased that you and your husband are talking to a licensed therapist, because it may help to save your marriage.

Many couples watch "explicit" sex DVDs together because it improves their sex lives. Depending upon the content of the ones your husband is watching, it could add spice to your sex life. But because it is making you uncomfortable, this is something that should be discussed with your therapist so you won't feel coerced into anything you can't handle.

\*\*

**DEAR ABBY:** I am a woman in my early 60s. I take good care of myself and have been told I'm attractive. I have been in a monogamous relationship with "Frank" for six years. I love him and he loves me, but I'm

not sure I want to marry him.

I know I couldn't live with Frank full-time because even though he's 57, he lives like an immature frat boy. He has sports memorabilia all over his house, and he's messy. There are piles of paper and stacks of clothes everywhere. He is a hoarder, a procrastinator and has OCD.

Frank and I are best friends. We have an amazing physical relationship, but I feel I want more. I don't think he's willing to change his ways at this point in his life. Should I accept this relationship for what it is, or look for someone more compatible with my lifestyle, as hard as that would be? -- **TORN**

**DEAR TORN:** I think you should have a talk with Frank and lay your cards on the table.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Write Dear Abby at [www.DearAbby.com](http://www.DearAbby.com) or P.O. Box 69440, Los Angeles, CA 90069.

What teens need to know about sex, drugs, AIDS and getting along with peers and parents is in "What Every Teen Should Know." Send your name and mailing address, plus check or money order for \$7 (U.S. funds) to: Dear Abby, Teen Booklet, P.O. Box 447, Mount Morris, IL 61054-0447. (Shipping and handling are included in the price.)



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T B M Y A F L H I P U L M O N A R Y A R  
E D H S F R M V Y R E T E H T A C N E E  
O R I Y F R R D H P A A V A M U I V V T  
H B U T P L R H Y I O D B V G G L D I T  
C E M S O E M O Y R A T H D N U F O S U  
I A O L S R R A T T A N E A O Z I O N L  
R T P O S E A T R A H N N N L M C L E F  
C G I R S N R C E G L M O U S Z E B T N  
U R S E A I R P A N O L I R L I H N R H  
L C C T P E U Z M U S I I A O U O S E F  
A A H S Y V L S I Y F I D R F C S N P R  
T P E E B A T R I U M A O R B B E Z Y P  
O I M L E L C I R T N E V N A I L G H H  
R L I O T S I G O L O I D R A C F F S R  
Y L A H R E V L A V L A R T I M O E U U  
T A A C O C A I D R A C R C P P O H D G  
C R V L N S E M Y Z N E A T R O A S C M  
G I I C F I M U I D R A C I R E P U C E  
R E B R A D Y C A R D I A A R T E R Y O  
U S L E R U L I A F N M A L V E O L I H

**WORDS**

- |             |                |
|-------------|----------------|
| ABDOMEN     | CIRCULATORY    |
| ALVEOLI     | CORONARY       |
| ANGINA      | DEFIBRILLATOR  |
| ANNULUS     | ECHOCARDIOGRAM |
| AORTA       | ENZYMES        |
| ARRHYTHMIA  | FAILURE        |
| ARTERY      | FLUTTER        |
| ATRIUM      | HYPERTENSION   |
| BEAT        | HYPERTENSIVE   |
| BLOOD       | HYPOTENSION    |
| BRADYCARDIA | ISCHEMIA       |
| BYPASS      | MITRAL VALVE   |
| CAPILLARIES | PERICARDIUM    |
| CARDIAC     | PRESSURE       |
| CAROTID     | PULMONARY      |
| CATHETER    | VEIN           |
| CHOLESTEROL | VENTRICLE      |

Find the words hidden vertically, horizontally & diagonally throughout the puzzle.

**Word Search solution on page 37**

# Exploring careers in philanthropy



The growing number of nonprofit organizations and other philanthropic groups has made opportunities for careers in philanthropy more plentiful. Those with professional business experience or even students right out of college often find opportunities within organizations geared to giving back.

According to Indiana University-Purdue University Indianapolis, there are more than 1.4 million nonprofit organizations in the United States alone. These organizations need dedicated staff to run their operations, and employees of such nonprofits often find there are several advantages to working for charitable organizations.

\* Happier work environments: Working in philanthropy means improving other people's lives. Employees may be happy in their positions because they realize their work is part of a larger effort to help the less fortunate. The nonprofit sector will attract other like-minded people, and working alongside people with similar interests can make for a more enjoyable workplace environment.

\* Diverse responsibilities: Nonprofit operations are generally smaller than many other companies, and employees often find themselves with diverse responsibilities

and more direct access to management and other decision makers. People interested in dabbling in various parts of a business may find the often intimate nature of the nonprofit sector an ideal fit.

\* Opportunities for travel: Some nonprofits offer the chance to work outside of the country. Nonprofit organizations who work across the globe may help build homes or schools in less developed countries or establish arts and education programs in countries where such opportunities are lacking. A job in the nonprofit sector may allow people to experience new cultures and opportunities that may never present

themselves in the private sector.

\* Growth opportunities: Wearing a variety of hats, as many nonprofit employees do on a regular basis, allows those

working at nonprofit organizations to build their resumes in ways not available to men and women working at more structured companies.

People who work in

the nonprofit sector often find that their careers are rewarding for a variety of reasons.

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The Whitecourt Food Bank has been operating since the early 1980's and assisted 1300 people in 2010 from Whitecourt and Woodlands County. It is operated by the Town of Whitecourt Food Bank Coordinator and dependent on volunteers to operate. The Food Bank relies on donations of cash or food from individuals and organizations. Local grocery stores drop off baked goods including bread and pastries weekly. Other corporations and schools schedule food drives throughout the year.

**Open: M, W, F 11 am - 1 pm**  
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## REPEAT BOUTIQUE

**Open every Wednesday & Saturday  
10:00 am-4:00 pm**

Everything is donated by the people of Whitecourt & surrounding areas. Run strictly by volunteers. Always looking for more volunteers. Anyone who would like to volunteer can drop off a police record check at the Repeat Boutique. All the money raised is donated to the Whitecourt Healthcare centre in the form of equipment.

**Contact is Elaine Gunderson**

## Friends of Whitecourt Society

also known as Whitecourt Healthcare Auxiliary.

**Meetings every 3rd Tuesday**

Auxiliary meetings held at Public Healthcare wing at the hospital.

Repeat boutique is the major fund-raiser.

**President is Elaine Gunderson**

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**ARIES (March 21-April 20):**

Aries, you can have all of the inspiration in the world, but without some practical application, your idea will stall. Spend some time thinking things through.

**TAURUS (April 21-May 21):**

You are torn between two choices, Taurus. Family matters are on one side, and work responsibilities are on the other. It may take a few days to work out a decision.

**GEMINI (May 22-June 21):**

Gemini, it's difficult to contain all of your enthusiasm, so share your excitement and happiness with others. Try tackling some other people's projects.

**CANCER (June 22-July 22):**

Cancer, you will be front and center in the days to come. Don't be nervous, as you're fully capable of handling the extra attention. Enjoy the spotlight while it lasts.

**LEO (July 23-Aug. 23):**

Leo, you will be full of energy this week. Use this energy and enthusiasm to your advantage, tackling projects you have let go unfinished but want to get done.

**VIRGO (Aug. 24-Sept. 22):**

Virgo, immerse yourself in activities that put you first over the next few days. Whether it's a date or simply alone time, enjoy it and start tending to your needs.

**LIBRA (Sept. 23-Oct. 23):**

Libra, getting back into the swing of things after a long vacation can be challenging. But you will have no problem getting back into a groove and getting all of your work done.

**SCORPIO (Oct. 24-Nov. 22):**

Try turning something you enjoy doing for fun into a career, Scorpio. Loving what you get paid to do is a key to a happy life, so figure out a way to make that happen.

**SAGITTARIUS (Nov. 23-Dec. 21):**

Sagittarius, you may be adept at finding an easy way around a difficult thing, but sometimes taking the hard road offers good life lessons along the way.

**CAPRICORN (Dec. 22-Jan. 20):**

Family needs take precedence over your obligations at work, Capricorn. Higher-ups will just have to be patient if they want to keep you on as an employee.

**AQUARIUS (Jan. 21-Feb. 18):**

Aquarius, everyone expects you to provide advice, but this week you may be in need of guidance. It could be because you have been tackling so many projects lately.

**PISCES (Feb. 19-March 20):**

Few things escape your attention, Pisces. However, this week you can expect to be happily surprised by good news.

**LOVESCOPE**

by *Eugenia Last*



**ARIES (March 21-April 19):** You will attract partners readily if you engage in projects or causes that allow you to show your talents and your ability to be diverse, fun-loving and productive. Don't let a negative friend stand between you and your happiness. Expand your horizons and be a participant.

**TAURUS (April 20-May 20):** Don't be afraid to share your feelings, desires and plans for the future. Someone you meet at a lecture, conference or attending a social event will have similar plans and find you perfect in every way. Take a leap of faith and join forces, and you will find happiness.

**GEMINI (May 21-June 20):** Get involved in something you believe in wholeheartedly, and you will attract someone who can match your every move. Love may not be at first sight, but it will grow on you through communication and common interests. Mental stimulation will lead to a deeper physical bond.

**CANCER (June 21-July 22):** Pick your partners wisely. Avoid anyone who is too unpredictable or disagrees with you too much. Don't let the physical attraction be what reels you into a relationship that has nothing to offer emotionally or mentally. Look for greater stability, not a roller coaster ride.

**LEO (July 23-Aug. 22):** You'll be in the driver's seat when it comes to attraction and rejection. Remember that you are dealing with people's feelings, so don't lead someone on if you have no intentions to follow through with an intent to form a relationship. Your propensity for variety should be divulged before making a move.

**VIRGO (Aug. 23-Sept. 22):** You'll charm everyone you meet with your loyalty, emotional sensitivity and passionate approach to life, love and happiness. You don't have to push your way into someone's heart -- just be yourself, talk about your personal plans and everything will fall into place.

**LIBRA (Sept. 23-Oct. 22):** Keep your emotions tucked away, or you may send the wrong signal. Bide your time and look at all the possibilities before you pick someone to help you fulfill your dreams. Use your sophisticated intelligence to attract someone who can help you acquire the standard of living you desire.

**SCORPIO (Oct. 23-Nov. 21):** Don't go overboard when looking for love. Too much bravado will lead to disappointment. Wear your heart on your sleeve, be original and approach whoever interests you with mysteriously honest vibe. It's separating yourself from the crowd that will grab someone as unique as you to your side.

**SAGITTARIUS (Nov. 22-Dec. 21):** Tread carefully. You are likely to attract partners who have a whole different perspective when it comes to love, romance, integrity and ethics. Lay your cards on the table, and you will weed out anyone who is too possessive, jealous or overbearing to partner with you.

**CAPRICORN (Dec. 22-Jan. 19):** Put a dollar value on relationships, and you will avoid being taken for granted. Your desire to please will attract someone who is willing to take whatever you have to give. Look for someone who can offer equality instead of someone who wants to be with you for what you have.

**AQUARIUS (Jan. 20-Feb. 18):** Consider an old flame who you can't stop thinking about or who you thought you'd end up with. Timing is important, and bringing someone from your past back into your life will help you move forward or allow you to let go so you can look for someone new.

**PISCES (Feb. 19-March 20):** Let your emotions and intuition guide you to the person who treats you the best instead of allowing your insecurity and chemistry to draw you to someone reckless and abusive. Respect yourself, and expect the same from whomever you choose to be with.

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Do Just One Thing



by Danny Seo

It's tempting to toss a pair of smelly sneakers into the washing machine to get them clean and smelling fresh again. But washing sneakers can take a lot of time since the drying process after washing can take hours, if not days. The reality is the odor from smelly sneaks usually comes from the insoles, which are removable and washable on their own. To clean them, just slip them out of the sneaker and wash them with warm water and liquid laundry detergent. Allow them air dry completely before placing back into the sneaker. If they still smell, toss them into a zipper plastic bag and sprinkle baking soda inside. Zip the bag closed and let it sit for 24 hours. This will absorb odors

and usually does the trick to make them smell (almost) as good as new.

If pulling weeds by hand from your yard seems like the only organic method for a weed-free lawn, think again: Just mow differently. Set the blades on your lawnmower to a higher setting and mow more often. Leave the grass clippings on the lawn to return the nutrients back into the soil. The higher grass and grass clippings will make it harder for weeds to thrive, since the grass blades will be stronger and denser. Now that it's the end of summer, add organic corn gluten meal to the lawn since it's a natural weed killer that won't hurt your grass. Adding this natural additive to your lawn will help reduce weeds by as much as 80 percent over the course of several years.

The most common culprits for fresh fruit and vegetable spoilage are natural bacteria and microbes that are all around us. The United States Department of

Agriculture says when fruits and vegetables are exposed to moisture, these bacteria and microbes rapidly multiply and ruin fresh produce. One way to help preserve produce and to prevent food waste is to keep everything as dry as possible. A loose crisper drawer allows air to circulate around fruit and veggies, so don't over-pack it. And wash the fruit only when you're ready to use it. Just a trace amount of moisture left can be enough to speed up the spoilage process.

If you have a collection of lightly used stuffed animals, consider donating them to help kids in need who can find comfort from them. The charity Stuffed Animals for Emergencies (S.A.F.E.) has a network

of volunteers nationwide who accept stuffed animals and prepare them to be donated to homeless shelters, hospitals and other emergency aid organizations to comfort children. Visit the website [stuffedanimalsforemergencies.org](http://stuffedanimalsforemergencies.org) to find a local chapter near you to donate your collection. Many chapters also accept blankets and books -- note that none of them will accept battery-operated plush toys for safety reasons.

Essential oils can be an easy way to add a pleasant scent to a room or to make homeopathic remedies at home. But know what you're buying the next time you're perusing the health food aisle. Labels that say "naturally derived" don't mean the oils actually came from plants or flowers;

instead, it means the molecular structure of whatever flower or plant they are inspired by is replicated as a synthetic in a lab using the plant's actual DNA structure. In other words, it's artificial. Look for United States Department of Agriculture-certified organic essential oils to be sure you're getting the real thing.

Unwatched children's DVDs can be given a new life and enjoyed by other kids by donating them to the nonprofit Kid Flicks. Founded by four sisters with the mission to build an entertainment library of kids' films at hospitals across the country, Kid Flicks accepts lightly used DVDs. It also arranges to have collections donated to hospitals not only in the United States, but

also all over the world. Just box up your unwanted children's DVDs and send them to the organization. They'll take flicks aimed for toddlers to teens. It's that simple. Learn more at [kidflicks.org](http://kidflicks.org).

What's the most fuel-efficient lane on a highway? It's the middle. When you choose to drive in the middle lane of a three-lane highway, it gives you the flexibility to pass slower cars and allows faster cars to pass you or merge to exit the highway easily. The reason is simple: When you accelerate or decelerate less, you use less fuel and can maintain a steady speed that also includes fuel-efficient coasting. The more coasting and steady driving you can maintain, the better the gas savings in the long run.

Strange BUT TRUE

By Samantha Weaver

• It was French Emperor Napoleon Bonaparte who made the following sage observation: "Never interrupt your enemy when he is making a mistake."

• Given the notoriety Las Vegas enjoys as a place for quick weddings, you might be surprised to learn that, technically, it is illegal in that city for a mustachioed man to kiss a woman.

• In 1923, a man named Frank Hayes earned the distinction of becoming the first (and so far only) person to win a horse race posthumously. Hayes was actually a trainer rather than a jockey, and he was riding a 20-1 underdog named Sweet Kiss. It seems that Hayes suffered a heart attack in the midst of the race, but his body stayed in the saddle while Sweet Kiss beat the odds to cross the finish line first. For the rest of her life, the horse he rode was nicknamed "Sweet Kiss of Death."

• In his spare time,

Jim Cummings, a successful voice actor, calls sick children in hospital wards and talks to them as some of his most famous characters, including Winnie the Pooh and Tigger.

• Some state names have come to the English language through roundabout routes. Take Alaska, for example. The

state name comes from the Aleut word "alaxsxaq," which in turn comes from the Russian meaning "the object toward which the action of the sea is directed."

• Those who study such things say that even fish can have distinct personalities. Within a single species, scientists have observed that

some fish are quite adventurous, willing to go to great lengths to obtain food or a mate, while others are much more timid, eschewing daring feats altogether.

Thought for the Day: "If a man does his best, what else is there?" -- General George S. Patton

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	4					7	2	
						6	5	
	7	3	9					
9		6					3	
4	1		3	5		8		
8			2		1		6	
		2	1		7			
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			8	3			1	

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Beginner

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Sudoku solution on page 37

A recipe from Mama Gray's kitchen

Butterscotch bars



**Ingredients:**  
1 cup oatmeal  
1 1/2 cup chopped nuts  
1 1/2 cup flaked coconut

**Directions:**  
Melt butterscotch chips over hot water and add all remaining ingredients; mix well. Spread in buttered 8-inch square pan and set aside to get firm. Cut into small squares.



3 cups butterscotch chips  
1 cup Eagle Brand milk  
1 tsp. vanilla  
1/4 tsp. salt

# Harvest season offers lessons to investors



**By Clifford Mertick**  
Financial Advisor  
Edward Jones

It's harvest time again. Of course, harvest season may not mean that much to you if you don't work in agriculture. Nonetheless, you can learn a lot from those who do, especially in your role as

an investor. Here are a few of these lessons to consider:

**“Feed” your portfolio.** Through the proper combination of fertilizers and irrigation, farmers seek to maximize the growth of their crops. And if you want to give your portfolio the opportunity to grow, you need to “feed” it with the right mix of investments. This generally means you'll need to own a reasonable percentage of growth-oriented vehicles such as stocks and stock-based securities. Keep in mind, though, that the

value of these types of investments will fluctuate, sometimes sharply, and there's no guarantee you won't lose some or all, of your principal.

**Be patient.** Crops don't grow overnight. Farmers know that they will put in countless hours of work before they see the fruits of their labours. And they know that, along the way, they will likely experience setbacks caused by a variety of issues: too much rain, too little rain, insect infestations — the list goes on and on. When you invest, you shouldn't expect to

“get rich quick,” and you can expect to experience obstacles in the form of bear markets, economic downturns, changes in legislation, and so forth. Continuing to invest for the long-term and focusing more on long-term results than short-term success can help you as you work towards your objectives.

**Respond to your investment “climate.”** Farmers can't control the weather, but they can respond to it. So, for example, when it's been dry for a long time, they can boost their ir-

rigation. As an investor, you can't control the economic “climate,” but you can make adjustments. To illustrate: If all signs point to rising long-term interest rates, which typically have a negative effect on long-term bond prices, you may need to consider reducing your exposure, at least for a while, to these bonds.

**Diversify.** Farmers face a variety of risks including bad weather and fluctuating prices. They can help combat both threats through diversification. For instance, they can plant

some crops that are more drought-resistant than others so they won't face complete ruin when the rains don't fall. As an investor, you should also diversify; if you only owned one type of financial asset, and that asset class took a big hit, you could sustain large losses. But spreading your dollars among an array of investments — such as stocks, bonds, cash, and other vehicles — may help reduce the effects of volatility on your portfolio. (Be aware, though, that diversification by itself can't guarantee a profit or protect against loss.)

Relatively few of us toil in the fields to make our living. But, by understanding the challenges of those who farm the land, we can learn some techniques that may help us to nurture our investments.

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# Steps involved with estate planning



Although inevitable, death is an emotional subject that's difficult to discuss. While estate planning can make people uncomfortable, it is an essential part of securing assets for future generations and can make a death in the family easier for loved ones to handle.

Estate planning is an umbrella term that refers to a host of things that must be done prior to a person's death, including writing a will and even making funeral arrangements. Estate planning attempts to eliminate financial uncertainties and maximize the value of an estate, and allows men and women to state their wishes with regard to long-term healthcare and guardianship for their children.

When done right, estate planning can prevent family feuds and ensure that the deceased's estate stays in the hands of family rather than being relegated to the government. Estate planning can be a complex process, so men and women should seek help to ensure the process goes smoothly.

**Getting started**  
Estate planning should begin early in a person's life, especially for young parents. It's easy to talk about saving for a home or retirement, but it's not so simple to discuss who will care for your children should you die while they are still minors.

Those who are not able to sort through these answers on their own should enlist the

help of an attorney or a financial adviser, both of whom can take some of the emotion out of the discussion and put it in more practical terms.

**The will**  
A will is an important component of estate planning. Without clearly and legally spelling out your wishes, there is no guarantee that those wishes will be honored. It will be up to a state or province to make potentially life-altering decisions that can impact your surviving family members, and the only way to ensure your wishes will be carried out is to put them into a will.

Although men and women can write their own wills, many people prefer to seek the assistance of an attorney, who

can make sure all necessary details are included in the will.

**Medical directives**  
In addition to a will, estate planning includes your wishes if you become incapacitated or suffer from a serious medical condition that precludes you from making decisions about your care and finances. Spouses can be named to make important health decisions, but you may want to indicate other information, such as life support measures or organ donation, as well. If you have strong opinions on treatment, medical directives and living wills are a necessity.

**Funeral arrangements**  
Another aspect of estate planning concerns funeral arrangements. Many people prefer to make their own funeral

and burial plans so that these heart-wrenching decisions do not fall on the shoulders of grieving family members. Funeral planning may include choosing a burial plot, selecting a casket, indicating cremation, and paying for everything in advance so there is no financial burden on surviving family members. According to the funeral planning website Efuneral.com, the average cost of a funeral in the United States in 2012 was more than \$8,500 for a burial service and \$3,700 for a cremation. That's a considerable expense that you may not want surviving family members to pay.

Estate planning is a process that is difficult to discuss, but one that is essential to maximize your assets and ensure your end-of-life wishes are honoured.

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## TO YOUR GOOD HEALTH

By Keith Roach, M.D.

### Why Is Traveling So Tiresome?

**DEAR DR. ROACH:** Traveling for a length of time -- say, six hours or more -- on a train, bus or plane makes me rather tired. Others I discussed this with have had similar experiences. I find this strange, because for most of the travel time I am sitting doing nothing but reading or daydreaming. My question is: Do physiological changes taking place in the body brought on by the long period of sitting while in transit account for the fatigue, or is it simply mental boredom? -- R.S.

**ANSWER:** I think it's both mental and physical. Prolonged sitting recently has been shown to put people at increased risk for heart disease, as well as the known risk of blood clots. Getting up and walking around is always a good idea physically, and might help mentally as well.

More than simple tiredness, chronic fatigue syndrome is all-encompassing. The booklet on it explains the illness and its treatment. To obtain a copy, write: Dr. Roach -- No. 304W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money or-

der (no cash) for \$4.75 U.S./\$6 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

\*\*\*

**DEAR DR. ROACH:** Orange juice was a staple for breakfast when we were growing up. Mom would say, "Hurry up and drink your orange juice before it loses its vitamins." I've noticed that when a carton of OJ is left out for even five minutes, it swells up, apparently due to some pretty volatile organic compounds. I've learned through the years that Mom was usually right.

Was she right again? -- M.E.K.

**ANSWER:** Mom was partially right. Orange juice will lose its vitamins over time, especially if it gets warm. But that doesn't happen in five minutes. Products that sit on the shelf for a long time lose their vitamins. As a student in organic chemistry, I did an experiment to find how much vitamin C was in certain products. Fresh fruits and vegetables (especially red bell peppers) had a great deal. A canned juice purportedly high in C had none at all. Even vitamin C tablets had lost 20 percent of

their stated value even before their expiration date.

Orange juice containers will swell if bacteria in the juice release gas, at which point it should (obviously) be discarded. However, I wonder if the swelling in five minutes has to do with the air in the carton expanding due to the relative warmth of the air compared with the refrigerator.

\*\*\*

**DEAR DR. ROACH:** I keep getting little black splinters under my fingernails that disappear on their own. I also have little black splinters under both of my big toe-

nails that have not disappeared and have been there for a while. What is this? -- D.F.

**ANSWER:** These sounds like splinter hemorrhages. The most common cause of these is trauma to the nail bed, but some dermatologic conditions can cause this as well, such as psoriasis and lichen planus. However, the most worrisome (but unusual) condition is infective endocarditis, an infection of the heart valves. Any fever or fatigue should be promptly evaluated by an internist.

## Working the overnight shift? Beat the cycle!



(NC) -- With approximately three in 10 Canadians working non-standard hours, it's easy to see how sleep patterns can be disrupted.

Our bodies operate on a 24-hour cycle called the circadian rhythm, which determines when we are ready to eat, sleep, and be active. This cycle is often thrown for a loop when people have to work irregular hours.

The National Sleep Foundation offers the following suggestions to beat the cycle of tiredness, isolation, and poor eating habits often associated with shift work:

• Avoid working extended hours.

• If your job and boss will allow, take a short nap during your shift.

• As much as possible, be in contact with other people.

• Get a bit of exercise, such as going for a walk.

• Get tedious tasks done early in your shift, when you feel more awake.

• Drink a beverage with caffeine, but don't overdo it.

Health Canada confirms that healthy adults are safe consuming up to 400 mg of caffeine per

day -- which equates to about three 8 ounce cups (237 ml) of brewed coffee per day. When consumed in moderation, caffeine promotes the release of adrenaline in the body and suppresses a natural relaxant in the brain called adenosine, which results in less fatigue, elevated mood, increased alertness and more energy.

If coffee and tea are not your thing, an energy drink such as Red Bull is a suitable alternative as it contains 80 mg of caffeine in a 250 ml can, roughly the same as a cup of brewed coffee.

## Omega 3... what???? One of nature's health solutions!

By Verna Ellis  
Health Solutions

### Part 2

7. Flax seed oil does not contain EPA/DHA. It contains ALA (alpha linolenic acid), which the body converts to EPA/DHA.

8. EPA/DHA from plant sources cannot be converted within the body efficiently enough to supply the body's requirements.

9. Our bodies are genetically required to consume EPA/DHA WITHOUT converting

it first. This is bad news for vegans and vegetarians.

10. Therefore, the best option is to supplement with a high quality fish oil.

11. That means it should NOT be a concentrated oil. The ratio of EPA/DHA must be the same as in nature. Unadulterated.

12. Omega 6 oils, corn, peanut, soybean, safflower, sunflower, canola cottonseed etc., are over abundant in our diet causing an increase

in inflammation issues in our society.

13. It is not enough to just take an EPA/DHA Omega fatty acid supplement you MUST decrease the consumption of inflammatory Omega 6 oils as well. Guess what foods have Omega 6 in them? You're right, all the ones you like and your T.V. is enticing you to get more of: breads, cereals, crackers, processed foods, to name a few.

14. Olive oil, primarily an Omega 9 is a

kind of neutral oil, great for salad dressing but should not be heated to high temperatures.

15. DHA is one of the primary nutrients in healthy human breast milk, unlike other mammal's milk. That is one of the reasons why it is not a good substitute.

Currently in North America, for every 3 people you meet you could say that, one will get heart disease, one will get diabetes and one will get cancer. It is interesting to discover that

these diseases and the ones most common in our society all begin with inflammation. Omega 3 oil has anti-inflammatory benefit and yes, it is just a food. If that isn't enough reason to take the supplement, then you need to know that you are just a collection of cells and it is Omega 3 oil that keeps the cell wall permeable, so you can uptake all other nutrients. Impressive? Yes! Did I tell you that if you suffer from: high blood pressure, high chole-

sterol, digestive issues, skin disorders, asthma, depression, learning disabilities, to mention a few, Omega 3 is very important for you?

2015 will soon be here and yes, we are about to witness yet more of our money being spent on healthcare and that is reason enough for me to untangle the tinsel and get my Omega 3 working in every cell in my body. The benefits are innumerable and invaluable.

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Verna nutritional consultant

## Beginner's guide to reptiles as pets



Dogs and cats may be the most popular pets, but reptiles have their share of admirers as well. Reptiles can make great pets, and they may be ideal for children or novice pet owners.

Unlike cats or dogs, many reptiles need a very specific environment to thrive. That includes some sort of UV light, a warming stone and particularly hot conditions. Reptiles and amphibians are cold-blooded animals, mean-

ing their body temperatures fluctuate based on the conditions of their environment. They will require an external heating source to stay comfortable.

Certain reptiles may be better for beginners than others. Here is a look at some popular reptilian pets and what is necessary to care for them.

\* **Bearded dragon:** This animal hails from Australia and may grow up to two feet in length, most of which is in the tail. These lizards will need an appropriate housing structure, which should be a 55-gallon tank for the average-sized single male

dragon. They require special light bulbs to absorb vitamins. Dragons are omnivorous, so you will have to provide both plant and animal food sources. Even though they come from arid conditions, spray the tank with water each day to provide them with a water source, as they will not drink from a bowl. Dragons are hardy and can endure even if some mistakes in care are made early on.

\* **Green anole:** Also known as the American chameleon, green anoles are another popular starter pet. Anoles are inexpensive, which makes them a great choice for

first-time reptile owners. Anoles can be easy to care for if you meet the right requirements. They need a high-humidity environment and daily misting. These reptiles also like to climb, so you will need to prepare the cage accordingly with a tight-fitting lid and a structure they can scale. While a male and female can be kept together, never put two males together, as they will fight and likely kill each other.

\* **Gecko:** The leopard gecko can be a great lizard for beginners. Thanks to its small size and modest needs, a gecko does

not need a large tank to live in. Geckos are also tolerant to handling and can grow accustomed to frequent touching. Keep in mind that geckos are nocturnal, which means they are most active in the evening. Invest in a special reptile light designed for viewing in the dark so that you do not interfere with the animal's sleep-wake cycle. Also, try not to stress or frighten the leopard gecko. It has the ability to drop its tail if feeling threatened, which can put unnecessary stress on the animal.

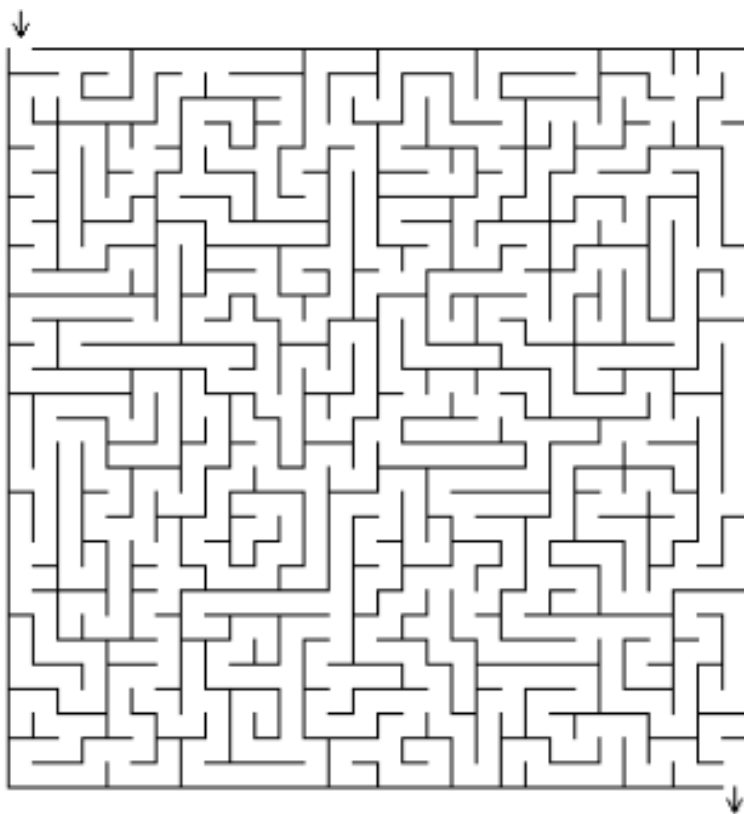
\* **Newt:** Newts are almost exclusively aquatic or require high-humid-

ity levels. You will need a tank with an area of sloped land for eating and sleeping. Another area should be filled with water for immersion. Newts are generally a pet that should be observed rather than handled, as they have sensitive membranes or toxic skin. Colorful newts can be enjoyable to watch and require little care besides water changes and feeding.

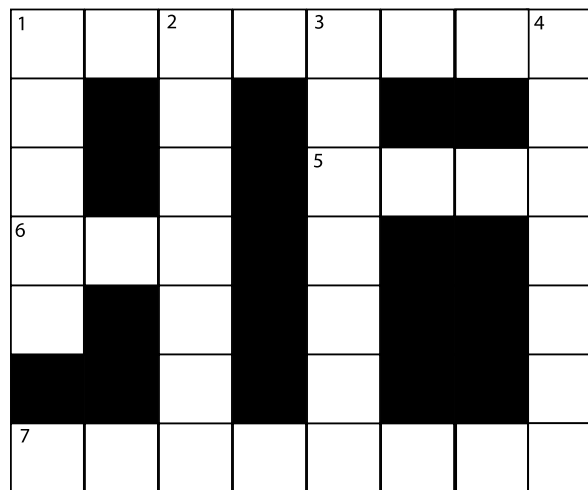
Reptiles can make interesting and relatively maintenance-free pets. People looking for ideal starter pets may want to skip the furry in favor of the scaly.

### Kids' Korner

#### Maze Craze



#### Crossword Puzzle



**ACROSS**

- 1. Communications
- 5. Egg shape
- 6. Emergency medical service (abbr.)
- 7. Deductio[n] of cost

**DOWN**

- 1. Currency
- 2. Detecotors
- 3. Green, bumpy fruit
- 4. All products are sold

- 1. Money 2. Sensors 3. Avocado 4. Sellout

- Down

- 1. Message 5. Oval 6. EMS 7. Discount

Answers:

#### Sudoku

4	1	3	
3			1
1		2	
2			

**Here's How It Works:**

Sudoku puzzles are formatted as a 4x4 grid, broken down into four 4x4 boxes. To solve a sudoku, the numbers 1 through 4 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

**New Word**

**COUPON**

a voucher that entitles its holders to a discount

**Did You Know?**

MANY STORES FEATURE A CUSTOMER LOYALTY PROGRAM THAT ENTITLES SHOPPERS TO DISCOUNTS WITHOUT ASKING THEM TO CLIP COUPONS.



#### Get Scrambled

Unscramble the words to determine the phrase.

eraeCnalc alSe

Answers: Clearance Sale

### CANADA



### HISTORY

#### 1948

The Dominion of Newfoundland votes 52% to 48% in favour of joining the foreign nation of Canada.

### GET THE PICTURE?



Can you guess what the bigger picture is?  
Answer: Cash Register Drawer

#### Sudoku Solution

3	1	4	2
4	2	3	1
1	4	2	3
2	3	1	4

## Envision your career in insurance

(NC) Meet Michael Kristolaitis, one of many new recruits into Canada's property and casualty insurance industry.

Michael was laid off from a security installation business four years ago and sought employment using his transferable skills. He always had an interest in the insurance industry and decided to enroll in Mohawk College's Insurance Diploma program. Through his study, Michael was introduced to the Insurance Institute's chartered insurance professional (CIP) designation.

Fast-forward to two years later: Michael was hired as a claims advisor before he graduated and

had only one course remaining in his CIP designation. Now Michael has completed his CIP and Canadian risk management (CRM) designations, furthering his opportunities in the insurance industry.

Many other future success stories in the insurance industry are promised to be just like Michael's. According to a recent demographics study conducted by The Insurance Institute, 20 property and casualty insurance companies increased the number of their employees by 40% between 2007 and 2012. And 82% of the industry's human resource professionals say that they intend to hire

over the next two years. There's a good chance that there may be a career for you in insurance.

"Working for an industry that places emphasis on professional development was a real draw for me," said Kristolaitis, a claims advisor at Aviva Canada. "I found that I was able to draw from previous experience and apply it to my studies and career. Now, as a graduate of the CIP program, I have the education and knowledge that has not only helped me

to excel in my current role, but has provided me with the basis to excel in almost every facet of the industry."

Whether you have a previous background in security installation, mining or hospitality, a career in insurance offers a wide variety of job opportunities that value the previous experiences you bring to the industry. Ask any insurance professional: It's easier to teach someone insurance than to teach in-the-field expertise.

More information is available at [www.insuranceinstitute.ca/career-opportunities](http://www.insuranceinstitute.ca/career-opportunities).



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[www.2creekswater.com](http://www.2creekswater.com)



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- Benefit Plan
- Must Have all Safety Tickets

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or fax to: 780-778-5583

[whitecourtpress.com](http://whitecourtpress.com)



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2. CERTIFIED CRANE OPERATOR TO WORK IN CAMP. Must be certified and have safety tickets
3. EXPERIENCED HEAVY EQUIPMENT TECHNICIAN with experience in engine and gears!
4. EXPERIENCED WINCH TRUCK DRIVER FOR TERRACORE RENTALS. Experience and safety tickets are preferred.
5. PARTS PERSON FOR OUR LOCATIONS IN ACHESON AND RED DEER. Experience and safety tickets are preferred.

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Please submit your resume by fax to 1-780-960-4888 or email to [jobs@northwelloilfield.ca](mailto:jobs@northwelloilfield.ca)



FOR QUALITY TRANSPORTATION

### Western Auto and Imports is currently seeking a journeyman technician.

This is a permanent full time position with great benefits and competitive compensation.

- Applicants must have strong diagnostics and electrical background.
- Experience with import vehicles is preferred.
- Applicants MUST BE licensed journeyman automotive technicians.
- Applicants must also be fluent in English, both speaking and writing.
- This is a busy, fast paced shop with competitive compensation.

Please submit resumes in person at  
5125 Kepler Street West, Whitecourt;  
or via e-mail to  
[ssteele@revolutionautogroup.ca](mailto:ssteele@revolutionautogroup.ca)

## hello - smart - grow

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Visit [servus.ca](http://servus.ca) for the full job description, qualifications and application details. **Closing date: September 22, 2014.** We thank all applicants for their interest. Only those considered for the position will be contacted.





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**AUCTIONS**

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**UNRESERVED FARM TOY Auction** for Norm Wygle! All makes including Big Buds, Precision, Prestige, Custom! 10 a.m., Saturday, September 27, Wainwright, Alberta. Scribner Auction 780-842-5666; www.scribnet.com.

**COLLECTOR CAR AUCTION!** 7th Annual Red Deer Fall Finale. September 19 - 20, Westerner Park. Consign today. 1-888-296-0528 ext. 103; egauctions.com.

**UNRESERVED COIN and Currency Auction.** Friday, Sept. 26, 6:15 p.m. All types: Canada, US, Foreign, incredible selection! Wainwright, Alberta. Scribner Auction, 780-842-5666; www.scribnet.com. No Buyer's Fee!

**UNRESERVED AUCTION.** Oct. 23. 9 a.m. Bill Armstrong Trucking Ltd., Thorhild, Alberta. 780-398-2294. Cat D6C-LGP, Standard, winch; Cat D7HXR high drive; 2 Cat D8H-46A's, P. shifts; Finley Hi-Way Hydrascreen; 2 Ardc 4x4's; 1994 - 870 Galion (Komatsu) Grader; 1984 - 4500 Volvo loader; quantity of Cat attachments; 20 pick-up trucks & more. View online: www.prodanikauctions.com.

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**EMPLOYMENT OPPORTUNITIES**

**FREIGHTLAND CARRIERS,** a tri-axle air ride flatdeck carrier is looking for Owner/Operators to run Alberta only or 4 Western Provinces. Average gross \$18 - 25,000/month. 1-800-917-9021. Email: ed@freightland.ca.

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**JOURNEYMAN Heavy Duty Mechanic** required for oilfield trucking company. Will consider 3rd year apprentice or higher. Full-time position. Phone resume to: 780-842-6444. Fax 780-842-6581. Email: rigmove@telus.net.

**ATTENTION PHARMACISTS!** Looking for pharmacist who would enjoy doing clinical style pharmacy in rural Alberta town. No evenings or weekends! Tired of "lick, stick, count, & pour"? Contact us. Email to: rita@ritas.ca or fax 780-674-3912.

**AN ALBERTA OILFIELD** company is hiring experienced dozer and excavator operators, meals and lodging provided. Drug testing required. 780-723-5051.

**INTERESTED IN** the Community Newspaper business? Alberta's weekly newspapers are looking for people like you. Post your resume online. FREE. Visit: awna.com/for-job-seekers.

**EXPANDING OILFIELD TRUCKING** company requires immediate Class 1/Class 3 Drivers, Boiler Operators, Labourers and Mechanics. Experience in oilfield service or hauling dangerous goods preferred. Email: Robbie@brekkaas.ca.

**CLASS 1 DRIVER** needed for L/S hauling based out of Westlock. For info email rob@jubileefarms.ca.

**EAGLE RIVER Chrysler Ltd.** is currently looking for a full-time Service Advisor. Great work environment. Competitive wages. Excellent benefit package incentive and bonus plans. On the job training available. Previous experience would definitely be an asset. To apply please fax your resume to 780-778-8950. Email it to: service@eagleriver.ca or mail it to: Eagle River Chrysler, P.O. Box 1558, Whitecourt, AB, T7S 1P4. You can also apply in person to the Service Manager - Dennis LaFreniere.

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**STRAW WANTED.** Large square 4X8 bales. \$65 metric ton for 20,000 bales. Please call Kevin Paskal at 403-330-9147.

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**RITCHIE BROS** Unreserved Auction. October 30. Highway commercial property, 2.04 acres in Stettler. Two heated metal buildings, chain link fenced. Visit: rbauction.com/realestate for details.

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**BANK SAID NO?** Bank on us! Equity Mortgages for purchases, debt consolidation, foreclosures, renovations. Bruised credit, self-employed, unemployed ok. Dave Fitzpatrick: www.albertalending.ca. 587-437-8437, Belmor Mortgage.

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**2006 Chev Cobalt LS 2 door sedan,** 5 speed transmission, air, curise, tilt, power door locks, 2.2 litre engine, 157,000 kms. **Asking \$4,500.00**

**2007 FORD F-150 XLT,** extended cab 4x4, power windows, power door locks, power mirrors, air, tilt & cruise, 5.4 L, V8, 100,000 km. **Asking \$10,900.00**

**2007 FORD F-150 XLT,** excab 4x4, air, cruise & tilt, 5.4 L, V8, 152,500 km. **Asking \$8,900.00**

**2005 Chev Monte Carlo car,** power windows, power door locks, power mirrors, air, cruise & tilt, sunroof, V6, 156,000 km. **Asking \$5,500.00**

**Phone 780-706-6953**

## What would you give for an extra vacation day?

(NC) On the last day of your getaway, few things are harder to do than packing up your swimsuit and sandals, knowing that very soon you'll be back to the day-to-day grind.

If you could bargain for an extra day, what would you give up?

Recently, Canada's leading online travel provider, Expedia.ca, gave Canadians a list of possibilities as part of their annual Vacation Deprivation survey, and found:

56 per cent would give up video games for a week, in exchange for an extra day's vacation;

46 per cent would give up alcohol for a week;

44 per cent would give up chocolate for a week;

43 per cent would go without television for a week.

Faced with the prospect of giving up their smartphones for a week, 36 per cent said they'd do it for an additional vacation day – but younger

respondents (age 18-34) were less receptive to the idea. When asked about giving up coffee for a week in exchange for an additional vacation day – those 55 or older were much less likely (24 per cent) than younger respondents to strike that particular bargain (41 per cent of those 34 and younger would do it).

“The willingness to sacrifice for an extra day off is reflective of the fact that Canadians are feeling increasingly vacation deprived,” says Sean Shannon, managing director of Expedia Canada. “Vacation deprivation is creeping upward. Roughly half of Canadians (48 per cent) say they don't get

enough time off or don't use all the vacation days they are eligible for and this is up from 40 per cent who felt that way last year. Most respondents said another eight vacation days – for an average annual allot-

ment of 24 days – would be needed for them to be happy with their annual vacation allotment.”

On average, Canadians report they'll take 15 vacation days this year, down from 17 days last year.

Oh, and as for sacrifices in order to get that extra day off? Only 25 per cent said they'd go without sex for a week – although this was higher among women than men (30 per cent v. 21 per cent respectively).



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**BOH manager: full time, days, nights, evenings, weekends, overtime.**  
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#### EMPLOYMENT OPPORTUNITY | Job #14-054

### Senior Finance Clerk IV



The Town of Whitecourt is your local government at work. Council and staff function on behalf of the community to enhance the quality of life for all residents, with a commitment to the well-being of our community. Our organization now has an opening for a Senior Finance Clerk to aid the Controller with the municipal financial reporting and services. This is a full time, permanent position. Reporting to the Controller, the Senior Finance Clerk will participate in all aspects of financial procedures.

This position works closely with other experienced staff in the Town's Corporate Services Department, including: payroll; accounts payable, cash receipts, accounts receivable, taxes, and utilities.

#### PRIMARY DUTIES INCLUDE:

- Aiding the Controller in preparation of the annual budget, audit year-end working paper and preparation of financial statements
- Completing monthly bank reconciliations
- Preparing financial spreadsheets as required
- Maintaining the fixed assets sub ledger and
- Other financial duties as required.

The successful applicant should hold an accounting diploma or be pursuing an accounting designation program. Preference will be given to candidates with municipal government experience. Familiarity with Great Plains Diamond Municipal Software and Excel would be a definite asset. This will be a good opportunity for people with superior accounting skills to utilize their accounting knowledge in a municipal environment.

The Town offers a progressive working environment, a comprehensive benefits plan, and Local Authorities Pension Plan. The successful applicant will be required to pass a preemployment physical, criminal check, and provide a driver's abstract prior to being hired. Starting Salary for the position is \$52,625 per year dependent on qualifications.

More information on the municipality and the community is available at [www.whitecourt.ca](http://www.whitecourt.ca). If you feel that you have the qualifications and desire to be a part of the Town Team, please submit your resume to the following address by **2:00 p.m. on Friday, September 26, 2014:**

**TOWN OF WHITECOURT**  
Attention: Legislative Coordinator  
Box 509, 5004 - 52 Avenue,  
WHITECOURT, AB T7S 1N6  
Fax: 780-778-4166  
Email: [hr@whitecourt.ca](mailto:hr@whitecourt.ca)  
Re: Job #14-054

We thank all applicants for their interest; however, only those who are interviewed will be contacted.

#### EMPLOYMENT OPPORTUNITY | Job #14-051

### Child Mind Attendant Casual Position



The Town of Whitecourt is your local government at work. Council and staff function on behalf of the community to enhance the quality of life for all residents, with a commitment to the well being of our community. Our organization requires a casual Child Mind Attendant to work at the Allan & Jean Millar Centre.

A Child Mind Attendant is responsible for the safety and care of children within the child mind area of the Allan & Jean Millar Centre, and for ensuring good customer service standards are maintained.

#### KEY DUTIES WILL INCLUDE:

- Monitoring and supervising children in care;
- Providing child development activities;
- Ensuring safety in all areas;
- Maintaining a clean space;
- Maintaining positive public relations and interaction with facility users.

#### DESIRED SKILLS AND QUALIFICATIONS INCLUDE:

- Must be 16 years of age or older;
- Strong interpersonal skills, diplomacy and communication skills;
- Excellent listening, problem solving and conflict resolution skills;
- Standard 1st Aid and Level C CPR;
- Level 1 Day Care Orientation Certificate is an asset;
- Previous experience working with children aged newborn to 7 years.

The Town of Whitecourt is committed to its employees and provides competitive wages. The successful applicant will be required to pass a pre-employment criminal record check and child welfare check, prior to being hired. The applicant may be required to work a variety of day, evening, and weekend shifts. The job description is available upon request.

If you feel that you have the qualifications and desire to be part of the Allan & Jean Millar Centre Team, please submit your written letter of application to the following address prior to **12:00 noon, Monday, September 22:**

**TOWN OF WHITECOURT**  
Attention: Legislative Coordinator  
Box 509, 5004 - 52 Avenue,  
WHITECOURT, AB T7S 1N6  
Fax: 780-778-4166  
Email: [hr@whitecourt.ca](mailto:hr@whitecourt.ca)  
Re: Job # 14-051



We thank all applicants for their interest; however, only those who are interviewed will be contacted.

**For all of your advertising needs, please contact:**  
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We are looking for a full time person to join our team.

**Job Duties:**

- All duties associated with accounts receivable and payable
- Strong communication skills
- Accounting knowledge
- Ability to work alone
- Spruceland offers an excellent benefit package and competitive wages

Submit your resume to  
**Connie Gordon, Office Manager**

Email:  
[connie.gordon@sprucelandford.com](mailto:connie.gordon@sprucelandford.com)  
Fax: 780-778-4270



SALES LTD WHITECOURT

**HELP WANTED**

Tim Hortons in Whitecourt is looking to fill the following positions:

**Food Service Attendant**  
Full Time / Shift Work  
\$12.50 / Hour plus Benefits

**Food Service Supervisor**  
Full Time / Shift Work  
\$14.50 / Hour plus Benefits

Please apply in person at the restaurant.



4331-52 Ave Unit 1 Whitecourt, AB | 4216 Elko Drive Whitecourt, AB

**AUTOS FOR SALE**

2008 Escape 4x4 \$8,900.00  
2011 Equinox AWD \$15,300.00  
2006 Chev 2500 4x4 \$8,900.00  
2006 Grande Caravan \$6,300.00  
2012 GMC Std Cab 4x4 \$12,900.00  
2008 Ford 150 4x4 \$10,200.00  
2006 Envoy GMC 4x4 \$8,500.00  
2005 Ford Taurus \$3,900.00

Call 780-706-5112.

**FOR RENT**

2 bdrm Suite downtown 4 plex. Close to schools, playground, shopping, library, golf course. Large yard. Good parking. Water included. No Pets \$950.00/mth \$950.00 D.D. Call 780-778-5367

**FOR SALE**

1975 Monte Carlo Red with white top. White leather interior. 80,000 original miles. Contact Randy or John at Smyl GM at 780-778-2202.

**FOR RENT**

Clean 2 bedroom 4plex in central Whitecourt, with deck, in suite laundry, hardwood on the main floor. \$1200/mo + utilities. Close to schools and shopping. N.S. N.P. Available Oct 1st. 780-778-2565

**WANTED TO RENT**

Quiet, clean room or suite for professional female. Access to washer & dryer. 780-706-6599

*Doing the right thing is easy.*

**E.C.H.O. SOCIETY PROGRAM SPECIALIST/ COORDINATOR POSITION (40 hours/week)**

Are you a hard working enthusiastic person looking for an opportunity to lead a wonderful team of dedicated disability support workers? Do you like innovation and challenge? Well, this position is right for you. We are seeking a skilled leader to work with our agency in building a team, who support citizens with disabilities in person centered lifestyles that promote lifelong learning.

**Preferred Requirements:** Undergraduate Degree in Community Disability Services/Human Service Studies (a graduate degree is preferred) or related field. One year experience in leadership that fosters a supportive learning environment & promotes support service development. Understanding of elements related to effectively addressing the complex needs of supported citizens. Strong skill sets in the financial elements of service delivery. Proficient in Microsoft Word-Excel.

**Qualified applicants are invited to apply by:**  
E.C.H.O. Society: P.O. Box 2096, Whitecourt, AB, T7S 1P7  
Attention: Natalie Jendrick, H.R. Manager  
Email: [echosoc@telusplanet.net](mailto:echosoc@telusplanet.net)  
In Person: 4723 - 50th Avenue  
Fax: 780-778-4190  
**Application Deadline: Until position is filled**  
Only those being considered for an interview will be contacted.

**WE'RE ALL EARS**

Questions? Comments? Story Ideas?

Let us know how we're doing.

Your opinion is something we always want to hear.  
Call us at:  
780-706-1858, or email:  
[wctpress@telus.net](mailto:wctpress@telus.net)

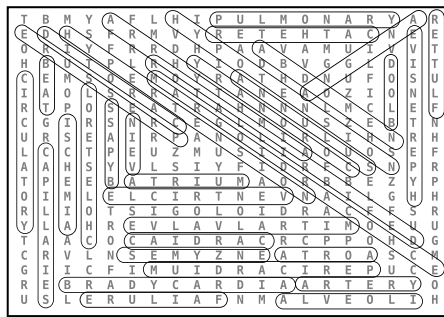


**Whitecourt PRESS**

**Puzzle Solutions, did you solve the puzzle?**

T	R	A	C	E	R	S	A	V	A	N	T		
H	A	U	L	A	G	E	A	V	E	R	R	E	D
O	B	C	R	O	S	S	W	O	R	D	M	E	
S	A	F	E	S	H	A	Y	S	E	D	E	R	
E	R	R	S	D	I	C	E	S	N	E	R	I	
A	D	A	T	A	P	R	I	P	C	I	D		
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I	D	L	E	S	S	P	T	S	A	R	A	N	
F	R	E	P	I	C	U	R	E	A	N	B	D	
F	O	R	M	I	C	A	A	S	S	A	I	L	S
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6	4	1	5	8	3	9	7	2
2	8	9	7	1	4	6	5	3
5	7	3	9	6	2	4	8	1
9	2	6	4	7	8	1	3	5
4	1	7	3	5	6	8	2	9
8	3	5	2	9	1	7	6	4
3	6	2	1	4	7	5	9	8
1	5	8	6	2	9	3	4	7
7	9	4	8	3	5	2	1	6



**How to submit classifieds:**

Email: [wctpress@telus.net](mailto:wctpress@telus.net)  
or call 780-778-5594  
or fax 1-866-647-4105 or stop by at the office 4949-51 Avenue (lower level)



**PIER 7497 LTD o/a**

**Renford Inn**

3559 Caxton Street, Whitecourt, AB. T7S 1P4 is  
**Hiring One Full-Time Front Desk Clerk & Three Full-Time Room Attendants**

**Front Desk Clerk:**  
No experience & education. Duties: Maintain an inventory/Register arriving guests and assign rooms/Answer enquiries regarding hotel/Compile and check daily record sheets, guest accounts, receipts and vouchers using computerized or manual systems/Present statements of charges to departing guests and receive payment. **Wage: C\$12.50-14.50/hr, 36-40 hr/week**

**Room Attendant:**  
No experience & education. Duties: Sweep, mop, wash, wax and polish floors/ Dust furniture and vacuum carpeting and area rugs, draperies and upholstered furniture/Make beds, change sheets and distribute clean towels and toiletries/ Attend to guests' requests for extra supplies/Stock linen closet and supplies area /Clean/Pick up debris and empty trash containers/Wash windows, walls and ceilings/Report and store lost and found items. **Wage: C\$14-16/hr, 36-40hr/wk**

**Other:**  
We encourage part time candidates to apply as well, welcome applications from Aboriginals

**Resume to - [goodmotel@gmail.com](mailto:goodmotel@gmail.com)**

Research saves lives.

Please give.



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STROKE  
FOUNDATION

*Finding answers. For life.*

## ARROW

ARROW TRANSPORTATION SYSTEMS INC.

[www.arrow.ca](http://www.arrow.ca)

Seeking qualified drivers for immediate openings in Whitecourt, AB. for Wood Fibre hauling.

**We offer:**

- Full Time, Year Round Work
- Home Every Day
- Competitive Wage & Benefits

**You possess:**

- Super B driving experience
- A clean drivers abstract
- References

We are an equal opportunity Employer and we are strongly encouraging Aboriginal peoples to apply.

Email: [jobs@arrow.ca](mailto:jobs@arrow.ca), Fax: 250-314-1750  
Phone: 1-877-700-4445



## AURORA

### TRANSPORT LTD.

HAS THE FOLLOWING EMPLOYMENT OPPORTUNITY AVAILABLE  
IN OUR WHITECOURT, AB LOCATION.  
WE OFFER COMPETITIVE WAGES AND EXCELLENT BENEFITS.

**COMBO VAC OPERATOR**

**MINIMUM REQUIREMENTS**

- Valid class 3
- Clean drivers abstract
- Current H2S and First aid
- Pre-Employment drug and Fitness test
- Ability to work flexible hours

**EXPERIENCE IN SIMILAR POSITIONS AN ASSET BUT WILLING TO TRAIN**

Aurora Transport Ltd. strives to meet requirements of our customers and employees by professionally managing growth and operations in an ethical manner. We are a diversified, growth-orientated business and we take pride in providing a safe / productive environment to our employees and customers. If you are the right candidate for these positions we encourage you to apply.

Please apply in person to:

3764 - 30 STREET, WHITECOURT, ALBERTA OR EMAIL:  
[jeff@auroratransportltd.com](mailto:jeff@auroratransportltd.com)

## AURORA

### TRANSPORT LTD.

HAS THE FOLLOWING EMPLOYMENT OPPORTUNITY AVAILABLE:  
**FIELD SALES REPRESENTATIVE**  
THIS POSITION IS BASED OUT OF WHITECOURT, AB WHILE ALSO  
COVERING HINTON AND DRAYTON VALLEY.

WE OFFER A COMPETITIVE SALARY AND EXCELLENT BENEFITS.

**MINIMUM REQUIREMENTS**

- Ability to work under pressure
- Ability to work flexible hours
- Clean drivers abstract
- Valid class 5 license
- Good interpersonal communication skills
- Pre-employment drug, alcohol and fitness testing

**EXPERIENCE IN SIMILAR POSITIONS AN ASSET BUT WILLING TO TRAIN**

Aurora Transport Ltd. strives to meet requirements of our customers and employees by professionally managing growth and operations in an ethical manner. We are a diversified, growth-orientated business and we take pride in providing a safe / productive environment to our employees and customers. If you are the right candidate for these positions we encourage you to apply.

Please apply in person to:

3764 - 30 STREET, WHITECOURT, ALBERTA OR EMAIL:  
[jeff@auroratransportltd.com](mailto:jeff@auroratransportltd.com)



Like us on both  
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Valerie at  
Whitecourt Press  
and  
Whitecourt Press

## INFRATECH

CORPORATION

**WELDER REQUIRED**

INFRATECH CORPORATION is looking for an  
experienced Journeyman Structural Welder for  
full time structural steel/CWB shop work

CWB experience preferred

We offer competitive wages and full benefits

Please fax or email your resume in confidence  
to the attention of

Jeremy Wurban – INFRATECH CORPORATION  
PO Box 2099 Whitecourt, AB. Canada T7S 1P7  
Fax: 780-778-4220 email [Jeremy@infratech.cc](mailto:Jeremy@infratech.cc)

No Phone Calls Please

## TRI HI

778-4697 PRESSURE 24 HOUR

### Drivers Wanted Class 1 & 3

Some experience required

- TRI-HI
- Benifits, FT
- Performance Bonus Program
- Great Wages

To apply contact Colby:

Fax 780-778-4616

Ph. 780-779-3266

Email [trhipressure@yahoo.ca](mailto:trhipressure@yahoo.ca)

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Email your ad today to  
[wctpress@telus.net](mailto:wctpress@telus.net)  
or call 780-706-1858

## NORTHWELL

Oilfield Hauling

### Northwell Oilfield Hauling requires experienced

- Bed truck drivers
- Picker drivers with lift tickets
- Swampers
- Welders
- Mechanics

for their Whitecourt, Fox Creek,  
and Swan Hills Branches

*Excellent equipment to operate  
Competitive Wages and benefit package offered  
Drug test required*

Please send resume including drivers abstract to:

[grussell@northwelloilfield.ca](mailto:grussell@northwelloilfield.ca)

or Fax to: 780-778-5099

3624 - 36 Avenue Whitecourt

Northwell Oilfield Hauling Whitecourt Office

Phone 780-706-2000

**Canadian Tire Whitecourt is currently looking to fill the following full time positions in our newly expanded store:**

**Department Managers for Hardware, Warehouse, Sports & Seasonal**

This position ensures the department is running effectively and efficiently in order to meet productivity goals while focusing on the 5 basics of retail (Customer service, Faced, Filled, Signed and Cleaned). This includes ensuring staff are properly trained and informed of all pertinent information in order to follow the stores policies and procedures.

**Retail Sales Associates**

Several positions available which are fast-paced, involving constant interaction with customers explaining product benefits and fulfilling customer needs. Helping customers is combined with store maintenance activities such as stocking shelves, merchandising and general housekeeping.

**PHYSICAL DEMANDS** (refers to an 8-hour shift with standard breaks)

- Ability to stand/walk for 8 hours
- Ability to lift 10 kilos or 25 lbs unassisted
- Ability to lift and turn repeatedly throughout the shift
- Ability to lift above shoulder and from floor to shoulder and floor to waist
- Ability to twist, turn, reach and work above shoulder level
- Ability to go up and down a ladder while carrying merchandise
- Ability to walk and carry at same time & push/pull as required
- Educational & experience requirements as per position

Please apply with Resume at

Canadian Tire, 4721 51 St, Whitecourt, AB T7S 1P1



**Canadian Tire Whitecourt is currently looking to fill the following full time positions in our newly expanded store:**

**Automotive Technician**

- Perform maintenance and repair vehicles as requested by customers
- Perform road tests using safe driving standards
- Providing written, prioritized quotations for necessary additional work
- Notify service advisor and customer of additional maintenance work required to be recorded
- Explain procedures and repairs directly to customers, as required
- Perform daily bay inspections
- Instruct apprentices: monitor and verify their work for accuracy
- Maintain company and personally-owned equipment and tools in good repair
- Develop and maintain up-to-date knowledge of the operation, maintenance and repair of most domestic and imported cars
- Maintain professional appearance (uniform, hygiene, grooming & name tag)
- Follow company, store and department policies
- Follow store health & safety program and observe provincial occupational health & safety regulations; report any observed or potential hazards immediately
- Participate in meetings and all training, as required

Must have valid mechanic's license and drivers license.

**Automotive Tire Technician**

Perform oil changes and tire installations as well as some light maintenance and some cleaning tasks. In this position, you will often interact and take direction from licensed technicians and interact directly with customers.

**PHYSICAL DEMANDS** (refers to an 8-hour shift with standard breaks)

- Ability to stand/walk for 8 hours
- Able to lift 25 kilos or 50 lbs unassisted and carry as required
- Ability to lift and turn repeatedly throughout the shift
- Ability to lift above shoulder and from floor to shoulder and floor to waist
- Ability to go up and down a ladder while carrying merchandise
- Ability to walk and carry at same time & push/pull as required
- Able to twist, turn, reach and work above shoulder level
- Ability to work in an environment conducive to the repair of motor vehicles

Please apply in person with resume or call 780-778-6591 ask for Mark.



Visit [www.whitecourtpress.com](http://www.whitecourtpress.com)



Whitecourt Transport is an equipment contracting and transportation service provider based in Whitecourt, Alberta. We have been providing trucking, warehousing, and heavy equipment contracting services to Central Alberta's resource industries for over 60 years.

We are currently seeking a customer service representative /clerk who will greet customers at our warehouse pickup location and also perform data entry and filing duties throughout the day. This position works Monday to Friday and start time is 7:00 am with the workday finishing at 4:00pm.

Computer skills required along with customer service attitude. Forklift experience would be an asset.

Starting wages will depend on experience and skills.

Sign on Bonus paid throughout first year of employment totalling \$5,000.00 . After 1 year you will be enrolled in profit sharing / safety bonus and also receive an annually distributed retention bonus of \$5,000.00.

Please forward resume to the following email: "[dave@whitecourttransport.com](mailto:dave@whitecourttransport.com)" or fax resume to 780-778-2502.

Only those shortlisted will be contacted for an interview.

**Your Voice Matters**

Send your letters, comments or story ideas to...

Email: [wctpress@telus.net](mailto:wctpress@telus.net)

Phone: 780-706-1858

Fax: 1-866-647-4105 (Toll Free)



Northwell Oilfield Hauling is growing and we are committed to attracting highly qualified individuals and developing those with the strongest potential as we consider our personnel to be our greatest asset. Our company's reputation is built on team performance and the belief in a mutual respect towards co-worker's, vendors and customers.

We are growing in the Whitecourt area and we are looking for an experienced Dispatcher. This is a high paced work environment where experienced individuals will be challenged and rewarded.

**QUALIFICATIONS**

- High school diploma or equivalent
- Requires minimum of 1-2 yrs. of oilfield related dispatch experience
- Basic keyboarding skill
- Basic skill level in Microsoft Office applications
- Good verbal and written communication skills
- Transportation and Logistics experience preferred
- Rig Moving Experience an Asset
- Safety Tickets are preferred.

All positions include competitive wages and full benefits.

Please submit your resume by fax to 1-780-960-4888 or email to [amartyniuk@northwelloilfield.ca](mailto:amartyniuk@northwelloilfield.ca)

**Tundra Oilfield Rentals Ltd. is looking for:**

- Bed Truck Drivers
- Winch Tractor Drivers
- Swampers

Please email resume to:  
[info@tundraoilfieldrentals.com](mailto:info@tundraoilfieldrentals.com)  
or fax: 780-778-3303



## Renovate your home with guidance – and with prizes

(NC) A renovation project can improve the overall efficiency and cozy feeling of your home. During a renovation, however, many of us focus on the aesthetics rather than better functionality, like what's behind the walls? A very simple way to save money and make your home more energy efficient – warmer in the winter and cooler in the summer – is to upgrade the insulation.

Right now, this type of planning might also win you a trip to Hawaii.

The Roxul brand of insulation is inviting us to their Facebook page for a chance to win a Hawaiian vacation for two, plus up to \$1,200 in insulation products. To enter the Rock Your Reno contest, you just need to share your renovation plans as well as your

plans for the insulation.

Even if you are not renovating soon, you can still enter the weekly draw for one of 24, \$200 pre-paid credit cards.

Contest runs from September 1 to November 21, 2014.

For additional details, log onto [www.facebook.com/roxulinc](http://www.facebook.com/roxulinc).



### Help Wanted Bartenders Door Security

Apply in person Friday or Saturday night at  
Vapor Night Club 5003-50 Street  
or Fax resume to 780-778-5511

## Service Manager Required



Brogan Safety Supplies is looking for a service manager for the Whitecourt branch Opening this fall!!

The ideal candidate will have knowledge/experience

in servicing safety related equipment including fire extinguishers, Breathing Air Equipment, and gas detection equipment and related regulations. We are willing to train the right individual if you are willing and eager to learn these traits.

You will also work closely with the Branch Manager to schedule on site services so you must be highly organized and possess superior time management skills.

Supervisory ability is a must for this position as well as adequate computer knowledge. Above all you MUST be able to recognize the importance of customer service, and quality control and be able to work in a fast paced team atmosphere.

Competitive wages and extended health benefits are offered. Interested persons can email a resume and drivers abstract to: [darryl@brogansafety.com](mailto:darryl@brogansafety.com)

We thank everyone for their interest; however only those selected for an interview will be contacted.

No phone calls please

# CONTRACT OPERATORS

Canadian oil and gas junior is looking for Contract Operators to work in the Whitecourt area at a sweet facility. Operators should have at least 5 years of experience preferably some experience with compression. Shift rotation is 8 and 6. Operators must have valid industry-standard safety training and certifications and will provide their own tools and trucks. Use of quads may be required when road conditions are unfavourable.

**Send resumes to:**  
**[septemberresumes2014@gmail.com](mailto:septemberresumes2014@gmail.com)**



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Box 1401  
3423-34 Avenue  
Whitecourt, AB T7S 1P3

**780-778-5611**  
FAX: 780-778-3784

Murray Schaffer  
Owner / Operator  
[murray@schafferswelding.ca](mailto:murray@schafferswelding.ca)

**Shop Hours**  
Mon - Fri 6-6  
Sat 7 am-noon

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Needs