

## MEETING IN RIGA



6<sup>TH</sup> MOBILITY IN LATVIA



Project work (p.2)

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Local activities (p.4)







**Interested ?**  
Last chance to join!

## DID YOU KNOW?

The "Ready for our lives" project started its 3rd year. There will be only the last meeting in Karviná in March 2018 and the final coordinators' meeting in Porto.

# PROJECT WORK

The main topic of our sixth meeting was presentation of a company. All schools answered the questionnaire prepared by the Latvian school and made their powerpoint presentations. And then at the meeting in Riga we all presented our results and showed the others how we would present a product, what we would wear at such an event etc. However, before that we could learn more about this matter at a seminar made by a professional lecturer, Mrs. Vita Brakovska where we could compare our ideas with hers. And of course, we could learn how companies present themselves during the excursions to Madara Eco Cosmetics and Draugiem.lv.

The second topic planned for this meeting was mobbing. This time Nelly, Monika and Petr created a short video on this issue. During the meeting we were also dealing with mobbing at BA School and finance where the workshop called "You and me" took place. The students worked in international groups and then shared their ideas with the others. The whole lecture was led by vice-rector for academic affairs, Mrs. Liga Peiseniece. Both the lecture and the workshop were really interesting and useful for future working life.

But there exist also other activities than lectures and seminars. The students worked on the topic of mobbing once again at school at a special workshop which was focused on creating an animation. This work was really special and the students learned something new for sure!

## EXCURSIONS

As our project is focused on entrepreneurship and business tasks, the programmes of our meetings always involve excursions to some companies. This time we visited a company working in the field of cosmetics and a modern company Draugiem.lv (translated as Friends)

## OPERA HOUSE

A nice, cultural programme for the teachers and also two students - we saw the performance of "Die Fledermaus" at the Opera in Riga.



## CERTIFICATES CEREMONY

For us the last day in Riga with certificates ceremony and a farewell party was also the last project day abroad! All our students enjoyed the party and have much fun! Our trips to partner countries are over now, we will meet for the last time in Karviná at the beginning of March and then the coordinators will have the 2nd transnational meeting in Porto to conclude the whole our project. Time goes fast, unfortunately, but we still have something to look forward to!



The Czech team for the meeting in Latvia consisted of two teachers - **M.Frolík** and **Z.Parchanská** and six students - **N. Vlachopulosová**, **M.Nguyenová**, **P.Pánek**, **B.Štěrbová**, **N.Smigová** and **A.Kneislová**.

### At the meeting in Riga we

- showed our powerpoint presentation on how to make a presentation of a company
- presented our town and school to the others
- prepared some national dishes for the table of national cuisine
- visited Draugiem.lv and Madara Eco Cosmetics companies
- learned about Latvian education system
- had a meeting with a town representative
- learned about Latvian culture and history
- visited a performance in the "Opera"
- learned more about mobbing in firms
- found new friends from foreign countries
- practised our English

Back again at Riga Secondary Shift School Nr.9! Our Latvian partner is not new for us, we have already cooperated with our Latvian friends in the years of 2013-2015 on a Comenius project called "Sustainable development - a "green" future for Europe. Four years ago we visited the school with two other teachers, three students and of course our other five partners - from Greece, Spain, Romania, Portugal, and Lithuania.





## Interested?

Follow our web and facebook!

## DID YOU KNOW?

In **Jurmala** you can find more than 4000 wooden houses. Over 400 are protected by historic preservation authorities.

During our mobilities we always learn something new about the towns, cities and places of interest in our partner countries. Sunday programme was focused on learning about the most interesting places near Riga. Some of us decided to see the beautiful castle of Sigulda, part of our group went to the other side from Riga and visited Jurmala, a nice and cozy place by the Baltic sea.

Jurmala is just half an hour from Riga and it is the biggest spa in Latvia. In Jurmala you can find typical wooden houses and nice beaches. Our group had an opportunity to take a walk in Majori, taste some coffee on the beach and some candies on the promenade. After rainy days in Riga we spent a really wonderful and sunny afternoon by the sea.



## LATVIAN HISTORY ~ CASTLES AND CHATEAUX

As usual, our project gives us opportunity not only to work together on the project tasks but also learn more about the history and culture of the hosting country. The Latvians prepared a whole day excursion to some famous places near Riga. First we visited Bauska castle where we also learned traditional medieval Latvian dances. We had so much fun! First the students, then the teachers learned the steps of the dances. Later on, we continued our trip at Rundale castle where we had a guided tour. And our day finished with a late lunch at another castle called Mezotnes castle. The trip to history was very interesting, we regretted just one thing - that the rainy weather did not allow us walk in the beautiful gardens of the Rundale castle.



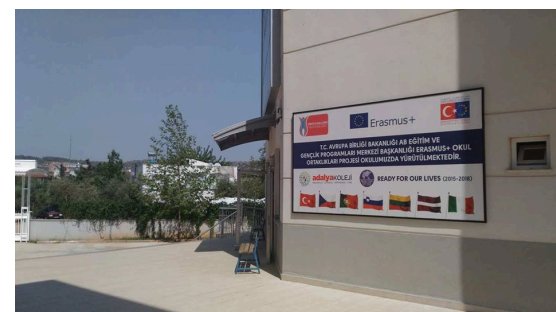
## BAUSKA CASTLE

I am sure that everybody likes the parts of the programme which include visiting some interesting places, learning something new about other cultures and generally, sightseeing programme. So, did you like the castles and chateaux, the old town in Riga and other places of interest? Then come back to Latvia again!



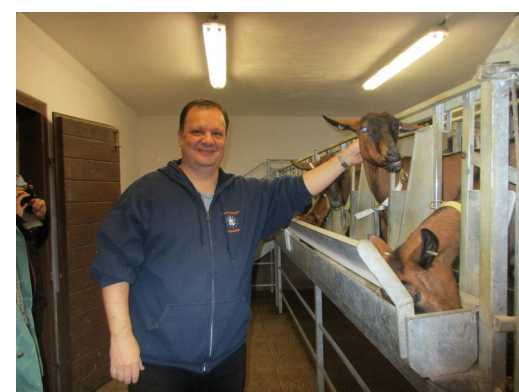
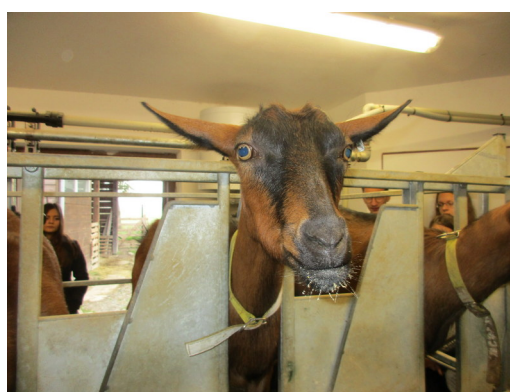
## ANTALYA

The third year of our project began with a short meeting in Antalya. Together with the Portuguese coordinator we visited the partner school in Antalya for two days. We evaluated the first two years of the project, checked if all the planned activities were done, discussed preparations for the third year, talked about Mobility tool, were guided round the school and the yard, but had also some time for non-formal chats over the project during dinners and a quick visit to Kursunlu waterfalls. We were really happy that we could spend those days with our Turkish friends! The weather was great, maybe too hot for us, but this was still the high season there in Turkey, so we could not expect anything else. Our hotel was at Konyaalti beach this time, so we could enjoy the view of the sea and mountains! So nice!



## OUR LOCAL ACTIVITIES - EXCURSION TO AN ECO-FARM

At the beginning of the school year we went for another excursion. The topic of the excursion was "other aspects of entrepreneurship" and we visited an ecological farm in Házovice, a small village about 80 kilometres from our town. At the Zerlina eco-farm we could see how they care about goats, we could practice milking the goats and taste various kinds of goat cheese. Ecological entrepreneurship has many rules and the entrepreneurs have to follow various restrictions. This all we could hear during the lecture and discussion with people who work at this farm.



## ENTREPRENEURSHIP IN TOURISM



After visiting the eco-farm we moved to Rožnov pod Radhoštěm, a town just about 5 kilometres away from Házovice. There we visited a wooden village which serves as a museum in nature and learned how they do promotion and marketing to attract visitors not only from the town but from the whole region. We also tasted some typical products they make there, such as "frgál", a cake with various flavours.



[www.ready-for-our-lives.webnode.cz](http://www.ready-for-our-lives.webnode.cz)



















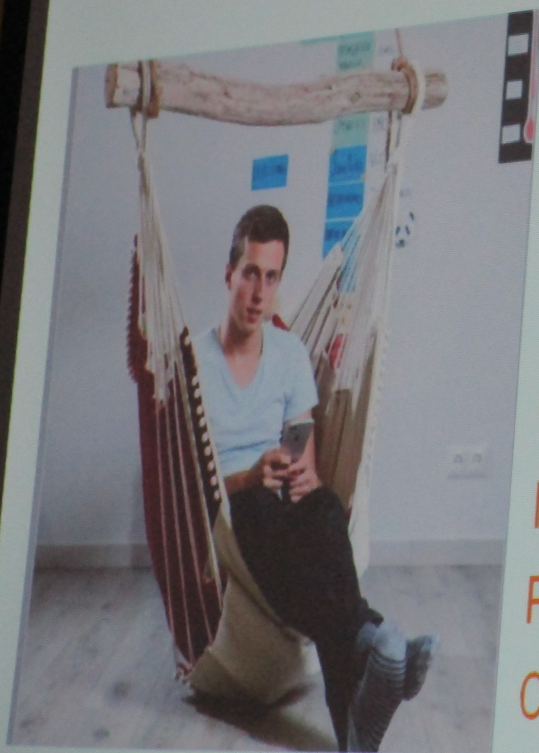




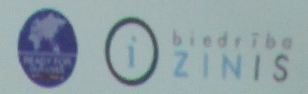


# Re-discover Your Iphone!

Idea by Emīls Pakārklis



Established in 2014  
 Subscribers: 138,712  
 Unique monthly visitors: 0.5M  
 Investments: none  
 Price per course: 97\$ – 297\$  
 Customers from LV: none  
 Turnover: 1M+ USD







## JURMALA ~ WALKING ON THE BALTIC SEA BEACH







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