



Racquetball Canada Skills Development Program

REPORT CARD

Down the Line, Pass Shot, Drop and Hit

| | FH | BH |
|---------------------------------|---------|---------|
| - Front (short line) | __ / 10 | __ / 10 |
| - Middle (receiving line) | __ / 10 | __ / 10 |
| - Back (near backwall) | __ / 10 | __ / 10 |
| - Back Wall (off the back wall) | __ / 10 | __ / 10 |
| - Centre (centre court) | __ / 10 | __ / 10 |

(0 - 2 Successes) → needs improvement = 0
 (3 - 5 Successes) → meets the minimum standards = 1
 (6 - 10 Successes) → advanced = 2

- Overall Fit and Use of Equipment **0 1 2**

Cross Court, Pass Shot, Drop and Hit

| | FH | BH |
|---------------------------------|---------|---------|
| - Front (short line) | __ / 10 | __ / 10 |
| - Middle (receiving line) | __ / 10 | __ / 10 |
| - Back (near backwall) | __ / 10 | __ / 10 |
| - Back Wall (off the back wall) | __ / 10 | __ / 10 |
| - Centre (centre court) | __ / 10 | __ / 10 |

(0 - 2 Successes) → needs improvement = 0
 (3 - 5 Successes) → meets the minimum standards = 1
 (6 - 10 Successes) → advanced = 2

- Overall Fit and Use of Equipment **0 1 2**

Footwork

| Key Performance Indicators/Factors | Checklist |
|--|--------------------------|
| - Proper lead leg when addressing the ball | <input type="checkbox"/> |
| - Proper steps when returning to centre court | <input type="checkbox"/> |
| - Able to correctly complete all six spots at a high speed | <input type="checkbox"/> |

(0 - 1 check marks) → needs improvement = 0
 (2 check marks) → meets the minimum standards = 1
 (3 check marks) → advanced = 2

- Overall Fit and Use of Equipment **0 1 2**

Back Wall



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Evacuation Plan

| Key Performance Indicators/Factors | Checklist |
|--|--------------------------|
| - Locate Facility's Evacuation Plan | <input type="checkbox"/> |
| - Explain Facility's Evacuation Plan | <input type="checkbox"/> |
| - Demonstrate Facility's Evacuation Plan | <input type="checkbox"/> |

(0 - 1 Check marks) → needs improvement = 0
 (2 Check marks) → meets the minimum standards = 1
 (3 Check marks) → advanced = 2

- Overall Fit and Use of Equipment **0 1 2**

Lines on the Court

- Match the number from the diagram to the appropriate names of the lines in the boxes provided on the right

- Doubles Service Box
- Service Box Line
- Service Line
- Short Line
- Out of Court Line
- Receiving Line

Back Wall (0 - 4 Correct) → needs improvement = 0
 (5 Correct) → meets the minimum standards = 1
 (6 Correct) → advanced = 2

- Overall Fit and Use of Equipment **0 1 2**

Once a player has reach at least the minimum standard for all seven skills they may proceed to level 3. Any additional comments:
