

**Heather (Stupp) Meyer**  
**Racquetball Canada Hall of Fame**  
**Acceptance Remarks**  
**May 2017**

I am very proud and honoured to be an inaugural inductee into the Racquetball Canada Hall of Fame.

Racquetball was a formative part of my life, having started at the age of 12 and played throughout my teenage years and into my late 20's.

I retired from racquetball just after the World Championships in 1992, got married and moved to London England. Unfortunately, I have been quite disconnected from the game since then.

I have now been living in England for over 25 years. In fact, the last time I ever stepped onto a racquetball court was the final the 1992 World Championship. But despite the time and distance I have such fond memories of the world of racquetball.

First and foremost, I miss the game itself. I keep myself fit now with competitive games of tennis, squash, golf and fitness but nothing compares to the thrill of competition at the Provincial, National and most of all representing Canada at many international events.

I also miss the many number of friends I met from all parts of the World and from all different backgrounds. Sports in general is great, but I find racquetball is a great equalizer and has imparted to me many life lessons.

In particular, it taught me to trust myself and my skills and put aside self doubt. It also taught me to embrace winning but not to fear losing. It is only by competing, setting goals and working hard can you have a chance to achieve success, in whatever one chooses to do.

I am sorry I cannot be with you in person on this evening, thank you very much for this great honour.

**Heather Meyer**

