

Coaches – Coaches will learn how to detect, correct, and improve the racquetball skills and strategies, and will also learn how to plan their own practice and make ethical decisions

Athletes – This workshop is for coaches working with athletes who are starting to compete in tournaments and provincial championships. Athletes are typically at the Learn to Train and Train to Train levels of LTAD

Competition – Tournaments and Provincial Championships

Sport-Specific
Training

- **Racquetball Competition Introduction Workshop**
- This 2-day (14-hour) workshop takes place in-class and on-court, usually held over one weekend

In-Training

Multi-Sport
Training

- Make Ethical Decisions module
- Planning a Practice module

Trained

Evaluation

- Portfolio (Practice Plan, Emergency Action Plan, Self-Evaluation)
- Observation in a training environment
- Make Ethical Decisions (online evaluation)

Certified

Professional
Development

- You require **20** professional development points over **5** years to maintain your status.

Maintained