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Selected verses from Padma Purana

SATYADI TRI YUGE BODHO VIRAGO MUKTI SADHAKAU
KALAU TU KEVALA BHAKTIR BRAHMA-SAYUJYA KARINI
(PADMA PURANA, UTTARAKHANDA 194/5, spoken by Narada Muni)

In three previous yugas (satya yuga, etc.) one would achieve enlightenment and liberation by becoming free from worldly affairs, but in Kali yuga, one can easily achieve the same abode as the Supreme Lord just by performing devotional service to Him in Kali yuga.

YESAM CITTE BHAVED BHAKTIH SARVADA PREMA RUPINI
NA TE PASYANTI KINASAM SVAPNE'PY AMALA MURTAYAH
(PADMA PURANA, UTTARAKHANDA 194/17)

Those purified persons whose mind is always engaged in affectionate devotional service. They do not ever experience hellish condition of life even in dreams.

NRNAM JANMA SAHASRENA BHAKTIH SUKRTINAM BVHAVET
KALAU BHAKTIH KALAU BHAKTIR BHAKTYA KRSNAH PURAH STHITAH
(PADMA PURANA, UTTARAKHANDA 194/20)

Those persons who have accumulated sufficient pious activities for thousands of births achieve bhakti because by execution of bhakti alone, one is able to situate himself in the abode of the supreme Lord Krsna.

BHAKTI DROHA KARA YE CA TE SIDANTI JAGATA TRAYE
DURVASA DUHKHAM APANNAH PURA BHAKTI VININDAKAH
ALAM VRTTAIR ALAM TIRTHAIR ALAM YOGAIR ALAM MAKHAIH
ALAM JNANA KATHA ALAPAIR BHAKTIR EKAIVA MUKTIDAH
(PADMA PURANA, UTTARAKHANDA 194/21,22)

Those who have hatred toward devotional service are the cause of shaking of the three worlds (disturbance of the three worlds). In previous histories, those who have criticized the devotional service, they have achieved unlimited miseries and intolerable difficulties. One cannot achieve liberation by any other means such as going to the places of pilgrimage, performing yoga practice, sacrifice, cultivating knowledge and discussing Vedic literature except

devotional service to achieve liberation.

RSIBHIR BAHUDHA LOKA UPAYAH SIDDHAYE KRTAH
SRAMA SADHYAS CA TE SARVE PRAYAH SVARGA PHALAPRAHAH
VAIKUNTYA SADHAKAH PANTHA GUPTO LOKESU VARTATE
TASYA UPADESAKAH SADHUH PRAYO BHAGYENA LABHYATE
(PADMA PURANA, UTTARAKHANDA 194/54,55)

Many great saintly persons created many solutions (Vedic instructions) to give perfection to the living entities, which, by working hard all of them result in awarding one heavenly planets. Those people who function to achieve the spiritual world (Vaikuntha planet) are always said to be hidden because such preachers (speaking about the spiritual world) saintly persons are available only to those who are very lucky.

GRANTHO'STADASA SAHASRO DVADASA SKANDHA SAMYUTAH
PARIKSITA SUKA SAMBADAH SRIMAD BHAGAVATA ABHIDAH
SLOKA ARDHAM SLOKA PADAM VA NITYAM BHAGAVATA UDBHAVAM
PATHASVA SVA MUKENA'PI YADI ICCHASI BHAVA KSAYAM
(PADMA PURANA, UTTARAKHANDA 195/29, 36)

The literature which has 18,000 verses and is divided into twelve cantos which is the conversation between Pariksit and Sukadeva Gosvami, is the Srimad Bhagavatam. If somebody daily, as a routine studies the Srimad Bhagavatam even half a sloka or even one line of a sloka, if somebody wants liberation from this world and cuts the tie of this material existence, he should study the Srimad Bhagavatam by himself.

MAHATMANO MAHABHAGA BHAGAVAT PADA SEVAKAH
TAD VISNOH PARAMAM DHAMA YANTI BRAHMA SUKHA PRADAM
(PADMA PURANA, UTTARAKHANDA 228/10)

Those personalities who are greatly advanced, who are most fortunate, who are worshipping the lotus feet of the Supreme Personality of Godhead, achieve the transcendental abode of Lord Visnu where they enjoy transcendental bliss.

NA VEDA ADHYANAIR YAJNAIR NA VRATAIR NA UPAVASATAH
NA PRAPYAM VAISNAVAM LOKAM VINA DASYENA KUTRACIT
TASMAD DASYAM HARER BHAKTIM BHAJETA'NANAYA MANASAH
PRAPNOTI PARAMAM SIDDHIM KARMA BANDHA VIMOCANIM
(PADMA PURANA, UTTARAKHANDA 229/120,121)

One cannot achieve the abode of Lord Sri Visnu by studying Vedic literatures, by performing sacrifice, and fasting on different days except by

becoming the servant of the Supreme Lord. Therefore, one should become a servant to do devotional service to Lord Sri Hari and serve Him with unalloyed devotion, then one can achieve the transcendental perfection which frees one from material bondage of fruitive action.

SANSARO VAISNAVA ADHINO DEVA VAISNAVA PALITAH
AHAM CA VAISNAVA ADHINAS TASMAT SRESTAS CA VAISNAVAH
(PADMA PURANA, KRIYA YOGASARA KHANDA 2/81)
(spoken by the Supreme Personality of Godhead)

The Supreme Personality of Godhead glorifies the Vaisnavas saying, (The whole world is under the care of the Vaisnavas. All the demigods are taking care of Vaisnavas. I (the Supreme Personality of Godhead) am under the care of Vaisnavas, therefore Vaisnavas are the topmost persons in this world.

KAMA KRODHA VIHINA YE HINSA DAMBHA VIVARJITAH
LOBHA MOHA VIHINAS CA JNEYAS TE VAISNAVA JANAH
(PADMA PURANA, KRIYA YOGASARA 2/83)

Those who are free from lust, anger, violence, arrogance, greed, illusion, they are said to be Vaisnavas.

DHARMA UPADESINA'S CAIVA DHARMA ACARA PARAS TATHA
GURU SUSRUSINAS CAIVA VIJNEYAS TE CA VAISNAVAH
(PADMA PURANA, KRIYA YOGASARA 2/85)

Those who are preaching the transcendental message given by the Supreme Lord and follow it as a way of life and worship their own spiritual master are the real Vaisnavas.

EKADASI VRATAM TE CA BHAKTI BHAVENA KURVATE
GAYANTI MAMA NAMANI JNEYAS TE VAISNAVA JANAH
(PADMA PURANA, KRIYA YOGASARA 2/28)

Those who observe Ekadasi with full devotion and sing My holy names are Vaisnavas.

TULASI MULA MRDBHIS CA TILAKANI NAYANTI YE
TULASI KASTHA PANKAIS CA JNEYAS TE VAISNAVA JANAH
(PADMA PURANA, KRIYA YOGASARA 2/92)

Those who put tilaka marks on their forehead with the mud taken from the root of Tulasi or those who put tilaka out of the paste of Tulasi wood are said to be Vaisnavas.

SALAGRAMA SILA YESAM GRHE VASATI SARVADA
SASTRAM BHAGAVATAM CAIVA JNEYAS TE VAISNAVA JANAH
(PADMA PURANA, KRIYA YOGASARA 2/94)

In those person's house, if Salagram Sila is found, and Srimad Bhagavatam scripture is found, they are said to be Vaisnavas.

MAT PADA SALILAIR YESAM SIKTANI MASKAKANI CA
MAMA NAIVEDYAM ASNANTI JNEYASTE VAISNAVA JANAH
KSUT TRT PRAPIDITEBHYAS CA YE YACCHANTY ANNA AMBU CA
KURYUR YE YOGA SUSRUSAM JNEYAS TE BHAGAVATA JANAH
(PADMA PURANA, KRIYA YOGASARA 2/98,99)

Whoever's head is washed with the water which is derived by washing My two lotus feet and those who eat food offered to Me are said to be Vaisnavas. Those who distribute food grains and water to needy people who are suffering from hunger and thirst, and who follow the yogic path of devotional service are said to be Vaisnavas.

BAHUNA 'TRA KIMUKTENA BHASITENA PUNAH PUNAH
MAMA 'RCA YE CA KURVANTI VIJNEYAS TE CA VAISNAVA
(PADMA PURANA, KRIYA YOGASARA 2/107)

What is the use of saying more and more? Those people who actually worship are said to be Vaisnavas.

HARAU PRASANNE PAPANI KUTRA TISTHANTI DEHINAM
JANMANTARA ARJITAIH PAPAIR GATA YUYAM IMAM GATIM
(PADMA PURANA, KRIYA YOGASARA 7/80)

If the Supreme Lord Hari is pleased with somebody, where does sinful activity remain in his body? Even though a person has accumulated sins for birth after birth, he achieves this (liberation) destination.

TATRA UDICYAM DISI MAUNI YAJNA SUTRANI KARNAYOH
KRTVA UPAVISTAH PRAJNAS TU MALA MUTRA VISARJAYET
(PADMA PURANA, KRIYA YOGASARA 11/3, spoken by Srila Vyasadeva)

An intelligent person, after tying a brahmana thread on his right ear, facing north, urinates and evacuates in sitting position, in silent condition.

DANTA DHAVANA KURYAD YO MADHYANHA APARANHAYOH
TASYA PUJAM NA GRHANANTI DEVATAH PITARO RSIH
(PADMA PURANA, KRIYA YOGASARA 11/17)

One who brushes his teeth in the mid day or afternoon,
neither the forefathers, the demigods or the sages accept it his
worship.

UPAVASA DINE VIPRA! PITR SRADDHA DINE TATHA
NA TAT PHALAM AVAPNOTI DANTA DHAVANA KRNNARAH
(PADMA PURANA, KRIYA YOGASARA 11/20, spoken by Srila Vyasadeva)

On the fasting day or on the day when oblations are given
to the forefathers, O brahmana, one who brushes his teeth, he
does not achieve the result of doing so.

VASTRA ASANE KEVALE CA TATHA KUSAMAYA ASANE
PUSPA ASANE CA UPAVISTAH PUJAYET KAMALAPATIM
(PADMA PURANA, KRIYA YOGASARA 11/67, spoken by Srila Vyasadeva)

One should worship the Supreme Lord, the husband of the
goddess of fortune by sitting upon a seat made with cotton, kusa
grass seat, or silk seat only.

YAH KAROTI JANASTASYA PRASANNAH SATATAM HARIH
TULASI PATRA MALEYAM NIJA GANDHA SUKHA PRADA
(PADMA PURANA, KRIYA YOGASARA 11/77, spoken by Srila Vyasadeva)

One who always offers the Supreme Lord a garland made
out of Tulasi leaves, He becomes very pleased upon that person
because the fragrance of Tulasi is very pleasing.

NIJA BHAKTYA TATO JAPTVA MANTRAM ASTADASAKSARAM
GOVINDAYA TATO DADYAN NANA NAIVEDYAM UTTAMAM
(PADMA PURANA, KRIYA YOGASARA 11/103, spoken by Srila Vyasadeva)

While chanting the eighteen letter mantra, one should
offer different kinds of eatable foodstuffs, prepared the best
way to Lord Sri Govinda.

DHUPAM YACCCHATI HO VIPRA HARAYE DHRTA VASITAM
SA GACCHET VISNU BHAVANAM VIMUKTAH PAPA KOTIBHIH
(PADMA PURANA, KRIYA YOGA SARA 11/106)

O brahmanas, any person who offers incense which is full of fragrance to Lord Sri Visnu, goes to the abode of Lord Sri Visnu after becoming free from millions of sins.

GRTE NA DIPAM YO DADYAT TILA TAILENA VA PUNAH
NIMESAT SAKALAM TASYA PAPAM HARATI KESAVAH
KARPURA VASITAM YASTU TAMBULAM CAKRA PANAYE
DADYAT TASYA DVIJA SRESTHA MUKTIR BHAVATI JAIMINE
(PADMA PURANA, KRIYA YOGASARA 11/108,109)

Anybody who offers a ghee lamp to Lord Sri Visnu or he offers a lamp made of sesame oil, Lord Sri Kesava, in a moment, removes all of his sins. Anyone who offers a camphor lamp to Him and betal leaf (made up with spice, etc.), the Supreme Lord, Who holds a disk in his hand, O best of the brahmanas, Jaimini, he achieves liberation.

PRANAMED DANDAVAD BHUMAU SAPTADHA YASTU KESAVAM
PATAKAM TAT SARIRASTHAM BHASMAI BHAVATI TAT-KSANAT
SIRASYA ANJALIM ADHAYA PRANAMED YO JANARDANAM
TASMAI LAKSMI PATIR VISNUR DADATI PARAMAM PADAM
(PADMA PURANA, KRIYA YOGASARA 11/125, 126)

One who pays long obeisances, while lying on the ground to Lord Sri Kesava seven times, all the sins from his body turn into asava immediately. One who pays obeisances to the Supreme Lord, touching his forehead with his folded hands, He gives him the husband of Laksmi, Sri Visnu the highest abode, the spiritual world.

JAIMINE TULASI PATRAM YASTUR JIGHRATI VAISNAVAH
TASYA DEHANTARASTHAM HI SARVA PAPAM VINASYATI
(PADMA PURANA, KRIYA YOGASARA 11/135)

O Jaimini (a great sage), any body who smells the Tulasi leaf which has emanated from Lord Sri Visnu, whatever sins he has in his body are all destroyed.

PAPA VYADHI VINASARTHAM VISNU PADODAKA AUSADHAM
PAPINO'PI NARASTE CA PIVANTU PRATI VASARAM
(PADMA PURANA, KRIYA YOGASARA 11/145)

Even a sinful man who daily drinks the medicine-like water which washes the two lotus feet of Lord Sri Visnu, removes

the disease of his sins.

YATHA AUSADHENA ROGASTU HANYANTE DEHINO BHRSAM
TATHAIVA PATAKAM SARVAM VISNU PADODAKENA CA
VISNU PADODAKAM SUDDHAM TULASI PATRA SAMYUTAM
YO VAHET SIRSA VIPRA TASYA PUNYAM VADAMY AHAM
BRAHMA HATYADIBHIH PAPAIR VIMUKTO VISNU RUPA DHRT
ANTE VISNU PURAM GATVA VISNUNA SAHA MODATE
(PADMA PURANA, KRIYA YOGASARA 11/147,148)

As by taking the correct medicines, ones diseases are destroyed from his body, similarly, the taking the water which has washed the two lotus feet of Lord Visnu all of ones sins are destroyed. When that water is mixed with Tulasi leaves, that water is said to be pure and anybody, O brahmana, drinks it and touches it to his head, whatever merits he achieves, I shall tell you. All of his sins, such as the killing of a brahmana, etc. are removed from him and at last, he reaches the abode of Lord Visnu and attains the same form as Lord Visnu and enjoys there with Lord Sri Visnu.

SATYAM SATYAM PUNAH SATYAM SATYAM EVA MAYA UCYATE
KAMALAIR HARIM ABHYARCYA PRAPYATE PARAMAM PADAM
(PADMA PURANA, KRIYA YOGASARA 13/167, spoken by Srila Vyasadeva)

I am telling you very truthfully that by worshipping Lord Sri Hari with lotus flowers, one achieves the Supreme abode.

PATAHAM DUNDUBHIM CAIVA KAHALAM SINDHUVARAKAM
KANSYAM CA KARATALAM CA VENUM VADAYATE TU YAH
PUJALALE MAHAVISNOS TASYA PUNYAM NISAMAYA
STE YAD YAIH PATAKAIR MUKTO MANDIRAM YATI CAKRINAH
(PADMA PURANA, KRIYA YOGASARA 14/32,33)

Anybody who makes sounds in the temple of Lord Sri Hari at the time of worship (aratik) with a great drum and small drum, with a bell metal plate and kartala cymbals, with a flute, they become free from all sins and Lord Sri Maha-Visnu awards unlimited merits to him.

SVAPAN BHUNJAN VADAN TISTHAN UTTISTHAN CA VRAJANS TATHA
SMARED VIRATAM VISNUM MUMUKSUR VAISNAVO JANAHA
(PADMA PURANA, KRIYA YOGASARA 15/6)

ANy Vaisnava desirous for liberation should constantly

remember Lord Sri Visnu while sleeping, while eating, while sitting, while standing, while speaking, while going somewhere, etc.

YE VISNU PUJANA RATA HARI BHAKTA BHAKTA
EKADASI VRATARATAH KAPATAIR VIHINAH
YE VISNU PADA SALILAM SIRASA VAHANTI
TE PAPI'PI NA BHATA MAMA DANDANIYAH
(PADMA PURANA, KRIYA YOGASARA 15/80, spoken by Lord Yamaraja to his messengers)

O messengers, anyone who is engaged in worshipping Lord Sri Visnu or anyone who is devoted to the devotee of Lord Sri Hari, or engaged in fasting on Ekadasi day, or one who is free from hypocrisy, one who drinks and touches to his head the water which has washed the lotus feet of Lord Sri Visnu, even though they are sinful, they are not to be punished by me.

HARER ABHAKTO VIPRO'PI VIJNEYAH SVAPACADHIKAH
HARI BHAKTA SVAPAKO'PI VIJNEY BRAHMANADHIKAH
(PADMA PURANA, KRIYA YOGASARA 16/3)

Any person who is not a devotee of Lord Sri Hari, even though he is a brahmana, he is lower than a dogeater. Even if one is a dogeater, if he is a devotee of Lord Sri Hari, he is understood as being better than a brahmana.

PUNYATMA SA KATHAM MARTYO YENA NA'RADHITO HARIH
SA KATHAM PATAKI YASYA BHAKTIR NARAYANE PRABHO
(PADMA PURANA, KRIYA YOGASARA 17/6)

IN this world, how can one be a meritorious person if he has not worshipped Lord Sri Hari? How can one be sinful if he is a devotee of Lord Sri Narayana?

YUNAM CITTAM YATHA STRISU
LUBDHANAM CA YATHA DHANE
KSUDHITANAM YATHA CA'NNE
TATHA TVAYI MAMA'STU VAI

(PADMA PURANA, KRIYA YOGASARA 17/155, this is the prayer of a devotee to the Supreme Lord)

Just as a lusty person is hankering for women and a greedy person is hankering for wealth, a hungry person is hankering for food grains, let my mind similarly be attached to You, only, O Lord.

PARA STRIYAM SAMALOKYA VISADAM YANTI YE JANAH
SRNVANTI PAPA CARCAM CA TESAM RUSTO'SMY AHAM SADA
(PADMA PURANA, KRIYA YOGASARA 19/101, spoken by the Supreme
Personality of Godhead)

Those persons who become agitated by looking at other's wives and those who listen to sinful talks, I am always angry with them.

EKADASYAM BUNJATE YE LOBHAT PAPA DHIYO NARAH
VEDA NINDA KARA YECA TESAM RUSTO'SMY AHAM SADA
(PADMA PURANA, KRIYA YOGASARA 19/105, spoken by the Supreme
Personality of Godhead)

One who eats on Ekadasi day and due to greed engages in sinful activities and those who criticize Vedic literatures, I am always angry with such people.

DIVASE MAITHUNAM YE CA KURVATE KAMA MOHITAH
RAJASVALA STRIYAM CAIVA TESAM RUSTO'SMY AHAM SADA
(PADMA PURANA, KRIYA YOGASARA 19/107)

One who enjoys copulation in the day time, due to being infatuated by lust and those who enjoy copulation with a lady who is passing through menstruation, I am always angry with them.

EKADASYAM SAMAYANTYAM PRAPUNANTYAM JAGATTRAYAM
STHATAVYAM ANNAMASRITYA BHAVATA PAPA PURUSA
(PADMA PURANA, KRIYA YOGASARA 22/46)

When Ekadasi arrives, at that time, all of the sins from the three worlds reside in grains in the form of a sinful person.
SANSARE YANI PAPANI TANY EVA EKADASI DINE
ANNAM ASRITYA TISTHANTI SRIMAN NARAYANA AJNAYA
(PADMA PURANA, KRIYA YOGASARA 22/50)

Whatever sins are available in this world, they all together reside in grains on Ekadasi day by the order of Lord Sri Narayana.

INDRIYANAM YATHA SRESTHAM MANAH PROKTAM MANISIBHIH
MASANAM KARTIKAH SRESTHAH PANDAVANAM YATHA'RJUNAH
(PADMA PURANA, KRIYA YOGASARA 22/70)

Just as the mind is the leader of the senses, as thoughtful persons have said, similarly, the best of all months is Kartika and the best of all Pandavas is Arjuna.

RAMAYANAM BHAGAVATAM BARATAM VYASA BHASITAM
ANYANI CA PURANANAI PATHYANI HARIVASARE
(PADMA PURANA KRIYA YOGASARA 22\137)

On the day of Lord Hari (Ekadasi, etc.), one should study Ramayana, Srimad-Bhagavatam, Mahabharata, and other Puranas which are written by Srila Vyasadeva.

NISI JAGARANAM KURYAT SANANDO VAISNAVO JANA
H JITA NIDRO BHAVET SAMYAK DHYAYATE KESAVAM HRDA
(PADMA PURANA KRIYA YOGASARA 22/139)

One should remain awake over night, in a pleasing mood with other Vaisnavas, keeping his senses under control and remembering Lord Sri Kesava within his heart.

DVADASI TITHI MADHYE TU KARTAVYAM PARANAM BUDHAIH
NA KADACIT TRAYODASYAM VRATASYA PHALAM ICCHUBHIH
(PADMA PURANA KRIYA YOGASARA 22/144)

One should break his fast of Ekadasi within the Dvadasi tithi. If somebody wants the result of fasting, he should never break the Ekadasi fast on Trayodasi.

UPAVASA DINE VIPRA NISAYAM API VAISNAVAH
UPAVASA PHALA PREPSUR YATNATSU APAM VIVARJAYET
VINA JAGARANAM NUNAM UPAVASAM NIRARTHAKAH
ATO JAGARANAM KURYAM UBHAYOR API PAKSAYAH
EKADASI VRATAM YE CA VIDHINA'NENA KURVATE
SATYAM SATYAM DVIJA SRESTHA SARVE TE MOKSA GAMINAH
(PADMA PURANA KRIYA YOGASARA 22/145,146,147)

A Vaisnava, on the fasting day, either daytime or at night, if he is desirous to achieve the results of fasting, with great endeavor, he should be free from sleeping. Without remaining awake at night on Ekadasi, his fasting is said to remain fruitless, therefore one should fast on both Ekadasis (the

light part and dark part). One who observes Ekadasi according to this process, I tell you truthfully again and again that all of these people are eligible to achieve liberation.

EKADASI VRATA SAMAM VRATA NASTI JAGATTRAYE
ANICCHAYA'PI YAT KRTVA GATIR EVAM VIDHA'VAYOH
EKADASI VRATAM YE TU BHAKTI BHAVENA KURVATE
NA JANE KIM BHAVET TESAM VASUDEVA ANUKAMPAYA
(PADMA PURANA KRIYA YOGASARA 23/172,173)

In the three worlds, there is no kind of fasting which is even comparable to the Ekadasi fast. Even if one performs this fast without a proper attitude, he achieves the Supreme abode. Anyone who fasts on Ekadasi day, with full devotion, what happens to him by the mercy of the Supreme Lord, I can not say (how much merit gets cannot be described).

KOTI BRAHMANDA MADHYESU YANI TIRTHANI BHUTALE
TULASI DALAM ASRITYA TANYEVA NIVASANTI VAI
(PADMA PURANA KRIYA YOGASARA 24/10)

In millions and millions of universes, whatever places of pilgrimage are available on the Earthly planet, they certainly all come and take shelter in a Tulasi leaf.

YO'SNATI TULASI PATRAM SARVA PAPA HARAM SUBHAM
TAT SARIRANTARA STHAYI PAPAM NASYATI TAT KSNAT
TULASI KASTHA SAMBHUTAM MALAM VAHATI YO NARAH
TAD DEHE PATAKAM NASTI SATYAM ETAT MAYA UCYATE
(PADMA PURANA KRIYA YOGASARA 24/26,27, spoken by Srila Vyasadeva to Jaimini)

Anybody who eats a Tulasi leaf, all of his sins are removed and he becomes meritorious. Whatever sins he has within his body are removed at once. Anyone who wears a Tulasi wood necklace, no sins can reside in his body. This is exactly true, I say to you.

MUTRAM PURISAM TULASI TALESU KURVANTI YE VAI SATATAM
MANUSYAH
DEVA ASRAYE SANCITA PATAKANAM TESAM HARATY ASU HARI DHANANI
(PADMA PURANA KRIYA YOGASARA 24/37)

If anyone urinates, throws dirt or evacuates under the Tulasi plant again and again, he accumulates the same sin of committing offenses at feet of the Supreme Lord and his wealth is

also taken away.

KARATALA DVAYAM DATVA CINOTI TULASI DALAM
YATHA NA KAMPATE SAKHA TULASYA DVIJA SATTAMA
PATRASYA CAYANE DEVI BHAGNA SAKHA YADA BHAVET
TADA HRDI VYATHA VISNOR JAYATE TULASI PATE
SAKHA AGRAT PATITAM BHUMAU PATRAM PATRAM PURATANAM
TENA'PI PUJYO GOVINDO MADHU KAITABHA MARDANAH
(PADMA PURANA KRIYA YOGASARA 24/42,43,44)

After clapping his hands twice, one should pick the Tulasi leaves, O best of the brahmanas. While picking the leaves, no branches of Tulasi should be shaken. If, while picking Tulasi, any branches are broken, the Supreme Lord Hari, Visnu, Who is the husband of Tulasi, His heart receives the pain. If the tip of the branch (manjaris) or leaves are falling unto the ground due to old age, they can still be used to worship Lord Sri Govinda, the killer of the Madhu and Kaitava demons.

TILAKANI DADASADHA NITYAM VAI DHARAYED BUDHAH
DHARMA ADHARMAM TU JANATI YAH SA VAISNAVA UCCYATE
(PADMA PURANA UTTARAKHANDA 68/7)

Any intelligent person who wears twelve marks on his body daily with tilaka, he knows what is dharma and what is adharma. He knows what is religious principles and what is irreligious principles. One who knows the difference between religious and irreligious principles is said to be a Vaisnava.

SAKARO HI SUKHE NAIVA NIRAKARO NA DRUSYATE
SEVARASAS CA SAKARE NIRAKARE NA VAI RASAH
SAKARENA NIRAKARO JNAYATE SVAYAM EVA HI
HARI SMRTI PRASADENA ROMANCITA TANUR YADA
(PADMA PURANA, UTTARA KHANDA 131/104,105)

Due to the happiness derived by serving the form of the Supreme Lord, one forgets the impersonal feature of the Lord because the pleasure derived by serving the personal form of the Lord cannot be derived by the impersonal feature. By serving the form of the Supreme Lord, His impersonal feature is understood by itself. When serving the Supreme Lord and remembering Him, the hairs of the body stand on end, then this personal feature of the LORD, automatically gives an understanding of the impersonal feature.

SRAVANE VARJAYET SAKAM DADHI BHADRAPADE TYAJET
ASVINE MASI DUGHAM CA KARTIKA CA AMISAM TYAJET
(PADMA PURANA PATALA KHANDA 79/51)

In the month of Sravana (July-August), one should give up eating leafy vegetables. In the month of Bhadra (August-September), one should give up eating yogurt. In the month of Asvina (September-October) one should give up drinking milk. In the month of Kartika (October-November), one should eat protein rich foods such as dahl.

AHARNISAM SMARAN NAMAM KRSNAM PASYATI CAKSUSA
ASUCIR VA SUCIRVA'PI SARVA KALESU SARVADA
(PADMA PURANA PATALA KHANDA 80/7)

Day and night, one should remember the holy name of Lord Sri Krsna, either in dirty condition or clean condition. At all times and in all places until one sees Lord Sri Krsna with his eyes.

APAVITRAH PAVITRO VA SARVA VASTHANGATO'PI VA
YAH SMARET PUNDARIKAKSAM SA BAHYA ABHYANTARAH SUCIH
(PADMA PURANA, PATALA KHANDA 80/11)

WRITE THE TRANSLATION FROM THE DEITY WORSHIP BOOK

BHADRE CA JANMA DIVASE UPAVASA PARO BHAVET
PRASUPTASYA PARIVARTAM ASVINE MASI KARAYET
PADMA PURANA, PATALA KHANDA 80/30)

In the month of Bhadra (August-September), on the day when Lord Sri Krsna appeared, one should fast. When Lord Sri Krsna turns over to the other side while sleeping in the month of Asvina (September-October), on Ekadasi day, one should carefully fast.

KARTIKE PUNYA MASE CA VRINDAVANAH PUNYAM ACARET
DAMODARAYA DIPAM CA PRANSUSTHANE PRADAPAYET
(PADMA PURANA PATALA KHANDA 80/33)

One should observe meritorious functions in Vrnadavana in the meritorious month called Kartika (October-November) and offer a lamp to Lord Sri Damodara in a holy place.

NA ANYOCCHISTAM CA BHUNJITA
NA ANYA SESAM CA DHARAYET
AVAISNAVANAM SAMBHASA
VANDANADI VIVARJAYET
(PADMA PURANA PATALA KHANDA 82/35)

One should not eat other's left overs and one should not wear the clothes previously worn by others. One should not talk to avaisnavas (atheists) and one should not praise others.

KRSNA PRIYA SAKHI-BHAVAM SAMASRITYA PRAYATNATAH
TAYOH SEVAM PRAKURVIGA DIVA NAKTAM ATANDRITAH
PADMA PURANA PATALA KHANDA 82/49)

One should develop a conjugal relationship with the Supreme Lord carefully and in the mood of gopis, worship Lord Sri Krsna day and night without any laziness or hesitation.
VRINDABANAM PARITYAJYA NAIVA GACCHAMY AHAM KVACIT
NIVASAMY ANAYA SARDHAM AHAM ATRAIVA SARVADA
(PADMA PURANA, PATALA KHANDA 82/78)

I certainly never leave Vrndavana. I always live here with My consort.

ANARADHITA GOVINDO NA VIDANTI HITODAYAM
NA TAPO YAJNA DANANAM LABHATE PHALAM UTTAMAM
(PADMA PURANA PATALA KHANDA 84\15)

There is no benefit for the performer of austerity, sacrifice or charity if he does not worship Lord Govinda.

HARER ARADHANAM HITVA DURITA AUGHA NIVARANAM
NA ANYAT PASYAMI JANTUNAM PRAYASCITTAM PARAM MUNE
(PADMA PURANA, PATALA KHANDA 84/17, spoken by Suta Gosvami to the sages)

Besides worshipping the Supreme Lord Sri Hari, to remove ones sins, I do not see any better atonement for the living entities.

DURLABHO MANUSO DEHO DEHINAM KSANA-BHANGURAH
TATRAPI DURLABHAM MANYE VAIKUNTHA PRIYA DARSANAM
(PADMA PURANA, PATALA KHANDA 84\23)

Among perishable living entities, to attain a human birth

is very rare, but even more rare is to be able to see the Supreme Personality of Godhead.

STRINAM PATIVRATANAM TU PATIR EVA HI DAIVATAM
SA TU PUJYO VISNU BHAKTYA MANO VAK KAYA KARMABHIH
(PADMA PURANA, PATALA KHANDA 84/51)

Those women who are completely chaste, and whose husband is said to be worshipable, even she should worship Lord Sri Visnu with her mind, body and words.

ATHA BHAKTIM PRAVAKSAMI VIVIDHAM PAPANASINI
VIVIDHA BHAKTIR UDDISTA MANO VAK KAYA SAMBHAVA
LAUKIKI VEDIKI CAPI BHAVED ADHYATMIKI TATHA
DHYANA DHARANAYA BUDHYA VEDANAM SMARANAM HI YAT
(PADMA PURANA, PATALA KHANDA 85/4,5, spoken by Srila Suta Gosvami)

Let me tell you of the process of devotional service which removes all sins. There are many _____ of executing devotional service which are emanations from the mind, words or body. This transcendental process is divided into two. One is _____ and the other is Vediki with the rules and regulations of scriptures. Meditating on the Lord and controlling the breathing is done by instructions from the Vedic literature.

DHYANAM EVA KRTE SRESTHAM TRETAYAM YAJNA EVA CA
DVAPARE CA ARCANAM TISYE DANAM CA HARI KIRTANAM
SARVAM CA SASTAM SARVATRA DHYANAM NA CA KALAU YUGE
NARANAM MUGDHA CITTATVAT KRCCHRA STHANAM VISAMPATE
(PADMA PURANA, PATALA KHANDA 114/395,396)

In the Satya yuga, the process for liberation was mediation of the Supreme Lord. In the Treta yuga, the process was sacrifice. In the Dvapara yuga, the process was worship of the form of the Supreme Lord and in the Kali, charity and chanting the holy name is said to be liberating. All the processes are said to be useful everywhere except in Kali yuga, meditation is not allowed because the minds of all human beings are disturbed and they are all fallen, O Kartikeya.

GURU PUJAM A KRTVAIVA YAH SASTRAM SROTUM ICCHATI
NA KAROTI CA SUSRUSAM AJNA BHANGAM CA BHAVATAH
(PADMA PURANA, BHUMI KHANDA 67/43)

Without worshipping the spiritual master, one who tries

to listen to the scriptures, he is not following scriptural injunctions and is consciously breaking them.

NA ABHINANDATI TAD VAKYAM UTTARAM SAMPRA YACCHATI
GURU KARMANI SADHYE CA TAD UPEKSAM KAROTI CA
(PADMA PURANA, BHUMI KHANDA 67/44)

One who does not respect the spiritual master and counter answers his statements, to do the work of the spiritual master, he is actually ignoring him.

DIVA PRAKASAKAH SURYAH SASI RATRO PRAKASAKAH
GRHA PRAKASAKO DIPAS TAMO NASA KARAH SADA
RATRAU DIVA GRHASYANTE GURUH SISYAM SADAIVAHI
AJNANAYAM TAMAS TASYA GURUH SARVAM PRANASAYET
(PADMA PURANA BHUMI KHANDA 85/12,13)

The day is lit by the sun. The night is lit by the moon and darkness is always removed from the house by the light of a lamp and the spiritual master removes the darkness of ignorance of a disciple at all times, either during the day or the night or in the house.

TASMAD GURUH PARAM TIRTHAM SISYANAM AVANIPATE
EVA JNATRVA TATAH SISYAH SARVADA TAM PRAPUJAYET
(PADMA PURANA, BHUMI KHANDA 85/14, spoken by the Supreme Personality of Godhead)

Therefore, the guru is the topmost place of pilgrimage for the disciple. Understand this, the disciple should always worship his spiritual master.

ADYAM PURUSAM ISANAM SARVA LOKA MAHESVARAM
NA CINTAYANTI YE VISNU TE VAI NIRAYA GAMINAH
(PADMA PURANA, BHUMI KHANDA 96/11)

The first person, the Lord of all living entities, who is the Lord of all the worlds, one who does not remember Lord Sri Visnu, they are certainly falling into hell.

NARAH PARESAM PRATIKULAM ACARAN
PRAYATI GHORAM NARAKAM SUDARUNAM

SADA ANUKULASYA NARASYA JIVINAH
SUKHA VAHA MUKTIR ADURA SAMSTHITA
(PADMA PURANA, BHUMI KHANDA 96/52)

Those persons who act against the transcendental personality of Godhead, they fall into the ferocious hell and suffer. Therefore, a human being should become favorable towards the Lord to have a happy existence and liberation will be with him.

TARANAYA MANUSYANAM SAMSARE PARIVARTATAM
NASTI TIRTHA GURU SAMAM BANDHA CHEDAKARAM DVIJA
(PADMA PURANA, BHUMI KHANDA, 123/50)

O Brahmana, for the deliverance of all human beings of this world, there is no better place of pilgrimage than the guru himself who can cut the bondage of the living entity and change his life.

JANMANTARA KRTAN PAPAN GURU TIRTHAM PRANASAYET
SAMSARA TARANYAIVA JANGAMAM TIRTHAM UTTAMAM
(PADMA PURANA, BHUMI KHANDA 123/53)

The sins accumulated from different births, the place of pilgrimage personified, the spiritual master, removes them and it is the best place of pilgrimage in this world certainly.

KARTIKASYA TU MASASYA ARCAYITVA MAHESVARAM
ASVAMEDHA CHATA GUNAM PRAVADANTI VRINDABANE
(PADMA PURANA, SVARGA KHANDA 21/21)

It is said that if one worships the Supreme Lord in Vrindavana in the month of Kartika (October-November), he achieves one hundred times more results than that attained by performing a horse sacrifice.

UPAVASA PAROBHUTVA NITYAM BRAHMA PARAYANAH
TATRA SNATVA TU RAJENDRA MUCYATE BRAHMA HATYAYA
(PADMA PURANA, SVARGA KHANDA 21/34)

While fasting, if one engages in the worship of the Supreme Personality of Godhead and takes his bath, O King, he becomes free even from the sin of killing a brahmana.
YOSITAM NAYANA TIKSNA SAYAKAIR BHRU LATA SUDRDHA CAPA

NIRGATAIH
DHANVINA MAKARA KETUNA HATAM KASYA NA PATATI VA MANO
BHRSAM
(PADMA PURANA, SVARGA KHANDA 22/39)

When the holder of the bow, Cupid shoots the sharp arrows of the eyes of a woman, shot through her strong eyebrows, who is that person who is not fallen, even in his mind?

MANSA RAKTA MALA MUTRA NIRMITE YOSITAM VAPUSI NIRGUNE'SUCAU
KAMINASTU PARIKALPYA CARUTAMA VISANTI SUVIMUDHA CETASAH
(PADMA PURANA, SVARGA KHANDA 22/43)

The woman's body which is composed of flesh, blood, stool, urine, full of disqualifications, unclean, grossly foolish minded persons, who are very lusty, they think that this is a very pleasing object for them and thus they engage in this.

PHALAM DADATI SAMPURNAM YAMUNAM SNANA MATRATAH
AKAMO VA SAKAMO VA YAMUNE SALILE NRPA
(PADMA PURANA, SVARGA KHANDA 29/8, spoken by Narada Muni)

O King, whether one is full of material desires or completely desireless, if he takes bath in the Yamuna water, he achieves the complete result of fulfillment.

ASRADDHAYA HATAM SARVAM YATKRTAM PARALAUKIKAM
IHA LOKE HATO NRNAM DARIDRANAM YATHA NRPA
MANUSYANAM HATAM JANMA KALINDI MAJJANAM VINA
(PADMA PURANA, SVARGA KHANDA 29/34)

Whatever is acquired on the spiritual platform is all destroyed by faithlessness. Everything worldly in this world is all destroyed due to poverty for a person. O King, similarly, the whole life existence for a human being is useless if he does not take bath in the Yamuna.

MATHURAYAM CA KALINDI PUNYA ADHIKA VARDHINI
ANYATRA YAMUNA PUNYA MAHA PATAKA HARINI
VISNU BHAKTI PRADA DEVI MATHURA SANGATA BHAVET
BHAKTI BHAVEN SAMYUKTAH KALINDYAM YADI MAJJAYET
(PADMA PURANA, SVARGA KHANDA 29/47,48)

The Yamuna in the Mathura area increases one's merits and

if somebody takes bath somewhere else besides Mathura, it also removes great sins. If on

The Yamuna in Mathura rewards devotional service to Lord Sri Visnu, if one takes bath in it with devotion.

CHECK THIS TRANSLATION

PRARTHAYED VAISNAVASYA ANNAM PRAYATNENA VICAKSANAH
SARVA PAPA VISUDHYARTHAM TAD ABHAVE JALAM PIVET
GOVINDETE JAPAN MANTRAM KUTRACIN MRIYATE YADI
SA NARO NA YAMAM PASYED TAM NA NA IKSAMAHE VAYAM
(PADMA PURANA SVARGA KHANDA 31/113,114, spoken by the Yamadhutas)

An intelligent person should make a great endeavor and beg food grains from a Vaisnava to remove all of his sins and for purification. If it is not available, then one should drink some water. In this way, if one chants the Govinda mantra on japa beads, then that person never sees Yamaraja and we also do not see them.

HARIR EVA SAMARADHYAH SARVA DEVE SURESVARAH
HARI NAMA MAHA MANTRAIR NASYATPAPA PISACAKAM
(PADMA PURANA SVARGA KHANDA 50/6)

One who worships Lord Sri Hari, the Lord of all lords, and chants the holy name, the Mahamantra, all of his grievous sins are removed.

PRATIMAM CA HARER DRSTVA SARVA TIRTHA PHALAM LABHET
VISNU NAMA PARAM JAPTVA SARVA MANTRA PHALAM LABHET
(PADMA PURANA, SVARGA KHANDA 50/8)

One who sees the Deity form of Lord Hari gets the merit of visiting all of the places of pilgrimage. One who chants the Visnu mantra (Harinama Mahamantra) gets the results of chanting all other mantras.

TIRTHANAM CA PARAM TIRTHAM KRSNA NAMA MAHARSAYAH
TIRTHI KURVANTI JAGATIM GRHITAM KRSNA NAMA YAIH
(PADMA PURANA SVARGA KHANDA 50/18)

All the great saintly persons have described that the best tirtha of all places of pilgrimage is the holy name of Krsna which purifies the whole universe as soon as this Krsna name is chanted by anyone.

GUROR YATRA PARIVADO NINDA VA PI PRAVARTATE
KARNAU TATRA PIDHATAVYAU GANTA VYAM TATO'NYATAH
(PADMA PURANA, SVARGA KHANDA 53/6)

Where the spiritual master is being criticized or
accused, the disciple should cover his ears and move away from
that place.

NAKURYAN MANASAM VIPRO GUROS TYAGE KATHANCANA
MOHAD VA YADI VA LOBHAT TYAKTVA TU PATITO BHAVET
(PADMA PURANA, SVARGA KHANDA 53/23)

No one should reject his own spiritual master under any
circumstance, even within his mind. If due to illusion, madness
or greed one rejects his spiritual master, he is said to be
fallen.

GUROR GURAU SANNIMITE GURU VAT VRTTIM ACARET
SREYAS SU GURUVAD VRTTIM NITYAM EVA SAMACARET
PADMA PURANA, SVARBA KHANDA 53/26)

One should treat the spiritual master's spiritual master
equal to his own guru. After paying him obeisances, he should
pay obeisances to his own spiritual master.
CHECK THIS TRANSLATION

DARMASYA AYATA AM YATNAC SARIRAM PARIPALAYET
NA HI DEHAM VINA VISNUH PURUSAIR VIDYATE PARAH
(PADMA PURANA, SVARGA KHANDA 54/36)

Just to follow religious principles, one should take care
of his body because without the body, one cannot worship Lord Sri
Visnu and attain the supreme abode.

DEVA DROHAM NA KURVITA GURU DROHAM TATHAIVA CA
DEVA DROHAD GURU DROHAH KOTI KOTI GUNADHIKAH
(PADMA PURANA, SVARGA KHANDA 55/15)

One should not envy or go against the Supreme Personality
of Godhead or the spiritual master. Mollous of the spiritual
master is millions of times more than mollous the Supreme Lord.

NA AVAGAHED APO NAGNO VANHIM NATI SPRSET TATHA

SIRO'BHYANGA AVASISTENA TAIENA ANGAM NA LEPAYET
(PADMA PURANA, SVARGA KHANDA 55/57)

One should not take bath nude and touch fire. Without using it on his head, one should not put oil all over his body.

DUSKRTAM HI MANU SYASYA SARVAM ANNE VYAVASTHITAM
YO YASYA ANNAM SAMA SNATI SA TASYA ASNATI KILVISAM
(PADMA PURANA, SVARGA KHANDA 56/15)

All the sins of human beings reside within food grains.
Whoever eats anyones food, actually eats his sins.

BHAKSAYITVA ABHAKSANI PITVA 'PEYANY API DVIJAY
NA ADHIKARI BHAVED TAVAD TAVAT TAN NA JAHATRY ADHAH
(PADMA PURANA, SVARGA KHANDA 56/45)

After eating uneatables and drinking undrinkables, O
Brahmana, one cannot worship the Supreme unless he gives all of
these things up.

SROTRIYAYA KULINAYA VINITAYA TAPASVINE
VRATASTHAYA DARIDRAYA PRADEYAM BHAKTI PURVAKAM
(PADMA PURANA, SVARGA KHANDA 57/11)

Those who are brahmanas, who are born in pure dynasties,
who are very humble, who are very austere, who fast on the proper
fasting dates, who are very poor, one should give charity to all
of these in devotional attitude.

MUNDI SIKHI VA'THA BHAVET TRIDANDI NISPARIGRAHA
KASAYAVASAH SATATAM DHYANA YOGA PARAYANAH
(PADMA PURANA, SVARGA KHANDA 59/15)

Whether one is shaven headed or has long hair, or one is
a tridandi sanyasi, one should be free from any possessions,
wearing saffron clothes, one should always mediate on the Supreme
Personality of Godhead.

CHECK TRANSLATION

PUNSAM EKAHA VAI SADHYA HARI BHAKTIH KALAU YUGE
YUGA ANTARENA DHARMA HI SEVITAVYA NARENA HI
(PADMA PURANA, SVARGA KHANDA 61/5)

In Kali yuga, a person should accept only one process, that is devotional service. According to what process is decided for a particular yuga, that should be followed by everyone without fail.

HARI BHAKTI SUDHAM PITVA ULLANGHYO BHAVATI DVIJAH
KIM JAPAI SRI HARER NAMA GRHITAM HADI MANUSAIH
(PADMA PURANA, SVARGA KHANDA 61/8)

After drinking the nectar of devotional service to Lord Sri Hari, if somebody falls down, what is the use of his chanting the holy name if this happened to him?

TESAM NA NARI LOLAKSI KSEPANAM HI PRABHUR BHAVET
JANMA JANMA HRSIKESA SEVANAM HAIH KRTAM DVIJAH
(PADMA PURANA, SVARGA KHANDA 61/20)

O brahmana, anyone who had worshiped Lord Kesava birth after birth, to them only, the sharp eyes of a woman do not affect him.

SAKSAT NARAKA KUNDE'SMIN NARI YONAU PACENNARAH
YATA EVAGATAH PRTHVYAM TASMINEVA PUNARAMET
YATAH PRASARATE NITYAM MUTRAM RETO MALOTTHITAM
TATRAIVA RAMATE LOKAH KAS TASMAD ASUCIR BHAVET
(PADMA PURANA, SVARGA KHANDA 61/29,30)

Those men who are attached to the vagina of a woman which is exactly like the pit of hell from which one is born on this planet and in that only one becomes engaged and from which daily emanates urine, ovum, and dirty smell of stool. The whole world is attached to it and what can be more dirty than this.

TASMAD VICARAYED DHIMAN NARI DOSA GANAN BAHUN
MAITHUNAD BALA HANIH SYAT NIDRATI TARUNAYATE
NIDRAYA'PA HRITA JNANAH SVALPAYU JAYATE NARAH
TASMAT PRAYATNATO DHIMAN NARIM MRTYUM IVATMANAH
(PADMA PURANA, SVARGA KHANDA 61/32,33)

Therefore, an intelligent person should think very seriously about the disqualifications and unlimited faults of a woman. Furthermore, by copulation with her, one reduces his bodily strength and his sleep increases. By extra sleep, one becomes bereft of real knowledge and his duration of life is

reduced. Therefore, an intelligent person must make a great endeavor to understand that woman is death is for him.

VIPRA BHAKTI RATA YE CA PARASTRISU NAPUNSAKAH
EKADASI VRATA RATA VIJNEYAS TE CA VAISNAVAH
GAYANTI HARI NAMANI TULASI MALYA DHARAKAH
HARY ANGHRI SALILAIH SIKTA VIJNEYAS TE CA VAISNAVAH
(PADMA PURANA, BRAHMA KHANDA 1/23,24)

Those people who are devoted to the twice borns and who are strictly keeping away from another's wife, who are very much attached to fasting on Ekadasi, who sings the holy name of Lord Hari, who wear the Tulasi garland necklace and those who drink the water emanated from the lotus feet of Lord Hari on their head they should be understood as Vaisnavas.

SRNAVANTI VISNU CARITAM VIJNEYA VAISNAVA NARAH
YASYA GRHE SUPRATISTHEC CHALAGRAMA SILA'PI CA
(PADMA PURANA, BRAHMA KHANDA 1/28)

One who hears the transcendental narrations of Lord Visnu, should be understood to be a Vaisnava and anyone's house where there is a Salagram Sila is being worshipped, he is understood to be a Vaisnava.

VEDA SASTRA ANURAKTA YE TULASI VANA PALAKAH
RADHASTAMI VRATA RATA VIJNEYAS TE CA VAISNAVAH
SRI KRSNA PURATO YE CA DIPAM YACCHANTI SRADDHAYA
PARA NINDAM NA KURVANTI VIJNEYAS TE CA VAISNAVAH
(PADMA PURANA, BRAHMA KHANDA 1/31,32)

Those who are attached to studying Vedic literatures, those who protect Tulasi forests, those who fast on Radhastami day, those who offer a lamp to Lord Sri Krsna with good faith, those who do not criticize others are understood to be Vaisnavas.

PRATAH SNANAM NARO YO VAI KARTIKE SRI HARI PRIYE
KAROTI SARVA TIRTHESU YAT SNATVA TAT PHALAM LABHET
KARTIKE YO NARO DADYAT PRADIPAM NABHASI DVIJAH
VIPRA HATYA ADIBHIH PAPAIR MUKTO GACCHED HARER GRHAM
(PADMA PURANA, BRAHMA KHANDA 3/11,12)

In the month of Kartika (October-November), which is very dear to Lord Sri Hari, one who takes bath early in the morning is getting the results of taking bath in all of the places of

pilgrimage. Anybody who offers a ghee lamp to Him in the month of Kartika, O Brahmana, he becomes free from all kinds of sins such as the killing of a brahmana, etc. and goes to the abode of Lord Sri Hari.

BHADRE VAI CA UBHAYE PAKSE YAH KAROTI SABHARYAKAH
RADHA KRSNA ASTAMI VATSA PRAPNOTI HARI SANNIDHIM
(PADMA PURANA, BRAHMA KHANDA 4/45)

Those persons in both parts (light and dark parts) of Badra (August-September) month, who fasts on both Radha and Krsna Astamis, O son Narada, he achieves the abode of Lord Sri Hari.

CHECK TRANSLATION

MERU TULYANI PAPANI BRAHMA HATYADIKANI CA
TAN NIRDAHATI SARVANI JAYANYAM SAMUPOSAKAH
PUTRARTHI LABHATE PUTRA DHANARTHI LABHATE DHANAM
MOKSARTHI LABHATE MOKSAM JAYANTYAM SAMUPOSAKAH
(PADMA PURANA, BRAHMA KHANDA 4/48,49)

If anybody has accumulated grievous sins such as the killing of a brahmana, which are equal to Mount Meru, they all get burnt by observing the fast on the birthdays of the Lord. If one is desirous to have a son, he achieves a son. If he is desirous of wealth, he achieves wealth. One who is desirous of liberation, achieves liberation just by observing fasts on the birthday of the Lord.

PURVA JANMANI YA NARI PARA BALAKA GHATANAM
KAROTI KAPATE NAIVA BALA HINA BHAVED DHRUVAM
(PADMA PURANA, BRAHMA KHANDA 5/10)

In previous births, any woman who has destroyed another's child, she surely becomes childless or barren in this life.

PURVA JANMANI YO MARTYO NIRASAM CA ATITHIM DVIJA
KURYAT KRODHENA DANDAM CA PUTRA HINO BHAVED DHRUVAM
(PADMA PURANA BRAHMA KHANDA 5/16)

In previous life on this planet, anybody who has sent away a guest with hopelessness and being angry has punished him, he surely becomes sonless in this life.

PURVA JANMANI YANARI BHRUNA HATYAM CA YO NARAH
KURYAT SA MRTA VATSA CA MRTA VATSO BHAVED DHRUVAM
(PADMA PURANA, BRAHMA KHANDA 5/18)

In previous births, any woman who had an abortion, or a man who suggested an abortion, because he or she killed a child, that is why it is certain that a dead child will take birth in this life.

YA NARI SVAMI SAHITA KURYAT CA HARI VASARAM
SUPUTRA BHARTR SUBHAGA BHAVET SA PRATI JANMANI
(PADMA PURANA, BRAHMA KHANDA 5/19)

Any woman who fasts on the day of Lord Hari (Ekadasi or the birthday of the Lord) with her husband, she obtains a son in this life and remains the chaste wife of her husband life after life.

EKADASYAM SAHASRENA YAT PHALAM LABHATE NARAH
RADHA JANMA ASTAMI PUNYAM TASMAT SATAGU NADHIKAM
(PADMA PURANA, BRAHMA KHANDA 7/8)

Whatever results one achieves by performing 1,000 Ekadasi fasts, one hundred times great results can be attained by fasting on Radhastami and Janmastami days.

KRSNA JANMASTAMIM BRAHMAN NA KAROTI NARADHAMAH
IHA DUHKHAM AVAPNOTI SA PREYA NARAKAM VRAJET
NAKAROTI CA YA NARI KRSNA JANMA ASTAMI VRATAM
VARSE VARSE TU SA MUDHA NARAKAM YATI DARUNAM
(PADMA PURANA, BRAHMA KHANDA 13/5,6)

Any man who does not observe fasting on Krsna's appearance day, that lowest of mankind achieves unlimited miseries in this life, and after death, that ghostly person goes to hell. Any woman who does not fast on Krsna's appearance day, year after year, that foolish lady goes to ferocious hell.

CHECK TRANSLATION

JANMASTAMI DINE YO VAI NARO'SNATI VIMODHA DHIH
MAHA NARAKAM ASNATI SATYAM SATYAM VADAMY AHAM
(PADMA PURANA, BRAHMA KHANDA 13/7, spoken by Srila Suta Gosvami)

A foolish person who eats on Janmastami day goes to great hellish planet. I tell you repeatedly that it is true.

YENA DEHE STHITE PRANE JAYANTI NA KRITA NRPA
TATRA AKRITA UPAVASASYA SASANAM YAMA MANDIRAM
(PADMA PURANA, BRAHMA KHANDA 13/81)

Anybody who has life in his body and did not fast on the appearance day of the Supreme Lord, due to not fasting on such day, Lord Yamaraja, death personified rules on him (he goes to hell to suffer).

PUNAR VACMI PUNAR VACMI SRUYATA SRUYATAM NARAH
NA BHOKTAVYAM NA BHOKTAVYAM NA BHOKTAVYAM HARER DINE
(PADMA PURANA, BRAHMA KHANDA 15/19, spoken by Suta Gosvami)

I tell you again. I tell you again. Please listen.
Please listen. O human beings. Do not eat. Do not eat. Do not eat on the day of Lord Hari (Ekadasis and the appearance days of the Supreme Lord).

PARAMAM GATIM ASADYA TISTHED VISNU NIKETANE
EKADASIM SAMASADYA NIRAHARA BHAVANTI YE
(PADMA PURANA, BRAHMA KHANDA 15/23)

Those people who fast completely on Ekadasis, not eating anything, they go to the Supreme abode where they live in the house of Lord Sri Visnu forever.

VISNU PADODAKAM PAPI YAH PIVET TASYA KILVISAM
SARIRASTHAM KSAYAM YATI KRTAM BRAHMAN NA SAMSAH
(PADMA PURANA, BRAHMA KHANDA 17/4, spoken by Suta Gosvami)

Anybody who drinks the water emanated from washing the two lotus feet of Lord Sri Visnu, whatever sins he has in his body are all destroyed to nil and O sages, of this there is no doubt.

PALANDU LASUNAM SIGRUM ALAMBUM GRJANAM PALAM
BHUNKTE YO VAI NARO BRAHMAN VRATAM CANDRAYANAM CARET
(PADMA PURANA, BRAHMA KHANDA 19/10, spoken by Suta Gosvami)

O sages, one who eats garlic, onions, sigrum (a kind of plant), turnips, bottle gourd and meat, that person should observe a candrayana fast.

ADHA DAMODARA BHYAM YA PUSPAM Malyam suvasitam
KARTIKE MASI SA DADYAT YATI VAIKUNTHA MANDIRAM
(PADMA PURANA, BRAHMA KHANDA 20/6, spoken by Suta Gosvami)

Any person who offers beautiful flower garlands with fragrance to Sri Radha Damodara (in Vrndavana) in the month of Kartika (October-November), he certainly goes to the abode of Lord Visnu in Vaikuntha dham.

KARTIKA VRATINAM VIPRA YATHOKTA KARINAM NARAM
YAMA DUTAH PALAYANTE SINHAM DRSTVA YATHA GAJAH
SRESTHAM VISNU VRATAM VIPRA TAT TULYA NA SATAM MAKHAH
KRTVA KRATUM VRAJE SVARGYAM VAIKUNTHAM KARTIKA VRATI
(PADMA PURANA, BRAHMA KHANDA 21/30,31, spoken by Suta Gosvami)

Anybody who fast during the month of Kartika (October-November) according to the rules and regulations, the Yamadhutas, the messengers of Yamaraja, run away just as an elephant runs away by seeing a lion. This dear fast of Lord Sri Visnu is equal to one hundred great sacrifices, by performing which one goes to heaven, but a Kartika fasting person goes to Vaikuntha, the spiritual world.

KARTIKA VRATINAH PUNYAM BRAHMA CAIVA CATURMUKHAH
NA SAMARTHO BHAVED VAKTUM YATHOKTA VRATA KARINAH
(PADMA PURANA, BRAHMA KHANDA 21/33)

The merits attained by a person who is fasting during Kartika, even the four head Brahma is unable to describe. I (Suta Gosvami) am also unable to describe the result of this fasting person.

YO YUKTAS TULASI PATRAIH PAPI PRANAN VIMUNCATI
VISNOR NIKETANAM YATI SATYAM ETAN MAYODITAM
(PADMA PURANA, BRAHMA KHANDA 22/7)

If a sinful person, while leaving his body has a Tulasi leaf in his mouth, he goes to the abode of Lord Sri Visnu. This is truth I say.

TULASI KASTHA MALAM TU KANTHA STHAM VAHATE TU YAH
APY ASOCO'PY ANACARO BHAKTYA YATI HARER GRHAM

(PADMA PURANA, BRAHMA KHANDA 22/10)

Anybody who has a Tulasi wood necklace around his neck, even if he is an unclean person or performs many bad activities, he is taken with full respect to the abode of Lord Sri Hari.

NIVEDYE KESAVE MALAM TULASI KASTHA SAMBHAVAM
VAHATE YO NARO BHAKTYA TASYA VAI NASTI PATAKAM
(PADMA PURANA, BRAHMA KHANDA 22/17)

After offering a Tulasi necklace to Lord Sri Kesava, if someone wears it with devotion, for that person there is no more sins.

DHATRI PATRAM KARTIKE CA DVADASYAM TULASI DALAM
CINOTI YO NARO GACCHEN NIRAYAM YATANA MAYAM
(PADMA PURANA, BRAHMA KHANDA 22/23)

Anybody who picks Amalaki leaves in the month of Kartika (October-November) or who picks Tulasi leaves on Dvadasi day, that person goes to suffer in hell.